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## Education satisfaction and self-assessment of competency among new general dentists in Korea

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### ABSTRACT

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Dental education is gradually transitioning to competency-based education system, which aims to help dentists achieve certain core competencies by means of various systems, such as curriculum accreditation. This study examined satisfaction with dental school education and the differences in the perceived importance and self-assessment of competencies among general dentists, in an attempt to propose a desirable direction for dental education.

A questionnaire was administered to new general dentists who graduated from a dental school within the past 10 years. The results of the survey were analyzed using the Importance-Performance Analysis to understand differences in dentists' perceptions.

Overall satisfaction with education was low in terms of the curriculum's relevance to actual practice and its capacity for cultivating required competencies. Furthermore, many of the respondents strongly perceived the need to improve dental education. Additional investigations into the satisfaction with education showed no difference. Among the seven key competency domains, dentists perceived Health Promotion to be important and also assessed themselves as having high competence. However, regarding the perceived importance of the remaining domains, self-assessment of competence was low for Professionalism, Communication & Interpersonal Skills, Knowledge Base, Information Handling & Critical Thinking, Clinical Information Gathering, Diagnosis & Treatment Planning, and Establishment & Maintenance of Oral Health.

The results of this study suggest that a competency-based education model should be developed and incorporated into dental education to set performance standards and to promote systematic self-assessment in order to foster the development of competence in dental students.

Keywords: Competency-based education, Dental education, Dentists, Self-assessment, Clinical competence

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## I. INTRODUCTION

Competence has been defined as a concept that expresses an individual's capacity to adapt to the transforming demands of modern society, and it is currently used as a standard for the assessment of educational outcomes. Competency-based education (CBE) has become a clear international standard for dental education and training institutions from, corroborating the fact that these institutions are increasingly incorporating outcome assessments in dental education curricula.<sup>1,2</sup> Such transition in the dental education paradigm call for attention to and measures for enriching school curricula to meet accreditation standards and for advancing schools' educational capacities to match international standards: The American Dental Education Association (ADEA), Association for Dental Education in Europe (ADEE), South East Asia Association for Dental Education (SEAADE) and so on. Each of these institutions has introduced measures to develop dentists' competence, based on which they have proposed a CBE model. They are endeavoring to introduce outcome standards for assessing the level of dental school graduates' knowledge, skills, and attitudes achieved through school education. Furthermore, agencies that assess the quality of dental education such as the International Federation of Dental Educators and Association (IFDEA),<sup>3</sup> Commission on Dental Accreditation (CODA) in the US,<sup>4</sup> General Dental Council (GDC) in the UK,<sup>5</sup> Association for Dental Education in Europe (ADEE),<sup>6,7</sup> Australian Dental Council (ADC),<sup>8</sup> Japanese University Accreditation Association (JUAA),<sup>9</sup> and Korean Institute of Dental Education & Evaluation (KIDEE),<sup>10</sup> have stepped

up their assessment of dental education quality, with an emphasis on outcome-based and CBE, or student-oriented and consumer-oriented education. They have also reflected these emphases in their assessment standards for a more stringent accreditation of educational curricula.

CBE refers to an education model through which various competencies are demanded of students after the completion of a course or school; these competencies are defined multi-dimensionally, and curricular goals, content, methods, and assessments are planned accordingly.<sup>2</sup> In a sense, CBE refers to outcome-based education in that competence-based curriculum design focuses on the outcomes of education.<sup>11</sup> To meet the various social demands for CBE, it is important to recognize the problems of current dental education and develop self-sustainable solutions. In most cases, the success of problem-solving is dependent on the accuracy of identifying the problem.<sup>12</sup> Medical schools had begun to establish medical education departments and recruit professional educators for medical education only since 1991, when a problem-based curriculum was first introduced at McMaster University.<sup>13</sup> Unlike medical schools, dental schools in Korea had begun to implement outcome-based education since the turn of the 2010s, when integrated education emerged as a major theme across schools, and education systems in professional graduate schools underwent changes. Furthermore, endeavors to adopt outcome-based education have been initiated with the KIDEE's announcement of accreditation standards and national competency requirements for dentists.

As mentioned above, accurate identification of the

problems and recognition of the status quo is key to developing self-sustainable solutions. Although students' satisfaction with medical education in Korea<sup>14</sup> and satisfaction with the national medical board examination<sup>15</sup> have been surveyed,<sup>16</sup> there has not been a recent investigation of dental students' satisfaction with dental education. Satisfaction is a useful indicator for assessing the outcomes and process of education and is acknowledged as an important tool for assessing medical education.<sup>16,17</sup> However, it has never been investigated to what extent the graduates of 11 dental schools in Korea are satisfied with their school education and whether school education had adequately helped them to achieve the competencies required for dentists. Additionally, no previous study had examined whether the overall school curricula require improvements.

Hence, this study examined the graduates of 11 dental schools in Korea (within 10 years of graduation) to investigate their satisfaction with their alma mater, their perception of their own competence, and their perception about the need to amend their school's curriculum. The reason we decided this period was followed, KIDEE was established about 10 years ago and dental schools have changed their educational environment focused on the competence-based learning. In addition, these results were compared among different schools to discuss the future directions for dental education in the years to come.

## II. MATERIALS AND METHODS

IRB approval and informed consent have been ob-

tained: IRB No. S-D20170014.

### Satisfaction with Education Questionnaire and Method of Administration

New general dentists who graduated from Korean dental schools (graduate schools) within the past 10 years were included. Questionnaires were distributed to new general dentists who work in private practice via mail and e-mail from April 2015 to October 2017. The questionnaire was re-sent to those who had not responded to the first. During this process, dentists' perception about and satisfaction with the traditional educational curriculum as well as their perception about the core competencies of a dentist were surveyed. A questionnaire was developed to examine dentists' satisfaction with the current educational curriculum and their perception about the problems of and improvements required in the current educational curriculum. To this end, we first investigated the core competencies described by multiple dental education institutions in Korea and abroad (e.g., ADEE, ADEA, Canada, KDA). Then, three dental education experts reviewed the results to choose the most important competencies, based on which the questionnaire was designed. The finalized questionnaire comprised self-assessment items pertaining to the respondents' satisfaction with the educational curriculum, self-assessment of their own competence, perceived importance of competencies in practice, and their own achievement of the required competencies.

### Questionnaire Items

The questionnaire items consisted of 3 major sections: Important Perception of the general dentist'

competencies, Educational Satisfaction, Self-Perception of the general dentist's competencies. Important Perception had 7 domains (27 items): Professionalism (5 items), Communication & Interpersonal Skills (1 item), Knowledge Base, Information Handling and Critical Thinking (2 items), Clinical Information Gathering (2 items), Dignosis and Treatment Planning (4 items), Establishment & Maintenance of Oral Health (12 items), Health Promotion (1 item). Self-Perception of the general dentist's competencies had 4 items: Overall satisfaction of Dental Education, Degree of getting competencies, Connectivity between education and clinical practice, Necessary of the improving curriculum. Self-Perception of the general dentist's competencies were same in the items of Important Perception.

#### Statistical Analysis

Frequency analysis, descriptive statistics, and paired-sample *t*-tests were performed to analyze the participants' perceived importance and satisfaction. Particularly, an importance-performance analysis (IPA) was used as the overarching framework for analyzing and interpreting the meanings of any differences between the perceived importance and practice, or between perceived importance and satisfaction with each item.<sup>18,19,20</sup> One of its merits is that it provides a practical standard for determining the priorities of problems and policies, but requires limited personnel and financial resources. In an IPA matrix, quadrant 1 (high importance/high performance) describes a state that should be "maintained," while quadrant 2 (low importance/high performance) describes a state of "excess" in which too much effort is being expended in a less-important task. Quadrant

3 (low importance/low performance) describes a state of "low priority" that does not require much attention, and quadrant 4 (high importance/low performance) describes a state requiring "focus", where urgent improvement is needed.

### III. RESULTS

#### Satisfaction of New General Dentist

Dentists were asked whether they had acquired the overall competence (knowledge, skills, and attitudes) required as dentists by means of their dental school education. About 60.2% of the respondents responded with "true," while 25% responded with "neutral." About 7% responded with "very true," 5% with "not true," and 1% with "not at all true." These results show that a considerable number of respondents are satisfied with their dental school education in terms of acquiring competence. In response to a question asking whether they believed they had been given education related to actual practice, 43.2% of the respondents answered "true," and 42% answered "neutral." However, 10.2% of the respondents answered "not true," indicating a lower satisfaction with education in terms of its link to actual practice. When asked about the overall satisfaction, 55.2% were "satisfied," and 32.2% were "neutral." Of note, 53.4% of the respondents agreed that their dental school education required improvement (19.3% strongly agreed and 20.5% were neutral), showing that the predominant opinion was that current education curricula need improvements.

### Level of Satisfaction with Dental Education by the Educational System

There are 11 dental schools in South Korea, and the education system for schools of dentistry is divided into two educational systems. One is a 2+4 system the other is 4+4 system. Starting in the early 2000s, the Korean Ministry of Education initiated the reformation of the education system in medical schools and dental schools. Among the 11 dental schools, three universities have maintained their previous college education systems, while eight universities have switched to the professional graduate school education system. Therefore the level of satisfaction by sorting the satisfaction survey results from practicing dentists based on the education systems. These results are shown in Table 1.

The graduates from a college of dentistry generally showed a high score of satisfaction with overall dental education except for the level of competency achieve-

ment. But, the satisfaction levels based on the education system of graduates were not statistically significant.

### Difference in Perceived Competency of Dental School Graduates as Dentists

The dental school graduates from 11 universities were then divided into their respective groups, and the survey results on their perceived competency in the seven dentists' competency domains were compared using one-way analysis of variance. The results are shown in Table 2.

The result of analyzing responses by dental schools showed a distinctive difference in perceived competency in the domains of Professionalism, Knowledge Base, Information Handling and Critical Thinking, Diagnosis and Treatment Planning. In the remaining key competency domains such as Communication & Interpersonal Skills, Clinical Information Gathering, and Establish-

Table 1. The level satisfaction with education by the educational system of dental schools

Classification	Average		SD		t	P
	2+4 system	4+4 system	2+4 system	4+4 system		
Satisfaction of developing competency through dental education	3.43	3.52	.801	.800	-.597	.552
The degree to which dental school education is helpful to carry out the present duties	3.33	3.27	.786	.865	.382	.703
Overall satisfaction with the curriculum of my school	3.29	3.25	.742	.864	-.390	.698
The extent to which I think improvement of education is necessary	4.12	3.95	.633	.923	1.098	.275

ment & Maintenance of Oral Health, however, there was no significant difference in the perceived competency by university.

#### Perceived Importance of Competency and Self-

#### assessment of One's Own Competencies

The present study investigated the perceived importance of competency by item and compared the levels of self-achievement in each competency domain. This can show whether the participant has achieved the compe-

Table 2. Difference in perceived competency of dental school graduates as dentists

		Sum of square	df	Mean square	F	Significance level
Professionalism (5 items)	Between the groups	7.915	10	.792	2.235	.021
	Within the group	35.066	99	.354		
	Total	42.981	109			
Communication & Interpersonal Skills (1 item)	Between the groups	8.682	10	.868	1.502	.150
	Within the group	57.218	99	.578		
	Total	65.900	109			
Knowledge Base, Information Handling and Critical Thinking (2 items)	Between the groups	9.927	10	.993	2.338	.016
	Within the group	42.037	99	.425		
	Total	51.964	109			
Clinical Information Gathering (2 items)	Between the groups	6.366	10	.637	1.620	.112
	Within the group	38.909	99	.393		
	Total	45.275	109			
Diagnosis & Treatment Planning (4 items)	Between the groups	6.681	10	.668	2.441	.012
	Within the group	26.548	97	.274		
	Total	33.229	107			
Establishment & Maintenance of Oral Health (12 items)	Between the groups	4.363	10	.436	1.653	.103
	Within the group	26.131	99	.264		
	Total	30.494	109			
Health Promotion (1 item)	Between the groups	4.116	10	.412	.838	.594
	Within the group	48.648	99	.491		
	Total	52.764	109			

tency that he or she considers important. It also helps identify what areas of competency are lacking unlike the level of perceived importance in current education. The survey results on the differences in dentists' perceived importance of competence and self-assessment were analyzed using IPA, and the conclusion was made as shown in Figure 1.

The competencies were classified into seven domains. The average scores for each item were analyzed to examine the respondents' perceived importance of and their perceived self-competence in each domain. Among the seven domains, perceived self-competence was higher than perceived importance in the domain of Health Promotion, while the opposite was true in the remaining seven domains. More specifically, the respondents perceived Diagnosis & Treatment Planning, Establish-

ment & Maintenance of Oral Health, and Professionalism to be important, but assessed themselves to be less competent in these domains. On the other hand, the respondents perceived Clinical Information Gathering and Communication & Interpersonal Skills to be important and also assessed themselves to be highly competent in these domains. Both the perceived importance and perceived self-competence were low in Knowledge Base, Information Handling & Critical Thinking.

#### IV. DISCUSSION

This study reviewed the current educational curricula in Korea dental schools nationwide and sought to develop potential measures of improvement by investigat-

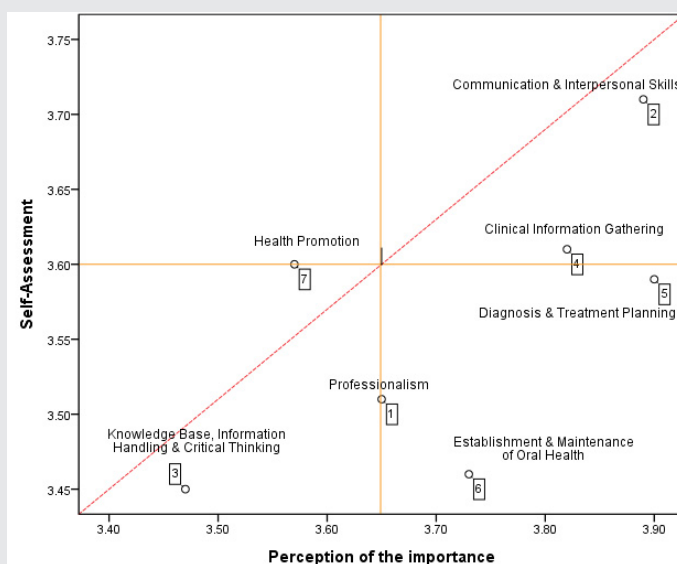


Figure 1. IPA between perception of the importance and self-assessment



ing education satisfaction as well as perceived importance of and self-assessment of competencies in relevant competency domains among dental school graduates.

New general dentists who had graduated from a dental school in Korea were surveyed to investigate their satisfaction with their alma mater, their curriculum's adequacy in developing competence, their curriculum's relevance to actual practice, and the need for improvement of these curricula. The results varied across schools, but in general, dental school graduates' perception of developing competence through school education, satisfaction with education, and perceived relevance of the curriculum to actual practice were low as compared to the degree to which they perceived the need for improving their school education. A strong program evaluation process supports accountability while allowing educators to gain useful knowledge about their program and sustain ongoing program development.<sup>21</sup> The perception of graduates may be attributed to several internal and external factors. The traditional programs were designed to address contents that the faculty had defined as important, while neglecting other outcomes.<sup>22</sup> Similarly, in the past, when the respondents were in school, the direction of education was determined solely based on the national certification system. From today's perspective—where curricula are being changed as demanded by the accreditation system and professional skills tests are scheduled to be implemented in the near future—students may seem to have had little opportunities to receive a clinical education in the past. As today's medical education is undergoing wide-ranging changes in its environment and system toward CBE and outcomes-based education, dental education should renew

the existing educational objectives and promote CBME. Furthermore, practical standards for outcome should be established, and curricula should be shaped to suggest clear directions to achieve such standards. Evaluation systems for promoting such curricula should also be developed and instituted, all of which would facilitate a complete transition to CBE. Considering the varying degrees of satisfaction with education and thoughts on the need to improve curricula across schools, there is a need for developing a common dental education curriculum to nurture the standard clinical competencies required of dental clinicians and to ensure students' professional competence, in order to address the problems that vary across schools.<sup>23,24</sup>

Kruger and Dunning asserted that those with limited knowledge also have little ability to realize it.<sup>25</sup> As experts are responsible for their own lifelong education, they are also obliged to cultivate the capacity to identify their shortcomings and to determine ways of addressing them. New general dentists in Korea perceive themselves as falling short of the level of competence in domains they believe to be important. The gap between perceived importance and self-assessment of competence was particularly high in the domains of Diagnosis & Treatment Planning, Establishment & Maintenance of Oral Health, and Professionalism. One reason for the lack of competence in these domains is that, unlike basic knowledge in dentistry, professional skills, management, ethics, and dental humanities are rarely included in the regular curriculum, and are not heavily weighted in student assessments. In fact, the Korean Ministry of Health and Welfare conducted a survey in 2013 on the general population to examine their ex-



pectations for and satisfaction with the social competence among healthcare professionals, and found that the general public perceived physicians to exhibit subpar communicational skills, leadership, and professional responsibility.<sup>26</sup> In addition, many of the faculty members who must implement these new initiatives are unable to articulate the attributes and behaviors characteristic of the doctor as a professional.<sup>22,27</sup> Such demands by the society, education suppliers, and education consumers should be translated into actual changes in the dental curriculum, and educational goals should be formulated around strengthening the link between school education and real-life practice.

## V. CONCLUSION

The results of this study highlight that the most important feature of dental education is to clarify to students what is expected of them and to promote continuous self-assessment, such that the students are able to develop and mature the required competencies and

meet the expected outcome standards. Furthermore, curricula should be designed to cultivate holistic dentists capable of comprehensive and critical thinking, who are equipped with clinical skills, including administration of patient tests, treatment planning, and treatment delivery. A quantitative evaluation system is incapable of assessing the quality of performance, hindering an accurate understanding of graduates' competency and quality of dental treatment. As demanded in accreditation standards in Korea and abroad, dental education should focus more on delivering an integrated education that stresses both basic science and clinical practice. Moreover, a competency-based dental education model should be developed and implemented to enhance the quality of students' outcome.

**Declaration of interests:** The authors declare that they have no competing interests

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