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The single institutional outcome of postoperative radiotherapy and concurrent chemoradiotherapy in resected non-small cell lung cancer

Hyo Chun Lee, MD¹, Yeon Sil Kim, MD¹, Se Jin Oh, MD¹, Yun Hee Lee, MD¹, Dong Soo Lee, MD², Jin Ho Song, MD¹, Jin Hyung Kang, MD², Jae Kil Park, MD³

Departments of ¹Radiation Oncology, ²Medical Oncology, and ³Thoracic Surgery, Seoul St. Mary's Hospital, The Catholic University of Korea College of Medicine, Seoul, Korea

Purpose: This study was conducted to observe the outcomes of postoperative radiotherapy (PORT) with or without concurrent chemotherapy in resected non-small cell lung cancer (NSCLC) in single institution.

Materials and Methods: From 2002 to 2013, 78 patients diagnosed with NSCLC after curative resection were treated with radiotherapy alone (RT, n = 48) or concurrent chemoradiation (CCRT, n = 30). The indications of adjuvant radiation therapy were N2 node positive (n = 31), close or involved resection margin (n = 28), or gross residual disease due to incomplete resection (n = 19). The median radiation dose was 57.6 Gy (range, 29.9 to 66 Gy).

Results: Median survival time was 33.7 months (range, 4.4 to 140.3 months). The 5-year overall survival (OS) rate was 49.5% (RT 46% vs. CCRT 55.2%; p = 0.731). The 3-year disease-free survival rate was 45.5% (RT 39.4% vs. CCRT 55.3%; p = 0.130). The 3-year local control rate was 68.1% (RT 64.4% vs. CCRT 77.7%; p = 0.165). The 3-year DMFS rate was 56.1% (RT 52.6% vs. CCRT 61.7%; p = 0.314). In multivariate analysis, age ≥ 66 years and pathologic stage III were significant poor prognostic factors for OS. Treatment failure occurred in 40 patients. Four patients had radiologically confirmed grade 3 radiation pneumonitis.

Conclusion: In NSCLC, adjuvant RT or CCRT after curative surgery is a safe and feasible modality of treatment. OS gain was seen in patients less than 66 years. Postoperative CCRT showed a propensity of achieving better local control and improved disease-free survival compared to RT alone according to our data.

Keywords: Non-small-cell lung carcinoma, Radiotherapy, Chemoradiotherapy

Introduction

Lung cancer is the fifth common cancer and the first leading cause of cancer death in Korea. Surgery is the treatment of choice in stages I and II non-small cell lung cancer (NSCLC), and could be considered in selected stage III patients. However, the overall survival (OS) rate has not been satisfactory even though the tumor had been completely resected [1]. Locoregional recurrence after resection of NSCLC is common, occurring in approximately 20% of patients with stage I disease and up to 50% of patients with stage III disease [2-6]. The 5-year relative survival rate of NSCLC has increased, rating 17.5% in 2006–2010 compared to 10.4% in 1993–1995 due to the development of new treatment technology and

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Correspondence: Yeon Sil Kim, MD, Department of Radiation Oncology, Seoul St. Mary's Hospital, 222 Banpo-daero, Seocho-gu, Seoul 137-701, Korea. Tel: +82-2-2258-6259, Fax: +82-2-592-1523, E-mail: yeonkim7@catholic.ac.kr

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chemotherapeutic agents [7]. Postoperative radiotherapy (PORT) has been investigated as a treatment option to reduce locoregional recurrence and furthermore, improve survival. In SEER analysis, PORT improved OS in N2 node positive patients, but reduced survival in N0 and N1 patients [8]. The results of randomized clinical trials in the modern radiotherapy era are currently not available; hence, the role of PORT remains controversial.

The role of chemoradiation in postoperative setting has been explored with positive outcomes in favor of adjuvant chemotherapy. In ECOG 3590 trial, the addition of concurrent chemotherapy showed no benefit in local recurrence or survival in stages II and IIIA NSCLC [9]. By contrast, phase II study conducted by RTOG concluded that concurrent chemoradiation (CCRT) may indicate improved OS and progression-free survival in the same subset of patients. [10]. However, there are concerns about adjuvant chemoradiation causing additional toxicity without survival gain.

This study was designed to determine the outcomes of RT alone and CCRT in resected NSCLC, as well as to investigate whether CCRT shows more positive impact on the treatment outcome compared to RT alone. Factors associated with OS, disease-free survival (DFS), local control (LC), and distant metastasis free-survival (DMFS) were analyzed as well.

Materials and Methods

1. Patients

The medical records of 80 patients with NSCLC who had undergone curative surgery and PORT with or without concurrent chemotherapy at our institution, from 2002 to 2013, were reviewed retrospectively. Two patients were excluded from the study because both patients' final pathologic specimens were found to be mixed small cell and non-small cell carcinoma. Thus, the remaining 78 patients were examined in this study. There was no distant metastasis (MO) in our patients.

The characteristics of the patients and their tumors are shown in Table 1. The median age of all patients was 65.5 years (range, 44 to 79 years). More patients aged \geq 66 years were allocated in the RT arm (n = 29) than CCRT arm (n = 10; p = 0.02). The CCRT arm had more patients with better performance status (p = 0.016). The patients were subdivided into stage I–II and stage III. There were more stage I–II patients in the RT arm (n = 30) than the CCRT arm (n = 7; p = 0.001). Consequently, the CCRT arm included more stage III patients, which was 56% of them. Other characteristics, such as tumor histology, grade, and lymphovascular invasion, showed no difference between the treatment arms. This study was approved by the Institutional Review Boards of our institution.

2. Treatment

1) Surgery: All patients underwent curative thoracic surgery. Surgical approaches were decided based on the tumor extent and the involved lymph node stations. There were 59 cases (75%) of lobectomy, 5 cases (6.4%) of pneumonectomy, and 13 cases (16.7%) of wedge resection or segmentectomy. One patient's surgical approach was unidentified. Mediastinal lymph node dissection was performed on 72 patients, and among them, N2 nodes of 65 patients were surgically confirmed. In six patients, their mediastinal lymph nodes could not be surgically assessed because most of them were ineligible for extended surgery due to medical conditions, such as old age. The clinical stage for all 6 patients was NO. Both clinical and surgical staging were based on the 7th edition of the American Joint Committee on Cancer (AJCC) staging system.

2) Radiotherapy: External beam radiation therapy was delivered with 6 or 10 MV photons using a linear accelerator. Contrast-enhanced CT was used to generate the treatment plans. Patients were in supine position and both arms were placed over the head. The treatment position was fixed by customized vacuumed cushions. The radiation field was designed to cover the entire mediastinum including the uninvolved nodal stations (n = 26) or primary tumor bed and nearest mediastinal and hilar lymph node stations (n = 52), based on the tumor extent and lymph node status. In case of upper and middle lobe tumors, lower mediastinum below the subcarinal level was excluded from the radiation field. Likewise, the highest mediastinum was excluded in lower lobe tumors. Three-dimensional conformal radiotherapy (3D-CRT) plan with inhomogeneity correction was carried out in all patients. Since 2009, 4D simulation CT was employed in order to apply the tumor movement in generation of planning target volume.

Adjuvant RT indications included N2 nodal metastasis (n = 31), involved (R1) or tumor within 1 cm (R0) of resection margins (n = 28), or gross residual tumor due to incomplete (R2) resection (n = 19). This category showed difference between the treatment arms, such that more patients with microscopic or gross residual disease were in the RT arm (p = 0.031).

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Table 1. Patient and tumor characteristics

Characteristic	Total (n = 78)	RT (n = 48)	CCRT (n = 30)	p-value
Age (yr)	65.5 (44–79)	68 (48–79)	62 (44–74)	0.020
≥66	39 (50.0)	29 (74.0)	10 (26.0)	
<66	39 (50.0)	19 (49.0)	20 (51.0)	
Sex				0.795
Male	61 (78.0)	38 (62.0)	23 (38.0)	
Female	17 (22.0)	10 (59.0)	7 (41.0)	
ECOG performance status	, ,			0.016
0	18 (23.0)	6 (33.0)	12 (67.0)	
1	58 (74.0)	41 (71.0)	17 (29.0)	
2	2 (3.0)	1 (50.0)	1 (50.0)	
Histology				0.244
Adenocarcinoma	39 (50.0)	21 (55.0)	17 (45.0)	
SqCC	37 (47.0)	25 (68.0)	12 (32.0)	
Large cell	1 (1.0)	1 (100)	0 (0)	
Other	1 (1.0)	1 (50.0)	1 (50.0)	
Grade	. ()	(((())))	. ()	0.108
Well	4 (5.0)	1 (25.0)	3 (75.0)	
Moderate	52 (67.0)	36 (69.0)	16 (31.0)	
Poor	18 (23.0)	8 (44.0)	10 (56.0)	
Undetermined	4 (5.0)	3 (75.0)	1 (25.0)	
Resection margin	. (0.0)	0 (/ 0.0)	. (2010)	0.380
Negative (≥1 cm)	38 (49.0)	19 (53.0)	19 (47.0)	0.000
Close (<1 cm)	31 (40.0)	22 (67.0)	9 (33.0)	
Positive	7 (9.0)	5 (71.0)	2 (29.0)	
Unknown	2 (3.0)	2 (100)	0 (0)	
AJCC stage	2 (0.0)	2 (100)	0 (0)	0.001
-	37 (47.0)	30 (81.0)	7 (19.0)	0.001
	41 (53.0)	18 (44.0)	23 (56.0)	
pT	11 (00.0)	10 (11.0)	20 (00.0)	0.071
1	23 (29.0)	13 (57.0)	10 (43.0)	0.071
2	31 (40.0)	23 (74.0)	8 (26.0)	
3	16 (21.0)	10 (63.0)	6 (37.0)	
4	8 (10.0)	2 (25.0)	6 (75.0)	
pN	0 (10.0)	2 (20.0)	0 (7 3.0)	0.050
0	26 (33.0)	20 (77.0)	6 (23.0)	0.000
1	13 (17.0)	8 (62.0)	5 (38.0)	
2	31 (40.0)	15 (48.0)	16 (52.0)	
3	2 (3.0)	0 (0)	2 (100)	
x	6 (8.0)	5 (83.0)	1 (17.0)	
Lymphatic invasion	0 (0.0)	0 (00.0)	· (17.0)	0.300
Negative	23 (29.0)	16 (70.0)	7 (30.0)	0.300
Positive	51 (65.0)	28 (57.0)	23 (43.0)	
Unknown	4 (5.0)	4 (100)	0 (0)	
Vascular invasion	+ (0.0)	+(100)	0 (0)	0.358
Negative	60 (77.0)	37 (62.0)	23 (38.0)	0.550
Positive	12 (15.0)	8 (73.0)	3 (27.0)	
Unknown	6 (8.0)			
UTIKHUWH	0 (0.0)	3 (43.0)	4 (57.0)	

Values are presented as median (range) or number of patients (%).

RT, radiotherapy; CCRT, concurrent chemoradiation; ECOG, Eastern Cooperative Oncology Group; SqCC, squamous cell carcinoma; AJCC, American Joint Committee on Cancer.

	Total (n = 78)	RT(n = 48)	CCRT (n = 30)	p-value
RT indication				0.031
N2 node (+)	31 (40.0)	14 (45.0)	17 (55.0)	
Close or (+) RM	28 (36.0)	22 (79.0)	6 (21.0)	
Residual disease	19 (24.0)	12 (63.0)	7 (37.0)	
Surgery type				0.838
Lobectomy	59 (76.0)	37 (63.0)	22 (38.0)	
Pneumonectomy	4 (5.0)	3 (60.0)	2 (40.0)	
Wedge resection or segmentectomy	13 (17.0)	7 (54.0)	6 (46.0)	
RT field				0.139
Surgical bed only	52 (67.0)	35 (67.0)	17 (33.0)	
Entire mediastinum	26 (33.0)	13 (50.0)	13 (50.0)	
RT dose (Gy)				0.001
≥57.6	40 (51.0)	17 (43.0)	23 (58.0)	
<57.6	38 (49.0)	31 (82.0)	7 (18.0)	

Table 2. Treatment related factors by the treatment arms

Values are presented as number of patients (%).

RT, radiotherapy; CCRT, concurrent chemoradiation; RM, resection margin.

The median total dose for all patients was 57.6 Gy ranging from 29.9 to 66 Gy. The median dose of RT arm and CCRT arm were 55.8 and 59.4 Gy, respectively. More patients in CCRT arm received \geq 57.6 Gy compared with RT arm (p = 0.001) (Table 2). One patient in RT arm whose irradiation dose was only 29.9 Gy showed low compliance to the treatment and did not receive the initially planned dose. In another patient in RT arm, RT was interrupted at 45 Gy out of total dose of 55 Gy, because malignant effusion developed. Rest of the patients received the planned radiation dose of more than 50 Gy.

3) Chemotherapy: Concurrent chemoradiation was given to 30 patients. Among them, 17 patients were multiple N2 node positive, 6 patients had involved or close (<1 cm) resection margin, and the remaining 7 patients were incompletely resected cases with gross residual disease. Various chemotherapy regimens were used—paclitaxel (n = 8), cisplatin (n = 10), docetaxel-cisplatin (n = 8), and paclitaxelcarboplatin (n = 2). Among the 29 patients who received adjuvant chemotherapy, 9 of them had their chemotherapy started before radiation and the other 20 sequentially after radiotherapy.

3. Evaluation

During radiotherapy, patients had weekly physical examination, complete blood count, and plain chest X-ray for the evaluation of acute toxicity. After radiotherapy, patients visited the clinic every 3 months for the first 2 years, and 6 months thereafter for surveillance of late complications and recurrence. Adverse effects of chemotherapy and radiotherapy were assessed using the National Cancer Institute Common Terminology Criteria for Adverse Events (v3.0) and RTOG Acute and Late Lung Morbidity Scoring Criteria for radiation pneumonitis. Incidence of toxicity grade ≥ 2 was recorded.

4. Statistical analysis

Kaplan-Meier method was used for OS, DFS, LC, and DMFS rates. The prognostic value of patient age, performance status, histologic grade, lymphovascular invasion, resection margin status, pathologic stage, type of surgery, radiation field and dose, and systemic chemotherapy were analyzed. In univariate analysis, log-rank test was utilized to evaluate the association between each survival time and prognostic factors. For multivariate analysis, Cox proportional hazards regression model was employed to estimate the hazard ratio of the prognostic factors for OS, DFS, LC, and DMFS. Statistical significance was evaluated at 0.05 alpha levels.

Results

The median follow-up time for all patients was 25.9 months (range, 1.2 to 97.5 months) and 44.2 months (range, 15.9 to 137.4 months) for survivors. The median survival time was 33.7 months (range, 4.4 to 140.3 months). The 5-year OS rate of all 78 patients was 49.5%. The 5-year OS rates were 46% for the RT arm and 55.2% for the CCRT arm (p = 0.731) (Fig.

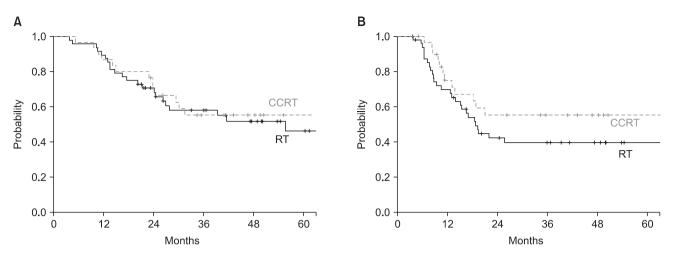


Fig. 1. Overall survival (A) and disease-free survival (B) of patients treated by radiotherapy (RT) and concurrent chemoradiation (CCRT).

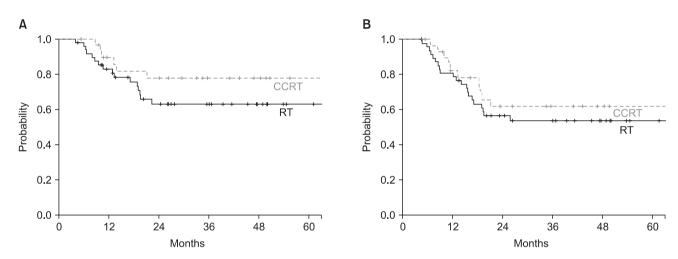


Fig. 2. Local control (A) and distant metastasis-free survival (B) of patients treated by radiotherapy (RT) and concurrent chemoradiation (CCRT).

1). The 3-year DFS in all patients, RT arm and CCRT arm were 45.5%, 39.4%, and 55.3%, respectively (p = 0.130) (Fig. 1). The 3-year LC rate was 68.1% for all patients, 64.4% for RT arm and 77.7% for CCRT arm (p = 0.165) (Fig. 2). The DMFS at 3-year for all patients was 56.1%, the RT arm was 52.6%, and the CCRT arm was 61.7%, respectively (p = 0.314) (Fig. 2).

In univariate analysis, although CCRT arm had higher survival rate, the difference was not statistically significant compared to RT alone arm. Total radiation dose above 57.6 Gy and radiation field extended for elective mediastinal coverage showed better DFS and DMFS. Rest of the prognostic factors and their univariate analyses on OS, DFS, LC, and DMFS are summarized in Table 3.

Multiple factors significantly affecting survival in univariable tests were assessed using multivariable analyses. Age <66

years (p < 0.001) and pathologic stage III (p = 0.015) were found to be poor prognostic factors of OS. Higher total radiation dose was a significant factor for DFS and DMFS. The results of multivariate analyses are listed in Table 4.

Treatment failure occurred in 40 patients (51.3%); 8 patients failed locoregionally (within the mediastinum), 18 patients distantly, and 14 patients both locoregionally and distantly. Distant metastasis sites were as follows: 11 in lung, 8 in brain, 7 in bone, 5 in liver, 5 in adrenal gland, 4 in non-regional lymph node, and 1 each in kidney and pericardial effusion. The pattern of recurrence by two treatment arms is listed in Table 5. There was no statistical difference was seen between the arms.

Table 6 demonstrates radiotherapy related toxicities. Acute and subacute radiation pneumonitis of grades 2 and 3 were seen in 6 (7.7%) and 3 (3.8%) patients, respectively. Among

Table 3.	Univariate	analysis	of prog	nostic	factors
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) (a via la la	p-value					
Variable -	OS	DFS	LC	DMFS		
Age (<66 vs. ≥66 yr)	0.004	0.198	0.783	0.508		
Sex (male vs. female)	0.892	0.628	0.544	0.343		
ECOG performance status (0 vs. 1, 2)	0.896	0.951	0.790	0.310		
Tumor grade	0.008	0.028	0.062	0.084		
Margin status	0.113	0.106	0.190	0.679		
Lymphatic invasion	0.354	0.057	0.182	0.103		
Vascular invasion	0.500	0.071	0.081	0.041		
Stage (I–II vs. III)	0.228	0.033	0.135	0.036		
No. of positive lymph node (<4 vs. ≥4)	0.181	0.001	0.018	0.007		
Treatment modality (RT vs. CCRT)	0.731	0.130	0.165	0.314		
Total radiation dose (<57.6 vs. ≥57.6 Gy)	0.847	0.041	0.088	0.023		
Radiation field (tumor bed vs. mediastinum)	0.168	0.004	0.067	0.015		

OS, overall survival; DFS, disease-free survival; LC, local control; DMFS, distant metastasis-free survival; ECOG, Eastern Cooperative Oncology Group; RT, radiotherapy; CCRT, concurrent chemoradiation.

them, chronic radiation fibrosis of grade 2 requiring treatment developed in two patients. Two other patients who had symptoms and diagnostic image of grade 2 chronic radiation pneumonitis consequently required admission care. Other than pneumonitis, grade 2 complications were as follows: 10 leucopenia, 2 thrombocytopenia, 2 anemia, and 11 esophagitis. Grade 3 leucopenia was seen in two patients, and one patient complained of grade 3 acute radiation esophagitis.

Discussion and Conclusion

Curative surgery still remains an indispensable treatment option for stages I to IIIA NSCLC. In completely resected stages II and IIIA NSCLC, PORT could be beneficial since the most common pattern of intrathoracic failure occurs along the surgical stump or in the regional lymph node [11]. Therefore, PORT is considered an adequate adjuvant therapy to improve LC, especially in N2 node positive patients and cases with residual disease. PORT Meta-analysis Trialists Group criticized the role of PORT in 1998, stating that PORT produced a 7% detrimental effect in OS of all patients and no difference in OS in N2 node patients [12]. By contrast, several other studies have shown that PORT increased the locoregional control of N2 node positive patients [4,6,8,13]. Besides the 31 patients who had N2 nodes, our study also included 23 N0, 13 N1, and 6 Nx patients, but these patients required PORT due to involved or close resection margin and/or incomplete resection. In the Adjuvant Navelbine International Trialist Association (ANITA) trial, PORT improved survival in N1 node positive patients when given without chemotherapy. PORT improved survival of both observation and chemotherapy arm in N2 node positive patients [14]. The 5-year OS was 46% in this study, comparable to results of other studies. The 2-year LC, 3-year DFS, and 3-year DMFS rates were not inferior to those of previous studies. In this study, PORT was found to be a feasible and safe modality of adjuvant treatment in patients with multiple mediastinal nodes, close or involved margin, and/or residual disease.

Furthermore, although current evidence in the literature is limited this study tried to investigate whether CCRT had a further positive impact on the treatment outcome. The 5-year OS of CCRT arm was not inferior to RT arm despite more patients with higher stage were allocated in CCRT arm. This implies that CCRT could have contributed to better outcome in OS.

Adjuvant radiotherapy aids in sterilization of micrometastasis, which may lead to locoregional recurrence or distant metastasis. While studies investigating radiotherapy with a curative aim have reported that radiation dose escalation is associated with survival benefits, in the adjuvant setting, escalated radiation dose did not show improved LC or OS [15-17]. In contrast, radiation dose of more than 57.6 Gy showed improved DFS and DMFS in our study. CCRT may have caused such results because more patients with higher doses were in the CCRT arm. In order to determine the clear dose-relationship of adjuvant radiotherapy, large scale randomized studies using current techniques, such as 3D-CRT, are needed.

Adjuvant chemotherapy has a role in the prevention of

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	0S		DFS		ГC		DMFS	
VallaUIC	HR (95% CI)	p-value	HR (95% CI)	p-value	HR (95% CI)	p-value	HR (95% CI)	p-value
Age (<66 vs. ≥66 yr)	5.275 (2.373-11.727)	<0.001	2.671 (1.291-5.526)	0.008	1.703 (0.677-4.285)	0.258	2.107 (0.930-4.776)	0.074
Margin status	2.581 (0.962–6.921)	090.0	3.392 (1.230-9.359)	0.018	3.613 (1.146–11.386)	0.028	0.940 (0.247–3.579)	0.928
Vascular invasion	2.449 (0.948–6.325)	0.064	3.039 (1.300-7.103)	0.010	3.096 (1.158-8.279)	0.024	3.876 (1.623-9.258)	0.002
AJCC stage (I–II vs. III)	2.452 (1.187–5.068)	0.015	3.247 (1.539-6.850)	0.002	2.559 (1.021–6.419)	0.045	3.023 (1.295-7.054)	0.011
Total radiation dose (<57.6 vs. ≥57.6 Gy)	1.435 (0.635–3.242)	0.385	0.480 (0.233-0.990) 0.047	0.047	0.607 (0.213-1.730)	0.350	0.407 (0.182–0.909)	0.028
OS, overall survival; DFS, disease-free survival; LC, local control; DMFS, distant metastasis-free survival; HR, hazard ratio; Cl, confidence level; AJCC, American Join Committee on Cancer. p < 0.05.	vival; LC, local control; DI	MFS, distar	ıt metastasis-free surv	ival; HR, h	azard ratio; Cl, confiden	ce level; A	ICC, American Join Com	mittee on

Table 5. Pattern of recurrence by the treatment arms

	Total (n = 78)	RT (n = 48)	CCRT (n = 30)	p-value			
Locoregional	8 (10.0)	6 (12.0)	2 (7.0)	-			
Distant	18 (23.0)	12 (25.0)	6 (20.0)	-			
Locoregional & distant	14 (18.0)	10 (21.0)	4 (13.0)	-			
Total	40 (51.0)	28 (58.0)	12 (40.0)	0.433			
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RT, radiotherapy; CCRT, concurrent chemoradiation.

Table 6. Radiotherapy related toxicities by two treatment arms

	Gra	de 2	Gra	de 3
	RT	CCRT	RT	CCRT
Pneumonitis				
Acute/Subacute	2 (2.6%)	4 (5.1%)	-	-
Chronic	1 (1.3%)	3 (3.8%)	1 (1.3%)	2 (2.6%)
Others				
Leucopenia	3 (3.8%)	7 (9.0%)	-	2 (2.6%)
Thrombocytopenia	1 (1.3%)	1 (1.3%)	-	-
Anemia	1 (1.3%)	1 (1.3%)	-	-
Esophagitis	5 (6.4%)	6 (7.7%)	-	1 (1.3%)

Values are presented as number of patients (%).

RT, radiotherapy; CCRT, concurrent chemoradiation.

systemic failure caused by distant metastasis. In patients with completely resected NSCLC, adjuvant chemotherapy has been shown to improve survival of advanced stage (AJCC stage III) disease [18-20]. There was no statistical benefit in employing CCRT above RT. However, the survival rates of CCRT arm were all higher compared to those of RT alone arm in OS, DFS, LC, and DMFS. The propensity of improved results was more pronounced in DFS and LC as shown in Figs. 1 and 2, respectively. There are several reasons to explain the failure in extending the better survival of CCRT arm to statistical difference. Total number of patients as well as number of patients in each arm was too small to reflect the actual survival difference between the two arms. Another weakness of this study is the heterogeneity of chemotherapy regimen. More uniform regimen will eliminate the confounding effects caused by different drug potencies. There was no significantly more severe toxicity more observed in CCRT arm compared to RT alone arm. Further randomized trials need to be conducted to support the concept that CCRT should employ a current chemotherapy regimen in postoperative therapy.

Lung cancer patients are heavily affected by significant metabolic side effects. Hence, several patient-associated

Table 4. Multivariate analysis of prognostic factors

factors have been identified as clinically powerful prognostic factors. Stanley [21] stated that the 3 most important prognostic factors are initial performance status score, extent of disease, and weight loss in 6 months prior to diagnosis. In other studies, age, gender, and marital status have been found to be prognostic factors of survival [22]. In our study, patient age was the most important prognostic factor of OS, comparable to previous studies. Kim et al. [23] conducted retrospective analysis of PORT in stage III NSCLC. The 5-year DFS of patients with single station mediastinal lymph node metastasis was significantly better than that of multiple lymph node station (50% vs. 8%; p = 0.001) [23]. Positive lymph nodes >4 was a significant prognostic factor of DFS in our study as well.

We acknowledge that this study has a number of limitations. Firstly, our study should be understood in the view of the inherent biases of a retrospective study design. The number of patients included in this study was relatively small from a single institution leading to low statistical power. There also may be a selection bias; patient and treatment related factors, such as age, performance status, pathologic stage, RT indication, and RT dose, were not evenly distributed in each treatment arm. Secondly, although indications of the treatment were apparent, variant stages of NSCLC from IA to IIIB were included in this study. The heterogeneous characteristics of the patients may have caused a confounding factor in statistical analysis.

Despite the limitations, this retrospective data demonstrated that CCRT after curative surgery is an effective treatment modality without causing severe toxicities. Although more patients with higher stage and more N2 disease were allocated, 3-year DFS and LC showed tendency of improvement in CCRT arm and 5-year OS of CCRT arm was not inferior to RT arm. So adequate scheduling of adjuvant therapy, including escalation of radiotherapy dose and concurrent administration of chemotherapy could be considered after surgery to improve survival among high-risk patients, such as multiple N2 disease following curative resection.

Conflict of Interest

No potential conflict of interest relevant to this article was reported.

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