

# The Therapeutic Effects of Optimal Dose of Mesenchymal Stem Cells in a Murine Model of an Elastase Induced-Emphysema

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**Background:** Chronic obstructive pulmonary disease is characterized by emphysema, chronic bronchitis, and small airway remodeling. The alveolar destruction associated with emphysema cannot be repaired by current clinical practices. Stem cell therapy has been successfully used in animal models of cigarette smoke- and elastase-induced emphysema. However, the optimal dose of mesenchymal stem cells (MSCs) for the most effective therapy has not yet been determined. It is vital to determine the optimal dose of MSCs for clinical application in emphysema cases.

**Methods:** In the present study, we evaluated the therapeutic effects of various doses of MSCs on elastase-induced emphysema in mice. When 3 different doses of MSCs were intravenously injected into mice treated with elastase, only  $5 \times 10^4$  MSCs showed a significant effect on the emphysematous mouse lung. We also identified action mechanisms of MSCs based on apoptosis, lung regeneration, and protease/antiprotease imbalance.

**Results:** The MSCs were not related with caspase-3/7 dependent apoptosis. But activity of matrix metalloproteinase 9 increased by emphysematous lung was decreased by intravenously injected MSCs. Vascular endothelial growth factor were also increased in lung from MSC injected mice, as compared to un-injected mice.

**Conclusion:** This is the first study on the optimal dose of MSCs as a therapeutic candidate. This data may provide important basic data for determining dosage in clinical application of MSCs in emphysema patients.

**Keywords:** Emphysema; Mesenchymal Stromal Cells; Therapy

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## Introduction

Chronic obstructive pulmonary disease (COPD) characterized by emphysema, chronic bronchitis, and small airway remodeling is one of the leading causes of death worldwide<sup>1,2</sup>. Cigarette smoking is a chief causative agent in the development of COPD characterized by progressive alveolar destruction and persistent inflammation<sup>3</sup>. Emphysema is progressively marked by alveolar destruction and degradation of the extracellular matrix by protease-antiprotease imbalance and abnormal apoptosis and repair of resident lung cells<sup>4,5</sup>. Although some drugs exist that reduce airway obstruction in patients with COPD, it is difficult to regenerate damaged alveolar structures or lung tissue<sup>6,7</sup>.

Our recent research has shown that bone marrow-derived mesenchymal stem cells (MSCs) are able to repair damage

from cigarette smoke-induced emphysema<sup>8</sup>. Other research has also observed that MSCs from bone marrow and adipose tissue have a therapeutic effect in cigarette smoke- and elastase-induced emphysema<sup>9,10</sup>. Although most research studies to evaluate the therapeutic effect of MSCs in treating emphysema have applied intravenous injection, the optimal therapeutic dose of MSCs in a mouse model of emphysema remains unclear.

MSCs have been isolated from bone marrow, adipose tissue, umbilical cord blood, and placenta<sup>11,12</sup>. MSCs are considered to have therapeutic capacities in a spectrum of diseases through paracrine, anti-inflammatory, immunomodulatory, and anti-apoptotic properties<sup>13</sup>. Recent reports have shown that different doses of MSCs exert different effects on healing or cytokine expression in a non-dose dependent manner<sup>14</sup>. However, another study reported that MSCs injected in the early period following acute myocardial infarction showed a significant effect and demonstrated dose dependence<sup>15</sup>.

Although it is important to determine the optimal doses of MSCs in treating emphysema, no such research has been done. Using an animal model is especially useful in determining the optimal dose of MSCs for clinical application in emphysema cases. In the present study, we intravenously injected different doses of cord blood MSCs into mice with elastase-induced emphysema and evaluated the therapeutic effects following each dose and the detailed action mechanisms of MSCs.

## Materials and Methods

### 1. Animal model

C57BL/6J mice were purchased from Orientbio (Seongnam, Korea). Mice were bred in specific pathogen-free facilities at Asan Medical Center. All live mouse experiments were approved by the Institutional Animal Care and Use Committee of Asan Medical Center (Korea). Female C57BL/6J mice (18–20 g, 7 weeks of age) were intratracheally injected with 0.4 U of porcine pancreatic elastase (Sigma-Aldrich, St. Louis, MO, USA) at day 0, were intravenously injected with different doses of MSCs at day 7, and were sacrificed at day 14.

### 2. Preparation of human umbilical cord blood MSCs

Human umbilical cord blood-derived MSCs were provided by MEDIPOST (Seoul, Korea). The phenotype and differentiation ability of the MSCs were already confirmed by MEDIPOST. The MSCs were maintained with alpha-minimum essential medium (Gibco, Carlsbad, CA, USA), were replenished with fresh media twice a week, and were subcultured using 0.25% trypsin-EDTA (Gibco).

### 3. Histology and quantification of emphysema

The lungs were perfused with phosphate buffered saline and inflated by intratracheal infusion of 0.5% low-melting agar at 25 cm H<sub>2</sub>O, fixed in 4% paraformaldehyde, and embedded in paraffin. Lung sections of 4 μm thickness were stained with hematoxylin and eosin. The mean linear intercepts (MLI) were determined separately by two investigators in a blinded fashion<sup>8</sup>.

### 4. Measurement of caspase-3/7 activity

Proteins from lung tissue were prepared with a cell lysis buffer (Cell Signaling Technology, Danvers, MA, USA) and quantified based on the Bradford assay. The 10 μg of protein were incubated with caspase-3/7 substrate diluted with caspase-3/7 buffer in black multiwell plates (Promega, Madison, WI, USA). After 5 hours, the fluorescence of each sample was measured using a fluorometer.

### 5. Quantitative polymerase chain reaction

The mRNA from the lung tissue was prepared using the RNeasy Mini Kit (Qiagen, Duesseldorf, Germany) and quantified using spectrophotometer (NanoDrop Technologies, Rockland, DE, USA), and the cDNA was then synthesized using a cDNA synthesis kit (Thermo Scientific, Waltham, MA, USA). Quantitative polymerase chain reaction (PCR) analyses for matrix metalloproteinase (MMP) 2, MMP9, MMP12, SLIP, and tissue inhibitor of metalloproteinases-1 (TIMP1) were performed using a real-time LightCycler 480 PCR system (Roche Diagnostics, Basel, Switzerland) with LightCycler 480 SYBR Green I master (Roche Diagnostics). The primers used for MMP2, MMP9, MMP12, SLIP, and TIMP1 were displayed in Table 1.

### 6. Gelatin zymography

We measured MMP2 and MMP9 activity using gelatin zymography as previously described<sup>16</sup>. The lung homogenate

**Table 1. Primer list**

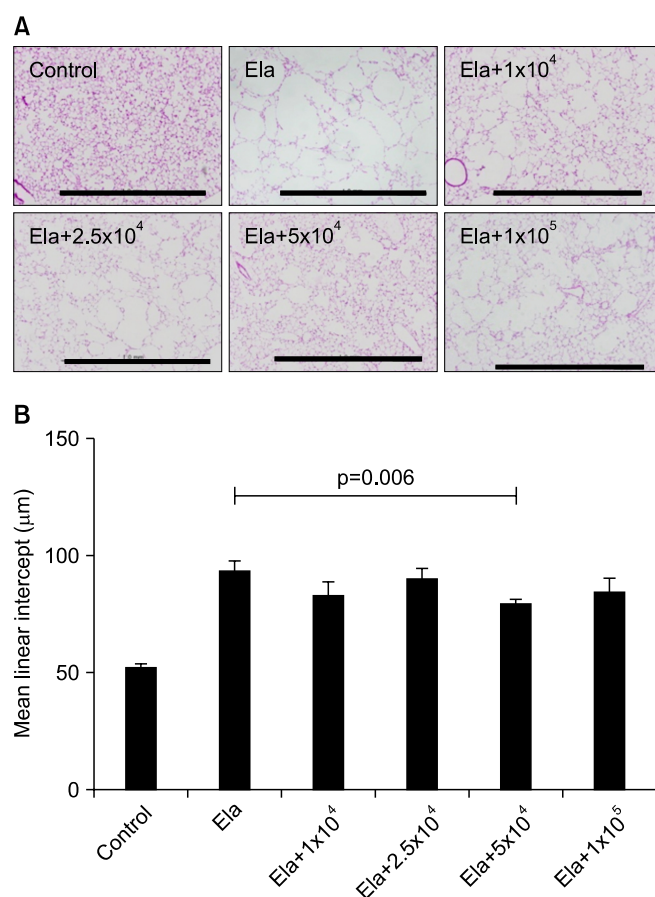
Gene	Forward primer	Reverse primer
Beta-actin	cctcaccctcccaaaagc	gtggactcagggcatgga
MMP2	acaagtgggtccgcgtaaagt	cggtcatcatcgtagttgggt
MMP9	aaccctgtgtgtcccgtt	ggatgccgtctatgtcgtct
MMP12	tggtattcaaggagatgcacatt	ggttgtgccttgaaaccttttagt
SLPI	ggccttttacctttcacgggtg	tacggcattgtggctctca
TIMP1	gcaactcggacctggtcataa	cggcccgtgatgagaact

MMP: matrix metalloproteinase; TIMP1: tissue inhibitor of metalloproteinases-1.

were prepared with cell lysis buffer without protease inhibitor. The 10  $\mu\text{g}$  of protein were loaded into sodium dodecyl sulfate polyacrylamide gel electrophoresis gel containing gelatin at a concentration 2.6 mg/mL. Gel were then incubated in 2.5% Triton X-100 and incubated for overnight in zymography developing buffer at 37°C. And then gel were stained and de-stained with 0.5% comassie G250 in 30% ethanol/10% acetic acid and 30% ethanol/10% acetic acid, respectively.

### 7. Hepatocyte growth factor, fibroblast growth factor 2, and vascular endothelial growth factor measurement

The 10  $\mu\text{g}$  of protein from lung tissue were examined by



**Figure 1.** Optimal dose of mesenchymal stem cells (MSCs) to repair elastase induced emphysema in mice. C57BL/6J mice were administered 0.4 U of elastase on day 0 by intratracheal application and then intravenously injected with MSCs on day 7. Data are measures of the histological staining with hematoxylin and eosin in lung section on day 14. (A) Control (n=5), Ela (elastase only, n=15), Ela+1x10<sup>4</sup> (elastase+1x10<sup>4</sup> MSC, n=10), Ela+2.5x10<sup>4</sup> (elastase+2.5x10<sup>4</sup> MSC, n=10), Ela+5x10<sup>4</sup> (elastase+5x10<sup>4</sup> MSC, n=16), and Ela+1x10<sup>5</sup> (elastase+1x10<sup>5</sup> MSC, n=6) (x10). Scale bars=1.0 mm. (B) Morphometric analysis of the mean linear intercept. Values are presented as the mean±SEM.

enzyme-linked immunosorbent assay (ELISA). The hepatocyte growth factor (HGF), fibroblast growth factor 2 (FGF2), and vascular endothelial growth factor (VEGF) levels in the lung lysates were measured by ELISA according to the manufacturer's instructions (R&D Systems, Minneapolis, MN, USA).

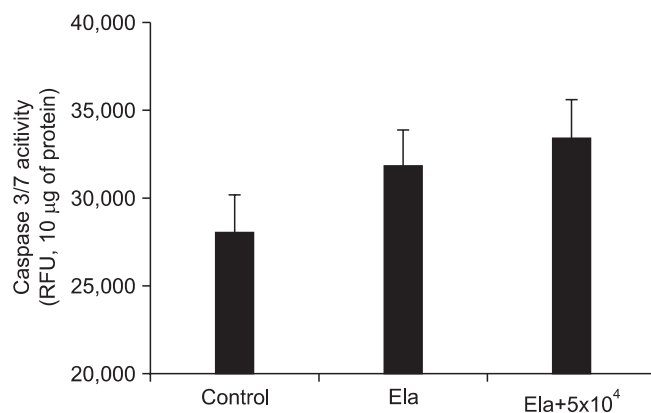
### 8. Statistical analysis

The data are presented as the means±SE. The Mann-Whitney test was used to compare result between groups. A p-value of <0.05 was considered significant.

## Results

### 1. Optimal dose of intravenously injected MSCs in a mouse model of elastase-induced emphysema

To identify the optimal dose of MSCs for treatment of emphysema, C57BL/6J mice were treated intratracheally with 0.4 U of elastase on day 0 and were intravenously injected with 1x10<sup>4</sup>, 2.5x10<sup>4</sup>, 5x10<sup>4</sup>, or 1x10<sup>5</sup> of MSCs on day 7. Lung tissue was then collected on day 14. The mice treated with elastase only showed severe alveolar destruction compared to the control group, while the mice treated with MSCs showed less alveolar destruction (Figure 1A). The level of alveolar destruction was quantified by measuring MLI. The mice treated with the 5x10<sup>4</sup> MSCs showed significantly lower MLI (78.15  $\mu\text{m}$ ) than the mice treated with elastase only (92.28  $\mu\text{m}$ ) (Figure 1B). The mice treated with the 1x10<sup>4</sup> MSCs, 2.5x10<sup>4</sup>, or 1x10<sup>5</sup> of MSCs also showed a pattern of decreased MLI (81.82  $\mu\text{m}$ ,



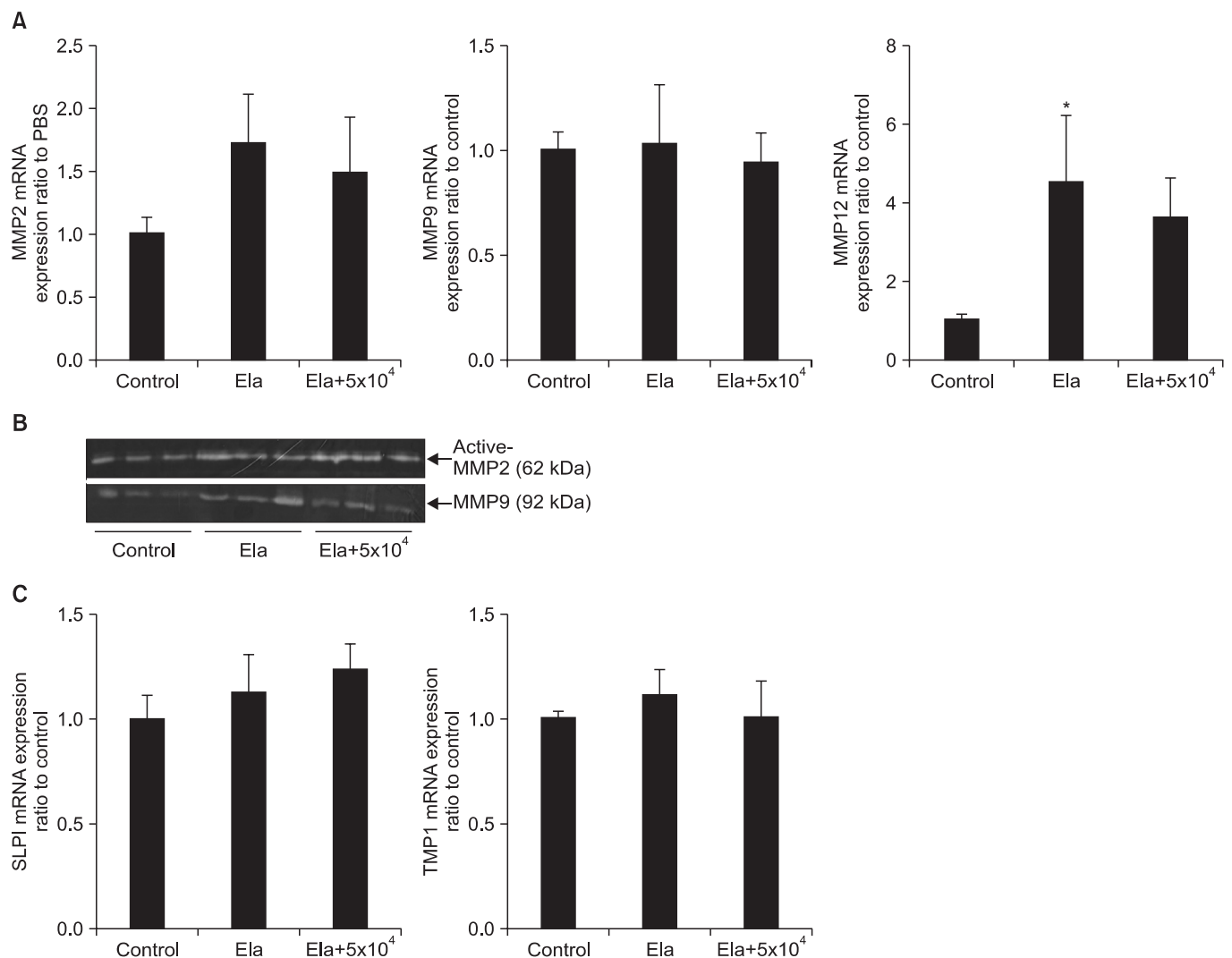
**Figure 2.** The anti-apoptotic effects of mesenchymal stem cell (MSC) in elastase induced emphysema. C57BL/6J mice were intratracheally applied with 0.4 U of elastase on day 0 and then intravenously injected with MSCs on day 7. Lung tissue were collected on day 14 (n=6–9 per group). Caspase 3/7 activity was measured with fluorimetric enzymatic assay and normalized by protein concentration in lung homogenates. Ela: elastase only; Ela+5x10<sup>4</sup>: elastase+5x10<sup>4</sup> MSC.

88.75  $\mu\text{m}$ , or 83.47  $\mu\text{m}$ , respectively) compared to the mice treated with elastase only, but the difference was not significant (Figure 1B).

## 2. The mechanisms of MSCs in the elastase-induced emphysema model

To identify action mechanisms of MSCs in this model of elastase-induced emphysema, we obtained protein and mRNA in lung tissue from three of the mouse groups (control,

elastase-only, and elastase- and  $5 \times 10^4$  MSC-treated groups). The therapeutic mechanisms are divided in apoptosis, protease/antiprotease and regeneration by growth factor. First, we test caspase 3/7 dependent apoptosis. Caspase 3/7 activity to detect cellular apoptosis is not significantly different among the three groups (Figure 2). Second, we performed an evaluation based on protease/antiprotease imbalance in the same three groups. The mRNA expression of MMP2, MMP9, and MMP12 were measured using quantitative PCR, and data were presented as a ratio of the control group (Figure 3A). In



**Figure 3.** The effects on protease and anti-protease in elastase induced emphysema with or without mesenchymal stem cells (MSCs). C57BL/6J mice were intratracheally applied with 0.4 U of elastase on day 0 and then intravenously injected with MSCs on day 7. Lung tissues were collected on day 14 (n=6–9 per group). (A) Matrix metalloproteinase (MMP) 2, MMP9, and MMP12 mRNA expression were measured with quantitative polymerase chain reaction (PCR) using SYBR Green and normalized by  $\beta$ -actin expression and then displayed with ratio to control group. Values are presented as the mean $\pm$ SEM. \* $p < 0.05$ , as compared with control group. (B) Activity of MMP2 and 9 were measured with gelatin zymography. (C) The mRNA expression of SLPI (left) and tissue inhibitor of metalloproteinases-1 (TIMP1) (right) were measured with quantitative PCR using SYBR Green and normalized by  $\beta$ -actin expression and then displayed with ratio to control group. PBS: phosphate buffered saline; Ela: elastase only; Ela+ $5 \times 10^4$ : elastase+ $5 \times 10^4$  MSC.

the mouse group treated with elastase only, mRNA expression of MMP12 was higher than in the control group. The mouse group treated with both elastase and MSCs may be also higher than in the control group but there is not statistical difference. Next, we performed gelatin zymography to observe the activity of MMP2 and MMP9 (Figure 3B). The activity of MMP2 and MMP9 were induced in elastase only treated mouse group compared to the control group. In elastase and MSC treated mouse group, the MMP9 activity was decreased compared with the elastase only treated mouse group. The mRNA expression of SLPI and TIMP1 (representative antiprotease) were measured by quantitative PCR, and data were displayed as a ratio of the control group (Figure 3C). SLPI and TIMP1 expression in lung is not significantly different among the three groups. HGF, FGF2, and VEGF production related to the lung regeneration was also measured in lung homogenate using ELISA. HGF and FGF2 were not significantly different among the three groups (Figure 4A, B). The VEGF in lung tissue were decreased in elastase only treated mouse group compared to control mouse group and were recovered in elastase and MSCs treated mouse group (Figure 4C).

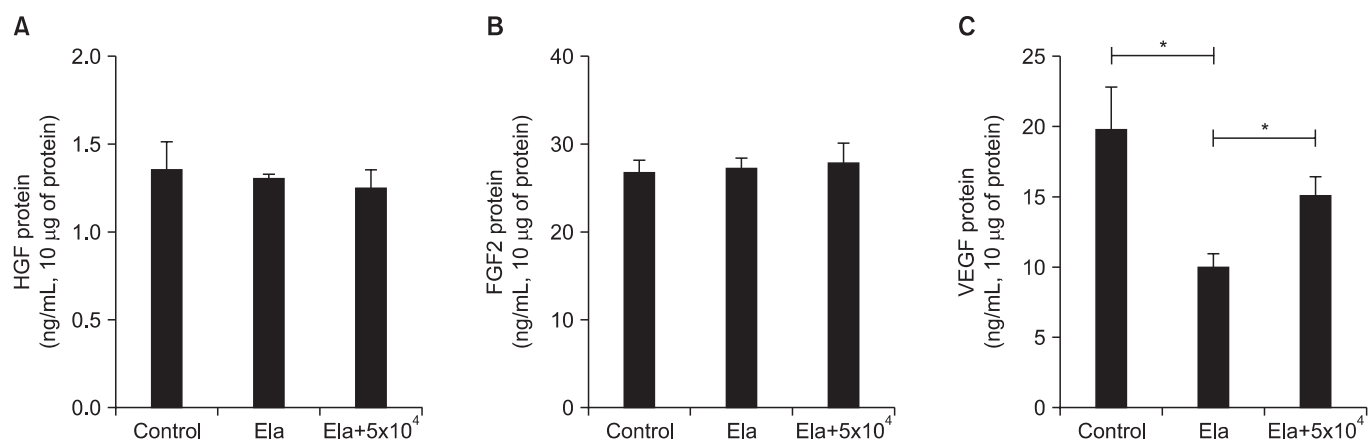
## Discussion

In this study, we identified the optimal dose of MSCs for therapy in a mouse model of elastase-induced emphysema. A dose of  $5 \times 10^4$  MSCs showed significant therapeutic effects in elastase-induced emphysema in C57BL/6J mice. A lower dose of  $1 \times 10^4$  or  $2.5 \times 10^4$  MSCs also showed slightly therapeutic effects but not to a significant degree. Moreover, we evaluated the action mechanisms of the dosage of  $5 \times 10^4$  MSCs in elastase-induced emphysema. The effects of MSCs in emphy-

sematouse lung were reduction of MMP9 activity and induction of VEGF production. Therefore, there is best therapeutic dose of MSCs in emphysema and these result may be become basic data to decide clinical application for patients with emphysema.

Some reports have shown that it is possible to apply stem cells as an effective therapy to regenerate destroyed alveolar structures<sup>8-10</sup>. Our previous report has shown that bone marrow cells ( $6 \times 10^6$ ) and MSCs ( $6 \times 10^5$ ) have the capability of repairing cigarette smoke-induced emphysema in rats exposed to cigarette smoke for 6 months<sup>8</sup>. Other researchers have observed positive effects in mice from the injection of adipose-derived stem cells ( $3 \times 10^5$ ) every other week during 3 or 4 months of cigarette smoke exposure<sup>10</sup>. In the mouse model of elastase-induced emphysema,  $2.8 \times 10^6$  bone marrow mononuclear cells can repair destroyed alveolar structures<sup>9</sup>. There is no standard therapeutic dose of stem cells in the animal model of emphysema/COPD. These results represent the first report on the optimal dose of MSCs for the treatment of emphysema.

A recent report showed that when different doses of MSCs were injected into the injured ligaments of two groups of rats, the higher dose group exhibited increased expression of pro-inflammatory cytokines, including interleukin (IL)-1 $\beta$ , interferon  $\gamma$ , IL-2, while the lower dose group showed enhanced functional healing compared to the higher dose group<sup>14</sup>. It is noteworthy that in most clinical trials of MSCs, the amount of MSCs injected depends on the patient's body weight<sup>17-19</sup>. Thus, patients with higher body weights will require more MSCs and incur greater costs. Determining the optimal dose of MSCs is vital because of a variety of factors, such as immune response, inflammatory cytokines, therapeutic effects, and financial burden.



**Figure 4.** The production of growth factors in elastase induced emphysema with or without mesenchymal stem cells (MSCs). C57BL/6J mice were intratracheally applied with 0.4 U of elastase on day 0 and then intravenously injected with MSCs on day 7. Lung tissue were collected on day14 (n=5–9 per group). The growth factors were measured with enzyme-linked immunosorbent assay for hepatocyte growth factor (HGF) (A), fibroblast growth factor 2 (FGF2) (B), and vascular endothelial growth factor (VEGF) (C). Values are presented as the mean $\pm$ SEM. \* $p < 0.05$  was statistical significance of the comparison between 2 groups. Ela: elastase only; Ela+5 $\times 10^4$ : elastase+5 $\times 10^4$  MSC.

Animal models for COPD have been developed through the agents of cigarette smoke and elastase. An elastase-induced emphysema model is widely applied, and supports the hypothesized role of protease/antiprotease imbalance in the development of emphysema. Although a mouse model of elastase-induced emphysema is not perfectly representative of human COPD/emphysema, this model focuses on alveolar destruction based on protease/antiprotease imbalance. Therefore, we observed cellular apoptosis as measured by caspase 3/7 enzyme activity, and found that it was not higher in the elastase only and elastase and MSCs treated mouse group compared to the control mouse group. The induction of MMP12 mRNA expression was observed in the elastase only treated mouse group. MMPs is more important their activity than mRNA expression. Especially, it was well known about MMP2 and MMP9 activity linked with asthmatic and COPD patients<sup>16</sup>. These results are shown in decrease of MMP9 activity because of MSCs therapeutic effects.

Many other reports suggest that the paracrine properties of MSCs enable a key mechanism of action in the treatment of emphysema. In fact, it is well known that MSCs produce many cytokines and growth factors<sup>13,20</sup>. These include some candidate molecules in the categories of growth factors (HGF, keratinocyte growth factor, FGF2, and VEGF) and cytokines (IL-10). Although inflammation is a very important factor in the development of emphysema/COPD, we applied MSCs following complete recovery from inflammation. Therefore, this study did not confirm the anti-inflammatory effect of IL-10. HGF is a viable candidate growth factor for the repair of lung destruction, as intranasally administered HGF has been shown to ameliorate the effects of elastase-induced emphysema in mice<sup>21</sup>. The other report demonstrated that growth factors derived from human MSCs were decreased in SLPI expression in mouse lung epithelial cells<sup>22</sup>. FGF2 is an important component of the regulation of lung development and need to proliferation and migration of alveolar epithelial cell<sup>23</sup>. Therefore, FGF2 is also critical to repair of lung injury. In this study, although MSCs showed a therapeutic effect on elastase-induced emphysema, MSCs were not found to increase HGF and FGF2 protein levels.

VEGF is important role during airway growth especially, development and maintenance of the pulmonary vasculature<sup>23</sup>. Moreover, inhibition of VEGF receptor in animal leads to emphysema features including alveolar space enlargement and alveolar cell apoptosis<sup>24</sup>. Recent report was shown that MSCs protect cigarette smoked lung damage partly via VEGF-VEGF receptors<sup>25</sup>. In this report, they observed that VEGF from MSCs was crucial for protection of lung damage. MSCs can induce the expression of VEGF and their receptors and enhanced VEGF signal prevent lung damage by cigarette smoking.

In clinical trial, MSCs were infused four monthly  $100 \times 10^6$  cells into patient with COPD or control<sup>26</sup>. Systemic injection

of MSCs was not significant improved in pulmonary function test or quality of life. Clinical trial for other diseases, some researchers applied with MSCs depending on patient's weight such as  $(2-10) \times 10^6$  cells/kg and  $(5.7-7.5) \times 10^8$  cells/kg for Hurler syndrome and Osteogenesis imperfecta, respectively<sup>27,28</sup>. Although additional researches need to determine MSCs dose for clinical trial, we suggest that optimal dose of MSCs in preclinical emphysema model be able to apply to clinical trial ratio to weight.

In conclusion, we report here for the first time that there is an optimal dose of MSCs for the treatment of elastase-induced emphysema in mice. And the therapeutic effects of MSCs are related with decrease of MMP9 activity and increase of VEGF production. Our report will provide important basic data for deciding on dosage in clinical application of MSCs.

## Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

## Acknowledgements

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