Kwanghyun Jo, Sung Hwan Ahn, Kwangzoo Chung, Sungkoo Cho, Eunhyuk Shin, Chae-Seon Hong, Seyjoon Park, Dae-Hyun Kim, Boram Lee, Woo-Jin Lee, Se-Kwang Seo, Jun-Young Jang, Doo Ho Choi, Do Hoon Lim, Youngyih Han

> Department of Radiation Oncology, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, Korea

We have treated various disease sites using wobbling and scanning proton therapy techniques since December 2015 at the Samsung Medical Center. In this study, we analyze the treatment time for each disease site in 65 wobbling and 50 scanning patient treatments. Treatment times are longest for liver and lung patients using the respiratory gating technique in the wobbling treatment and for cranio-spinal irradiation in pediatric patients with anesthesia in the scanning treatment. Moreover, we analyze the number of incidents causing treatment delays and the corresponding treatment delay time. The X-ray panel was the main reason for delays in the wobbling treatment; this decreased continually from January to June 2016, related closely to the proficiency of the human operators involved. The main reason for delays in the scanning treatment was interlocks during scanning pattern delivery; this was resolved by proton machine engineers. Through this work, we hope to provide other institutes with useful insight for initial operation of their proton therapy machines.

Key Words: Proton therapy, Scanning treatment, Wobbling treatment, Treatment time, Treatment cost

Introduction

Proton therapy can effectively enhance the survival rate of cancer patients and reduce the adverse effects of treatment because of its high dosimetric benefits compared to conventional photon and electron beam therapies¹⁾ owing to Bragg's peak, which is a physical characteristic of proton beams. However, the high price of proton therapy is one of the critical factors preventing wide dissemination of the technique, posing a significant burden on both the patients receiving the treatment and the hospitals performing it.

The Ministry of Health and Welfare of South Korea started to apply national health insurance for proton therapy for most

Received 19 September 2016, Revised 23 December 2016, Accepted 24 December 2016

Correspondence: Youngyih Han (youngyih@skku.edu)

Tel: 82-2-3410-2604, Fax: 82-2-3410-2619

© This is an Open-Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/licenses/by-nc/4.0) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

types of cancer in September 2015, and the application of health insurance greatly decreased the financial burden on patients. Currently, many patients who could gain dosimetric benefits from proton therapy are waiting to receive it instead of conventional therapies.

On the other hand, it is difficult for hospitals to purchase proton therapy machines, which are several times more expensive than conventional radiotherapy systems, and to introduce them based on the calculation of profit and loss alone in consideration of the high attendant operating costs. The costs of initial introduction of the treatment system, maintenance, and manpower are compared with profits from the treatment. In most cases, the treatment cost is estimated to be $2 \sim 3$ times higher than the cost of the existing X-ray treatment. The profit of proton therapy machines is inversely proportional to the treatment time per patient, which is closely related to the operation efficiency of a proton therapy machine. However, the patient treatment time can be determined only through actual experience because it is affected by many

factors. Other institutions have conducted studies to estimate the maximum number of treatable patients as a function of the distribution of proton therapy patients, the number of ports, tumor size, facility operating capacity, and patient treatment time. (4,5) These studies discussed the cost effectiveness of proton therapy and provide basic data for improving the efficacy of proton therapy and calculating the appropriate number of personnel involved.

The present work aims to share with other related institutions our experiences of operating a proton therapy facility in a private hospital for the first time in Korea. This hospital has conducted proton therapy through wobbling and line scanning methods using the proton treatment system of Sumitomo Heavy Industries in Japan. Wobbling and line scanning treatments were started in December 2015 and March 2016, respectively. As of July 2016, we have completed treatments for 65 patients with wobbling and 50 patients with line scanning.

This study analyzes the average treatment time for the first, second, and later fractions of treatment and the maximum and minimum treatment times in the total treatment period for patients over eight months. Furthermore, the number of incidents that delayed treatment in each treatment room and the resulting treatment delay times are analyzed to construct basic data for determining and predicting treatment time during proton system operation.

Materials and Methods

1. Proton therapy

The proton therapy machine in our hospital is a product of Sumitomo Heavy Industries, Japan, and consists of a cyclotron that accelerates protons at an energy of 230 MeV, a beam transport line, and two rotating gantries. The first rotating gantry has a multi-purpose nozzle that can perform both wobbling and line-scanning treatments. The second rotating gantry has a dedicated nozzle for line-scanning treatments. The wobbling treatment method irradiates a uniform dose at the maximum block radius by rotating a pencil beam with x- and y-axis scanning magnets in an elliptical trajectory and passing the beam through a scatterer. The proton range is modulated by using a range compensator. Furthermore, this treatment system generates a spread-out Bragg's peak (SOBP) by using a ridge

filter. Thus, the wobbling treatment can produce the desired three-dimensional dose distribution by using a ridge filter, a block, and a compensator. The line-scanning method obtains the desired dose distribution by changing the position of the pencil beam with scanning magnets to a predefined position. It then accumulates the dose in a direction parallel to the irradiation plane by changing the energy of each pencil beam. Unlike the wobbling treatment, this method can be used for intensity-modulated proton therapy because it obtains a 3D dose distribution by changing the energy and position of each pencil beam. Unique features of this system include a multi-leaf collimator installed in the nozzle of the first rotating gantry for effective beam shielding during wobbling treatment and a helium chamber installed in the nozzle of the second rotating gantry used to minimize air scattering of the beam.

At present, Raystation (Raysearch Laboratory AB, Stockholm, Sweden) is installed as a treatment planning system and Mosaiq (Eleckta AB, Stockholm, Sweden) is installed as an oncology information system (OIS) at Samsung Seoul Hospital. For patient treatment, cone beam computed tomography (CBCT) performs three-dimensional image verification, two orthogonal kV-X-ray images are used for two-dimensional image verification, and image guiding software, VeriSuite (MedCom, Darmstadt, Germany) is installed.

The entire proton therapy machine, including the beam transport line, the mechanical structure of the nozzle, and the software network must be in good condition. If any of the above items has a problem, the proton beam cannot be irradiated and patient treatment may be delayed. Thus, Sumitomo Corporation technicians are stationed in our hospital to respond to emergencies, and many spare parts for various components are on hand. Treatment may be delayed, however, if any item fails for which we have no spare parts.

Among the lesions treated with wobbling therapy, those of the liver and lungs experience movement owing to respiration, and respiratory gating therapy is performed to minimize the uncertainty of the irradiation position and dose in consideration of these movements. For respiratory gating, 4D CT (four-dimensional computed tomography) is taken for simulation and a treatment plan is established by reorganizing the CT images by respiration cycle. To deliver the dose according to the treatment plan, the proton beam is delivered using gating or

breath-holding techniques through the gating system of Anzai Medical (Japan) and a proprietary breathing training program.

2. Treatment time by disease site

In gantry room 1, the wobbling treatment has been conducted from December 2015 until the present. In this study, patient data between December 2015 and March 2016 were excluded from the analysis because it was believed that the characteristics of treatment time were not reflected in these data due to frequent treatment delays in this period.

Patients receiving the wobbling treatment were analyzed in the first rotating gantry and patients receiving the line-scanning treatment in the second rotating gantry. The 65 wobbling treatment patients were divided into nine cancer sites: brain, head and neck, chest (for which the gating technique was not used), lungs (for which the gating technique was used), spine, liver, abdomen, pelvis, and other sites.

The line-scanning treatment was performed in the second rotating gantry for a total of 50 patients divided into eight cancer sites: brain, head and neck, chest (for which the gating technique was not used), lungs (for which the gating technique was used, abdomen), pelvis, prostate, and cranio-spinal irradiation (CSI). Patient treatment time was analyzed from April to July 2016 for both wobbling and line-scanning treatment methods. The treatment time for the first fraction, the average treatment time for the second and later fractions, the maximum treatment time, and the minimum treatment time were analyzed for each patient and for each disease site. The treatment time was defined as the time between entry into and exit from the treatment room, and the data used in this study were recorded by radiologists.

3. Treatment delay

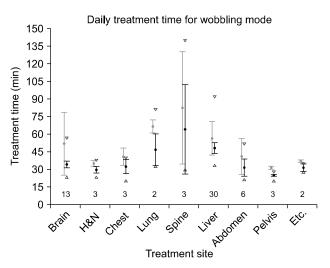
The smooth operation of the proton therapy machine presupposes the integrity of the machine parts and software and no errors in the network. However, various problems and interlocks are bound to occur during operation for various reasons. In this study, various delay incidents during treatment were collected and analyzed for each treatment room from January 2016, when proton therapy was started, until June 2016. For the wobbling treatment, which was performed in the first rotating gantry, data for 25 weeks were collected from the third

week of January to the second week of June. For the line-scanning treatment, data for 13 weeks were collected from the first week of April to the second week of June. The daily average number of incidents that caused treatment delays and the average daily treatment delay times in minutes were analyzed for each treatment room.

Results

1. Treatment time by disease site

For the wobbling treatment, treatment sites were classified into brain, head and neck, chest (for which the gating technique was not used, hereinafter termed 'chest'), lungs (for which the gating technique was used, hereinafter 'lungs'), spine, liver, abdomen, pelvis, and other sites. The treatment time for the



- Average Tx. time with stdev. of 1st fx.
- Average Tx. time with stdev. after 2nd fx.
- Maximum of tx. time after 2nd fx.
- Minimum of tx, time after 2nd fx.

Fig. 1. Site-specific daily average of proton treatment time for the wobbling mode. Pink: averaged treatment time with standard deviation only for the first fraction of treatment for each patient. Blue: averaged treatment time with standard deviation after the second fraction of treatment. The standard deviation of each graph is indicated by upper and lower bars and average values are denoted by solid dots in the middle of the range. Red upward (downward) triangles are minimum (maximum) values of treatment time after the second fraction of treatment. At the bottom of the graph, the boxed numbers are the numbers of patients for each treatment site. Tx.: Treatment, fx.: fraction.

first fraction, the average treatment time for the other fractions, the maximum treatment time, and the minimum treatment time are shown in Fig. 1. In Table 1, the average treatment time for liver lesions was 48 minutes and the average treatment time for lung lesions was 46.6 minutes. The average treatment times for liver and lung sites were longer by 35.6% and 31.6%, respectively, than the average treatment time of 35.4 minutes for other lesions.

Brain lesions showed the greatest difference in treatment time between the first fraction and the other fractions. The average treatment time for the first fraction was 51.8 minutes, whereas the average treatment time for the other fractions was 34 minutes, and the standard deviation was 26.8 minutes. This suggests that the first fraction took more time to set up. The average treatment time excluding the first fraction was 29.6 minutes for the head and neck, 32.3 minutes for the chest, 64.1 minutes for the spine, 31.5 minutes for the abdomen, and 24.8 minutes for the pelvis. Thus, wobbling treatments took approximately 30 minutes, on average. The average time required to treat the first fraction was 51.8 minutes for the brain, 35 minutes for the head and neck, 40.7 minutes for the chest, 82.3 minutes for the spine, 41 minutes for the abdomen, 31.3

Table 1. Treatment time of each site for the wobbling mode.

(min)	Brain	Head and neck	Chest excluding lung	Lung	Spine	Liver	Abdomen	Pelvis	Other
Avg_1 st	51.8	35.0	40.7	66.5	82.3	56.4	41.0	31.3	37.0
Avg_tx	34.0	29.6	32.3	46.6	64.1	48.1	31.5	24.8	31.4
Std_1 st	26.75	2.5	7.4	5.5	47.9	14.3	15.3	1.3	1.0
Std_tx	2.8	2.8	5.9	13.6	38.2	4.7	7.4	0.8	3.2
Min	23.0	23.0	20.0	32.0	29.0	33	21.0	20.0	27.0
Max	57.0	38.0	40.0	81.0	140.0	92.0	52.0	28.0	35.0
N	13	3	3	2	3	30	6	3	2

Site-specific daily average proton treatment times for the wobbling mode.

Avg_1st: Average value of treatment time for the first fraction, Avg_tx: average value of treatment time after the second fraction, Std_1st: standard deviation of treatment time for the first fraction, Std_tx: standard deviation of treatment time after the second fraction, Min: minimum value of treatment time after the second fraction, Max: maximum value of treatment time after the second fraction, N: number of samples.

Table 2. Treatment time of each site for the scanning mode.

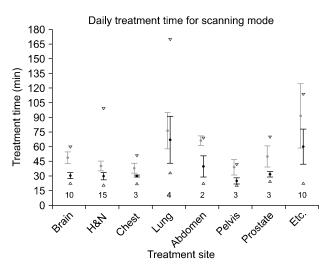
	Brain	Head and neck	Chest (without gating)	Lung (with gating)	Abdomen	Pelvis	Prostate	CSI
Avg_1 st	48.60	40.13	37.67	76.25	66.00	38.67	50.00	91.40
Avg_tx	30.21	29.73	29.89	66.96	39.72	24.91	31.68	60.02
Std_1 st	5.87	4.96	4.99	18.51	4.90	8.18	10.80	32.96
Std_tx	3.05	3.80	1.10	23.99	10.84	3.08	2.80	17.83
Min	22.00	20	22	33.00	22	20	24	22
Max	60.00	99	51	170.00	69	42	70	114
N	10	15	3	4	2	3	3	10

Site-specific daily average proton treatment times for the scanning mode.

CSI: Cranio-Spinal Irradiation, Avg_1st: average value of treatment time for the first fraction, Avg_tx: average value of treatment time after the second fraction, Std_1st: standard deviation of treatment time for the first fraction, Std_tx: standard deviation of treatment time after the second fraction, Min: minimum value of treatment time after the second fraction, Max: maximum value of treatment time after the second fraction, N: number of samples.

minutes for the pelvis, and 37 minutes for other sites. The minimum treatment time was 20 minutes for lesions excluding lung and liver lesions and the maximum treatment time was 140 minutes for the spine, followed by the liver at 92 minutes, and the lungs at 81 minutes.

The analysis results of the line-scanning treatment are shown in Fig. 2 for the brain, head and neck, chest, lung, abdomen, pelvis, prostate, and CSI. The average treatment time was 30.2 minutes for the brain, 29.7 minutes for the head and neck, 37.7 minutes for the chest, 39.7 minutes for the abdomen, 24.9 minutes for the pelvis, 31.7 minutes for the prostate, and 60 minutes for CSI. The lung treatments took 67 minutes because of using the respiratory gating technique. The average treatment time for the first fraction was 48.6 minutes for the brain, 40 minutes for the head and neck, 37.7 minutes



- Average Tx. time with stdev. of 1st fx.
- Average Tx. time with stdev. after 2nd fx
- Maximum of tx. time after 2nd fx.
- Minimum of tx. time after 2nd fx.

Fig. 2. Site-specific daily average of proton treatment time for the scanning mode. Pink: averaged treatment time with standard deviation only for the first fraction of treatment for each patient. Blue: averaged treatment time with standard deviation after the second fraction of treatment. The standard deviation of each graph is indicated by upper and lower bars and average values are denoted by solid dots in the middle of the range. Red upward (downward) triangles are minimum (maximum) values of treatment time after the second fraction of treatment. At the bottom of the graph, the boxed numbers are the numbers of patients for each treatment site. Tx.: Treatment, fx.: fraction.

for the chest, 66 minutes for the abdomen, 38.7 minutes for the pelvis, 50 minutes for the prostate, and 90.4 minutes for CSI. The minimum treatment time was approximately 20 minutes, and the maximum treatment time was 170 minutes for the lungs (for which the respiratory gating technique was performed), followed by 114 minutes for CSI.

2. Treatment delay

Treatment delays for the wobbling treatment were analyzed between the third week of January and the second week of June. The daily average treatment delays and the weekly average number of incidents that caused delays during this period are shown in Fig. 3. The daily average treatment delay was 38.3 minutes in January, 38.3 minutes in February, 46.8 minutes in March, 22.1 minutes in April, 12.3 minutes in May, and 17.3 minutes in June. The weekly average number of incidents that delayed treatment was 5.1 in January, 4.3 in February, 4 in March, 2.9 in April, 1.2 in May, and 2.2 in June.

The treatment delay for line-scanning therapy was analyzed between the first week of April and the second week of June. The daily average treatment delay and weekly average number of incidents that caused treatment delays during this period are

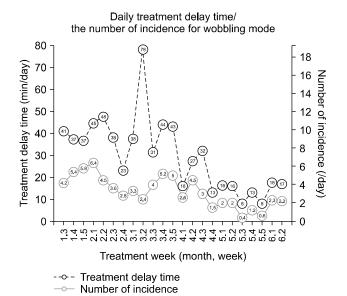


Fig. 3. The number of incidents causing treatment delays and average delay time for the wobbling mode. Left axis/blue dots: daily averaged treatment delay time at that week. Right axis/red line: daily average number of incidents during the given week.

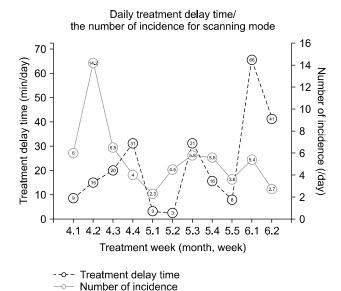


Fig. 4. The number of incidents causing treatment delays and average delay time for the scanning mode. Left axis/blue dots: daily averaged treatment delay time during the given week. Right axis/red line: daily average number of incidents during the given week.

shown in Fig. 4. The daily average delay was 18.6 minutes in April, 12.1 minutes in May, and 53.4 minutes in June. The weekly average number of incidents that delayed treatment was 7.7 in April, 4.4 in May and 4 in June.

Discussion

1. Treatment time by disease site

1) Wobbling treatment: The reason for the high standard deviation of brain lesion treatment times except for the first fraction in the wobbling treatment was that two out of thirteen patients took 103 and 120 minutes, respectively, for the first fraction. Excluding these two patients, the average treatment time was 40.9 minutes and the standard deviation was 8.1 minutes for the first fraction, which are not much different from those of other lesions.

In the case of spine lesions, one of the three patients in this category required 150 minutes for the first fraction and 118 minutes on average for the other fractions. The treatment times of the remaining two patients were 48 minutes for the first fraction and 37 minutes for the other fractions. These data distributions are biased owing to the small number of samples

available. If the number of patients per lesion is large, then the data distribution follows the normal distribution and the deviation decreases.

In the case of the pelvis, the treatment time for the first fraction was 31.3 minutes and the average treatment time was 24.8 minutes. Thus, the treatment times were shorter than those of other sites. The shorter treatment time for pelvic lesions was mostly due to the use of a small number of fields and alignment of patient positions using only 2D X-ray images. Compared to brain lesions, for which CBCT was performed every week or every day, the shorter image guide time had the effect of reducing the total treatment time.

The respiratory gating technique used in the treatment of lung and liver lesions requires pre-work to determine the in-phase positions of the internal organs by acquiring respiratory signals and image guiding (e.g., fluoroscopy). Furthermore, such methods as gating or breath-holding, which irradiate the proton beam only at the appropriate time, require additional timing of the proton beam. Therefore, lung and liver lesions for which respiratory gating therapy is performed have longer treatment times than other lesions. The average treatment times for the lungs and liver were 46.6 minutes and 48.1 minutes, respectively. The average treatment times of these two organs were 53.2% and 57.2% longer than the average for the other lesions excluding these two sites and spine lesions, respectively. The difference in treatment time was greater in the first fraction. The lung treatments were delayed by 68.5%to 66.5 minutes and liver treatments by 42.9% to 56.4 minutes compared with the average treatment time of 39.5 minutes for lesions excluding the lung, liver, and spine.

2) Line-scanning treatment: The line-scanning therapy requires less time to replace treatment accessories in the treatment room because it does not use blocks and compensators for each field, unlike the wobbling treatment. Except for the first fraction, the average treatment time of scanning therapy was 30.2 minutes for the brain, 29.7 minutes for the head and neck, 29.9 minutes for the chest, 37.7 minutes for the lungs, 39.7 minutes for the abdomen, 24.9 minutes for the pelvis, 31.7 minutes for the prostate, and 60 minutes for CSI. The treatment time for the first fraction was 48.6 minutes for the brain, 40.1 minutes for the head and neck, 37.7 minutes for the chest excluding the lung, 76.3 minutes for the lung, 66 minutes for the lung, 66 minutes for the lung, 76.3 minutes for the lung, 66 minutes

nutes for the abdomen, 38.7 minutes for the pelvis, 50 minutes for the prostate, and 91.4 minutes for CSI. The average treatment time was 31 minutes, and the first fraction took 46.8 minutes for lesions excluding the lungs and CSI, which take an especially long time. For CSI, multi-isocenters (brain, upper spine, lower spine, etc.) in a given fraction are treated, necessitating multiple treatment times. Furthermore, we performed CSI treatments of pediatric patients with the scanning method in cooperation with anesthesiologists in our hospital, and treatment of brain lesions with a boost field after CSI takes longer compared to wobbling treatment because the patient is anesthetized.

In the case of lung lesions, for which the respiratory gating technique is performed for scanning therapy, the average treatment time was 67 minutes and the treatment time for the first fraction was 76.3 minutes because the beam delivery required a significant amount of time. For pediatric patients, who were anesthetized for CSI treatment, the average treatment time was 60 minutes and the treatment time for the first fraction was 91.4 minutes. The reason for such long treatment times is that the investigation of every scan pattern takes around two minutes for each pattern because the size of each field is almost 40 cm along the y-axis. Furthermore, four to five fields are used in total, including two fields on either side of the brain and two to three fields on the spine. Thus, the amount of work for each CSI patient is twice as much as for other general patients. In addition, the isocenters vary for each field, and additional time is required to perform image guidance.

The average treatment time used to calculate the cost of proton therapy was estimated in other institutes as 10 minutes for prostate cancer, ⁷⁻⁹⁾ 30 minutes for lung cancer if respiratory gating therapy is performed, ^{10,11)} 30 minutes for head and neck cancer, ¹²⁻¹⁴⁾ and 20 minutes for skull-base chordoma. ¹⁵⁻¹⁷⁾ In the above examples, the estimated treatment time for prostate cancer was for treating only one field per day, and the estimated treatment time for lung cancer was for performing the gating technique after fluoroscopy using two or more treatment fields every day. It should be noted that these were not actual treatment times. Furthermore, since the proton treatment system does not have a separate simulator as with the X-ray treatment system, it inevitably takes more time compared to conventional therapies because treatment simulations such as reproduction of

patient position are conducted in the first fraction.

Since the 3D dose distribution of proton therapy changes very rapidly, image guidance is essential. The time required for proton therapy must be compared with the image-guided treatment rather than to conventional treatments without image guidance. According to the data concerning differences in treatment times depending on the presence or absence of image guidance, 18) the average treatment time of the conventional IMRT treatment increased by 3.5 minutes from 10.5 minutes to 14.0 minutes, and the treatment time for the first fraction increased by 9 minutes from 10 minutes to 19 minutes. 19 In our institution, CBCT was done for all patients in the first fraction, and the additional setup time owing to CBCT imaging took more than 5 minutes on average considering the rotation speed of 1 rpm (rotations per minute) and CBCT reconstruction time. If the image is guided with a 2D kV image instead of CBCT, this time is reduced to less than one minute.

If the treatment time is classified by item, it can be divided into patient guide and entry, patient position reproduction and image guidance, beam irradiation, and patient discharge. Time management efficiency can be improved if the elapsed time for each item is recorded and managed. The present study did not analyze this, but a follow-up study will analyze the elapsed time for each item. Among the aforementioned items, the time required for patient position reproduction and image guidance has the greatest variation by patient and has more room for reduction compared to other items. To this end, we are considering a method to proceed with treatment without CBCT acquisition if the set-up uncertainty in image guidance with 2D kV images is within the set-up uncertainty considered in the plan. It is expected that the time required for image guidance can be reduced with increased confidence in the results at our institution after starting proton therapy. Furthermore, with use of the respiratory gating technique, the position reproduction and beam irradiation time can be reduced if tumors are treated within the internal tumor volume (ITV) during free breathing rather than gating.

2. Treatment delay time

In the case of wobbling treatment, both the treatment delay and the number of incidents are continuously decreasing. This is closely related to the increase in the proficiency of the engineers at our institution and of the SHI engineers who have been in charge of operational support. In the case of wobbling treatment, the main cause of treatment delays was delays or errors in the response of the X-ray panel, which is an image guidance device. It seems that the treatment delay and the number of incidents decreased because of experience gained, allowing incidents to be addressed in advance or to be responded to rapidly. Since May, the daily number of incidents causing delays has been less than two cases, and the delay time has been less than 15 minutes, which represent levels that do not interfere with treatment.

The daily average treatment delay of 78 minutes in the second week of March was caused by a different incident from the general case owing to the replacement of an RF tube in the cyclotron. The response delay and errors in the video equipment are likely to occur during their first operation when the equipment is set up and applied in local clinic settings; these occur because of problems in connecting with existing hospital software. These delays and errors can be gradually reduced by ongoing equipment use and error resolution, and require establishment of various clinical confirmation procedures to solve them.

The delay cases for line-scanning treatment have been managed by experienced radiologists and engineers trained through wobbling treatment to less than five cases on average and less than 30 minutes of treatment delay since April. The cause of delays for the line-scanning treatment was the interlocking of machines during the delivery of scanning patterns. Examples of this include cases where the position inaccuracy of a pencil beam exceeded the permissible criterion or the intensity modulation of the pencil beam over time exceeded the acceptable limit. With hospital or SHI engineers immediately resolving any causes of delays, treatment can be performed. The linescanning treatment generates interlocks owing to diverse causes and many institutions are managing them at a level that does not affect treatment. In the future, interlocks can be reduced by readjusting the acceptable limits of equipment and using more realistic parameters. The daily average number of delays in the second week of April, which was 14.2 cases, was caused by interlocks that repeatedly occurred for one patient; however, the resulting delay time was 15 minutes on a daily average, which was not large. The daily average treatment delay in the first week of June was 65.6 minutes, which resulted from incidents that prevented beam irradiation owing to hardware defects encountered during the process of checking the initial position of the proton pencil beam. This problem was solved on the same day, and the treatment was conducted.

Conclusion

The proton therapy machine at Samsung Medical Center started its first treatment on December 28, 2015, and has since performed wobbling and line-scanning treatments for various lesions. In this study, the treatment time for each lesion was analyzed for 65 patients for the wobbling treatment and 50 patients for the line-scanning treatment. The maximum treatment time was associated with liver and lung lesions for which the respiratory gating technique was performed and with CSI and brain lesions in pediatric patients treated under anesthesia.

Furthermore, the daily average number of incidents that caused treatment delays in each room was analyzed. The main cause of delays in the wobbling treatment was problems with X-ray panels, which showed a declining trend from the third week of January to the second week of June. The declining trend could be explained by the increasing proficiency of the operators. The main reason for delays in the scanning treatment was the interlock that occurred during the delivery of the scanning pattern, and this problem was solved by technical support provided by the proton engineers.

The treatment time analyzed in this study is part of the overall treatment process including simulation treatment, establishment of a treatment plan, and managing the progress of the patient treatment plan. More work is needed to analyze the effects of proton therapy in comparison with treatment costs through such methods as behavior-based utility analysis.²⁰⁾

We hope that this study will contribute to the early operation of proton therapy facilities in other institutions.

References

- Lodge M, et al: A systematic literature review of the clinical and cost-effectiveness of hadron therapy in cancer. Radiother Oncol 83(2): 110-122 (2007)
- Goitein M, Jermann M: The relative costs of proton and X-ray radiation therapy. Clin Oncol (R Coll Radiol) 15(1): S37-50

(2003)

- Peeters A, Grutters JP, et al: How costly is particle therapy? Cost analysis of external beam radiotherapy with carbon-ions, protons and photons. Radiother Oncol 95(1):45-53 (2010)
- SUZUKI K, et al: Quantitative analysis of beam delivery parameters and treatment process time for proton beam therapy. Med Phys 38(7): 4329-4337 (2011)
- SUZUKI K, et al: Quantitative analysis of treatment process time and throughput capacity for spot scanning proton therapy. Med Phys 43(7): 3975–3986 (2016)
- Chung K, Han Y, et al: The first private-hospital based proton therapy center in Korea; status of the Proton Therapy Center at Samsung Medical Center. Radiat Oncol J 33(4): 337–343 (2015)
- Nguyen PL, Zietman AL: High-dose external beam radiation for localized prostate cancer: current status and future challenges. Cancer J 13:295-301 (2007)
- Zietman AL, DeSilvio ML, Slater JD, et al: Comparison of conventional-dose vs high-dose conformal radiation therapy in clinically localized adenocarcinoma of the prostate: a randomized controlled trial. JAMA 294:1233-9 (2005)
- Slater JD, Rossi Jr CJ, Yonemoto LT, et al: Proton therapy for prostate cancer: the Initial Loma Linda University experience. Int J Radiat Oncol Biol Phys 59:348–52 (2004)
- Bush DA, Slater JD, Shin BB, Cheek G, Miller DW, Slater JM: Hypofractionated proton beam radiotherapy for stage I lung cancer. Chest 126: 1198–203 (2004)
- 11. Hata M, Tokuuye K, Kagei K, et al: Hypofractionated high-dose proton beam therapy for stage I non-small-cell lung

- cancer: preliminary results of a phase I/II clinical study. Int J Radiat Oncol Biol Phys 68:786-93 (2007)
- 12. Orecchia R, Zurlo A, Loasses A, et al: Particle beam therapy (hadrontherapy):basis for interest and clinical experience. Eur J Cancer 34:459-68 (1998)
- Laramore GE: Role of particle radiotherapy in the management of head and neck cancer. Curr Opin Oncol 21:224–31 (2009)
- 14. Jereczek-Fossa BA, Krengli M, Orecchia R: Particle beam radiotherapy for head and neck tumors: radiobiological basis and clinical experience. Head Neck 28:750-60 (2006)
- Hug EB, Sweeney RA, Nurre PM, Holloway KC, Slater JD, Munzenrider JE: Proton radiotherapy in management of pediatric base of skull tumors. Int J Radiat Oncol Biol Phys 52:1017-24 (2002)
- Munzenrider JE, Liebsch NJ: Proton therapy for tumors of the skull base. Strahlenther Onkol 175:57–63 (1999)
- Noël G, Habrand JL, Jauffret E, et al: Radiation therapy for chordoma and chondrosarcoma of the skull base and the cervical spine. Prognostic factors and patterns of failure. Strahlenther Onkol 179:241-8 (2003)
- Van de Werf E, Verstraete J, Lievens Y: The cost of radiotherapy in a decade of technology evolution. Radiother Oncol 102(1):148-53 (2012)
- Van de Werf E, Lievens Y, et al: Time and motion study of radiotherapy delivery: Economic burden of increased quality assurance and IMRT. Radiother Oncol 93(1):137–40 (2009)
- 20. Lievens Y, van den Bogaert W, Kesteloot K: Activity-based costing: a practical model for cost calculation in radio-therapy. Int J Radiat Oncol Biol Phys 57(2): 522-35 (2003)