

Open Access

# Comments on ‘Safety and feasibility of opening window fistulotomy as a new precutting technique for primary biliary access in endoscopic retrograde cholangiopancreatography’

Masood Muhammad Karim, Adeel Ur Rehman, Faisal Wasim Ismail, Om Parkash

Gastroenterology Section, Medicine Department, Aga Khan University Hospital, Karachi, Pakistan

This letter to the editor is in response to the article entitled “Safety and feasibility of opening window fistulotomy as a new precutting technique for primary biliary access in endoscopic retrograde cholangiopancreatography”.<sup>1</sup>

We read with great interest the article about novel fistulotomy by Kuraishi et al.<sup>1</sup> In this article, the authors describe the novel fistulotomy technique named opening window fistulotomy, an initial procedure for securing biliary access in therapeutic endoscopic retrograde cholangiopancreatography (ERCP). This was a great initiative to establish a new technique for reducing the incidence of the most common post-ERCP adverse event.<sup>2-4</sup>

In a prospective study, Jin et al.<sup>5</sup> already deemed classic needle knife fistulotomy (NKF) as the primary biliary access for therapeutic ERCP in a high-risk post-ERCP pancreatitis (PEP) group safe and feasible. The European Society of Gastrointestinal Endoscopy also recommends NKF as the preferred precut technique in patients with a bile duct dilated down to the papilla.<sup>6</sup>

This novel technique fistulotomy (open window fistulotomy) has a comparative successful cannulation rate to that of classic

NKF. However, the application of open window fistulotomy is low (27%) due to a smaller number of patients with long intra-ductal common bile duct (papilla roof size, >10 mm) as evident in this study.

Second, open window fistulotomy is better able to prevent PEP than the conventional method, while NKF has equal ability to open window fistulotomy to prevent PEP and a lower risk of perforation (1.8% vs. 3.3%), possibly due to the larger fistulotomy size and area.<sup>1,2</sup>

Therefore, in our opinion, classic fistulotomy to establish primary biliary access not only reduces PEP but also has less serious adverse events and can be performed in most patients without a papilla roof size restriction.

### Conflicts of Interest

The authors have no potential conflicts of interest.

### Funding

None.

### Author Contributions

Conceptualization: MMK, OP; Resources: AUR, FWI; Supervision: OP, FWI; Validation: all authors; Visualization: OP, MMK, AUR, FWI; Writing–original draft: MMK, OP, AUR; Writing–review & editing: all authors.

### ORCID

Masood Muhammad Karim <https://orcid.org/0000-0002-2513-7842>

Received: September 13, 2023    Revised: September 18, 2023

Accepted: September 23, 2023

**Correspondence:** Masood Muhammad Karim  
Gastroenterology Section, Medicine Department, Aga Khan University Hospital, Stadium road, Karachi, Pakistan  
**E-mail:** masoodkareem37@gmail.com

© This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (<http://creativecommons.org/licenses/by-nc/4.0/>) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

Adeel Ur Rehman <https://orcid.org/0000-0001-8676-6119>  
Faisal Wasim Ismail <https://orcid.org/0000-0003-0983-0644>  
Om Parkash <https://orcid.org/0000-0003-3704-6486>

## REFERENCES

1. Kuraishi Y, Hara K, Haba S, et al. Safety and feasibility of opening window fistulotomy as a new precutting technique for primary biliary access in endoscopic retrograde cholangiopancreatography. *Clin Endosc* 2023;56:490–498.
2. Bailey AA, Bourke MJ, Williams SJ, et al. A prospective randomized trial of cannulation technique in ERCP: effects on technical success and post-ERCP pancreatitis. *Endoscopy* 2008;40:296–301.
3. Larkin CJ, Huibregtse K. Precut sphincterotomy: indications, pitfalls, and complications. *Curr Gastroenterol Rep* 2001;3:147–153.
4. Williams EJ, Taylor S, Fairclough P, et al. Are we meeting the standards set for endoscopy? Results of a large-scale prospective survey of endoscopic retrograde cholangio-pancreatograph practice. *Gut* 2007;56:821–829.
5. Jin YJ, Jeong S, Lee DH. Utility of needle-knife fistulotomy as an initial method of biliary cannulation to prevent post-ERCP pancreatitis in a highly selected at-risk group: a single-arm prospective feasibility study. *Gastrointest Endosc* 2016;84:808–813.
6. Dumonceau JM, Andriulli A, Elmunzer BJ, et al. Prophylaxis of post-ERCP pancreatitis: European Society of Gastrointestinal Endoscopy (ESGE) Guideline—updated June 2014. *Endoscopy* 2014;46:799–815.