

Correlation of Glasgow Prognostic Score or Procalcitonin to Clinical Variables in Patients with Pretreatment Lung Cancer

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Unfortunately, the five-year survival rate of lung cancer is relatively low compared with other cancers. Therefore, better predictors are need for prognosis, therapeutic strategy, risk stratification and predicting long-term mortality of lung cancer. Recently, increasing data suggest that Glasgow Prognostic Score (GPS) and procalcitonin levels are useful predictor cancer prognosis. In this study, we retrospectively investigated the correlation of GPS or procalcitonin to clinical variables in patients with pretreatment lung cancer. In 135 patients with pretreatment lung cancer, GPS, procalcitonin, demographic characteristics, hematological, coagulation, biochemical, inflammatory and cardiac markers were measured. Monocyte, eosinophil, basophil, neutrophil to lymphocyte ratio, red cell distribution width (RDW), platelet to lymphocyte ratio, mean platelet volume to platecrit ratio, D-dimer and prothrombin time (PT) levels were higher, whereas mean platelet volume was lower than their normal ranges. Glucose and sodium levels were low, whereas gamma glutamyl transferase (GGT), total bilirubin, creatinine and inorganic phosphorus concentrations were increase compared their normal ranges. Procalcitonin, high sensitivity C-reactive protein and troponin-I concentrations were elevated compared with their normal ranges. GPS had significantly positive or negative relations to cancer stage, hematological, coagulation, biochemical, inflammatory and troponin-I. Based on the data, we suggest that GPS may be a potent and useful predictor for prognosis, therapeutic strategy, risk stratification and predicting long-term mortality of lung cancer.

Key Words: Lung cancer, GPS, Procalcitonin, Hematological variable, Biochemical variable

INTRODUCTION

Cancer remains the leading cause of death worldwide in individuals aged 60~70 years. Lung cancer is especially difficult to detect early and treat and thus has been considered as a major life-threatening malignancy. It is estimated

that lung cancer is diagnosed in about 1.8 million patients and causes more than 1.5 million deaths each year (Fitzmaurice et al., 2015). Studies by Jung et al. (2015) showed that lung cancer incidences in Korea were 61.0/100,000 men and 26.8/100,000 women in 2012. Also, based on the National Cancer Center in the Republic of Korea reported that lung cancer incidence rate is 13.8% in males and 6.1% in

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females, respectively (<http://www.cancer.go.kr/mb>). Approximately 85% of lung cancer is due to the effects of smoking followed by genetic factors, radon gas, particulate matter, asbestos and air pollution exposure (Shackelford et al., 2014). The types of lung cancer include non-small cell carcinoma and small cell carcinoma that account for approximately 80% and 10~20% of the total cases, respectively. Unfortunately, despite recent advances in lung cancer research and the use of novel therapeutic agents for lung cancers, the five-year survival rate of lung cancer is relatively low compared with other cancers and remains as low as about 15% (<http://www.cancer.org/>) (Siegel et al., 2013). Therefore, development of useful biomarkers or indices may be need for evaluating and predicting risk stratification and long-term mortality of lung cancer.

Recently, accumulated data have shown that host inflammatory responses play an important role in the development and progression of cancer (Lee et al., 2015; McDonald et al., 2009; Tenesa et al., 2010). Especially, C-reactive protein (CRP) or high sensitivity CRP (hs-CRP) levels combined with albumin concentrations (termed the Glasgow Prognostic Score, GPS) had been considered as markers of inflammation and a predictor of cancer-associated survival period (McMillan, 2013). The mortality with cancer is elevated in proportion to increased GPS (McMillan, 2013; Proctor et al., 2013). In addition, Rast et al. (2015) demonstrated that procalcitonin (PCT) improves GPS for outcome prediction in emergency patients with cancer. CRP and PCT have been used as markers to identify sepsis in surgical departments. C-reactive protein levels on postoperative day 3~5 have been shown to provide valuable information with regards to the risk of anastomotic leakage (Singh et al., 2014). However, elevated PCT levels emerge before compared with CRP in inflammatory period.

PCT, specific markers for infections, was first introduced in medical literature in 1975 (Dumache et al., 2015). PCT is a 116-amino acid prohormone of calcitonin (CT) and is produced mainly by C-cells of the thyroid gland. It has a molecular weight of 13 kDa (Liu et al., 2015). In healthy state or in the absence of infections, PCT levels in the blood is very low (<0.1 ng/mL). In case of infection, this protein is synthesized in liver, lung, kidney, intestine, and almost

all other tissues throughout the body. Physiological and inflammatory PCT is coded by the same CALC-I gene, located on chromosome 11. A recent report hypothesized that sepsis-associated increase of PCT is mediated by stimulus-specific factors within the promoter of this gene (Liu et al., 2015). The inflammatory PCT is proteolytic cleaved by neither intracellular nor plasma enzymes. So if PCT is secreted into the circulation, it remains there unchanged with a half-life of 25~30 hours. For this reason, PCT has been termed as a hormokine. The production of PCT during inflammation can be induced by the bacterial endotoxin of gram-negative bacteria or by proinflammatory cytokines (eg, IL-1 and IL-6 or TNF α) (Maruna et al., 2000). The clinical interpretation of elevated PCT concentration in blood represents a great challenge in cancer patients since its values might be influenced by several factors such as the presence of metastasis or neuroendocrine function of malignant tissue (eg, small-cell lung cancer). In these cases, PCT concentrations can be elevated regardless of infections, manifesting a poor specificity for bacterial infection (Patout et al., 2014).

PCT and CT levels are also elevated in patients with medullary thyroid cancer (MTC), and both these proteins are considered to be markers for this disease. A significant correlation between CT and PCT has been observed in patients with MTC but not in infections. In contrast to CT, PCT is more stable and specific in both serum and plasma. PCT measurement is cheaper and more easily available in many hospital laboratories, so it is a good alternative to CT measurement for the management of patients with MTC (Kaczka et al., 2012). Reported PCT levels in patients with generalized metastatic disease are inconsistent. Matzaraki et al. (2007) indicated that patients with solid tumors, metastasis, and no evidence of infection had markedly elevated PCT levels, especially those with generalized metastatic disease. The authors suggested that PCT may serve as an early marker for the progression of neoplastic disease (Matzaraki et al., 2007). However, these findings were in contrast to the report of Giovanella et al. (2010) who demonstrated that solid carcinoma at different stages "per se" did not result in elevated circulating PCT concentrations above 0.5 ng/mL. They were examined in a population of 390 aseptic patients with breast, head and neck, ovary, cervix, and

non-small-cell lung carcinoma, with or without metastasis. Furthermore, there were few studies for explaining a relationship between GPS and PCT. Therefore, in this study we investigated to clarify the relationship between GPS and PCT in patients with pretreatment lung cancer.

MATERIALS AND METHODS

Patient population and Glasgow Prognostic Score

From 2010 January to 2015 May, this study was retrospectively performed in 135 adult patients (30~70 years of age) with pretreatment or non-surgical lung cancer at 'A' hospital located in Busan. The demographic characteristics of study population (gender, age, cancer stage, body weight) are displayed in Table 1. This study was approved by both the Institutional Review Board of Catholic University of Pusan and 'A' hospital. All patients gave prior consent to this study. Glasgow Prognostic Score (GPS) was defined by serum albumin and high sensitivity C-reactive protein (hs-CRP) levels (Table 2).

Hematological analysis and blood coagulation test

3 mL of the patient's blood was poured into ethylenediamine tetraacetic acid (EDTA) tube for measuring CBC (complete blood cell count) with Hematology Analyzer (BC-2800 ver., Shenzhen Mindary Bio-Medical Electronics Co., Ltd., Germany). The prothrombin time (PT), activated partial thromboplastin time (aPTT) and D-dimer levels were analyzed by CA-7000 (SYSMEX, Japan) with percentage point detection method.

Biochemical analysis

The isolated sera of the study population were used for measuring total protein, albumin, glucose, aspartate aminotransferase (AST), alanine aminotransferase (ALT), alkaline phosphatase (ALP), total bilirubin, blood urea nitrogen (BUN), creatinine, uric acid, inorganic phosphorus, sodium and potassium concentrations by Autoanalyzer 9005 (Human Lab., Germany). Inflammatory biomarkers (procalcitonin, ha-CRP, amylase, and lipase) and cardiac biomarkers [lactic dehydrogenase (LDH), brain natriuretic peptide (BNP), and troponin-I (TNI)] markers were measured

Table 1. Demographic characteristics of study population

Variable	Mean	SD
Total number (n)	135	
Gender (M : F)	108 : 27	
Cancer stage	3.07	1.09
Age (years)	57.21	15.76
Body weight (kg)	66.30	15.97

Data are expressed as mean \pm SD (standard deviation).

Table 2. Definition of the Glasgow Prognostic Score (GPS)

Variable	GPS
hs-CRP \leq 10 mg/L and albumin \geq 35 g/L	0
hs-CRP >10 mg/L	1
Albumin \leq 35 g/L	1
hs-CRP >10 mg/L and albumin \leq 35 g/L	2

hs-CRP, high sensitivity C-reactive protein.

by THOSHIBA 200FR (Toshiba medical system Co., Japan) and ADVIA CENTAUR XP (SIEMENS, USA) with absorption method and chemiluminescent microparticle immunoassay method, respectively. Relationships of GPS or PCT to the variables of study population were statistically assessed.

Statistical analysis

Data were presented as mean \pm standard deviation (SD). Relationships of GPS or PCT to the variables of study population were Pearson's correlation. Statistical significance was accepted with $P < 0.05$.

RESULTS

Demographic characteristics

The demographic characteristics of the study population are shown in Table 1. A total of 135 patients (135 males, 27 females) were enrolled in this study. The cancer stage was on average 3.07 ± 1.09 . The age distribution was 57.21 ± 15.76 years.

Hematological variables and blood coagulation

The hematological variables of the study population are

Table 3. Hematological variables of the study population

Variable	Mean \pm SD	Reference value
T-leukocyte ($10^3/\mu\text{L}$)	7.96 \pm 3.15	3.04~9.64
Neutrophil (%)	52.38 \pm 22.68	38.30~74.70
Lymphocyte (%)	23.86 \pm 11.21	21.20~51.00
Monocyte (%)	10.03 \pm 5.29*	2.70~8.00
Eosinophil (%)	13.13 \pm 6.39*	0.20~8.40
Basophil (%)	8.14 \pm 7.37*	0.20~2.00
N/L ratio	2.19 \pm 0.90*	1.46~1.79
RBC ($10^6/\mu\text{L}$)	4.01 \pm 1.23	3.78~5.52
Hematocrit (%)	37.58 \pm 10.06	35.60~51.10
Hemoglobin (g/dL)	13.59 \pm 2.67	10.80~17.20
MCV (fL)	89.24 \pm 9.05	85.00~102.50
MCHC (g/dL)	32.70 \pm 1.92	30.70~34.80
RDW (%)	16.84 \pm 2.30*	11.90~14.50
Platelet ($10^3/\mu\text{L}$)	249.20 \pm 49.91	148.00~361.00
P/L ratio	131.05 \pm 29.36*	72.06~127.59
PDW (%)	12.48 \pm 2.74	9.80~16.20
MPV (fL)	7.48 \pm 3.54*	9.40~12.60

Data are expressed as mean \pm SD. *, abnormal range. T-total; N/L ratio, neutrophils to lymphocytes ratio; RBC, red blood cells; MCV, mean corpuscular volume; MCHC, mean cell hemoglobin concentration; P/L ratio, platelets to lymphocytes ratio; MPV, mean platelet volume; PDW, platelet distribution width; RDW, red cell distribution width.

shown in Table 3. Of the many parameters examined the monocyte, eosinophil basophil levels and red cell distribution width (RDW) levels, neutrophil/lymphocyte ration and the platelet/lymphocyte ratio were significantly higher in the study population were higher compared to the normal range. In contrast, the mean platelet volume (MPV) levels were significantly lower compared to the normal range. In the blood coagulation analysis, we found that the prothrombin time (PT) levels and D-dimer levels were higher than normal whereas the activated partial thromboplastin time (PTT) levels were within the normal range (Table 4).

Biochemical analysis

In the study population, blood glucose and sodium levels were lower in the study population compared to the normal range. In contrast, blood gamma-glutamyl transferase (GGT), total-bilirubin, creatinine and inorganic phosphorus concen-

Table 4. Coagulation variables of study population

Variable	Mean \pm SD	Reference value
PT (sec)	9.60 \pm 1.24*	10.0~14.0
aPTT (sec)	20.49 \pm 8.84	20.0~40.0
D-dimer (mg/L)	1.41 \pm 1.24*	<0.55

Data are expressed as mean \pm SD. *, abnormal range. PT, prothrombin time; aPTT, activated partial thromboplastin time.

Table 5. Biochemical variables of the study population

Variable	Mean \pm SD	Reference value
T-protein (mg/dL)	6.35 \pm 4.35	6.70~8.30
Albumin (mg/dL)	4.15 \pm 2.20	3.20~4.30
Glucose (mg/dL)	62.00 \pm 21.90*	70~99
AST (IU/L)	16.81 \pm 19.68	<37
ALT (IU/L)	17.07 \pm 28.46	<41
ALP (IU/L)	52.15 \pm 51.93	45~129
GGT (IU/L)	171.08 \pm 40.32*	8~61
T-bilirubin (mg/dL)	17.59 \pm 13.94*	0.01~1.20
BUN (mg/dL)	15.34 \pm 14.15	6~20
Creatinine (mg/dL)	3.11 \pm 1.65*	0.60~1.20
Uric acid (mg/dL)	2.06 \pm 2.22	2.10~7.70
Inorganic phosphorus (mg/dL)	5.49 \pm 5.21*	2.50~4.50
Sodium (mmol/L)	110.45 \pm 23.87*	136~146
Potassium (mmol/L)	4.46 \pm 3.13	3.30~5.10

Data are expressed as mean \pm SD. *, abnormal range. T, total protein; AST, aspartate aminotransferase; ALT, alanine aminotransferase, ALP, alkaline phosphatase; GGT, gamma-glutamyl transferase; BUN, blood urea nitrogen.

trations were higher than normal (Table 5). We further examined various inflammatory and cardiac markers. We found that procalcitonin, high sensitivity C-reactive protein (CRP) and Troponin-I (TNI) were detected at higher levels compared to normal (Table 6). Other variables were found to be within the normal range.

Correlation of GPS and procalcitonin to demographic data

We assessed whether the GPS and procalcitonin exhibited correlations with the demographic data from Table 1. We found a positive correlation of GPS to cancer stage ($P <$

Table 6. Inflammatory and cardiac markers of the study population

Variable	Mean \pm SD	Reference value
Procalcitonin (ng/mL)	21.73 \pm 10.01*	<0.10
HS-CRP (mg/dL)	5.84 \pm 3.11*	<0.50
Amylase (IU/L)	14.11 \pm 13.24	2.50~115
Lipase (IU/L)	56.60 \pm 30.35	<60
LDH (U/L)	271.65 \pm 198.55	240~480
BNP (pg/mL)	9.73 \pm 4.80	29~121
Troponin-I (ng/mL)	8.27 \pm 6.56*	0.01~0.06

Data are expressed as mean \pm SD. *, abnormal range. HS-CRP, high sensitivity C-reactive protein; BNP, brain natriuretic peptide; LDH, lactic dehydrogenase.

Table 7. The relationship of GPS or procalcitonin to demographic data of the study population

Variable	GPS (<i>r</i>)	Procalcitonin (<i>r</i>)
Male	NS	NS
Female	NS	NS
Age	NS	NS
Body weight	NS	NS
Cancer stage	0.32***	NS

***, $P < 0.001$.

Abbreviation: *r*, correlation coefficient; NS, not significant.

0.001), but not to other variables such as gender, age nor body weight (Table 7). There were no statistically significant relationship between procalcitonin levels and all variables examined.

Correlation of GPS and procalcitonin levels to hematologic, coagulation, biochemical, inflammatory and cardiac markers

We investigated the correlation between GPS and various hematologic variables. We found that with the exception of one parameter (i.e. RBC counts), GPS either positively or negatively correlated with hematological variables to varying degrees (Table 8). In contrast, procalcitonin positively correlated only with RBC counts and hematocrit levels (Table 8). As for coagulation variables, GPS negatively correlated with PT or aPTT whereas procalcitonin shown no statistically significant correlation with PT, aPTT and D-dimer levels

Table 8. The relationship of GPS or procalcitonin to hematological variables

Variable	GPS (<i>r</i>)	Procalcitonin (<i>r</i>)
T-leukocyte	0.48***	NS
Neutrophil	-0.31**	NS
Lymphocyte	-0.33**	NS
Monocyte	0.45***	NS
Eosinophil	0.41***	NS
Basophil	0.42***	NS
N/L ratio	0.43***	NS
RBC	NS	0.69***
Hematocrit	-0.45***	0.23*
Hemoglobin	-0.31**	NS
MCV	-0.48***	NS
MCHC	0.42***	NS
RDW	0.50***	NS
Platelet	-0.31**	NS
P/L ratio	0.43***	NS
PDW	0.40***	NS
MPV	-0.39***	NS

*, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$.

r, correlation coefficient; NS, not significant.

Table 9. The relationship of GPS or procalcitonin to coagulation variables

Variable	GPS (<i>r</i>)	Procalcitonin (<i>r</i>)
PT	-0.54***	NS
aPTT	-0.38***	NS
D-dimer	NS	NS

***, $P < 0.001$.

r, correlation coefficient; NS, not significant.

(Table 9). GPS showed either a positive or negative relationship to albumin, glucose, AST, ALT, ALP, total bilirubin, BUN, uric acid, inorganic phosphorus and sodium levels whereas procalcitonin showed no statistically significant correlation with all the parameters examined (Table 10). Finally, we examined correlations between GPS and procalcitonin with the inflammatory and cardiac markers. We found that GPS negatively correlated with procalcitonin, hs-CRP, amylase, LDH, BNP and TNI. Additionally, procalcitonin levels positively correlated with amylase, BNP

Table 10. The relationship of GPS or procalcitonin to biochemical variables

Variable	GPS (<i>r</i>)	Procalcitonin (<i>r</i>)
T-protein	NS	NS
Albumin	-0.38 ^{***}	NS
Glucose	-0.37 ^{***}	NS
AST	0.27 ^{***}	NS
ALT	0.20 [*]	NS
ALP	0.23 [*]	NS
GGT	NS	NS
T-bilirubin	0.36 ^{***}	NS
BUN	0.20 [*]	NS
Creatinine	NS	NS
Uric acid	-0.64 ^{***}	NS
Inorganic phosphorus	0.53 ^{***}	NS
Sodium	-0.43 ^{***}	NS
Potassium	NS	NS

^{*}, $P < 0.05$; ^{**}, $P < 0.01$; ^{***}, $P < 0.001$.
r, correlation coefficient; NS, not significant.

Table 11. The relationship of GPS or procalcitonin to inflammatory and cardiac markers

Variable	GPS (<i>r</i>)	Procalcitonin (<i>r</i>)
Procalcitonin	0.32 ^{***}	1
HS-CRP	0.31 ^{**}	NS
Amylase	0.48 ^{***}	0.29 [*]
Lypase	NS	NS
LDH	0.20 [*]	NS
BNP	0.56 ^{***}	0.51 ^{***}
Troponin-I	0.57 ^{***}	0.48

^{*}, $P < 0.05$; ^{**}, $P < 0.01$; ^{***}, $P < 0.001$.
r, correlation coefficient; NS, not significant.

and TNI (Table 11).

DISCUSSION

In the present study, GPS was found to significantly correlate with most variables, whereas procalcitonin correlated with a subset of the variables, suggesting that GPS is a more useful indicator than procalcitonin for evaluating and predicting lung cancer. Especially, GPS exhibited a positive correlation with cancer stage, indicating that advanced lung cancer can contribute to increased inflammation and aggravating symptoms. The detection of GPS is relatively easy and inexpensive and is a useful marker for assessing other cancers as well as lung cancer (Roxburgh et al., 2009; Nakayama et al., 2014; Tai et al., 2014; Platz et al., 2015). Lung cancer leads to interleukin-5 (IL-5) release and increase of eosinophil recruitment, resulting in infiltration, inflammation, allergic reaction in bronchopulmonary tissues, which generally leads to progression of disease (Huffnagle et al., 1998). Basophils are known to be involved in immediate hypersensitivity and cutaneous basophil hypersensitivity. Anthony (1982) demonstrated that basophil counts were

elevated in patients with squamous bronchial carcinoma and caused worse clinical conditions. Classical inflammatory monocytes and their derivative macrophages promote tumor metastasis (Cassetta and Pollard, 2015). We observed a positive relationship between GPS and monocytes, eosinophils and basophils but not procalcitonin, reflecting the importance of GPS for managing patients with lung cancer. This study shows negative correlation between GPS and neutrophils or lymphocytes. These findings suggest that decreased immunocompetence may occur with advanced lung cancer. Decreased immunocompetence can cause infections. The present study shows increased neutrophil/lymphocyte and platelet/lymphocyte ratio, which are inflammatory indicators, and positive relationships with GPS. These data are considered to be useful clinical finding for predicting the severity of lung cancer (Kemal et al., 2014; Unal et al., 2015).

Cancer can lead to inflammation and inflammation seems to play a critical role in the development and progression of numerous cancers by promoting cancer cell proliferation and survival, angiogenesis, tumor metastasis and impacting tumor response to systemic therapies (Mantovani et al., 2008). Platelets play an important and multifaceted role in cancer progression. Platelets can promote tumor growth with increasing angiogenesis by the cytokine vascular endothelial growth factor (Dvorak et al., 1995). Kaplan et al. (1979) and Dubernard et al. (1997) also demonstrated that platelets can release growth factors such as platelet-derived growth factor, platelet factor 4, and thrombospondin, which promote hema-

togenesis spread, adhesion and invasion of tumor cells, and angiogenesis and to play an important role in tumor progression (Qian and Tuszynski, 1996). Recently, Oncel et al. (2015) reported that platelet distribution width (PDW) level was significantly higher, whereas mean platelet volume (MPV) level was lower in lung cancer group compared to the control group. We also found that PDW showed a positive correlation, while MPV had negative relationship to GPS.

These results may represent potential use of platelet indices in diagnosis and prediction of lung cancer. Several studies have shown that RDW is a strong predictor for the morbidity and mortality of all clinical cases, including cancers for (Perlstein et al., 2009; Patel et al., 2010; Albayrak et al., 2014). Our findings also show positive correlation between GPS and RDW which is in agreement with their results. However, platelet counts were negatively related with GPS. Previous studies have reported that platelet counts were elevated in lung cancer, including other cancers (Akinbami et al., 2013; Kim et al., 2014). Cancer cells secrete numerous humoral factors, which lead to thrombocytosis and activation of coagulation system. Although it was compared with normal population, observations that platelet count was normal ranges and negative correlation to GPS may mean the development of DIC disseminated intravascular coagulation (DIC), which is a pathological process characterized by the widespread activation of the clotting cascade that results in the formation of blood clots in the small blood vessels throughout the body. Increased D-dimer levels and negative relation to GPS in the present study support this possibility. D-dimer is a stable end product of fibrin degradation and its increase in blood reflects enhanced clotting cascade and fibrinolysis (Bick, 1992). Zhou et al. (2013) demonstrated that increased plasma D-dimer levels are associated with low mortality in lung cancer patients. Our and other data suggest that lung cancer can cause both coagulation and fibrinolytic system activations.

MPV was negatively related with GPS, indicating that increased GPS (inflammatory indicator) contribute to decrease of MPV, leading to worse consequence and low mortality (Oncel et al., 2015). On the other hand, most biochemical variables were significantly related with GPS,

but not procalcitonin. Even though their levels were normal, albumin negatively correlated, while AST, ALT and ALP positively correlated with GPS suggesting that advanced lung cancer can lead to liver dysfunction (Proctor et al., 2013). Glucose and sodium levels were lower, while GGT, total bilirubin, creatinine and inorganic phosphorus levels were higher than their respective normal ranges. Decreased glucose concentration may attribute to patients' malnutrition. Hyponatremia is an electrolyte disorder commonly encountered in oncology practice. It is associated with life-threatening neurological complications. Mild hyponatremia is defined as a serum sodium level <135 mEq/L, moderate <132 mEq/L, severe <130 mEq/L and life-threatening <125 mEq/L or abnormal sodium level with clinical signs (Palmer et al., 2003; Onitilo et al., 2007). In the present study, mean sodium concentration was 110.45 ± 23.87 mEq/L and was negatively related GPS, suggesting that lung cancer can lead to severe hyponatremia and life-threatening neurological complications. Lung cancer-induced hyponatremia is due to abnormal secretion of anti-diuretic hormone (Karczmarek-Borowska et al., 2014). Therefore, sodium levels, including other electrolytes should be controlled for lung cancer patients. Phosphorus level was higher than its normal range. Phosphorus is one of the most important elements in cells and organisms. Cell structure depends on phospholipids, energy production and storage depend on phosphorylated compounds, and the genetic information is contained in phosphate-containing DNA and RNA. Thus, phosphate is vital to normal physiological function and plays a role in intracellular signaling membrane function, energy metabolism, and bone mineralization (Sommer et al., 2007). A recent study reported that phosphorus and magnesium levels are predictive of disease in lung cancer patients, suggesting that phosphorus and magnesium levels may be important for stratifying patients to specific treatment protocols or intensifying their therapies (Kouloulis et al., 2015). Cancer cells that proliferate rapidly require a high amount of ribosome and other P-rich RNA components that are necessary to manufacture proteins (Kouloulis et al., 2015). Consequently it is a theoretical belief that tumor cells are richer in phosphorus than the surrounding tissue, and that they are promoting their metastasis due to their nutrient demands

(De Carvalho and Caramujo, 2012). Phosphorus levels were positively related with GPS, meaning that increased inflammation attributable to lung cancer can result in elevated phosphorus concentrations and acceleration of metastasis. Procalcitonin, hs-CRP (inflammatory marker) and TNI (cardiac marker) levels were higher than their normal ranges, indicating the development of lung cancer-induced inflammation and age-induced potential coronary disease. Procalcitonin, hs-CRP, amylase, LDH, BNP and TNI levels positively correlated with GPS, suggesting that GPS can be a useful indicator for predicting other inflammatory and cardiovascular diseases, including lung cancer. In conclusion, our study suggest that GPS may be a potent and useful predictor for prognosis, therapeutic strategy, risk stratification and predicting long-term mortality of lung cancer.

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Conflict of interest

The authors state that there is no conflict of interest.

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