# A NOTE ON PROOF OF GORDON'S CONJECTURE 

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Abstract. In this paper, we show a proof of Gordon's Conjecture by using Qiu's labels and two new labels.

## 1. Introduction

All 3-manifolds in this paper are assumed to be compact and orientable. All surfaces in 3-manifolds are assumed to be orientable.

Let $M$ be a 3 -manifold. If there is a closed surface $S$ which cuts $M$ into two compression bodies $V$ and $W$ with $S=\partial_{+} W=\partial_{+} V$, then we say $M$ has a Heegaard splitting, denoted by $M=V \cup_{S} W$; and $S$ is called a Heegaard surface of $M$. If there are essential disks $B \subset V$ and $D \subset W$ such that $\partial B=\partial D$ (resp. $\partial B \cap \partial D=\emptyset$ ), then $M=V \cup_{S} W$ is said to be reducible (resp. weakly reducible); otherwise, $M=V \cup_{S} W$ is said to be irreducible (resp. strongly irreducible). If there are essential disks $B \subset V$ and $D \subset W$ such that $|B \cap D|=1$, then $M=V \cup_{S} W$ is said to be stabilized; otherwise, $M=V \cup_{S} W$ is said to be unstabilized.

Let $M$ be a 3-manifold, $F$ be a connected closed surface in $M$, which cuts $M$ into two 3-manifolds $M_{1}$ and $M_{2}$. Suppose that $M_{i}=V_{i} \cup_{S_{i}} W_{i}$ is a Heegaard splitting of $M_{i}(i=1,2)$. Then, $M$ has a natural Heegaard splitting $M=V \cup_{S} W$ called the amalgamation of $M_{1}=V_{1} \cup_{S_{1}} W_{1}$ and $M_{2}=V_{2} \cup_{S_{2}} W_{2}$ along $F$, see [8]. From this construction, we have $g(M) \leq g\left(M_{1}\right)+g\left(M_{2}\right)-g(F)$. So, there is an interesting question as follows:

Question 1.1. When $M=V \cup_{S} W$ is unstabilized?
If $g(F)=0$, then it is the Gordon's Conjecture ([2]). Bachman ([1]), Qiu ([6]), Qiu and Scharlemann ([7]) give an affirmative answer about this question. But for generally case, it is not true. There are two counterexamples, such that $g(M)<g\left(M_{1}\right)+g\left(M_{2}\right)-g(F)$, see [4] and [9]. In [3], Kabayashi and Qiu

[^0]proved the uniqueness of minimal Heegaard splitting $M=V \cup_{S} W$ by using sufficiently complicated manifolds, i.e., the amalgamation of $M_{1}=V_{1} \cup_{S_{1}} W_{1}$ and $M_{2}=V_{2} \cup_{S_{2}} W_{2}$ along $F$. In [5], Lackenby proved the uniqueness of minimal Heegaard splitting $M=V \cup_{S} W$ by using sufficiently complicated map, i.e., the amalgamation of $M_{1}=V_{1} \cup_{S_{1}} W_{1}$ and $M_{2}=V_{2} \cup_{S_{2}} W_{2}$ along $F$.

If $g(F)=0$, then $S$ can be isotoped, such that $F \cap S$ is an essential simple closed curve on $S$. Hence, $M=V \cup_{S} W$ is the reducible Heegaard splitting and $F$ is the reducing 2 -sphere. So, $F$ cuts $V$ into $V^{1}$ and $V^{2}$ and cuts $W$ into $W_{1}^{\prime}$ and $W_{2}^{\prime}$ such that $M_{1}=V^{1} \cup W_{1}^{\prime}$ and $M_{2}=V^{2} \cup W_{2}^{\prime}$. Let $W^{i}=$ $W_{i}^{\prime} \cup_{\partial F=\partial B_{i}^{3}} B_{i}^{3}(i=1,2)$, where $B_{i}^{3}$ is a 3 -ball. Then, $W^{i}$ is a compression body and $M^{i}=V^{i} \cup_{S^{i}} W^{i}$ is a Heegaard splitting of $M^{i}$ with $S^{i}=\partial_{+} V^{i}=\partial_{+} W^{i}$. So, $M=V \cup_{S} W$ is said to be the connected sum of $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ and $M^{2}=V^{2} \cup_{S^{2}} W^{2}$. In this paper, we show a proof of Gordon's Conjecture by using Qiu's labels in [6] and two new labels as follows:
Theorem 1.2. The connected sum $M=V \cup_{S} W$ of $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ and $M^{2}=V^{2} \cup_{S^{2}} W^{2}$ is stabilized if and only if one of $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ and $M^{2}=V^{2} \cup_{S^{2}} W^{2}$ is stabilized.

## 2. The proof of Theorem 1.2

Proof. If one of $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ and $M^{2}=V^{2} \cup_{S^{2}} W^{2}$ is stabilized, then by the construction of Heegaard splitting of connected sum, $M=V \cup_{S} W$ is stabilized. So, we only prove that if $M=V \cup_{S} W$ is stabilized, then one of $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ and $M^{2}=V^{2} \cup_{S^{2}} W^{2}$ is stabilized.

Since $M=V \cup_{S} W$ is stabilized, there are two disks $D_{V} \subset V$ and $D_{W} \subset W$ such that $\left|D_{V} \cap D_{W}\right|=1$. Let $x=D_{V} \cap D_{W}, F_{V}=F \cap V$ and $F_{W}=F \cap W$, where $F$ is the reducing 2 -sphere of $M=V \cup_{S} W$. Then $F_{V}$ is an essential disk in $V$ and $F_{W}$ is an essential disk in $W$.
Proposition 2.1. If either $D_{V} \cap F_{V}=\emptyset$ or $D_{W} \cap F_{W}=\emptyset$, then one of $M^{1}=V^{1} \cap_{S^{1}} W^{1}$ and $M^{2}=V^{2} \cap_{S^{2}} W^{2}$ is stabilized.

Proof. If $D_{V} \cap F_{V}=\emptyset$, then $D_{V}$ is a properly embedded disk in $V^{1}$ or $V^{2}$. We may assume that $D_{V}$ lies in $V^{1}$. If $D_{W} \cap F_{W}=\emptyset$, since $\left|D_{V} \cap D_{W}\right|=1, D_{W}$ is a properly embedded disk in $W^{1}$. Hence, $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ is stabilized and Proposition 2.1 holds. So, we may assume that $D_{W} \cap F_{W} \neq \emptyset$ and $\left|D_{W} \cap F_{W}\right|$ is minimal. Hence, each component of $D_{W} \cap F_{W}$ is an $\operatorname{arc}$ on both $D_{W}$ and $F_{W}$. Let $S_{i}^{\prime}=S^{i} \cap S(i=1,2)$. Since $\left|D_{W} \cap F_{W}\right|$ is minimal, each component of $\partial D_{W} \cap S_{i}^{\prime}$ is an essential arc on $S_{i}^{\prime}$. Let $D_{1}^{W}$ be a subdisk of $D_{W}$, which is cut by $F_{W}$, such that $\left|D_{V} \cap D_{1}^{W}\right|=1$. Since $D_{V} \cap F_{V}=\emptyset$, we can push all components of $\partial D_{1}^{W} \cap F_{W}$ into $S_{1}^{\prime}$, after isotopy, still denote it by $D_{1}^{W}$. Then, $D_{1}^{W}$ is a properly embedded disk in $W^{1}$ and $\left|D_{V} \cap D_{1}^{W}\right|=1$. So, $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ is stabilized and Proposition 2.1 holds.

If $D_{W} \cap F_{W}=\emptyset$, then $D_{W}$ is a properly embedded disk in $W^{1}$ or $W^{2}$. We may assume that $D_{W}$ lies in $W^{1}$. If $D_{V} \cap F_{V}=\emptyset$, then by the same argument
as above, $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ is stabilized and Proposition 2.1 holds. So, we may assume that $D_{V} \cap F_{V} \neq \emptyset$ and $\left|D_{V} \cap F_{V}\right|$ is minimal. Hence, each component of $D_{V} \cap F_{V}$ is an arc on both $D_{V}$ and $F_{V}$, and each component of $\partial D_{V} \cap S_{i}^{\prime}$ is an essential arc on $S_{i}^{\prime}(i=1,2)$. Let $D_{1}^{V}$ be a subdisk of $D_{V}$, which is cut by $F_{V}$, such that $\left|D_{1}^{V} \cap D_{W}\right|=1$. Then, $D_{1}^{V}$ is a properly embedded disk in $V^{1}$. Hence, $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ is stabilized and Proposition 2.1 holds.

By Proposition 2.1, we may assume that $D_{V} \cap F_{V} \neq \emptyset, D_{W} \cap F_{W} \neq \emptyset$, both $\left|D_{V} \cap F_{V}\right|$ and $\left|D_{W} \cap F_{W}\right|$ are minimal. Hence, each component of $D_{V} \cap F_{V}$ is an arc on both $D_{V}$ and $F_{V}$, each component of $D_{W} \cap F_{W}$ is an arc on both $D_{W}$ and $F_{W}$, each component of $\partial D_{V} \cap S_{i}^{\prime}$ is essential on $S_{i}^{\prime}$, and each component of $\partial D_{W} \cap S_{i}^{\prime}$ is essential on $S_{i}^{\prime}(i=1,2)$. After isotopy, we may assume that $x=D_{V} \cap D_{W}$ lies in $S_{1}^{\prime}$. Let $\left|D_{V} \cap F_{V}\right|=p$ and $\left|D_{W} \cap F_{W}\right|=n$. Now we show Qiu's labels (see [6]) and two new labels for each arc of $D_{V} \cap F_{V}$ on $F_{V}$ and $D_{W} \cap F_{W}$ on $F_{W}$ as follows:

For each component $e$ of $D_{V} \cap F_{V}$ on $F_{V}, e$ cuts $D_{V}$ into two disks $V_{e}^{\prime}$ and $V_{e}^{\prime \prime}$, such that $x$ lies in $\partial V_{e}^{\prime}$. Let $V_{e}$ be a subdisk of $D_{V}$, which is cut by $F_{V}$, such that $\partial V_{e}$ contains $e$ and $V_{e} \subset V_{e}^{\prime \prime}$, see Figure 3 in [6]. Then, $V_{e}$ is a properly embedded disk in $V^{1}$ or $V^{2}$. If $V_{e}$ lies in $V^{1}$, then we label $e$ with "+"; if $V_{e}$ lies in $V^{2}$, then we label $e$ with "-". Similarly, for each component $e$ of $D_{W} \cap F_{W}$ on $F_{W}, e$ cuts $D_{W}$ into two disks $W_{e}^{\prime}$ and $W_{e}^{\prime \prime}$, such that $x$ lies in $\partial W_{e}^{\prime}$. Let $W_{e}^{1}$ be a subdisk of $D_{W}$, which is cut by $F_{W}$, such that $\partial W_{e}^{1}$ contains $e$ and $W_{e}^{1} \subset W_{e}^{\prime \prime}$. Then, $W_{e}^{1}$ is a properly embedded disk in $W_{1}^{\prime}$ or $W_{2}^{\prime}$. If $W_{e}^{1}$ lies in $W_{1}^{\prime}$, then we label $e$ with " + "; if $W_{e}^{1}$ lies in $W_{2}^{\prime}$, then we label $e$ with " - ".

Since $\left|D_{V} \cap F_{V}\right|=p$ and $\left|D_{W} \cap F_{W}\right|=n$, we label the arcs of $D_{V} \cap F_{V}$ on $F_{V}$ with $\left\{v_{1}, \ldots, v_{p}\right\}$ and label the arcs of $D_{W} \cap F_{W}$ on $F_{W}$ with $\left\{w_{1}^{\prime}, \ldots, w_{n}^{\prime}\right\}$, such that if $V_{v_{i}}^{\prime \prime} \subsetneq V_{v_{k}}^{\prime \prime}$ and $W_{w_{j}^{\prime}}^{\prime \prime} \subsetneq W_{w_{l}^{\prime}}^{\prime \prime}$, then $i<k$ and $j<l$. So, each subdisk of $D_{V}$ which is cut by $F_{V}$ and does not contain $x$ is denoted by $V_{v_{i}}(1 \leq i \leq p)$ and each subdisk of $D_{W}$ which is cut by $F_{W}$ and does not contain $x$ is denoted by $W_{w_{j}^{\prime}}^{1}(1 \leq j \leq n)$. For convenience, we denote $V_{v_{i}}$ by $V_{i}$ and denote $W_{w_{j}^{\prime}}^{1}$ by $W_{j}^{1}$. Let $V_{x}$ be the subdisk of $D_{V}$ which is cut by $F_{V}$, such that $\partial V_{x}$ contains $x, W_{x}^{1}$ be the subdisk of $D_{W}$ which is cut by $F_{W}$, such that $\partial W_{x}^{1}$ contains $x$.
Remark 2.2. Since $x$ lies in $S_{1}^{\prime}$, each subdisk of $D_{V}$ which is cut by $F_{V}$ and lies in $V^{1}$, is either $V_{i}$, where the label $v_{i}$ is " + ", or $V_{x}$; each subdisk of $D_{V}$ which is cut by $F_{V}$ and lies in $V^{2}$, is $V_{i}$, where the label $v_{i}$ is " - "; each subdisk of $D_{W}$ which is cut by $F_{W}$ and lies in $W_{1}^{\prime}$, is either $W_{j}^{1}$, where the label $w_{j}^{\prime}$ is " + ", or $W_{x}^{1}$; and each subdisk of $D_{W}$ which is cut by $F_{W}$ and lies in $W_{2}^{\prime}$, is $W_{j}^{1}$, where the label $w_{j}^{\prime}$ is " - ".

For each component $w_{j}^{\prime}(1 \leq j \leq n)$ of $D_{W} \cap F_{W}$ on $F_{W}, w_{j}$ is said to be the dual arc of $w_{j}^{\prime}$ on $F_{V}$, if $\partial w_{j}=\partial w_{j}^{\prime}$. After isotopy, we may assume that
for each component $v_{i}(1 \leq i \leq p)$ of $D_{V} \cap F_{V}$ on $F_{V},\left|w_{j} \cap v_{i}\right| \leq 1$. We may assume that $w_{j}$ and $w_{j}^{\prime}$ have the same labels. For each subdisk $W_{j}^{1}(1 \leq j \leq n$ or $j=x$ ) of $D_{W}$ which is cut by $F_{W}$, we can push each $\operatorname{arc} w_{k}^{\prime}$ of $\partial W_{j}^{1} \cap F_{W}$ on $F_{W}$ into $F_{V}$, such that $w_{k}^{\prime}$ is replaced by $w_{k}$ on $F_{V}$. After isotopy, we denote it by $W_{j}$. Then, $W_{j}$ is a properly embedded disk in $W^{1}$ or $W^{2}$.

So, for each arc $v_{i}(1 \leq i \leq p)$ of $D_{V} \cap F_{V}$ on $F_{V}$ and each dual arc $w_{j}$ $(1 \leq j \leq n)$ of $D_{W} \cap F_{W}$ on $F_{V},\left|v_{i} \cap w_{j}\right| \leq 1$. Let $I\left(v_{i}\right)=\left\{r \mid v_{r} \subset \partial V_{i}\right.$ and $\left.v_{r} \neq v_{i}\right\}, I\left(w_{j}\right)=\left\{r \mid w_{r} \subset \partial W_{j}\right.$ and $\left.w_{r} \neq w_{j}\right\}, I(v)=\left\{r \mid v_{r} \subset \partial V_{x}\right\}$ and $I(w)=\left\{r \mid w_{r} \subset \partial W_{x}\right\}$. Then, there are some properties for $I\left(v_{i}\right), I\left(w_{j}\right), I(v)$, $I(w), V_{i}, V_{x}, W_{j}$ and $W_{x}$ as follows:

Proposition 2.3 ([6]). (1) If $r \in I\left(v_{i}\right)$, then $r<i$;
(2) if $r \in I\left(w_{j}\right)$, then $r<j$;
(3) the label $v_{i}$ is "+" if and only if the label $v_{r}$ is " - " for each $r \in I\left(v_{i}\right)$;
(4) the label $w_{j}$ is "+" if and only if the label $w_{r}$ is "-" for each $r \in I\left(w_{j}\right)$;
(5) if $r \in I(v)$, then the label $v_{r}$ is " - ";
(6) if $r \in I(w)$, then the label $w_{r}$ is " - ";
(7) $p \in I(v), n \in I(w)$;
(8) there are four sets of pairwise disjoint properly embedded disks $\left\{V_{i} \mid 1 \leq\right.$ $i \leq p$ and the label $v_{i}$ is " $\left.+"\right\} \cup\left\{V_{x}\right\}$ in $V^{1},\left\{V_{i} \mid 1 \leq i \leq p\right.$ and the label $v_{i}$ is $"-"\}$ in $V^{2},\left\{W_{j} \mid 1 \leq j \leq n\right.$ and the label $w_{j}$ is " $\left.+"\right\} \cup\left\{W_{x}\right\}$ in $W^{1}$, and $\left\{W_{j} \mid 1 \leq j \leq n\right.$ and the label $w_{j}$ is " - " $\}$ in $W^{2}$, satisfying the following conditions:
(i) $V_{i} \cap F_{V}=v_{i} \cup_{r \in I\left(v_{i}\right)} v_{r}, W_{j} \cap F_{V}=w_{j} \cup_{r \in I\left(w_{j}\right)} w_{r}, V_{x} \cap F_{V}=\cup_{r \in I(v)} v_{r}$, $W_{x} \cap F_{V}=\cup_{r \in I(w)} w_{r}$;
(ii) if $V_{i}$ lies in $V^{1}$ and $W_{j}$ lies in $W^{1}$, then $V_{i} \cap W_{j}=V_{i} \cap W_{j} \cap F_{V}, V_{i} \cap W_{x}=$ $V_{i} \cap W_{x} \cap F_{V}, V_{x} \cap W_{j}=V_{x} \cap W_{j} \cap F_{V}$, and $V_{x} \cap W_{x}=\{x\} \cup\left(V_{x} \cap W_{x} \cap F_{V}\right)$;
(iii) if $V_{i}$ lies in $V^{2}$ and $W_{j}$ lies in $W^{2}$, then $V_{i} \cap W_{j}=V_{i} \cap W_{j} \cap F_{V}$.

Since $F_{V}$ cuts $V$ into $V^{1}$ and $V^{2}$, let $F_{V}^{k}(k=1,2)$ be a copy of $F_{V}$, such that $F_{V}^{k}$ lies in $S^{k}, v_{i}^{k}$ be a copy of $v_{i}$ on $F_{V}^{k}$ and $w_{j}^{k}$ be a copy of $w_{j}$ on $F_{V}^{k}$ ( $1 \leq i \leq p ; 1 \leq j \leq n$ ). We may assume that $v_{i}^{k}$ and $v_{i}$ have the same label, and $w_{j}^{k}$ and $w_{j}$ have the same label. For convenience, $v_{i}^{1}=v_{i}^{2}$ means that both $v_{i}^{1}$ and $v_{i}^{2}$ are the copies of $v_{i}$, and $w_{j}^{1}=w_{j}^{2}$ means that both $w_{j}^{1}$ and $w_{j}^{2}$ are the copies of $w_{j}$.
Outline of the proof of Theorem 2. By using Qiu's labels and two new labels, we band sum disks of $\left\{V_{i} \mid 1 \leq i \leq p\right.$ and the label $v_{i}$ is " + " $\} \cup\left\{V_{x}\right\}$ in $V^{1}$ along some arcs obtained from $\left\{w_{1}^{1}, w_{2}^{1}, \ldots, w_{n}^{1}\right\}$ on $S^{1}$, band sum disks of $\left\{W_{j} \mid 1 \leq j \leq n\right.$ and the label $w_{j}$ is " + " $\} \cup\left\{W_{x}\right\}$ in $W^{1}$ along some arcs obtained from $\left\{v_{1}^{1}, v_{2}^{1}, \ldots, v_{p}^{1}\right\}$ on $S^{1}$, band sum disks of $\left\{V_{i} \mid 1 \leq i \leq p\right.$ and the label $v_{i}$ is " - " $\}$ in $V^{2}$ along some arcs obtained from $\left\{w_{1}^{2}, w_{2}^{2}, \ldots, w_{n}^{2}\right\}$ on $S^{2}$, and band sum disks of $\left\{W_{j} \mid 1 \leq j \leq n\right.$ and the label $w_{j}$ is " - " $\}$ in $W^{2}$ along some arcs obtained from $\left\{v_{1}^{2}, v_{2}^{2}, \ldots, v_{p}^{2}\right\}$ on $S^{2}$. Finally, either there are two disks $D_{V^{1}} \subset V^{1}$ and $D_{W^{1}} \subset W^{1}$ with $\left|D_{V^{1}} \cap D_{W^{1}}\right|=1$ or there are two disks
$D_{V^{2}} \subset V^{2}$ and $D_{W^{2}} \subset W^{2}$ with $\left|D_{V^{2}} \cap D_{W^{2}}\right|=1$. So, one of $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ and $M^{2}=V^{2} \cup_{S^{2}} W^{2}$ is stabilized.
Proposition 2.4. Either there are two disks $D_{V^{1}} \subset V^{1}$ and $D_{W^{1}} \subset W^{1}$ with $\left|D_{V^{1}} \cap D_{W^{1}}\right|=1$, where $D_{V^{1}}$ is obtained by banding sum disks of $\left\{V_{i} \mid 1 \leq\right.$ $i \leq p$ and the label $v_{i}$ is " $\left.+"\right\} \cup\left\{V_{x}\right\}$ in $V^{1}$ along some arcs obtained from $\left\{w_{1}^{1}, w_{2}^{1}, \ldots, w_{n}^{1}\right\}$ on $S^{1}$, and $D_{W^{1}}$ is obtained by banding sum disks of $\left\{W_{j} \mid 1 \leq\right.$ $j \leq n$ and the label $w_{j}$ is " $\left.+"\right\} \cup\left\{W_{x}\right\}$ in $W^{1}$ along some arcs obtained from $\left\{v_{1}^{1}, v_{2}^{1}, \ldots, v_{p}^{1}\right\}$ on $S^{1}$, or there are two disks $D_{V^{2}} \subset V^{2}$ and $D_{W^{2}} \subset W^{2}$ with $\left|D_{V^{2}} \cap D_{W^{2}}\right|=1$, where $D_{V^{2}}$ is obtained by banding sum disks of $\left\{V_{i} \mid 1 \leq i \leq p\right.$ and the label $v_{i}$ is" - " $\}$ in $V^{2}$ along some arcs obtained from $\left\{w_{1}^{2}, w_{2}^{2}, \ldots, w_{n}^{2}\right\}$ on $S^{2}$, and $D_{W^{2}}$ is obtained by banding sum disks of $\left\{W_{j} \mid 1 \leq j \leq n\right.$ and the label $w_{j}$ is " -" $\}$ in $W^{2}$ along some arcs obtained from $\left\{v_{1}^{2}, v_{2}^{2}, \ldots, v_{p}^{2}\right\}$ on $S^{2}$.
Proof. We consider all arcs $\left\{v_{1}, v_{2}, \ldots, v_{p}\right\}$ of $D_{V} \cap F_{V}$ on $F_{V}$ in sequence. If we consider all dual arcs $\left\{w_{1}, w_{2}, \ldots, w_{n}\right\}$ of $D_{W} \cap F_{W}$ on $F_{V}$ in sequence, then the argument is the same. So, we may assume that $p \leq n$. First, we consider $v_{1}^{1}$ on $F_{V}^{1}$. Let $m^{1}$ be the minimal label among all arcs of $\left\{w_{j}^{1} \mid 1 \leq j \leq n\right\}$ on $F_{V}^{1}$ with $\left|w_{m^{1}}^{1} \cap v_{1}^{1}\right|=1$. If $m^{1}=\emptyset$, then for each arc $w_{j}^{1}(1 \leq j \leq n), w_{j}^{1} \cap v_{1}^{1}=\emptyset$. If $m^{1} \neq \emptyset$, then $\left|v_{1}^{1} \cap w_{m^{1}}^{1}\right|=1\left(1 \leq m^{1} \leq n\right)$. Since $v_{i}^{1}=v_{i}^{2}(1 \leq i \leq p)$ and $w_{j}^{1}=w_{j}^{2}(1 \leq j \leq n),\left|v_{i}^{1} \cap w_{j}^{1}\right|=\left|v_{i}^{2} \cap w_{j}^{2}\right|$. So, $m^{1}$ is the minimal label among all arcs of $\left\{w_{j}^{2} \mid 1 \leq j \leq n\right\}$ on $F_{V}^{2}$ with $\left|w_{m^{1}}^{2} \cap v_{1}^{2}\right|=1$. We may assume that the label $v_{1}$ on $F_{V}$ is " + ". If the label $v_{1}$ on $F_{V}$ is " - ", then the argument is the same.

If $m^{1}=\emptyset$, then for each arc $w_{j}^{k}(1 \leq j \leq n ; k=1,2), w_{j}^{k} \cap v_{1}^{k}=\emptyset$. Since the label $v_{1}$ on $F_{V}$ is " + ", the label $v_{1}^{k}(k=1,2)$ on $F_{V}^{k}$ is " + ". We label $v_{1}^{1}$ on $F_{V}^{1}$ with " $\times$ " and label $v_{1}^{2}$ on $F_{V}^{2}$ with " $\circ$ ". The label " $\times$ " on $v_{1}^{1}$ means that we delete the arc $v_{1}^{1}$ on $F_{V}^{1}$, and the label " $\circ$ " on $v_{1}^{2}$ means that we retain the arc $v_{1}^{2}$ on $F_{V}^{2}$. For each arc $v_{i}^{2}(2 \leq i \leq p)$ and $w_{j}^{2}(1 \leq j \leq n)$, since $v_{i}^{2} \cap v_{1}^{2}=\emptyset$ and $w_{j}^{2} \cap v_{1}^{2}=\emptyset$, there is no influence on $v_{1}^{2}$ when we consider $v_{i}^{2}$ and $w_{j}^{2}$. Hence, the label " $\circ$ " on $v_{1}^{2}$ means that we retain the arc $v_{1}^{2}$ on $F_{V}^{2}$. For convenience, for each arc $v_{i}^{k}(2 \leq i \leq p)$ and $w_{j}^{k}(1 \leq j \leq n)$ on $S^{k}$ $(k=1,2)$, we denote them by $v_{i_{1}}^{k}$ and $w_{j_{1}}^{k}$. We may assume that $v_{i_{1}}^{k}$ and $v_{i}^{k}$ have the same label, and $w_{j_{1}}^{k}$ and $w_{j}^{k}$ have the same label. For each disk $V_{i}$ $(2 \leq i \leq p$ or $i=x)$ and $W_{j}(1 \leq j \leq n$ or $j=x)$, we denote them by $V_{i_{1}}$ and $W_{j_{1}}$. Since $v_{1}^{2}$ is retained, we also denote it by $v_{1_{1}}^{2}$. But in the future banding sum process, we do not consider $v_{1_{1}}^{2}$.

If $m^{1} \neq \emptyset$, then $\left|v_{1}^{1} \cap w_{m^{1}}^{1}\right|=\left|v_{1}^{2} \cap w_{m^{1}}^{2}\right|=1$.
Lemma 2.5. If the label $w_{m^{1}}$ on $F_{V}$ is " + ", then $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ is stabilized.
Proof. Since the label $v_{1}$ on $F_{V}$ is " + ", $V_{1}$ is a properly embedded disk in $V^{1}$. For each $r \in I\left(v_{1}\right)$, by (1) in Proposition 2.3, $r<1$. So, $I\left(v_{1}\right)=\emptyset$. By (i) of (8) in Proposition 2.3, $V_{1} \cap F_{V}^{1}=v_{1}^{1} \cup_{r \in I\left(v_{1}\right)} v_{r}^{1}=v_{1}^{1}$. Since the label $w_{m^{1}}$ on
$F_{V}$ is " + ", $W_{m^{1}}$ is a properly embedded disk in $W^{1}$. For each $r \in I\left(w_{m^{1}}\right)$, by (2) in Proposition 2.3, $r<m^{1}$. By the minimality of $m^{1}, w_{r}^{1} \cap v_{1}^{1}=\emptyset$. By (8) in Proposition 2.3, $\left|V_{1} \cap W_{m^{1}}\right|=\left|V_{1} \cap W_{m^{1}} \cap F_{V}^{1}\right|=\left|v_{1}^{1} \cap\left(w_{m^{1}}^{1} \cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{1}\right)\right|=$ $\left|v_{1}^{1} \cap w_{m^{1}}^{1}\right|=1$. So, $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ is stabilized.

By Lemma 2.5, Proposition 2.4 holds. So, we may assume that the label $w_{m^{1}}$ on $F_{V}$ is " -". Then, $W_{m^{1}}$ is a properly embedded disk in $W^{2}$. Now we label $v_{1}^{1}$ and $w_{m^{1}}^{1}$ on $F_{V}^{1}$, and label $v_{1}^{2}$ and $w_{m^{1}}^{2}$ on $F_{V}^{2}$, respectively:
$\left(I_{1}\right)$ Label $\boldsymbol{v}_{1}^{1}$ and $\boldsymbol{w}_{\boldsymbol{m}^{1}}^{1}$ on $\boldsymbol{F}_{\boldsymbol{V}}^{1}$.
By (8) in Proposition 2.3, $\left|V_{1} \cap w_{m^{1}}^{1}\right|=\left|\left(V_{1} \cap F_{V}^{1}\right) \cap w_{m^{1}}^{1}\right|=\left|v_{1}^{1} \cap w_{m^{1}}^{1}\right|=1$. If there is a disk $V_{l}$ of $\left\{V_{i} \mid\right.$ the label $v_{i}$ is " + " and $\left.2 \leq i \leq p\right\} \cup\left\{V_{x}\right\}$ in $V^{1}$ with $\partial V_{l} \cap w_{m^{1}}^{1} \neq \emptyset$, then we band sum $V_{l}$ and $k$ copies of $V_{1}$ along $w_{m^{1}}^{1}$ in some order, where $\left|\partial V_{l} \cap w_{m^{1}}^{1}\right|=k$. After banding sum and isotopy, we obtain a properly embedded disk in $V^{1}$ and denote it by $V_{l_{1}}$. So, $V_{l_{1}} \cap V_{1}=\emptyset$ and $\partial V_{l_{1}} \cap\left(w_{m^{1}}^{1} \cup v_{1}^{1}\right)=\emptyset$. If there is a disk $V_{l}$ of $\left\{V_{i} \mid\right.$ the label $v_{i}$ is " + " and $2 \leq i \leq p\} \cup\left\{V_{x}\right\}$ in $V^{1}$ with $\partial V_{l} \cap w_{m^{1}}^{1}=\emptyset$, then we do nothing and denote it by $V_{l_{1}}$. After isotopy, we obtain a collection of mutually disjoint disks $\left\{V_{i_{1}} \mid\right.$ the label $v_{i}$ is " + " and $\left.2 \leq i \leq p\right\} \cup\left\{V_{x_{1}}\right\}$ in $V^{1}$. For each disk $W_{l}$ of $\left\{W_{j} \mid\right.$ the label $w_{j}$ is "+", $1 \leq j \leq n$ and $\left.j \neq m^{1}\right\} \cup\left\{W_{x}\right\}$ in $W^{1}$, we do nothing and denote it by $W_{l_{1}}$. So, we obtain a collection of mutually disjoint disks $\left\{W_{j_{1}} \mid\right.$ the label $w_{j}$ is " + ", $1 \leq j \leq n$ and $\left.j \neq m^{1}\right\} \cup\left\{W_{x_{1}}\right\}$ in $W^{1}$.

This procedure can be viewed as for each arc $v_{i}^{1}(2 \leq i \leq p)$, if $\left|v_{i}^{1} \cap w_{m^{1}}^{1}\right|=1$, then we band $\operatorname{sum} v_{i}^{1}$ and a copy $\partial V_{1}^{i}$ of $\partial V_{1}$ along $w_{m^{1}}^{1}$, where $V_{1}^{i}$ is a copy of $V_{1}$ and $\partial V_{1}^{i} \cap F_{V}^{1}$ lies between $v_{1}^{1}$ and $v_{i}^{1}$. After banding sum and isotopy, we obtain a new arc and denote it by $v_{i_{1}}^{1}$. Before banding sum, if there is an arc $v_{k}^{1}(k \neq 1, i)$ with $\left|v_{k}^{1} \cap w_{m^{1}}^{1}\right|=1$, such that $v_{k}^{1}$ lies between $v_{1}^{1}$ and $v_{i}^{1}$, then $v_{k}^{1}$ lies between $\partial V_{1}^{i} \cap F_{V}^{1}$ and $v_{i}^{1}$. Let $\partial V_{1}^{k}$ be a copy of $\partial V_{1}$, where $V_{1}^{k}$ is a copy of $V_{1}$, such that $\partial V_{1}^{k} \cap F_{V}^{1}$ lies between $\partial V_{1}^{i} \cap F_{V}^{1}$ and $v_{k}^{1}$. Then, we band sum $v_{k}^{1}$ and $\partial V_{1}^{k}$ along $w_{m^{1}}^{1}$. After banding sum and isotopy, we obtain a new arc and denote it by $v_{k_{1}}^{1}$, such that $v_{k_{1}}^{1} \cap v_{i_{1}}^{1}=\emptyset$, see Figure 1. If $v_{i}^{1} \cap w_{m^{1}}^{1}=\emptyset$, then we do nothing and denote it by $v_{i_{1}}^{1}$.

After banding sum and isotopy, we obtain a collection of mutually disjoint $\operatorname{arcs}\left\{v_{i_{1}}^{1} \mid 2 \leq i \leq p\right\}$ on $S^{1}$. Also, for each arc $w_{j}^{1}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$ before banding sum, we do nothing and denote it by $w_{j_{1}}^{1}$ after banding sum. So, there is a collection of mutually disjoint arcs $\left\{w_{j_{1}}^{1} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right\}$ on $S^{1}$. Hence, $v_{i}^{1}$ and $w_{j}^{1}\left(2 \leq i \leq p ; 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$ represent the arcs before banding sum, $v_{i_{1}}^{1}$ and $w_{j_{1}}^{1}$ represent the arcs after banding sum. We may assume that $v_{i}^{1}$ and $v_{i_{1}}^{1}(2 \leq i \leq p)$ have the same label, and $w_{j}^{1}$ and $w_{j_{1}}^{1}$ ( $1 \leq j \leq n$ and $j \neq m^{1}$ ) have the same label.

For each arc $v_{i_{1}}^{1}(2 \leq i \leq p)$ and $w_{j_{1}}^{1}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right), v_{i_{1}}^{1} \cap\left(v_{1}^{1} \cup\right.$ $\left.w_{m^{1}}^{1}\right)=\emptyset,\left|v_{i_{1}}^{1} \cap w_{j_{1}}^{1}\right| \leq 1$ and $\left|v_{i_{1}}^{1} \cap F_{V}^{1}\right| \leq 2$. Since the label $v_{1}^{1}$ on $F_{V}^{1}$ is " + " and the label $w_{m^{1}}^{1}$ on $F_{V}^{1}$ is " - ", we label $v_{1}^{1}$ on $F_{V}^{1}$ with " $\times$ " and label $w_{m^{1}}^{1}$ on


Figure 1. Band sum subdisk $V_{i}$ and $V_{1}$ in $V^{1}$ along $w_{m^{1}}^{1}$ $(2 \leq i \leq p)$
$F_{V}^{1}$ with " $\circ$ ", see Figure 1. The label " $\times$ " on $v_{1}^{1}$ means that we delete the arc $v_{1}^{1}$ on $F_{V}^{1}$, the label " $\circ$ " on $w_{m^{1}}^{1}$ means that we retain the $\operatorname{arc} w_{m^{1}}^{1}$ on $F_{V}^{1}$. For each arc $v_{i_{1}}^{1}(2 \leq i \leq p)$ and $w_{j_{1}}^{1}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$, since $v_{i_{1}}^{1} \cap w_{m^{1}}^{1}=\emptyset$ and $w_{j_{1}}^{1} \cap w_{m^{1}}^{1}=\emptyset$, there is no influence on $w_{m^{1}}^{1}$ when we consider $v_{i_{1}}^{1}$ and $w_{j_{1}}^{1}$. Hence, the label " $\circ$ " on $w_{m^{1}}^{1}$ means that we retain the arc $w_{m^{1}}^{1}$. So, we also denote it by $w_{m_{1}^{1}}^{1}$, but in the future banding sum process, we do not need to consider it.

By (8) in Proposition 2.3 and the argument as above, we have:
Lemma 2.6. There are two sets of pairwise disjoint properly embedded disks $\left\{V_{i_{1}} \mid\right.$ the label $v_{i}$ is " + " and $\left.2 \leq i \leq p\right\} \cup\left\{V_{x_{1}}\right\}$ in $V^{1}$, and $\left\{W_{j_{1}} \mid\right.$ the label $w_{j}$ is " $+", 1 \leq j \leq n$ and $\left.j \neq m^{1}\right\} \cup\left\{W_{x_{1}}\right\}$ in $W^{1}$, satisfying the following conditions:
(1) $V_{i_{1}} \cap F_{V}^{1}=\left(v_{i_{1}}^{1} \cap F_{V}^{1}\right) \cup_{r \in I\left(v_{i}\right)}\left(v_{r_{1}}^{1} \cap F_{V}^{1}\right), W_{j_{1}} \cap F_{V}^{1}=w_{j_{1}}^{1} \cup_{r \in I\left(w_{j}\right)} w_{r_{1}}^{1}$, $V_{x_{1}} \cap F_{V}^{1}=\cup_{r \in I(v)}\left(v_{r_{1}}^{1} \cap F_{V}^{1}\right), W_{x_{1}} \cap F_{V}^{1}=\cup_{r \in I(w)} w_{r_{1}}^{1}$;
(2) $V_{i_{1}} \cap W_{j_{1}}=V_{i_{1}} \cap W_{j_{1}} \cap F_{V}^{1}, V_{i_{1}} \cap W_{x_{1}}=V_{i_{1}} \cap W_{x_{1}} \cap F_{V}^{1}, V_{x_{1}} \cap W_{j_{1}}=$ $V_{x_{1}} \cap W_{j_{1}} \cap F_{V}^{1}, V_{x_{1}} \cap W_{x_{1}}=\{x\} \cup\left(V_{x_{1}} \cap W_{x_{1}} \cap F_{V}^{1}\right)$.
Remark 2.7. For each $2 \leq i \leq p, 1 \leq j \leq n$ and $j \neq m^{1}$, if $\left|v_{i}^{1} \cap w_{m^{1}}^{1}\right|=1$ and $\left|w_{j}^{1} \cap\left(v_{1}^{1} \cup v_{i}^{1}\right)\right|=1$ before banding sum, then $\left|v_{i_{1}}^{1} \cap w_{j_{1}}^{1}\right|=1$ after banding sum; if $\left|v_{i}^{1} \cap w_{m^{1}}^{1}\right|=1$ and $\left|w_{j}^{1} \cap\left(v_{1}^{1} \cup v_{i}^{1}\right)\right|=0$ or 2 before banding sum, then $v_{i_{1}}^{1} \cap w_{j_{1}}^{1}=\emptyset$ after banding sum and isotopy; if $v_{i}^{1} \cap w_{m^{1}}^{1}=\emptyset$ before banding sum, then $\left|v_{i_{1}}^{1} \cap w_{j_{1}}^{1}\right|=\left|v_{i}^{1} \cap w_{j}^{1}\right|$, see Figure 2. After banding sum and isotopy, $\left|v_{i_{1}}^{1} \cap w_{j_{1}}^{1}\right| \leq 1$.
$\left(I_{2}\right)$ Label $v_{1}^{2}$ and $w_{m^{1}}^{2}$ on $F_{V}^{2}$.
Since the label $w_{m^{1}}$ on $F_{V}$ is " - ", $W_{m^{1}}$ is a properly embedded disk in $W^{2}$. For each $r \in I\left(w_{m^{1}}\right)$, by (2) in Proposition 2.3, $r<m^{1}$. By the minimality of $m^{1}, v_{1}^{2} \cap w_{r}^{2}=\emptyset$. By (8) in Proposition 2.3, $\left|W_{m^{1}} \cap v_{1}^{2}\right|=\left|\left(W_{m^{1}} \cap F_{V}^{2}\right) \cap v_{1}^{2}\right|=$ $\left|\left(w_{m^{1}}^{2} \cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right) \cap v_{1}^{2}\right|=\left|w_{m^{1}}^{2} \cap v_{1}^{2}\right|=1$. If there is a disk $W_{l}$ of $\left\{W_{j} \mid\right.$ the label $w_{j}$ is "-"; $1 \leq j \leq n$ and $\left.j \neq m^{1}\right\}$ in $W^{2}$ with $\partial W_{l} \cap v_{1}^{2} \neq \emptyset$, then we band


Figure 2. $v_{i}^{1} \cap w_{j}^{1}$ and $v_{i_{1}}^{1} \cap w_{j_{1}}^{1}\left(2 \leq i \leq p ; 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$
sum $W_{l}$ and $k$ copies of $W_{m^{1}}$ along $v_{1}^{2}$ in some order, where $\left|\partial W_{l} \cap v_{1}^{2}\right|=k$. After banding sum and isotopy, we obtain a properly embedded disk in $W^{2}$ and denote it by $W_{l_{1}}$. So, $W_{l_{1}} \cap W_{m^{1}}=\emptyset$ and $\partial W_{l_{1}} \cap\left(w_{m^{1}}^{2} \cup v_{1}^{2}\right)=\emptyset$. If there is a disk $W_{l}$ of $\left\{W_{j} \mid\right.$ the label $w_{j}$ is " $-" ; 1 \leq j \leq n$ and $\left.j \neq m^{1}\right\}$ in $W^{2}$ with $\partial W_{l} \cap v_{1}^{2}=\emptyset$, then we do nothing and denote it by $W_{l_{1}}$. After isotopy, we obtain a collection of mutually disjoint disks $\left\{W_{j_{1}} \mid\right.$ the label $w_{j}$ is " - "; $1 \leq j \leq n$ and $\left.j \neq m^{1}\right\}$ in $W^{2}$. For each disk $V_{l}$ of $\left\{V_{i} \mid\right.$ the label $v_{i}$ is " - " and $2 \leq i \leq p\}$ in $V^{2}$, we do nothing and denote it by $V_{l_{1}}$. So, we obtain a collection of mutually disjoint disks $\left\{V_{i_{1}} \mid\right.$ the label $v_{i}$ is " - " and $\left.2 \leq i \leq p\right\}$ in $V^{2}$.

This procedure can be viewed as for each arc $w_{j}^{2}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$, if $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$, then we band sum $w_{j}^{2}$ and a copy $\partial W_{m^{1}}^{j}$ of $\partial W_{m^{1}}$ along $v_{1}^{2}$, where $W_{m^{1}}^{j}$ is a copy of $W_{m^{1}}$ and one component of $\partial W_{m^{1}}^{j} \cap F_{V}^{2}$ which is a copy of $w_{m^{1}}^{2}$ lies between $w_{m^{1}}^{2}$ and $w_{j}^{2}$. After banding sum and isotopy, we obtain a new arc and denote it by $w_{j_{1}}^{2}$. Before banding sum, if there is an arc $w_{k}^{2}\left(k \neq m^{1}, j\right)$ with $\left|w_{k}^{2} \cap v_{1}^{2}\right|=1$, such that $w_{k}^{2}$ lies between $w_{m^{1}}^{2}$ and $w_{j}^{2}$, then, $w_{k}^{2}$ lies between one component of $\partial W_{m^{1}}^{j} \cap F_{V}^{2}$ which is a copy of $w_{m^{1}}^{2}$ and $w_{j}^{2}$. Let $\partial W_{m^{1}}^{k}$ be a copy of $\partial W_{m^{1}}$, where $W_{m^{1}}^{k}$ is a copy of $W_{m^{1}}$, such that one component of $\partial W_{m^{1}}^{k} \cap F_{V}^{2}$ which is a copy of $w_{m^{1}}^{2}$ lies between one component of $\partial W_{m^{1}}^{j} \cap F_{V}^{2}$ which is a copy of $w_{m^{1}}^{2}$ and $w_{k}^{2}$. Then, we band sum $w_{k}^{2}$ and $\partial W_{m^{1}}^{k}$ along $v_{1}^{2}$. After banding sum and isotopy, we obtain a new arc and denote it by $w_{k_{1}}^{2}$, such that $w_{k_{1}}^{2} \cap w_{j_{1}}^{2}=\emptyset$, see Figure 3. If $w_{j}^{2} \cap v_{1}^{2}=\emptyset$, then we do nothing and denote it by $w_{j_{1}}^{2}$.

After banding sum and isotopy, we obtain a collection of mutually disjoint $\operatorname{arcs}\left\{w_{j_{1}}^{2} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right\}$ on $S^{2}$. For each arc $v_{i}^{2}(2 \leq i \leq p)$ before banding sum, we do nothing and denote it by $v_{i_{1}}^{2}$ after banding sum. Then, there is a collection of mutually disjoint arcs $\left\{v_{i_{1}}^{2} \mid 2 \leq i \leq p\right\}$ on $S^{2}$. Hence, $v_{i}^{2}$ and $w_{j}^{2}\left(2 \leq i \leq p ; 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$ represent the arcs before banding sum, $v_{i_{1}}^{2}$ and $w_{j_{1}}^{2}$ represent the arcs after banding sum. So, we may assume


Figure 3. Band sum subdisk $W_{j}$ and $W_{m^{1}}$ in $W^{2}$ along $v_{1}^{2}$ $\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$
that $v_{i}^{2}$ and $v_{i_{1}}^{2}(2 \leq i \leq p)$ have the same label, and $w_{j}^{2}$ and $w_{j_{1}}^{2}(1 \leq j \leq n$ and $j \neq m^{1}$ ) have the same label.

For each arc $w_{j_{1}}^{2}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$ on $S^{2}, w_{j_{1}}^{2} \cap\left(v_{1}^{2} \cup w_{m^{1}}^{2}\right)=\emptyset$. Since the label $w_{m^{1}}^{2}$ on $F_{V}^{2}$ is " - " and the label $v_{1}^{2}$ on $F_{V}^{2}$ is " + ", we label $w_{m^{1}}^{2}$ on $F_{V}^{2}$ with " $\times$ " and label $v_{1}^{2}$ on $F_{V}^{2}$ with " $\circ$ ", see Figure 3 . The label " $\times$ " on $w_{m^{1}}^{2}$ means that we delete the arc $w_{m^{1}}^{2}$ on $F_{V}^{2}$, the label " $\circ$ " on $v_{1}^{2}$ means that we retain the arc $v_{1}^{2}$ on $F_{V}^{2}$. For each arc $v_{i_{1}}^{2}(2 \leq i \leq p)$ and $w_{j_{1}}^{2}(1 \leq j \leq n$ and $j \neq m^{1}$ ), since $v_{i_{1}}^{2} \cap v_{1}^{2}=\emptyset$ and $w_{j_{1}}^{2} \cap v_{1}^{2}=\emptyset$, there is no influence on $v_{1}^{2}$ when we consider $v_{i_{1}}^{2}$ and $w_{j_{1}}^{2}$. Hence, the label " $\circ$ " on $v_{1}^{2}$ means that we retain the arc $v_{1}^{2}$. So, we also denote it by $v_{1_{1}}^{2}$, but in the future banding sum process, we do not need to consider it.

By (8) in Proposition 2.3 and the argument as above, we have:
Lemma 2.8. There are two sets of pairwise disjoint properly embedded disks $\left\{V_{i_{1}} \mid\right.$ the label $v_{i}$ is "-" and $\left.2 \leq i \leq p\right\}$ in $V^{2}$, and $\left\{W_{j_{1}} \mid\right.$ the label $w_{j}$ is " - "; $1 \leq j \leq n$ and $\left.j \neq m^{1}\right\}$ in $W^{2}$, satisfying the following conditions:
(1) $V_{i_{1}} \cap F_{V}^{2}=v_{i_{1}}^{2} \cup_{r \in I\left(v_{i}\right)} v_{r_{1}}^{2}, W_{j_{1}} \cap F_{V}^{2}=\left(w_{j_{1}}^{2} \cap F_{V}^{2}\right) \cup_{r \in I\left(w_{j}\right)}\left(w_{r_{1}}^{2} \cap F_{V}^{2}\right)$;
(2) $V_{i_{1}} \cap W_{j_{1}}=V_{i_{1}} \cap W_{j_{1}} \cap F_{V}^{2}$.


Figure 4. $v_{i}^{2} \cap w_{j}^{2}$ and $v_{i_{1}}^{2} \cap w_{j_{1}}^{2}\left(2 \leq i \leq p ; 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$

Remark 2.9. By the argument as above, for each $\operatorname{arc} v_{i_{1}}^{2}(2 \leq i \leq p)$ and $w_{j_{1}}^{2}$ $\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$ on $S^{2}$, if $w_{j}^{2} \cap v_{1}^{2}=\emptyset$, then $w_{j_{1}}^{2}$ lies in $F_{V}^{2}$ and $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right| \leq 1$; if $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$ and $v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right)=\emptyset$, then $\mid w_{j_{1}}^{2} \cap$ $v_{i_{1}}^{2} \mid \leq 1$; if $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$ and $v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right) \neq \emptyset$, then $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right| \geq 1$. Particularly, if $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right| \geq 2$, then $j$ is not the minimal label among all arcs of $\left\{w_{l_{1}}^{2} \mid 1 \leq l \leq n\right.$ and $\left.l \neq m^{1}\right\}$ on $S^{2}$ with $w_{j_{1}}^{2} \cap v_{i_{1}}^{2} \neq \emptyset$. Specifically, if $w_{j}^{2} \cap v_{1}^{2}=\emptyset$, then $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=\left|w_{j}^{2} \cap v_{i}^{2}\right|$; if $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1,\left|v_{i}^{2} \cap\left(w_{j}^{2} \cup w_{m^{1}}^{2}\right)\right|=1$ and $\left|v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right)\right|=k$, then $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=k+1$; if $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$, $\left|v_{i}^{2} \cap\left(w_{j}^{2} \cup w_{m^{1}}^{2}\right)\right|=0$ or 2 and $\left|v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right)\right|=k$, then $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=k$ after isotopy, see Figure 4.
Remark 2.10. By $\left(I_{1}\right),\left(I_{2}\right)$, if $m^{1}=\emptyset$ and the label $v_{1}$ on $F_{V}$ is " + ", then we label $v_{1}^{1}$ on $F_{V}^{1}$ with " $\times$ " and label $v_{1}^{2}$ on $F_{V}^{2}$ with "०"; if $m^{1}=\emptyset$ and the label $v_{1}$ on $F_{V}$ is " - ", then we label $v_{1}^{1}$ on $F_{V}^{1}$ with " $\circ$ " and label $v_{1}^{2}$ on $F_{V}^{2}$ with " $\times$ "; if $m^{1} \neq \emptyset$, the label $v_{1}$ on $F_{V}$ is " + ", by Lemma 2.5 , we may assume that the label $w_{m^{1}}$ on $F_{V}$ is " - ", then after banding sum, we label $v_{1}^{1}$ on $F_{V}^{1}$ with " $\times$ ", label $w_{m^{1}}^{1}$ on $F_{V}^{1}$ with " $\circ$ ", label $v_{1}^{2}$ on $F_{V}^{2}$ with " $\circ$ ", and label $w_{m^{1}}^{2}$ on $F_{V}^{2}$ with " $\times$ "; if $m^{1} \neq \emptyset$, the label $v_{1}$ on $F_{V}$ is " - ", by Lemma 2.5, we may assume that the label $w_{m^{1}}$ on $F_{V}$ is " + ", then after banding sum, we label $v_{1}^{1}$ on $F_{V}^{1}$ with " $\circ$ ", label $w_{m^{1}}^{1}$ on $F_{V}^{1}$ with " $\times$ ", label $v_{1}^{2}$ on $F_{V}^{2}$ with " $\times$ ", and label $w_{m^{1}}^{2}$ on $F_{V}^{2}$ with " $\circ$ ".

$$
\text { Let } \Delta v_{i_{1}}^{k}=\left\{j \mid v_{i_{1}}^{k} \cap w_{j_{1}}^{k} \neq \emptyset\right\}\left(2 \leq i \leq p ; 1 \leq j \leq n \text { and } j \neq m^{1} ; k=1,2\right)
$$

Then, we have:
Lemma 2.11. For $2 \leq i \leq p$, if $m^{1}=\emptyset$ and the label $v_{1}$ on $F_{V}$ is " + ", then $\triangle v_{i_{1}}^{1}=\triangle v_{i_{1}}^{2}$; if $m^{1} \neq \emptyset$, the label $v_{1}$ on $F_{V}$ is " $+"$ and the label $w_{m^{1}}$ on $F_{V}$ is " - ", then $\triangle v_{i_{1}}^{1} \subseteq \triangle v_{i_{1}}^{2}$, and if $j \in \triangle v_{i_{1}}^{2}-\triangle v_{i_{1}}^{1}$, then $j$ is not the minimal label among all arcs of $\left\{w_{l_{1}}^{2} \mid 1 \leq l \leq n\right.$ and $\left.l \neq m^{1}\right\}$ on $S^{2}$ with $v_{i_{1}}^{2} \cap w_{j_{1}}^{2} \neq \emptyset$.
Proof. Before banding sum, $v_{i}^{1}=v_{i}^{2}(1 \leq i \leq p)$ and $w_{j}^{1}=w_{j}^{2}(1 \leq j \leq n)$. If $m^{1}=\emptyset$, then we do not need to band sum. So, $v_{i}^{k}=v_{i_{1}}^{k}$ and $w_{j}^{k}=w_{j_{1}}^{k}(2 \leq$ $i \leq p ; 1 \leq j \leq n ; k=1,2)$. Since $\left|v_{i}^{1} \cap w_{j}^{1}\right|=\left|v_{i}^{2} \cap w_{j}^{2}\right|,\left|v_{i_{1}}^{1} \cap w_{j_{1}}^{1}\right|=\left|v_{i_{1}}^{2} \cap w_{j_{1}}^{2}\right|$ $(2 \leq i \leq p ; 1 \leq j \leq n)$. Hence, $\triangle v_{i_{1}}^{1}=\triangle v_{i_{1}}^{2}(2 \leq i \leq p)$. So, we may assume that $m^{1} \neq \emptyset$. There are two cases:
Case 1 in Lemma 2.11. $v_{i}^{1} \cap w_{m^{1}}^{1}=\emptyset$ for some $2 \leq i \leq p$.
Since $v_{i}^{1}=v_{i}^{2}$ and $w_{m^{1}}^{1}=w_{m^{1}}^{2}, v_{i}^{2} \cap w_{m^{1}}^{2}=\emptyset$. By $\left(I_{2}\right), v_{i}^{2}=v_{i_{1}}^{2}$. Since $v_{i}^{1} \cap w_{m^{1}}^{1}=\emptyset$, by $\left(I_{1}\right), v_{i}^{1}=v_{i_{1}}^{1}$. By Remark 2.7, for each $1 \leq l \leq n$ and $l \neq m^{1},\left|v_{i_{1}}^{1} \cap w_{l_{1}}^{1}\right| \leq 1$. Hence, for each $j \in \triangle v_{i_{1}}^{1},\left|w_{j_{1}}^{1} \cap v_{i_{1}}^{1}\right|=1$. By $\left(I_{1}\right)$, since $w_{j}^{1}=w_{j_{1}}^{1}$ and $v_{i}^{1}=v_{i_{1}}^{1},\left|v_{i}^{1} \cap w_{j}^{1}\right|=1$. So, $\left|v_{i}^{2} \cap w_{j}^{2}\right|=1$. If $w_{j}^{2} \cap v_{1}^{2}=\emptyset$, then by $\left(I_{2}\right), w_{j}^{2}=w_{j_{1}}^{2}$. Since $v_{i}^{2}=v_{i_{1}}^{2},\left|v_{i_{1}}^{2} \cap w_{j_{1}}^{2}\right|=1$. Hence, $j \in \triangle v_{i_{1}}^{2}$. So, $\triangle v_{i_{1}}^{1} \subseteq \triangle v_{i_{1}}^{2}$. If $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$, since $\left|v_{i}^{2} \cap\left(w_{m^{1}}^{2} \cup w_{j}^{2}\right)\right|=1$, by Remark 2.9, $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=k+1$, where $k=\left|v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right)\right|$. Hence, $j \in \triangle v_{i_{1}}^{2}$. So, $\triangle v_{i_{1}}^{1} \subseteq \triangle v_{i_{1}}^{2}$.

For each $j \notin \triangle v_{i_{1}}^{1}, v_{i_{1}}^{1} \cap w_{j_{1}}^{1}=\emptyset$. Since $v_{i_{1}}^{1}=v_{i}^{1}$ and $w_{j_{1}}^{1}=w_{j}^{1}, v_{i}^{1} \cap w_{j}^{1}=\emptyset$. So, $v_{i}^{2} \cap w_{j}^{2}=\emptyset$. If $w_{j}^{2} \cap v_{1}^{2}=\emptyset$, then by $\left(I_{2}\right), w_{j}^{2}=w_{j_{1}}^{2}$. Since $v_{i}^{2}=v_{i_{1}}^{2}$, $w_{j_{1}}^{2} \cap v_{i_{1}}^{2}=\emptyset$. Hence, $j \notin \triangle v_{i_{1}}^{2}$. If $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$, since $v_{i}^{2} \cap\left(w_{j}^{2} \cup w_{m^{1}}^{2}\right)=\emptyset$, by Remark 2.9, $\left|v_{i_{1}}^{2} \cap w_{j_{1}}^{2}\right|=k$, where $k=\left|v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right)\right|$. If $k=0$, then $j \notin \triangle v_{i_{1}}^{2}$. If $k>0$, then $j \in \triangle v_{i_{1}}^{2}-\triangle v_{i_{1}}^{1}$. Since $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$, by the minimality of $m^{1}$ and (2) in Proposition $2.3, j>m^{1}>r$, where $r \in I\left(w_{m^{1}}\right)$. Since $k>0$, there is $r \in I\left(w_{m^{1}}\right)$ with $\left|v_{i}^{2} \cap w_{r}^{2}\right|=1$. By the minimality of $m^{1}$, $w_{r}^{2} \cap v_{1}^{2}=\emptyset$. By $\left(I_{2}\right), w_{r}^{2}=w_{r_{1}}^{2}$. Since $v_{i}^{2}=v_{i_{1}}^{2},\left|v_{i_{1}}^{2} \cap w_{r_{1}}^{2}\right|=1$. Since $j>r, j$ is not the minimal label among all arcs of $\left\{w_{l_{1}}^{2} \mid 1 \leq l \leq n\right.$ and $\left.l \neq m^{1}\right\}$ on $S^{2}$ with $v_{i_{1}}^{2} \cap w_{j_{1}}^{2} \neq \emptyset$.
Case 2 in Lemma 2.11. $\left|v_{i}^{1} \cap w_{m^{1}}^{1}\right|=1$ for some $2 \leq i \leq p$.
Since $v_{i}^{1}=v_{i}^{2}$ and $w_{m^{1}}^{1}=w_{m^{1}}^{2},\left|v_{i}^{2} \cap w_{m^{1}}^{2}\right|=1 . \quad$ Since $\left|v_{i}^{1} \cap w_{m^{1}}^{1}\right|=1$, $v_{i}^{1} \neq v_{i_{1}}^{1}$. By Remark 2.7, for each $1 \leq l \leq n$ and $l \neq m^{1},\left|v_{i_{1}}^{1} \cap w_{l_{1}}^{1}\right| \leq 1$. Hence, for each $j \in \triangle v_{i_{1}}^{1},\left|w_{j_{1}}^{1} \cap v_{i_{1}}^{1}\right|=1$. By Remark 2.7, $\left|w_{j}^{1} \cap\left(v_{1}^{1} \cup v_{i}^{1}\right)\right|=1$. So, $\left|w_{j}^{2} \cap\left(v_{1}^{2} \cup v_{i}^{2}\right)\right|=1$. If $w_{j}^{2} \cap v_{1}^{2}=\emptyset$ and $\left|w_{j}^{2} \cap v_{i}^{2}\right|=1$, then by $\left(I_{2}\right)$, $w_{j}^{2}=w_{j_{1}}^{2}$. Since $v_{i}^{2}=v_{i_{1}}^{2},\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=1$. Then, $j \in \triangle v_{i_{1}}^{2}$. So, $\triangle v_{i_{1}}^{1} \subseteq \triangle v_{i_{1}}^{2}$. If $\left|w_{j}^{2} \cap v_{1}^{2}\right|=1$ and $w_{j}^{2} \cap v_{i}^{2}=\emptyset$, then $\left|v_{i}^{2} \cap\left(w_{m^{1}}^{2} \cup w_{j}^{2}\right)\right|=1$. By Remark 2.9, $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=k+1$, where $k=\left|v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right)\right|$. Hence, $j \in \triangle v_{i_{1}}^{2}$. So, $\triangle v_{i_{1}}^{1} \subseteq \triangle v_{i_{1}}^{2}$.

For each $j \notin \triangle v_{i_{1}}^{1}, w_{j_{1}}^{1} \cap v_{i_{1}}^{1}=\emptyset$. By Remark 2.7, $\mid w_{j}^{1} \cap\left(v_{1}^{1} \cup v_{i}^{1}\right)=0$ or 2. So, $\left|w_{j}^{2} \cap\left(v_{1}^{2} \cup v_{i}^{2}\right)\right|=0$ or 2. If $w_{j}^{2} \cap\left(v_{1}^{2} \cup v_{i}^{2}\right)=\emptyset$, then by $\left(I_{2}\right), w_{j}^{2}=w_{j_{1}}^{2}$. Since $v_{i}^{2}=v_{i_{1}}^{2}, w_{j_{1}}^{2} \cap v_{i_{1}}^{2}=\emptyset$. Hence, $j \notin \triangle v_{i_{1}}^{2}$. If $\left|w_{j}^{2} \cap\left(v_{1}^{2} \cup v_{i}^{2}\right)\right|=2$, then $\left|v_{i}^{2} \cap\left(w_{m^{1}}^{2} \cup w_{j}^{2}\right)\right|=2$. By Remark 2.9, $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=k$, where $k=$ $\left|v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)}\right) w_{r}^{2}\right|$. If $k=0$, then $j \notin \triangle v_{i_{1}}^{2}$. If $k>0$, then $j \in \triangle v_{i_{1}}^{2}-\triangle v_{i_{1}}^{1}$. By the same argument as in Case 1 in Lemma 2.11, $j$ is not minimal label among all arcs of $\left\{w_{l_{1}}^{2} \mid 1 \leq l \leq n\right.$ and $\left.l \neq m^{1}\right\}$ on $S^{2}$ with $v_{i_{1}}^{2} \cap w_{j_{1}}^{2} \neq \emptyset$.
Remark 2.12. By the same proof as in Lemma 2.11, for $2 \leq i \leq p$, if $m^{1}=\emptyset$ and the label $v_{1}$ on $F_{V}$ is " - ", then $\triangle v_{i_{1}}^{1}=\triangle v_{i_{1}}^{2}$; if $m^{1} \neq \emptyset$, the label $v_{1}$ on $F_{V}$ is "-" and the label $w_{m^{1}}$ on $F_{V}$ is "+", then $\triangle v_{i_{1}}^{2} \subseteq \triangle v_{i_{1}}^{1}$, and if $j \in \triangle v_{i_{1}}^{1}-\triangle v_{i_{1}}^{2}$, then $j$ is not the minimal label among all arcs of $\left\{w_{l_{1}}^{1} \mid 1 \leq l \leq n\right.$ and $\left.l \neq m^{1}\right\}$ on $S^{1}$ with $v_{i_{1}}^{1} \cap w_{j_{1}}^{1} \neq \emptyset$.

Second, we consider the arc $v_{2_{1}}^{1}$ on $S^{1}$.
Lemma 2.13. If $m^{2}$ is the minimal label among all arcs of $\left\{w_{j_{1}}^{1} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right\}$ on $S^{1}$ with $\left|w_{m_{1}^{2}}^{1} \cap v_{2_{1}}^{1}\right|=1$, then $m^{2}$ is the minimal label among all arcs of $\left\{w_{j_{1}}^{2} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right\}$ on $S^{2}$ with $\left|w_{m_{1}^{2}}^{2} \cap v_{2_{1}}^{2}\right|=1$.
Proof. By Lemma 2.11, if $m^{1}=\emptyset$, then $\triangle v_{2_{1}}^{1}=\triangle v_{2_{1}}^{2}$; if $m^{1} \neq \emptyset$, then $\triangle v_{2_{1}}^{1} \subseteq$ $\triangle v_{2_{1}}^{2}$, and if $j \in \triangle v_{2_{1}}^{2}-\triangle v_{2_{1}}^{1}$, then $j$ is not the minimal label among all arcs of $\left\{w_{l_{1}}^{2} \mid 1 \leq l \leq n\right.$ and $\left.l \neq m^{1}\right\}$ on $S^{2}$ with $v_{2_{1}}^{2} \cap w_{j_{1}}^{2} \neq \emptyset$. So, if $m^{2}$ is minimal
in $\triangle v_{2_{1}}^{1}$, then $m^{2}$ is minimal in $\triangle v_{2_{1}}^{2}$. By Remark 2.7, $\left|w_{m_{1}^{2}}^{1} \cap v_{2_{1}}^{1}\right|=1$. By Remark 2.9, $\left|w_{m_{1}^{2}}^{2} \cap v_{2_{1}}^{2}\right|=1$.

By the same proof as above (see Remark 2.10), if $m^{2}=\emptyset$ and the label $v_{2}$ on $F_{V}$ is " + ", then we label $v_{2_{1}}^{1}$ on $S^{1}$ with " $\times$ " and label $v_{2_{1}}^{2}$ on $S^{2}$ with "०"; if $m^{2}=\emptyset$ and the label $v_{2}$ on $F_{V}$ is " - ", then we label $v_{2_{1}}^{1}$ on $S^{1}$ with " $\circ$ " and label $v_{2_{1}}^{2}$ on $S^{2}$ with " $\times$ ". For convenience, for each arc $v_{i_{1}}^{k}(3 \leq i \leq p)$ and $w_{j_{1}}^{k}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}\right)$ on $S^{k}(k=1,2)$, we denote them by $v_{i_{2}}^{k}$ and $w_{j_{2}}^{k}$. We may assume that $v_{i_{2}}^{k}$ and $v_{i_{1}}^{k}$ have the same label, and $w_{j_{2}}^{k}$ and $w_{j_{1}}^{k}$ have the same label. For each disk $V_{i_{1}}(3 \leq i \leq p$ or $i=x)$ and $W_{j_{1}}(1 \leq j \leq n$ and $j \neq m^{1}$, or $j=x$ ), we denote them by $V_{i_{2}}$ and $W_{j_{2}}$. If $v_{2_{1}}^{k}(k=1,2)$ is retained, we also denote it by $v_{2_{2}}^{k}$. But in the future banding sum process, we do not consider $v_{2_{2}}^{k}$.

If $m^{2} \neq \emptyset$, the label $v_{2}$ on $F_{V}$ is " + ", by Lemma 2.5, we may assume that the label $w_{m^{2}}$ on $F_{V}$ is " - ", then $V_{2_{1}}$ is a properly embedded disk in $V^{1}$ and $W_{m_{1}^{2}}$ is a properly embedded disk in $W^{2}$. For each disk $V_{i_{1}}$ (the label $v_{i}$ on $F_{V}$ is " $+" ; 3 \leq i \leq p$ or $i=x$ ) in $V^{1}$, if $V_{i_{1}} \cap w_{m_{1}^{2}}^{1}=\emptyset$, then we do nothing and denote it by $V_{i_{2}}$; if $V_{i_{1}} \cap w_{m_{1}^{2}}^{1} \neq \emptyset$, then by the same argument as in $\left(I_{1}\right)$, we band sum $V_{i_{1}}$ and $V_{2_{1}}$ along $w_{m_{1}^{2}}^{1}$, after banding sum, we denote it by $V_{i_{2}}$, such that $V_{i_{2}} \cap V_{2_{1}}=\emptyset$ and $\partial V_{i_{2}} \cap\left(v_{2_{1}}^{1} \cup w_{m_{1}^{2}}^{1}\right)=\emptyset$. For each disk $W_{j_{1}}$ (the label $w_{j}$ on $F_{V}$ is " $+" ; 1 \leq j \leq n$ and $j \neq m^{1}, m^{2}$, or $\left.j=x\right)$ in $W^{1}$, we do nothing and denote it by $W_{j_{2}}$. For each disk $W_{j_{1}}$ (the label $w_{j}$ is " - "; $1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2}\right)$ in $W^{2}$, if $W_{j_{1}} \cap v_{2_{1}}^{2}=\emptyset$, then we do nothing and denote it by $W_{j_{2}}$; if $W_{j_{1}} \cap v_{2_{1}}^{2} \neq \emptyset$, then by the same argument as in $\left(I_{2}\right)$, we band sum $W_{j_{1}}$ and $W_{m_{1}^{2}}$ along $v_{2_{1}}^{2}$, after banding sum, we denote it by $W_{j_{2}}$, such that $W_{j_{2}} \cap W_{m_{1}^{2}}=\emptyset$ and $\partial W_{j_{2}} \cap\left(v_{2_{1}}^{2} \cup w_{m_{1}^{2}}^{2}\right)=\emptyset$. For each disk $V_{i_{1}}$ (the label $v_{i}$ is " - "; $3 \leq i \leq p)$ in $V^{2}$, we do nothing and denote it by $V_{i_{2}}$.

Correspondingly, for each arc $v_{i_{1}}^{k}$ and $w_{j_{1}}^{k}(3 \leq i \leq p ; 1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2} ; k=1,2\right)$ on $S^{k}$ before banding sum, we denote them by $v_{i_{2}}^{k}$ and $w_{j_{2}}^{k}$ after banding sum. Now we label $v_{2_{1}}^{1}$ on $S^{1}$ with " $\times$ ", label $w_{m_{1}^{2}}^{1}$ on $S^{1}$ with " $\circ$ ", label $v_{2_{1}}^{2}$ on $S^{2}$ with "○" and label $w_{m_{1}^{2}}^{2}$ on $S^{2}$ with" $\times$ ". Since both $w_{m_{1}^{2}}^{1}$ and $v_{2_{1}}^{2}$ are retained, for convenience, we denote them by $w_{m_{2}^{2}}^{1}$ and $v_{2_{2}}^{2}$. But in the future banding sum process, we do not need to consider them. So, we obtain four sets of pairwise disjoint properly embedded disks $\left\{V_{i_{2}} \mid\right.$ the label $v_{i}$ is " + " and $\left.3 \leq i \leq p\right\} \cup\left\{V_{x_{2}}\right\}$ in $V^{1},\left\{W_{j_{2}} \mid\right.$ the label $w_{j}$ is " + ", $1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2}\right\} \cup\left\{W_{x_{2}}\right\}$ in $W^{1},\left\{V_{i_{2}} \mid\right.$ the label $v_{i}$ is " - " and $3 \leq i \leq p\}$ in $V^{2}$, and $\left\{W_{j_{2}} \mid\right.$ the label $w_{j}$ is " $-", 1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2}\right\}$ in $W^{2}$, satisfying the same properties as in Lemmas 2.6 and 2.8.

If $m^{2} \neq \emptyset$, the label $v_{2}$ on $F_{V}$ is " - ", by Lemma 2.5, we may assume that the label $w_{m^{2}}$ on $F_{V}$ is " + ", then $V_{2_{1}}$ is a properly embedded disk in $V^{2}$ and
$W_{m_{1}^{2}}$ is a properly embedded disk in $W^{1}$. For each disk $W_{j_{1}}$ (the label $w_{j}$ is " + "; $1 \leq j \leq n$ and $j \neq m^{1}, m^{2}$, or $\left.j=x\right)$ in $W^{1}$, if $W_{j_{1}} \cap v_{2_{1}}^{1}=\emptyset$, then we do nothing and denote it by $W_{j_{2}}$; if $W_{j_{1}} \cap v_{2_{1}}^{1} \neq \emptyset$, then by the same argument as in ( $I_{2}$ ), we band sum $W_{j_{1}}$ and $W_{m_{1}^{2}}$ along $v_{2_{1}}^{1}$, after banding sum, we denote it by $W_{j_{2}}$, such that $W_{j_{2}} \cap W_{m_{1}^{2}}=\emptyset$ and $\partial W_{j_{2}} \cap\left(v_{2_{1}}^{1} \cup w_{m_{1}^{2}}^{1}\right)=\emptyset$. For each disk $V_{i_{1}}$ (the label $v_{i}$ is " + "; $3 \leq i \leq p$ or $i=x$ ) in $V^{1}$, we do nothing and denote it by $V_{i_{2}}$. For each disk $V_{i_{1}}$ (the label $v_{i}$ is " $-" ; 3 \leq i \leq p$ ) in $V^{2}$, if $V_{i_{1}} \cap w_{m_{1}^{2}}^{2}=\emptyset$, then we do nothing and denote it by $V_{i_{2}} ;$ if $V_{i_{1}} \cap w_{m_{1}^{2}}^{2} \neq \emptyset$, then by the same argument as in $\left(I_{1}\right)$, we band sum $V_{i_{1}}$ and $V_{2_{1}}$ along $w_{m_{1}^{2}}^{2}$, after banding sum, we denote it by $V_{i_{2}}$, such that $V_{i_{2}} \cap V_{2_{1}}=\emptyset$ and $\partial V_{i_{2}} \cap\left(v_{2_{1}}^{2} \cup w_{m_{1}^{2}}^{2}\right)=\emptyset$. For each disk $W_{j_{1}}$ (the label $w_{j}$ is " $-" ; 1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2}\right)$ in $W^{2}$, we do nothing and denote it by $W_{j_{2}}$.

Correspondingly, for each arc $v_{i_{1}}^{k}$ and $w_{j_{1}}^{k}(3 \leq i \leq p ; 1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2} ; k=1,2\right)$ on $S^{k}$ before banding sum, we denote them by $v_{i_{2}}^{k}$ and $w_{j_{2}}^{k}$ after banding sum. Now we label $v_{2_{1}}^{1}$ on $S^{1}$ with " $\circ$ ", label $w_{m_{1}^{2}}^{1}$ on $S^{1}$ with " $\times$ ", label $v_{2_{1}}^{2}$ on $S^{2}$ with " $\times$ " and label $w_{m_{1}^{2}}^{2}$ on $S^{2}$ with " ○". Since both $v_{2_{1}}^{1}$ and $w_{m_{1}^{2}}^{2}$ are retained, we denote them by $v_{2_{2}}^{1}$ and $w_{m_{2}^{2}}^{2}$. But in the future banding sum process, we do not need to consider them. So, we obtain four sets of pairwise disjoint properly embedded disks $\left\{V_{i_{2}} \mid\right.$ the label $v_{i}$ is "+" and $3 \leq i \leq p\} \cup\left\{V_{x_{2}}\right\}$ in $V^{1},\left\{W_{j_{2}} \mid\right.$ the label $w_{j}$ is " $+", 1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2}\right\} \cup\left\{W_{x_{2}}\right\}$ in $W^{1},\left\{V_{i_{2}} \mid\right.$ the label $v_{i}$ is " - " and $\left.3 \leq i \leq p\right\}$ in $V^{2}$, and $\left\{W_{j_{2}} \mid\right.$ the label $w_{j}$ is " $-", 1 \leq j \leq n$ and $\left.j \neq m^{1}, m^{2}\right\}$ in $W^{2}$, satisfying the same properties as in Lemmas 2.6 and 2.8.

We continue this procedure as above, there are $p$ steps. For each step $l$ $(1 \leq l \leq p)$, by the same argument as above, before banding sum, there are four sets of pairwise disjoint $\operatorname{arcs}\left\{v_{i_{l-1}}^{k} \mid l \leq i \leq p\right\} \cup\left\{v_{i_{l-1}}^{k} \mid 1 \leq i \leq l-1\right.$ and $v_{i_{l-1}}^{k}$ is labelled with " $\circ$ " $\}$ and $\left\{w_{j_{l-1}}^{k} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{l-1}\right\} \cup\left\{w_{j_{l-1}}^{k} \mid j=\right.$ $m^{1}, \ldots, m^{l-1}$ and $w_{j_{l-1}}^{k}$ is labelled with "○" $\}$ on $S^{k}(k=1,2)$. Let $\triangle v_{i_{l-1}}^{k}=$ $\left\{j \mid v_{i_{l-1}}^{k} \cap w_{j_{l-1}}^{k} \neq \emptyset\right\}\left(l \leq i \leq p ; 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{l-1} ; k=1,2\right)$. Then, we have:

Lemma 2.14. For $l \leq i \leq p$, if $j \in \triangle v_{i_{l-1}}^{1}-\triangle v_{i_{l-1}}^{2}$, then $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{1} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{1}$ with $v_{i_{l-1}}^{1} \cap w_{j_{l-1}}^{1} \neq \emptyset$; if $j \in \triangle v_{i_{l-1}}^{2}-\triangle v_{i_{l-1}}^{1}$, then $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{2} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{2}$ with $v_{i_{l-1}}^{2} \cap w_{j_{l-1}}^{2} \neq \emptyset$.
Proof. Note that $\triangle v_{i_{l-1}}^{1} \nsubseteq \triangle v_{i_{l-1}}^{2}$ and $\triangle v_{i_{l-1}}^{2} \nsubseteq \triangle v_{i_{l-1}}^{1}$ for $l \geq 3$. Recall the step 2 in Lemma 13, we do not need to consider $\triangle v_{i_{1}}^{1} \subseteq \triangle v_{i_{1}}^{2}$ and $\triangle v_{i_{1}}^{2} \subseteq \triangle v_{i_{1}}^{1}$, if $j \in \triangle v_{i_{1}}^{2}-\triangle v_{i_{1}}^{1}$, i.e., $j \in \triangle v_{i_{1}}^{2}$ and $j \notin \triangle v_{i_{1}}^{1}$, then $w_{j}^{2} \cap v_{1}^{2} \neq \emptyset$ and for some $i, v_{i}^{2} \cap w_{m^{1}}^{2}=\emptyset$ and $v_{i}^{2} \cap\left(\cup_{r \in I\left(w_{m^{1}}\right)} w_{r}^{2}\right) \neq \emptyset$, see Figure 5 . We may assume
that $v_{i}^{2} \cap w_{r}^{2} \neq \emptyset$ for some $r \in I\left(w_{m^{1}}\right)$. So, $j>m^{1}>r$. After banding sum, $w_{j_{1}}^{2} \cap v_{i_{1}}^{2} \neq \emptyset$ on $S^{2}$, see Figure 5, and $w_{j_{1}}^{1} \cap v_{i_{1}}^{1}=\emptyset$ on $S^{1}$, see Figure 6.


Figure 5. $w_{j_{1}}^{2} \cap v_{i_{1}}^{2} \neq \emptyset$ on $S^{2}$


Figure 6. $w_{j_{1}}^{1} \cap v_{i_{1}}^{1}=\emptyset$ on $S^{1}$
Since $v_{i}^{2} \cap w_{r}^{2} \neq \emptyset$ for some $r \in I\left(w_{m^{1}}\right)$ and $r<j$, then after banding sum, $j$ is not the minimal label among all arcs of $\left\{w_{h_{1}}^{2} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}\right\}$ on $S^{2}$ with $v_{i_{1}}^{2} \cap w_{j_{1}}^{2} \neq \emptyset$ and $j \notin \triangle v_{i_{1}}^{1}$. If $j \in\left(\triangle v_{i_{1}}^{1} \cap \triangle v_{i_{1}}^{2}\right)$ and $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|>1$, then by the same argument, $j$ is not the minimal label among all arcs of $\left\{w_{h_{1}}^{2} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}\right\}$ on $S^{2}$ with $v_{i_{1}}^{2} \cap w_{j_{1}}^{2} \neq \emptyset$, see Figure 7 , also, $j$ is not the minimal label among all arcs of $\left\{w_{h_{1}}^{1} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}\right\}$ on $S^{1}$ with $v_{i_{1}}^{1} \cap w_{j_{1}}^{1} \neq \emptyset$, see Figure 8. If $j \in\left(\triangle v_{i_{1}}^{1} \cap \triangle v_{i_{1}}^{2}\right)$ and $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right| \leq 1$, then by Remarks 9 and 11, $\left|w_{j_{1}}^{1} \cap v_{i_{1}}^{1}\right|=\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|=1$. So, $m^{2} \in\left(\triangle v_{i_{1}}^{1} \cap \triangle v_{i_{1}}^{2}\right)$ and $\left|w_{m_{1}^{2}}^{1} \cap v_{i_{1}}^{1}\right|=\left|w_{m_{1}^{2}}^{2} \cap v_{i_{1}}^{2}\right|=1$. If $j \in \triangle v_{i_{1}}^{1}-\triangle v_{i_{1}}^{2}$, then by the same arguments, $j$ is not the minimal label among all arcs of $\left\{w_{h_{1}}^{1} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}\right\}$ on $S^{1}$ with $v_{i_{1}}^{1} \cap w_{j_{1}}^{1} \neq \emptyset$ and $j \notin \triangle v_{i_{1}}^{2}$, and $m^{2} \in\left(\triangle v_{i_{1}}^{1} \cap \triangle v_{i_{1}}^{2}\right)$ and $\left|w_{m_{1}^{2}}^{1} \cap v_{i_{1}}^{1}\right|=\left|w_{m_{1}^{2}}^{2} \cap v_{i_{1}}^{2}\right|=1$.

By the same arguments, for $l \leq i \leq p$, if $j \in \triangle v_{i_{l-1}}^{1}-\Delta v_{i_{l-1}}^{2}$, then $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{1} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{1}$ with $v_{i_{l-1}}^{1} \cap w_{j_{l-1}}^{1} \neq \emptyset$ and $j \notin \triangle v_{i_{l-1}}^{2}$; if $j \in\left(\triangle v_{i_{l-1}}^{1} \cap \triangle v_{i_{l-1}}^{2}\right)$ and $\left|w_{j_{l-1}}^{1} \cap v_{i_{l-1}}^{1}\right|>1$, then by the same argument, $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{1} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{1}$ with $v_{i_{l-1}}^{1} \cap w_{j_{l-1}}^{1} \neq$ $\emptyset$, also, $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{2} \mid 1 \leq h \leq n\right.$ and


Figure 7. $\left|w_{j_{1}}^{2} \cap v_{i_{1}}^{2}\right|>1$ on $S^{2}$


Figure 8. $w_{j_{1}}^{1}$ and $v_{i_{1}}^{1}$ on $S^{1}$
$\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{2}$ with $v_{i_{l-1}}^{2} \cap w_{j_{l-1}}^{2} \neq \emptyset$; if $j \in\left(\triangle v_{i_{l-1}}^{1} \cap \triangle v_{i_{l-1}}^{2}\right)$ and $\left|w_{j_{l-1}}^{2} \cap v_{i_{l-1}}^{2}\right|>1$, then by the same argument, $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{2} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{2}$ with $v_{i_{l-1}}^{2} \cap w_{j_{l-1}}^{2} \neq \emptyset$, also, $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{1} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{1}$ with $v_{i_{l-1}}^{1} \cap w_{j_{l-1}}^{1} \neq \emptyset$; if $j \in\left(\triangle v_{i_{l-1}}^{1} \cap \triangle v_{i_{l-1}}^{2}\right),\left|w_{j_{l-1}}^{1} \cap v_{i_{l-1}}^{1}\right| \leq 1$ and $\left|w_{j_{l-1}}^{2} \cap v_{i_{l-1}}^{2}\right| \leq 1$, then $\mid w_{j_{l-1}}^{1} \cap$ $v_{i_{l-1}}^{1}\left|=\left|w_{j_{l-1}}^{2} \cap v_{i_{l-1}}^{2}\right|=1\right.$. So, $m^{l} \in\left(\triangle v_{i_{l-1}}^{1} \cap \triangle v_{i_{l-1}}^{2}\right)$ and $| w_{m_{l-1}^{l}}^{1} \cap v_{i_{l-1}}^{1} \mid=$ $\left|w_{m_{l-1}^{l}}^{2} \cap v_{i_{l-1}}^{2}\right|=1$. If $j \in \triangle v_{i_{l-1}}^{2}-\triangle v_{i_{l-1}}^{1}$, then by the same arguments, $j$ is not the minimal label among all arcs of $\left\{w_{h_{l-1}}^{1} \mid 1 \leq h \leq n\right.$ and $\left.h \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{2}$ with $v_{i_{l-1}}^{1} \cap w_{j_{l-1}}^{1} \neq \emptyset$ and $j \notin \triangle v_{i_{l-1}}^{1}$, and $m^{l} \in\left(\triangle v_{i_{l-1}}^{1} \cap \triangle v_{i_{l-1}}^{2}\right)$ and $\left|w_{m_{l-1}^{l}}^{1} \cap v_{i_{l-1}}^{1}\right|=\left|w_{m_{l-1}^{l}}^{2} \cap v_{i_{l-1}}^{2}\right|=1$.

For step $l$, we consider the $\operatorname{arc} v_{l_{l-1}}^{1}$ on $S^{1}$. By the proof of Lemma 2.14, we have:

Lemma 2.15. If $m^{l}$ is the minimal label among all arcs of $\left\{w_{j_{l-1}}^{1} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{1}$ with $\left|w_{m_{l-1}^{l}}^{1} \cap v_{l_{l-1}}^{1}\right|=1$, then $m^{l}$ is the minimal label among all arcs of $\left\{w_{j_{l-1}}^{2} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{l-1}\right\}$ on $S^{2}$ with $\left|w_{m_{l-1}^{l}}^{2} \cap v_{l_{l-1}}^{2}\right|=1$.

If $m^{l}=\emptyset$ and the label $v_{l}$ on $F_{V}$ is " + ", then we label $v_{l_{l-1}}^{1}$ on $S^{1}$ with " $\times$ " and label $v_{l_{l-1}}^{2}$ on $S^{2}$ with "○"; if $m^{l}=\emptyset$ and the label $v_{l}$ on $F_{V}$ is " - ", then we label $v_{l_{l-1}}^{1}$ on $S^{1}$ with "०" and label $v_{l_{l-1}}^{2}$ on $S^{2}$ with " $\times$ ". For convenience, for each arc $v_{i_{l-1}}^{k}(l \leq i \leq p)$ and $w_{j_{l-1}}^{k}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{l-1}\right)$ on $S^{k}(k=1,2)$, we denote them by $v_{i_{l}}^{k}$ and $w_{j_{l}}^{k}$. We may assume that $v_{i_{l}}^{k}$ and $v_{i_{l-1}}^{k}$ have the same label, and $w_{j_{l}}^{k}$ and $w_{j_{l-1}}^{k}$ have the same label. For each disk $V_{i_{l-1}}(l \leq i \leq p$ or $i=x)$ and $W_{j_{l-1}}\left(1 \leq j \leq n\right.$ and $j \neq m^{1}, \ldots, m^{l-1}$, or $j=x$ ), we denote them by $V_{i_{l}}$ and $W_{j_{l}}$. If $v_{l_{l-1}}^{k}(k=1,2)$ is retained, we also denote it by $v_{l_{l}}^{k}$. But in the future banding sum process, we do not consider $v_{l_{l}}^{k}$.

If $m^{l} \neq \emptyset$, the label $v_{l}$ on $F_{V}$ is " + ", then by Lemma 2.5, we may assume that the label $w_{m^{l}}$ on $F_{V}$ is " - ". By Lemma 2.15 and the same argument as above (see $\left(I_{1}\right)$ ), after banding sum, we label $v_{l_{l-1}}^{1}$ on $S^{1}$ with " $\times$ ", label $w_{m_{l-1}^{l}}^{1}$ on $S^{1}$ with "○", label $v_{l_{l-1}}^{2}$ on $S^{2}$ with "०", and label $w_{m_{l-1}^{l}}^{2}$ on $S^{2}$ with " $\times$ "; if $m^{1} \neq \emptyset$, the label $v_{l}$ on $F_{V}$ is " - ", then by Lemma 2.5 , we may assume that the label $w_{m^{l}}$ on $F_{V}$ is " + ". By Lemma 2.15 and the same argument as above (see $\left(I_{2}\right)$ ), after banding sum, we label $v_{l_{l-1}}^{1}$ on $S^{1}$ with " $\circ$ ", label $w_{m_{l-1}^{l}}^{1}$ on $S^{1}$ with " $\times$ ", label $v_{l_{l-1}}^{2}$ on $S^{2}$ with " $\times$ ", and label $w_{m_{l-1}^{l}}^{2}$ on $S^{2}$ with" $\circ$ ". If the $\operatorname{arc} v_{l_{l-1}}^{k}\left(\right.$ resp. $\left.w_{m_{l-1}^{l}}^{k}\right)$ on $S^{k}(k=1,2)$ is labelled with"○", then we denote it by $v_{l_{l}}^{k}$ (resp. $w_{m_{l}^{l}}^{k}$ ), but in the future banding sum process, we do not consider it. By the same argument as in Lemmas 2.6 and 2.8, after banding sum, we have:
Lemma 2.16. There are four sets of pairwise disjoint arcs $\left\{v_{i_{l}}^{k} \mid l+1 \leq i \leq\right.$ $p\} \cup\left\{v_{i_{l}}^{k} \mid 1 \leq i \leq l\right.$ and $v_{i_{l}}^{k}$ is labelled with "○" $\}$ and $\left\{w_{j_{l}}^{k} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{l}\right\} \cup\left\{w_{j_{l}}^{k} \mid j=m^{1}, \ldots, m^{l}\right.$ and $w_{j_{l}}^{k}$ is labelled with " $\circ$ " $\}$ on $S^{k}$ ( $k=1,2$ ), and four sets of pairwise disjoint disks $\left\{V_{i_{l}} \mid\right.$ the label $v_{i}$ is "+" and $l+1 \leq i \leq p\} \cup\left\{V_{x_{l}}\right\}$ in $V^{1},\left\{W_{j_{l}} \mid\right.$ the label $w_{j}$ is " $+", 1 \leq j \leq n$ and $\left.j \neq m^{1}, \ldots, m^{l}\right\} \cup\left\{W_{x_{l}}\right\}$ in $W^{1},\left\{V_{i_{l}} \mid\right.$ the label $v_{i}$ is " - " and $\left.l+1 \leq i \leq p\right\}$ in $V^{2}$, and $\left\{W_{j_{l}} \mid\right.$ the label $w_{j}$ is " $-", 1 \leq j \leq n$ and $\left.j \neq m^{1}, \ldots, m^{l}\right\}$ in $W^{2}$, satisfying the following conditions:
(1) If $V_{i_{l}}$ lies in $V^{1}$ and $W_{j_{l}}$ lies in $W^{1}$, then $V_{i_{l}} \cap F_{V}^{1}=\left(v_{i_{l}}^{1} \cap F_{V}^{1}\right) \cup_{r \in I\left(v_{i}\right)}$ $\left(v_{r_{l}}^{1} \cap F_{V}^{1}\right), W_{j_{l}} \cap F_{V}^{1}=\left(w_{j_{l}}^{1} \cap F_{V}^{1}\right) \cup_{r \in I\left(w_{j}\right)}\left(w_{r_{l}}^{1} \cap F_{V}^{1}\right), V_{x_{l}} \cap F_{V}^{1}=\cup_{r \in I(v)}\left(v_{r_{l}}^{1} \cap\right.$ $\left.F_{V}^{1}\right), W_{x_{l}} \cap F_{V}^{1}=\cup_{r \in I(w)}\left(w_{r_{l}}^{1} \cap F_{V}^{1}\right), V_{i_{l}} \cap W_{j_{l}}=V_{i_{l}} \cap W_{j_{l}} \cap F_{V}^{1}, V_{i_{l}} \cap W_{x_{l}}=$ $V_{i_{l}} \cap W_{x_{l}} \cap F_{V}^{1}, V_{x_{l}} \cap W_{j_{l}}=V_{x_{l}} \cap W_{j_{l}} \cap F_{V}^{1}, V_{x_{l}} \cap W_{x_{l}}=\{x\} \cup\left(V_{x_{l}} \cap W_{x_{l}} \cap F_{V}^{1}\right)$;
(2) If $V_{i_{l}}$ lies in $V^{2}$ and $W_{j_{l}}$ lies in $W^{2}$, then $V_{i_{l}} \cap F_{V}^{2}=\left(v_{i_{l}}^{2} \cap F_{V}^{2}\right) \cup_{r \in I\left(v_{i}\right)}$ $\left(v_{r_{l}}^{2} \cap F_{V}^{2}\right), W_{j_{l}} \cap F_{V}^{2}=\left(w_{j_{l}}^{2} \cap F_{V}^{2}\right) \cup_{r \in I\left(w_{j}\right)}\left(w_{r_{l}}^{2} \cap F_{V}^{2}\right), V_{i_{l}} \cap W_{j_{l}}=V_{i_{l}} \cap W_{j_{l}} \cap F_{V}^{2}$.

For step $p$, as in Lemma 2.16, after banding sum, we obtain three sets of pairwise disjoint arcs $\left\{v_{i_{p}}^{k} \mid 1 \leq i \leq p\right.$ and $v_{i_{p}}^{k}$ is labelled with " $\circ$ " $\}$ and $\left\{w_{j_{p}}^{k} \mid 1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{p}\right\} \cup\left\{w_{j_{p}}^{k} \mid j=m^{1}, \ldots, m^{p}\right.$ and $w_{j_{p}}^{k}$ is
labelled with " $\circ$ " $\}$ on $S^{k}(k=1,2)$, and three sets of pairwise disjoint disks $\left\{V_{x_{p}}\right\}$ in $V^{1},\left\{W_{j_{p}} \mid\right.$ the label $w_{j}$ is " $+", 1 \leq j \leq n$ and $\left.j \neq m^{1}, \ldots, m^{p}\right\} \cup\left\{W_{x_{p}}\right\}$ in $W^{1}$, and $\left\{W_{j_{p}} \mid\right.$ the label $w_{j}$ is " $-", 1 \leq j \leq n$ and $\left.j \neq m^{1}, \ldots, m^{p}\right\}$ in $W^{2}$, satisfying the following condition:
$(*)$ If $W_{j_{p}}$ lies in $W^{1}$, then $W_{j_{p}} \cap F_{V}^{1}=\left(w_{j_{p}}^{1} \cap F_{V}^{1}\right) \cup_{r \in I\left(w_{j}\right)}\left(w_{r_{p}}^{1} \cap F_{V}^{1}\right)$, $V_{x_{p}} \cap F_{V}^{1}=\cup_{r \in I(v)}\left(v_{r_{p}}^{1} \cap F_{V}^{1}\right), W_{x_{p}} \cap F_{V}^{1}=\cup_{r \in I(w)}\left(w_{r_{p}}^{1} \cap F_{V}^{1}\right), V_{x_{p}} \cap W_{j_{p}}=$ $V_{x_{p}} \cap W_{j_{p}} \cap F_{V}^{1}, V_{x_{p}} \cap W_{x_{p}}=\{x\} \cup\left(V_{x_{p}} \cap W_{x_{p}} \cap F_{V}^{1}\right)$.

For each arc $w_{j_{p}}^{k}\left(1 \leq j \leq n\right.$ and $\left.j \neq m^{1}, \ldots, m^{p}\right)$ on $S^{k}(k=1,2)$, if the label $w_{j}$ on $F_{V}$ is " + ", then we label $w_{j_{p}}^{1}$ on $S^{1}$ with " $\times$ ", and label $w_{j_{p}}^{2}$ on $S^{2}$ with " $\circ$ "; if the label $w_{j}$ on $F_{V}$ is " - ", then we label $w_{j_{p}}^{1}$ on $S^{1}$ with "○", and label $w_{j_{p}}^{2}$ on $S^{2}$ with " $\times$ ". For each $r \in I(v)$, by (5) in Proposition 2.3, the label $v_{r_{p}}^{1}$ on $S^{1}$ is " - ". Then, $v_{r_{p}}^{1}$ is labelled with " $\circ$ ". Hence, $v_{r_{p}}^{1}$ is retained. So, $V_{x_{p}}$ is a properly embedded disk in $V^{1}$. For each $r \in I(w)$, by (6) in Proposition 2.3, the label $w_{r_{p}}^{1}$ on $S^{1}$ is " - ". Then, $w_{r_{p}}^{1}$ is labeled with "०". Hence, $w_{r_{p}}^{1}$ is retained. So, $W_{x_{p}}$ is a properly embedded disk in $W^{1}$. Since both $v_{r_{p}}^{1}$ and $w_{r_{p}}^{1}$ are retained, $v_{r_{p}}^{1} \cap w_{r_{p}}^{1}=\emptyset$. By ( $\left.*\right)$, $V_{x_{p}} \cap W_{x_{p}}=x$. So, $M^{1}=V^{1} \cup_{S^{1}} W^{1}$ is stabilized.

By Proposition 2.4, Theorem 1.2 holds.

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