

Fish Aquat Sci. 2022;25(3):140-150 https://doi.org/10.47853/FAS.2022.e12



Lipidomic profiling of Skipjack tuna (*Katsuwonus pelamis*) by ultrahigh-performance liquid chromatography coupled to high resolution mass spectrometry

Lingping Hu^{1, 2}, Zhiheng Hu^{1, 2}, Yaoxian Chin¹, Haixia Yu³, Jianhong Xu⁴, Jianwei Zhou², Donghong Liu², Mengli Kang⁵, Yaqin Hu^{1,*}

¹ College of Food Science and Technology, Hainan Tropical Ocean University, Sanya 572022, China

² College of Biosystems Engineering and Food Science, National-Local Joint Engineering Laboratory of Intelligent Food Technology and Equipment,

Zhejiang Key Laboratory for Agro-Food Processing, Fuli Institute of Food Science, Zhejiang University, Hangzhou 310058, China

³ Ocean Research Center of Zhoushan, Zhejiang University, Zhoushan 316021, China

⁴ Zhejiang Retronx Foodstuff Industry Co., Ltd., Zhoushan 316021, China

⁵ Processing Technology Research, Ningbo Academy of Agricultural Sciences, Ningbo 315101, China

Abstract

A method of ultrahigh performance liquid chromatography coupled to high resolution mass spectrometry (UPLC-HRMS) was established for characterization of the lipid profile of Skipjack tuna. Over 300 lipid molecular species were identified through cross-acquisition in both positive and negative ion mode. Phospholipids (PLs) were dominant in Skipjack tuna. Lysophosphatidylethanolamine (LPE), phosphatidylethanolamine (PE), lysophosphatidylcholine (LPC) and phosphatidylcholine (PC) were the main lipid molecular species in PLs, accounting for 89.24% of the total PLs. The ratio of sphingolipids (SLs) and glycerolipids (GLs) were considerable, accounting for 12.30% and 13.60% of the total lipids respectively. Ceramide (Cer) was the main lipid molecular species of SLs, accounting for 64.96% of total SLs, followed by sphingomyelin (SM), accounting for 25.45% of total SLs. Ether diglycerides (ether DG) were the main lipid molecular species of GLs (97.83%). The main fatty acids (FAHFA) was detected, together with the FA. The active lipids identified in this study can be used to evaluate the nutritional value of Skipjack tuna.

Keywords: Skipjack tuna, Lipidomic, Mass spectrometry, Lipid profiling

Received: Oct 15, 2021 Revised: Nov 23, 2021 Accepted: Jan 13, 2022 *Corresponding author: Yaqin Hu College of Food Science and Technology, Hainan Tropical Ocean University, Sanya 572022, China Tel: +86-0571-88982154, Fax: +86-0571-88982154, E-mail: 1004346262@qq.com

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/licenses/bync/4.0/) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited. Copyright © 2022 The Korean Society of Fisheries and Aquatic Science

Introduction

Tuna, belonging to the Scombridae family (Song et al., 2020), is an important marine food resource for its high nutritional and economic value (Zhang et al., 2019). It is widely distributed in tropical and subtropical region of Indian, Pacific and Atlantic Ocean (Kunal et al., 2013), and accounting for about 10% of the international seafood market (Brill & Hobday, 2017). Skipjack tuna (*Katsuwonus pelamis*) is the most abundant tuna species (Soares et al., 2019), accounting for 59.1% of the total tuna production (Herpandi et al., 2017). Though tuna is traditionally considered as a high-protein and low-fat food, lipids are an indispensable component in tuna, for example as the main metabolic energy source for swimming, growth and reproduction (Tocher, 2003).

The muscle tissue of tuna was rich in protein (20%–25%) and low in fat (< 2%) (Karunarathna & Attygalle, 2012). Many studies on tuna focus on the protein components of tuna (Jiang et al., 2019; Yu et al., 2021), few were undertake about the lipid components despite its great important physiological actions. Lipids have been recognized as a macronutrient with many exclusive biological functions (He et al., 2021), such as signal transduction, energy storage as well as cellular structural support (Hou et al., 2008). As one of the main daily dietary sources of essential fatty acids (FAs), fish lipids have attracted more and more attention for their heathy benefits to humans (Li et al., 2020). The unsaturated fatty acids (UFAs) in fish are superior to the saturated fatty acids in cheese and butter (Wang et al., 2019). And tuna is widely known to rich in phospholipids (PLs), sphingolipids (SLs), glycerolipids (GLs) and fatty acids. FA is a kind of lipid with the simplest structure but it is a basic component of many lipids. Tuna lipids can provide considerable amounts of polyunsaturated fatty acids (PUFAs), such as eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) (Howe et al., 2006). EPA and DHA play an important role in preventing hyperlipidemic diseases and helping infant development (Bettadahalli et al., 2020; Dyall, 2015) and reducing the risk of atherosclerosis (Steffens, 2016) and coronary heart diseases (Siscovick et al., 2017). And increasing ω -3/ ω -6 ratio in daily meal can reduce the plasma lipid concentration and the obesity risk (Simopoulos, 2016) as well as cancer (Lavé et al., 2018; Manson et al., 2019). As a result, it is widely recommended to consume 250-1,000 mg of EPA/DHA per day to promote health (Kuratko & Salem, 2013). PLs as the primary structural constituents of biological membranes (Shen et al., 2016), play an important role in maintaining the stability of cell membranes (Mukhamedova & Glushenkova, 2000). In addition, PLs have positive nutritional properties, for instance the intake of phospholipids can improve memory and cognitive function of human beings (Crichton et al., 2012). SLs are consisted of a long-chain fatty acid, a sphingosine or its derivatives, and a polar head group (Wang et al., 2019). The polar head group of SLs is combined with the hydroxyl group of sphingosine while the fatty acid forms an amide bond with its amino group. Therefore, SLs have a polar head group and two non-polar tails including long-chains fatty acids and sphingosine. And SLs are the second largest group of membrane lipids after PLs. Changes in SLs will affect the physical properties of cell membranes, thus affecting the function of membrane proteins. Ceramide (Cer), sphingomyelin (SM) and hexosylceramide (HexCer) are the most common SLs (Han et al., 2012). GLs is one of the most important energy sources in organisms. The structure of glycerides is relatively simple, composed by fatty acid and esterification of glycerol hydroxyl. Triglycerides (TGs) are the most common esters of glycerides, and they can be broken down into monoglycerides (MGs) or diglycerides (DGs). The function of lipids was highly related to its structure. Thus, the lipid analysis is of great importance.

Many traditional methods have been used for lipid profile analysis, such as thin-layer chromatography (TLC), gas chromatography (GC) or combination of gas chromatography/mass spectrometry (GC/MS) (Wenk, 2005). However, these methods are usually very time-consuming and can only provide limited information of lipids. Shotgun lipidomics is easy to operate and less time-consuming (Li et al., 2011), and has been widely used for characterization of the major lipid classes (Liang et al., 2017). However, direct infusion analysis causes signal loss of low-abundance lipid groups due to ionization suppression (Jessome & Volmer, 2006; Wang et al., 2016). Fortunately, this problem can be easily solved by liquid chromatographic separation. The lipid profiles can be comprehensive determined in an injection through ultrahigh-performance liquid chromatography coupled to high resolution mass spectrometry (UPLC-HRMS) (Sun et al., 2020) with fast speed and high sensitivity, and it is more suitable for untargeted lipidomic analysis (Indelicato et al., 2017).

In the present study, the lipid profiles, including PLs, SLs, GLs and FA of Skipjack tuna were analyzed using UP-LC-HRMS. The aim of this study was to provide a useful tool for high-throughput lipidomic analysis and nutritional value assessment of tuna as a valuable high-quality food for human beings.

Materials and Methods

Materials

The Skipjack tuna was supplied by Zhejiang Retronx Foodstuff and transported on ice to our laboratory within 4 h and stored at -20°C before use. Chloroform was supplied by Sinopharm Chemical Reagent (Shanghai, China). Isopropanol and methanol and were obtained from Merck (Darmstadt, Germany). Ammonium formate and formic acid were purchased from Sigma-Aldrich (St. Louis, MO, USA) and Fluka (Buchs, Switzerland) respectively. Ultrapure water was generated using a Milli-Q system (Bedford, MA, USA). All the chemicals used for LC-MS analysis were of LC-MS grade.

Sample preparation

Fifteen Skipjack tuna individuals were randomly divided into 3 groups with each group containing 5 individuals. The white meat of each group Skipjack tuna was ground into powder by an analytical mill (IKA, Königswinter, Germany) in liquid nitrogen bath. The powder was stored at -20 °C before use.

Lipid extraction

The extraction of total lipids refers to the Folch method (Folch, 1957) as follows: 0.2 g powder sample of Skipjack tuna was placed in a10-mL centrifuge tube. A 6 mL of chloroform/ methanol (2:1, v/v) was added to extract the total lipids using a homogenization for 10 s at 10,000 r/min. After that, 2 mL of ul-tra-pure water was added into the mixture, vortexed for 20 s before centrifugation at 5,000 r/min for 10 min. The organic phase was collected while the water phase was re-extracted twice according to the same procedure. The lipids in organic phase were combined and dried under a flow of nitrogen. The lipids were re-dissolved in 1 mL isopropanol/acetonitrile (2:1, v/v). During the extraction processes, the temperature was conducted at 4° C to minimize lipid oxidation.

Ultrahigh-performance liquid chromatography separation

Lipids separation was conducted on a Thermo Scientific Dionex UltiMate 3000 UPLC system with a Waters ACQUITY UPLC CSH C18 Column (100 \times 2.1 mm, 130 Å, 1.7 μ m, Milford, MA, USA) according to the optimized lipid separation method (Li et al., 2020). The mobile phases were composed of mobile phase A

of isopropanol: acetonitrile (85:15, v/v), and mobile phase B of acetonitrile: water (65:35, v/v), and both mobile phases contain 0.1% of formic acid and 5 mmol/L of ammonium formate. A linear gradient (15% A, 0 min; 15%–25% A, 0–2 min; 25%–40% A, 2–3 min; 40%–75% A, 3–15 min; 75%–99% A, 15–20 min; 99% A, 20–25 min; 99%–15% A, 25–26 min; and 15% A, 26–30 min) was used. The flow rate of the mobile phase was 0.35 mL/ min. The column temperature was 50 °C. The injection volume was 5 μ L.

Mass spectrometric detection

The effluent was introduced into a Thermo Scientific Q-Exactive Orbitrap mass spectrometer in both the ESI+ and ESI– modes. The resolution of mass spectrum was set to 70,000. The source conditions were set as follows: spray voltage of +3.5 kV in ESI+ and -3.5 kV in ESI–, heater temperature at 320 °C, and the collision energies were 45 and 60. The extracts were performed in automatic MS/MS mode as Full MS range of m/z 100–1,500 and fragment ion range of m/z 200–1,200.

Lipid identification and quantitation

Raw data acquired from the UPLC-HRMS were analyzed by open-source software MS-DIAL (version 4.24) (Tsugawa et al., 2020). LipidMsmsBinaryDB-VS68-FiehnO which adjusted by LC-MS method of Oliver Fiehn laboratory was used as library for lipid identification. $[M+H]^+$, $[M+NH_4]^+$, $[M+Na]^+$ and $[M+K]^+$ were selected in positive ionization mode while $[M-H]^$ and $[M+HCOO]^-$ were selected in negative ionization mode for adduct ions. Mass accuracy (0.01 Da for MS1 and 0.05 Da for MS2) and MS/MS spectra similarity (higher than 70%) were used to identify the lipid molecular species in Skipjack tuna. And the peak areas of lipid molecular species were used for quantitation. And the quantitation data of lipid molecular species were exported for further statistical analysis.

Statistical analysis

All experiments were performed 3 biological replicates and 2 technical replicates. The data were expressed in means \pm SD. ORIGIN 8.0 (Microcal Software, Northampton, MA, USA) was used for statistical analysis.

Results and Discussion

Lipid separation and detection

To enhance the acquisition of comprehensive lipid information,

the cross-acquisition in both positive ion mode and negative ion mode were performed. Fig. 1 illustrates the total ion chromatogram (TIC) scan spectra of lipids in Skipjack tuna. The response of the mass spectrometer was relatively high, and the eluting components are mainly concentrated in 4-12 min in the positive ion mode while the response of the mass spectrometer is relatively low, and the eluting components are mainly concentrated in 4-14 min in the negative ion mode. TICs of lipid extracts showed similar patterns in positive ion mode and negative ion mode respectively, illustrating the stability of the system during the data acquisition. However, TICs of lipid extracts showed different spectra in positive ion mode and negative ion mode, implying that the responses of lipids in the positive and negative ion mode were different. Besides, TICs of lipid extracts in Skipjack tuna showed high responses and dense peaks, indicating that the acquisition method was promising.

Lipid identification and quantitation

Lipid identification and quantitation of Skipjack tuna were carried out by MS-DIAL software. As a result, 156 and 145 lipid molecular species were identified with both MS1 and MS2 information in positive ion mode and negative ion mode respectively (Fig. 2). It was clear that the elution time of the main lipid molecule species in the two ion modes was consistent with the TIC scan spectra (Fig. 1). In the positive ion mode, phosphatidylcholine (PC), lysophosphatidylcholine (LPC), lysophosphatidyl ethanolamine (LPE), N-acylethanolamine (NAE), SM and ceramide (Cer) were detected as their [M+H]⁺ ions, diacylglycerol (DG) was detected as $[M+NH_4]^+$ ions (Fig. 2A). In the negative ion mode, FA, branched fatty acid esters of hydroxy fatty acids (FAHFA), N-acyl-lysophosphatidylethanolamine (LNAPE), CerP, dilysocardiolipin (DLCL), phosphatidic acid (PA), lysophosphatidic acid (LPA), LPE, lysophosphatidylglycerol (LPG), lysocardiolipin (MLCL), phosphatidyl inositol (PI), phosphatidylethanolamine (PE), phosphatidylglycerol (PG) and sulfatides hexosyl ceramide (SHexCer) were detected as their [M-H]⁻ ions, LPC and Cer were detected as their [M+HCOO]⁻ ions, sulfatide (ST) was detected as [M-H]⁻ and [M+HCOO]⁻ ions, DG and triacylglycerol (TG) were detected as their [M+H]⁺ and [M+NH₄]⁺ ions (Fig. 2B). Besides, some lipid molecular species were also identified only with MS1 information but have high intensities. These lipid molecular species can also be used to assist the lipid profile analysis.

Lipidomic profile of Skipjack tuna

In this study, a comprehensive analysis of PLs, SLs, GLs and FA was performed to clarify the nutritional value of Skipjack tuna meat. The number of lipid molecular species and relative percentage of each lipid class in Skipjack tuna were shown in Table 1. As shown in Table 1, PLs were dominant in Skipjack tuna, accounting for 74.10% of the total lipids. The percentages of SLs and GLs were considerable, accounting for 12.30% and 13.60% of the total lipids respectively. These results were different from previous reports (Balogun & Talabi, 1984; Hiratsuka et al.,



Fig. 1. Total ion chromatograms of the lipid extract of Skipjack tuna. (A) Positive ionization mode, (B) negative ionization mode.



Fig. 2. Identified lipid molecular species in Skipjack tuna by MS-DIAL. (A) Positive ionization mode, (B) negative ionization mode. MS, mass spectrometry.

percentage of each lipid class in Skipjack tuna		
Lipid classes	Number of species	Relative percentage (%)
PC	53 (40 PC & 13 EtherPC)	16.02
LPC	38 (24 LPC & 14 EtherLPC)	16.29
PE	37 (32 PE & 5 EtherPE)	16.38
LPE	24 (15 LPE & 9 EtherLPE)	17.44
PI	8 (7 PI & 1 EtherPI)	2.53
PG	5	4.48
LPA	4	0.12
LPG	2	0.26
PA	1	0.02
DLCL	9	0.48
MLCL	3	0.05
LNAPE	1	0.03
Total PLs	185	74.10
SM	22	3.13
Cer	19	7.99
SHexCer	5	0.14
CerP	3	0.43
ST	3	0.61
Total SLs	52	12.30
DG	39 (6 DG & 33 EtherDG)	13.43
TG	23 (21 TG & 2 EtherTG)	0.17
Total GLs	62	13.60

Table 1. The number of lipid molecular species and relative percentage of each lipid class in Skipjack tuna

LPC, lysophosphatidylcholine; LPE, lysophosphatidyl ethanolamine; Pl, phosphatidyl inositol; LPG, lysophosphatidylglycerol, DLCL, dilysocardiolipin; MLCL, lysocardiolipin; LNAPE, N-acyl-lysophosphatidylethanolamine; PL, phospholipids; SHexCer, sulfatides hexosyl ceramide. 2004) because of the different sources and parts of raw materials, extraction methods, detection equipment and identification software.

Phospholipid profile of Skipjack tuna

PLs in tuna were complex and could be divided into several into several subclasses based on the different polar head groups, such as PC, PE, PA, PI, PG, LPC, and LPE et al. In this study, untargeted lipidomics was carried out to characterize the PLs profile of Skipjack tuna. Results showed that LPE, PE, LPC, and PC were the major PL subclasses in Skipjack tuna, accounting for 23.54%, 22.11%, 21.98%, and 21.62% of the total PLs respectively, followed by PG and PI, accounting for 6.05% and 3.41% of the total PLs respectively (Fig. 3A). The lipid molecular species with high abundance in each subclass of LPE, PE, LPC, and PC were shown in Fig. 3B-3E respectively. LPE (18:1) was the lipid molecule species with the highest content, accounting for 37.86% of the total LPE, followed by LPE (20:4) and LPE (18:0), accounting for 21.29% and 18.57% of the total LPE respectively. PE (18:0_18:1) was the lipid molecule species with the highest content, accounting for 24.01% of the total PE, followed by PE (16:0_18:1) and PE (18:0_18:0;O), accounting for 17.78% and 16.76% of the total PE respectively. LPC (18:1) was the lipid molecule species with the highest content, accounting for 46.07% of the total LPC, followed by LPC (22:6) and LPC (16:0), accounting for 15.97% and 11.23% of the total LPC respectively. PC (34:1) was the lipid molecule species with the highest con-



(E)

Fig. 3. Phospholipid profile of Skipjack tuna. (A) Phospholipid profile, (B) lipid molecule species of LPE, (C) lipid molecule species of PE, (D) lipid molecule species of PC. LPE, lysophosphatidyl ethanolamine.

tent, accounting for 31.38% of the total PC, followed by PC (32:0) and PC (30:0), accounting for 19.39% and 8.32% of the total PC respectively.

Sphingolipid profile of Skipjack tuna

The percentage of SL was considerable in Skipjack tuna meat, accounting for 12.30% of the total lipids. The SL profile of Skipjack tuna was characterized for its essential function in regulating signal transduction processes such as cell growth, differentiation, aging and death. As shown in Fig. 4A, Cer was the predominant

SL subclass in Skipjack tuna, accounting for 64.96% of the total SLs, followed by SM and ST, accounting for 25.45% and 4.96% of the total SLs respectively (Fig. 4A). The lipid molecular species with high abundance in each subclass of Cer and SM were shown in Fig. 4B–4C respectively. Cer (18:2;2O/24:1) was the lipid molecule species with the highest content, accounting for 63.09% of the total Cer, followed by Cer (18:1;2O/24:0) and Cer (18:1;2O/26:1), accounting for 11.91% and 7.21% of the total Cer respectively. SM (42:2;2O) was the lipid molecule species with the highest content, accounting for 65.82% of the total SM, followed



Fig. 4. Sphingolipid profile of Skipjack tuna. (A) Sphingolipid profile, (B) lipid molecule species of Cer, (C) lipid molecule species of SM.

by SM (42:1;2O) and SM (40:2;2O), accounting for 6.93% and 4.21% of the total SM respectively.

Glycerolipid profile of Skipjack tuna

The percentage of GLs was slightly higher than that of SL, accounting for 13.60% of the total lipids. And the GLs profile of Skipjack tuna was also analyzed. As shown in Fig. 5A, ether DG was the dominant GL class of Skipjack tuna, accounting for 97.83% of the total GLs. The rest of the GL class were TG, DG and ether TG, accounting for 0.99%, 0.88%, and 0.30% of the total GLs respectively. The lipid molecular species with high abundance in each subclass of ether DG, TG and DG were shown in Fig. 5B–4D respectively. DG (O-8:0_13:0) was the lipid molecule species with the highest content, accounting for 50.27% of the total ether DG, followed by DG (O-8:0_15:0) and DG (O-19:0_14:1), accounting for 16.84% and 8.44% of the total ether DG respectively. TG (8:0_13:0_36:3) was the lipid molecule species with the highest content, accounting for 12.02% of the total TG, followed by TG (8:0_8:0_36:2) and TG (8:0_8:0_34:2), accounting for 11.07% and 8.69% of the total TG respectively. DG (37:7) and DG (40:6) were dominant lipid molecule species, accounting for 34.21% and 31.82% of the total DG respectively, followed by DG (36:0) and DG (40:2), accounting for 9.33% and 8.85% of the total DG respectively.

Fatty acid profile of Skipjack tuna

FA profile of Skipjack tuna was obtained in negative ion mode. The fatty acids in tuna meat were mostly UFAs. As shown in



Fig. 5. Glycerolipid profile of Skipjack tuna. (A) Glycerolipid profile, (B) lipid molecule species of ether DG, (C) lipid molecule species of TG, (D) lipid molecule species of DG.

Fig. 6A, palmitic acid (FA 16:0) and oleic acid (FA 18:1) were the dominant components, accounting for 36.27% and 23.94% of the total fatty acids. The percentages of $C_{16}H_{24}O_2$ (FA 16:4) and stearic acid (FA 18:0) were considerable, accounting for 15.79% and 14.93% of the total fatty acids. The percentages of DHA (FA 22:6) and EPA (FA 20:5) were 4.96% and 4.88% of the total fatty acids respectively. DHA and EPA belong to omega-3 UFAs and exhibite higher utilization efficiency compared with other lipid forms (Zhang et al., 2019). Besides, FAHFAs were detected as their [M-H]⁻ ions in negative ion mode. FAHFA profile of Skipjack tuna was shown in Fig. 6B. FAHFAs as a new class of functional lipids reported in Skipjack tuna for the first time and play important roles in improving glucose tolerance, enhancing insulin sensitivity, maintaining blood sugar homeostasis, and anti-inflammatory, and attracting more and more attention of scientists (Aryal et al., 2021; Hu et al., 2021).

Conclusion

In this study, the lipid profile, including lipid classes and FA compositions of Skipjack tuna was determined by UP-





Fig. 6. Fatty acid profile of Skipjack tuna. (A) Fatty acid profile, (B) FAHFA. FAHFA, fatty acid esters of hydroxy fatty acids.

LC-HRMS through the cross-acquisition in both positive and negative ion modes and annotated by MS-DIAL software. PLs were dominant components in Skipjack tuna, followed by GLs and SLs. The fatty acids in tuna meat were mostly UFAs. Due to the high level of PLs and UFA compositions, such as DHA and EPA, tuna meat has huge potential for human health. These data can be useful for the nutritional value assessment of tuna meat as a valuable high-quality marine food for humans.

Competing interests

No potential conflict of interest relevant to this article was reported.

Funding sources

This work was financially supported by the Foundation of NSFC31871868, National Science of Hainan province and Scientific Research Foundation of Hainan Tropical Ocean University (RHDRC202117), Hainan Provincial Natural Science Foundation of China (321CXTD1012), Ningbo science and technology project 202002N3071 and Zhoushan city of key research and development innovation project (2020).

Acknowledgements

The authors are grateful to Jian Ji (Jiangnan University) for his help in the data processing. The authors are also grateful to Ying Shao, Fan Yang and Chen Nie (Technology Center of Qingdao Customs District) for their help in instrument operation.

Availability of data and materials

Upon reasonable request, the datasets of this study can be available from the corresponding author.

Ethics approval and consent to participate

This article does not require IRB/IACUC approval because there are no human and animal participants.

ORCID

 Lingping Hu
 https://orcid.org/0000-0001-8826-4526

 Zhiheng Hu
 https://orcid.org/0000-0001-8996-1542

 Yaoxian Chin
 https://orcid.org/0000-0001-9612-9295

 Donghong Liu
 https://orcid.org/0000-0003-0028-232X

 Yaqin Hu
 https://orcid.org/0000-0002-8557-8666

References

- Aryal P, Syed I, Lee J, Patel R, Nelson AT, Siegel D, et al. Distinct biological activities of isomers from several families of branched fatty acid esters of hydroxy fatty acids (FAHFAs). J Lipid Res. 2021;62:100108.
- Balogun AM, Talabi SO. An investigation into the lipid classes of skipjack tuna (*Katsuwonus pelamis*). J Food Sci. 1984;49:1638-9.
- Bettadahalli S, Acharya P, Ramaiyan B, Talahalli RR. Evidence on oleic acid and EPA+ DHA role in retinal antioxidant defense, leukocyte adhesion, and vascular permeability: insight from hyperlipidemic rat model. J Funct Foods. 2020;67:103864.
- Brill RW, Hobday AJ. Tunas and their fisheries: safeguarding sustainability in the twenty-first century. Rev Fish Biol Fish. 2017;27:691-5.
- Crichton GE, Howe PRC, Buckley JD, Coates AM, Murphy KJ. Dairy consumption and cardiometabolic health: outcomes of a 12-month crossover trial. Nutr Metab. 2012;9:1-11.
- Dyall SC. Long-chain omega-3 fatty acids and the brain: a review of the independent and shared effects of EPA, DPA and DHA. Front Aging Neurosci. 2015;7:52.
- Folch J. A simple method for the isolation and purification of total lipides from animal tissue. J Biol Chem. 1957;226:497-509.
- Han X, Yang K, Gross RW. Multi-dimensional mass spectrometry-based shotgun lipidomics and novel strategies for lipidomic analyses. Mass Spectrom Rev. 2012;31:134-78.
- He C, Cao J, Bao Y, Sun Z, Liu Z, Li C. Characterization of lipid profiling in three parts (muscle, head and viscera) of tilapia (*Oreochromis niloticus*) using lipidomics with UPLC-ESI-Q-TOF-MS. Food Chem. 2021;347:129057.
- Herpandi H, Rosma A, Nadiah WAW, Febrianto NA, Huda N. Optimization of enzymatic hydrolysis of skipjack tuna by-product using protamex[®]: a response surface approach. Rev Sci Fundam Appl. 2017;9:845-60.
- Hiratsuka S, Kitagawa T, Matsue Y, Hashidume M, Wada S. Lipid class and fatty acid composition of phospholipids from the gonads of skipjack tuna. Fish Sci. 2004;70:903-9.
- Hou W, Zhou H, Elisma F, Bennett SAL, Figeys D. Technological developments in lipidomics. Brief Funct Genomics Proteomics. 2008;7:395-409.
- Howe P, Meyer B, Record S, Baghurst K. Dietary intake of long-chain ω -3 polyunsaturated fatty acids: contribution of meat

sources. Nutrition. 2006;22:47-53.

- Hu C, Du Y, Xu X, Li H, Duan Q, Xie Z, et al. Lipidomics revealed aberrant metabolism of lipids including FAHFAs in renal tissue in the progression of lupus nephritis in a murine model. Metabolites. 2021;11:142.
- Indelicato S, Bongiorno D, Pitonzo R, Di Stefano V, Calabrese V, Indelicato S, et al. Triacylglycerols in edible oils: determination, characterization, quantitation, chemometric approach and evaluation of adulterations. J Chromatogr A. 2017;1515:1-16.
- Jessome LL, Volmer DA. Ion suppression: a major concern in mass spectrometry. LC GC North Am. 2006;24:498-510.
- Jiang Q, Jia R, Nakazawa N, Hu Y, Osako K, Okazaki E. Changes in protein properties and tissue histology of tuna meat as affected by salting and subsequent freezing. Food Chem. 2019;271:550-60.
- Karunarathna KAAU, Attygalle MVE. Nutritional evaluation in five species of tuna. Vidyodaya J Sci. 2012;15:7-16.
- Kunal SP, Kumar G, Menezes MR, Meena RM. Mitochondrial DNA analysis reveals three stocks of yellowfin tuna *Thunnus albacares* (Bonnaterre, 1788) in Indian waters. Conserv Genet. 2013;14:205-13.
- Kuratko C, Salem N Jr. Standards for preventing and treating omega-3 fatty acid deficiency. In: McNamara RK, editors. The omega-3 fatty acid deficiency syndrome: opportunity for disease prevention. New York, NY: Nova Science; 2013. p. 399-420.
- Layé S, Nadjar A, Joffre C, Bazinet RP. Anti-inflammatory effects of omega-3 fatty acids in the brain: physiological mechanisms and relevance to pharmacology. Pharmacol Rev. 2018;70:12-38.
- Li H, Song Y, Zhang H, Wang X, Cong P, Xu J, et al. Comparative lipid profile of four edible shellfishes by UPLC-triple TOF-MS/MS. Food Chem. 2020;310:125947.
- Li M, Zhou Z, Nie H, Bai Y, Liu H. Recent advances of chromatography and mass spectrometry in lipidomics. Anal Bioanal Chem. 2011;399:243-9.
- Li M, Wu X, Zhuang W, Xia L, Chen Y. Fish consumption and multiple health outcomes: umbrella review. Trends Food Sci Technol. 2020;99:273-83.
- Liang P, Zhang M, Cheng W, Lin W, Chen L. Proteomic analysis of the effect of DHA-phospholipids from large yellow croaker roe on hyperlipidemic mice. J Agric Food Chem. 2017;65:5107-13.
- Manson JE, Cook NR, Lee IM, Christen W, Bassuk SS, Mora S,

et al. Marine n–3 fatty acids and prevention of cardiovascular disease and cancer. N Engl J Med. 2019;380:23-32.

- Mukhamedova KS, Glushenkova AI. Natural phosphonolipids. Chem Nat Compd. 2000;36:329-41.
- Shen Q, Dai Z, Huang YW, Cheung HY. Lipidomic profiling of dried seahorses by hydrophilic interaction chromatography coupled to mass spectrometry. Food Chem. 2016;205:89-96.
- Simopoulos AP. An increase in the omega-6/omega-3 fatty acid ratio increases the risk for obesity. Nutrients. 2016;8:128.
- Siscovick DS, Barringer TA, Fretts AM, Wu JHY, Lichtenstein AH, Costello RB, et al. Omega-3 polyunsaturated fatty acid (fish oil) supplementation and the prevention of clinical cardiovascular disease: a science advisory from the American Heart Association. Circulation. 2017;135:e867-84.
- Soares JB, Monteiro-Neto C, da Costa MR, Martins RRM, dos Santos Vieira FC, de Andrade-Tubino MF, et al. Size structure, reproduction, and growth of skipjack tuna (*Katsuwonus pelamis*) caught by the pole-and-line fleet in the southwest Atlantic. Fish Res. 2019;212:136-45.
- Song G, Chen K, Wang H, Zhang M, Yu X, Wang J, et al. *In situ* and real-time authentication of *Thunnus* species by iKnife rapid evaporative ionization mass spectrometry based lipidomics without sample pretreatment. Food Chem. 2020;318:126504.
- Steffens W. Aquaculture produces wholesome food: cultured fish as a valuable source of n-3 fatty acids. Aquacult Int. 2016;24:787-802.
- Sun T, Wang X, Cong P, Xu J, Xue C. Mass spectrometry-based lipidomics in food science and nutritional health: a comprehensive review. Compr Rev Food Sci Food Saf. 2020;19:2530-58.
- Tocher DR. Metabolism and functions of lipids and fatty acids in teleost fish. Rev Fish Sci. 2003;11:107-84.
- Tsugawa H, Ikeda K, Takahashi M, Satoh A, Mori Y, Uchino H, et al. A lipidome atlas in MS-DIAL 4. Nat Biotechnol. 2020;38:1159-63.
- Wang M, Wang C, Han RH, Han X. Novel advances in shotgun lipidomics for biology and medicine. Prog Lipid Res. 2016;61:83-108.
- Wang X, Zhang H, Song Y, Cong P, Li Z, Xu J, et al. Comparative lipid profile analysis of four fish species by ultraperformance liquid chromatography coupled with quadrupole time-of-flight mass spectrometry. J Agric Food Chem. 2019;67:9423-31.
- Wenk MR. The emerging field of lipidomics. Nat Rev Drug Discov. 2005;4:594-610.

- Yu Z, Kan R, Ji H, Wu S, Zhao W, Shuian D, et al. Identification of tuna protein-derived peptides as potent SARS-CoV-2 inhibitors via molecular docking and molecular dynamic simulation. Food Chem. 2021;342:128366.
- Zhang TT, Xu J, Wang YM, Xue CH. Health benefits of dietary marine DHA/EPA-enriched glycerophospholipids. Prog Lipid Res. 2019;75:100997.
- Zhang Y, Ma X, Dai Z. Comparison of nonvolatile and volatile compounds in raw, cooked, and canned yellowfin tuna (*Thunnus albacores*). J Food Process Preserv. 2019;43:e14111.