# A GENERAL RICCI FLOW SYSTEM 

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#### Abstract

In this paper, we introduce a general Ricci flow system, which is closely linked with the Ricci flow and the renormalization group flow, etc. We prove the short-time existence, the entropy functionals, the higher derivatives estimates and the compactness theorem for this general Ricci flow system on closed Riemannian manifolds. These basic results are useful tools to understand the singularities of this system.


## 1. Introduction

Let $\left(M^{n}, g\right)$ be a closed $n$-dimensional Riemannian manifold. Consider $B$ be a local 2 -form defined up to the addition of an exact 2 -form on $M$, and $H=d B$ denotes a well-defined 3 -form on $M$. Then the $B$-fields can be introduced, see $[8,15,17]$. Furthermore, let $u$ be a smooth function on $M$, sometimes the function $u$ is also called the Lapse function. We say that a family $(M, g(t), H(t), u(t))$ is a solution to a general Ricci flow system (GRF system for short) if

$$
\begin{align*}
\partial_{t} g & =-2 R c+h / 2+2 \alpha_{n} d u \otimes d u \\
\partial_{t} H & =\Delta_{L B} H \quad \text { and } \quad \partial_{t} u=\Delta u, \tag{1.1}
\end{align*}
$$

where $R c$ is the Ricci curvature of the manifold $M, h$ a two-form, written in a local coordinates as $h_{i j}=g^{k l} g^{m n} H_{i k m} H_{j l n}, \alpha_{n}$ a constant depending only on $n, \Delta_{L B}$ the usual Laplace-Beltrami operator on forms associated to $g(x, t)$ and $\Delta=g^{i j} \nabla_{i} \nabla_{j}$.

The coupled geometric flow (1.1) is related to the Ricci flow [6] and the socalled renormalization group flow [12]. Note that the idea of coupling the Ricci flow with another flow also appeared in [9-11,16]. In this paper, we mainly discuss the short-time existence, the entropy functionals, the higher derivatives estimates and the compactness theorem for this general Ricci flow system on closed Riemannian manifolds. Many of our results obviously extend previous results in $[6,11,16]$.

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If $H \equiv 0$ and $u \equiv 0$, the GRF system (1.1) reduces to the Hamilton's Ricci flow [6], which is an effective tool to solve the Poincaré and Geometrization Conjectures.

The system (1.1) when function $u$ identically equals to constant naturally arises in physics, which can be interpreted as a certain nonlinear sigma model. We regard the special case as the $B$-field flow. The $B$-field flow was studied in [12], where they introduced an interesting functional, similar to Perelman's $\mathcal{F}$-functional. Note that $B$-field flow was also interpreted as the connection Ricci flow [16].

Also, the case $H=0$ preserved by (1.1) was studied in [11] and the system can be reduced to the static Einstein vacuum equations. A main motivation to study (1.1) with $H=0$ stems from its connection to general relativity. An important issue in the numerical evolution of the Einstein equations is the construction of good initial data sets which have to satisfy the so-called constraint equations.

The structure of this paper is organized as follows. In Section 2, we prove the short time existence of the GRF system (1.1). In Section 3, we give interesting entropy formulas, similar to the Perelman's entropy functional. As applications, we prove the nonexistence of the nontrivial steady or expanding breathers for the GRF system. In Section 4, we compute the evolution equations for many geometric quantities and their derivatives along the GRF system. In Section 5, we obtain the Bernstein-Bando-Shi type derivative estimates for geometric solutions of the GRF system. In Section 6, we prove the compactness theorems for the GRF system, which is a useful tool to understand the singularities of the GRF system.

The proofs in this paper will often involve local computations. Therefore, we assume a coordinate system $\left\{x^{1}, \ldots, x^{n}\right\}$ is fixed in a neighborhood of every point $x \in M$. In order to facilitate the computations, we often implicitly assume that $\left\{x^{1}, \ldots, x^{n}\right\}$ are normal coordinates. We use the standard shorthand: Given a real-valued function $f$ on $M$, the notation $f_{i}$ stands for $\frac{\partial f}{\partial x^{i}}$, the notation $f_{i j}$ refers to the Hessian of $f$ applied to $\frac{\partial}{\partial x^{i}}$ and $\frac{\partial}{\partial x^{j}}$, and similar for higher derivatives. The notation $R_{i j}$ refers to the corresponding components of the Ricci tensor, i.e., $R_{i j}=R c\left(\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right)$. For a real-valued function $u$ on $M, u_{i} u_{j}=d u \otimes d u\left(\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right)$. The subscript $t$ designates the differentiation in $t \in[0, T)$. Throughout this paper we use the Einstein summation convention, meaning that we sum over a repeated lower and upper index from 1 to $n$. In normal coordinates, the summation can be over two lower indices. We also write $A * B$ for a linear combination of contractions of components of the two tensors $A$ and $B$ when the precise form and number of these terms is irrelevant for the computation.

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## 2. Short time existence

In this section, we will use the DeTurck's trick to prove short time existence and uniqueness of the GRF system (1.1) on closed manifolds.

Theorem 2.1. Let $M$ be a closed n-dimensional manifold and the initial data $(\tilde{g}, \tilde{H}, \tilde{u})$ be given. Then the initial value problem

$$
\begin{align*}
\partial_{t} g_{i j} & =-2 R_{i j}+1 / 2 h_{i j}+2 \alpha_{n} u_{i} u_{j}  \tag{2.1}\\
\partial_{t} H & =\Delta_{L B} H \quad \text { and } \quad \partial_{t} u=\Delta u
\end{align*}
$$

with the initial data $(g(x, 0), H(x, 0), u(x, 0))=(\tilde{g}, \tilde{H}, \tilde{u})$ has a unique smooth solution on some time interval $[0, T)$, where $h_{i j}=g^{k l} g^{m n} H_{i k m} H_{j l n}$.

Since the second and third terms on the right hand side of the first equation of (2.1) have not any second-order expression on the metric $g$, they do not affect the principal symbol. So the principal symbol of (2.1) is the same as the principal symbol of the Ricci operator. Therefore the considerations used by R. Hamilton [6] concerning the Ricci flow are also true for the system (2.1).

In the following, we shall find a strongly parabolic system which is equivalent to the system (2.1) by the application of a diffeomorphism. This is referred to as DeTurck's trick [4]. We shall employ Shi's method [14] and first calculate evolution equations for solutions pulled back by such a diffeomorphism.

Let $V \in \mathcal{X}(M \times[0, T))$ be a smooth time dependent vector field and denote the induced 1-parameter family of diffeomorphisms by $\varphi_{t}$. Then the diffeomorphisms satisfy at every $x \in M$ the following ordinary differential equation:

$$
\frac{d}{d t} \varphi_{t}(x)=V\left(\varphi_{t}(x)\right) \quad \text { with } \quad \varphi_{0}(x)=x
$$

Lemma 2.2. Suppose $(\bar{g}, \bar{H}, \bar{u})$ is a solution to the system (2.1) on closed manifolds on $[0, T)$. Let $\varphi_{t}: M \rightarrow M$ be the 1-parameter family of diffeomorphisms generated by $V$. Then the pullbacks satisfy the system

$$
\begin{align*}
\partial_{t} g_{i j} & =-2 R_{i j}+1 / 2 h_{i j}+2 \alpha_{n} u_{i} u_{j}+\nabla_{i} V_{j}+\nabla_{j} V_{i} \\
\partial_{t} H & =\Delta_{L B} H-d\langle H, V\rangle \quad \text { and } \quad \partial_{t} u=\Delta u+d u(V) \tag{2.2}
\end{align*}
$$

with the same initial values as $(\bar{g}, \bar{H}, \bar{u})$ on $M \times[0, T)$, where $\left\{V_{i}\right\}$ is the associated 1-form to $V$.

Proof. Denote by $\left\{y^{\alpha}\right\}_{\alpha=1, \ldots, n}$ the coordinates where $\bar{g}, \bar{H}$ and $\bar{u}$ are represented by $\bar{g}_{\alpha \beta}, \bar{H}_{\alpha \beta \gamma}$ and $\bar{u}$. Define new coordinates by $x^{i}:=(y \circ \varphi)^{i}$ for
$i=1, \ldots, n$. We follow the same calculation of [14] without any unchanged except the following extra two terms of the system in the new coordinates $\left\{x^{i}\right\}$

$$
\varphi_{t}^{*}\left(\bar{h}_{\alpha \beta}\right)=\frac{\partial y^{\alpha}}{\partial x^{i}} \frac{\partial y^{\beta}}{\partial x^{j}} \bar{h}_{\alpha \beta}=h_{i j} \text { and } \varphi_{t}^{*}\left(\bar{u}_{\alpha} \bar{u}_{\beta}\right)_{i j}=\frac{\partial y^{\alpha}}{\partial x^{i}} \frac{\partial \bar{u}}{\partial y^{\alpha}} \frac{\partial y^{\beta}}{\partial x^{j}} \frac{\partial \bar{u}}{\partial y^{\beta}}=u_{i} u_{j} .
$$

Meanwhile the evolution of $H$ with respect to new coordinates is

$$
\begin{aligned}
\partial_{t} H & =\varphi_{t}^{*}\left(\partial_{t} \bar{H}+L_{\bar{V}} \bar{H}\right)=\varphi_{t}^{*}\left(\bar{\Delta}_{L B} \bar{H}+L_{\bar{V}} \bar{H}\right) \\
& =\varphi_{t}^{*}\left(\bar{\Delta}_{L B} \bar{H}-d\langle\bar{H}, \bar{V}\rangle\right)=\Delta_{L B} H-d\langle H, V\rangle
\end{aligned}
$$

where we used $H$ is a closed 3 -form. In the end, the evolution of $u$ satisfies

$$
\partial_{t} u(x, t)=\partial_{t} \bar{u}(y, t)=\bar{u}_{t}+\frac{\partial \bar{u}}{\partial y^{\alpha}} \partial_{t} y^{\alpha}=\bar{\Delta} \bar{u}+\frac{\partial \bar{u}}{\partial y^{\alpha}} \partial_{t} y^{\alpha}
$$

Note that

$$
\bar{\Delta} \bar{u}=\bar{g}^{\alpha \beta} \bar{\nabla}_{\alpha} \bar{\nabla}_{\beta} \bar{u}=\frac{\partial y^{\alpha}}{\partial x^{i}} \frac{\partial y^{\beta}}{\partial x^{j}} g^{i j} \frac{\partial x^{i}}{\partial y^{\alpha}} \frac{\partial x^{j}}{\partial y^{\beta}} \nabla_{i} \nabla_{j} u=\Delta u
$$

and

$$
\partial_{t} y^{\alpha}=\left(\frac{d}{d t} \varphi_{t}(x)\right)^{\alpha}=\left(V \varphi_{t}(x)\right)^{\alpha}=\left(D \varphi_{t}(V)\right)^{\alpha}=\frac{\partial y^{\alpha}}{\partial x^{k}} V^{k}
$$

Therefore

$$
\partial_{t} u(x, t)=\Delta u+\frac{\partial u}{\partial x^{k}} V^{k}
$$

We also notice that the initial data remain the same under this coordinate change since $\varphi_{0}=\mathrm{id}$. Therefore we finish the proof of the lemma.

If we choose a suitable vector field $V$, then the system (2.2) is strictly parabolic.
Lemma 2.3. Let $V^{i}=g^{m n}\left(\Gamma_{m n}^{i}-\tilde{\Gamma}_{m n}^{i}\right)$. Then the system (2.2) is strictly parabolic on $M \times[0, T)$, where $\Gamma_{m n}^{i}$ denotes the connection with respect to the initial metric $\tilde{g}$, which is time-independent.
Proof. To check that the system is strictly parabolic, we rewrite the equations such that all derivatives are with respect to the (fixed) initial metric $\tilde{g}$ and examine the leading order terms in coordinates. Here we use the following identity

$$
\Gamma_{m n}^{i}-\tilde{\Gamma}_{m n}^{i}=1 / 2 g^{i l}\left(\tilde{\nabla}_{m} g_{n l}+\tilde{\nabla}_{n} g_{m l}-\tilde{\nabla}_{l} g_{m n}\right)
$$

to replace Christoffel symbols of $g$ by derivatives $\tilde{\nabla} g$ and work in normal coordinates for $\tilde{g}$ such that $\tilde{\Gamma}_{m n}^{i}=0$ at the base point. From Lemma 2.1 of [14], we have

$$
\begin{align*}
\partial_{t} g_{i j}= & g^{a b} \tilde{\nabla}_{a} \tilde{\nabla}_{b} g_{i j}-g^{a b} g_{i k} \tilde{g}^{k l} \tilde{R}_{j a l b}-g^{a b} g_{j k} \tilde{g}^{k l} \tilde{R}_{i a l b}+1 / 2 g^{k l} g^{m n} H_{i k m} H_{j l n}  \tag{2.3}\\
& +2 \alpha_{n} u_{i} u_{j}+1 / 2 g^{a b} g^{k l}\left(\tilde{\nabla}_{i} g_{k a} \tilde{\nabla}_{j} g_{l b}+2 \tilde{\nabla}_{a} g_{j k} \tilde{\nabla}_{l} g_{i b}-2 \tilde{\nabla}_{a} g_{j k} \tilde{\nabla}_{b} g_{i l}\right.
\end{align*}
$$

$$
\left.-2 \tilde{\nabla}_{j} g_{k a} \tilde{\nabla}_{b} g_{i l}-2 \tilde{\nabla}_{i} g_{k a} \tilde{\nabla}_{b} g_{j l}\right) .
$$

Similarly, by the Bochler formula, the equation for 3 -form $H$ is roughly computed as follows (In fact we only need to understand the second-order derivative of $H$ ):

$$
\begin{align*}
\partial_{t} H_{i j k}= & \Delta_{L B} H-d\langle H, V\rangle \\
= & \Delta H_{i j k}+(R m * H)_{i j k}+(R m * \nabla H)_{i j k} \\
= & g^{a b} \nabla_{a} \nabla_{b} H_{i j k}+(R m * H)_{i j k}+(R m * \nabla H)_{i j k}  \tag{2.4}\\
= & g^{a b} \tilde{\nabla}_{a} \tilde{\nabla}_{b} H_{i j k}-g^{a b} \Gamma_{a b}^{p} H_{p j k}-g^{a b} \Gamma_{a b}^{p} H_{i p k}-g^{a b} \Gamma_{a b}^{p} H_{i j p} \\
& +(R m * H)_{i j k}+(R m * \nabla H)_{i j k} .
\end{align*}
$$

The evolution equation of $u$ is given by

$$
\begin{align*}
\partial_{t} u & =\Delta u+d u(V)=g^{a b} \nabla_{a} \nabla_{b} u+u_{p} V^{p} \\
& =g^{a b} \tilde{\nabla}_{a} \tilde{\nabla}_{b} u-g^{a b} \Gamma_{a b}^{p} u_{p}+u_{p} \cdot g^{a b}\left(\Gamma_{a b}^{p}-\tilde{\Gamma}_{a b}^{p}\right)=g^{a b} \tilde{\nabla}_{a} \tilde{\nabla}_{b} u, \tag{2.5}
\end{align*}
$$

where we used $\tilde{\Gamma}_{a b}^{p}=0$. The principal symbol of system (2.2) in these coordinates is given by the coefficient matrices of the second derivatives of $g, H$ and $u$. By (2.3), (2.4) and (2.5), we conclude that the system (2.2) is strictly parabolic.

Now we can finish the proof of Theorem 2.1.
Proof of Theorem 2.1. From Lemma 2.3, we know that the system (2.2) is strictly parabolic. It is a standard result that for any smooth initial data $(\tilde{g}, \tilde{H}, \tilde{u})$, there exists $\varepsilon>0$ depending on the initial data such that a unique smooth solution $(g(t), H(t), u(t))$ to the system (2.2) will exist for a short time $0 \leq t<\varepsilon$.

We observe that 1-parameter family of diffeomorphisms $\phi_{t}$, which is defined by

$$
\begin{equation*}
\frac{d}{d t} \phi_{t}(x)=-V\left(\phi_{t}(x)\right) \quad \text { with } \quad \phi_{0}(x)=x \tag{2.6}
\end{equation*}
$$

Note that this 1-parameter family of diffeomorphisms can be seen as the inverse of $\varphi_{t}$. We claim that $\phi_{t}$ exists as long as the solution of (2.2) exists. Because $M$ is compact, it follows from Lemma 3.15 of [2].

In the end, from Lemma 2.2 we have $\bar{g}:=\phi_{t}^{*} g=\left(\varphi_{t}^{-1}\right)^{*} g, \bar{H}:=\phi_{t}^{*} H=$ $\left(\varphi_{t}^{-1}\right)^{*} H$ and $\bar{u}:=\phi_{t}^{*} u=\left(\varphi_{t}^{-1}\right)^{*} u$ is a solution of the system (2.1).

To address the uniqueness, we follow the ideas relating harmonic maps to the GRF system. The basic idea is to write the ODE for $\phi_{t}$ given in (2.6) in terms of the metric $\bar{g}$. We can rewrite the solution to (2.6) as the harmonic map heat flow

$$
\begin{equation*}
\partial_{t} \phi_{t}=\Delta_{\bar{g}(t), \tilde{g}} \phi_{t}, \tag{2.7}
\end{equation*}
$$

where $\tilde{g}$ is a fixed background metric on $M$. We refer the reader to Lemma 3.18 of [2] for the detailed discussions.

We now prove the uniqueness of the solution to (2.1) with the same initial data. Let $\left(\bar{g}_{1}(t), \bar{H}_{1}(t), \bar{u}_{1}(t)\right)$ and $\left(\bar{g}_{2}(t), \bar{H}_{2}(t), \bar{u}_{2}(t)\right)$ denote two solutions to (2.1) on some time interval. Let $\phi_{i}(t)$ denote the solution to (2.7) with respect to $\bar{g}_{i}$, which exists because (2.7) is strictly parabolic on the underlying manifold is compact. Note that $g_{i}(t)=\left(\phi_{t}^{-1}\right)^{*} \bar{g}_{i}(t), H_{i}(t)=\left(\phi_{t}^{-1}\right)^{*} \bar{H}_{i}(t)$ and $u_{i}(t)=\left(\phi_{t}^{-1}\right)^{*} \bar{u}_{i}(t)$ is a solution to (2.2). Since $\left(g_{1}(0), H_{1}(0), u_{1}(0)\right)=$ $\left(g_{2}(0), H_{2}(0), u_{2}(0)\right)$ and solutions to (2.2) are unique, $\left(g_{1}(t), H_{1}(t), u_{1}(t)\right)=$ $\left(g_{2}(t), H_{2}(t), u_{2}(t)\right)$ as long as they exist. But both $\left(\phi_{1}\right)_{t}$ and $\left(\phi_{2}\right)_{t}$ are solutions of (2.6) generated by the same vector field

$$
V^{i}=g^{m n}\left(\Gamma_{m n}^{i}-\tilde{\Gamma}_{m n}^{i}\right) .
$$

Hence $\left(\phi_{1}\right)_{t}=\left(\phi_{2}\right)_{t}$. This implies $\bar{g}_{1}(t)=\left(\phi_{1}\right)_{t}^{*} g_{1}(t)=\left(\phi_{2}\right)_{t}^{*} g_{2}(t)=\overline{g_{2}}(t)$, $\bar{H}_{1}(t)=\left(\phi_{1}\right)_{t}^{*} H_{1}(t)=\left(\phi_{2}\right)_{t}^{*} H_{2}(t)=\bar{H}_{2}(t)$ and $\bar{u}_{1}(t)=\left(\phi_{1}\right)_{t}^{*} u_{1}(t)=\left(\phi_{2}\right)_{t}^{*} u_{2}(t)$ $=\bar{u}_{2}(t)$ and hence the uniqueness follows.

## 3. Energy and monotonicity

In this section, we will generalize some results of Perelman's $\mathcal{F}$-functional under the Ricci flow to the GRF system case.

### 3.1. Entropy and the gradient flow

Definition 3.1. A solution $(g(t), H(t), u(t))$ to system (1.1) on $M^{n}$ is called a GRF system soliton, if it varies only along a 1-parameter family of diffeomorphisms or by scaling. Therefore it satisfies

$$
\begin{aligned}
\partial_{t} g(t) & =\mathcal{L}_{X(t)} g(t)+c(t) g(t) \\
\partial_{t} H(t) & =\mathcal{L}_{X(t)} H(t) \quad \text { and } \quad \partial_{t} u(t)=\mathcal{L}_{X(t)} u(t)
\end{aligned}
$$

where $X \in \mathcal{X}(M \times[0, T))$ is the generator of the diffeomorphisms and $c$ : $[0, T) \rightarrow \mathbb{R}$ is the scaling factor, depending on time only. If $X=\nabla h$ is the gradient of a smooth function $h$, the soliton is called a gradient soliton. We say that the soliton is shrinking, steady or expanding, if $c<0, c=0$ or $c>0$, respectively.

Definition 3.2. Let $M$ be a closed $n$-dimensional manifold and $(g(t), H(t)$, $u(t))$ be given as the system (1.1). Following the idea of Perelman, the entropy of the system (1.1) is defined as follows

$$
\mathcal{F}(g(t), H(t), u(t), f(t)):=\int_{M}\left(R+|\nabla f|^{2}-1 / 12|H|^{2}-\alpha_{n}|d u|^{2}\right) w d \mu
$$

restricted to function $w$ satisfying $\int_{M} w d \mu=1$ along this system, where $f$ is defined implicity by $w=e^{-f}$.

Suppose $w$ satisfies the conjugate heat equation

$$
\begin{equation*}
w_{t}=-\Delta w+R w-1 / 4|H|^{2} w-\alpha_{n}|d u|^{2} w . \tag{3.1}
\end{equation*}
$$

It follows then that $\frac{d}{d t} \int_{M} w d \mu=0$ and moreover $f$ satisfies

$$
\begin{equation*}
\partial_{t} f=-\Delta f+|\nabla f|^{2}-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2} . \tag{3.2}
\end{equation*}
$$

Theorem 3.3. Suppose $M$ is a closed n-dimensional manifold. Let $(g(t), H(t)$, $u(t))$ be a solution to the system (1.1) and $f$ be the solution of (3.2). Then (3.3)

$$
\begin{aligned}
\frac{d}{d t} \mathcal{F}= & 2 \int_{M}\left|R_{i j}-1 / 4 H_{i k m} H_{j}^{k m}-\alpha_{n} u_{i} u_{j}+f_{i j}\right|^{2} e^{-f} d \mu \\
& +\frac{1}{2} \int_{M}\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f\right|^{2} e^{-f} d \mu+2 \alpha_{n} \int_{M}|\Delta u-d u(\nabla f)|^{2} e^{-f} d \mu
\end{aligned}
$$

where $\left(d^{*} H\right)_{i j}=-\nabla^{k} H_{k i j}$. In particular this entropy is non-decreasing. Equality holds if and only if the solution is a steady gradient soliton. In this case $(g, H, u)(t)$ satisfies at all times $t$ :

$$
\begin{aligned}
& R_{i j}-1 / 4 H_{i k m} H_{j}^{k m}-\alpha_{n} u_{i} u_{j}+f_{i j}=0, \\
& \quad\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f=0 \quad \text { and } \quad \Delta u-d u(\nabla f)=0 .
\end{aligned}
$$

Theorem 3.3 is still true on complete manifolds as long as the integration by parts can be justified. To prove Theorem 3.3, we start with the following two lemmas.

Lemma 3.4. Given $\left(M^{n}, g\right)$ a manifold and $H$ a closed three-form on $M$, then
(1) $\nabla^{i} h_{i j}=\frac{1}{6} \nabla_{j}|H|^{2}+\left(d^{*} H\right)^{m n} H_{j m n}$.
(2) $\nabla^{j} \nabla^{i} h_{i j}=\frac{1}{3}\left\langle\Delta_{L B} H, H\right\rangle+\frac{1}{6} \Delta|H|^{2}+\left|d^{*} H\right|^{2}$.

Proof. We refer the reader to Lemma A. 4 of [16] for detailed discussions.
Lemma 3.5. Let $(g, H, u)$ be a solution to system (1.1) and let $f$ be a solution to the equation (3.2). Define $V:=2 \Delta f-|\nabla f|^{2}+R-1 / 12|H|^{2}-\alpha_{n}|d u|^{2}$. Then

$$
\begin{align*}
\left(\partial_{t}+\Delta\right) V= & 2\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+f_{i j}\right|^{2}+1 / 2\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f\right|^{2}  \tag{3.4}\\
& +2 \alpha_{n}|\Delta u-d u(\nabla f)|^{2}+2\langle\nabla V, \nabla f\rangle .
\end{align*}
$$

Proof. The proof is straightforward by direct computation. First, we have

$$
\begin{aligned}
& \left(\partial_{t}+\Delta\right) 2 \Delta f \\
= & 2\left\langle 2 R_{i j}-1 / 2 h_{i j}-2 \alpha_{n} u_{i} u_{j}, f_{i j}\right\rangle-2\left(1 / 2 \nabla^{i} h_{i j}-1 / 4 \nabla^{j}|H|^{2}\right) \nabla^{j} f \\
& +2 \Delta\left(-\Delta f+|\nabla f|^{2}-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2}\right)-4 \alpha_{n} \Delta u \cdot d u(\nabla f)+2 \Delta \Delta f \\
= & \left\langle 4 R_{i j}-h_{i j}-4 \alpha_{n} u_{i} u_{j}, f_{i j}\right\rangle+2 \Delta|\nabla f|^{2}-2 \Delta R+1 / 2 \Delta|H|^{2}+2 \alpha_{n} \Delta|d u|^{2} \\
& \left.+\left.\left\langle 1 / 2 \nabla^{j}\right| H\right|^{2}-\nabla^{i} h_{i j}, \nabla^{j} f\right\rangle-4 \alpha_{n} \Delta u \cdot d u(\nabla f) .
\end{aligned}
$$

Second,

$$
\begin{aligned}
\left(\partial_{t}+\Delta\right)\left(-2|\nabla f|^{2}\right)= & 2\left\langle\nabla\left(\Delta f-|\nabla f|^{2}+R-1 / 4|H|^{2}-\alpha_{n}|d u|^{2}\right), \nabla f\right\rangle \\
& +\left\langle 1 / 2 h_{i j}+2 \alpha_{n} u_{i} u_{j}-2 R_{i j}, f_{i} f_{j}\right\rangle-\Delta|\nabla f|^{2} .
\end{aligned}
$$

Third,

$$
\begin{aligned}
\left(\partial_{t}+\Delta\right) R= & 2 \Delta R+2\left|R_{i j}\right|^{2}-1 / 2 \Delta|H|^{2}+1 / 2 \nabla_{j} \nabla_{i} h_{i j}-1 / 2\left\langle R_{i j}, h_{i j}\right\rangle \\
& -2 \alpha_{n} \Delta|d u|^{2}+2 \alpha_{n} \nabla_{j} \nabla_{i}\left(u_{i} u_{j}\right)-2 \alpha_{n} R_{i j} u_{i} u_{j} .
\end{aligned}
$$

Fourth,

$$
\begin{aligned}
& \left(\partial_{t}+\Delta\right)\left(-1 / 12|H|^{2}\right) \\
= & -1 / 12\left[\left\langle 6 R_{i j}-3 / 2 h_{i j}-6 \alpha_{n} u_{i} u_{j}, h_{i j}\right\rangle+2\left\langle H_{t}, H\right\rangle+\Delta|H|^{2}\right] \\
= & \left\langle 1 / 8 h_{i j}+\alpha_{n} / 2 u_{i} u_{j}-1 / 2 R_{i j}, h_{i j}\right\rangle-1 / 6\left\langle\Delta_{L B} H, H\right\rangle-1 / 12 \Delta|H|^{2} .
\end{aligned}
$$

For the last term of $V$, we have

$$
\begin{aligned}
& \left(\partial_{t}+\Delta\right)\left(-\alpha_{n}|d u|^{2}\right) \\
= & -\alpha_{n}\left\langle 2 R_{i j}-1 / 2 h_{i j}-2 \alpha_{n} u_{i} u_{j}, u_{i} u_{j}\right\rangle-2 \alpha_{n}\langle\nabla u, \nabla \Delta u\rangle-\alpha_{n} \Delta|d u|^{2} \\
= & -2 \alpha_{n} R_{i j} u_{i} u_{j} u+\alpha_{n} / 2 h_{i j} u_{i} u_{j}+2 \alpha_{n}^{2}|d u|^{4}-2 \alpha_{n}\langle\nabla u, \nabla \Delta u\rangle-\alpha_{n} \Delta|d u|^{2} .
\end{aligned}
$$

Combining the above five calculations gives

$$
\begin{align*}
\left(\partial_{t}+\Delta\right) V= & \Delta|\nabla f|^{2}-1 / 12 \Delta|H|^{2}-1 / 6\left\langle\Delta_{L B} H, H\right\rangle+1 / 2 \nabla_{j} \nabla_{i} h_{i j} \\
& \left.+\left.\left\langle 1 / 2 \nabla^{j}\right| H\right|^{2}-\nabla^{i} h_{i j}, \nabla^{j} f\right\rangle+\left\langle 1 / 2 h_{i j}-2 R_{i j}, f_{i} f_{j}\right\rangle \\
& +2\left|R_{i j}-1 / 4 h_{i j}+f_{i j}\right|^{2}-2\left|f_{i j}\right|^{2} \\
& +2\left\langle\nabla\left(\Delta f-|\nabla f|^{2}+R-1 / 4|H|^{2}-\alpha_{n}|d u|^{2}\right), \nabla f\right\rangle  \tag{3.5}\\
& -4 \alpha_{n}\left\langle u_{i} u_{j}, f_{i j}\right\rangle-4 \alpha_{n} R_{i j} u_{i} u_{j}+\alpha_{n} h_{i j} u_{i} u_{j}+2 \alpha_{n}^{2}|d u|^{4} \\
& -4 \alpha_{n} \Delta u \cdot d u(\nabla f)+2 \alpha_{n}|d u(\nabla f)|^{2} \\
& +2 \alpha_{n} \nabla_{j} \nabla_{i}\left(u_{i} u_{j}\right)-2 \alpha_{n}\langle\nabla u, \nabla \Delta u\rangle-\alpha_{n} \Delta|d u|^{2} .
\end{align*}
$$

Note that

$$
\begin{aligned}
& 2\left|R_{i j}-1 / 4 h_{i j}+f_{i j}\right|^{2}-4 \alpha_{n}\left\langle u_{i} u_{j}, f_{i j}\right\rangle-4 \alpha_{n} R_{i j} u_{i} u_{j}+\alpha_{n} h_{i j} u_{i} u_{j}+2 \alpha_{n}^{2}|d u|^{4} \\
= & 2\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+f_{i j}\right|^{2}, \\
& 2 \alpha_{n} \nabla_{j} \nabla_{i}\left(\partial_{i} u \partial_{j} u\right)-2 \alpha_{n}\langle\nabla u, \nabla \Delta u\rangle-\alpha_{n} \Delta|d u|^{2}=2 \alpha_{n}(\Delta u)^{2}
\end{aligned}
$$

and

$$
\Delta|\nabla f|^{2}-2\left|f_{i j}\right|^{2}-2\left\langle R_{i j}, f_{i} f_{j}\right\rangle=2\langle\nabla \Delta f, \nabla f\rangle .
$$

Hence (3.5) reduces to

$$
\begin{align*}
\left(\partial_{t}+\Delta\right) V= & -1 / 12 \Delta|H|^{2}-1 / 6\left\langle\Delta_{L B} H, H\right\rangle+1 / 2 \nabla_{j} \nabla_{i} h_{i j} \\
& \left.+\left.\left\langle 1 / 2 \nabla^{j}\right| H\right|^{2}-\nabla^{i} h_{i j}, \nabla^{j} f\right\rangle+\left\langle 1 / 2 h_{i j}, f_{i} f_{j}\right\rangle \\
& +2\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+f_{i j}\right|^{2}+2\langle\nabla V, \nabla f\rangle  \tag{3.6}\\
& \left.-1 /\left.3\langle\nabla| H\right|^{2}, \nabla f\right\rangle+2 \alpha_{n}|\Delta u-d u(\nabla f)|^{2}
\end{align*}
$$

Now using Lemma 3.4 we know that

$$
-1 / 12 \Delta|H|^{2}-1 / 6\left\langle\Delta_{L B} H, H\right\rangle+1 / 2 \nabla_{j} \nabla_{i} h_{i j}=1 / 2\left|d^{*} H\right|^{2}
$$

and

$$
\left.\left.\left.\left\langle 1 / 2 \nabla^{j}\right| H\right|^{2}-\nabla^{i} h_{i j}, \nabla^{j} f\right\rangle=1 /\left.3\langle\nabla| H\right|^{2}, \nabla f\right\rangle-\left\langle\left(d^{*} H\right)_{i j}, H_{k i j} \nabla^{k} f\right\rangle .
$$

Substituting the above two equalities into (3.6) gives (3.4).
Now we can give the proof of Theorem 3.3.
Proof of Theorem 3.3. Since $w \nabla f=-\nabla w$, then

$$
\begin{aligned}
\left(\partial_{t}+\Delta\right)(V w)= & \left(\partial_{t}+\Delta\right) V \cdot w+V \cdot\left(\partial_{t}+\Delta\right) w+2\langle\nabla V, \nabla w\rangle \\
= & 2\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+f_{i j}\right|^{2} w+1 / 2\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f\right|^{2} w \\
& +2 \alpha_{n}|\Delta u-d u(\nabla f)|^{2} w+V \cdot\left(\partial_{t}+\Delta\right) w
\end{aligned}
$$

where we used Lemma 3.5. Therefore

$$
\begin{align*}
\frac{d}{d t} \int_{M}(V w) d \mu= & \int_{M} \frac{d}{d t}(V w) d \mu+\int_{M}(V w) \cdot\left[-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2}\right] d \mu  \tag{3.7}\\
= & 2 \int_{M}\left[\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+f_{i j}\right|^{2}+\alpha_{n}|\Delta u-d u(\nabla f)|^{2}\right] w d \mu \\
& +1 / 2 \int_{M}\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f\right|^{2} w d \mu+\int_{M} V \cdot\left(\partial_{t}+\Delta\right) w d \mu \\
& +\int_{M} V \cdot\left[-R w+1 / 4|H|^{2} w+\alpha_{n}|d u|^{2} w\right] d \mu
\end{align*}
$$

Since $w$ satisfies (3.1), the theorem follows from (3.7).
Similar to Ricci flow, we can also consider the following system

$$
\begin{align*}
\partial_{t} g_{i j} & =-2 R_{i j}+1 / 2 h_{i j}+2 \alpha_{n} u_{i} u_{j}-2 \nabla_{i} \nabla_{j} f \\
\partial_{t} H & =\Delta_{L B} H-d\langle H, \nabla f\rangle \quad \text { and } \quad \partial_{t} u=\Delta u-d u(\nabla f), \tag{3.8}
\end{align*}
$$

where the restricted function $f$ satisfies the following conjugate heat-type equation

$$
\begin{equation*}
\partial_{t} f=-\Delta f-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2} . \tag{3.9}
\end{equation*}
$$

It follows that $\frac{d}{d t} \int_{M} e^{-f} d \mu=0$. From this, we can easily obtain the same monotonicity formula (3.3) for the modified GRF system (3.8) coupled with
(3.9). More importantly, (twice) positive gradient flow of the functional $\mathcal{F}(g(t)$, $H(t), u(t), f(t))$ is (3.8) coupled with (3.9).

Below we will see that the GRF system (1.1) coupled with (3.2) is equivalent to the modified GRF system (3.8) coupled with (3.9) by diffeomorphism.

Proposition 3.6. Let $(\bar{g}(t), \bar{H}(t), \bar{u}(t), \bar{f}(t))$ be a solution of the modified $G R F$ system (3.8) coupled with (3.9) on [0,T]. We define a 1-parameter family of diffeomorphisms $\Psi(t): M \rightarrow M$ by

$$
\begin{equation*}
\frac{d}{d t} \Psi(t)=\nabla_{\bar{g}(t)} \bar{f}(t) \quad \text { with } \quad \Psi(t)=\operatorname{id}_{M} \tag{3.10}
\end{equation*}
$$

Then the pull back metric $g(t)=\Psi(t)^{*} \bar{g}(t)$, the pull back 3-form $H(t)=$ $\Psi(t)^{*} \bar{H}(t)$, the pull back $u(t)=\Psi(t)^{*} \bar{u}(t)$ and the dilation $f(t)=\bar{f}(t) \circ \Psi(t)$ satisfy the GRF system (1.1) coupled with (3.2).
Proof. By Lemma 3.15 of [2] the system of (3.10) is always solvable. Now we compute

$$
\begin{aligned}
\partial_{t} g & =\Psi(t)^{*}\left(\partial_{t} \bar{g}\right)+\Psi(t)^{*}\left(L_{\nabla_{\bar{g}} \bar{f}} \bar{g}\right) \\
& =\Psi(t)^{*}\left(-2 R c(\bar{g})+1 / 2 \bar{h}_{i j}+2 \alpha_{n} \bar{u}_{i} \bar{u}_{j}\right) \\
& =-2 R_{i j}+1 / 2 h_{i j}+2 \alpha_{n} u_{i} u_{j}
\end{aligned}
$$

Since $H$ is a closed 3 -form, we also have

$$
\begin{aligned}
\partial_{t} H & =\Psi(t)^{*}\left(\partial_{t} \bar{H}+L_{\nabla_{\bar{g}} \bar{f}} \bar{H}\right) \\
& =\Psi(t)^{*}\left(\bar{\Delta}_{L B} \bar{H}-d\left\langle\bar{H}, \nabla_{\bar{g}} \bar{f}\right\rangle+L_{\nabla_{\bar{g}} \bar{f}} \bar{H}\right) \\
& =\Psi(t)^{*}\left(\bar{\Delta}_{L B} \bar{H}\right)=\Delta_{L B} H .
\end{aligned}
$$

To obtain the formula for $\frac{\partial u}{\partial t}$, we compute

$$
\partial_{t} u=\Psi(t)^{*}\left(\partial_{t} \bar{u}+L_{\nabla_{\bar{g}} \bar{f}} \bar{u}\right)=\Psi(t)^{*}\left(\bar{\Delta} \bar{u}-d \bar{u}(\nabla \bar{f})+L_{\nabla_{\bar{g}} \bar{f}} \bar{u}\right)=\Delta u .
$$

In the end,

$$
\begin{aligned}
\partial_{t} f & =\partial_{t}(\bar{f} \circ \Psi)=\partial_{t} \bar{f} \circ \Psi+\left\langle(\bar{\nabla} \bar{f}) \circ \Psi, \partial_{t} \Psi\right\rangle_{\tilde{g}} \\
& =\left(-\bar{\Delta} \bar{f}-\bar{R}+1 / 4|\bar{H}|_{\tilde{g}}^{2}+\alpha_{n}|d \bar{u}|_{\tilde{g}}^{2}\right) \circ \Psi+|(\bar{\nabla} \bar{f}) \circ \Psi|_{\tilde{g}}^{2} \\
& =-\Delta f-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2}+|\nabla f|^{2}
\end{aligned}
$$

From the above property, we see that the system (1.1) coupled with (3.2) is a gradient-like flow. In other words, the system (1.1) is not a gradient flow of a functional on the space of smooth metrics on a manifold with respect to the standard $L^{2}$-inner product, but its modified system (3.8) coupled with (3.9) is a gradient flow. This phenomenon also appears in the Ricci flow, found by G. Perelman [13].

### 3.2. Expanding entropy

It is worth noting that, due to the lack of scale-invariance of the evolution of $g$, the obvious generalization of the Perelman's shrinking entropy does not generalize to the our case. However, the Feldman-Ilmanen-Ni expanding entropy [5] can be extended to the case of our system. In particular we define

$$
\mathcal{W}_{+}(g, H, u, f, \tau):=\int_{M}\left[\tau\left(R+|\nabla f|^{2}-1 / 12|H|^{2}-\alpha_{n}|d u|^{2}\right)-f_{+}+n\right] w d \mu
$$

restricted to function $w$ satisfying $\int_{M} w d \mu=1$ along the GRF system (1.1), where $\tau:=t-T>0$ and $f_{+}$is defined by $w=\frac{e^{-f_{+}}}{(4 \pi \tau)^{n / 2}}$. Suppose $w$ satisfies the equation

$$
w_{t}=-\Delta w+R w-1 / 4|H|^{2} w-\alpha_{n}|d u|^{2} w
$$

It follows then that $\frac{d}{d t} \int_{M} w d \mu=0$ and moreover $f_{+}$satisfies

$$
\begin{equation*}
\partial_{t} f_{+}=-\Delta f_{+}+\left|\nabla f_{+}\right|^{2}-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2}-\frac{n}{2(t-T)} \tag{3.11}
\end{equation*}
$$

Theorem 3.7. Let $(g(t), H(t), u(t))$ be a solution to the system (1.1) and $f_{+}$ be the solution of (3.11). Then

$$
\begin{align*}
\frac{d}{d t} \mathcal{W}_{+}= & 2 \tau \int_{M}\left|R_{i j}-\frac{1}{4} H_{i k m} H_{j}{ }^{k m}-\alpha_{n} u_{i} u_{j}+\left(f_{+}\right)_{i j}+\frac{g_{i j}}{2(t-T)}\right|^{2} \frac{e^{-f_{+}}}{(4 \pi \tau)^{n / 2}} d \mu  \tag{3.12}\\
& +\frac{\tau}{2} \int_{M}\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f_{+}\right|^{2} \frac{e^{-f_{+}}}{(4 \pi \tau)^{n / 2}} d \mu \\
& +2 \alpha_{n} \tau \int_{M}\left|\Delta u-d u\left(\nabla f_{+}\right)\right|^{2} \frac{e^{-f_{+}}}{(4 \pi \tau)^{n / 2}} d \mu+\frac{1}{6} \int_{M}|H|^{2} \frac{e^{-f_{+}}}{(4 \pi \tau)^{n / 2}} d \mu
\end{align*}
$$

where $\left(d^{*} H\right)_{i j}=-\nabla^{k} H_{k i j}$. In particular this expanding entropy is non-decreasing. Equality holds if and only if the solution is an expanding gradient soliton with $H \equiv 0$. In this case $(g, H, u)(t)$ satisfies at all times $t$ :

$$
\begin{aligned}
R_{i j}-\alpha_{n} u_{i} u_{j}+\left(f_{+}\right)_{i j}+\frac{g_{i j}}{2(t-T)} & =0 \\
\Delta u-d u\left(\nabla f_{+}\right)=0 \quad \text { and } \quad H & \equiv 0
\end{aligned}
$$

Proof. We assume $\tau=t$. Define $V_{+}:=2 \Delta f_{+}-\left|\nabla f_{+}\right|^{2}+R-\frac{1}{12}|H|^{2}-\alpha_{n}|d u|^{2}$. Let $W:=t V_{+}-f_{+}+n$. Note that Lemma 3.5 still holds if $f$ is replaced by $f_{+}$. Hence

$$
\begin{aligned}
& \left(\partial_{t}+\Delta\right) W \\
= & V_{+}+2 t\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+\left(f_{+}\right)_{i j}\right|^{2}+t / 2\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f_{+}\right|^{2} \\
& +2 \alpha_{n} t\left|\Delta u-d u\left(\nabla f_{+}\right)\right|^{2}+2 t\left\langle\nabla V_{+}, \nabla f_{+}\right\rangle \\
& -\left|\nabla f_{+}\right|^{2}+R-1 / 4|H|^{2}-\alpha_{n}|d u|^{2}+\frac{n}{2 t}
\end{aligned}
$$

$$
\begin{aligned}
= & 2 \Delta f_{+}+2 R-1 / 3|H|^{2}-2 \alpha_{n}|d u|^{2}+\frac{n}{2 t}+2\left\langle\nabla W, \nabla f_{+}\right\rangle \\
& +2 t\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+\left(f_{+}\right)_{i j}\right|^{2}+t / 2\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f_{+}\right|^{2} \\
& +2 \alpha_{n} t\left|\Delta u-d u\left(\nabla f_{+}\right)\right|^{2} \\
= & 2 t\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+\left(f_{+}\right)_{i j}+\frac{g_{i j}}{2 t}\right|^{2}+\frac{t}{2}\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f_{+}\right|^{2} \\
& +2 \alpha_{n} t\left|\Delta u-d u\left(\nabla f_{+}\right)\right|^{2}+1 / 6|H|^{2}+2\left\langle\nabla W, \nabla f_{+}\right\rangle .
\end{aligned}
$$

If we let $v_{+}:=\left[\tau\left(2 \Delta f_{+}-\left|\nabla f_{+}\right|^{2}+R-\frac{1}{12}|H|^{2}-\alpha_{n}|d u|^{2}\right)-f_{+}+n\right] w$, then

$$
\begin{aligned}
& \left(\partial_{t}+\Delta\right) v_{+} \\
= & \left(\partial_{t}+\Delta\right)(W w) \\
= & w\left(\partial_{t}+\Delta\right) W+W\left(\partial_{t}+\Delta\right) w+2\langle\nabla W, \nabla w\rangle \\
= & 2 t\left|R_{i j}-1 / 4 h_{i j}-\alpha_{n} u_{i} u_{j}+\left(f_{+}\right)_{i j}+\frac{g_{i j}}{2 t}\right|^{2} w+\frac{t}{2}\left|\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f_{+}\right|^{2} w \\
& +2 \alpha_{n} t\left|\Delta u-d u\left(\nabla f_{+}\right)\right|^{2} w+1 / 6|H|^{2} w+R v_{+}-1 / 4|H|^{2} v_{+}-\alpha_{n}|d u|^{2} v_{+} .
\end{aligned}
$$

In the end, Theorem 3.7 follows by the above equality and the relation

$$
\frac{d}{d t} \mathcal{W}_{+}=\int_{M}\left(\partial_{t}+\Delta-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2}\right) v_{+} d \mu
$$

From the definition of $\mathcal{W}_{+}$, we see that $\mathcal{W}_{+}$has the following property:
Proposition 3.8. If $\varphi: M \rightarrow M$ is a diffeomorphism and $c>0$ is a constant, then we have
(1) $\mathcal{W}_{+}\left(\varphi^{*} g, \varphi^{*} H, \varphi^{*} u, \varphi^{*} f, \tau\right)=\mathcal{W}_{+}(g, H, u, f, \tau)$.
(2) $\mathcal{W}_{+}(c g, H, u, f, c \tau)=\mathcal{W}_{+}(g, H, u, f, \tau)$.

### 3.3. Steady and expanding breathers

Definition 3.9. A solution $(g(t), H(t), u(t))$ to the system (1.1) on a manifold $M^{n}$ is called a breather if there exist times $t_{1}<t_{2}$, a constant $c>0$ and a diffeomorphism $\varphi: M \rightarrow M$ such that $g\left(t_{2}\right)=c \varphi^{*} g\left(t_{1}\right), H\left(t_{2}\right)=c \varphi^{*} H\left(t_{1}\right)$ and $u\left(t_{2}\right)=c \varphi^{*} u\left(t_{1}\right)$. When $c<1, c=1$ or $c>1$, we call $(g, H, u)(t)$ a shrinking, steady or expanding breather, respectively.

The soliton is a special of the breather. If we consider the GRF system as a dynamical system on the space of $\mathcal{M}(M) \times \bigwedge^{3}(M) \times C^{\infty}(M)$ modulo diffeomorphisms and homotheties, the breathers correspond to the periodic orbits whereas the solitons correspond to the fixed points. Since the GRF system is a heat-type system, we expect that there are no periodic orbits except fixed points. In the following we will confirm it for the steady or expanding case.

To study the steady breather, we introduce the $\lambda$-functional, which is similar to the Ricci flow case.

## Definition 3.10.

$$
\lambda(g, H, u):=\inf \left\{\mathcal{F}(g(t), H(t), u(t), f(t)) \mid f \in C^{\infty}(M), \int_{M} e^{-f} d \mu=1\right\}
$$

Taking $v=e^{-f / 2}$, we have

$$
\begin{equation*}
\lambda(g, H, u)=\inf \left\{\mathcal{G}(g(t), H(t), u(t), v(t)) \mid \int_{M} v^{2} d \mu=1, v>0\right\} \tag{3.13}
\end{equation*}
$$

where

$$
\mathcal{G}(g(t), H(t), u(t), v(t)):=\int_{M}\left(4|\nabla v|^{2}+R v^{2}-1 / 12|H|^{2} v^{2}-\alpha_{n}|d u|^{2} v^{2}\right) d \mu .
$$

It is easy to see that the Euler-Lagrange equation for (3.13) is

$$
L v:=-4 \Delta v+R v-1 / 12|H|^{2} v-\alpha_{n}|d u|^{2} v=\lambda(g, H, u) v .
$$

Meanwhile we have the following existence and regularity of minimizer of $\mathcal{G}$.
Lemma 3.11. The inf in the definition of $\lambda(g, H, u)$ is attained by a unique positive and smooth minimizer $v_{0}$. Moreover,
(1) the minimum value $\lambda(g, H, u)$ of $\mathcal{G}$ is equal to $\lambda_{1}(g, H, u)$, where $\lambda_{1}(g$, $H, u)$ is the lowest eigenvalue of the operator $-4 \Delta+R-1 / 12|H|^{2}-$ $\alpha_{n}|d u|^{2}$, and
(2) $v_{0}$ is the unique positive eigenfunction of

$$
-4 \Delta v_{0}+R v_{0}-1 / 12|H|^{2} v_{0}-\alpha_{n}|d u|^{2} v_{0}=\lambda(g, H, u) v_{0}
$$

with $L^{2}$-norm equal to 1 .
Proof. The proof involves the Sobolev embedding theorem and the standard regularity theory for the second-order linear elliptic equations, similar to the Ricci flow case. See Lemma 5.22 of Chapter 5 in [1] for detailed discussions.
Remark 3.12. In Lemma 3.11, (2) can be stated that: The minimizer $f_{0}=$ $-2 \log v_{0}$ of $\mathcal{F}(g(t), H(t), u(t), \cdot)$ is unique, $C^{\infty}$, and a solution to

$$
\lambda(g, H, u)=2 \Delta f_{0}-\left|\nabla f_{0}\right|^{2}+R-1 / 12|H|^{2}-\alpha_{n}|d u|^{2} .
$$

We summarize the properties of the functional $\lambda$ on closed manifolds.
Proposition 3.13. (1) (Bounds for $\lambda$ ) Let $\lambda$ be defined as above.

$$
R_{\min }-1 / 12|H|_{\max }^{2}-\alpha_{n}|d u|_{\max }^{2} \leq \lambda(g, H, u) \leq \frac{\int_{M} R d \mu}{\operatorname{Vol}(M)}
$$

(2) (Diffeomorphism invariance) If $\varphi: M \rightarrow M$ is a diffeomorphism, then

$$
\lambda\left(\varphi^{*} g, \varphi^{*} H, \varphi^{*} u\right)=\lambda(g, H, u)
$$

(3) (Existence of a smooth minimizer) There exists a minimizer $f \in C^{\infty}(M)$ with $\int_{M} e^{-f} d \mu=1$ such that $\lambda(g, H, u)=\mathcal{F}(g, H, u, f)$.
(4) (Scaling) $\lambda(c g, H, u)=c^{-1} \lambda(g, H, u)$.

In the following we claim that $\lambda(g, H, u)$ is also a monotonic quantity.

Proposition 3.14. If $(g(\cdot), H(\cdot), u(\cdot))$ is a solution to the GRF system (1.1), then $\lambda(g(t), H(t), u(t))$ is non-decreasing in time.
Proof. Given $t_{0} \in[0, T]$, let $f_{0}$ be the minimizer of $\mathcal{F}(g(t), H(t), u(t), f(t))$ at $t_{0}$. Then $\lambda\left(g\left(t_{0}\right), H\left(t_{0}\right), u\left(t_{0}\right)\right)=\mathcal{F}\left(g\left(t_{0}\right), H\left(t_{0}\right), u\left(t_{0}\right), f\left(t_{0}\right)\right)$. Let $f$ solve the backwards heat-type equation

$$
\partial_{t} f=-\Delta f+|\nabla f|^{2}-R+1 / 4|H|^{2}+\alpha_{n}|d u|^{2} \quad \text { with } \quad f\left(t_{0}\right)=f_{0}
$$

on the time interval $\left[0, t_{0}\right]$. Then $\frac{d}{d t} \mathcal{F}(g(t), H(t), u(t), f(t)) \geq 0$ for all $t \leq t_{0}$. Also the backwards heat-type equation preserves the constraint $\int_{M} e^{-f} d \mu=1$. So $\lambda(g(t), H(t), u(t)) \leq \mathcal{F}(g(t), H(t), u(t), f(t))$ for $t \leq t_{0}$. Thus

$$
\begin{aligned}
\lambda(g(t), H(t), u(t)) & \leq \mathcal{F}(g(t), H(t), u(t), f(t)) \\
& \leq \mathcal{F}\left(g\left(t_{0}\right), H\left(t_{0}\right), u\left(t_{0}\right), f\left(t_{0}\right)\right)=\lambda\left(g\left(t_{0}\right), H\left(t_{0}\right), u\left(t_{0}\right)\right)
\end{aligned}
$$

Hence $\lambda(g(t), H(t), u(t))$ is non-decreasing in time.
As an application of the functional $\lambda$ we prove that:
Theorem 3.15. Let $(g(t), H(t), u(t))$ to be a solution to the GRF system (1.1) on a closed manifold $M^{n}$. If there exist $t_{1}<t_{2}$ with $\lambda\left(g\left(t_{1}\right), H\left(t_{1}\right)\right.$, $\left.u\left(t_{1}\right)\right)=\lambda\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right)\right)$ (i.e., the solution is a steady breather), then $(g(t), H(t), u(t))$ is a steady gradient GRF system soliton.

Proof. Suppose there exist $t_{1}<t_{2}$ with $\lambda\left(g\left(t_{1}\right), H\left(t_{1}\right), u\left(t_{1}\right)\right)=\lambda\left(g\left(t_{2}\right), H\left(t_{2}\right)\right.$, $\left.u\left(t_{2}\right)\right)$. Let $f_{2}$ be the minimizer for $\mathcal{F}$ at $t_{2}$, so that $\mathcal{F}\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right)\right)=$ $\lambda\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right)\right)$. Take $f(t)$ be to the solution to (3.2) on $\left[t_{1}, t_{2}\right]$ with the initial data $f\left(t_{2}\right)=f_{2}$. By (3.3) and the definition of $\lambda$, we have

$$
\begin{aligned}
\lambda\left(g\left(t_{1}\right), H\left(t_{1}\right), u\left(t_{1}\right)\right) & \leq \mathcal{F}(g(t), H(t), u(t), f(t)) \\
& \leq \mathcal{F}\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right), f\left(t_{2}\right)\right) \\
& =\lambda\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right)\right)
\end{aligned}
$$

for $t \in\left[t_{1}, t_{2}\right]$. Since $\lambda\left(g\left(t_{1}\right), H\left(t_{1}\right), u\left(t_{1}\right)\right)=\lambda\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right)\right)$ and $\lambda(g(t)$, $H(t), u(t))$ is monotone, then $\mathcal{F}(g(t), H(t), u(t), f(t))=\lambda(g(t), H(t), u(t)) \equiv$ const for $t \in\left[t_{1}, t_{2}\right]$. Therefore, by (3.3), we have

$$
\begin{aligned}
& R_{i j}-1 / 4 H_{i k m} H_{j}^{k m}-\alpha_{n} u_{i} u_{j}+f_{i j}=0 \\
& \quad\left(d^{*} H\right)_{i j}-H_{k i j} \nabla^{k} f=0 \quad \text { and } \quad \Delta u-d u(\nabla f)=0
\end{aligned}
$$

for $t \in\left[t_{1}, t_{2}\right]$. Hence $(g(t), H(t), u(t))$ is a steady gradient GRF system soliton.

Below we focus on the expanding breather. First we define the functionals $\mu_{+}$and $\nu_{+}$as follows:

## Definition 3.16.

$$
\mu_{+}(g, H, u, \tau):=\inf \left\{\mathcal{W}_{+}(g, H, u, f, \tau) \mid f \in C^{\infty}(M), \int_{M} \frac{e^{-f_{+}}}{(4 \pi \tau)^{n / 2}} d \mu=1\right\}
$$

$$
\nu_{+}(g, H, u):=\inf \left\{\mu_{+}(g, H, u, \tau) \mid \tau \in \mathbb{R}^{+}\right\}
$$

By the definitions of functionals $\mu_{+}$and $\nu_{+}$, we have the following property:
Proposition 3.17. If $\varphi: M \rightarrow M$ is a diffeomorphism and $c>0$ is a constant, then
(1) $\mu_{+}\left(\varphi^{*} g, \varphi^{*} H, \varphi^{*} u, \tau\right)=\mu_{+}(g, H, u, \tau), \nu_{+}\left(\varphi^{*} g, \varphi^{*} H, \varphi^{*} u\right)=\nu_{+}(g, H, u)$.
(2) $\mu_{+}(c g, H, u, c \tau)=\mu_{+}(g, H, u, \tau), \nu_{+}(c g, H, u)=\nu_{+}(g, H, u)$.

Now we study the existence, smoothness, and monotonicity of these quantities.

Lemma 3.18. Let $M^{n}$ be a closed manifold. If $(g(\cdot), H(\cdot), u(\cdot))$ is a solution to the GRF system (1.1) on $M^{n}$, then we have
(1) the inf in the definition of $\mu_{+}$is achieved by a unique $w$. Moreover, $\mu_{+}(g(t), H(t), u(t), t-T)$ is non-decreasing in time, and is constant only on an expanding soliton with $H \equiv 0$.
(2) If $\nu_{+}<0$, then the sup in the definition of $\nu_{+}$is achieved by a unique $\tau$. Moreover, $\nu_{+}(g(t), H(t), u(t))$ is non-decreasing in time, and is constant only on an expanding soliton with $H \equiv 0$.

Proof. This proof is identical to that of Theorem 1.7 of [5]. In particular, we have the following two formulas

$$
\frac{d}{d t} \mu_{+}(g(t), H(t), u(t), t-T)=\frac{d}{d t} \mathcal{W}_{+}(g(t), H(t), u(t), w, t-T)
$$

where $w$ realizes the minimum at time $t$, and

$$
\frac{d}{d t} \nu_{+}(g(t), H(t), u(t))=\frac{d}{d t} \mu_{+}(g(t), H(t), u(t), \tau),
$$

where $(w, \tau)$ realizes the minimax at time $t$, hold. If $\mu_{+}$and $\nu_{+}$are fixed constants, by the monotonicity formula (3.12), the results follow.

In the same way, using the functional $\mu_{+}$, we prove the nonexistence of the nontrivial expanding breathers.

Theorem 3.19. Let $(g(t), H(t), u(t))$ to be a solution to the GRF system (1.1) on a closed manifold $M^{n}$. If $(g(t), H(t), u(t))$ is a expanding breather, then it in fact is a steady gradient GRF system soliton with $H \equiv 0$.

Proof. Let $(M, g(t), H(t), u(t))$ be a expanding breather with

$$
\begin{equation*}
g\left(t_{2}\right)=c \varphi^{*} g\left(t_{1}\right), \quad H\left(t_{2}\right)=c \varphi^{*} H\left(t_{1}\right), \quad u\left(t_{2}\right)=c \varphi^{*} u\left(t_{1}\right), \tag{3.14}
\end{equation*}
$$

where $t_{2}>t_{1}$ and $c>1$. Define $\tau(t):=t+\frac{t_{2}-c t_{1}}{c-1}$, so that $\frac{d \tau}{d t}=1, \tau\left(t_{1}\right)=\frac{t_{2}-t_{1}}{c-1}$, $\tau\left(t_{2}\right)=\frac{c\left(t_{2}-t_{1}\right)}{c-1}$ and $\tau\left(t_{2}\right)=c \tau\left(t_{1}\right)$. Let $\hat{f}_{2}$ be the minimizer for $\mathcal{W}_{+}$at $t_{2}$, so that

$$
\mathcal{W}_{+}\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right), \hat{f}_{2}, \tau\left(t_{2}\right)\right)=\mu_{+}\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right), \tau\left(t_{2}\right)\right) .
$$

Take $f_{+}(t)$ be to the solution to the equation (3.11) on the time interval $\left[t_{1}, t_{2}\right]$ with the initial data $f_{+}\left(t_{2}\right)=\hat{f}_{2}$. By (3.12) and the definition of $\mu_{+}$we obtain

$$
\begin{aligned}
\mu_{+}\left(g\left(t_{1}\right), H\left(t_{1}\right), u\left(t_{1}\right), \tau\left(t_{1}\right)\right) & \leq \mathcal{W}_{+}\left(g\left(t_{1}\right), H\left(t_{1}\right), u\left(t_{1}\right), f_{+}\left(t_{1}\right), \tau\left(t_{1}\right)\right) \\
& \leq \mathcal{W}_{+}\left(g(t), H(t), u(t), f_{+}(t), \tau(t)\right) \\
& \leq \mathcal{W}_{+}\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right), \hat{f}_{2}, \tau\left(t_{2}\right)\right) \\
& =\mu_{+}\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right), \tau\left(t_{2}\right)\right)
\end{aligned}
$$

for all $t \in\left[t_{1}, t_{2}\right]$. Since (3.14) and $\tau\left(t_{2}\right)=c \tau\left(t_{1}\right)$, by Proposition 3.17, we know that

$$
\mu_{+}\left(g\left(t_{1}\right), H\left(t_{1}\right), u\left(t_{1}\right), \tau\left(t_{1}\right)\right)=\mu_{+}\left(g\left(t_{2}\right), H\left(t_{2}\right), u\left(t_{2}\right), \tau\left(t_{2}\right)\right) .
$$

Furthermore using the fact that $\mathcal{W}_{+}$is increasing, therefore we have

$$
\mathcal{W}_{+}\left(g(t), H(t), u(t), f_{+}(t), \tau(t)\right)=\mu_{+}(g(t), H(t), u(t), \tau(t)) \equiv \mathrm{const}
$$

for $t \in\left[t_{1}, t_{2}\right]$. Thus $f_{+}(t)$ is the minimizer for $\mathcal{W}_{+}\left(g(t), H(t), u(t), f_{+}(t), \tau(t)\right)$ and $\frac{d}{d t} \mathcal{W}_{+} \equiv 0$, so by (3.12), we have

$$
\begin{array}{r}
R_{i j}-\alpha_{n} u_{i} u_{j}+\left(f_{+}\right)_{i j}+\frac{g_{i j}}{2(t-T)}=0 \\
\Delta u-d u\left(\nabla f_{+}\right)=0 \quad \text { and } \quad H \equiv 0
\end{array}
$$

for $t \in\left[t_{1}, t_{2}\right]$, where $T=\frac{c t_{1}-t_{2}}{c-1}$. Therefore the result follows.

## 4. Curvature evolution equations

In this section we compute evolution equations for curvature tensors, 3forms, the Lapse functions and their derivatives under the GRF system (1.1). We first recall the following result for a general flow (see [2], Lemma 6.5).
Lemma 4.1. Given $\left(M^{n}, g(t)\right)$ with $\partial_{t} g_{i j}=v_{i j}$, then

$$
\begin{gathered}
\partial_{t} \Gamma_{i j}^{k}=1 / 2 g^{k l}\left(\nabla_{i} v_{j l}+\nabla_{j} v_{i l}-\nabla_{l} v_{i j}\right), \\
\partial_{t} R_{i j k l}=1 / 2\left[\nabla_{i} \nabla_{l} v_{j k}+\nabla_{j} \nabla_{k} v_{i l}-\nabla_{i} \nabla_{k} v_{j l}-\nabla_{j} \nabla_{l} v_{i k}\right] \\
+1 / 2\left(R_{i j p l} v_{k p}-R_{i j p k} v_{l p}\right), \\
\partial_{t} R_{i j}=-1 / 2\left[\Delta_{L} v_{i j}+\nabla_{i} \nabla_{j} v-g^{p q}\left(\nabla_{i} \nabla_{p} v_{j q}+\nabla_{j} \nabla_{p} v_{i q}\right)\right], \\
\partial_{t} R=-\Delta v+g^{p q} g^{r s}\left(\nabla_{p} \nabla_{r} v_{q s}-R_{p r} v_{q s}\right), \\
\text { where } \Delta_{L}:=\Delta v_{i j}+2 R_{i k j l} v_{k l}-R_{i p} v_{j p}-R_{j p} v_{i p}, R_{i j k l}:=g_{p k} R_{i j l}^{p} \text { and } v:=g^{i j} v_{i j} .
\end{gathered}
$$

Using the above formulas, we have:
Proposition 4.2. Under the GRF system (1.1), we have

$$
\begin{align*}
\partial_{t} R_{i j k l}= & \Delta R_{i j k l}+2\left(B_{i j k l}-B_{i j l k}-B_{i l j k}+B_{i k j l}\right) \\
& -R_{p j k l} R_{p i}-R_{i p k l} R_{p j}-R_{i j p l} R_{p k}-R_{i j k p} R_{p l} \\
& +1 / 4\left(R_{i j p l} h_{k p}-R_{i j p k} h_{l p}\right)  \tag{4.1}\\
& +1 / 4\left(\nabla_{i} \nabla_{l} h_{j k}+\nabla_{j} \nabla_{k} h_{i l}-\nabla_{i} \nabla_{k} h_{j l}-\nabla_{j} \nabla_{l} h_{i k}\right) \\
& +2 \alpha_{n}\left(\nabla_{i} \nabla_{k} u \nabla_{j} \nabla_{l} u-\nabla_{i} \nabla_{l} u \nabla_{j} \nabla_{k} u\right),
\end{align*}
$$

where $B_{i j k l}:=R_{p i q j} R_{p k q l}$, and

$$
\begin{align*}
\partial_{t}\left(\nabla^{k} R m\right)= & \Delta\left(\nabla^{k} R m\right)+\sum_{\alpha+\beta=k} \nabla^{\alpha} R m * \nabla^{\beta} R m+\sum_{\alpha+\beta+\gamma=k} \nabla^{\alpha} H * \nabla^{\beta} H * \nabla^{\gamma} R m  \tag{4.2}\\
& +\sum_{\alpha+\beta=2+k} \nabla^{\alpha} H * \nabla^{\beta} H+\sum_{\alpha+\beta=k} \nabla^{2+\alpha} u * \nabla^{2+\beta} u \\
& +\sum_{\alpha+\beta=k-1} d u * \nabla^{2+\alpha} u * \nabla^{\beta} R m+\sum_{\alpha+\beta+\gamma=k-2} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{\gamma} R m .
\end{align*}
$$

Proof. Let $v_{i j}=-2 R_{i j}+1 / 2 h_{i j}+2 \alpha_{n} \partial_{i} u \partial_{j} u$. We observe that quantities $-2 R_{i j}, 1 / 2 h_{i j}$ and $2 \alpha_{n} \partial_{i} u \partial_{j} u$ are independent in some sense. So we can compute the evolution of curvature under the metric evolving by those three quantities separately.

If $\partial_{t} g_{i j}=-2 R_{i j}$, by Hamilton's Ricci flow result, the evolution equation of curvature is the first and second lines on the right hand side of (4.1).

If $\partial_{t} g_{i j}=1 / 2 h_{i j}$, using Lemma 4.1, we see that the evolution equation of curvature is the third and fourth lines on the right hand side of (4.1).

If $\partial_{t} g_{i j}=2 \alpha_{n} \partial_{i} u \partial_{j} u$, using Lemma 4.1, we have

$$
\begin{aligned}
\partial_{t} R_{i j k l}= & \alpha_{n}\left[\nabla_{i} \nabla_{l}\left(u_{j} u_{k}\right)+\nabla_{j} \nabla_{k}\left(u_{i} u_{l}\right)-\nabla_{i} \nabla_{k}\left(u_{j} u_{l}\right)-\nabla_{j} \nabla_{l}\left(u_{i} u_{k}\right)\right] \\
& +\alpha_{n}\left[R_{i j p l}\left(u_{k} u_{p}\right)-R_{i j p k}\left(u_{l} u_{p}\right)\right] \\
= & u_{j l i} u_{k}+u_{j l} u_{k i}+u_{j i} u_{k l}+u_{j} u_{k l i}+u_{i k j} u_{l}+u_{i k} u_{l j}+u_{i j} u_{l k}+u_{i} u_{l k j} \\
& -u_{j k i} u_{l}-u_{j k} u_{l i}-u_{j i} u_{l k}-u_{j} u_{l k i}-u_{i l j} u_{k}-u_{i l} u_{k j}-u_{i j} u_{k l} \\
& -u_{i} u_{k l j}+\alpha_{n}\left(R_{i j p l} u_{k} u_{p}-R_{i j p k} u_{l} u_{p}\right) \\
= & 2 \alpha_{n}\left(u_{k i} u_{l j}-u_{j k} u_{l i}\right),
\end{aligned}
$$

where $u_{j l i}:=\nabla_{i} \nabla_{l} \nabla_{j} u$. Note that the above computation involves the communication formula $\nabla_{i} \nabla_{j} \nabla_{l} u-\nabla_{j} \nabla_{i} \nabla_{l} u=R_{i j l p} \nabla_{p} u$. Hence (4.1) follows by adding the above three evolution formulas.

Below we shall prove (4.2). Note that under a general geometric flow $\partial_{t} g_{i j}=$ $v_{i j}$, for any tensor $A$, we have $\partial_{t} \nabla A=\nabla \partial_{t} A+A * \nabla v$ and

$$
[\nabla, \Delta] A=\nabla \Delta A-\Delta \nabla A=R m * \nabla A+\nabla R m * A
$$

Therefore, under the GRF system (1.1), we have

$$
\begin{aligned}
\partial_{t} \nabla R m= & \nabla \partial_{t} R m+R m * \nabla(R m+H * H+d u * d u) \\
= & \nabla\left(\Delta R m+R m * R m+H * H * R m+\sum_{\alpha+\beta=2} \nabla^{\alpha} H * \nabla^{\beta} H+\nabla^{2} u * \nabla^{2} u\right) \\
& +R m * \nabla(R m+H * H+d u * d u) \\
= & \Delta \nabla R m+\nabla R m * R m+\sum_{\alpha+\beta+\gamma=1} \nabla^{\alpha} H * \nabla^{\beta} H * \nabla^{\gamma} R m \\
& +\sum_{\alpha+\beta=3} \nabla^{\alpha} H * \nabla^{\beta} H+\nabla^{2} u * \nabla^{3} u+\nabla u * \nabla^{2} u * R m .
\end{aligned}
$$

This finishes the proof of the case $k=1$. Now by induction, we assume that we have gotten the evolution formula of $\nabla^{j} R m$ for all $1 \leq j<k$. We begin by computing

$$
\begin{aligned}
& \partial_{t}\left(\nabla^{k} R m\right) \\
= & \partial_{t} \nabla\left(\nabla^{k-1} R m\right) \\
= & \nabla \partial_{t}\left(\nabla^{k-1} R m\right)+\left(\nabla^{k-1} R m\right) * \nabla(R m+H * H+d u * d u) \\
= & \nabla\left[\Delta\left(\nabla^{k-1} R m\right)+\sum_{\alpha+\beta=k-1} \nabla^{\alpha} R m * \nabla^{\beta} R m+\sum_{\alpha+\beta+\gamma=k-1} \nabla^{\alpha} H * \nabla^{\beta} H * \nabla^{\gamma} R m\right. \\
& +\sum_{\alpha+\beta=1+k} \nabla^{\alpha} H * \nabla^{\beta} H+\sum_{\alpha+\beta=k-1} \nabla^{2+\alpha} u * \nabla^{2+\beta} u+\sum_{\alpha+\beta=k-2} d u * \nabla^{2+\alpha} u * \nabla^{\beta} R m \\
& \left.+\sum_{\alpha+\beta+\gamma=k-3} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{\gamma} R m\right]+\left(\nabla^{k-1} R m\right) * \nabla(R m+H * H+d u * d u) \\
= & \Delta\left(\nabla^{k} R m\right)+\sum_{\alpha+\beta=k} \nabla^{\alpha} R m * \nabla^{\beta} R m+\sum_{\alpha+\beta+\gamma=k} \nabla^{\alpha} H * \nabla^{\beta} H * \nabla^{\gamma} R m \\
& +\sum_{\alpha+\beta=2+k} \nabla^{\alpha} H * \nabla^{\beta} H+\sum_{\alpha+\beta=k} \nabla^{2+\alpha} u * \nabla^{2+\beta} u+\sum_{\alpha+\beta=k-1} d u * \nabla^{2+\alpha} u * \nabla^{\beta} R m \\
& +\sum_{\alpha+\beta+\gamma=k-2} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{\gamma} R m .
\end{aligned}
$$

This completes the inductive step. Hence we prove (4.2).
By the above curvature evolution equation under the system (1.1), we have:
Corollary 4.3. Under the GRF system (1.1), we have
(4.3) $\partial_{t} R m=\Delta R m+R m * R m+H * H * R m+\sum_{\alpha+\beta=2} \nabla^{\alpha} H * \nabla^{\beta} H+\nabla^{2} u * \nabla^{2} u$;

$$
\begin{aligned}
\partial_{t}|R m|^{2} \leq & \Delta|R m|^{2}-2|\nabla R m|^{2}+C|R m|^{3}+C\left(|H|^{2}+|d u|^{2}\right) \cdot|R m|^{2} \\
& +C \sum_{\alpha+\beta=2}\left|\nabla^{\alpha} H\right| \cdot\left|\nabla^{\beta} H\right| \cdot|R m|+C\left|\nabla^{2} u\right|^{2} \cdot|R m|
\end{aligned}
$$

$$
\begin{align*}
& \partial_{t}\left|\nabla^{k} R m\right|^{2}  \tag{4.5}\\
\leq & \Delta\left|\nabla^{k} R m\right|^{2}-2\left|\nabla^{k+1} R m\right|^{2}+C\left|\nabla^{k} R m\right| \cdot \sum_{\alpha+\beta=k}\left|\nabla^{\alpha} R m\right| \cdot\left|\nabla^{\beta} R m\right| \\
& +C\left|\nabla^{k} R m\right| \cdot \sum_{\alpha+\beta+\gamma=k}\left|\nabla^{\beta} H\right| \cdot\left|\nabla^{\gamma} H\right| \cdot\left|\nabla^{\alpha} R m\right| \\
& +C\left|\nabla^{k} R m\right| \cdot \sum_{\alpha+\beta=2+k}\left|\nabla^{\alpha} H\right| \cdot\left|\nabla^{\beta} H\right|+C\left|\nabla^{k} R m\right| \cdot \sum_{\alpha+\beta=k}\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{2+\beta} u\right|
\end{align*}
$$

$$
\begin{aligned}
& +C\left|\nabla^{k} R m\right| \cdot \sum_{\alpha+\beta=k-1}|d u| \cdot\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{\beta} R m\right| \\
& +C\left|\nabla^{k} R m\right| \cdot \sum_{\alpha+\beta+\gamma=k-2}\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{2+\beta} u\right| \cdot\left|\nabla^{\gamma} R m\right|+C|d u|^{2} \cdot\left|\nabla^{k} R m\right|^{2}
\end{aligned}
$$

Proof. Evolution formula (4.3) is obvious. Next we will prove the second evolution formula. By the evolution equation (4.1), we have

$$
\begin{aligned}
\partial_{t}|R m|^{2}= & 2 R m *\left(\partial_{t} R m\right)+R m * R m *(R c+H * H+d u * d u) \\
= & 2 R m *\left(\Delta R m+R m * R m+R m * H * H+\sum_{\alpha+\beta=2} \nabla^{\alpha} H * \nabla^{\beta} H+\nabla^{2} u * \nabla^{2} u\right) \\
& +R m * R m *(R c+H * H+d u * d u) \\
\leq & \Delta|R m|^{2}-2|\nabla R m|^{2}+C|R m|^{3}+C\left(|H|^{2}+|d u|^{2}\right) \cdot|R m|^{2} \\
& +C \sum_{\alpha+\beta=2}\left|\nabla^{\alpha} H\right| \cdot\left|\nabla^{\beta} H\right| \cdot|R m|+C\left|\nabla^{2} u\right|^{2} \cdot|R m| .
\end{aligned}
$$

Hence (4.4) follows. In the end we will prove (4.5). Using

$$
\partial_{t}\left|\nabla^{k} R m\right|^{2}=2\left\langle\partial_{t}\left(\nabla^{k} R m\right), \nabla^{k} R m\right\rangle+(R m+H * H+d u * d u) *\left(\nabla^{k} R m\right)^{2}
$$

and combining with (4.2), then (4.5) follows.
Proposition 4.4. Under the GRF system (1.1), we have

$$
\begin{equation*}
\partial_{t}(\nabla H)=\Delta(\nabla H)+\sum_{\alpha+\beta=1} \nabla^{\alpha} R m * \nabla^{\beta} H+H * H * \nabla H+d u * \nabla^{2} u * H \tag{4.6}
\end{equation*}
$$

and for all $k \geq 2$

$$
\begin{align*}
\partial_{t}\left(\nabla^{k} H\right)= & \Delta\left(\nabla^{k} H\right)+\sum_{\alpha+\beta=k} \nabla^{\alpha} R m * \nabla^{\beta} H+\sum_{\alpha+\beta+\gamma=k} \nabla^{\alpha} H * \nabla^{\beta} H * \nabla^{\gamma} H  \tag{4.7}\\
& +\sum_{\alpha+\beta=k-1} d u * \nabla^{2+\alpha} u * \nabla^{\beta} H+\sum_{\alpha+\beta+\gamma=k-2} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{\gamma} H
\end{align*}
$$

Proof. Recall that $\partial_{t} H=\Delta H+H * R m$. Hence

$$
\begin{aligned}
\partial_{t}(\nabla H) & =\nabla \partial_{t} H+H * \nabla(R m+H * H+d u \otimes d u) \\
& =\nabla(\Delta H+H * R m)+H * \nabla(R m+H * H+d u \otimes d u) \\
& =\Delta \nabla H+R m * \nabla H+\nabla R m * H+H * H * \nabla H+d u * \nabla^{2} u * H
\end{aligned}
$$

and (4.6) follows. In the following, we assume the evolution equation $\nabla^{j} H$ for all $1 \leq j<k$ holds as in (4.7) and we want to prove this also holds for the case

## $j=k$.

$$
\begin{aligned}
\partial_{t}\left(\nabla^{k} H\right)= & \nabla\left(\partial_{t} \nabla^{k-1} H\right)+\nabla^{k-1} H * \nabla(R m+H * H+d u \otimes d u) \\
= & \nabla\left[\Delta\left(\nabla^{k-1} H\right)+\sum_{\alpha+\beta=k-1} \nabla^{\alpha} R m * \nabla^{\beta} H+\sum_{\alpha+\beta+\gamma=k-1} \nabla^{\alpha} H * \nabla^{\beta} H * \nabla^{\gamma} H\right. \\
& \left.+\sum_{\alpha=k-2} d u * \nabla^{2+\alpha} u * \nabla^{\beta} H+\sum_{\alpha+\beta+\gamma=k-3} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{\gamma} H\right] \\
& +\nabla^{k-1} H * \nabla(R m+H * H+d u \otimes d u) \\
= & \Delta\left(\nabla^{k} H\right)+\sum_{\alpha+\beta=k} \nabla^{\alpha} R m * \nabla^{\beta} H+\sum_{\alpha+\beta+\gamma=k} \nabla^{\alpha} H * \nabla^{\beta} H * \nabla^{\gamma} H \\
& +\sum_{\alpha=k-1} d u * \nabla^{2+\alpha} u * \nabla^{\beta} H+\sum_{\alpha+\beta+\gamma=k-2} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{\gamma} H .
\end{aligned}
$$

This completes the proposition.
By Proposition 4.4, we have:
Corollary 4.5. Under the GRF system (1.1), we have

$$
\begin{aligned}
\partial_{t}|\nabla H|^{2} \leq & \Delta|\nabla H|^{2}-2\left|\nabla^{2} H\right|^{2}+C|\nabla H| \cdot \sum_{\alpha+\beta=1}\left|\nabla^{\alpha} R m\right| \cdot\left|\nabla^{\beta} H\right| \\
& +C\left(|H|^{2}+|d u|^{2}\right) \cdot|\nabla H|^{2}+C|d u| \cdot\left|\nabla^{2} u\right| \cdot|H| \cdot|\nabla H|
\end{aligned}
$$

and for all $k \geq 2$

$$
\begin{align*}
& \partial_{t}\left|\nabla^{k} H\right|^{2}  \tag{4.8}\\
\leq & \Delta\left|\nabla^{k} H\right|^{2}-2\left|\nabla^{k+1} H\right|^{2}+C\left|\nabla^{k} H\right| \cdot \sum_{\alpha+\beta=k}\left|\nabla^{\alpha} H\right| \cdot\left|\nabla^{\beta} R m\right| \\
& +C\left|\nabla^{k} H\right| \cdot \sum_{\alpha+\beta+\gamma=k}\left|\nabla^{\alpha} H\right| \cdot\left|\nabla^{\beta} H\right| \cdot\left|\nabla^{\gamma} H\right|+C\left|\nabla^{k} H\right| \cdot \sum_{\alpha+\beta=k-1}|d u| \cdot\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{\beta} H\right| \\
& +C|d u|^{2} \cdot\left|\nabla^{k} H\right|^{2}+C\left|\nabla^{k} H\right| \cdot \sum_{\alpha+\beta+\gamma=k-2}\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{2+\beta} u\right| \cdot\left|\nabla^{\gamma} H\right| .
\end{align*}
$$

Proof. The proof of this corollary is similar to that of Corollary 4.3.
Proposition 4.6. Under the GRF system (1.1), we also have

$$
\begin{align*}
& \partial_{t}\left(u_{i j}\right)=\Delta\left(u_{i j}\right)+2 R_{i p j q} u_{p q}-R_{i p} u_{j p}-R_{j p} u_{i p}-2 \alpha_{n}|d u|^{2} u_{i j} \\
& \quad-1 / 4\left(\nabla_{i} h_{j k}+\nabla_{j} h_{i k}-\nabla_{k} h_{i j}\right) u_{k}  \tag{4.9}\\
& \begin{aligned}
\partial_{t}\left(\nabla^{2+k} u\right)= & \Delta\left(\nabla^{2+k} u\right)+\sum_{\alpha+\beta=k} \nabla^{2+\alpha} u * \nabla^{\beta} R m \\
& +\sum_{\alpha+\beta=k-1} d u * \nabla^{2+\alpha} u * \nabla^{2+\beta} u
\end{aligned}
\end{align*}
$$

$$
\begin{aligned}
& +\sum_{\alpha+\beta+\gamma=k-2} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{2+\gamma} u+|d u|^{2} \cdot \nabla^{2+k} u \\
& +\sum_{\alpha+\beta+\gamma=k} \nabla^{1+\alpha} H * \nabla^{\beta} H * \nabla^{1+\gamma} u
\end{aligned}
$$

Proof. We calculate

$$
\begin{equation*}
\partial_{t}\left(u_{i j}\right)=\nabla_{i} \nabla_{j}\left(\partial_{t} u\right)-\left(\partial_{t} \Gamma_{i j}^{k}\right) u_{k} . \tag{4.11}
\end{equation*}
$$

Note that

$$
\begin{aligned}
\nabla_{i} \nabla_{j}\left(u_{t}\right)= & \nabla_{i} \nabla_{j}\left(\nabla_{k} \nabla_{k} u\right) \\
= & \nabla_{i}\left(\nabla_{k} \nabla_{j} \nabla_{k} u+R_{j k k p} \nabla_{p} u\right) \\
= & \nabla_{k} \nabla_{i} \nabla_{k} \nabla_{j} u+R_{i k j p} \nabla_{p} \nabla_{k} u+R_{i k k p} \nabla_{j} \nabla_{p} u-\nabla_{i} R_{j p} \nabla_{p} u \\
& -R_{j p} \nabla_{i} \nabla_{p} u \\
= & \nabla_{k} \nabla_{k} \nabla_{i} \nabla_{j} u+\nabla_{k} R_{i k j p} \nabla_{p} u+R_{i k j p} \nabla_{k} \nabla_{p} u+R_{i k j p} \nabla_{p} \nabla_{k} u \\
& -R_{i p} \nabla_{j} \nabla_{p} u-\nabla_{i} R_{j p} \nabla_{p} u-R_{j p} \nabla_{i} \nabla_{p} u \\
= & \Delta\left(u_{i j}\right)+2 R_{i p j q} u_{p q}-R_{i p} u_{j p}-R_{j p} u_{i p}+\nabla_{k} R_{i k j p} \nabla_{p} u-\nabla_{i} R_{j p} \nabla_{p} u
\end{aligned}
$$

and

$$
\begin{aligned}
-\left(\partial_{t} \Gamma_{i j}^{k}\right) u_{k}= & g^{k l}\left(\nabla_{i} R_{j l}+\nabla_{j} R_{i l}-\nabla_{l} R_{i j}\right) u_{k} \\
& -1 / 4 g^{k l}\left(\nabla_{i} h_{j l}+\nabla_{j} h_{i l}-\nabla_{l} h_{i j}\right) u_{k}+g^{k l}\left(-2 \alpha_{n} \nabla_{i} \nabla_{j} u_{l}\right) u_{k} .
\end{aligned}
$$

Substituting the above two formulas into (4.11), then (4.9) follows from the second Bianchi identity.

For the second part, we prove (4.10) by induction where the claim for $\nabla^{2+0} u$ is proven in (4.9). Plugging in the induction hypotheses for $\nabla^{2+k} u$, we compute

$$
\begin{aligned}
\partial_{t}\left(\nabla^{2+k+1} u\right)= & \nabla\left(\partial_{t} \nabla^{2+k} u\right)+\nabla^{2+k} u * \nabla(R m+H * H+d u * d u) \\
= & \nabla\left[\Delta\left(\nabla^{2+k} u\right)+\sum_{\alpha+\beta=k} \nabla^{2+\alpha} u * \nabla^{\beta} R m+\sum_{\alpha+\beta=k-1} d u * \nabla^{2+\alpha} u * \nabla^{2+\beta} u\right. \\
& +\sum_{\alpha+\beta+\gamma=k-2} \nabla^{2+\alpha} u * \nabla^{2+\beta} u * \nabla^{2+\gamma} u+|d u|^{2} \cdot \nabla^{2+k} u \\
& \left.+\sum_{\alpha+\gamma=k} \nabla^{1+\alpha} H * \nabla^{\beta} H * \nabla^{1+\gamma} u\right] \\
& +\nabla^{2+k} u * \nabla(R m+H * H+d u * d u) .
\end{aligned}
$$

This can be rearranged to yield the claim for $\nabla^{2+(k+1)} u$.
In the same way, we have:
Corollary 4.7. Under the GRF system (1.1), we have

$$
\begin{aligned}
\partial_{t}\left|\nabla^{2} u\right|^{2} \leq & \Delta\left|\nabla^{2} u\right|^{2}-2\left|\nabla^{3} u\right|^{2}+C\left(|R m|+|H|^{2}+|d u|^{2}\right)\left|\nabla^{2} u\right|^{2} \\
& +C|H| \cdot|\nabla H| \cdot|d u| \cdot\left|\nabla^{2} u\right|
\end{aligned}
$$

and for all $k \geq 0$,
(4.12)

$$
\begin{aligned}
\partial_{t}\left|\nabla^{2+k} u\right|^{2} \leq & \Delta\left|\nabla^{2+k} u\right|^{2}-2\left|\nabla^{3+k} u\right|^{2}+C\left|\nabla^{2+k} u\right| \cdot \sum_{\alpha+\beta=k}\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{\beta} R m\right| \\
& +C\left|\nabla^{2+k} u\right| \cdot \sum_{\alpha+\beta=k-1}|d u| \cdot\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{2+\beta} u\right| \\
& +C\left|\nabla^{2+k} u\right| \cdot \sum_{\alpha+\beta+\gamma=k-2}\left|\nabla^{2+\alpha} u\right| \cdot\left|\nabla^{2+\beta} u\right| \cdot\left|\nabla^{2+\gamma} u\right| \\
& +C\left(H^{2}+|d u|^{2}\right) \cdot\left|\nabla^{2+k} u\right|^{2} \\
& +C\left|\nabla^{2+k} u\right| \cdot \sum_{\alpha+\beta+\gamma=k}\left|\nabla^{1+\alpha} H\right| \cdot\left|\nabla^{\beta} H\right| \cdot\left|\nabla^{1+\gamma} u\right| .
\end{aligned}
$$

## 5. Estimates of Bernstein-Bando-Shi type

In this section we will prove derivative estimates for geometric solutions of the system (1.1). These estimates are generalizations of the Bernstein-BandoShi (BBS for short) estimates for Ricci flow. Our proof follows that in [14], see also $[2,3]$.

The evolution equations for $u$ and $|d u|^{2}$ give us good control on the behavior of the derivative of the Lapse function.

Proposition 5.1. Let $(g(x, t), H(x, t), u(x, t))$ be a solution to the system (1.1) on a closed manifold $M^{n}$ on $0 \leq t \leq T$. Then we have

$$
\begin{gather*}
\inf _{x \in M^{n}} u(x, 0) \leq u(x, t) \leq \sup _{x \in M^{n}} u(x, 0)  \tag{5.1}\\
\sup _{x \in M^{n}}|d u|^{2}(x, t) \leq \max _{x \in M^{n}}|d u|^{2}(x, 0)  \tag{5.2}\\
\sup _{x \in M^{n}}|d u|^{2}(x, t) \leq \frac{1}{2 \alpha_{n} t} \tag{5.3}
\end{gather*}
$$

for all $(x, t) \in M^{n} \times(0, T]$.
Proof. Since $M^{n}$ is closed, we can obtain (5.1) by applying the maximum principle to $u_{t}=\Delta u$. Similarly, using the maximum principle to the following equation

$$
\partial_{t}|d u|^{2}=\Delta|d u|^{2}-1 / 2\left|H_{i k l} u_{i}\right|^{2}-2\left|\nabla^{2} u\right|^{2}-2 \alpha_{n}|d u|^{4}
$$

to obtain (5.2). In the end, we will prove (5.3). Note that

$$
\partial_{t}|d u|^{2}=\Delta|d u|^{2}-1 / 2\left|H_{i k l} u_{i}\right|^{2}-2\left|\nabla^{2} u\right|^{2}-2 \alpha_{n}|d u|^{4} \leq \Delta|d u|^{2}-2 \alpha_{n}|d u|^{4} .
$$

Applying maximum principle, we have $|d u|^{2} \leq \frac{1}{2 \alpha_{n} t}$ for all $(x, t) \in M^{n} \times$ $(0, T]$.

We also have the following result.

Theorem 5.2. Let $(g(x, t), H(x, t), u(x, t))$ be a solution to the system (1.1) on a closed manifold $M^{n}$ on $0 \leq t \leq T$ and $C_{1}$ and $C_{2}$ are arbitrary given nonnegative constants. Then there exists a constant $C(n)$ depending only on $n$ such that if

$$
|R m(x, t)|_{g(x, t)} \leq C_{1} \quad \text { and } \quad|H(x)|_{g(x, 0)} \leq C_{2}
$$

for all $(x, t) \in M^{n} \times[0, T]$, then

$$
|H(x, t)|_{g(x, t)} \leq C_{2} \cdot e^{C(n) \cdot C_{1} t}
$$

for all $(x, t) \in M^{n} \times[0, T]$.
Proof. Note that

$$
\begin{aligned}
\partial_{t} H_{i j k}= & \Delta H_{i j k}-R_{i p} H_{p j k}-R_{p i j q} H_{p q k}-R_{p i k q} H_{p j q} \\
& +R_{j p} H_{p i k}+R_{p j i q} H_{p q k}+R_{p j k q} H_{p i q} \\
& -R_{k p} H_{p i j}-R_{p k i q} H_{p q j}-R_{p k j q} H_{p i q} \\
\leq & \Delta H_{i j k}+C(n) \cdot C_{1} \cdot|H| .
\end{aligned}
$$

Hence

$$
\begin{aligned}
\partial_{t}|H|^{2} \leq & \Delta|H|^{2}-2|\nabla H|^{2}+C(n) \cdot C_{1} \cdot|H|^{2} \\
& +2 H_{i k p} H_{j k p}\left(2 R_{i j}-1 / 2 h_{i j}-2 \alpha_{n} u_{i} u_{j}\right) \\
\leq & \Delta|H|^{2}+C(n) \cdot C_{1} \cdot|H|^{2}
\end{aligned}
$$

Let $\rho(t)$ be the solution to the corresponding ODE: $\partial_{t} \rho^{2}=C(n) \cdot C_{1} \cdot \rho^{2}$ with $\rho(0)=C_{2}$. By the maximum principle, we have $|H(x, t)|^{2} \leq C_{2}^{2} \cdot e^{C(n) \cdot C_{1} t}$.

Note that the above two theorems may not hold on non-compact manifolds. Because we may not apply the maximum principle directly on non-compact manifolds.

In the following, we will derive the Bernstein-Bando-Shi derivative estimates of the GRF system (1.1) on complete manifolds. First we give the maximum principle on non-compact manifolds under the GRF system (1.1).

Theorem 5.3. Let $(g(x, t), H(x, t), u(x, t))$ be a solution to the system (1.1) on a complete manifold $M^{n}$ on $0 \leq t \leq T$. Assume that $g(t) \geq g_{*}$, where $g_{*}$ is a complete metric, and that $R_{*}(t):=\inf _{M}\left[R-\frac{1}{4}|H|^{2}-\alpha_{n}|d u|^{2}\right]$ is finite and integrable on $[0, T]$. Let $v(x, t)$ be a Lipschitz weak subsolution to the heat equation: $v_{t} \leq \Delta_{g(t)} v$ such that there exist a constant $b>0$ and $O \in M^{n}$ where

$$
\int_{0}^{T} \int_{M} e^{-b d_{*}^{2}(O, x)} v_{+}^{2}(x, t) d \mu_{t}(x) d t<\infty
$$

where $d_{*}(O, x)$ denotes the distance with respect to $g_{*}$ and $v_{+}:=\max \{v, 0\}$. If $v(x, 0) \leq 0$, then $v(x, t) \leq 0$ on $M \times[0, T]$.

Proof. See Theorem 7.42 in [3].
Using the above theorem, we have our main result in this section.

Theorem 5.4. Let $(g(x, t), H(x, t), u(x, t))$ be a solution to the system (1.1) on a complete manifold $M^{n}$ on $0 \leq t \leq T$ and $K_{i}(i=1,2,3)$ be an arbitrary given positive constant. Then for each $\beta>0$ and each integer $m \geq 1$ there exists a constant $C_{m}$ depending on $n, K_{1}, K_{2}, K_{3}, \max \{\beta, 1\}$ and $m$ such that if
(5.4) $|\operatorname{Rm}(x, t)|_{g(x, t)} \leq K_{1}, \quad|H(x, t)|_{g(x, t)} \leq K_{2} \quad$ and $\quad|d u(x, t)|_{g(x, t)} \leq K_{3}$ for all $(x, t) \in M^{n} \times\left[0, \frac{\beta}{K}\right]$, then

$$
\left|\nabla^{m-1} R m(x, t)\right|_{g(x, t)}+\left|\nabla^{m} H(x, t)\right|_{g(x, t)}+\left|\nabla^{m+1} u(x, t)\right|_{g(x, t)} \leq \frac{C_{m}}{t^{m / 2}}
$$

for all $(x, t) \in M^{n} \times\left(0, \frac{\beta}{K}\right]$.
Proof. The proof is by complete induction on $m$. First consider $m=1$. In the discussion below the constant $C$ may change from line to line and depends on some or all of $n, K_{1}, K_{2}, K_{3}, \max \{\beta, 1\}$, and $m$. By Corollaries 4.3, 4.5 and 4.7, we have

$$
\begin{gathered}
\partial_{t}|R m|^{2} \leq \Delta|R m|^{2}-2|\nabla R m|^{2}+C \sum_{\alpha+\beta=2}\left|\nabla^{\alpha} H\right| \cdot\left|\nabla^{\beta} H\right|+C\left|\nabla^{2} u\right|^{2}+C ; \\
\partial_{t}|\nabla H|^{2} \leq \Delta|\nabla H|^{2}-2\left|\nabla^{2} H\right|^{2}+C|\nabla H| \cdot \sum_{\alpha+\beta=1}\left|\nabla^{\alpha} R m\right| \cdot\left|\nabla^{\beta} H\right| \\
\quad+C|\nabla H|^{2}+C|\nabla H| \cdot\left|\nabla^{2} u\right| ; \\
\partial_{t}\left|\nabla^{2} u\right|^{2} \leq \Delta\left|\nabla^{2} u\right|^{2}-2\left|\nabla^{3} u\right|^{2}+C\left|\nabla^{2} u\right|^{2}+C|\nabla H| \cdot\left|\nabla^{2} u\right| ; \\
\partial_{t}|H|^{2} \leq \Delta|H|^{2}-2|\nabla H|^{2}+C ; \quad \partial_{t} u^{2}=\Delta\left(u^{2}\right)-2|\nabla u|^{2} ; \\
\partial_{t}|d u|^{2}=\Delta|d u|^{2}-1 / 2\left|H_{i k l} u_{i}\right|^{2}-2\left|\nabla^{2} u\right|^{2}-2 \alpha_{n}|d u|^{4} \\
\leq \Delta|d u|^{2}-2\left|\nabla^{2} u\right|^{2}-2 \alpha_{n}|d u|^{4} .
\end{gathered}
$$

Now we consider the quantity $v:=t\left[|R m|^{2}+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}\right]+A|H|^{2}+$ $B|d u|^{2}$, where $A$ and $B$ are both positive constants, to be determined later. Using the above evolution formulas, we compute

$$
\begin{align*}
v_{t} \leq & t\left[\Delta|R m|^{2}-2|\nabla R m|^{2}+C\left|\nabla^{2} u\right|^{2}+C\left|\nabla^{2} H\right|+C|\nabla H|^{2}+C\right.  \tag{5.5}\\
& +\Delta|\nabla H|^{2}-2\left|\nabla^{2} H\right|^{2}+C|\nabla H| \cdot|\nabla R m|+C|\nabla H| \cdot\left|\nabla^{2} u\right| \\
& \left.+\Delta\left|\nabla^{2} u\right|^{2}-2\left|\nabla^{3} u\right|^{2}+C|\nabla H| \cdot\left|\nabla^{2} u\right|\right]+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}+C \\
& +A\left[\Delta|H|^{2}-2|\nabla H|^{2}+C\right]+B\left[\Delta|d u|^{2}-2\left|\nabla^{2} u\right|^{2}-2 \alpha_{n}|d u|^{4}\right] \\
\leq & \Delta v+t\left[C\left|\nabla^{2} u\right|^{2}+C\left|\nabla^{2} H\right|+C-2\left|\nabla^{2} H\right|^{2}+C|\nabla H|^{2}-2\left|\nabla^{3} u\right|^{2}\right] \\
& -2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}-2 \alpha_{n} B|d u|^{4}+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}+C
\end{align*}
$$

$$
\begin{aligned}
& \leq \Delta v+t\left[C\left|\nabla^{2} u\right|^{2}+C+C|\nabla H|^{2}\right]-2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}+C \\
& =\Delta v+(C t+1-2 B)\left|\nabla^{2} u\right|^{2}+(C t+1-2 A)|\nabla H|^{2}+C t+C,
\end{aligned}
$$

where for the third equality we used $C\left|\nabla^{2} H\right|-2\left|\nabla^{2} H\right|^{2}+C \leq 0$.
As along as $A$ and $B$ are chosen large enough such that $C t+1-2 B \leq 0$ and $C t+1-2 A \leq 0$, by (5.5), we have $v_{t} \leq \Delta v+C$. Since $v(0) \leq C$, by Theorem 5.3 , we apply the maximum principle to above inequality $v(x, t) \leq C$ for all $(x, t) \in M^{n} \times\left[0, \frac{\beta}{K}\right]$. This proves the theorem in the case $m=1$.

Next we shall prove the theorem for $m=2$. Consider the following quantity

$$
\begin{aligned}
v:= & t^{2}\left[|\nabla R m|^{2}+\left|\nabla^{2} H\right|^{2}+\left|\nabla^{3} u\right|^{2}\right]+t E\left[|R m|^{2}+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}\right] \\
& +A|H|^{2}+B|d u|^{2},
\end{aligned}
$$

where $A, B$ and $E$ are all positive constants, to be determined later.
Note that by (4.5), (4.8) and (4.12), using the fact: $|\nabla H|+\left|\nabla^{2} u\right| \leq \frac{C}{t^{1 / 2}}$ (the case $m=1$ ), we have

$$
\begin{aligned}
\partial_{t}|\nabla R m|^{2} \leq & \Delta|\nabla R m|^{2}-2\left|\nabla^{2} R m\right|^{2}+C|\nabla R m|^{2}+C|\nabla H| \cdot|\nabla R m| \\
& +C\left|\nabla^{3} H\right| \cdot|\nabla R m|+C|\nabla H| \cdot\left|\nabla^{2} H\right| \cdot|\nabla R m| \\
& +\left|\nabla^{2} u\right| \cdot\left|\nabla^{3} u\right| \cdot|\nabla R m|+C\left|\nabla^{2} u\right| \cdot|\nabla R m| \\
\leq & \Delta|\nabla R m|^{2}-2\left|\nabla^{2} R m\right|^{2}+C|\nabla R m|^{2}+\frac{C}{t^{1 / 2}}|\nabla R m|+C\left|\nabla^{3} H\right| \cdot|\nabla R m| \\
& +\frac{C}{t^{1 / 2}}\left|\nabla^{2} H\right| \cdot|\nabla R m|+\frac{C}{t^{1 / 2}}\left|\nabla^{3} u\right| \cdot|\nabla R m| \\
\leq & \Delta|\nabla R m|^{2}-2\left|\nabla^{2} R m\right|^{2}+\left(C+\frac{C}{t}\right)|\nabla R m|^{2} \\
& +\left|\nabla^{3} H\right|^{2}+\left|\nabla^{2} H\right|^{2}+\left|\nabla^{3} u\right|^{2}+C, \\
\partial_{t}\left|\nabla^{2} H\right|^{2} \leq & \Delta\left|\nabla^{2} H\right|^{2}-2\left|\nabla^{3} H\right|^{2}+C\left|\nabla^{2} H\right| \cdot\left|\nabla^{2} R m\right|+C\left|\nabla^{2} H\right| \cdot|\nabla H| \cdot|\nabla R m| \\
& +C\left|\nabla^{2} H\right|^{2}+C\left|\nabla^{2} H\right| \cdot|\nabla H|^{2}+C\left|\nabla^{2} H\right| \cdot|\nabla H| \cdot\left|\nabla^{2} u\right| \\
& +C\left|\nabla^{2} H\right| \cdot\left|\nabla^{3} u\right|+C\left|\nabla^{2} H\right| \cdot\left|\nabla^{2} u\right|^{2} \\
\leq & \Delta\left|\nabla^{2} H\right|^{2}-2\left|\nabla^{3} H\right|^{2}+C\left|\nabla^{2} H\right| \cdot\left|\nabla^{2} R m\right|+\frac{C}{t^{1 / 2}}\left|\nabla^{2} H\right| \cdot|\nabla R m| \\
& +C\left|\nabla^{2} H\right|^{2}+\frac{C}{t}\left|\nabla^{2} H\right|+C\left|\nabla^{2} H\right| \cdot\left|\nabla^{3} u\right| \\
\leq & \Delta\left|\nabla^{2} H\right|^{2}-2\left|\nabla^{3} H\right|^{2}+\left|\nabla^{2} R m\right|^{2}+\frac{C}{t}|\nabla R m|^{2}+\left(C+\frac{C}{t^{2}}\right)\left|\nabla^{2} H\right|^{2} \\
& +\left|\nabla^{3} u\right|^{2}+C
\end{aligned}
$$

and

$$
\begin{array}{r}
\partial_{t}\left|\nabla^{3} u\right|^{2} \leq \\
\quad \Delta\left|\nabla^{3} u\right|^{2}-2\left|\nabla^{4} u\right|^{2}+C\left|\nabla^{3} u\right| \cdot\left|\nabla^{2} u\right| \cdot|\nabla R m|+C\left|\nabla^{3} u\right|^{2} \\
+C\left|\nabla^{3} u \cdot\right| \cdot\left|\nabla^{2} u\right|^{2}+C\left|\nabla^{3} u\right| \cdot\left|\nabla^{2} H\right|+C\left|\nabla^{3} u\right| \cdot|\nabla H|^{2}
\end{array}
$$

$$
\begin{aligned}
& +C\left|\nabla^{3} u\right| \cdot|\nabla H| \cdot\left|\nabla^{2} u\right| \\
\leq & \Delta\left|\nabla^{3} u\right|^{2}-2\left|\nabla^{4} u\right|^{2}+\frac{C}{t^{1 / 2}}\left|\nabla^{3} u\right| \cdot|\nabla R m|+C\left|\nabla^{3} u\right|^{2}+\frac{C}{t}\left|\nabla^{3} u\right| \\
& +C\left|\nabla^{3} u\right| \cdot\left|\nabla^{2} H\right| \\
\leq & \Delta\left|\nabla^{3} u\right|^{2}-2\left|\nabla^{4} u\right|^{2}+\frac{C}{t}|\nabla R m|^{2}+\left(C+\frac{C}{t^{2}}\right)\left|\nabla^{3} u\right|^{2}+\left|\nabla^{2} H\right|^{2}+C .
\end{aligned}
$$

Hence we have

$$
\begin{aligned}
& \partial_{t}|\nabla R m|^{2}+\partial_{t}\left|\nabla^{2} H\right|^{2}+\partial_{t}\left|\nabla^{3} u\right|^{2} \\
\leq & \Delta|\nabla R m|^{2}+\Delta\left|\nabla^{2} H\right|^{2}+\Delta\left|\nabla^{3} u\right|^{2}-\left|\nabla^{2} R m\right|^{2}-\left|\nabla^{3} H\right|^{2} \\
& -2\left|\nabla^{4} u\right|^{2}+\left(C+\frac{C}{t}\right)|\nabla R m|^{2}+\left(C+\frac{C}{t^{2}}\right)\left|\nabla^{2} H\right|^{2}+\left(C+\frac{C}{t^{2}}\right)\left|\nabla^{3} u\right|^{2}+C .
\end{aligned}
$$

Using the fact: $|\nabla H|+\left|\nabla^{2} u\right| \leq \frac{C}{t^{1 / 2}}$, we also have

$$
\begin{aligned}
& \partial_{t}|R m|^{2}+\partial_{t}|\nabla H|^{2}+\partial_{t}\left|\nabla^{2} u\right|^{2} \\
\leq & \Delta|R m|^{2}+\Delta|\nabla H|^{2}+\Delta\left|\nabla^{2} u\right|^{2} \\
& -2|\nabla R m|^{2}-2\left|\nabla^{2} H\right|^{2}-2\left|\nabla^{3} u\right|^{2}+\frac{C}{t}+C\left|\nabla^{2} H\right|+C+C|\nabla H| \cdot|\nabla R m| \\
\leq & \Delta|R m|^{2}+\Delta|\nabla H|^{2}+\Delta\left|\nabla^{2} u\right|^{2}-|\nabla R m|^{2}-\left|\nabla^{2} H\right|^{2}-2\left|\nabla^{3} u\right|^{2}+\frac{C}{t}+C .
\end{aligned}
$$

By the above evolution formulas, we obtain

$$
\begin{aligned}
v_{t} \leq & 2 t\left[|\nabla R m|^{2}+\left|\nabla^{2} H\right|^{2}+\left|\nabla^{3} u\right|^{2}\right]+E\left[|R m|^{2}+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}\right] \\
& +t^{2}\left[\frac{\partial|\nabla R m|^{2}}{\partial t}+\frac{\partial\left|\nabla^{2} H\right|^{2}}{\partial t}+\frac{\partial\left|\nabla^{3} u\right|^{2}}{\partial t}\right] \\
& +t E\left[\frac{\partial|R m|^{2}}{\partial t}+\frac{\partial|\nabla H|^{2}}{\partial t}+\frac{\partial\left|\nabla^{2} u\right|^{2}}{\partial t}\right] \\
& +A\left[\Delta|H|^{2}-2|\nabla H|^{2}+C\right]+B\left[\Delta|d u|^{2}-2\left|\nabla^{2} u\right|^{2}-2 \alpha_{n}|d u|^{4}\right] \\
\leq & \Delta v+2 t\left[|\nabla R m|^{2}+\left|\nabla^{2} H\right|^{2}+\left|\nabla^{3} u\right|^{2}\right]+E\left[|R m|^{2}+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}\right] \\
& +\left[C\left(t^{2}+t\right)|\nabla R m|^{2}+C\left(t^{2}+t\right)\left|\nabla^{2} H\right|^{2}+C\left(t^{2}+1\right)\left|\nabla^{3} u\right|^{2}\right]+C t^{2} \\
& -t\left[E|\nabla R m|^{2}+E\left|\nabla^{2} H\right|^{2}+2 E\left|\nabla^{3} u\right|^{2}\right]+E C+t E C-2 A|\nabla H|^{2} \\
& -2 B\left|\nabla^{2} u\right|^{2}+A C .
\end{aligned}
$$

Taking $E$ large enough compared to $C$, the above inequality reduces to

$$
v_{t} \leq \Delta v+E\left[|R m|^{2}+|\nabla H|^{2}+\left|\nabla^{2} u\right|^{2}\right]-2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}+C .
$$

Choosing $A$ and $B$ large enough compared to $E$, we conclude $v_{t} \leq \Delta v+C$. Since $v(0) \leq C$, by Theorem 5.3, using the maximum principle, we have $v(x, t) \leq C$ for all $(x, t) \in M^{n} \times\left[0, \frac{\beta}{K}\right]$. This proves the theorem in the case $m=2$.

In the following, we shall assume by induction that given $m \in \mathbb{N}$ and $m \geq 3$,

$$
\begin{equation*}
\left|\nabla^{j-1} R m(x, t)\right|_{g(x, t)}+\left|\nabla^{j} H(x, t)\right|_{g(x, t)}+\left|\nabla^{j+1} u(x, t)\right|_{g(x, t)} \leq \frac{C_{j}}{t^{j / 2}} \tag{5.6}
\end{equation*}
$$

for $j=1, \ldots, m$, and want to prove

$$
\begin{equation*}
\left|\nabla^{m} R m(x, t)\right|_{g(x, t)}+\left|\nabla^{m+1} H(x, t)\right|_{g(x, t)}+\left|\nabla^{m+2} u(x, t)\right|_{g(x, t)} \leq \frac{C_{m+1}}{t^{(m+1) / 2}} . \tag{5.7}
\end{equation*}
$$

Let

$$
\begin{aligned}
v:= & t^{m+1}\left[\left|\nabla^{m} R m\right|^{2}+\left|\nabla^{m+1} H\right|^{2}+\left|\nabla^{m+2} u\right|^{2}\right] \\
& +\sum_{i=1}^{m} E_{i} t^{i}\left[\left|\nabla^{i-1} R m\right|^{2}+\left|\nabla^{i} H\right|^{2}+\left|\nabla^{i+1} u\right|^{2}\right]+A|H|^{2}+B|d u|^{2},
\end{aligned}
$$

where $A, B$ and $E_{i}$ are all positive constants, to be determined later. By Corollary 4.3, Corollary 4.5 and Corollary 4.7, using (5.6), we have

$$
\begin{align*}
\partial_{t}\left|\nabla^{m} R m\right|^{2} \leq & \Delta\left|\nabla^{m} R m\right|^{2}-2\left|\nabla^{m+1} R m\right|^{2}+C\left|\nabla^{m} R m\right|^{2}+\frac{C}{t^{\frac{m+2}{2}}}\left|\nabla^{m} R m\right|  \tag{5.8}\\
& +C\left(\frac{1}{t^{m / 2}}+\frac{1}{t^{\frac{m+1}{2}}}\right)\left|\nabla^{m} R m\right|+C\left|\nabla^{m+2} H\right| \cdot\left|\nabla^{m} R m\right| \\
& +\frac{C}{t^{1 / 2}}\left|\nabla^{m+1} H\right| \cdot\left|\nabla^{m} R m\right|+\frac{C}{t^{1 / 2}}\left|\nabla^{2+m} u\right| \cdot\left|\nabla^{m} R m\right| \\
= & \Delta\left|\nabla^{m} R m\right|^{2}-2\left|\nabla^{m+1} R m\right|^{2}+C\left|\nabla^{m} R m\right|^{2} \\
& +C\left(\frac{1}{t^{m / 2}}+\frac{1}{t^{\frac{m+1}{2}}}+\frac{1}{t^{\frac{m+2}{2}}}\right)\left|\nabla^{m} R m\right|+C\left|\nabla^{m+2} H\right| \cdot\left|\nabla^{m} R m\right| \\
& +\frac{C}{t^{1 / 2}}\left|\nabla^{m+1} H\right| \cdot\left|\nabla^{m} R m\right|+\frac{C}{t^{1 / 2}}\left|\nabla^{2+m} u\right| \cdot\left|\nabla^{m} R m\right| \\
\leq & \Delta\left|\nabla^{m} R m\right|^{2}-2\left|\nabla^{m+1} R m\right|^{2}+\left|\nabla^{m+2} H\right|^{2}+C\left|\nabla^{m+1} H\right|^{2} \\
& +C\left(\frac{1}{t^{m}}+\frac{1}{t^{m+1}}+\frac{1}{t}+1\right)\left|\nabla^{m} R m\right|^{2}+C\left|\nabla^{2+m} u\right|^{2}+\frac{1}{t}+C,
\end{align*}
$$

where for the last inequality, we used the following Young inequalities:

$$
\begin{aligned}
C\left|\nabla^{m+2} H\right| \cdot\left|\nabla^{m} R m\right| & \leq\left|\nabla^{m+2} H\right|^{2}+C\left|\nabla^{m} R m\right|^{2}, \\
\frac{C}{t^{1 / 2}}\left|\nabla^{m+1} H\right| \cdot\left|\nabla^{m} R m\right| & \leq C\left|\nabla^{m+1} H\right|^{2}+\frac{C}{t}\left|\nabla^{m} R m\right|^{2}, \\
\frac{C}{t^{1 / 2}}\left|\nabla^{2+m} u\right| \cdot\left|\nabla^{m} R m\right| & \leq C\left|\nabla^{2+m} u\right|^{2}+\frac{C}{t}\left|\nabla^{m} R m\right|^{2}, \\
\frac{C}{t^{\frac{m+2}{2}}}\left|\nabla^{m} R m\right| & \leq \frac{C}{t^{m+1}}\left|\nabla^{m} R m\right|^{2}+\frac{1}{t},
\end{aligned}
$$

and

$$
\frac{C}{t^{m / 2}}\left|\nabla^{m} R m\right| \leq \frac{C}{t^{m}}\left|\nabla^{m} R m\right|^{2}+C, \quad \frac{C}{t^{\frac{m+1}{2}}}\left|\nabla^{m} R m\right| \leq \frac{C}{t^{m+1}}\left|\nabla^{m} R m\right|^{2}+C .
$$

In the same way, we have

$$
\begin{align*}
\partial_{t}\left|\nabla^{m+1} H\right|^{2} \leq & \Delta\left|\nabla^{m+1} H\right|^{2}-2\left|\nabla^{m+2} H\right|^{2}+C\left|\nabla^{m+1} H\right|^{2}+\frac{C}{t^{\frac{m+2}{2}}}\left|\nabla^{m+1} H\right|  \tag{5.9}\\
& +C\left|\nabla^{m+1} H\right| \cdot\left|\nabla^{m+1} R m\right|+\frac{C}{t^{1 / 2}}\left|\nabla^{m+1} H\right| \cdot\left|\nabla^{m} R m\right| \\
& +\frac{C}{t^{\frac{m+1}{2}}}\left|\nabla^{m+1} H\right|+C\left|\nabla^{m+1} H\right| \cdot\left|\nabla^{2+m} u\right| \\
\leq & \Delta\left|\nabla^{m+1} H\right|^{2}-2\left|\nabla^{m+2} H\right|^{2}+C\left(1+\frac{1}{t^{m+1}}\right) \cdot\left|\nabla^{m+1} H\right|^{2}+\frac{1}{t} \\
& +\left|\nabla^{m+1} R m\right|^{2}+\frac{C}{t}\left|\nabla^{m} R m\right|^{2}+C\left|\nabla^{2+m} u\right|^{2}
\end{align*}
$$

and
(5.10)

$$
\begin{aligned}
\partial_{t}\left|\nabla^{2+m} u\right|^{2} \leq & \Delta\left|\nabla^{2+m} u\right|^{2}-2\left|\nabla^{3+m} u\right|^{2}+C\left|\nabla^{2+m} u\right|^{2}+\frac{C}{t^{\frac{m+2}{2}}}\left|\nabla^{2+m} u\right| \\
& +\frac{C}{t^{\frac{1}{2}}}\left|\nabla^{2+m} u\right|\left|\nabla^{m} R m\right|+\frac{C}{t^{\frac{m+1}{2}}}\left|\nabla^{2+m} u\right|+C\left|\nabla^{2+m} u\right|\left|\nabla^{1+m} H\right| \\
& \leq \Delta\left|\nabla^{2+m} u\right|^{2}-2\left|\nabla^{3+m} u\right|^{2}+C\left(1+\frac{1}{t^{m+1}}\right) \cdot\left|\nabla^{2+m} u\right|^{2}+\frac{1}{t} \\
& +C\left|\nabla^{m} R m\right|^{2}+C\left|\nabla^{1+m} H\right|^{2} .
\end{aligned}
$$

Combining (5.8), (5.9) and (5.10), we get

$$
\begin{aligned}
& \partial_{t}\left(\left|\nabla^{m} R m\right|^{2}+\left|\nabla^{m+1} H\right|^{2}+\left|\nabla^{2+m} u\right|^{2}\right) \\
\leq & \Delta\left|\nabla^{m} R m\right|^{2}+\Delta\left|\nabla^{m+1} H\right|^{2}+\Delta\left|\nabla^{2+m} u\right|^{2}-2\left|\nabla^{3+m} u\right|^{2} \\
& -\left|\nabla^{m+1} R m\right|^{2}-\left|\nabla^{m+2} H\right|^{2}+C\left(1+\frac{1}{t^{m+1}}\right) \cdot\left|\nabla^{m+1} H\right|^{2} \\
& +C\left(\frac{1}{t^{m}}+\frac{1}{t^{m+1}}+\frac{1}{t}+1\right)\left|\nabla^{m} R m\right|^{2}+C\left(1+\frac{1}{t^{m+1}}\right) \cdot\left|\nabla^{2+m} u\right|^{2}+\frac{1}{t}+C .
\end{aligned}
$$

Using formula (5.6), we also have

$$
\begin{aligned}
& \sum_{i=1}^{m} E_{i} t^{i} \cdot \partial_{t}\left[\left|\nabla^{i-1} R m\right|^{2}+\left|\nabla^{i} H\right|^{2}+\left|\nabla^{i+1} u\right|^{2}\right] \\
\leq & \sum_{i=1}^{m} E_{i} t^{i}\left\{\Delta\left|\nabla^{i-1} R m\right|^{2}+\Delta\left|\nabla^{i} H\right|^{2}+\Delta\left|\nabla^{i+1} u\right|^{2}-2\left|\nabla^{i} R m\right|^{2}-2\left|\nabla^{i+1} H\right|^{2}\right. \\
& -2\left|\nabla^{i+2} u\right|^{2}+C\left|\nabla^{i-1} R m\right|^{2}+C\left(\frac{1}{t^{\frac{i-1}{2}}}+\frac{1}{t^{i / 2}}+\frac{1}{t^{\frac{i+1}{2}}}\right) \cdot\left|\nabla^{i-1} R m\right| \\
& +C\left|\nabla^{i+1} H\right| \cdot\left|\nabla^{i-1} R m\right|+\frac{C}{t^{\frac{1}{2}}}\left|\nabla^{i} H\right| \cdot\left|\nabla^{i-1} R m\right|+\frac{C}{t^{\frac{1}{2}}}\left|\nabla^{i+1} u\right| \cdot\left|\nabla^{i-1} R m\right|
\end{aligned}
$$

$$
\begin{aligned}
& \quad+C\left|\nabla^{i} H\right|^{2}+\frac{C\left|\nabla^{i} H\right|}{t^{\frac{i+1}{2}}}+C\left|\nabla^{i} H\right| \cdot\left|\nabla^{i} R m\right|+\frac{C}{t^{\frac{1}{2}}}\left|\nabla^{i} H\right| \cdot\left|\nabla^{i-1} R m\right| \\
& +\frac{C\left|\nabla^{i} H\right|}{t^{\frac{i}{2}}}+C\left|\nabla^{i} H\right| \cdot\left|\nabla^{i+1} u\right|+C\left|\nabla^{i+1} u\right|^{2}+\frac{C}{t^{\frac{i+1}{2}}}\left|\nabla^{i+1} u\right| \\
& \left.+\frac{C}{t^{\frac{1}{2}}}\left|\nabla^{i+1} u\right| \cdot\left|\nabla^{i-1} R m\right|+\frac{C}{t^{\frac{i}{2}}}\left|\nabla^{i+1} u\right|+C\left|\nabla^{i+1} u\right| \cdot\left|\nabla^{i} H\right|\right\} \\
& \leq \sum_{i=1}^{m} E_{i} t^{i}\left\{\Delta\left|\nabla^{i-1} R m\right|^{2}+\Delta\left|\nabla^{i} H\right|^{2}+\Delta\left|\nabla^{i+1} u\right|^{2}-2\left|\nabla^{i} R m\right|^{2}-2\left|\nabla^{i+1} H\right|^{2}\right. \\
& \left.\quad+2\left|\nabla^{i+2} u\right|^{2}\right\} \\
& \left.\quad+\frac{C}{t^{\frac{i}{2}}}\left|\nabla^{i} R m\right|+\frac{C}{t^{\frac{i+1}{2}}}\left(\left|\nabla^{i-1} R m\right|+\left|\nabla^{i} H\right|+\left|\nabla^{i+1} u\right|\right)\right\} .
\end{aligned}
$$

Therefore combining the above evolution formulas, we conclude that

$$
\begin{align*}
v_{t} \leq & \Delta v+(m+1) t^{m}\left[\left|\nabla^{m} R m\right|^{2}+\left|\nabla^{m+1} H\right|^{2}+\left|\nabla^{m+2} u\right|^{2}\right]  \tag{5.11}\\
& +t^{m+1}\left\{C\left(1+\frac{1}{t^{m+1}}\right) \cdot\left|\nabla^{m+1} H\right|^{2}\right. \\
& +C\left(\frac{1}{t^{m}}+\frac{1}{t^{m+1}}+\frac{1}{t}+1\right)\left|\nabla^{m} R m\right|^{2} \\
& \left.+C\left(1+\frac{1}{t^{m+1}}\right) \cdot\left|\nabla^{2+m} u\right|^{2}+\frac{1}{t}+C\right\} \\
& +\sum_{i=1}^{m} i E_{i} t^{i-1}\left[\left|\nabla^{i-1} R m\right|^{2}+\left|\nabla^{i} H\right|^{2}+\left|\nabla^{i+1} u\right|^{2}\right] \\
& +\sum_{i=1}^{m} E_{i} t^{i}\left\{-2\left|\nabla^{i} R m\right|^{2}-2\left|\nabla^{i+1} H\right|^{2}-2\left|\nabla^{i+2} u\right|^{2}\right\} \\
& +\sum_{i=1}^{m} E_{i} t^{i}\left\{\frac{C}{t^{i}}+\frac{C}{t^{\frac{i}{2}}}\left|\nabla^{i+1} H\right|\right. \\
& \left.+\frac{C}{t^{\frac{i}{2}}}\left|\nabla^{i} R m\right|+\frac{C}{t^{\frac{i+1}{2}}}\left(\left|\nabla^{i-1} R m\right|+\left|\nabla^{i} H\right|+\left|\nabla^{i+1} u\right|\right)\right\} \\
& -2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}+A C \\
\leq & \Delta v+C\left(t^{m+1}+t^{m}+t+1\right) \cdot\left[\left|\nabla^{m} R m\right|^{2}+\left|\nabla^{m+1} H\right|^{2}+\left|\nabla^{m+2} u\right|^{2}\right] \\
& +\sum_{i=0}^{m-1}(i+1) E_{i+1} t^{i}\left[\left|\nabla^{i} R m\right|^{2}+\left|\nabla^{i+1} H\right|^{2}+\left|\nabla^{i+2} u\right|^{2}\right]
\end{align*}
$$

$$
\begin{aligned}
& +\sum_{i=1}^{m} E_{i} t^{i}\left\{-2\left|\nabla^{i} R m\right|^{2}-2\left|\nabla^{i+1} H\right|^{2}-2\left|\nabla^{i+2} u\right|^{2}\right\} \\
& +C \sum_{i=1}^{m} E_{i} t^{i / 2}\left\{\left|\nabla^{i+1} H\right|+\left|\nabla^{i} R m\right|\right\} \\
& +C \sum_{i=1}^{m} E_{i} t^{\frac{i-1}{2}}\left\{\left|\nabla^{i-1} R m\right|+\left|\nabla^{i} H\right|+\left|\nabla^{i+1} u\right|\right\} \\
& -2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}+\left(A+\sum_{i=1}^{m} E_{i}\right) C
\end{aligned}
$$

Now choose $(i+1) E_{i+1}=E_{i}, E_{i}=\frac{M}{i!}$, where $M$ is constant which is determined later. We also notice the following estimate

$$
\begin{aligned}
& C \sum_{i=1}^{m} E_{i} t^{i / 2}\left\{\left|\nabla^{i+1} H\right|+\left|\nabla^{i} R m\right|\right\} \\
\leq & \frac{1}{2} \sum_{i=1}^{m} E_{i} t^{i}\left\{\left|\nabla^{i+1} H\right|^{2}+\left|\nabla^{i} R m\right|^{2}\right\}+\frac{1}{2} C^{2} \sum_{i=1}^{m} E_{i} .
\end{aligned}
$$

Hence the above inequality (5.11) reduces to

$$
\begin{align*}
v_{t} \leq & \Delta v+C\left(t^{m+1}+t^{m}+t+1\right) \cdot\left[\left|\nabla^{m} R m\right|^{2}+\left|\nabla^{m+1} H\right|^{2}+\left|\nabla^{m+2} u\right|^{2}\right] \\
& +\sum_{i=1}^{m} E_{i} t^{i}\left\{-\left|\nabla^{i} R m\right|^{2}-\left|\nabla^{i+1} H\right|^{2}-\left|\nabla^{i+2} u\right|^{2}\right\} \\
& +C \sum_{i=1}^{m} E_{i} t^{\frac{i-1}{2}}\left\{\left|\nabla^{i-1} R m\right|+\left|\nabla^{i} H\right|+\left|\nabla^{i+1} u\right|\right\}  \tag{5.12}\\
& -2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}+\left(A+\sum_{i=1}^{m} E_{i}\right) C
\end{align*}
$$

We also see that

$$
\begin{aligned}
& C \sum_{i=1}^{m} E_{i} t^{\frac{i-1}{2}}\left\{\left|\nabla^{i-1} R m\right|+\left|\nabla^{i} H\right|+\left|\nabla^{i+1} u\right|\right\} \\
= & C E_{1}+C E_{1}|\nabla H|+C E_{1}\left|\nabla^{2} u\right|+C \sum_{i=1}^{m-1} E_{i+1} t^{\frac{i}{2}}\left\{\left|\nabla^{i} R m\right|+\left|\nabla^{i+1} H\right|+\left|\nabla^{i+2} u\right|\right\} \\
\leq & C E_{1}+C E_{1}|\nabla H|+C E_{1}\left|\nabla^{2} u\right|+C\left(E_{i}, E_{i+1}\right) \\
& +\frac{1}{2} \sum_{i=1}^{m-1} E_{i} t^{i}\left\{\left|\nabla^{i} R m\right|^{2}+\left|\nabla^{i+1} H\right|^{2}+\left|\nabla^{i+2} u\right|^{2}\right\}
\end{aligned}
$$

Therefore (5.12) becomes

$$
v_{t} \leq \Delta v+C\left(t^{m+1}+t^{m}+t+1\right) \cdot\left[\left|\nabla^{m} R m\right|^{2}+\left|\nabla^{m+1} H\right|^{2}+\left|\nabla^{m+2} u\right|^{2}\right]
$$

$$
\begin{aligned}
& -\frac{1}{2} E_{m} t^{m}\left\{\left|\nabla^{m} R m\right|^{2}+\left|\nabla^{m+1} H\right|^{2}+\left|\nabla^{m+2} u\right|^{2}\right\} \\
& +C E_{1}+C E_{1}|\nabla H|+C E_{1}\left|\nabla^{2} u\right|+C\left(E_{i}, E_{i+1}\right) \\
& -2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}+\left(A+\sum_{i=1}^{m} E_{i}\right) C
\end{aligned}
$$

Keep in mind $E_{i}=\frac{M}{i!}$. Now we choose $M$ large enough and get

$$
\begin{aligned}
v_{t} \leq & \Delta v+C E_{1}+C E_{1}|\nabla H|+C E_{1}\left|\nabla^{2} u\right|+C\left(E_{i}, E_{i+1}\right) \\
& -2 A|\nabla H|^{2}-2 B\left|\nabla^{2} u\right|^{2}+\left(A+\sum_{i=1}^{m} E_{i}\right) C
\end{aligned}
$$

At last, choosing $A$ and $B$ large enough compared to $E_{1}$, we have $v_{t} \leq \Delta v+C$. Since $v(0) \leq C$, by Theorem 5.3, the maximum principle gives $v(x, t) \leq C$ for all $(x, t) \in M^{n} \times\left[0, \frac{\beta}{K}\right]$. This proves the theorem for the case of $m+1$.

Remark 5.5. We do not know if condition (5.4) guarantee the existence of solutions to (1.1) on complete manifolds. For closed manifolds, if we replace conditions $|H(x, t)|_{g(t)} \leq K_{2}$ and $|d u(x, t)|_{g(t)} \leq K_{3}$ by $|H(x, 0)|_{g(0)} \leq K_{2}$ and $|d u(x, 0)|_{g(0)} \leq K_{3}$, then Theorem 5.4 still holds. In fact, by Proposition 5.1 and Theorem 5.2, bounds of two quantities at initial time imply their bounds at any time.

Following the arguments of [2], we extend these estimates to obtain bounds on the curvatures and all of their derivatives on compact manifolds.
Corollary 5.6. Let $(g(x, t), H(x, t), u(x, t))$ be a solution to system (1.1) on closed manifolds $M^{n}$ on $[0, T]$. If there exist $\gamma>0$ and $K_{i}>0(i=1,2,3)$ such that

$$
|R m(x, t)|_{g(x, t)} \leq K_{1}, \quad|H(x, 0)|_{g(x, 0)} \leq K_{2} \quad \text { and } \quad|d u(x, 0)|_{g(x, 0)} \leq K_{3}
$$

for all $(x, t) \in M^{n} \times[0, T]$, where $T>\frac{\gamma}{K}$, then for all $m \in \mathbb{N}$, there exists a constant $C_{m}$ depending only on $n, K_{1}, K_{2}, K_{3}, \max \{\beta, 1\}$ and $m$ such that

$$
\left|\nabla^{m-1} R m(x, t)\right|_{g(x, t)}+\left|\nabla^{m} H(x, t)\right|_{g(x, t)}+\left|\nabla^{m+1} u(x, t)\right|_{g(x, t)} \leq C_{m}
$$

for all $(x, t) \in M^{n} \times\left[\frac{\min \{\gamma, 1\}}{K}, T\right]$.
Proof. Let $\gamma_{1}:=\min \{\gamma, 1\}$ and $t_{0} \in\left[\frac{\gamma_{1}}{K}, T\right]$ be arbitrary. Define $T_{0}:=t_{0}-\frac{\gamma_{1}}{K}$. Additionally, let $\bar{t}=t-T_{0}$. We define $(\bar{g}(x, \bar{t}), \bar{H}(x, \bar{t}), \bar{u}(x, \bar{t}))$ to be the solution of the initial value problem

$$
\begin{aligned}
\partial_{\bar{t}} \bar{g}_{i j} & =-2 \bar{R}_{i j}+1 / 2 \bar{h}_{i j}+2 \alpha_{n} \partial_{i} \bar{u} \partial_{j} \bar{u} \\
\partial_{\bar{t}} \bar{H} & =\bar{\Delta}_{L B} \bar{H} \quad \text { and } \quad \partial_{\bar{t}} \bar{u}=\bar{\Delta} \bar{u}
\end{aligned}
$$

with $(\bar{g}(0), \bar{H}(0), \bar{u}(0))=\left(g\left(T_{0}\right), H\left(T_{0}\right), u\left(T_{0}\right)\right)$. Since solutions to the GRF $\operatorname{system}(1.1)$ are unique, $\bar{g}(\bar{t})=g\left(\bar{t}+T_{0}\right)=g(t), \bar{H}(\bar{t})=H\left(\bar{t}+T_{0}\right)=H(t)$ and $\bar{u}(\bar{t})=u\left(\bar{t}+T_{0}\right)=u(t)$ for $\bar{t} \in\left[0, \frac{\gamma_{1}}{K}\right]$. We assume that $|\bar{R} m|_{\bar{g}} \leq K$ and
$|\bar{H}(x)|_{\bar{g}} \leq K$ for $\bar{t} \in\left[0, \frac{\gamma_{1}}{K}\right]$, so that we can apply our BBS estimates with $\beta=\gamma_{1}$. Then there exists a constant $\bar{C}_{m}$ such that

$$
\left|\nabla^{m-1} \bar{R} m\right|_{\bar{g}}+\left|\nabla^{m} \bar{H}\right|_{\bar{g}}+\left|\nabla^{m+1} \bar{u}\right|_{\bar{g}} \leq \frac{\bar{C}_{m}}{\overline{t^{m / 2}}}
$$

for all $(x, \bar{t}) \in M^{n} \times\left[0, \frac{\gamma_{1}}{K}\right]$. Note that for $\bar{t} \in\left[\frac{\gamma_{1}}{2 K}, \frac{\gamma_{1}}{K}\right]$, we have $\bar{t}^{m} \geq \frac{\gamma_{1}^{m}}{2^{m} K^{m}}$. In particular, taking $\bar{t}=\gamma_{1} / K$, we see that

$$
\left|\nabla^{m-1} R m\left(x, t_{0}\right)\right|+\left|\nabla^{m} H\left(x, t_{0}\right)\right|+\left|\nabla^{m+1} u\left(x, t_{0}\right)\right| \leq \frac{2^{m} K^{m} \bar{C}_{m}}{\gamma_{1}^{m}}
$$

for all $x \in M^{n}$. Since $t_{0}$ was arbitrary, the result follows.

## 6. Compactness theorem for the GRF system

Given a sequence of solutions $\left(M_{k}, g_{k}(t)\right)$ to the Ricci flow, Hamilton's Cheeger-Gromov-type compactness theorem in [7] states that in the presence of injectivity radii and curvature bounds we can take a $C^{\infty}$ limit of a subsequence. The role of the Hamilton's compactness theorem is primarily to understand singularity formation. In this section, we state a similar phenomenon in the GRF system, which is also a useful tool to understand the singularities of the GRF system.
Definition 6.1. Given a sequence of complete Riemannian manifolds $M_{k}$ with origin $O_{k}$, Riemannian metrics $g_{k}$, 3-forms $H_{k}$ and smooth functions $u_{k}$, we say that the sequence $\left(M_{k}, g_{k}, H_{k}, u_{k}, O_{k}\right)$ converges to the limit $\left(M_{\infty}, g_{\infty}, H_{\infty}, u_{\infty}, O_{\infty}\right)$ if there exist a sequence of compact set $U_{k}$ exhausting $M_{\infty}$ and a sequence of diffeomorphisms $\Phi_{k}$ of $U_{k}$ in $M_{\infty}$ to $M_{k}$ such that $\Phi_{k}$ takes $O_{\infty}$ to $O_{k}$ and the pull-back $\left(\Phi_{k}^{*} g_{k}, \Phi_{k}^{*} H_{k}, \Phi_{k}^{*} u_{k}\right)$ converge to $\left(g_{\infty}, H_{\infty}, u_{\infty}\right)$ uniformly on compact sets together with all their derivatives in $M_{\infty}$.
Remark 6.2. The above convergence is the topology of $C^{\infty}$ convergence on compact sets. If the limit exists, it is unique up to a unique isometry preserving the origin.

Let $\operatorname{inj}_{g}(O)$ denote the injectivity radius of the metric $g$ at the point $O$. For sequences of manifolds we have the Hamilton's convergence theorems in [7].
Theorem 6.3 (Hamilton's compactness for metrics). Let $\left\{\left(M_{k}, g_{k}, O_{k}\right)\right\}_{k \in \mathbb{N}}$ be a sequence of complete pointed Riemannian manifolds that satisfy

$$
\left|\nabla_{k}^{p} R m_{k}\right|_{k} \leq C_{p} \quad \text { on } M_{k}
$$

for all $p \geq 0$ and $k$ where $C_{p}<\infty$ is a sequence of constants independent of $k$ and

$$
\operatorname{inj}_{g_{k}}\left(O_{k}\right) \geq \iota_{0}
$$

for some positive constant $\iota_{0}$. Then there exists a subsequence $\left\{j_{k}\right\}_{k \in \mathbb{N}}$ such that $\left\{\left(M_{j_{k}}, g_{j_{k}}, O_{j_{k}}\right)\right\}_{k \in \mathbb{N}}$ converges to a complete manifold $\left(M_{\infty}, g_{\infty}, O_{\infty}\right)$ as $k \rightarrow \infty$.

Using above compactness theorems for the fixed metrics (i.e., $t=0$ ), we can get the compactness theorems for the GRF system on complete manifolds.

Theorem 6.4. Let $T_{A}, T_{O}$ be given such that $-\infty \leq T_{A}<0<T_{O} \leq \infty$. Let $\left\{\left(M_{k}, g_{k}(t), H_{k}(t), u_{k}(t), O_{k}\right)\right\}_{k \in \mathbb{N}}$ be a sequence of complete pointed solutions to the GRF system for $t \in\left[T_{A}, T_{O}\right)$ satisfying

$$
\begin{gather*}
\sup _{M_{k}}\left|R m_{k}\right|_{k}(t) \leq C_{0} \quad \text { for all } t \in\left(T_{A}, T_{O}\right),  \tag{6.1}\\
\sup _{M_{k}}\left|H_{k}\right|_{k}\left(T_{A}\right) \leq C_{0}^{\prime} \quad \text { and } \quad \sup _{M_{k}}\left|u_{k}\right|\left(T_{A}\right)+\sup _{M_{k}}\left|d u_{k}\right|_{k}\left(T_{A}\right) \leq C_{0}^{\prime \prime}, \tag{6.2}
\end{gather*}
$$

where $C_{0}, C_{0}^{\prime}$ and $C_{0}^{\prime \prime}$ are all finite constants independent of $k$ and $\operatorname{inj}_{g_{k}(0)}\left(O_{k}\right)$ $\geq \iota_{0}$ for some positive constant $\iota_{0}$. Then there exists a subsequence $\left\{j_{k}\right\}$ such that $\left\{\left(M_{j_{k}}, g_{j_{k}}(t), H_{j_{k}}(t), u_{j_{k}}(t), O_{j_{k}}\right)\right\}$ converges to a complete pointed solution to the GRF system $\left(M_{\infty}, g_{\infty}(t), H_{\infty}(t), u_{\infty}(t), O_{\infty}\right), t \in\left(T_{A}, T_{O}\right)$ as $k \rightarrow \infty$, where $k \in \mathbb{N}$.

Remark 6.5. Proposition 5.1 and Theorem 5.2 state that uniform bounds on $\left|R m_{k}\right|_{k}$ and initial bounds on $\left|H_{k}\right|_{k}$ and $\left|u_{k}\right|+\left|d u_{k}\right|_{k}$ imply uniform bounds on $\left|H_{k}\right|_{k}$ and $\left|u_{k}\right|+\left|d u_{k}\right|_{k}$ on $\left[T_{A}, T_{O}\right)$ on compact sets. Moreover, their bounds also imply the bounds of all their derivatives (see Theorem 5.6 in Section 5).

To prove Theorem 6.4, in fact we only need to extend the convergence at one time to convergence at all times. First, we show that the following key lemma.

Lemma 6.6. Let $M^{n}$ be a closed manifold with the background metric $g, U$ a compact subset of $M$, and $\left(g_{k}(t), H_{k}(t), u_{k}(t)\right)$ a collection of solutions to the GRF system in neighborhoods of $U \times[\beta, \psi]$, where $\beta<0<\psi$. At time $t=0$ on $U$, let
(a) $c g(V, V) \leq g_{k}(V, V) \leq C g(V, V) \quad$ for all $V \in T_{x} M$,
(b) $\left|\nabla^{p} g_{k}\right| \leq \hat{C}_{p} \quad$ for all $p \geq 1$,
(c) $\left|\nabla^{p} H_{k}\right| \leq \hat{C}_{p}^{\prime} \quad$ for all $p \geq 0$,
(d) $\left|\nabla^{p} u_{k}\right| \leq \hat{C}_{p}^{\prime \prime} \quad$ for all $p \geq 0$
and in addition
(e) $\sup _{U \times[\beta, \psi]}\left|\nabla_{k}^{p} R m_{k}\right|_{k} \leq C_{p} \quad$ for all $p \geq 0$,
(f) $\sup _{U \times[\beta, \psi]}\left|\nabla_{k}^{p} H_{k}\right|_{k} \leq C_{p}^{\prime} \quad$ for all $p \geq 0$,
(g) $\sup _{U \times[\beta, \psi]}\left|\nabla_{k}^{p} u_{k}\right|_{k} \leq C_{p}^{\prime \prime} \quad$ for all $p \geq 0$
with constants $c, C, \hat{C}_{p}, \hat{C}_{p}^{\prime}, \hat{C}_{p}^{\prime \prime}, C_{p}, C_{p}^{\prime}, C_{p}^{\prime \prime}$ independent of $k$. Then we have
(i) $\tilde{c} g(V, V) \leq g_{k}(t)(V, V) \leq \tilde{C} g(V, V)$,
(ii) $\sup _{U \times[\beta, \psi]}\left|\nabla^{p} g_{k}\right| \leq \tilde{C}_{p} \quad$ for all $p \geq 1$,
(iii) $\sup _{U \times[\beta, \psi]}\left|\nabla^{p} H_{k}\right| \leq \tilde{C}_{p}^{\prime} \quad$ for all $p \geq 0$,
(iv) $\sup _{U \times[\beta, \psi]}\left|\nabla^{p} u_{k}\right| \leq \tilde{C}_{p}^{\prime \prime} \quad$ for all $p \geq 0$
on any $(x, t) \in U \times[\beta, \psi]$, where $\tilde{c}, \tilde{C}, \tilde{C}_{p}, \tilde{C}_{p}^{\prime}$ and $\tilde{C}_{p}^{\prime \prime}$ are all independent of $k$. Proof. Let $V$ be a vector field on $M$. For all $k$, using (e), (f) and (g), we have

$$
\partial_{t} g_{k}(t)(V, V)=-2 R c_{k}(t)(V, V)+1 / 2 h_{k}(t)(V, V)+2 \alpha_{n} d_{k} u(t) d_{k} u(t)(V, V)
$$

and

$$
\begin{aligned}
\left|R c_{k}(t)(V, V)\right| & \leq C_{1}(n) C_{0} g_{k}(t)(V, V), \\
\left|h_{k}(t)(V, V)\right| & \leq C_{2}(n)\left|H_{k}(t)\right|_{k}^{2} g_{k}(t)(V, V) \leq C_{2}(n){C_{0}^{\prime}}^{2} g_{k}(t)(V, V), \\
\left|d_{k} u(t) \otimes d_{k} u(t)(V, V)\right| & \leq\left|d_{k} u(t)\right|_{k}^{2} g_{k}(t)(V, V) \leq C_{1}^{\prime \prime 2} g_{k}(t)(V, V)
\end{aligned}
$$

which gives

$$
\begin{aligned}
\left|\frac{\partial \log g_{k}(t)(V, V)}{\partial t}\right| & =\left|\frac{-2 R c_{k}(t)(V, V)+\frac{h_{k}(t)}{2}(V, V)+2 \alpha_{n} d_{k} u(t) d_{k} u(t)(V, V)}{g_{k}(t)(V, V)}\right| \\
& \leq A_{0}
\end{aligned}
$$

where $A_{0}$ depends on $n, C_{0}, C_{0}^{\prime}$ and $C_{1}^{\prime \prime}$. Throughout the proof of this lemma, we will let $0<t<\psi$ be arbitrary. Then we integrate to obtain

$$
\begin{aligned}
A_{0} \psi & \geq \int_{0}^{t}\left|\partial_{\tau} \log g_{k}(\tau)(V, V)\right| d \tau \\
& \geq\left|\int_{0}^{t} \partial_{\tau} \log g_{k}(\tau)(V, V) d \tau\right|=\left|\log \frac{g_{k}(t)(V, V)}{g_{k}(0)(V, V)}\right| .
\end{aligned}
$$

Hence by the assumption condition (a) we have

$$
\tilde{c} g(V, V)=: C^{-1} e^{-A_{0} \psi} g(V, V) \leq g_{k}(t)(V, V) \leq C e^{A_{0} \psi} g(V, V):=\tilde{C} g(V, V)
$$

This completes the proof of (i).
We observe that the difference $\Gamma_{k}-\Gamma$ is a tensor. Taking $\Gamma$ to be fixed in time, we then get

$$
\begin{aligned}
\left|\partial_{t}\left(\Gamma_{k}-\Gamma\right)\right|_{k} & \leq C(n) \cdot\left[\left|\nabla_{k}\left(R c_{k}\right)\right|_{k}+\left|\nabla_{k}\left(h_{k}\right)\right|_{k}+\left|\nabla_{k}\left(d u_{k} \otimes d u_{k}\right)\right|_{k}\right] \\
& \leq C(n) C_{1}+2 C(n)\left|\nabla_{k}\left(H_{k}\right)\right|_{k} \cdot\left|H_{k}\right|_{k}+2 C(n)\left|\nabla_{k}^{2}\left(u_{k}\right)\right|_{k} \cdot\left|d u_{k}\right|_{k} \\
& \leq C(n) C_{1}+2 C(n) C_{1}^{\prime} C_{0}^{\prime}+2 C(n) C_{2}^{\prime \prime} C_{1}^{\prime \prime}:=A_{1} .
\end{aligned}
$$

Since $\nabla g_{k} \simeq \Gamma_{k}(t)-\Gamma \simeq \nabla^{k}(t)-\nabla$, we deduce

$$
\left|\partial_{t} \nabla g_{k}(t)\right| \leq c(n)\left|\partial_{t}\left(\Gamma_{k}(t)-\Gamma\right)\right| \leq c(n) C^{\prime}\left|\partial_{t}\left(\Gamma_{k}(t)-\Gamma\right)\right|_{k} \leq c(n) C^{\prime} A_{1},
$$

where constant $C^{\prime}$ comes from (i) which is already proven. Integrating again yields

$$
\begin{aligned}
\left|\nabla g_{k}(t)\right| & =\left|\nabla g_{k}(0)+\int_{0}^{t} \partial_{\tau} \nabla g_{k}(\tau) d \tau\right| \\
& \leq\left|\nabla g_{k}(0)\right|+c(n) C^{\prime} A_{1} \psi \leq \hat{C}_{1}+c(n) C^{\prime} A_{1} \psi:=\tilde{C}_{1}
\end{aligned}
$$

Now we consider $\left|H_{k}(t)\right|$. By (f) and (i), we have

$$
\left|H_{k}(t)\right| \leq \bar{C} \cdot\left|H_{k}(t)\right|_{k} \leq \bar{C} \cdot C_{0}^{\prime}:=\tilde{C}_{0}^{\prime}
$$

where $\bar{C}$ is determined by (i). We also notice that $|\cdot|=|\cdot|_{k}$ on functions. Therefore by (g)

$$
\left|u_{k}(t)\right|=\left|u_{k}(t)\right|_{k} \leq C_{0}^{\prime \prime}:=\tilde{C}_{0}^{\prime \prime}
$$

Using the fact that $\nabla$ is independent of time, we have

$$
\begin{aligned}
\partial_{t} \nabla H_{k}= & \nabla \partial_{t} H_{k}=\nabla\left[\Delta_{k} H_{k}+R m_{k} * H_{k}\right] \\
= & \left(\nabla-\nabla_{k}\right) \Delta_{k} H_{k}+\nabla_{k} \Delta_{k} H_{k}+\nabla R m_{k} * H_{k}+R m_{k} * \nabla H_{k} \\
= & \nabla g_{k} * \Delta_{k} H_{k}+\nabla_{k} \Delta_{k} H_{k}+\left(\nabla-\nabla_{k}\right) R m_{k} * H_{k}+\nabla_{k} R m_{k} * H_{k} \\
& +R m_{k} *\left(\nabla-\nabla_{k}\right) H_{k}+R m_{k} * \nabla_{k} H_{k} \\
= & \nabla g_{k} * \Delta_{k} H_{k}+\nabla_{k} \Delta_{k} H_{k}+\nabla g_{k} * R m_{k} * H_{k}+\nabla_{k} R m_{k} * H_{k} \\
& +R m_{k} * \nabla g_{k} * H_{k}+R m_{k} * \nabla_{k} H_{k},
\end{aligned}
$$

where we used $\nabla g_{k} \simeq \nabla^{k}-\nabla$. Then by (e), (f), (i) and (ii) for $p=1$, the above equation implies

$$
\begin{aligned}
\left|\partial_{t} \nabla H_{k}\right| \leq & C\left|\nabla g_{k}\right| \cdot\left|\Delta_{k} H_{k}\right|+C\left|\nabla_{k} \Delta_{k} H_{k}\right|+C\left|\nabla g_{k}\right| \cdot\left|R m_{k}\right| \cdot\left|H_{k}\right| \\
& +C\left|\nabla_{k} R m_{k}\right| \cdot\left|H_{k}\right|+\left|R m_{k}\right| \cdot\left|\nabla_{k} H_{k}\right| \leq B_{1} .
\end{aligned}
$$

As above,

$$
\left|\nabla H_{k}(t)\right| \leq\left|\nabla H_{k}(0)\right|+\int_{0}^{t}\left|\partial_{\tau} \nabla H_{k}(\tau)\right| d \tau \leq \hat{C}_{1}^{\prime}+B_{1} \psi:=\tilde{C}_{1}^{\prime}
$$

Similarly using (g) and (i), we calculate for the differential:

$$
\left|\nabla u_{k}(t)\right|=\left|d u_{k}(t)\right|=\left|\nabla_{k} u_{k}(t)\right| \leq \bar{C} \cdot\left|\nabla_{k} u_{k}(t)\right|_{k} \leq \bar{C} \cdot C_{1}^{\prime \prime}:=\tilde{C}_{1}^{\prime \prime}
$$

We can estimate $\left|\nabla^{2} u_{k}(t)\right|$ by the estimate $\left|\nabla g_{k}(t)\right|$. Since

$$
\begin{aligned}
\partial_{t} \nabla^{2} u_{k} & =\nabla^{2} \Delta_{k} u_{k}=\left(\nabla-\nabla_{k}\right) d\left(\Delta_{k} u_{k}\right)+\nabla_{k} d\left(\Delta_{k} u_{k}\right) \\
& =\nabla g_{k} * \nabla_{k} \Delta_{k} u_{k}+\nabla_{k}^{2}\left(\Delta_{k} u_{k}\right),
\end{aligned}
$$

using (g), (i) and (ii) for $p=1$, we have

$$
\left|\partial_{t} \nabla^{2} u_{k}\right| \leq C\left|\nabla g_{k}\right| \cdot\left|\nabla_{k} \Delta_{k} u_{k}\right|+C\left|\nabla_{k}^{2}\left(\Delta_{k} u_{k}\right)\right| \leq D_{2}
$$

Using (d), an integration gives

$$
\left|\nabla^{2} u_{k}(t)\right| \leq\left|\nabla^{2} u_{k}(0)\right|+\int_{0}^{t}\left|\partial_{\tau} \nabla^{2} u_{k}(\tau)\right| d \tau \leq \hat{C}_{2}^{\prime \prime}+D_{2} \psi:=\tilde{C}_{2}^{\prime \prime}
$$

Higher derivatives of $\left(g_{k}, H_{k}, u_{k}\right)$ with respect to $g$ can be estimated in pairs ( $\nabla^{p} g_{k}, \nabla^{p} H_{k}, \nabla^{p+1} u_{k}$ ) for all $p \geq 2$. The technique is similar for all $p \geq 2$, so we only state the case $p=2$ as reference. Note that

$$
\begin{align*}
\partial_{t} \nabla^{2} g_{k} & =\nabla^{2}\left(-2 R c_{k}+1 / 2 h_{k}+2 \alpha_{n} d u_{k} \otimes d u_{k}\right)  \tag{6.3}\\
& =\nabla^{2} R c_{k}+H_{k} * \nabla^{2} H_{k}+\nabla H_{k} * \nabla H_{k}+\nabla^{3} u_{k} \otimes \nabla u_{k}+\nabla^{2} u_{k} \otimes \nabla^{2} u_{k}
\end{align*}
$$

We can rewrite some of these terms to be

$$
\begin{align*}
\nabla^{2} R c_{k} & =\left(\nabla-\nabla_{k}\right) \nabla R c_{k}+\nabla_{k}\left(\nabla-\nabla_{k}\right) R c_{k}+\nabla_{k}^{2} R c_{k}  \tag{6.4}\\
& =\nabla g_{k} *\left[\left(\nabla-\nabla_{k}\right) R c_{k}+\nabla_{k} R c_{k}\right]+\nabla_{k}\left(\nabla g_{k} * R c_{k}\right)+\nabla_{k}^{2} R c_{k} \\
& =\nabla g_{k} *\left[\nabla g_{k} * R c_{k}+\nabla_{k} R c_{k}\right]+\nabla_{k} \nabla g_{k} * R c_{k}+\nabla g_{k} * \nabla_{k} R c_{k}+\nabla_{k}^{2} R c_{k} \\
& =\nabla g_{k} *\left[\nabla g_{k} * R c_{k}+\nabla_{k} R c_{k}\right]+\nabla^{2} g_{k} * R c_{k}+\nabla_{k}^{2} R c_{k},
\end{align*}
$$

where in the last equality we used

$$
\begin{equation*}
\nabla_{k} \nabla g_{k}=\nabla^{2} g_{k}+\left(\nabla_{k}-\nabla\right) \nabla g_{k}=\nabla^{2} g_{k}+\nabla g_{k} * \nabla g_{k} \tag{6.5}
\end{equation*}
$$

Substituting (6.4) into (6.3), we have

$$
\begin{align*}
\left|\partial_{t} \nabla^{2} g_{k}\right| \leq & C(n) \bar{C} C_{0}\left|\nabla^{2} g_{k}\right|+C(n) \bar{C} C_{0}^{\prime}\left|\nabla^{2} H_{k}\right|+\tilde{C}_{1}^{\prime \prime}\left|\nabla^{3} u_{k}\right| \\
& +\left(\tilde{C}_{1}^{\prime}\right)^{2}+\left(\tilde{C}_{2}^{\prime \prime}\right)^{2}+C(n) \bar{C}\left[\tilde{C}_{1}^{2} C_{0}+\tilde{C}_{1} C_{1}+C_{2}^{2}\right]  \tag{6.6}\\
\leq & \hat{A}_{2}\left[\left|\nabla^{2} g_{k}\right|+\left|\nabla^{2} H_{k}\right|+\left|\nabla^{3} u_{k}\right|\right]+C,
\end{align*}
$$

where we used (a)-(g) and (i)-(iv) for the case $p=0,1$.
Doing the same calculation for $\nabla^{2} H_{k}$, we have

$$
\begin{aligned}
\partial_{t} \nabla^{2} H_{k}= & \nabla^{2}\left[\Delta_{k} H_{k}+R m_{k} * H_{k}\right] \\
= & \left(\nabla-\nabla_{k}\right) \nabla \Delta_{k} H_{k}+\nabla_{k}\left(\nabla-\nabla_{k}\right) \Delta_{k} H_{k}+\nabla_{k}^{2} \Delta_{k} H_{k} \\
& +\nabla^{2} R m_{k} * H_{k}+R m_{k} * \nabla^{2} H_{k}+\nabla R m_{k} * \nabla H_{k} \\
= & \nabla g_{k} *\left[\left(\nabla-\nabla_{k}\right) \Delta_{k} H_{k}+\nabla_{k} \Delta_{k} H_{k}\right]+\nabla_{k}\left(\nabla g_{k} * \Delta_{k} H_{k}\right)+\nabla_{k}^{2} \Delta_{k} H_{k} \\
& +\nabla^{2} R m_{k} * H_{k}+R m_{k} * \nabla^{2} H_{k}+\left(\nabla-\nabla_{k}\right) R m_{k} * \nabla H_{k}+\nabla_{k} R m_{k} * \nabla H_{k} \\
= & \nabla g_{k} *\left[\nabla g_{k} * \Delta_{k} H_{k}+\nabla_{k} \Delta_{k} H_{k}\right]+\nabla_{k}\left(\nabla g_{k} * \Delta_{k} H_{k}\right)+\nabla_{k}^{2} \Delta_{k} H_{k} \\
& +\nabla^{2} R m_{k} * H_{k}+R m_{k} * \nabla^{2} H_{k}+\nabla g_{k} * R m_{k} * \nabla H_{k}+\nabla_{k} R m_{k} * \nabla H_{k} .
\end{aligned}
$$

Therefore following the arguments above, we get:

$$
\begin{equation*}
\left|\partial_{t} \nabla^{2} H_{k}\right| \leq \bar{A}_{2}\left[\left|\nabla^{2} g_{k}\right|+\left|\nabla^{2} H_{k}\right|\right]+C, \tag{6.7}
\end{equation*}
$$

where we still used (6.5), (a)-(g) and (i)-(iv) for the case $p=0,1$.

Compute the evolution equation of $\nabla^{3} u$, we have

$$
\begin{aligned}
\partial_{t} \nabla^{3} u_{k}= & \left(\nabla-\nabla_{k}\right) \nabla d \Delta_{k} u_{k}+\nabla_{k}\left(\nabla-\nabla_{k}\right) d \Delta_{k} u_{k}+\nabla_{k}^{2} d \Delta_{k} u_{k} \\
= & \nabla g_{k} *\left[\left(\nabla-\nabla_{k}\right) d \Delta_{k} u_{k}+\nabla_{k}^{2} \Delta_{k} u_{k}\right]+\nabla_{k}\left(\nabla g_{k} * d \Delta_{k} u_{k}\right)+\nabla_{k}^{2} d \Delta_{k} u_{k} \\
= & \nabla g_{k} * \nabla g_{k} * \nabla_{k} \Delta_{k} u_{k}+\nabla g_{k} * \nabla_{k}^{2} \Delta_{k} u_{k} \\
& +\nabla^{2} g_{k} * \nabla_{k} \Delta_{k} u_{k}+\nabla g_{k} * \nabla g_{k} * \nabla_{k} \Delta_{k} u_{k}+\nabla_{k}^{3} \Delta_{k} u_{k} .
\end{aligned}
$$

This leads to the estimate

$$
\begin{equation*}
\left|\partial_{t} \nabla^{3} u_{k}\right| \leq \tilde{A}_{2}\left|\nabla^{2} g_{k}\right|+C . \tag{6.8}
\end{equation*}
$$

Putting (6.6), (6.7) and (6.8) together and realizing that $|\cdot|$ is independent of time, we arrive at

$$
\left|\partial_{t}\left(\left|\nabla^{2} g_{k}\right|+\left|\nabla^{2} H_{k}\right|+\left|\nabla^{3} u_{k}\right|\right)\right| \leq A\left[\left|\nabla^{2} g_{k}\right|+\left|\nabla^{2} H_{k}\right|+\left|\nabla^{3} u_{k}\right|\right]+C .
$$

Since $\left|\nabla^{2} g_{k}(0)\right|+\left|\nabla^{2} H_{k}(0)\right|+\left|\nabla^{3} u_{k}(0)\right| \leq \hat{C}_{2}+\hat{C}_{2}^{\prime}+\hat{C}_{3}^{\prime \prime}$, which is bounded, we can integrate in time to obtain

$$
\begin{equation*}
\left|\nabla^{2} g_{k}(t)\right|+\left|\nabla^{2} H_{k}(t)\right|+\left|\nabla^{3} u_{k}(t)\right| \leq \tilde{C}_{2}+\tilde{C}_{2}^{\prime}+\tilde{C}_{3}^{\prime \prime \prime} \tag{6.9}
\end{equation*}
$$

Hence we have estimated in pairs $\left(\nabla^{p} g_{k}, \nabla^{p} H_{k}, \nabla^{p+1} u_{k}\right)$ for all $p=2$.
We would like to derive some recursion formulas for higher derivatives.

$$
\begin{align*}
\partial_{t} \nabla^{p} g_{k} & =\nabla^{p}\left(-2 R c_{k}+1 / 2 h_{k}+2 \alpha_{n} d u_{k} \otimes d u_{k}\right) \\
& =\nabla^{p} R c_{k}+\sum_{i=1}^{p} \nabla^{i} H_{k} * \nabla^{p-i} H_{k}+\sum_{i=1}^{p} \nabla^{1+i} u_{k} * \nabla^{1+p-i} u_{k} . \tag{6.10}
\end{align*}
$$

If the estimates hold for $p<N$ with $N \geq 2$, then we shall estimate them for $p=N$. First we have

$$
\begin{align*}
\left|\nabla^{N} R c_{k}(t)\right| & =\left|\sum_{i=1}^{N} \nabla^{N-i}\left(\nabla-\nabla_{k}\right) \nabla^{i-1} R c_{k}+\nabla_{k}^{N} R c_{k}\right|  \tag{6.11}\\
& \leq \sum_{i=1}^{N}\left|\nabla^{N-i}\left(\nabla-\nabla_{k}\right) \nabla^{i-1} R c_{k}\right|+\left|\nabla_{k}^{N} R c_{k}\right|
\end{align*}
$$

Note that we can rewrite $\nabla-\nabla_{k}=\Gamma-\Gamma_{k}$ as a sum of terms of the form $\nabla g_{k}$.
When $i=1$, we can bound $\left|\nabla^{N-1}\left(\nabla-\nabla_{k}\right) R c_{k}\right|$ by a sum of terms of the form $\left|\nabla^{N-j} g_{k}\right| \cdot\left|\nabla^{j} R c_{k}\right|, 0 \leq j \leq N-1$.

When $2 \leq i \leq N$, we can bound $\left|\nabla^{N-i}\left(\nabla-\nabla_{k}\right) \nabla_{k}^{i-1} R c_{k}\right|$ by a sum of terms of the form $\left|\nabla^{N-i-j+1} g_{k}\right| \cdot\left|\nabla^{j} \nabla^{i-1} R c_{k}\right|, 0 \leq j \leq N-i$. Furthermore, we can also bound $\left|\nabla^{j} \nabla^{i-1} R c_{k}\right|=\left|\left(\left(\nabla-\nabla_{k}\right)+\nabla_{k}\right)^{j} \nabla^{i-1} R c_{k}\right|$ by a sum of terms which are products of $\left|\nabla_{k}^{\ell+i-1} R c_{k}\right|, 0 \leq \ell \leq j$, and $\left|\nabla^{\ell} g_{k}\right|, 1 \leq \ell \leq j$.

Hence by the assumption of Lemma 6.6, the induction assumption and the equivalence of $|\cdot|$ and $|\cdot|_{k}$, we get from (6.11)

$$
\left|\nabla^{N} R c_{k}(t)\right| \leq C_{N}^{\prime}\left|\nabla^{N} g_{k}\right|+C_{N}^{\prime \prime} .
$$

By induction, we have that $\left|\nabla^{p} H_{k}\right|$ and $\left|\nabla^{p} u_{k}\right|$ bounded for all $p<N$. This allows us to estimate from (6.10)

$$
\begin{align*}
\left|\partial_{t} \nabla^{N} g_{k}\right| & \leq C_{N}^{\prime}\left|\nabla^{N} g_{k}\right|+C_{N}^{\prime \prime}\left|\nabla^{N} H_{k}\right|++C_{N}^{\prime \prime \prime}\left|\nabla^{N+1} u_{k}\right|+C \\
& \leq \hat{A}_{N}\left[\left|\nabla^{N} g_{k}\right|+\left|\nabla^{N} H_{k}\right|+\left|\nabla^{N+1} u_{k}\right|\right]+C . \tag{6.12}
\end{align*}
$$

Doing the same calculation for $\nabla^{p} H_{k}$, we have

$$
\begin{equation*}
\partial_{t} \nabla^{p} H_{k}=\nabla^{p}\left[\Delta_{k} H_{k}+R m_{k} * H_{k}\right]=\nabla^{p} \Delta_{k} H_{k}+\sum_{i=1}^{p} \nabla^{i} R m_{k} * \nabla^{p-i} H_{k} \tag{6.13}
\end{equation*}
$$

We assume the cases hold for all $p<N$ with $N \geq 2$, then we shall estimate them for $p=N$. As above, in the right hand side of (6.13), we find

$$
\left|\nabla^{N} \Delta_{k} H_{k}\right| \leq \hat{C}_{N}^{\prime}\left|\nabla^{N} g_{k}\right|+\hat{C}_{N}^{\prime \prime}, \quad\left|\nabla^{N} R m_{k}(t)\right| \leq \hat{C}_{N}^{\prime}\left|\nabla^{N} g_{k}\right|+\hat{C}_{N}^{\prime \prime}
$$

and the others are bounded by induction.
Hence from (6.13), we get

$$
\begin{equation*}
\left|\partial_{t} \nabla^{N} H_{k}\right| \leq \bar{A}_{N}\left[\left|\nabla^{N} g_{k}\right|+\left|\nabla^{N} H_{k}\right|\right]+C . \tag{6.14}
\end{equation*}
$$

Compute the evolution equation for $\nabla^{p+1} u$, we have

$$
\begin{aligned}
\partial_{t} \nabla^{N+1} u_{k}= & \nabla_{k}\left(\Delta_{k} u_{k}\right) * \nabla^{N} g_{k}+\sum_{i=2}^{N+1} \nabla_{k}^{i}\left(\Delta_{k} u_{k}\right) * P\left(\nabla^{0} g_{k}, \ldots, \nabla^{N+1-i} g_{k}\right) \\
& +\nabla_{k}\left(\Delta_{k} u_{k}\right) * P\left(\nabla^{0} g_{k}, \ldots, \nabla^{N-1} g_{k}\right)
\end{aligned}
$$

where $N \geq 2$ and $P$ is a polynomial in the components of the derivatives of $g_{k}$ of the designated order. We have the following estimate by induction.

$$
\begin{equation*}
\left|\partial_{t} \nabla^{N+1} u_{k}\right| \leq \tilde{A}_{N}\left|\nabla^{N} g_{k}\right|+C \tag{6.15}
\end{equation*}
$$

Combining (6.12), (6.14) and (6.15), we have

$$
\left|\partial_{t}\left(\left|\nabla^{N} g_{k}\right|+\left|\nabla^{N} H_{k}\right|+\left|\nabla^{N+1} u_{k}\right|\right)\right| \leq A\left[\left|\nabla^{N} g_{k}\right|+\left|\nabla^{N} H_{k}\right|+\left|\nabla^{N+1} u_{k}\right|\right]+C .
$$

Note that at time $t=0,\left|\nabla^{N} g_{k}\right|+\left|\nabla^{N} H_{k}\right|+\left|\nabla^{N+1} u_{k}\right|$ is bounded by the assumption of Lemma 6.6. Then we integrate in time to give this quantity bounded for all time. Hence this finishes the proof of the lemma.

Now we use Theorem 6.3 and Lemma 6.6 to prove Theorem 6.4.
Proof of Theorem 6.4. We want to use the convergence theorem as stated in Theorem 6.3. Assume for the proof that $T_{A}, T_{O}<\infty$. We also assume that the injectivity radius is bounded below by some positive constant at time $t=0$. Using Proposition 5.1, Theorem 5.2, Theorem 5.4 and Corollary 5.6, the assumptions (6.1) and (6.2) of Theorem 6.4 imply that their uniform bounds and uniform bounds on all derivatives of $R m_{k}(t), H_{k}(t)$ and $u_{k}(t)$ on all compact sets; namely,

$$
\begin{equation*}
\left|H_{k}\right|_{k}+\left|u_{k}\right|+\left|d u_{k}\right|_{k} \leq C\left(n, C_{0}, C_{0}^{\prime}, C_{0}^{\prime \prime}, T\right) \tag{6.16}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\nabla_{k}^{m-1} R m_{k}\right|_{k}+\left|\nabla_{k}^{m} H_{k}\right|_{k}+\left|\nabla_{k}^{m+1} u_{k}\right|_{k} \leq C_{m}\left(n, m, C_{0}, C_{0}^{\prime}, C_{0}^{\prime \prime}, T\right) \tag{6.17}
\end{equation*}
$$

for all $m \geq 1$, where $C$ and $C_{m}$ are both independent of $k$. Now we apply Theorem 6.3 to get a convergent subsequence of $\left(M_{k}, g_{k}(0), x_{k}\right)$, also denoted $\left(M_{k}, g_{k}(0), x_{k}\right)$, at time $t=0$ to a limit $\left(M_{\infty}, h, x_{\infty}\right)$ in the sense of Definition 6.1, i.e.,

$$
\begin{equation*}
\lim _{k \rightarrow \infty}\left|\nabla_{h}^{m}\left(\Phi_{k}^{*} g_{k}(0)\right)-\nabla_{h}^{m} h\right|_{h}=0 \quad \text { for all } m \geq 0 \tag{6.18}
\end{equation*}
$$

We will apply Lemma 6.6 at time $t=0, h$ as the background metric, and $\Phi_{k}^{*} g_{k}(t), \Phi_{k}^{*} H_{k}(t)$ and $\Phi_{k}^{*} u_{k}(t), t \in\left(T_{A}, T_{O}\right)$ as the sequence. Let $[\beta, \psi] \subset$ $\left(T_{A}, T O\right), 0 \in[\beta, \psi]$, and $U \subset M_{\infty}$ be compact. Since we have convergence of $\Phi_{k}^{*} g_{k}(0)$ to the limit metric $h$ at $t=0$, the following is true:
(a) $\Phi_{k}^{*} g_{k}(0)$ is equivalent to $h$ on $U$, that is, $c h \leq \Phi_{k}^{*} g_{k}(0) \leq C h$ holds for all $k$ big enough and some constants $c$ and $C$ independent of $k$.
(b) The covariant derivatives of $\Phi_{k}^{*} g_{k}(0)$ with respect to $h$ are uniformly bounded on $U \times\{0\}$. From (6.18) we have $\left|\nabla_{h}^{m}\left(\Phi_{k}^{*} g_{k}(0)\right)\right|_{h} \leq \hat{C}_{m}$ for all $m \geq 1$ independent of $k$.
(c) By assumption and the equivalence of metrics, by (6.16), $\left|\Phi_{k}^{*} H_{k}(0)\right|_{h} \leq$ $C\left|H_{k}(0)\right|_{k} \leq \hat{C}_{0}^{\prime}$. Moreover for $m \geq 1$, we can use the equivalence of metrics and the fact that $\nabla_{\Phi_{k}^{*} g_{k}(0)}^{m} \rightarrow \nabla_{h}^{m}$ at $t=0$ to obtain

$$
\begin{aligned}
& \left|\nabla_{h}^{m}\left(\Phi_{k}^{*} H_{k}(0)\right)\right|_{h} \leq C\left|\nabla_{h}^{m}\left(\Phi_{k}^{*} H_{k}(0)\right)\right|_{\Phi_{k}^{*} g_{k}(0)} \\
& \quad \leq C\left|\nabla_{\Phi_{k}^{*} g_{k}(0)}^{m}\left(\Phi_{k}^{*} H_{k}(0)\right)\right|_{\Phi_{k}^{*} g_{k}(0)} \leq C\left|\nabla_{k}^{m}\left(H_{k}(0)\right)\right|_{k} \leq \hat{C}_{m}^{\prime}
\end{aligned}
$$

for $k$ big enough independent of $k$, where in the last line we used (6.17).
(d) Using the similar method of (c), we can obtain $\left|\nabla_{h}^{m}\left(\Phi_{k}^{*} u_{k}(0)\right)\right|_{h} \leq \hat{C}_{m}^{\prime \prime}$ for $k$ big enough independent of $k$, where $m \geq 0$.
And in addition (6.16) and (6.17) imply (e), (f) and (g) in Lemma 6.6 are satisfied.

This allow us to apply Lemma 6.6. Then we have
(i) $\tilde{c} h \leq \Phi_{k}^{*} g_{k}(t) \leq \tilde{C} h \quad$ on $\underset{\tilde{C}}{U} \times[\beta, \psi]$,
(ii) $\sup _{U \times[\beta, \psi]}\left|\nabla_{h}^{m} \Phi_{k}^{*} g_{k}(t)\right|_{h} \leq \tilde{C}_{m}$ for all $m \geq 1$,
(iii) $\sup _{U \times[\beta, \psi]}\left|\nabla_{h}^{m} \Phi_{k}^{*} H_{k}(t)\right|_{h} \leq \tilde{C}_{m}^{\prime} \quad$ for all $m \geq 0$,
(iv) $\sup _{U \times[\beta, \psi]}\left|\nabla_{h}^{m} \Phi_{k}^{*} u_{k}(t)\right|_{h} \leq \tilde{C}_{m}^{\prime \prime} \quad$ for all $m \geq 0$,
where $\tilde{c}, \tilde{C}, \tilde{C}_{m}, \tilde{C}_{m}^{\prime}$ and $\tilde{C}_{m}^{\prime \prime}$ are all independent of $k$.
At last by Arzela-Ascoli theorem, we find a subsequence converging uniformly on every compact subset of $M_{\infty} \times\left(T_{A}, T_{O}\right)$. In addition the limit $g_{\infty}(t):=\lim _{k \rightarrow \infty} \Phi_{k}^{*} g_{k}(t)$ agrees at time $t=0$ with $h$ since it already converged there by construction. Let $H_{\infty}(t):=\Phi_{k}^{*} H_{k}(t)$ and $u_{\infty}(t):=\Phi_{k}^{*} u_{k}(t)$.

Since the convergence is smooth and taking the limit commutes with all derivatives, we see that $\left\{g_{\infty}(t), H_{\infty}(t), u_{\infty}(t), O_{\infty}(t)\right\}$ is also a solution of the GRF system (1.1) and it satisfies the same bounds on derivatives and the injectivity radius. This finishes the proof of Theorem 6.4.

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