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# **Evaluation of Honey and Rice Syrup as Replacements for Sorbitol in the Production of Restructured Duck Jerky**

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**ABSTRACT:** The aim of this study was to evaluate the potential of natural humectants such as honey and rice syrup to replace sorbitol in the production of restructured duck jerky. Each humectant was mixed at 3%, 6%, and 10% (wt/wt) concentrations with the marinating solution. The values of water activity and the moisture-to-protein ratio of all of the samples were maintained below 0.75. Jerky samples treated with honey retained more moisture than those exposed to other treatments. Among all samples, those treated with 10% sorbitol produced the highest processing yield and the lowest shear force values. The highest L\* value and the lowest b\* value were observed for the sorbitol-treated sample, followed by the rice syrup- and honey-treated samples. Duck jerky samples treated with 10% honey showed the highest scores for the sensory parameters evaluated. The overall acceptability scores of samples treated with rice syrup were comparable with those of samples treated with sorbitol. Microscopic observation of restructured duck jerky samples treated with honey showed stable forms and smaller pores when compared with other treatments. (**Key Words:** Honey, Rice Syrup, Sorbitol, Restructured Duck Jerky)

# INTRODUCTION

Meat jerky is a popular snack that is easily found in retail shops worldwide. Consumption of poultry, including duck, grows annually in accordance with meat production. For example, poultry meat production grew 1.6% from 2013 to 2014, while that of beef, pork, and lamb increased 0.5%, 1.1%, and 0.5%, respectively (FAO, 2015), indicating consumer preference for poultry. An increase in overall duck meat consumption stimulated the idea of using it to develop a new similarly processed product. Duck meat has its own specific taste and positive reputation as a healthy food, and it can be processed into a unique meat jerky that is different from other conventional jerky products. Moreover, white meat showed lower fat content, cholesterol, easier to handle portions, and less religious barriers compared to red meat (Jaturasitha et al., 2008). Besides, the

use of tenderloin for manufacturing a duck jerky could be valuable because tenderloin has been treated as a byproduct and is cheaper than the other parts such as breasts and legs in South Korea. Therefore, duck jerky made of tenderloin can be an innovation to meet consumer demand for a healthier and less expensive duck meat product.

However, the drawbacks of manufacturing meat jerky using duck meat instead of beef and pork meat include the soft texture, pale colour, and specific odour. An appropriate choice of humectant is therefore a prerequisite for preserving the intermediately moistened texture of such jerky products. Honey is a well-known traditional food that contains around 200 nutritive substances including vitamins, proteins, minerals, organic acids, flavonoids, phenolic acids, enzymes and other phytochemicals (Bertoncelj et al., 2007). It is the only natural humectant in a concentrated sugar form that is used in food preservation worldwide (FAO, 1996). Moreover, honey has been reported to provide antioxidant effects, and to protect food from oxidative deterioration due to light, heat, and some metals (Gheldof and Engeseth, 2002; McKibben and Engeseth, 2002). As a natural

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antioxidant, honey also provides health benefits, such as antimicrobial and antiviral activities, reduction of the risk of heart and gastrointestinal diseases, and wound healing (Nagai et al., 2006).

Rice syrup is also a natural humectant, consisting of dextrin, maltose, maltotriose, and a small amount of glucose. It is produced by digesting cooked rice starch with saccharifying enzymes, followed by sieving and evaporation of the liquid until the desired consistency is obtained. Traditionally, saccharification is achieved by sprouting barley grains in rice starch; however, industrial processes typically use enzymes purified from bacterial or fungal sources.

Sorbitol is an artificial humectant that is widely used in the jerky industry for several reasons: it has a low caloric value, is well tolerated by diabetics, extends the shelf life of food products, and does not cause browning in food when heated (Emerton and Choi, 2008). Sodium chloride, glycerol, propylene glycol, sucrose, corn syrup, and dextrose are also commonly used (Michio et al., 1987). Presently, trends in consumer lifestyle indicate preference for natural products, which are regarded to be safer and healthier than synthetic ones (Rajalakshmi and Narasimhan, 1996). Sorbitol, as it were, is considered "unnatural" by consumers. This study aims to evaluate the physicochemical characteristics of duck jerkies treated with honey and rice syrup and compare them to those treated with sorbitol at

different concentrations.

#### **MATERIALS AND METHODS**

#### Preparation of restructured duck jerky samples

Duck meat samples (tenderloin with pH 6.00±0.11) were purchased from a local company (90 Ori-Q, Sonja Ryong Food, Pyeongchang, Korea). Restructured duck jerky is manufactured according to the process illustrated in Figure 1 and the recipe listed in Table 1. Tenderloin was collected from slaughtered ducks, and frozen at -18°C until experiments were conducted, usually within 2 d. The frozen meat was thawed at 5°C for 24 h prior to processing. The pH value of marinating solutions was 4.83±0.02. Honey (Acacia honey, Nonghyup National Agricultural Corp. Fed., Seoul, Korea), rice syrup (Ssalveot, Ottogi Co., Ltd., Gangnam, Korea), and sorbitol (Sorbitol powder, Taewon Food Industry Co., Ltd., Ansan, Korea) were used as humectants. Each humectant was added at 3%, 6%, and 10% (wt/wt) of the weight of raw meat. All subcutaneous and intramuscular fat were trimmed off, and meat was ground for 5 min using PM-85 (Mainca, Granollers, Barcelona, Spain) fitted with a plate of 8-mm mesh. Subsequently, ground meat was marinated for 10 min in various solutions.

The mixture from each treatment was placed in different stainless bowls. The batter was stuffed into a jerky gun (37-0111-W, Weston Products, Strongsville, OH, USA) and then

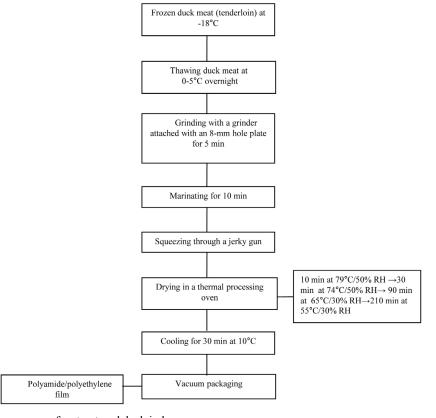


Figure 1. Manufacturing process of restructured duck jerky.

Table 1. Recipe for restructured duck jerky

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Ingredients	Formulation (%, wt/wt)
Duck meat	100.00
Water	2.60
Salt	1.32
White pepper	0.19
All spices	0.09
Garlic powder	0.22
Ginger powder	0.14
Ascorbic acid	0.08
Soybean sauce	3.78
Sugar	1.89
Paprika powder	0.43
Smoke oil	0.05
Onion powder	0.24
Red pepper	0.31
Black pepper	0.14
Celery powder	0.28
Tartaric acid	0.03
Nucleotide powder	0.07
Flavouring powder	0.60
Humectants <sup>1</sup>	3.0/6.0/10.0

<sup>&</sup>lt;sup>1</sup> Humectants treatments: addition of 3%, 6%, and 10% concentrations of honey, rice syrup, and sorbitol based on raw meat weight (wt/wt).

squeezed onto parchment paper in  $12\times2\times0.5$  cm pieces. The samples were dried in a thermal processing oven (FX61E1, Angelo Po, Modena, Italy) according to the following conditions: 10 min at  $79^{\circ}\text{C/50\%}$  relative humidity (RH), 30 min at  $74^{\circ}\text{C/50\%}$  RH, 90 min at  $65^{\circ}\text{C/30\%}$  RH, and 210 min at  $55^{\circ}\text{C/30\%}$  RH, before cooling at  $10^{\circ}\text{C}$  for 30 min. After drying and cooling process the restructured duck jerky samples were vacuum packed in a polyamide/polyethylene film with  $O_2$  permeability at  $47 \text{ cm}^3/\text{m}^2 \cdot \text{d} \cdot \text{atm}$  (Jinsung Chemical Co., Ltd., Busan, Korea).

# Water activity (a<sub>w</sub>)

Five grams of duck jerky were cut into small pieces using a pair of sharp scissors. The pieces were placed in an aluminium cup, and water activity ( $a_w$ ) was determined using a bench top water activity meter (Aqua Lab 4 TE, Decagon Devices Inc., Pullman, WA, USA) that had been calibrated at 25°C with an unsaturated solution of NaCl, the  $a_w$  of which is 0.76.

## Moisture-to-protein ratio

Moisture-to-protein ratio (MPR) was determined by dividing the moisture content by the protein content of sample (AOAC, 2007). For the determination of moisture content, five grams of finely chopped samples were dried in an aluminium dish using a halogen moisture drying machine (US/SX-2000, Tekmar-Dorhmann, Mason, OH, USA). The weight difference of samples before and after drying was determined in triplicate on each duck jerky

treatment. The protein content was determined by using a Kjeldahl nitrogen analyzer (KjelFlex K-360, Buchi Labortechnik, Flawil, Switzerland), in accordance with the Kjeldahl procedure. A sample of 0.5 g was placed in a digestion tube along with two tablets containing potassium sulphate and selenium, mixed with 20 mL concentrated  $\rm H_2SO_4$ , and then heated for 1.5 h. After cooling for 30 min at ambient temperature, the solution was titrated at 20°C with 20 mL HCl in an 877 Titrino Plus titration machine (Metrohm, Herisau, Switzerland). Data were recorded automatically after the pH reached 3.8.

#### pH value

The pH value was measured in triplicate using a digital pH meter (Sg2-ELK, Mettler Toledo Co., Ltd., Greifensee, Switzerland). Duck jerky was cut into small pieces, and ground in 40 mL distilled water using a laboratory blender (Waring Commercial, Torrington, CT, USA) operated at low and high speeds for 40 s each. Ten grams of the resulting slurry were then homogenized using a T 18 Ultra-Turrax homogenizer (IKA Werke GmbH & Co., Staufen, Germany), and pH was measured in triplicate. The pH meter was calibrated at 25°C with standard buffers pH 4.0, 7.0, and 10.0.

#### **Processing yields**

Processing yields were determined using the method of Han et al. (2011). Processing yields were calculated by dividing the sample weight after drying by the weight before drying as follows:

## **Shear force**

Shear force (N/cm²) was determined according to Faucitano et al. (2008). Briefly, duck jerky was cut into 2×2×0.3 cm size, and shear force was measured in cross-sectional square cores at approximately the same location in each of 10 samples. Shear force measurements were carried out using a texture analyzer (TA.XT.plus, Texture Technologies Corp., Scarsdale, NY, USA) equipped with a heavy duty platform/blade set (HDP/BS) probe at a height of 6 mm, and 50% strain. Samples were sheared crosswise with a 30-kg cell at a speed of 1.5 mm/s. The probe was calibrated prior to measurement.

#### 2-Thiobarbituric acid reactive substance (TBARS)

The 2-Thiobarbituric acid reactive substance (TBARS) analysis was conducted using the method described by Sinhuber and Yu (1977). Briefly, 0.4 g jerky was weighed into a 30 mL screw-capped pyrex tube (Pyrex, Bentonville,

AR, USA), and mixed with 2 to 3 drops of antioxidant, 3 mL 2-thiobarbituric acid, and 17 mL trichloroacetic acid (TCA)-HCl. The antioxidant solution was composed of mixtures of 0.3 g butylated hydroxyl anisole and 5.4 g propylene glycol, or of 0.3 g butylated hydroxyl toluene and 4.0 g Tween 20. TCA-HCl was prepared by dissolving 25 g trichloroacetic acid in 60 mL 0.6 N HCl, and then using distilled water to make the volume up to 1,000 mL. Treated samples were then vortexed, and incubated for 30 min at 100°C in a boiling water bath to develop colour. The sample was cooled in cold water for 10 min, and 5 mL of the supernatant was transferred to a 10 mL glass tube. The supernatant was mixed with 2 mL chloroform, and centrifuged for 15 min at 3,500 rpm. Finally, absorbance at 532 nm of the cleared supernatant was measured against a blank containing all reagents except the sample. TBARS was determined in triplicate and calculated according to;

TBARS (mg MDA/kg sample)  $= \frac{\text{(Absorbance sample - Absorbance blank)} \times 46}{\text{Sample weight (g)} \times 5}$ 

#### Surface color

The surface colour of duck jerky samples was measured according to the CIE L\* (whiteness), a\* (redness), and b\* (yellowness) system using a colorimeter (CR-400, Konica Minolta Sensing Inc., Tokyo, Japan), and then standardized to a white calibration plate (Y = 93.7, X = 0.3132, and Y = 0.3192). Surface colour was measured six times for each treatment.

#### Microstructure

Restructured duck jerky was examined microscopically following the method described by Hu et al. (2011), with some modifications. Approximately 5 g of sample were covered with aluminum foil, although small holes were made to allow air circulation. Samples were frozen at -18°C for 24 h, and then freeze-dried using Clean Vac (Hanil Science Industrial Co., Ltd., Incheon, Korea). Dried

jerky was fractured using a scalpel knife into pieces approximately 1×1×0.5 mm. Samples were then attached to the scanning electron microscope (SEM) stub with double-sided cellophane tape, and coated for 50 s at 0.05 mbar with 21.4 g/cm³ platinum (Pt) using an SPI-Module Sputter Coater (Leica EM SC005, Leica Mikrosysteme GmbH., Vienna, Austria). Sections of the sample were examined using Inspect F50 Quanta (FEI, Tokyo, Japan), a scanning electron microscope, at an accelerating voltage of 5.00 kV, 20,000× magnification, and 10.4 mm working distance.

#### **Sensory evaluation**

Sensory evaluation was performed by 11 to 12 panelists of Food Packaging Laboratory members who have experience in the quality assessment of meat jerky. Panelists evaluated samples in terms of colour, flavour, tenderness, sweetness, and overall acceptability using a 9-point hedonic scale described in Meilgaard et al. (1999). Samples were placed on polypropylene trays, tagged with three-digit random numbers, and presented to panelists under three-wavelength lamps at 1,200 lx. Panelists were asked to rinse their mouths between tastings using bottled water containing a few drops of apple vinegar (Ottogi Co., Ltd., Anyang, Korea).

#### Statistical analysis

Data were analysed using SPSS Statistics 12.0 for Windows Evaluation Version (SPSS, 2012). Statistical significance at p<0.05 was tested by one way analysis of variance and Duncan's multiple range tests.

## **RESULTS AND DISCUSSION**

## Water activity $(a_w)$ and moisture content

The values of  $a_{\rm w}$  and moisture content of restructured duck jerky treated with different concentrations of honey, rice syrup, and sorbitol are shown in Table 2. The measured  $a_{\rm w}$  values in all samples ranged between 0.709 and 0.744, indicating that the restructured duck jerky samples were

**Table 2.** Comparison of water activity, moisture content, and moisture-to-protein ratio of restructured duck jerkies prepared with honey, rice syrup, and sorbitol

Treatments	Concentration (%)	$a_{ m w}$	Moisture content (%)	Moisture-to-protein ratio
Honey	3	0.744±0.00a	36.15±0.04a	0.745±0.01a
	6	$0.733 \pm 0.00^{bc}$	$35.01\pm0.28^{bc}$	$0.730\pm0.03^{a}$
	10	$0.709 \pm 0.00^{g}$	$34.66\pm1.00^{abc}$	$0.720\pm0.03^{a}$
Rice syrup	3	$0.733 \pm 0.00^{bc}$	$33.93 \pm 1.26^{bcd}$	$0.745\pm0.02^{a}$
	6	$0.729\pm0.00^{c}$	$33.93\pm1.24^{bcd}$	$0.720\pm0.04^{a}$
	10	$0.725\pm0.00^{e}$	$32.76 \pm 0.74^{d}$	$0.720\pm0.00^{a}$
Sorbitol	3	$0.735\pm0.00^{b}$	$33.93 \pm 0.64^{bcd}$	$0.740\pm0.03^{a}$
	6	$0.732\pm0.00^{c}$	$32.84\pm0.01^{cd}$	$0.735\pm0.01^{a}$
	10	$0.713\pm0.00^{\rm f}$	30.87±0.31e	$0.705\pm0.04^{a}$

a-f Means±standard deviation in the same row with different superscripts are significantly different at p<0.05.

produced below 0.85, which is the critical limit value for the growth of bacteria. Maintaining an  $a_w$  below 0.85 is important for inhibiting Clostridium botulinum growth, which is tremendously toxic (McClure et al., 1994). For meat jerky, stability of  $a_{\rm w}$  is also necessary to avoid quality changes during storage (Leistner, 1985). Moreover, Banwart (1989) reports that low  $a_{\rm w}$  could extend the shelf life of food during storage. As reported by Quinton (1997) and Chang et al. (1996), meat jerky needs to be dried to  $a_{\rm w}$ in between 0.70 and 0.85 to achieve stability. Results show that samples treated with honey could retain more moisture than those treated with the same concentration of rice syrup or sorbitol. Moreover, samples treated with 10% honey showed the lower  $a_{\rm w}$  value while maintaining higher moisture content than samples treated with same concentrations of rice syrup and sorbitol (p<0.05). The ability of honey to stabilize  $a_{\rm w}$  has been reported by Gleiter et al. (2006) to be due to its glucose content. Moreover, we achieved far lower  $a_w$  values than those achieved by Cho and Lee (2000), who reported that  $a_{\rm w}$  in beef jerky treated with honey and rice syrup ranged between 0.78 and 0.82 at 0 d. Presumeably, this is because our samples might have been longer at a higher temperature than the previous studies. In this light, the relatively high amounts of moisture retained by 10% honey indicate that it could replace sorbitol at the same concentration. According to Lee and Kang (2003), moisture content and thermal conditions influence the tensile strength of ostrich jerky, which implies that jerky products with lower moisture content are more difficult to tear into bite-size pieces than those with higher moisture content.

## Moisture-to-protein ratio

The MPR of all samples ranged from 0.705 to 0.745 (Table 2), indicating that these products can be stored with minimal microbiological risk. MPR is one of the dryness parameters that determine the shelf life of dried meat products (Konieczny et al., 2007). Borneman et al. (2009)

define the MPR value of 0.75 as the upper limit for assuring microbiological safety in meat products. Our samples were in line with the industrial standard, and were not significantly affected by the concentration of humectant (p>0.05). As reported by Konieczny et al. (2007), jerky is classified as intermediate-moisture food with low fat  $(\pm 3.6\%)$  and moisture content  $(\pm 20\%)$ , high protein content  $(\pm 50\%)$ , relatively high amounts of table salt  $(\pm 6.0\%)$ , and water activity below 0.8.

## pH value

Measured pH levels are listed in Table 3. The pH values of the samples treated with honey and rice syrup were in the range of 5.97 to 6.04 and 5.99 to 6.02, respectively, while those of sorbitol were between 6.01 and 6.05. These results were slightly higher than the prior study conducted by Kim et al. (2014), who reported that the pH values of reconstructed duck jerky without humectants were in the range of 5.66 to 5.74. In our study, the pH values were not significantly different among the samples at the same concentration level (p>0.05), except that the 10% honey sample showed a significantly lower pH value than the 10% sorbitol sample (p<0.05). This might be related to the natural acidity as a result of the predominant fatty acid compounds such as gluconic acid (Naman et al., 2005). According to Han et al. (2011) the pH of semi-dried chicken jerky with humectants such as konjac, egg albumin, and isolated soy protein was measured to be in the range of 6.10 to 6.14, 6.10 to 6.17, and 6.14 to 6.15, respectively.

Tests did not detect significant differences in pH between addition of 6% and 10% honey and rice syrup (p>0.05). However, jerky treated with 10% sorbitol had higher pH than samples treated with honey at the same concentration (p<0.05). Interestingly, samples treated with a 10% honey had the lowest pH values. Indeed, the acidity might help maintain quality, as Ogahara et al. (1995) have reported that low pH inhibits or delays spoilage of dried meat due to mold and other microorganisms. From this

Table 3. Comparison of pH, processing yield, shear force, and TBARS of restructured duck jerkies prepared with honey, rice syrup, and sorbitol

Treatments	Concentration (%)	pН	Processing yield (%)	Shear force (N/cm <sup>2</sup> )	TBARS (mg MDA/kg)
Honey	3	6.04±0.02ab	45.27±1.42 <sup>cd</sup>	25.46±3.54ab	0.82±1.00a
	6	$5.99 \pm 0.03^{cde}$	46.34±1.71bc	22.06±3.67bc	$0.96\pm0.00^{a}$
	10	$5.97 \pm 0.00^{e}$	$46.96 \pm 1.27^{b}$	$20.05\pm2.57^{cd}$	$0.98\pm0.01^{a}$
Rice syrup	3	$6.02\pm0.00^{bc}$	$44.12\pm1.04^{d}$	29.31±3.49a	$0.73\pm0.08^{a}$
J 1	6	$6.00\pm0.01^{cd}$	44.18±1.11 <sup>d</sup>	$26.75 \pm 3.58^{ab}$	$0.56\pm0.42^{a}$
	10	$5.99\pm0.02^{de}$	$47.62 \pm 1.03^{b}$	18.48±3.68 <sup>cd</sup>	$0.43\pm0.50^{a}$
Sorbitol	3	$6.05\pm0.02^{a}$	$45.46 \pm 0.74^{cd}$	$26.66 \pm 1.16^{ab}$	$0.43\pm0.31^{a}$
	6	$6.01\pm0.00^{cd}$	$47.58\pm1.54^{b}$	17.70±1.44 <sup>cd</sup>	$0.43\pm0.16^{a}$
	10	$6.01\pm0.02^{cd}$	$49.39\pm1.14^{a}$	$16.62\pm2.36^{d}$	$0.43\pm0.16^{a}$

TBARS, 2-Thiobarbituric acid reactive substance.

<sup>&</sup>lt;sup>a-f</sup> Means±standard deviation in the same row with different superscripts are significantly different at p<0.05.

point of view, the samples with honey added as a natural humectant showed lower pH value than the samples treated with sorbitol, which could positively affect to inhibit microbial growth.

#### **Processing yields**

Processing yield values of duck jerkies with different concentration of humectants added are presented in Table 3. Processing yields ranged from 44.1% to 49.4%, and were positively correlated with humectants concentration. These results are in accordance with the study by Han et al. (2011), who demonstrated that application of various humectants increased processing yields of semi-dried chicken jerky. In this study, the increment in yield was greater with higher concentrations of sorbitol, and the highest yield was obtained with 10% sorbitol, even though there was no significant difference between samples treated with 6% and 10% honey, and between samples treated with honey and rice syrup at concentrations of 10% (p>0.05). Thus, application of 10% honey or rice syrup could potentially increase processing yield, but not to the same extent as 10% sorbitol (p<0.05).

#### Shear force

Measurements of shear force are presented in Table 3. Our data show that higher concentration of humectant generally decreases shear force, suggesting a tender product. Consumer acceptance of meat and meat products depends to some degree on tenderness (Kim and Lee, 2003), which is commonly determined by shear force measurement (Culler et al., 1978). In this study, out of all the humectant concentrations, samples treated with 10% humectant had the lowest shear force value, which tended to decrease with the higher addition of humectants. Based on these results, 10% honey or rice syrup produces better tenderness, and could substitute for sorbitol at the same concentration.

## 2-Thiobarbituric acid reactive substance

Lipid oxidation, as measured with TBARS (Table 3), was not significantly different among batches (p>0.05), and

ranged from 0.43 to 0.98 mg malondialdehyde/kg. Interestingly, incorporation of 10% honey increased TBARS reactivity, although not to a statistically significant extent. However, this result is in agreement with data from Cho and Lee (2000), which show higher TBARS reactivity in beef jerky cured with honey than in those cured in rice syrup. A prior study demonstrates that TBARS values between 0.5 and 1.0 have been suggested as the threshold for oxidized odour and samples with values above 1.0 tend to have an oxidized flavour (Sindelar et al., 2010). The TBARS values of the restructured duck jerky produced in this study were below the oxidation threshold for meat products.

#### Surface color

Colour as an indicator of meat quality is critical to consumers' purchase decisions (Brewer et al., 2002). Table summarizes the surface colour of duck jerky with Lightness manufactured different humectants. (Commission Internationale de l'Eclairage [CIE] L\*) was in the range of 24.51 to 27.15, 28.23 to 28.70, and 29.10 to 29.47 for jerky cured in honey, rice syrup and sorbitol, respectively. Samples treated with sorbitol showed higher CIE L\* values than those treated with rice syrup and honey, with the highest value obtained for samples treated with 10% sorbitol. Moreover, products treated with sorbitol have the highest CIE L\* value, followed by samples prepared with rice syrup and honey. Presumably, the reason is that sorbitol did not produce browning during drying, as has been reported (Emerton and Choi, 2008).

The CIE a\* values were in the range of 4.22 to 5.08 for honey, 4.04 to 4.66 for rice syrup, and 3.97 to 4.18 for sorbitol, respectively. Interestingly, samples treated with 3% honey showed the highest CIE a\* values, which shows that honey can maintain the red colour of duck jerky at low concentrations. Yellowness (CIE b\*) was in the range of 2.01 to 3.83, 1.75 to 2.57, and 1.51 to 1.65 for the jerkies manufactured with honey, rice syrup, and sorbitol, respectively. Yellowness tended to decrease with higher concentrations of humectants. Honey treatment resulted in

<b>Table 4.</b> Comparison	of surface color o	f restructured duck	jerkies pre	pared with honey.	, rice syrup, and sorbitol

Treatments	Concentration (%)	L*	a*	b*
Honey	3	24.51±0.70e	5.08±0.53a	3.83±0.31a
	6	25.03±0.59e	$4.23\pm0.57^{bc}$	$2.83\pm0.44^{b}$
	10	$27.15\pm0.53^{d}$	4.22±0.41 <sup>bc</sup>	$2.01\pm0.34^{c}$
Rice syrup	3	28.23±0.25°	$4.66\pm0.44^{ab}$	2.57±0.23 <sup>b</sup>
	6	28.34±0.47°	$4.36\pm0.31^{bc}$	$1.97\pm0.42^{c}$
	10	$28.70\pm0.41^{bc}$	4.04±0.51°	$1.75\pm0.16^{cd}$
Sorbitol	3	29.10±0.52ab	$4.18\pm0.27^{bc}$	$1.65\pm0.16^{cd}$
	6	$29.20\pm0.30^{ab}$	$4.06\pm0.37^{bc}$	$1.58\pm0.22^{cd}$
	10	$29.47 \pm 0.30^a$	$3.97 \pm 0.64^{\circ}$	$1.51\pm0.60^{d}$

a-f Means±standard deviation in the same row with different superscripts are significantly different at p<0.05.

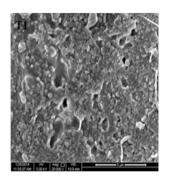
more yellow colour than did treatment with same concentrations of the other humectants, even though it decreased at higher concentrations. Cho and Lee (2000), reported that beef jerky samples treated with honey had higher CIE b\* values than samples treated with rice syrup. The addition of honey can therefore be regarded as a method of increasing the yellow colour of restructured duck jerky that is more effective than rice syrup and sorbitol treatments. Moreover, CIE b\* was lower in jerky prepared with sorbitol than in meat cured with honey, and was not significantly different at different concentrations (p>0.05). Newman et al. (1999) described sorbitol as an odourless and almost colourless humectant. It is also worth mentioning that honey treatment is more effective in maintaining a dark red-yellow combined colour in restructured duck jerky, which results in higher consumer acceptance, than rice syrup and sorbitol treatments.

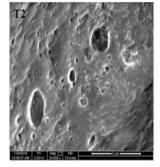
#### Microstructure

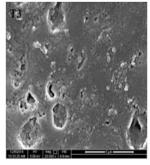
As shown in Figure 2, representative SEM images of various jerky samples were markedly different from each other. The pores of the restructured duck jerky samples treated with honey had stable structural forms and remained smaller than those of the samples treated with rice syrup and sorbitol. This might be attributed to honey, which might be effective in retaining moisture within the jerky during the drying process, thereby facilitating the formation of smaller and more pores than that achieved with the other treatments. In contrast, few pores were observed in samples treated with sorbitol. This observation might be linked to the fact that sorbitol does not retain moisture to the same extent as honey and rice syrup. This result is consistent with Wongwiwat and Wattanachant (2010), who showed that sorbitol forms less hydrogen bonds than fructose-based humectants. In turn, reduced hydrogen bonding might result in less moisture retained during drying.

## Sensory evaluation

Results of taste tests are presented in Table 5. The sensory evaluation scores of duck jerky treated with honey







**Figure 2.** Typical scanning electron microscope pictures of restructured duck jerkies prepared with 6% honey (T1), 6% rice syrup (T2), and 6% sorbitol (T3) (wt/wt). Samples were coated with platinum (Pt) at 20.000 magnification.

increased with increasing concentration of humectants (p<0.05), although differences in colour and overall acceptability properties remained insignificant between 6% and 10% concentrations. Samples treated with 10% honey showed the highest scores, followed by those treated with rice syrup and sorbitol. However, the tenderness scores of the samples treated with rice syrup were lower than those of the samples treated with 6% and 10% sorbitol. Honey has been known for decades to enhance sweetness, and confer functional advantages, nutritional value, and unique flavours in wide array of food products (Antony et al., 2000). Nagai et al. (2006) detected higher hedonic response to beef, pork, chicken, and fish meat stored with honey. Honey was meant in this study to replace sorbitol, an unnatural humectant, and to increase hedonic acceptance of

Table 5. Sensory evaluations of restructured duck jerkies prepared with honey, rice syrup, and sorbitol

Treatments	Concentration (%)	Colour	Flavour	Tenderness	Sweetness	Overall acceptability
Honey	3	8.00±0.48 <sup>b</sup>	7.50±0.46°	7.60±0.20°	7.00±0.52 <sup>d</sup>	7.60±0.25bc
	6	$8.50\pm0.46^{a}$	$8.00\pm0.43^{b}$	$8.20\pm0.46^{b}$	$8.00\pm0.63^{b}$	$8.03 \pm 1.24^{ab}$
	10	$8.50\pm0.41^a$	$8.50\pm0.55^{a}$	$8.60\pm0.29^{a}$	$8.50\pm0.35^{a}$	$8.27 \pm 0.23^a$
Rice syrup	3	$8.00\pm0.55^{b}$	$6.50\pm0.27^{e}$	$7.40\pm0.20^{c}$	$6.50\pm0.27^{e}$	$7.08\pm0.51^{d}$
	6	$7.50\pm0.30^{c}$	$7.00\pm0.36^{d}$	$7.50\pm0.29^{c}$	$7.00\pm0.27^{d}$	$7.42 \pm 0.19^{cd}$
	10	$7.40\pm0.24^{c}$	$7.50\pm0.33^{c}$	$8.00\pm0.31^{b}$	$7.50\pm0.50^{c}$	$7.55\pm0.50^{cd}$
Sorbitol	3	$7.50\pm0.28^{c}$	$6.40\pm0.30^{e}$	$7.50\pm0.29^{c}$	$6.40\pm0.21^{e}$	$7.10\pm0.47^{d}$
	6	$7.30\pm0.35^{cd}$	$7.00\pm0.17^{d}$	$8.00\pm0.31^{b}$	$6.50\pm0.45^{e}$	$7.42 \pm 0.19^{cd}$
	10	$7.00\pm0.37^{d}$	$7.50\pm0.33^{c}$	$8.50\pm0.36^{a}$	$7.00\pm0.27^{d}$	$7.53\pm0.47^{cd}$

a-f Means±standard deviation in the same row with different superscripts are significantly different at p<0.05.

duck jerky. Results indicate that application of honey effectively enhances colour, flavour, tenderness, sweetness, and overall acceptability. The unique flavour, sweetness, and dark red-yellow colour resulting from honey treatment played a positive role in the sensory evaluation of restructured duck jerky, distinguishing it from other humectant treatments. Accordingly, honey might be a strongly recommendable alternative natural humectant in place sorbitol in restructured duck jerky.

#### CONCLUSION

This study was conducted in order to examine the physicochemical characteristics of duck jerkies treated with honey and rice syrup, and evaluate their feasibility as replacements for sorbitol. The use of natural humectants in this study positively affected the chemical properties of duck jerky, especially at higher concentrations. The samples treated with honey had better properties than those treated with the same concentration of rice syrup and sorbitol. Therefore, honey, has the potential to be used as a natural humectant and replaces the use of sorbitol. Further research is needed to study the ability of these humectants to extend the shelf life of restructured duck jerky.

## **CONFLICT OF INTEREST**

We certify that there is no conflict of interest with any financial organization regarding the material discussed in the manuscript.

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