

A comprehensive review of microplastics: Sources, pathways, and implications

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미세 플라스틱의 종합적 고찰: 근원, 경로 및 시사점

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Abstract

Most studies defined microplastic (MP) as plastic particles less than 5 mm. The ubiquity of MP is raising awareness due to its potential risk to humans and the environment. MP can cause harmful effects to humans and living organisms. This paper review aimed to provide a better understanding of the sources, pathways, and impacts of MP in the environment. MP can be classified as primary and secondary in nature. Moreover, microplastic can also be classified as based on its physical and chemical characteristics. Stormwater and wastewater are important pathways of introducing MP in large water bodies. As compared to stormwater, the concentrations of MP in wastewater were relatively lower since wastewater treatment processes can contribute to the removal of MP. In terms of polymer distribution, wastewater contains a wider array of polymer varieties than stormwater runoff. The most common types of polymer found in wastewater and stormwater runoff were polypropylene (PP), polyvinyl chloride (PVC), polystyrene (PS), polyethylene (PE) and polyethylene terephthalate (PET). The continuous discharge and the increasing number of MP in the environment can pose greater hazards and harmful effects on humans and other living organisms. Despite the growing number of publications in relation to MP, further studies are needed to define concrete regulations and management strategies for mitigating the detrimental effects of MP in the environment.

Key words : microplastic, polymers, stormwater runoff, wastewater

요약

미세플라스틱 관련 대부분의 연구에서는 미세플라스틱(MP)을 5mm 미만의 플라스틱 입자로 정의하고 있다. 미세플라스틱은 자연계에 광범위하게 분포함으로써 인간과 환경에 잠재적 위험성이 높아지고 있는 물질이다. 특히 미세플라스틱은 인간을 포함하여 살아있는 생명체에게 물리적 영향을 줄 뿐만 아니라 신진대사와 호르몬 등과 같은 생태적 기능에 심각한 영향을 줄 수 있다. 따라서 본 연구는 환경에서 미세플라스틱의 근원, 경로 및 영향에 대한 이해를 돕기 위해 수행되었다. 미세플라스틱은 본질적으로 1 차 및 2 차 미세플라스틱으로 분류되며, 물리적 및 화학적 특성에 따라 분류되기도 한다. 미세플라스틱의 주요 경로는 강우유출수와 폐수를 통한 배출이며, 하천과 하구역을 거쳐 해양과 같은 대규모 수역으로 이동한다. 미세

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플라스틱은 폐수 처리 과정에서 크게 제거되기 때문에 폐수처리장 유출수의 미세플라스틱 농도는 강우유출수 내 농도보다 상대적으로 낮게 나타난다. 그러나 폴리머의 분포 측면에서는 폐수가 강우유출수보다 다양한 폴리머 종류를 포함하고 있는 것으로 나타났다. 폐수와 강우유출수에서 발견되는 일반적인 폴리머 유형은 폴리프로필렌(PP), 폴리염화비닐(PVC), 폴리스티렌(PS), 폴리에틸렌(PE) 및 폴리에틸렌테레프탈레이트(PET) 등으로 나타났다. 환경에서 지속적으로 배출이 증가하고 있는 미세플라스틱의 수는 인간과 다른 생명체에게 미래 위협을 줄 수 있다. 그 동안 미세플라스틱에 대한 연구 결과물의 수가 증가함에도 불구하고 환경에 미치는 영향을 완화하기 위한 구체적 규제 및 관리 전략을 수립하기에는 많은 추가 연구가 필요한 것으로 나타났다.

핵심용어 : 미세플라스틱, 폴리머, 강우유출수, 폐수

1. Introduction

Microplastics (MP) have been drawing attention due to its persistence and its potential detrimental effects on human health and the environment (Arthur et al., 2008). Currently, there is no standard definition of MP; however, most recent studies defined MP as plastic particles less than 5 mm (Hartmann et al., 2019). The occurrence of MP in surface waters was initially reported by Carpenter and Smith (1972) in the early 1970s. Early studies regarding the presence of plastics in the natural environment focused on the entanglement and ingestion of plastics by marine species and marine bird species (Andrady, 2011). Over the last 25 years, relevant studies and publications concerning MP increased by 26%. As exhibited in Figure 1, publications about MP were relatively low as compared with studies involving conventional water quality pollutants (nutrients, heavy metals, and persistent organic pollutants); however, the rate of increase in MP-related studies was two to four times higher as compared with other pollutant types,

indicating a shift in interest from conventional water pollutants to emerging pollutants. Pollution mainly originates from land activities with poor waste management practices and causes health and environmental problems (Auta et al., 2017). With the rapid development of MP research over the decades, it was also anticipated that the number of MP in the natural environment will continue to increase in the coming years. Most studies on MP reported environmental concentrations of MP in oceans and freshwater, but studies on the primary sources and pathways of MP were still limited. Therefore, this study presented a comprehensive review of the sources, pathways, and environmental impacts of MP. The primary classifications and environmental concentrations of MP were also discussed in this inquiry.

1.1 Classification of microplastic

According to Barrows et al. (2017), MP can be classified as Primary or Secondary. Primary MP were defined as microscopic plastics engineered for industrial purposes. These MP particles are commonly used as exfoliants in

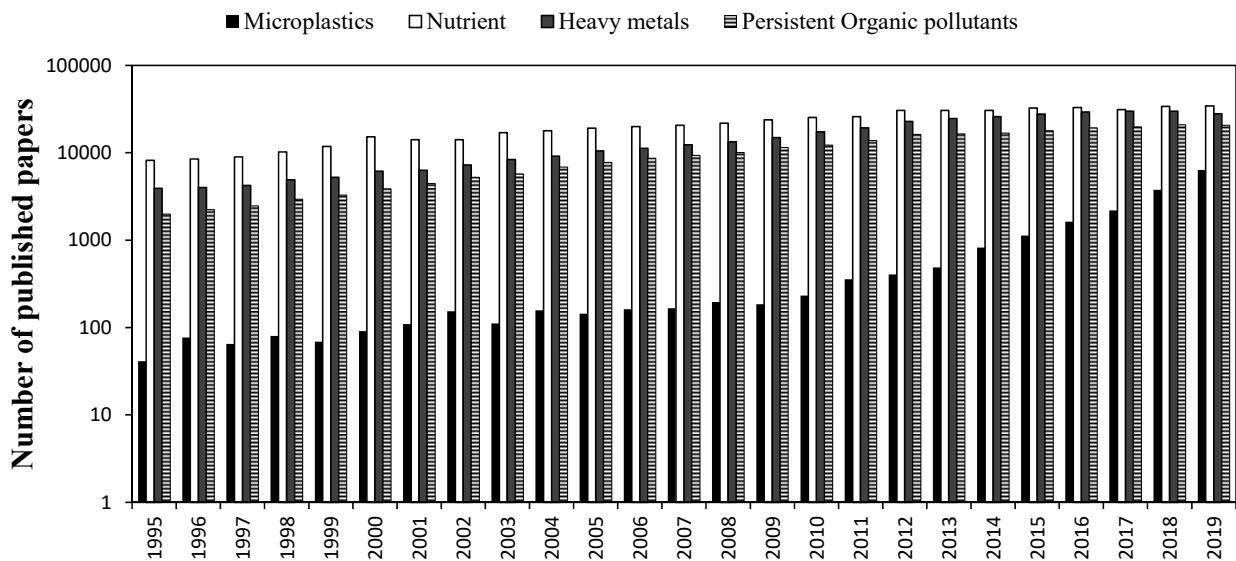


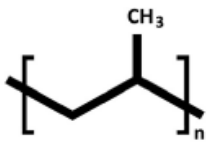
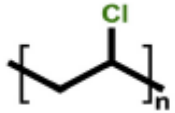
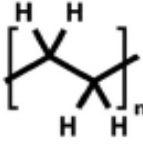
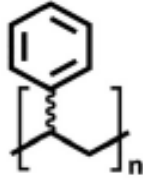
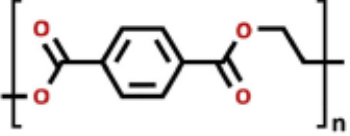
Fig. 1. Number of publications about Microplastic and conventional water pollutants for the past 25 years (Based on Google Scholar search with keywords: microplastic, nutrient pollutants, heavy metal pollutants, and persistent organic pollutants)

personal care products, sandblasting media, and manufacturing of plastic products and synthetic clothes (Duis and Coors (2016) and Chatterjee and Sharma (2019)). Primary MP can be discharged in the environment as a result of personal care product use, medical applications, drilling of fluids and gas explorations, utilization of industrial abrasives, and use of plastic pellets as a raw material for producing plastics (Duis et al., 2016). Secondary MP originate from the breakdown of large plastic debris into smaller plastic fragments caused by environmental or mechanical degradation. These MPs mostly come from general littering, landfill sites, plastic mulching, fibers from synthetic textiles released from laundry, abrasion of from car tires, and from other plastic materials. It is still unknown which type is dominant in the environment (Syberg et al., 2015). However, the dominant type of MP may vary depending on the mass plastic consumption in a certain location.

1.2 Types of microplastic

The characterization of MP can be divided into physical and chemical aspects. Physical characteristics of MP mostly a concern in sizes, shapes, and colors since they were often mistaken for food by marine organisms and animals (Hidalgo–Ruz et al., 2012). Shapes of MP were associated depending on the form of fragmentation and residence in the environment. Shapes can be categorized as fibers, fragments, foam, beads, and pellets. Colors help to identify MP to non–MP material among large amounts of debris by separating eye–catching colors from dull colors, but the separation of colors can introduce bias when overlooked (Hidalgo– Ruz et al., 2012). As presented in Table 1, MP particles are made of polymers with different chemical compounds. These polymers are all thermoplastics, which means that plastic materials were melted and heated to produce useful products. The spectroscopic method is the most common method to identify polymeric compounds.

Table 1. The common type of MP found in the environment (adopted from Blair & Quinn, 2017)

Polymer type	Abbreviation	Description	Common uses
 <p>Polypropylene</p>	PP	<ul style="list-style-type: none"> –lightest and most versatile polymer –resistant to many acids, alkalis, and solvents –heat resistant –good balance of impact strength and rigidity 	Bottle caps, container lid, automotive application, rope, outdoor furniture
 <p>Polyvinyl chloride</p>	PVC	<ul style="list-style-type: none"> –acid, alkalis, and inorganic chemicals resistant –fire retardant –temperature ignition up to 455°C 	Containers, electrical conduits, pipes, gutters, window frames, cladding, cable insulation, sheeting, garden hose
 <p>Polyethylene</p>	PE	<ul style="list-style-type: none"> –flexible (low density); rigid (high density) –has good weathering and chemical resistance 	(High density) Chemical containers, drinking bottles, food containers, buckets, crates (Low density) Bags, squeezable bottles, food packaging, mulch film, waste bins, shrink wrap
 <p>Polystyrene</p>	PS	<ul style="list-style-type: none"> –rigid varieties are transparent, hard and brittle –unfilled varieties have a sparkling crystal–like appearance 	Thermal insulation, foam boxes, disposable food containers, cutlery and tableware
 <p>Polyethylene terephthalate</p>	PET	<ul style="list-style-type: none"> –transparency to visible light microwaves –lightweight –impact and shatter–resistant 	Drinking bottles, food containers, fleece, fibers

This method employs radiation that classifies wavelength to identify the molecular composition of a polymer. Generally, the identification of chemical compounds of MP should confirm the physical characterization by visual inspection (Rocha-Santos & Duarte, 2015).

2. Sources, pathways, and occurrence

2.1 MP concentrations in stormwater, surface water, and wastewater

Aside from atmospheric deposition, stormwater runoff and wastewater are the primary pathways for land-based

MP (Magnusson et al., 2016). Most studies on MP focused on the oceans and freshwater but limited data were available for MP in stormwater runoff. The amount of MP found on different water bodies across the world was summarized in Figure 2 and Table 2. The amount of MP varies greatly depending on the land use, plastic waste management, and anthropogenic activities of a certain location. Treated wastewater contained the least amount of MP among the studied samples. Although wastewaters may contain the largest amount of pollutants, the amount of MP can be significantly reduced by the wastewater treatment process. Based on the data presented in Table 2, the number of MP in surface water bodies was greater

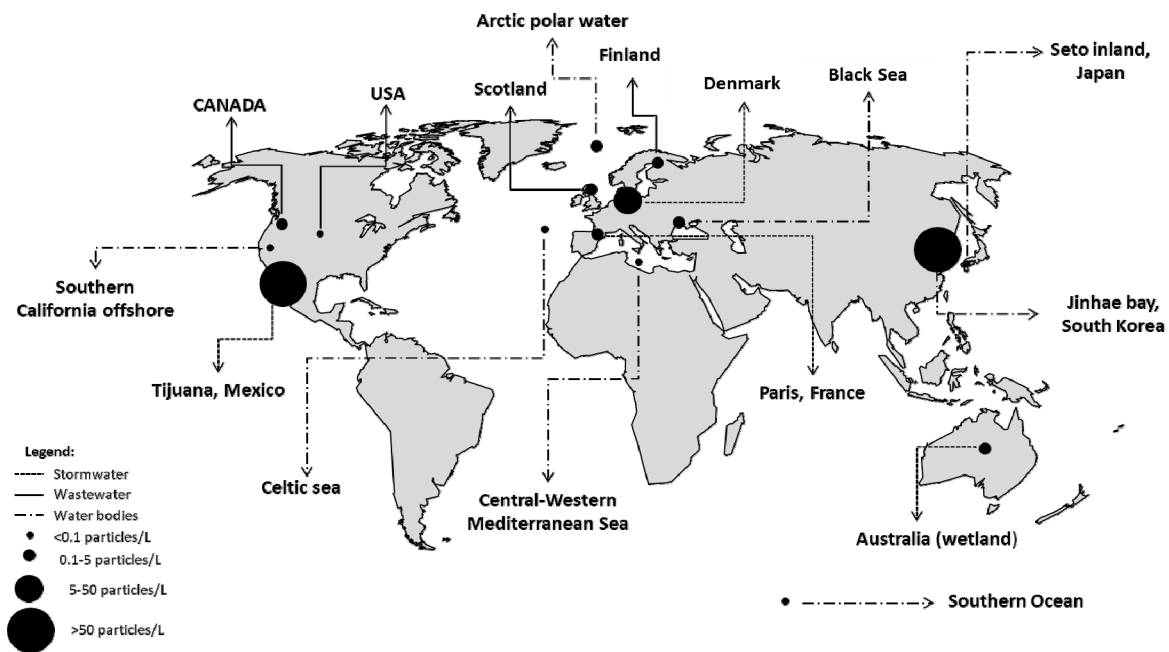


Fig. 2. MP distribution in different pathways and surface waters based on published papers.

Table 2. MP concentrations in wastewater, stormwater, and surface waters.

Location	Type	Concentration (particles/L)	Reference
Tijuana, Mexico	Stormwater	88–289	<i>de Jesus Piñon-Colin et al., 2020</i>
Paris, France	Stormwater	2–5	<i>Treilles et al., 2019</i>
Australia	Stormwater	0.9 (IN); 4 (OUT)	<i>Ziajahromi et al., 2020</i>
Denmark	Stormwater	0.5 – 23	<i>Liu et al., 2019</i>
Canada	Wastewater	31.1 (IN); 0.5 (OUT)	<i>Gies et al., 2018</i>
USA	Wastewater	0.05	<i>Mason et al., 2016</i>
Scotland	Wastewater	15.7 (IN); 0.25 (OUT)	<i>Murphy et al., 2016</i>
Finland	Wastewater	57.6 (IN); 0.6 (OUT)	<i>Lares et al., 2018</i>
Black Sea	Surface water	0.6–1.2	<i>Aytan et al., 2016</i>
Arctic Polar	Surface water	0.34	<i>Lusher et al., 2015</i>
Seto inland, Japan	Surface water	0.39 (10^{-3})	<i>Isobe et al., 2014</i>
Jinhae bay, South Korea	Surface water	88	<i>Song et al., 2015</i>
Celtic Sea	Surface water	2.46 (10^{-3})	<i>Lusher et al., 2014</i>
Southern Ocean	Surface water	0.031 ($\times 10^{-3}$)	<i>Isobe et al., 2017</i>
Central-Western Mediterranean Sea	Surface water	0.15 ($\times 10^{-3}$)	<i>de Lucia et al., 2014</i>
Southern California offshore	Surface water	3.92 ($\times 10^{-3}$)	<i>Sutton et al., 2016</i>

than the treated wastewater since receiving water bodies (i.e. oceans, streams, and lakes) can accumulate MP from point and diffuse sources in the highest concentration of MP was observed on stormwater. Since a large portion of stormwater runoff can be released into surface water bodies without any treatment, it is necessary to establish intervention facilities to prevent the direct deposition of pollutants in the environment.

2.2 Point and non-point sources of MP

Urban areas are the major contributors to MP in the environment. Since urban areas are characterized by high population densities, sites that are adjacent to urban areas were found to have higher amounts of MP particles (Horton et al., 2017). The abundance of land-based MP sources is a significant factor affecting the detection or concentrations of MP in surface waters and large water bodies, on the other hand, sea-based MP mainly originate from marine coatings of cargo ships (Boucher & Friot, 2017). Overall, the combined effects of atmospheric deposition, land-based sources, and sea-based sources can collectively increase the number of MP on natural water bodies.

2.2.1 Point source MP

Incomplete removal of MP in wastewater treatment plants (WWTP) can introduce considerable amounts of MP in the environment (Estahbanati & Fahrenfeld, 2016). The efficiency of WWTPs reducing MP in wastewater is

significant since the effluent is directly discharged on water bodies. The influent and effluent MP concentrations and the polymer distribution from different WWTPs were summarized in Table 3. The amount of MP varies greatly in different locations. The source of MP in wastewaters mainly comes from industrial wastes and plastic packagings such as containers and bottles (Carret et al., 2016). The treated wastewater from the studies listed in Table 3 was below 1 particle/L, except in Helsinki, Finland. The WWTP in Helsinki is the largest treatment plant in Finland and the Nordic countries and thus, a wide array of pollutants can be present in wastewater (Talvittie et al., 2017). Treated wastewater can discharge directly in rivers and streams. Although some WWTPs can remove a significant fraction of MP in wastewater, low concentrations of MP in WWTP effluents can still contribute to MP pollution due to the large effluent volumes that are continuously discharged into the aquatic environment (Gies et al., 2018). The distribution of polymers in WWTPs exhibited many kinds of polymers. Alkyds were the dominant types of polymer in a WWTP in Scotland. This type of polymer is mainly found in paints. In Finland, PET was the most abundant polymer identified in the wastewater. Most PET particles exist in fibrous form, indicating that that laundry wastes from the municipal area have a significant contribution to MP in wastewater. In South Korea, consumer products can account for the dominance of PP polymers in Seoul and Busan area (Park et al., 2020).

Table 3. MP concentrations and polymer distribution from different municipal WWTPs before and after treatment

Location	Raw wastewater (particles/L)	Treated wastewater (particles/L)	Polymer fraction (%)									Reference	
			PP	PVC	PE	PS	PET	PA	Polyester	Alkyds	Others		
USA	–	0.05	–	–	–	–	–	–	–	–	–	–	Mason et al., 2016
Scotland	15.7	0.25	2.6	1.3	4.5	2.6	3.8	4.5	10.8	28.7	41.2	Murphy et al., 2016	
Finland	57.6	0.6	–	–	11.4	–	79.1	3.1	–	–	6.4	Lares et al., 2018	
Seoul, South Korea	59.5	0.25	39.6	–	25.6	–	21.3	–	–	–	–	13.5	Park et al., 2020
Busan, South Korea	270	0.04	–	–	–	–	–	–	–	–	–	–	Park et al., 2020
Vancouver, Canada	31.1	0.5	–	–	–	–	–	–	–	–	–	–	Gies et al., 2018
Helsinki, Finland	390–900	2.8	–	–	–	–	–	–	–	–	–	–	Talvittie et al., 2017

Table 4. MP concentrations and polymer distribution from different storm runoff collection

Location	Land use	Concentration (particles/L)	Polymer number (%)							Reference
			PP	PVC	PE	PS	PET	Others		
Denmark	Residential	0.5–1.4	–	–	–	–	–	–	–	Liu et al., 2019
	Industrial	5.2–11.3	71.5	7.4	9.1	2.2	–	5.5		
	Commercial	22.9	–	–	–	–	–	–		
	Highway	0.5	–	–	–	–	–	–		
Mexico	Residential	0.19–0.29	–	–	–	–	–	–	de Jesus Piñon-Colin et al., 2020	
	Industrial	0.2	3.2	–	45.2	27.4	8.1	16.1		
	Commercial & residential	0.09–0.13	–	–	–	–	–	–		
France	Residential	2–5	15	–	48	37	–	–	Treilles et al., 2019	

2.2.2 Non-point sources of MP

Stormwater is a pathway for delivering MP in water bodies (Liu et al., 2019). Only a few published studies reported the occurrence of MP in stormwater since the majority of the studies focused on the presence of MP in marine animal tissues and organisms and surface water bodies. Table 4 summarized the concentration of MP and dominant polymers present in stormwater. The stormwater runoff in the commercial area in Denmark had the highest amount of MP concentration (22.9 particles/L.). The commercial and industrial area holds the highest amount of MP among the other land use in Denmark. These were characterized by high anthropogenic activities that can contribute to high amounts of pollutants in the environment. In Mexico, industrial and residential areas provided the highest amount of MP. Industrial areas took advantage of the rain to discharge wastewater to the streets. It is a norm in Mexico to discharge domestic laundry in the streets even when they have the sewage system (de Jesus Piñon-Colin et al., 2020). The common polymers found in stormwater such as PP, PVC, PE, PS, and PET were the converted polymer types of plastics in the market (Plastics Europe, 2017). These common polymers are similar to the polymers that can be found in wastewaters.

3. Impacts of MP on animals, humans, and environment

Exposure to MP can be categorized into physical, chemical, and biological effects. Ingestion and entanglement are the most common cases in which MP can be accumulated in animal tissues. In the case of small microorganisms, the presence of MP may result in death by drowning, starving, and suffocation (Allsopp et al., 2006). Ingestion of MP can be found on almost all kinds and sizes of marine animals (Li et al., 2018). MP also served as a carrier of pollutants on its way to water bodies. MP can sorb lubrication oils, heavy metals, persistent organic pollutants, and other toxic chemicals that can be released when ingested and transported into waters (Wang et al., 2018). MP are made up of polymeric compounds that can have negative health effects. Some polymers and additives in plastics are resistant to biodegradation and cause disruption in endocrine functions through bioaccumulation processes (Li et al., 2018). Microorganisms that can also easily attach to MP surfaces and be transported together in various environmental media. This means that bacteria and other pathogenic organisms can be released to water bodies through MP (McCormick et al., 2014).

Humans are frequently exposed to plastics since it became a part of daily human necessities, to primary MP can be due to the use of personal care products and or by eating aquatic animals that ingested MP (Carbery et al., 2018). The ingestion of MP on humans can cause infertility, cancer, and obesity (Sharma and Chatterjee, 2017). Based on a conducted research, there will be more MP in the oceans than fishes by the year 2050 (Auta et al., 2017). Continuous manufacturing and constant release of MP in the environment can result in greater health risks in humans and marine organisms.

4. Conclusion

A range of factors can influence the distribution of MP across the ecosystem including human activities, population, and land use. Continuous study and research about MP are important to evaluate and prevent the implications brought about by the presence of MP in the environment. The most common polymers found in the major pathways were PP, PVC, PE, PET, and PS which were also in-demand polymers in the consumer market. The characteristics of polymers are important in determining the main source of MP in the environment. Studies indicated that wastewater could not define the levels of MP in water bodies alone as a direct pathway of MP. Despite the small concentrations of MP in treated wastewater, the continuous release and large effluent volumes can still contribute significant amounts of MP in the environment. Stormwater is also a significant pathway and contributor of MP in the aquatic environment. Since MP are proven to be existing and have potentially harmful effects, treatment of MP is necessary to reduce its detrimental effects on the environment and human health. Low impact development (LID) facilities or pollutant management facilities can be used as possible treatment mechanisms for reducing the amount of MP in stormwater and wastewater. LID facilities utilize essential processes such as sedimentation, adsorption, and filtration for the removal of MP from point and non-point sources. The complex pathways and transport mechanisms of MP are considered as the major challenges in quantifying the actual amount of MP in the environment. Further studies concerning the development of predictive models and control strategies are also necessary to limit the adverse effects of MP in the environment and human health.

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