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# Comparative effects of corn-based diet and phase-fed cassavabased diet on growth rate, carcass characteristics and lipid profile of meat-type ducks

Saowalak Saree<sup>1</sup>, Chaiyapoom Bunchasak<sup>1</sup>, Choawit Rakangtong<sup>1</sup>, Jessada Sakdee<sup>1</sup>, Nuttawut Krutthai<sup>1,2,a</sup>, and Theerawit Poeikhampha<sup>1,\*</sup>

\* Corresponding Author: Theerawit Poeikhampha Tel: +66-0-2579-1120, Fax: +66-0-2579-1120, E-mail: agrtrw@ku.ac.th

<sup>1</sup>Department of Animal Science, Faculty of Agriculture, Kasetsart University, Bangkok, 10900, Thailand

Kasetsart University, Bangkok 10900, Thailand <sup>2</sup> Department of Agricultural Technology and

Development, Faculty of Agricultural Technology, Chiang Mai Rajabhat University, Chang Mai 50330, Thailand

<sup>a</sup> These authors contributed equally to this work. Submitted May 11, 2016; Revised Sept 2, 2016; Accepted Sept 18, 2016 **Objective:** This experiment was conducted to evaluate the effects of a corn- or cassava- based diet on the production of meat-type ducks.

**Methods:** Four hundred day-old ducks were used in this experiment. They were divided into five groups with each group replicated eight times. The ducks fed the corn-based diets served as the control group. The four other groups comprised different treatments, with each one given the cassava-based diet based on phase-feeding. Three treatments were fed the cassava-based diet from 16, 28, and 35 d; respectively up to 42 d of age and the other group was fed the cassava-based diet from 1 to 42 d of age.

**Results:** The results indicated that ducks on either the corn- or cassava-based diets were similar in growth during 1 to 9 d of age. However, toward 35 to 42 d, the cassava-diet produced a higher weight gain (p<0.05). The cassava-based diet was better than the corn-based diet at increasing the outer and inner breast weights at 28, 35, or 42 d (p<0.05). In contrast, the corn-based diet was better at increasing abdominal fat (p<0.05). The two diets did not differ in their effects on the serum triglyceride, cholesterol, high-density lipoprotein-cholesterol, low-density lipoprotein-cholesterol, and liver cholesterol. The corn-based diet, however, caused a highly significantly greater level of liver triglyceride (p<0.01). **Conclusion:** The results of this study suggest that both the cassava- and corn- based diets are

**Conclusion:** The results of this study suggest that both the cassava- and corn- based diets are similar in their effect on meat-type ducks during the starter stage but toward the finisher stage, the cassava-based diet has a better influence on weight gain and carcass characteristics.

Keywords: Feedstuffs; Cassava; Corn; Ducks; Phase Feeding; Lipid Metabolism

## **INTRODUCTION**

Cassava is a tropical root crop that is widely cultivated in Thailand. Upon maturity, the tubers are harvested, chopped, dried and milled into a powdery form called tapioca. In its raw form, tapioca is bulky and causes dustiness. Thus, to maximize its utilization, it is normally pelleted before being incorporated into a commercial feed formulation. Pelleted tapioca or cassava has been widely accepted as a feed ingredient because it is highly digestible, has a high caloric content and is believed to be less susceptible to aflatoxin contamination. Both in poultry and ruminant feeding, it is considered a potentially viable energy supplement or even a substitute for corn. Among the limitations of its usage at a high level is its high fiber content, dusty particles, low protein value and poor amino acids profile.

Cassava has also been found to be more resistant to mold invasion, a characteristic that makes it advantageous in duck rearing. Particularly during their first two weeks of age, ducks are very susceptible to mycotoxins which can cause high mortality rates.

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The type of dietary carbohydrate has an influence on the way lipids are formed and distributed within the body of the animals. Carcass fats in turn have a significant effect on the dressed meat appearance that plays an important role in the preference of the buyers. Consumers are more discriminating with regard to the kind and amount of animal fats that they consume because studies have shown a correlation between high fat consumption and coronary diseases. Paul et al [1] have reported that too much animal fats may be involved in the formation of thrombi that can block arterial passages that in turn could trigger ischemia. Waraphan [2] reported that using cassava as the source of energy in poultry feeds can result in the birds having lower levels of lipids and cholesterol in the blood.

The key objective of this study was to determine the effects of a cassava-based diet that was phase-fed to meat-type ducks at different growth stages compared to the influence of a corn-based diet on body weight gain, carcass characteristics and lipid levels in the blood and liver.

## MATERIALS AND METHODS

#### Experimental animals and management

This study was conducted at The Animal Research Farm, Department of Animal Science, Faculty of Agriculture, Kasetsart University, Thailand. The experimental animals were kept, maintained and treated in adherence with accepted standards for the humane treatment of animals. A total of 400 day-old male ducks (Cherry Valley strain) were used in this experiment. They were divided into 5 groups with each group replicated 8 times and with each replicate having 10 ducks.

At the start of the feeding trial, the total body weight of each

Table 1. Experimental diets based on percentage of components

experimental grouping was measured and recorded accordingly. The ducks were then put into compartmentalized structures inside a duck house that was equipped with an evaporative cooling system. All the experimental ducks received the same lighting regimen, vaccination program and routine flock management protocols similar to those practiced in commercial duck farms. Feed and water were made available *ad libitum*.

### **Experimental design and diets**

This experiment employed a completely randomized design. Both the corn-based diet (control) and the cassava-based diet (experimental) were formulated in accordance with the established nutritional requirements of the ducks based on their age. Diets were offered in a pellet form. They were fed the starter diet for the first 16 d of age. Subsequently, they were given the finisher diet from 17 to 42 d of age.

Proximate analyses of the two diets were conducted using the AOAC [3] protocols. The formulations and nutrient compositions of the corn-based and the cassava-based diets are shown in (Table 1, 2).

### Measurements

*Growth performance*: All the birds were individually weighed at the dates corresponding to the phase-feeding schedule of the treatment groups, i.e. at 9, 16, 28, 35, and 42 d of age in order to determine each treatment's growth response to both the cornbased and the cassava-based diets. The total feed intakes of both the control and the experimental groups were likewise computed at the end of the experimental period to determine the efficiency of each group's feed conversion ratio (FCR).

Carcass quality and visceral organs: At the end of the experi-

Ingredient	Starter period (1-9 d)		Grower per	iod (10-16 d)	Finisher period (17-42 d)	
	Corn	Cassava	Corn	Cassava	Corn	Cassava
Corn	54.68	-	60.20	-	65.16	-
Cassava	-	47.03	-	51.78	-	56.05
Palm oil	1.18	1.52	1.05	1.43	0.27	0.67
Soybean meal (48% CP)	39.29	46.73	33.76	41.95	29.57	38.43
L-lysine	0.19	0.06	0.17	0.02	0.18	0.02
DL-methionine <sup>1)</sup>	0.20	0.29	0.19	0.29	0.13	0.24
L-threonine	0.05	0.06	0.08	0.09	0.04	0.04
MDCP	2.16	2.25	2.19	2.30	2.21	2.32
Limestone	1.40	1.17	1.43	1.17	1.45	1.17
Salt	0.18	0.18	0.18	0.18	0.18	0.18
Premix <sup>2)</sup>	0.50	0.50	0.50	0.50	0.50	0.50
Choline chloride (75%)	0.11	0.16	0.19	0.25	0.25	0.31
Antioxidant	0.02	0.02	0.02	0.02	0.02	0.02
Mycotoxin binder	0.05	0.05	0.05	0.05	0.05	0.05
Total	100.00	100.00	100.00	100.00	100.00	100.00

MDCP, monodicalciumphosphate (P 21%).

<sup>1)</sup> Synthetic DL-Methionine was supplied by Sumitomo Chemical, Japan.

<sup>2)</sup> Premix, provided/kg of diet: vitamin A 11,000 IU, vitamin D<sub>3</sub> 5,000 IU, vitamin E 75 IU, vitamin K<sub>1</sub> 3 mg, vitamin B<sub>1</sub> 3 mg, vitamin B<sub>2</sub> 8 mg, niacin 60 mg, pantothenic acid 15 mg, pyridoxine 4 mg, folic acid 2 mg, biotin 0.15 mg, choline 1,600 mg, vitamin B<sub>12</sub> 0.016 mg, Mn 120 mg, Zn 100 mg, Cu 16 mg, Selenium 0.30 mg, I 1.25 mg, Fe 40 mg.

#### Table 2. Calculated nutrients composition

Ingredient –	Starter period (1-9 d)		Grower per	riod (10-16 d)	Finisher period (17-42 d)		
	Corn	Cassava	Corn	Cassava	Corn	Cassava	
Energy (ME, kcal/kg)	2,850	2,850	2,900	2,900	2,900	2,900	
Protein (%)	22.00	22.00	20.00	20.00	18.50	18.50	
Fat (%)	3.75	2.32	3.79	2.22	3.17	1.47	
Fiber (%)	4.12	5.01	3.87	4.85	3.70	4.76	
Calcium (%)	1.00	1.00	1.00	1.00	1.00	1.00	
Total phosphorus (%)	0.85	0.82	0.83	0.81	0.82	0.79	
Avail. phosphorus (%)	0.50	0.50	0.50	0.50	0.50	0.50	
Salt (%)	0.20	0.20	0.20	0.20	0.20	0.20	
Lysine (%)	1.35	1.35	1.20	1.20	1.10	1.10	
Methionine+cystine (%)	0.90	0.90	0.84	0.84	0.75	0.75	
Methionine (%)	0.54	0.58	0.50	0.54	0.43	0.48	
Threonine (%)	0.90	0.90	0.85	0.85	0.75	0.75	
Tryptophan (%)	0.29	0.30	0.26	0.28	0.23	0.25	
Choline (%)	0.15	0.15	0.15	0.15	0.15	0.15	

ME, metabolizable energy for poultry.

mental period, three ducks were randomly selected from each of the 40 compartments. All the chosen ducks were then fasted for 12 hours after which they were killed using the CO<sub>2</sub> asphyxiation technique. Slaughtering procedures like bleeding, scalding, plucking, evisceration, viscera and abdominal fat weighing and eviscerated carcass weighing were done according to Cabel et al [4]. The fat surrounding the gizzard was included as a component of the abdominal fat weight. Carcass percentages were determined as a ratio of the carcass weight.

*Chemical composition analysis*: Eight ducks were randomly picked from the control group and from each of the four treatment groups. They were killed by cutting their jugulars and blood samples were collected. Their livers were extracted for liver lipid determination. The blood samples were allowed to clot and then centrifuged at 3,000 rpm for 10 minutes. The enzymatic colorimetric method (Human Gesllschaft für Biochemica and Diagnostica GmbH, Wiesbaden, Germany) was used to obtain the appropriate concentration (mg/dL) sufficient for blood lipid analysis. The method of Sutton et al [5] was employed to determine the serum lipid profiles. The liver samples were homogenized and then centrifuged for 1 minute at 20,000 rpm to obtain samples for enzymatic colorimetric method analysis as described earlier.

#### Data analysis

Using the repeated-measures analysis of main effects due to treatment and time and their interaction, all the experimental data were subjected to analysis of variance according to Steel and Torrie [6]. Means where significant differences occurred were separated using Duncan's new multiple range test [7]. Statements of significance were based on p<0.05 unless otherwise stated and according to the following model;

 $Y_{ij} = \mu + A_i + \varepsilon_{ij}$ 

Where;  $Y_{ij}$  is the observed response,  $A_i$  is the effect of diet and  $\epsilon_{ij}$  is experimental error;  $\epsilon_{ij} \sim NID (0, \delta^2)$ .

## **RESULTS AND DISCUSSION**

#### **Growth performances**

The comparative effects of corn versus cassava as dietary energy sources, where the cassava-based diet was phase-fed at different growth stages, on the growth performance of male Cherry Valley ducks are shown in Table 3. Ducks fed the cassava- based diet for 35 or 42 d of age significantly increased body weight (p<0.05). However, due possibly to cassava's higher crude fiber content, this group consumed more feed and thus had a higher FCR. As reported [8,9], diets with a high crude fiber content could affect nutrient digestibility and utilization, thus resulting in increased feed intake. Along the same line, some reported that substituting cassava for broken rice resulted in a similar production performance, but with higher feed intake [2]. Cassava as having good digestibility [10]. Its carbohydrate content is about 92% [11] and its starch contains about 20% amylose and 70% amylopectin [12, 13]. The results of the current study, as shown in (Table 3), demonstrated that cassava is comparable to corn in providing the energy requirements of growing meat-type ducks.

#### **Carcass quality**

Ducks fed the cassava-based diets from 1 to 28 d, 1 to 35 d, or 1 to 42 d of age significantly increased (p<0.05) the inner and outer portions of their breast (Table 4). This may be ascribed to improved digestibility of the carbohydrates in cassava due to gelatinization brought about by the heat during the pelletizing of the feeds [14]. This was further confirmed by [14] who reported that gelatinized starch has a higher degree of digestibility than raw starch. The cassava starch in the animal's intestines is digested easily and quickly [15]. Corn, on the other hand, is digested in the intestine

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Table 3. Comparative effects of corn vs cassava (phase-fed) on growth performance of meat-type ducks

Dariad (d)	Item	Corn-based	-based Cassava-based diet (d)					CEM
Period (d)		diet	16	28	35	42	- p-value	SEIVI
1	Initial weight (g/duck)	53.56	53.61	53.56	53.44	53.44	0.52	0.04
1 to 9	Body weight (g/duck)	293.85 <sup>B</sup>	320.73 <sup>A</sup>	317.91 <sup>A</sup>	317.03 <sup>A</sup>	314.72 <sup>A</sup>	< 0.01	1.23
	Feed intake (g/duck/d)	44.13	45.28	44.99	45.13	44.24	0.55	0.27
	ADG	26.71 <sup>B</sup>	29.67 <sup>A</sup>	29.35 <sup>A</sup>	29.29 <sup>A</sup>	29.05 <sup>A</sup>	< 0.01	0.21
	FCR	1.65 <sup>B</sup>	1.53 <sup>A</sup>	1.53 <sup>A</sup>	1.54 <sup>A</sup>	1.52 <sup>A</sup>	< 0.01	0.01
1 to 16	Body weight (g/duck)	733.82 <sup>B</sup>	812.50 <sup>A</sup>	795.52 <sup>A</sup>	797.16 <sup>A</sup>	791.95 <sup>A</sup>	< 0.01	3.66
	Feed intake (g/duck/d)	65.60 <sup>B</sup>	72.15 <sup>A</sup>	70.54 <sup>A</sup>	70.85 <sup>A</sup>	71.17 <sup>A</sup>	< 0.01	0.56
	ADG	42.47 <sup>B</sup>	47.40 <sup>A</sup>	46.38 <sup>A</sup>	46.52 <sup>A</sup>	46.20 <sup>A</sup>	< 0.01	0.34
	FCR	1.54	1.52	1.52	1.52	1.54	0.92	0.01
1 to 28	Body weight (g/duck)	1,789.14 <sup>B</sup>	1,882.51 <sup>A</sup>	1,910.39 <sup>A</sup>	1,931.13 <sup>A</sup>	1,912.03 <sup>A</sup>	< 0.01	8.37
	Feed intake (g/duck/d)	103.58 <sup>c</sup>	108.91 <sup>B</sup>	112.83 <sup>AB</sup>	115.22 <sup>A</sup>	113.31 <sup>AB</sup>	< 0.01	0.97
	ADG	61.99 <sup>B</sup>	65.24 <sup>A</sup>	66.37 <sup>A</sup>	67.08 <sup>A</sup>	66.40 <sup>A</sup>	< 0.01	0.48
	FCR	1.67	1.67	1.70	1.72	1.71	0.23	0.01
1 to 35	Body weight (g/duck)	2,503.97 <sup>B</sup>	2,604.11 <sup>A</sup>	2,602.40 <sup>A</sup>	2,665.77 <sup>A</sup>	2,631.87 <sup>A</sup>	< 0.01	10.52
	Feed intake (g/duck/d)	118.08 <sup>c</sup>	125.34 <sup>B</sup>	129.71 <sup>AB</sup>	131.23 <sup>A</sup>	130.05 <sup>AB</sup>	< 0.01	1.07
	ADG	69.88 <sup>B</sup>	72.80 <sup>A</sup>	72.91 <sup>A</sup>	74.67 <sup>A</sup>	73.72 <sup>A</sup>	< 0.01	0.43
	FCR	1.69	1.72	1.78	1.76	1.76	0.06	0.01
1 to 42	Body weight (g/duck)	3,015.16 <sup>B</sup>	3,068.46 <sup>AB</sup>	3,075.11 <sup>AB</sup>	3,125.89 <sup>A</sup>	3,107.60 <sup>A</sup>	0.03	11.77
	Feed intake (g/duck/d)	132.04 <sup>c</sup>	138.35 <sup>₿</sup>	142.73 <sup>B</sup>	144.06 <sup>AB</sup>	149.03 <sup>A</sup>	< 0.01	1.27
	ADG	70.43	71.84	71.96	73.43	72.75	0.15	0.39
	FCR	1.90 <sup>A</sup>	1.93 <sup>AB</sup>	1.98 <sup>B</sup>	1.96 <sup>BC</sup>	2.04 <sup>c</sup>	< 0.01	0.01

SEM, standard error of the mean; ADG, average daily gain; FCR, feed conversion ratio.

 $^{ABC}$  Treatment means with different uppercase superscripts in the same row are highly significantly different (p < 0.01).

<sup>a,b,c</sup> Treatment means with different lowercase superscripts in the same row are significantly different (p < 0.05).

continuously but at a slower rate. This difference in the rate of digestion could result in a commensurate difference in the glucose level, that is, the level of blood glucose generated from cassava increases easily. Blood glucose levels have a direct effect on the secretion of insulin that stimulates glucose transport [16] and in the introduction of amino acids into cells to be used for protein synthesis [17]. It is possible that in this experiment, cassava's ability to increase blood glucose at a faster rate contributed to the enhancement of amino acid mobility and protein synthesis which in turn resulted in increased outer and inner breast meat

yield.

#### **Blood lipid profiles**

Table 5 shows the effects of the corn-based diet (control) and the phase-fed, cassava-based diets on the serum and liver lipid contents. After 42 d of feeding, the cassava-fed ducks had serum triglycerides, cholesterol, high-density lipoprotein-cholesterol (HDL-C), low-density lipoprotein-cholesterol (LDL-C), very-lowdensity lipoprotein-cholesterol (VLDL-C) and liver cholesterol levels that were not significantly different from those of the control

Table 4. Percentage effects of different energy source on carcass quality and visceral organs

ltem (			Cassava-ba				
	Corn-based diet —	16	28	35	42	– p-value	SEM
Dressed weight	87.66	88.09	88.06	88.17	87.63	0.42	0.11
Skin	16.25	15.94	15.09	15.67	15.00	0.10	0.17
Outer breast	11.69 <sup>b</sup>	12.29 <sup>ab</sup>	12.84ª	12.77ª	12.86ª	0.01	0.13
Inner breast	1.74 <sup>B</sup>	1.83 <sup>B</sup>	1.87 <sup>AB</sup>	1.90 <sup>A</sup>	1.94 <sup>A</sup>	< 0.01	0.02
Thigh	9.02	8.9	9.12	8.92	9.18	0.17	0.04
Drumstick	7.72	7.68	7.69	7.82	7.64	0.72	0.04
Wing	11.07	11.1	11.05	11.26	11.04	0.74	0.03
Abdominal fat	0.84ª	0.77 <sup>ab</sup>	0.69 <sup>ab</sup>	0.64 <sup>b</sup>	0.62b	0.02	0.02
Liver	2.56	2.55	2.57	2.67	2.83	0.12	0.04
Gizzard	3.33	3.37	3.24	3.23	3.24	0.56	0.03

SEM, standard error of the mean.

ABC Treatment means with different uppercase superscripts in the same row are highly significantly different (p < 0.01).

a,b,c Treatment means with different lowercase superscripts in the same row are significantly different (p < 0.05).

Table 5. Effects (mg/dL) of dietary energy source on chemical composition anal	ysis
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ltem	Corn-based diet —	Cassava-based diet (d)					
		16	28	35	42	p-value	SEM
Serum lipid profiles							
Triglyceride	84.47	75.89	68.94	69.40	77.66	0.49	3.07
Cholesterol	160.96	169.36	164.73	167.26	169.47	0.76	2.31
HDL-cholesterol	95.05	109.44	98.25	95.20	109.08	0.43	3.32
LDL-cholesterol	53.88	67.56	61.03	60.04	62.97	0.39	2.15
VLDL-cholesterol	16.89	15.18	13.79	13.01	15.53	0.34	0.64
Liver lipid profiles							
Triglyceride	155.95 <sup>A</sup>	148.63 <sup>AB</sup>	129.78 <sup>c</sup>	140.59 <sup>BC</sup>	134.49 <sup>BC</sup>	< 0.01	2.45
Cholesterol	44.04	47.07	44.35	43.55	46.17	0.38	0.65

SEM, standard error of the mean; HDL, high-density lipoprotein; LDL, low-density lipoprotein; VLDL, very-low-density lipoprotein

<sup>ABC</sup> Treatment means with different uppercase superscripts in the same row are highly significantly different (p < 0.01).

 $^{a,b,c}$  Treatment means with different lowercase superscripts in the same row are significantly different (p < 0.05).

group.

Between and among animal species, there are important differences in the ability to export triglyceride from the liver as VLDL despite the similarity in the rate of esterification of fatty acids to triglyceride [18]. In poultry, fatty acids are actively synthesized in the liver which secretes VLDL at very high rates [19]. The plasma lipoprotein profile of birds is likewise different from that of mammals. In humans, LDL is the largest component of plasma lipoprotein while in birds; the largest component is HDL [20,21]. The results obtained in this study on the effects of dietary energy sources on the serum and liver lipid profiles are in agreement with those reported by [22].

In the control group, which received the corn-based diet, there was a highly significant (p<0.01) correlation between the ducks' high abdominal fat weights and the equally high levels of trigly-ceride in the serum and in the liver. This result agrees with [22] who reported that the development of adipose tissues in birds is a direct function of the triglyceride level.

Triglycerides accumulated in the liver of meat-type ducks contribute to the development of body tissues [23]. In the current study, the experimental ducks fed the cassava-based diet from 1 to 28, 1 to 35, or 1 to 42 d of age had lesser levels of liver triglyceride compared to the corn-based control group. This difference could be attributed to the higher crude fiber in cassava which possibly affected the carbohydrate metabolism. The same phenomenon could similarly explain the low level of triglyceride in the serum which in turn resulted in less fatty adipose tissues recovered from the treatment groups. Similarly, the ducks that received the cassava-based diet had higher levels of HDL or highdensity lipoprotein but lower levels of low-density lipoprotein or LDL. This impact of the cassava-based diet is important from the consumers' viewpoint because medical studies have demonstrated that the levels of HDL and LDL have significant influence in reducing the risks of developing atherosclerotic plaques.

The results of the current study suggest that cassava has nutritional qualities that are similar to those of corn. Its effects on the growth rate were comparable to those of corn up to the end of the starter stage and were even better as the ducks grew older in the finisher stage. Cassava also proved to be comparable to corn in its effects on the ducks' blood and liver lipid levels and on carcass quality. While feeding cassava could result in a greater amount of feed being consumed and thus, a poorer FCR, this could be balanced by the fact that cost-wise, cassava is usually cheaper than corn. The high fiber content of cassava and its dusty texture, which can limit the level of its inclusion in the diet, can be minimized with the help of pelletizing machines.

## **CONFLICT OF INTEREST**

We certify that there is no conflict of interest with any financial organization regarding the material discussed in the manuscript.

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