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# Antiplatelet activity of esculetin through the down-regulation of PI3K/MAPK pathway

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Abstract Among the different cardiovascular disorders (CVDs), the activation of platelets is a necessary step. Based on this knowledge, therapeutic treatments for CVDs that target the disruption of platelet activation are proving to be worthwhile. One such substance, a bioactive 6,7-dihydroxy derived from coumarin, is 6,7-Dihydroxy-2H-1-benzopyran-2-one (esculetin). This compound has demonstrated several pharmacological effects on CVDS as well as various other disorders including diabetes, obesity, and renal failure. In various reports, esculetin and its effect has been explored in experimental mouse models, human platelet activation, esculetin-inhibited collagen, and washed human platelets exhibiting aggregation via arachidonic acid. Yet, esculetin affected aggregation with agonists like U46619 or thrombin in no way. This study investigated esculetin and how it affected human platelet aggregation activated through U46619. Ultimately, we confirmed that esculetin had an effect on the aggregation of human platelets when induced from U46619 and clarified the mechanism. Esculetin interacts with the downregulation of both phosphoinositide 3-kinase/Akt and mitogen-activated protein kinases, important phosphoproteins that are involved in activating platelets and their signaling process. The effects of esculetin reduced TXA<sub>2</sub> production, phospholipase A2 activation, and platelet secretion of intracellular granules (ATP/serotonin), ultimately causing inhibition of overall platelet aggregation. These results clearly define the effect of esculetin in inhibiting platelet activity and thrombus formation in humans.

 $\label{eq:cytosolic phospholipases A2 \cdot 6,7-Dihydroxy-2H-1-benzopyran-2-one \cdot Mitogen-activated protein kinases \cdot Phosphoinositide 3-kinase \cdot Thromboxane A_2$ 

# Introduction

Human platelets are cells involved in the hemostasis of damaged blood vessels and are well known as cells involved in circulatory disorders including thrombosis, myocardial infarction, and atherosclerosis. Since platelets are cells that can directly affect cardiovascular disease, many drugs have been developed to inhibit them, and continuous research is being actively conducted. However, the mortality rate from cardiovascular disease has not decreased [1]. Therefore, it is urgent to identify an effective and stable antithrombotic component.

When platelets are activated, cytoplasmic membrane phospholipids are hydrolyzed and the released arachidonic acid is converted to TXA<sub>2</sub> and secreted [2,3]. The aggregation of platelets is amplified continuously when the agonist TXA<sub>2</sub> is released and binds to receptors of membranes found on other platelets [4]. Furthermore, an analog of TXA<sub>2</sub> known as U46619 (9,11-dideoxy 9a,11amethanoepoxy prostaglandin F2a) raises levels of Ca<sup>2+</sup> within the cytoplasm and further causes cytoskeletal proteins (myosin light chain and pleckstrin) to become phosphorylated, emerging as induced platelet aggregation [5,6].

An important group of proteins continuously being studied for their involvement during the process of intracellular signaling are mitogen-activated protein kinases (MAPK), and these kinases can further be ordered as p38, extracellular signal-regulated kinase (ERK), and N-terminal kinase (JNK) [7]. It is reported that JNK, ERK, and p38, are discovered in the platelets of humans and are activated through phosphorylation of various proteins when platelets are induced [8-10]. In particular, it has been reported that phosphorylation of MAPK in platelets is critically involved in the secretion of platelet granules [11,12]. In addition, MAPK strongly

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phosphorylates the cytosolic phospholipases  $A_2$  (PLA<sub>2</sub>) in the cell membrane, initiating a reaction with phospholipids of the platelet membrane which generates and secretes arachidonic acid, and amplifies the activation and aggregation of peripheral platelets through conversion to TXA<sub>2</sub> [13,14]. In addition, phosphoinositide 3-kinase (PI3K) and Akt pathways in platelets play important roles in regulating platelet functions, including granule secretion and platelet aggregation [15].

The compound 6,7-Dihydroxy-2H-1-benzopyran-2-one (esculetin) is a component commonly found within roots of the genus Artemisia or Scopolia, and has demonstrated several pharmacological properties such as anticancer, anti-inflammatory, and antidiabetic [16]. Esculetin has been confirmed to provide a protective effect on the cardiovascular system. When esculetin was used as an oral pretreatment in rats with myocardial infarction induced by isoproterenol, an anti-lipperoxidation effect was shown, which is expected because of the free radical scavenging properties of esculetin [17]. Another study reported that esculetin regulates platelet activation by regulating NF-kB signaling in a cyclic nucleotide-independent manner [18]. In addition, according to a certain study, the effect of esculetin was confirmed in an experimental mouse model and human platelet activation, and it was confirmed that esculetin inhibited the aggregation of platelets which were induced by arachidonic acid and collagen [19]. However, the effect of esculetin was not shown in the results induced with U46619 or thrombin [19]. We tried to clarify the mechanism of action for esculetin by confirming the effect of esculetin on the PI3K/MAPK pathway.

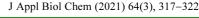
# **Materials and Methods**

## Materials

Avention Corporation (Seoul, Korea) provided esculetin (Fig. 1). Chrono-Log Corporation (Havertown, PA, USA) provided the U46619. Cayman Chemical (Ann Arbor, MI, USA) provided assay kits (lactate dehydrogenase cytotoxicity, ATP), Thromboxane B2 kit (TXB<sub>2</sub>), and EIA kit (serotonin). Cell Signaling (Beverly, MA, USA) provided lysis buffer as well as antibodies for western blotting. GE Healthcare (Buckinghamshire, UK) provided the PVDF (polyvinylidene difluoride) membrane and solution of ECL (enhanced chemiluminescence). Sigma Aldrich (Saint Louis, MO, USA) provided the other reagents.

# Washed platelets (human)

The Korean Red Cross Blood Center (Suwon, Korea) produced the solution of acid-citrate-dextrose (2.45% glucose, 2.2% sodium citrate, 0.8% citric acid) with anticoagulated human platelet-rich plasma (PRP). PRP centrifuging took place for 10 min (125 g at  $1,300 \times$  g) to remove any trace amounts of red blood cells, then a wash (2×) with washing buffer. Followed by reconstitution of platelets (washed) with suspension buffer ending in an ultimate



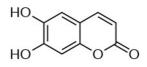


Fig. 1 Esculetin and its chemical structure. PIN: 6,7-Dihydroxy-2H-1benzopyran-2-one, Chemical formula: C9H6O4, Molar mass: 178.14 g/ moL

concentration of 10<sup>8</sup> cells/mL. The temperature was maintained at 25 °C for all procedures to hold off platelet aggregation (due to low temperatures). The Institutional Review Board (Namseoul University, Cheonan, korea) (1041479-HR-201803-003) gave full approval for this experiment and all procedures.

#### **Platelet aggregation**

Esculetin was added to dimethyl sulfoxide (DMSO) to a 0.1% concentration. The platelets ( $10^8$  cells/mL), which had been washed, were pretreated ( $37 \,^{\circ}$ C,  $3 \,^{\text{min}}$ ) by adding various concentrations of esculetin, and then aggregation was induced with 0.5  $\mu$ M U46619 and measured (5 min). Using an aggregometer, the aggregation of platelets was measured (1,000 rpm) (Chrono-Log, Havertown, PA, USA), and the aggregation capacity was calculated as an increased degree of light transmittance. A suspension buffer with a reference value of 0% permeability was used.

#### Cytotoxicity

Platelets ( $10^8$  cells/mL), which had been washed, were pretreated (37 °C, 5 min) by adding varying concentrations of esculetin, and to remove debris from the cells, centrifuged ( $12,000 \times g$ , 15 min). To remove the supernatant, the lactate dehydrogenase (LDH) cytotoxicity assay kit (Cayman Chemical) was used, and the supernatant was then measured. The value of completely lysing platelets with 0.1% Triton X 100 was set to 100% to represent the positive control, and the esculetin value was presented as a percentage.

### TXA<sub>2</sub> production

Washed platelets (10<sup>8</sup> cells/mL) were pretreated with esculetin of different concentrations (37 °C for 3 min), followed by agglutination reaction with 0.5  $\mu$ M U46619 (5 min). After that, TXA<sub>2</sub> synthesis was stopped by treatment with 400  $\mu$ L of 5 mM EDTA (ice-cold) along with 0.2 mM indomethacin. Thereafter, TXB<sub>2</sub> (TXA<sub>2</sub> metabolite) was analyzed with the TXB<sub>2</sub> ELISA kit (Cayman Chemical).

# ATP and serotonin release measurement

Platelets ( $10^8$  cells/mL), which had been washed, were pretreated with esculetin of different concentrations ( $37 \,^{\circ}$ C,  $3 \,^{\circ}$ C,

layer from centrifuging, with an ELISA-reader (Molecular Devices, San Jose, CA, USA) using ATP or serotonin kit.

# Western blotting

Platelets (10<sup>8</sup> cells/mL), which were washed, were pretreated with esculetin of different concentrations (37 °C, 3 min), followed by agglutination reaction with 0.5 µM U46619 (5 min). Interruption of the reaction happened with the inclusion of the same amount of lysis buffer. Platelet lysate was analyzed using 8% SDS-PAGE after protein quantification with the use of a protein assay kit (Pierce Biotechnology, Rockford, IL, USA).

#### Statistical analysis

(A)

100.0

80.0

60.0

40.0

Any measured results from the experiment were treated using mean ± SD and analyzed by ANOVA (analysis of variance). If a significant difference among the mean groups existed, it was analyzed with the Newman-Keuls method and marked between each group. When p < 0.05, it was judged to have a significant meaning.

## **Results and Discussion**

100.0

80.0

60.0

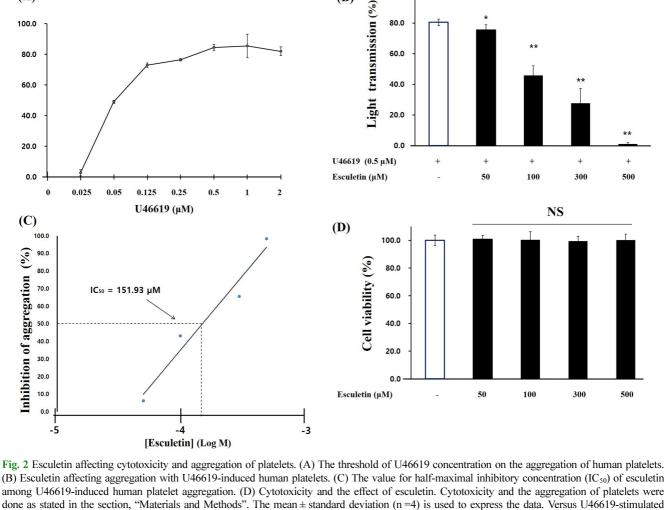
40.0

20.0

**(B)** 

# Effect of esculetin on U46619-induced platelet aggregation and Cytotoxicity

In this study, the effect of esculetin on U46619-induced human platelets and its inhibitory mechanism was identified. The maximum aggregation induction concentration of U46619, a TXA<sub>2</sub> analog that induces platelet aggregation, was found to be  $0.5 \,\mu\text{M}$ , and  $0.5 \,\mu\text{M}$  U46619 was used to induce aggregation in this experiment (Fig. 2A). When U46619-induced human platelets were treated with esculetin (50, 100, 300, 500 µM), a concentrationdependent inhibition pattern was confirmed (Fig. 2B). The halfmaximal inhibitory concentration of esculetin was 151.9 µM (Fig. 2C). To evaluate any cytotoxicity among the platelets due to esculetin, LDH leakage was performed. Human platelets were treated with esculetin (50, 100, 300, 500 µM) to analyze LDH leakage, and the results showed no significance (Fig. 2D). This result makes it clear that esculetin has an inhibitory effect on



human platelets: \*p <0.05, \*\*p <0.001. Not significant, NS

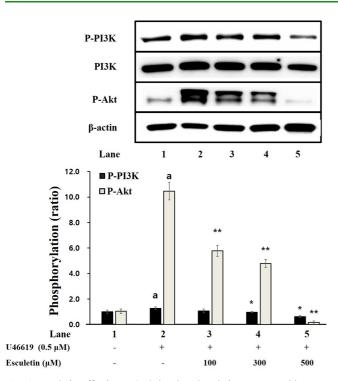


Fig. 3 Esculetin affecting PI3K/Akt phosphorylation. Western blot was done as stated in the section, "Materials and Methods". The mean  $\pm$  standard deviation (n=4) is used to express the data. Versus non-stimulated platelets: <sup>a</sup>p < 0.05; versus U46619-stimulated human platelets: <sup>\*</sup>p < 0.05, \*\*p < 0.001

U46619-induced platelets, unlike previous studies.

# Effect of esculetin on PI3K/Akt and MAPK pathway

PI3K/Akt (phosphoproteins) participate in the release of platelet granules, and it was confirmed that esculetin did exhibit an effect in regards to PI3K/Akt being phosphorylated. As demonstrated in Fig. 3, the use of U46619 created an increase in the phosphorylation of PI3k/Akt that was considered significant in comparison to the intact cells, but the addition of esculetin significantly reduced the U46619-increased phosphorylation, thus revealing that esculetin inhibits PI3k/Akt U46619-induced phosphorylation (Fig. 3). Furthermore, the effects of esculetin were identified in regards to MAPK being phosphorylated and its relation to platelet granule release as well as TXA2 production. As depicted in Fig. 4, U46619 potently increased the amount of phosphorylated ERK/ JNK/ p38 (MAPKs) in comparison with intact cells. Moreover, the U46619-induced increase of phosphorylated MAPKs was significantly inhibited by esculetin (Fig. 4), demonstrating that esculetin controls the process of signaling for the aggregation of platelets through inhibiting MAPKs being phosphorylated.

PI3K/Akt pathway acts during intracellular signaling when platelets are activated, and their phosphorylation plays some major roles among platelet regulation and function, including the aggregation of platelets and the secretion of dense granules [16]. In addition, MAPK, a group of phosphorylating enzymes

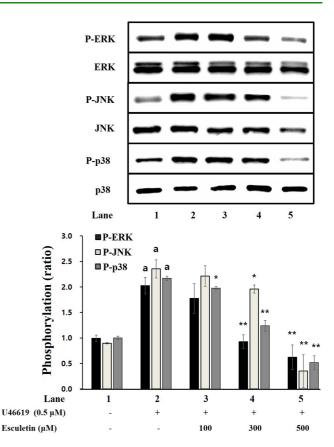


Fig. 4 Esculetin affecting MAPK phosphorylation. Western blot was done as stated in the section, "Materials and Methods". The mean  $\pm$  standard deviation (n=4) is used to express the data. Versus non-stimulated platelets:  ${}^{a}p$  <0.05; versus U46619-stimulated human platelets:  ${}^{*}p$  <0.05,  ${}^{**}p$  <0.001

including ERK, c-Jun JNK, and p38 MAPK, are recognized as molecules that partake in platelet activation and aggregation [8]. Human platelets contain MAPK and reports show its activation via phosphorylation after platelets are activated by several agents [9-11].

Effect of esculetin on PLA<sub>2</sub> activation and TXA<sub>2</sub> production According to a study by Mei-Chi et al., it was reported that phosphorylated MAPK (p38) is involved in platelet aggregation and is important for arachidonic acid release (TXA<sub>2</sub> precursor) and the production of TXA<sub>2</sub>. When evaluating a component or substance for platelet inhibitory activity, it is TXA<sub>2</sub> production that is viewed as an important indicator due to TXA<sub>2</sub> performing like a potent autacoid causing activation and aggregation among platelets [20]. Accordingly, substances inhibiting TXA<sub>2</sub> production, such as aspirin and ozagrel, have been effectively applied as antiplatelet agents and are well known [21,22]. MAPK strongly phosphorylates the PLA<sub>2</sub> in the cell membrane to generate and secrete arachidonic acid from phospholipids in the platelet membrane and amplifies the activation and aggregation of peripheral platelets through conversion to TXA<sub>2</sub> [14,15].

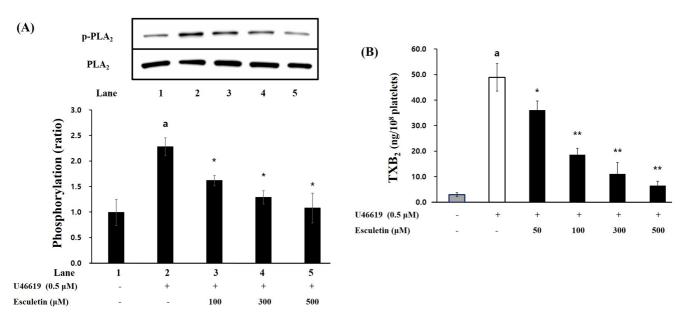


Fig. 5 Esculetin affecting TXA<sub>2</sub> generation and PLA<sub>2</sub> phosphorylation. (A) Esculetin and its effect on U46619-induced phosphorylation of PLA<sub>2</sub>. (B) Effect of esculetin on U46619-induced TXA<sub>2</sub> generation. TXA<sub>2</sub> generation measurement and Western blot were done as stated in the section, "Materials and Methods". The mean  $\pm$  standard deviation (n =4) is used to express the data. Versus non-stimulated platelets: <sup>a</sup>*p* <0.05; versus U46619-stimulated human platelets: <sup>a</sup>*p* <0.05; versus U46619-stimulated human platelets: <sup>a</sup>*p* <0.05]

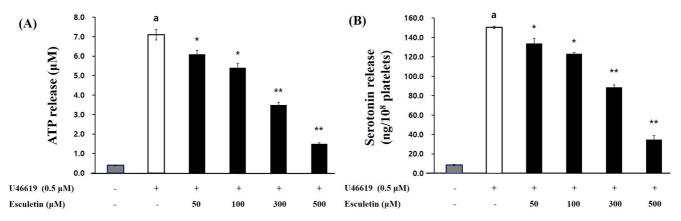


Fig. 6 Esculetin affecting granule secretion. (A) Esculetin and its effect on the release of ATP. (B) Esculetin and its effect on the release of serotonin. Measurement of granule secretion happened as stated in the section, "Materials and Methods". The mean  $\pm$  standard deviation (n =4) is used to express the data. Versus non-stimulated platelets:  $^{a}p < 0.05$ ; versus U46619-stimulated human platelets:  $^{*}p < 0.05$ ,  $^{**}p < 0.001$ 

As depicted in Fig. 5A, esculetin inhibited the phosphorylation of PLA<sub>2</sub> increased by U46619 in a concentration-dependent manner. In addition, the effect of esculetin on the production of TXA<sub>2</sub>, an autacoid that amplifies platelet aggregation, was confirmed. As shown in Fig. 5B, TXA<sub>2</sub> production, which was  $3.0\pm0.8$  ng/10<sup>8</sup> cells in intact cells, was increased to  $48.9\pm5.4$  ng/  $10^8$  cells by U46619. However, esculetin (50, 100, 300, and 500  $\mu$ M) showed to significantly reduce the TXA<sub>2</sub> production to  $36.1\pm3.6$ ,  $18.6\pm2.5$ ,  $11.0\pm4.5$  and  $6.5\pm1.7$  ng/10<sup>8</sup> cells, respectively (Fig. 5B). This is thought to be the result of MAPK activity being inhibited by esculetin, further reducing the phosphorylation of PLA<sub>2</sub>.

#### Effect of esculetin on granule secretion

The effect of esculetin was confirmed in relation to ATP/serotonin release in platelet aggregation, an index of granule release. U46619 (0.5  $\mu$ M) caused the releasing of ATP to increase from 0.36±0.02  $\mu$ M (intact cells) to 7.14±0.27  $\mu$ M (Fig. 6A); however, the increased ATP release was significantly inhibited by esculetin (50, 100, 300 and 500  $\mu$ M). In addition, U46619 (0.5  $\mu$ M) increased serotonin release from 8.7±0.6 ng/10<sup>8</sup> cells in intact cells to 150.4±1.3 ng/10<sup>8</sup> cells. Yet, esculetin (50, 100, 300, and 500  $\mu$ M) reduced the serotonin release increased by U46619 to 133.9±5.2, 123.3±1.1, 88.8±2.3 and 34.9±3.9 ng/10<sup>8</sup> cells, respectively (Fig. 6B). These results show that esculetin significantly

inhibits granule secretion.

It is acknowledged that granule secretion is vital in the formation of a thrombus due to its action of promoting platelet activation and recruiting circulating platelets to damaged blood vessels [23]. In this study, esculetin is considered to affect platelet activation and inhibition of thrombus formation by reducing ATP release and serotonin release from U46619-induced dense granules of platelets. These findings indicate that esculetin is an effective substance when it comes to inhibiting platelet activity and thrombus formation in humans.

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Conflict of interest The authors declare no conflict of interest.

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