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# Invited Review – Ruminal ciliates as modulators of the rumen microbiome

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Abstract: Ruminal ciliates are a fundamental constituent within the rumen microbiome of ruminant animals. The complex interactions between ruminal ciliates and other microbial guilds within the rumen ecosystems are of paramount importance for facilitating the digestion and fermentation processes of ingested feed components. This review underscores the significance of ruminal ciliates by exploring their impact on key factors, such as methane production, nitrogen utilization efficiency, feed efficiency, and other animal performance measurements. Various methods are employed in the study of ruminal ciliates including culture techniques and molecular approaches. This review highlights the pressing need for further investigations to discern the distinct roles of various ciliate species, particularly relating to methane mitigation and the enhancement of nitrogen utilization efficiency. The promotion of establishing robust reference databases tailored specifically to ruminal ciliates is encouraged, alongside the utilization of genomics and transcriptomics that can highlight their functional contributions to the rumen microbiome. Collectively, the progressive advancement in knowledge concerning ruminal ciliates and their inherent biological significance will be helpful in the pursuit of optimizing rumen functionality and refining animal production outcomes.

**Keywords:** Feed Efficiency; Genomics; Methane Mitigation; Nitrogen Utilization Efficiency; Ruminal Ciliates; Transcriptomics

#### INTRODUCTION

The rumen is a complex anaerobic digestive ecosystem, which is present in ruminant animals, and plays a critical role in the digestion and fermentation of ingested diets, including starch, fiber contents, etc. [1]. This anaerobic digestion depends entirely on an array of microbial communities, including ruminal bacteria, archaea, fungi, and ciliated protozoa [2]. Among these members, ruminal ciliates comprise up to 50% of the microbial biomass within the rumen [3,4]. Their distinct biological roles, which encompass the predation on fellow ruminal microbes, the removal of oxygen within the rumen, and symbiotic relationships with prokaryotes—particularly hydrogenotrophic methanogens—have profound impacts on both ruminal functions and the overall performance of the host animals [4,5]. Notably, ruminal ciliates play a pivotal role in feed digestion, consistently demonstrating significantly higher digestibility across diverse measurements [6]. However, within the spectrum of the digestion processes, especially those potentially linked to global warming and arise from ruminant production, ruminal ciliates are recognized contributors and account for 9% to 37% of the ruminal methane production through direct or indirect associations with ruminal methanogens [7-9]. Additionally, ruminal ciliates contribute to excessive nitrogen recycling within the rumen, paralleling the limited nitrogen utilization efficiency (NUE) observed in host ruminants [10,11].

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The composition of ruminal ciliates varies based on factors such as geographic distribution, diet, and among various animal species; thus, has led to a range of between 2 and 45 identified species [12]. Baraka, 2012 observed up to 12 distinct genera per ruminant breed and provided detailed visual descriptions and figures of 54 identified ciliate species [13]. Interestingly, substrate preferences, host specificity, and antagonistic interactions between ciliate species create four fauna types: type A (characterized by the presence of *Polyplastron* and *Ophryoscolex*), type B (featuring *Epidinium* and *Eudiplodinium*), type K (involving *Elytroplastron bubali*), and type O (consisting solely of *Entodinium* and isotrichids). These categories were proposed by Dehority [12] and Imai et al [14,15], although mixed populations have also been previously documented [16,17].

A prior study delving into the core microbiota through partial 18S rRNA gene sequencing demonstrated that 12 genera of ruminal ciliates account for nearly 100% relative abundance globally with substantial compositional variations, even among co-located animals [18]. Moreover, the functionally diverse nature of ruminal ciliate species complicates interpretation, particularly within the context of ongoing microbiome investigations, which often depend on morphology or marker genes. Moreover, the absence of a reliable reference database underscores the significance of unraveling the biological functions and metabolic contributions of individual ciliate species. Broadly, the population of ruminal ciliates can be delineated into starch-preferring species (e.g., Entodinium, [4]), lovers of simple sugars (e.g., isotrichids, [19]), cellulolytics (e.g., Epidinium, Ostracodinium, Eudiplodinium, and Ophryoscolex, [20]), and voracious bacterivores (e.g., Entodinium spp. and Diplodiniinae, [21,22]). However, these classifications necessitate validation through genomic or transcriptomic exploration, given that much of the knowledge surrounding ruminal ciliates stems from indirect evidence, such as defaunation and in vitro monocultures. Despite numerous endeavors aimed at comprehending the roles, biology, and contributions of ruminal ciliates on ruminal microbiome functions, notable gaps remain in both knowledge and technology.

### Culture-based methods for investigating ruminal ciliates

Significant challenges remain in the study of ruminal ciliates, such as achieving axenic cultures of these microorganisms in laboratory settings, which so far has proven elusive [23-25]. A compelling consensus has emerged that the growth of ruminal ciliates, even if not entirely axenic, depends on the presence of live microbes, particularly bacteria [26]. Consequently, instead of pursuing axenic cultures, researchers have extensively employed monoxenic cultures, which are cultures where a specific type of ruminal ciliate coexists with

associated or free-living microbes, using *in vitro* conditions to facilitate the study of ruminal ciliates.

The feasibility of studying individual ruminal ciliate species largely relies on their amenability to cultivation. The successful maintenance of various entodiniomorphids in laboratory cultures has been reported, including for species such as Diploplastron affine [27], Entodinium spp. [27-31], Epidinium sp. [30,31], Enoploplastron triloricatum [30], Eudiplodinium spp. [27,32], and Ophryoscolex purkynjei [32]. A study by Dehority proposed the use of two basal medium compositions for culturing ruminal ciliates, involving Entodinium and Epidinium species, which were combined with 10% (v/v) clarified rumen fluid [33]. Additionally, chemically defined culture media have been formulated for ruminal ciliates [31]. However, maintaining long-term isotrichids cultures, such as the two major genera, Isotricha and Dasytricha, has proven challenging when using in vitro conditions [19]. Consequently, most research involving these genera employs monofaunated animals [11,34,35]. The intricate chemotactic behaviors of these sugar-loving ciliates, coupled with their inability to self-regulate their appetite, make closed batch culture systems less ideal [19,36]. Since the practical maintenance of monofaunated ruminants poses difficulties, ongoing efforts to enhance the culturability of diverse ruminal ciliates remain valuable for expanding knowledge and investigating their responses to dietary interventions and feed additives in

Initially, single-cell isolation was employed to establish monocultures of ruminal ciliate species [33] and to analyze ciliate-associated prokaryotes [16,37]. Serial dilution (or transfer) in a sterile medium during single-cell isolation serves to exclude as many free-living microbes as possible, thereby facilitating detailed analysis of ciliate-associated microbes. For comprehensive microbiome analysis, the utilization of high-throughput cell sorting methods can enhance the number of isolated cells, yielding more informative specimens for microbial association studies.

Ruminal ciliates exhibit a wide range of cell sizes, typically spanning 10 to 200  $\mu$ m, based on cell length [4]. Thus, this size diversity has prompted ruminal microbiologists to explore ecological distinctions based on size-based ciliate fractions [38]. Williams and Coleman, 1992 furnished fundamental guidelines for size-based fractionation of individual or grouped ruminal ciliates, thereby offering an initial approach for isolating ciliate species of interest [4]. Recently, marker gene-based sequencing approaches have confirmed the presence of differentially abundant bacterial taxa (primarily within Proteobacteria) in ciliate-associated fractions facilitated by both single-cell isolation [16] and size-based fractionations [39].

In addition to the use of appropriate washing procedures, electron microscopy (including scanning and transmission



electron microscopy) supplemented by fluorescence staining can visually corroborate the physical associations between ruminal ciliates and their potential symbionts [40,41]. Thus, if necessary, the use of antioxidant mixtures [42] and stepwise freezing procedures [34] can enhance the storage of ruminal ciliate cultures during long-term freezing.

### Molecular-based approaches for classifying and enumerating ruminal ciliates (metataxonomics)

While absolute cell counts of ruminal ciliates have traditionally been used to assess their contributions within experimental trials, the compositional analysis of these populations offers valuable insights into their functional diversity. Microscopic identification of ruminal ciliates, a technique employed for decades, requires expertise and references to established works [12,13,43,44]; thus, specific morphological differentiation of individual species remains challenging.

In parallel with the gradual replacement of quantitative real-time polymerase chain reaction by amplicon sequencing for bacterial and archaeal population analyses, 18S rRNA gene sequencing has been considered an alternative for quantifying ruminal ciliates. However, due to the 18S rRNA gene being highly conserved among ciliate genera or species, coupled with the limited availability of full-length reference sequences in public databases [45], the use of molecular-based enumeration for ruminal ciliates still encounters limitations.

The current classification of 18S rRNA gene sequences, via BLASTn against reference databases, is only accessible in a standard nucleotide database for ruminal ciliates classification (accessed on 2023.08.13). BLAST matches can provide taxonomy information down to the species level. Nonetheless, short reads (e.g., 200 to 300 bp) typically yield reliable familyor genus-level classifications, owing to duplicated matches and associations with numerous unclassified ciliate sequences (data not presented). Silva offers high-quality ribosomal RNA databases, including over 2,000 reference 18S rRNA gene sequences from at least 15 genera of ruminal ciliates ([46], accessed on 2023.08.12; Table 1). However, when applying Silva reference databases (latest version, v138) within the QIIME2 environment for ciliate sequence classification, many short amplicon sequence variants cannot be assigned any genus name with default confidence scores (data not presented). Consequently, especially when dealing with short reads, careful interpretation of taxonomy classification is warranted. Furthermore, employing long-read sequencing with contemporary platforms that target robust phylogenetic markers, such as the internal transcribed spacer DNA or 28S rRNA gene sequences, is recommended for more reliable metataxonomic analysis of ruminal ciliates.

# Methane mitigation strategies in the context of ruminal ciliate populations

Ruminal ciliates are known to produce hydrogen through

Table 1. Small subunit rRNA gene sequences from ruminal ciliates, deposited on Silva databases (v138)<sup>1),2)</sup>

Genus	No. of deposited sequences	Sequence length statistics (bp)			Avg. sequence	Charica
		Avg.	Min	Max	quality (%)	Species
Charonina	16	1,316	806	1,537	94.25	Charonina ventriculi
Dasytricha	592	1,160	333	1,638	92.44	Dasytricha ruminantium
Diplodinium	141	1,299	464	1,780	94.45	Diplodinium anisacanthum, D. dentatum, <b>and</b> D. denticulatum
Diploplastron	29	1,011	465	1,637	94.62	Diploplastron affine
Enoploplastron	2	1,638	1,637	1,639	92.86	Enoploplastron triloricatum
Entodinium	688	1,170	317	1,647	94.54	Entodinium bursa, E. caudatum, E. dubardi, E. furca, E. longinucleatum, E. nanellum, and E. simplex
Eodinium	4	1,444	1,436	1,457	91.63	Eodinium posterovesiculatum
Epidinium	13	1,290	693	1,638	94.04	Epidinium caudatum, and E. ecaudatum caudatum
Eremoplastron	21	1,358	465	1,636	94.43	Eremoplastron dilobum, and E. rostratum
Eudiplodinium	108	1,403	346	1,637	93.68	Eudiplodinium maggii
Isotricha	132	904	400	1,641	90.80	Isotricha intestinalis, and I. prostoma
Metadinium	29	899	465	1,637	92.52	Metadinium medium, and M. minorum
Ophryoscolex	272	1,111	464	1,636	92.92	Ophryoscolex caudatus, and O. purkynjei
Ostracodinium	16	1,489	1,362	1,639	93.37	Ostracodinium clipeolum, O. dentatum, O. gracile, O. rugoloricatum, and O. trivesiculatum
Polyplastron	281	1,256	330	1,639	93.52	Polyplastron multivesiculatum
Uncultured	18	571	464	1,364	96.24	-
Total	2,362	1,171	317	1,780	93.42	-

<sup>1)</sup> Accessed on 2023.8.12.

<sup>&</sup>lt;sup>2)</sup> Sequences from non-ruminal ciliates were not included.



carbohydrate fermentation [8]. Notably, interspecies hydrogen transfer has emerged as a pivotal reason for the elevated methane production associated with ruminal ciliates [47,48]. Moreover, this insight led Guyader et al [48] to unveil a robust positive correlation between ruminal ciliate cell counts and methane production, which was backed by their meta-analysis of 28 experiments. Direct evidence of this interaction was provided from co-cultivation experiments, involving Polyplastron multivesiculatum and Methanosarcina barkeri, which revealed significantly higher methane production accompanied by hydrogen uptake within the co-culture [49]. Remarkably, this specific association accounted for up to a third of the total methane production [7-9], whereas complete removal of ruminal ciliates led to a reduction in methane output [6]. Furthermore, it is worth noting that partial inhibition of ruminal ciliates also had a mitigation effect on methane production [50], thereby underscoring the significance of curtailing ciliate-associated methanogenic populations for effective methane mitigation.

Fractionation-based investigations have highlighted differences in the methanogen population between free-living and ciliate-associated fractions [51]. For instance, *Methanobrevibacter* spp., are proportionally more associated with the ciliate-associated fraction, which is a phenomenon attributed to specific adhesins produced by the genus [52]. Moreover, within the *Methanobrevibacter* species, the prevalence of the SGMT clade in cattle has been linked to higher methane production [53-55]. Although research concerning the relationship between this clade and ruminal ciliates is limited, strategies targeting this specific methanogen–ruminal ciliate association could be promising for methane reduction. However, further research is needed to ascertain the specificity of this association pattern.

Methane-mitigating feed additives can have direct or indirect impacts on ruminal ciliate populations and are a critical factor influencing the success or failure of these applications in animal trials. The practical application of 3-NOP directly inhibited methanogenesis and resulted in an increase in hydrogen concentration; however, it failed to demonstrate the suppression of hydrogen-producing microorganisms, including ruminal ciliates, in sheep [56], dairy [57,58], and beef cattle [59] trials. This could be attributed to the intricate nature of the anaerobic microbiome and hydrogen balance in the rumen [60]. However, higher doses did achieve sufficient hydrogen accumulation required to inhibit certain ruminal ciliate species, which resulted in a reduction in fibrolytic activity [60,61]. Nevertheless, the results are mixed, and while ruminal ciliate contributions to nitrate reduction have been noted during methane mitigation, an understanding of the mechanisms involved remains incomplete. Further, an enhanced metabolic reduction in nitrate and nitrite has been observed in faunated conditions in both in vitro and in vivo

studies [62], with ciliates and associated bacteria potentially contributing to nitrite reduction [63]. This interaction highlights the role of ruminal ciliates in ensuring the safe application of nitrate for methane mitigation. Natural-product-based methane inhibitors, such as essential oil blends, endeavor to amplify efficacy through the combination of diverse plant secondary metabolites. Commercial products, such as Agolin and Mootral have demonstrated significant methane reduction in sheep [64] and dairy cattle [65], albeit with limited effectiveness in beef cattle [66]. Highly permeable plant secondary metabolites could potentially influence ruminal ciliate and methanogen populations [67], although a metaanalysis suggested inconsistent effects on ruminal ciliates reduction through essential oil blends [68]. Saponins and tannins, naturally occurring secondary metabolites in plants, have long been recognized as methane inhibitors that potentially target both hydrogen-producing microorganisms and methanogens [69-71]. A meta-analysis of in vitro experiments indicated that saponin supplementation significantly reduced total ciliate concentrations, coupled with moderate methane mitigation effects [72]. Additionally, the analysis of 49 sheep studies suggested that methane was significantly reduced through dietary saponins, based on methane yield per dry matter intake [73]. Among the in vivo studies reporting on ruminal ciliates in saponin applications, two-thirds observed a decrease in the total ciliate counts [74]. A recent meta-analysis involving beef cattle and tannin supplementation supported the methane mitigation potential, with a trend toward reduced ciliate counts [75]. The anti-protozoal activity of these representative plant secondary metabolites has been acknowledged, yet the extraction methods, dosages, plant source origins, and target animals should be considered to definitively ascertain their anti-protozoal activities while pursuing methane mitigation in ruminants.

In total, several methane inhibitors incidentally inhibited protozoal activity, at least partially. However, total ciliate counts have primarily been employed as representative measurements to analyze their contribution to methane production. Notably, different groups of ruminal ciliates, namely entodiniomorphids and isotrichids, exhibit varying contributions to methane production in the rumen due to disparities in hydrogen production abilities [76]. Their different methanogen associations have also been observed [35], as demonstrated in a study on transfaunation involving ciliate-free sheep inoculated with isotrichids [77]. Given their mutualistic roles with methanogens, these interactions could differ based on the ciliate species involved. Therefore, for synergistic or consistent methane reduction in the intricate rumen environment, the mechanisms of methane inhibitors on overall ruminal ciliate populations warrant further detailed investigations.



# The influence of ruminal ciliate populations on the nitrogen utilization efficiency

Previous studies have shown that ruminal ciliates harbor an array of protease-coding genes [78,79], and have also confirmed their proteolytic activity [80,81]. Although the presence of deaminase activity is yet to be confirmed through genomeand activity-based investigations, ruminal ciliates have been associated with a negative impact on NUE [82].

Despite the fact that ruminal ciliate proteins possess an amino acid composition, which is preferable for the host animal than bacterial proteins [83], their actual contribution as microbial proteins to the host is likely less than their numerical presence in the rumen; thus, can ultimately be attributed to their behavioral traits including sequestration in the rumen [84,85] and overestimated ciliate proteins by bacterial contamination [86].

Moreover, efforts to enhance NUE in the rumen have targeted the ruminal ciliate population through complete (i.e., defaunation) or partial inhibition approaches. A 2015 metaanalysis of 23 in vivo studies employing defaunating agents or methods in sheep and cattle underscored the significant negative impact of ruminal ciliates on NUE-related measurements. This effect extended to both ruminal measurements. such as ammonia concentration and efficiency of microbial protein synthesis, and to measurements reflecting nitrogen flow in the lower gut, including duodenal nitrogen flow and urinary nitrogen excretion [6]. These findings align with earlier research by Eugène et al [87]. In 2019, Dai and Faciola [50] expanded this investigation to include 50 partial inhibition studies utilizing phytochemicals and lipids and concluded that reducing the ruminal ciliate population, notably, improved the ruminal ammonia nitrogen concentration.

Bacterivory activity varies among ruminal ciliate families or genera [21]. Therefore, considering both bacterivory activity and ciliate cell counts, *Entodinium* and *Diplodinium* spp. emerged as the potential factors limiting NUE [21]. However, the specific effects of these ciliate groups may vary with factors such as age, diet, host breeds, and genetics. A study involving monofaunated sheep demonstrated that the presence of ruminal ciliates resulted in a reduced transfer of microbial protein into the duodenum, with this effect being more pronounced in *Entodinium*-monofaunated sheep [11,88].

The diverse impacts of nitrogen recycling associated with distinct ciliate populations have encouraged researchers to explore specific ciliate inhibition strategies. Given that ruminal ciliates enhance the overall ruminal digestibility through their activities and the indirect neutralization of the ruminal environment [6], achieving an improved NUE by adjusting the ruminal ciliate population, particularly through partial inhibition of bacterivory ciliate species, is an appealing approach. However, further investigation is required. *In vitro* 

studies utilizing both ciliate monocultures and rumen fluid inocula have shown that restraining protease activities, while not limited to ruminal ciliates, could enhance NUE without adverse effects on ruminal fermentation and digestion [89,90]. Approaches such as selecting target enzymes specific to ruminal ciliates, screening feed additives with anti-protozoal properties, and adjusting rumen passage rates are also worthy of consideration.

# The potential influence of ruminal ciliates on feed efficiency

Numerous research efforts have been directed towards elucidating the factors underpinning the variations in the host feed efficiency and are often quantified using residual feed intake (RFI), within the context of the rumen microbiome. Thus, the lower microbial and functional diversities observed in the rumen microbiome potentially enable more efficient dietary energy utilization [91]. Notably, some potential microbial biomarkers have been consistently identified in both low- and high-RFI ruminant groups. However, limited attention has been paid to the role of ruminal ciliates in this context. The meta-analysis mentioned earlier, focused on the impact of defaunation and established a connection between ruminal ciliates and higher dry matter intake, which resulted in lower average daily gains, and consequently, reduced feed conversion efficiency; a result that was particularly evident in low-quality diets [6,87]. Despite the specific effects of individual ciliate species on each aspect of animal performance not yet having been defined, these limitations are likely due to the constrained NUE and increased metabolic heat production, which can potentially counteract the positive effect of ruminal ciliates on overall digestibility [6].

In the case of Angus steers, the overall community of ruminal ciliates differed according to RFI [92]. Although no differences were observed among the classified ciliate genera in relation to RFI, efficient Angus steers exhibited higher operational taxonomic unit richness and phylogenetic diversity in their ciliate communities. These characteristics in low-RFI animals might facilitate an increase in feed digestibility and energy extraction from substrates. The intriguing phenomenon of preferential bacterivory on specific bacterial groups, especially major cellulolytic consortia, could potentially arise due to unbalanced dietary preferences among individual ciliate species. However, this hypothesis remains inconclusive due to the limited number of prey tested to date [93,94].

Moreover, attempts to enhance the overall animal performance through ruminal ciliates-enriched inocula, particularly for entodiniomorphids, have currently failed to yield significant improvements, both in pre-weaning dairy calves [95,96] and in post-weaning periods [97]. Although the positive impact on diarrhea reduction was not linked to shifts in the



rumen microbiome or ciliate populations, more comprehensive studies are warranted to assess the advantages and disadvantages of ruminal ciliates, particularly for young ruminants.

Furthermore, the composition of ruminal ciliates could potentially influence the enrichment of bacterial groups associated with feed efficiency. Differential abundance by Proteobacteria in ciliate-associated fractions has been observed in various rumen studies [16,37-39], as well as in marine ciliates [98]; a correlation that might be connected to the prevalence of Succinivibrionaceae in feed-efficient animals [99,100]. Given that these bacteria are known hydrogen utilizers, their affiliation with ruminal ciliates seems metabolically sound, enabling them to outcompete other bacterial rivals within the faunated environment. Consequently, the reported association between ruminal ciliates and rumen microbiota markers within the feed efficiency context should be further explored to facilitate their enrichment within the rumen.

# Future prospects in the study of ruminal ciliates: genomics and transcriptomics

As highlighted earlier in this review, the inability to culture axenic populations of ruminal ciliates presents a significant challenge, limiting the application of conventional microbiological methods to characterize these unculturable unicellular eukaryotes. Therefore, much of our understanding of ruminal ciliates stems from indirect evidence, including defaunation studies or in vitro cultures encompassing other domains of rumen microbes [6,23,24,29,101]. To transcend the constraints of culture-based approaches, sequencing the metabolically active macronuclear genome offers authentic insights into ruminal ciliates, which has been aided by advancements in sequencing technologies. The initial macronuclear genome sequencing of Entodinium caudatum has paved the way for future research into fundamental questions on ruminal ciliates and the exploration of practical strategies for manipulating these ruminal ciliates within the rumen [78]. This genome, complemented by previous transcriptomic data [102], has unveiled evidence of horizontal gene transfers of numerous carbohydrate-active enzymes (CAZymes) and an abundance of protease-coding genes. These findings underscore the adaptive strategy of the ruminal ciliates for surviving in a carbohydrate-rich and complex anaerobic microbiota in the rumen environment. Building on these insights, Li et al [79] extended the exploration by adding 69 single-cell amplified genomes from ruminal ciliates to the repertoire. Their assembly of telomereless contigs from macronuclear sequences has facilitated an approximate 12% average mapping rate for metagenomic reads from publicly available rumen metagenomes to ciliate genomes. Hence, single-cell sequencing has emerged as a compelling avenue for studying ruminal ciliates, which are often contaminated with other microbes and are

resistant to culturing. However, owing to technical constraints in multiple displacement amplifications, which is employed for isolated single cells, overall genome completeness ranged from 8% to 91%. This wide range underscores the need for improved sequencing platforms and a greater repository of ciliate culture collections to refine these tentative ciliate genomes. As these future genome databases mature, the development of genetic tools tailored to ruminal ciliates is essential for conducting functional genomics that validates the roles of genes annotated within the ciliate genome. Single-cell transcriptomics, complemented by precise cell sorting, is a powerful tool for analyzing differential gene expression profiles of individual ciliate cells under diverse feeding and environmental conditions, uncontaminated by prokaryotic data.

The application of biochemical characterizations following macronuclear genome sequencing holds promise in verifying the activity of protein-coding genes, particularly CAZymes of ruminal ciliates. Findley et al [103] and Williams et al [104] utilized an activity-based screening from cDNA libraries of ruminal ciliates-enriched samples to successfully characterize carbohydrate-degrading enzymes, thereby demonstrating the degradation of plant cell wall constituents. Additionally, Williams et al [104] also used a metatranscriptomic analysis to provide evidence of fungal predation by ruminal ciliates, thereby revealing elevated chitinase expression. To effectively implement these approaches, as emphasized by these authors, it is essential to enrich for polyadenylated mRNA in order to eliminate microbiota contamination before cDNA synthesis followed by the concentration of targeted ruminal ciliates.

#### **CONCLUSION**

Collectively, the research presented in this review has attempted to advance our understanding of ruminal ciliates, particularly in elucidating their complex associations with prokaryotic partners, their contributions to ruminal metabolism, and the modulation of the ruminal microbiome. Recent meta-analyses have highlighted the relationship between ruminal ciliates and both ruminal methanogenesis and NUE. Within the dynamic framework of the ruminal microbiome, there exists a compelling need for systematic investigations, which are focused on delineating the precise interactions between ruminal methanogens and deaminating bacteria, a crucial avenue that can be used to steer ruminal fermentation to environmentally sustainable outcomes. To achieve this crucial goal, it becomes imperative to develop streamlined and reproducible cultivation methods and to elevate molecular approaches capable of discerning prokaryotic contaminants within the complex consortium of ruminal ciliates. Furthermore, the momentum placed on refining these methodologies is important because it will



allow for more rigorous investigations. In this way, the integration of more comprehensive genomic insights for individual ruminal ciliate species is a most welcome development. Indeed, these robust genome resources will furnish bioinformatic reference databases, serving as both markers for taxonomic classification and as critical tools for precise functional annotation in the broader analysis of the entire rumen microbiome. Guided by these multifaceted approaches, the field of ruminal ciliate research is poised to increase our comprehension of this interesting microbial cohort. Moreover, as we continue to investigate their basic biology and interplay with other ruminal microorganisms, the way of ruminal ciliate investigations is primed to guide in a new era of understanding.

#### **CONFLICT OF INTEREST**

We certify that there is no conflict of interest with any financial organization regarding the material discussed in the manuscript.

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