

Original Article

Induction of Anticarcinogenic Enzymes by Dichloromethane-soluble Fraction of *Physalis alkekengi* var. *francheti* Hort. in Mouse Hepatoma Cells

JiYeon Seo, Hyo Jung Kim[#], and Jong-Sang Kim*

School of Food Science and Biotechnology, BK21 Plus Creative Innovation Group for Leading Future Functional Food Industry, Kyungpook National University, Korea

Received: June 3 2014 / Revised: August 11 2014 / Accepted: August 20 2014

Abstract *Physalis alkekengi* var. *francheti* Hort. is known as an insecticide and traditional remedy for liver related diseases. Therefore, this study investigated the chemopreventive effects of extracts and several solvent fractions (*n*-hexane, dichloromethane, *n*-butanol, water) of *Physalis alkekengi* var. *francheti* Hort. First, their cytotoxicity and NQO1 activity were measured using an MTT assay, plus a quinone reductase [NAD(P)H dehydrogenase (quinone); NAD(P)H: (quinone acceptor) oxidoreductase, EC 1.6.99.2]-inducing activity assay was performed using cultured murine hepatoma cells (Hepa1c1c7) and its mutant cells (BpRc1). The reduction of electrophilic quinones by NQO1 is an important detoxification pathway and major mechanism of chemoprevention. When compared with the other solvent soluble fractions with different polarities, the dichloromethane fraction of *Physalis alkekengi* var. *francheti* Hort. showed a higher NQO1-inducing activity that was also dose-dependent. Moreover, the dichloromethane fraction of *Physalis alkekengi* var. *francheti* Hort. induced ARE-luciferase activities in HepG2-C8 cells that were generated by transfecting the ARE-luciferase gene construct, suggesting the Nrf2-ARE-mediated induction of anti-oxidative enzymes. In conclusion, the dichloromethane-soluble fraction of *Physalis alkekengi* var. *francheti* Hort. showed a relatively strong induction of detoxifying enzymes, thereby meriting further study to identify the active components and evaluate their potential as cancer preventive agents.

Keywords: *Physalis alkekengi* var. *francheti* Hort, chemoprevention, phase 2 enzymes, quinone reductase

Introduction

Physalis alkekengi L. (Solanaceae) is a popular plant in traditional Korean and Chinese folk medicine, and has been reported to have many ethnopharmacological properties, including antifungal, anti-cough, anti-inflammatory, analgesic, and febricide activities. Although the accumulation of alkaloids is characteristic to Solanaceae species, which makes the roots and aerial parts of *P. alkekengi* toxic, its fruit is indeed edible. Therefore, this paper investigates the antioxidant potential and phase 2 detoxifying enzyme-inducing activity of the *P. alkekengi* fruit. The dried fruit was extracted using 80% methanol, and its cancer preventive potential assessed by investigating its effect on the levels of phase 2 detoxifying enzymes.

NQO1, a typical anticarcinogenic marker enzyme, is expressed by activation of an antioxidant response element (ARE), a cis-element bound by a transcriptional activator Nrf2, similar to other detoxifying phase 2 enzymes. Therefore, the induction of NQO1 not only protects against quinone-mediated cytotoxicity, but also acts as a potential mechanism in the prevention of chemical carcinogenesis (Mehta & Pezzuto, 2002). An antioxidant response element (ARE) is present in the promoter region of genes encoding for phase 2 detoxification/antioxidant enzymes, such as heme oxygenase-1 (HO-1), NADPH quinone: oxidoreductase (EC 1.6.99.2) (NQO1, QR), and glutathione *S*-transferase. In unstressed states, Nrf2 is present in the cytoplasm in association with Kelch-like ECH-associated protein 1 (Keap1). Disturbance of the interaction between Nrf2 and Keap1, including covalent or oxidative modification of the cysteine thiols in Keap1 by electrophiles or oxidative stress, results in Nrf2 release and its translocation into the nucleus. The binding of Nrf2 to the ARE

[#]Current address: Research Institute for Biological Functions, Chubu University, Japan

*Corresponding author: Kim, Jong-Sang, Ph.D.
Tel: 82-53-950-5752; Fax: 82-53-950-6750
E-mail: vision@knu.ac.kr

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (<http://creativecommons.org/licenses/by-nc/3.0/>) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

© 2014 Institute of Agricultural Science and Technology, Kyungpook National University

sequence in genes encoding phase 2/antioxidant enzymes causes transcriptional activation of the relevant genes, promoting the removal of reactive oxygen species (ROS) or toxic chemicals. Many natural compounds, such as curcumin, caffeic acid phe-nethyl ester (CAPE), and sulphoraphane, are known to act as electrophiles in Nrf2/ARE activation (Balogun et al., 2003; Dinkova-Kostova et al., 2002; Prochaska et al., 1985; Zhang et al., 1992).

P. alkekengi var. francheti Hort. was previously found to induce the NQO1 enzyme and some other phase 2 detoxifying enzymes in a dose-dependent manner, suggesting its potential to exert anti-carcinogenic activity.

Materials and Methods

Materials

All the cell culture reagents and fetal bovine serum were obtained from Hyclone (Logan, UT, USA). The Hepa1c1c7 and BpRc1 cells were from the American Type Culture Collection (Rockville, MD, USA). All the other chemicals were of reagent grade.

Cell culture

The Hepa1c1c7 and its mutant (BpRc1) cells lacking ARNT (*Ah* receptor nuclear transporter), which is only responsive to monofunctional NQO1 inducers, were plated at a density of 3×10^5 and 5×10^5 cells per 100 mm plate (Nunc, Rochester, NY) in 10 mL of α -MEM supplemented with 10% FBS, respectively. The HepG2-C8 cell line established in Dr. Kong's lab at Rutgers, The State University of New Jersey, by transfecting human hepatoma HepG2 cells with a pARE-TI-luciferase construct was used for the reporter assay (Kim et al., 2003). The HepG2-C8 cells were maintained in modified DMEM supplemented with 10% FBS, GlutaMax (Gibco No. 35050-061), and 0.5 mg/mL neomycin. The cells were normally incubated for 3–4 days in a humidified incubator in 5% CO₂ at 37°C.

Preparation of samples

The *P. alkekengi var. francheti* Hort. was obtained from the Daegu Medicinal Herb Market located in Daegu and extracted using ten volumes of methanol at 28°C for 24 h, followed by rotary evaporation to dryness. Next, the dried extract was suspended in water and separated using different solvents (*n*-hexane, dichloromethane, and *n*-butanol) (Figure 1). Each solvent soluble fraction was then evaporated under a rotary vacuum evaporator (Eyela, Rikakikai, Japan). In this experiment, the efficiency of the total methanolic extract was 39.5%. The fractions partitioned sequentially by *n*-hexane, dichloromethane, *n*-butanol and water soluble fraction accounted for 6.6%, 1.6%, 1.6%, and 5.4%, respectively, per 100 g dry sample (Table 1).

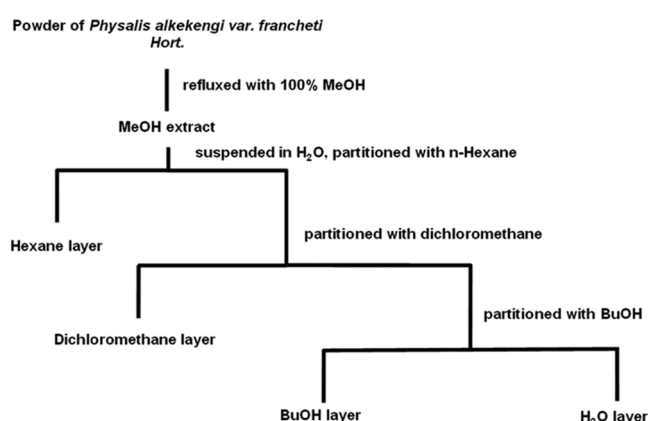


Figure 1. Extraction scheme of *Physalis alkekengi var. francheti* Hort.

Table 1. Extraction efficiency of several solvent fractions

Solvent fraction	Extraction efficiency (%)
Methanol extract	39.5
Hexane-soluble fraction	6.6
Dichloromethane-soluble fraction	1.6
Butanol-soluble fraction	1.6
Water-soluble fraction	5.4

MTT cytotoxicity assay

The Hepa1c1c7 or BpRc1 cells were plated at a density of 5×10^3 cells/well (200 μ L) in 96-well plates that had been pre-incubated for 4 h. After incubating the cells for 72 h, a MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl-tetrazolium bromide) working solution was added to each well (200 μ g/mL), and the plates were incubated at 37°C for another 4 h. Thereafter, the wells were completely removed and 150 μ L of dimethylsulfoxide (DMSO) was added to each well to dissolve the crystalline formazan product. The absorbance in each well was measured at 540 nm using a TECAN sunrise plate reader (Tecan Trading AG, Switzerland). The treatment toxicity was quantified as the treatment mean absorbance as a percentage of the control mean absorbance, yielding a relative measure of the remaining viable, metabolically active cells after exposure.

Quinone reductase activity assay

The QR activity was measured using a spectrophotometric assay, where the rate of reduction of 2,6-dichlorophenolindophenol was monitored at 600 nm according to the modified method described by Benson and coworkers (1980). Briefly, the Hepa1c1c7 and BpRc1 cells were plated at a density of 3×10^5 and 5×10^5 cells/plate, respectively, in 10 mL α -MEM supplemented with 10% FBS. The cell culture was performed in a humidified incubator in 5% CO₂ at 37°C. The cells were cultured for 48 h, followed by exposure to various sample concentrations for another 24 h before being harvested. The cells were then washed with ice cold PBS (137 mM NaCl, 2.7 mM KCl, 10 mM Na₂HPO₄ and 2 mM KH₂PO₄, pH 7.4), collected from the plates by scraping with a

rubber policeman, and disrupted for 2 seconds 7 times using an ultrasonic cell disruptor (50W, Kontes, Vineland, NJ, USA). The cell homogenates were then centrifuged at $10,500\times g$ for 5 min in a microcentrifuge (VS-15000CFN11; Vision, Seoul, Korea). The NQO1 activity was assayed by measuring the rate of oxidation of 2,6-dichlorophenolindophenol (DCPIP) at 600 nm for 2 min in an assay system containing 250 mM Tris-HCl (pH 7.4), 70 mg bovine serum albumin, 0.1% Tween 20, 500 μ M FAD, 2 mM NADH, and 200 μ L of the cell extract in a final volume of 3.0 mL. The QR induction was expressed as 2,6-dichlorophenolindophenol reduced/min/mg protein. Plus, the protein concentration was determined using the modified method of Lowry (Peterson et al., 1977).

Assay of reporter gene activity

The HepG2-C8 cells were plated in 6-well plates at a density of 5×10^5 cells/well. After 16 h of incubation, the cells were cultured in fresh modified DMEM with high glucose containing 0.5% FBS for 12 h before the sample treatment. After culturing the cells for another 16 h in the presence of various sample concentrations, the cells were collected and the luciferase activity determined according to the protocol provided by the manufacturer (Promega Corp., Madison, WI) (Kim et al., 2003). Briefly, after the sample treatment, the cells were washed twice with ice-cold PBS and harvested in a reporter lysis buffer. The homogenates were then centrifuged at $12,000\times g$ for 2 min at 4°C . Thereafter, 20 μ L of the supernatant was assayed for its luciferase activity using a TD-20/20 luminometer (Turner Designs, Sunnyvale, CA). The luciferase activity was normalized against the protein concentration.

Western blot analysis

This was performed on cytosolic fractions prepared from the cultured cells to estimate the level of detoxifying enzymes according to a previously described protocol (Kim et al., 2004; Im et al., 2007). The primary antibodies, including anti-NQO1, anti-HO1, anti- γ GCS, anti- β -tubulin, anti-Nrf2, and anti-SAM68, and the horseradish peroxidase-conjugated secondary antibody anti-goat or anti-rabbit IgG were all from Santa Cruz Biotechnology (Santa Cruz, CA, USA).

Statistical analysis

The statistical significance of the enzyme activity data was tested by an analysis of variance, followed by Duncan's multiple range test, using SPSS software (SPSS Inc., Chicago, IL, USA). The level of statistical significance for differences among the treatment groups was set at $p < 0.05$.

Results

Extraction rate of sample according to experimental setting

The dry fruit of *P. alkekengi var. francheti Hort* was powdered and

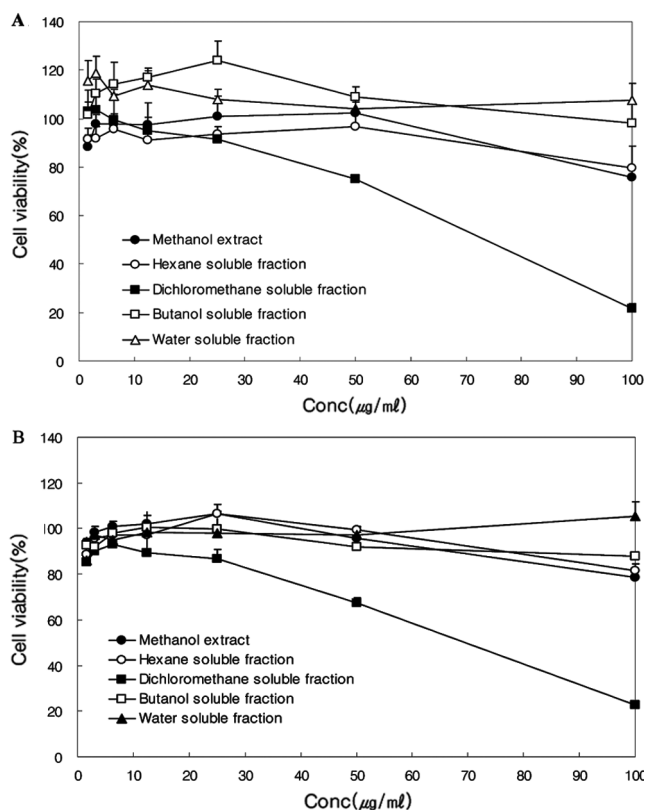


Figure 2. Antiproliferative effects of methanol extract and solvent fractions of *Physalis alkekengi var. francheti Hort.* (PA) against Hepa1c17 (A) and BPRc1 (B).

extracted using pure methanol. The extraction efficiency was 39.5% on a dry basis. The extract was further fractionated using *n*-hexane, dichloromethane, *n*-butanol, and water, consecutively, with yields of 6.6, 1.6, 1.6, and 5.4%, respectively.

Anti-proliferative effects of extract and solvent fractions from *P. alkekengi var. francheti Hort.* in mouse hepatoma cells.

To examine the growth inhibitory effects of the extract and solvent fractions from *P. alkekengi var. francheti Hort.*, the cell viability of mouse hepatoma cells (Hepa1c17 and its mutant BpRc1) was measured after 72 h of various dose treatments with the extract and solvent fractions of *P. alkekengi var. francheti Hort.* The dichloromethane-soluble fraction of *P. alkekengi var. francheti Hort.* was found to inhibit the growth of both cell types in a dose-dependent manner, with an IC_{50} of approximately 75 $\mu\text{g/ml}$. However, the other solvent soluble fractions of *P. alkekengi var. francheti Hort.* did not exhibit any growth inhibition activity, even at the maximum dose used (100 $\mu\text{g/ml}$) (Figure 2).

Induction levels of QR using extract and solvent fractions of *P. alkekengi var. francheti Hort.* in mouse hepatoma cells.

Each solvent fraction with a different polarity (*n*-hexane, dichloromethane, *n*-butanol, and water) was assayed for its ability to induce NQO1 in the BpRc1 cells. Among the solvent fractions,

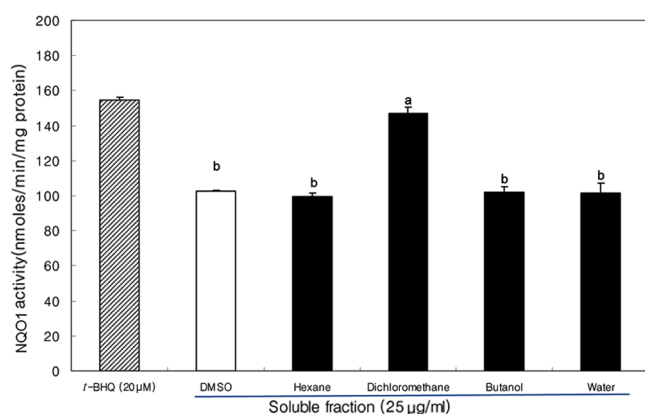


Figure 3. Induction of NQO1 activity by several solvent fractions of *Physalis alkekengi var. francheti Hort.* in BpRc1 cells.

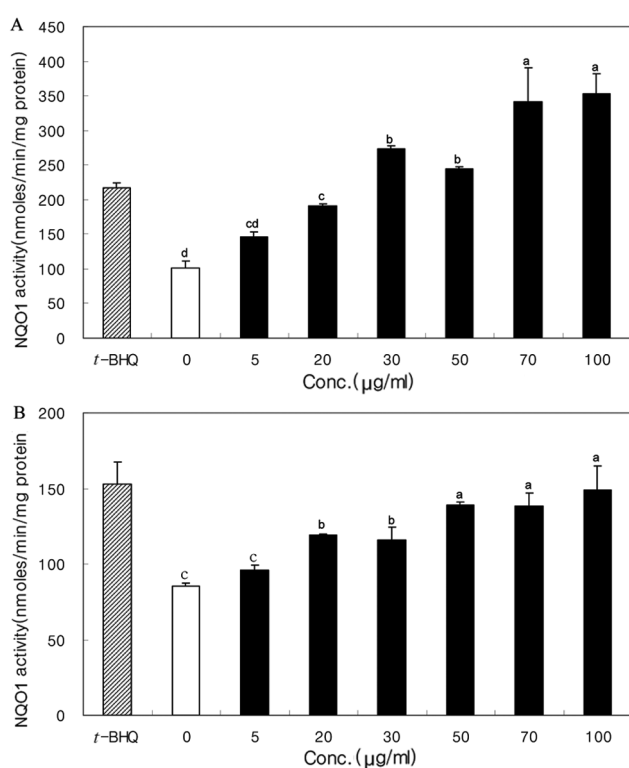


Figure 4. Induction of NQO1 activities by dichloromethane fraction of *Physalis alkekengi var. francheti Hort.* in Hepal1c7 (A) and BpRc1 (B) cells.

only the dichloromethane-soluble fraction showed a stronger NQO1 induction (Figure 3). In addition, the dichloromethane-soluble fraction also exhibited a dose-dependent NQO1 inducing activity in both the Hepal1c7 and mutant BpRc1 cells (Figure 4).

Effect of extract and solvent fractions of *P. alkekengi var. francheti Hort.* on pARE-TI-Luciferase expression

This study investigated whether the induction of NQO1 was mediated via an antioxidant response element (ARE) in the respective genes using HepG2-C8 cells transfected with a pARE-

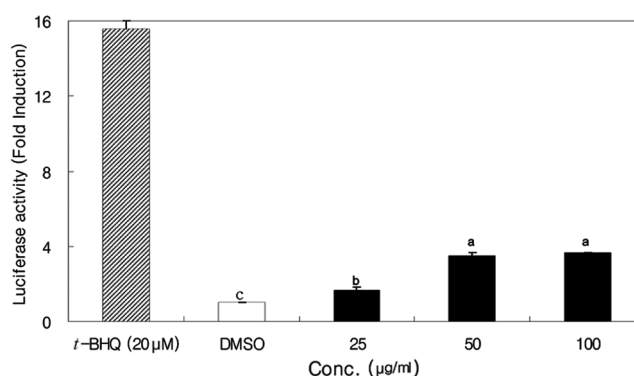


Figure 5. Induction of ARE-luciferase activities by dichloromethane fraction of *Physalis alkekengi var. francheti Hort.* in HepG2-C8 cells.

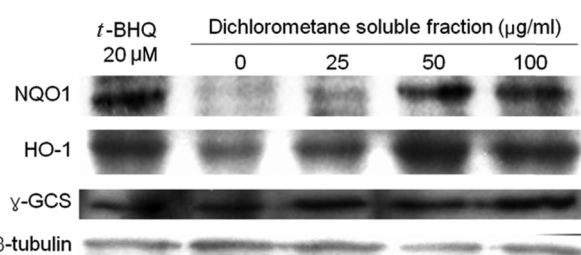


Figure 6. Expression of phase 2 detoxifying enzymes by dichloromethane-soluble fraction from methanol extract of *Physalis alkekengi var. francheti Hort.* in Hepal1c7 cells.

TI-luciferase construct. Thus, the HepG2-C8 cells were exposed to the dichloromethane-soluble fraction at final concentrations of 25 and 50 μM for 16 h. The ARE-luciferase activity of the HepG2-C8 cells exposed to the dichloromethane-soluble fraction (100 μg/mL) of PA increased 3.6-fold, while it increased 15.6-fold when exposed to 20 μM tert-butyl hydroquinone (tBHQ), a known NQO1 inducer (Figure 5).

Effect of extract and solvent fractions of *P. alkekengi var. francheti Hort.* on phase 2 enzyme expression in hepa1c1c7 cells

To determine whether the dichloromethane-soluble fraction of *P. alkekengi var. francheti Hort.* affected the expression of certain phase 2 detoxifying enzymes, the hepa1c1c7 cells were exposed to the compounds at levels of 0, 25, 50, and 100 μg/mL for 24 h and a Western blot performed using antibodies against gamma-glutamylcysteine synthase (γGCS), quinone reductase (NQO1), hemeoxygenase 1 (HO-1). As shown in Figure 6, the expression of three phase 2 enzymes (NQO1, HO-1, γGCS) was up-regulated by the dichloromethane-soluble fraction in a dose dependent manner.

Discussion

The induction of phase 2 detoxifying and antioxidant enzymes by most monofunctional inducers has been reported to be mediated

by the interaction between NF-E2-related factor-2 (Nrf2) and an antioxidant response element (ARE) in the promoter region of phase 2 detoxifying and antioxidant enzyme genes. Considering that the dichloromethane fraction of the fruit extract stimulated luciferase activity in the reporter assay representing the ARE-binding activity of Nrf2, the fraction appears to liberate Nrf2 from the Nrf2-keap1 complex, and promote the nuclear migration and ARE-binding of Nrf2 to activate the transcription of antioxidant enzyme genes (Itoh et al., 1997; Kobayashi et al., 2009).

It is generally believed that the induction of NQO1 represents the anticarcinogenic potential of the sample. Therefore, there is possibility that the fruit extract may exert anticarcinogenic action through enhancing the expression of phase 2 detoxifying enzymes and thereby promoting the degradation of endogenous and exogenous carcinogens. In particular, the dichloromethane fraction showed a dose-dependent increase of NQO1 activity in both the wild-type mouse hepatoma hepa1c1c7 cells and its mutant BpRc1 cells, as shown in Figure 4. Furthermore, this increased NQO1 activity appeared to be mediated by an enhanced expression of the NQO1 protein, as shown in Figure 6. The protein levels of heme oxygenase-1 (HO-1) and gamma-glutamylcysteine synthetase (γ GCS) were also increased by the dichloromethane fraction of the fruit extract. It is already well established that phase 2 detoxifying enzymes are regulated by the Nrf2 signaling pathway. That is, Nrf2 is present in a heterodimeric complex form with the Keap1 protein in the cytosol of cells in an unstressed condition. However, Nrf2 is released from the complex under stressful conditions, such as the entry of certain phytochemicals and oxidative stress, migrates into the nucleus, and binds with the ARE sequence in the promoter region of phase 2/antioxidant enzyme genes, activating their transcription. This study also confirmed that the dichloromethane fraction of the fruit extract stimulated the nuclear translocation of Nrf2 in a dose-dependent manner, suggesting that the sample regulated the phase 2 enzyme levels through the Nrf2 signaling pathway (Figure 7).

P. alkekengi (Bladder cherry, Chinese lantern, Japanese lantern, or Winter cherry; Japanese: hōzuki) is a relative of *P. peruviana* (Cape Gooseberry), easily identifiable by the larger bright orange to red papery covering over its fruit, which resembles Chinese lanterns. *P. alkekengi* varieties are grown for the decorative value of their brilliantly colored, swollen calyces. Its sepals represent rich sources of two important xanthophylls: zeaxanthin and β -cryptoxanthin (Pintea et al., 2005; Deineka et al., 2008). β -cryptoxanthin is one of the xanthophylls with provitamin A activity, a fact that gives it a greater biological importance and application perspectives (Pintea et al., 2005). The functional role of lutein/zeaxanthin in the human macula, including supporting evidence from epidemiological studies that higher consumption of these two carotenoids is associated with a lower risk of age-related macular degeneration, makes the topics of photo-protection and eye disease prevention by these pigments active areas of

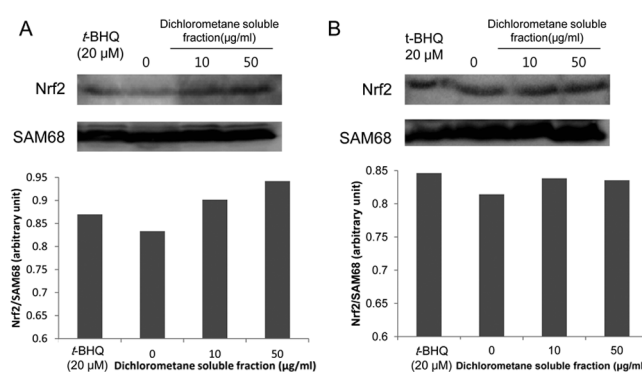


Figure 7. Translocation into nucleus of Nrf2 by dichloromethane soluble fraction from methanol extract of *Physalis alkekengi* var. *francheti* Hort. in Hepa1c1c7 and BpRc1 cells.

investigation (Rózanowska et al., 2010). However, it is not yet clear whether zeaxanthin and β -cryptoxanthin are responsible for the NQO1-inducing activity of the fruit extract.

Thus, when taken together, the current data demonstrated that the dichloromethane fraction derived from *P. alkekengi* induced QR in cultured cells, suggesting its potential as a cancer preventive agent.

Acknowledgments

This work was supported by a grant (R0002736) from the Regional Industry R&D Assistance Program (2013) of the Ministry of Trade, Industry and Energy, Republic of Korea.

References

- Albano E, Tomasi A, Gorla-Gatti L, Poli G, Vannini V, Dianzani MU (1987) Free radical metabolism of alcohols by rat liver microsomes. *Free Radic Res Commun* 3: 243-249.
- Balogun E, Hoque M, Gong P, Killeen E, Green CJ, Foresti R, Alam J, Motterlini R (2003) Curcumin activates the haem oxygenase-1 gene via regulation of Nrf2 and the antioxidant-responsive element. *Biochem J* 371: 887-895.
- Benson AM, Hunkeler MJ, Talalay P (1980) Increase of NAD(P)H: quinone reductase by dietary antioxidants: possible role in protection against carcinogenesis and toxicity. *Proc Natl Acad Sci USA* 77: 5216-5220.
- Connor HD, Lacagnin LB, Knecht KT, Thurman RG, Mason RP (1990) Reaction of glutathione with a free radical metabolite of carbon tetrachloride. *Mol Pharmacol* 37: 443-451.
- Deineka V I, Sorokopudov VN, Deineka LA, Tret'yakov MY, Fesenko VV (2008) Studies of *Physalis alkekengi* L. fruits as a source of xanthophylls. *Pharmaceut Chem J* 42: 87-88.
- Dinkova-Kostova AT, Holtzclaw WD, Cole RN, Itoh K, Wakabayashi N, Katoh Y, Yamamoto M, Talalay P (2002) Direct evidence that sulfhydryl groups of Keap1 are the sensors regulating induction of phase 2 enzymes that protect against carcinogens and oxidants. *Proc Natl Acad Sci USA* 99: 11908-11913.
- Itoh K, Chiba T, Takahashi S, Ishii T, Igarashi K, Katoh Y, Oyake T, Hayashi N, Satoh K, Hatayama I, Yamamoto M, Nabeshima Y (1997)

- An Nrf2/small Maf heterodimer mediates the induction of phase II detoxifying enzyme genes through antioxidant response elements. *Biochem Biophys Res Commun* 236: 313-22.
- Kang H-S, Park MJ, Jin KS, Kim YH, Jun M, Lim H-J, Jo WK, Kim J-S, Jeong WS (2008) Regulatory roles of chrysanthemum zawadskii roots in nuclear factor E2-related factor 2/antioxidant response element pathway. *Food Sci Biotechnol* 17: 367-372.
- Kim BR, Hu R, Keum YS, Hebbbar V, Shen G, Nair SS, Kong AN (2003) Effects of glutathione on antioxidant response element-mediated gene expression and apoptosis elicited by sulforaphane. *Cancer Res* 63: 7520-7525.
- Kim JH, Lee JS, Song KS, Kwon CS, Kim YK, Kim JS (2004) Polyozellin isolated from Polyozellus multiplex induces phase 2 enzymes in mouse hepatoma cells and differentiation in human myeloid leukaemic cell lines. *J Agric Food Chem* 52: 451-455.
- Kim JR, Kim JH, Lim HA, Jang CH, Kim JH, Kwon CS, Kim YK, Kim J-S (2005) Induction of Quinone Reductase, an Anticarcinogenic Marker Enzyme, by Extract from *Chrysanthemum zawadskii* var. *latilobum* K. *J Food Sci Nutr* 10: 340-343.
- Kobayashi M, Li L, Iwamoto N, Nakajima-Takagi Y, Kaneko H, Nakayama Y, Eguchi M, Wada Y, Kumagai Y, Yamamoto M (2009) The antioxidant defense system Keap1-Nrf2 comprises a multiple sensing mechanism for responding to a wide range of chemical compounds. *Mol Cell Biol* 29: 493-502.
- Kwon HS, Ha TJ, Hwang SW, Jin YM, Nam SH, Park KH, Yang MS (2006) Cytotoxic flavonoids from the whole plants of *Chrysanthemum zawadskii* Herbich var. *latilobum* Kitamura. *J Life Sci* 16: 746-749.
- Lowry OH, Rosebrough NJ, Farr AL, Randall RJ (1951) Protein measurement with the Folin phenol reagent. *J Biol Chem* 193: 265-275.
- McCay PB, Lai EK, Poyer JL, DuBose CM, Janzen EG (1984) Oxygen- and carbon-centered free radical formation during carbon tetrachloride metabolism: Observation of lipid radicals in vivo and in vitro. *J Biol Chem* 259: 2135-2143.
- Mehta RG, Pezzuto JM (2002) Discovery of cancer preventive agents from natural products: from plants to prevention. *Curr Oncol Rep* 4: 478-486.
- Packer JE, Slater TF, Willson RL (1978) Reactions of the carbon tetrachloride-related peroxy free radical (CCl3O2.) with amino acids: Pulse radiolysis evidence. *Life Sci* 23: 2617-2620.
- Pintea A, Varga A, Stepnowski P, Socaciu C, Culea M, Diehl HA (2005) Chromatographic analysis of carotenol fatty acid esters in *Physalis alkekengi* and *Hippophae rhamnoides*. *Phytochem Anal* 16: 188-195.
- Prochaska HJ, De Long MJ, Talalay P (1985) On the mechanisms of induction of cancer-protective enzymes: a unifying proposal. *Proc Natl Acad Sci USA* 82: 8232-8236.
- Proctor E, Chatamra K (1982) High yield micronodular cirrhosis in the rat. *Gastroenterology* 83: 1183-1190.
- Recknagel RO (1967) Carbon tetrachloride hepatotoxicity. *Pharmacol Rev* 19: 145-208.
- Rzanowska M, Rzanowski B (2010) "Carotenoid uptake and protection in cultured RPE," in *Carotenoids, Physical, Chemical and Biological Functions and Properties*, T. Landrum, Ed., pp. 309-355, CRC Press, Taylor and Francisco Group, Boca Raton, Fla, USA, 2010.
- Seo JY, Lim SS, Kim JR, Lim JS, Ha YR, Lee IA, Kim EJ, Park JH, Kim JS (2008) Nrf2-mediated induction of detoxifying enzymes by alantolactone present in *Inula helenium*. *Phytother Res* 22: 1500-1505.
- Seo JY, Park J, Kim HJ, Lee IA, Lim JS, Lim SS, Choi SJ, Park JH, Kang HJ, Kim JS (2009). Isoalantolactone from *Inula helenium* caused Nrf2-mediated induction of detoxifying enzymes. *J Med Food* 12: 1038-1045.
- Slater TF (1984) Free-radical mechanisms in tissue injury. *Biochem J* 222: 1-15.
- Wong FW, Chan WY, Lee SS (1998) Resistance to carbon tetrachloride-induced hepatotoxicity in mice which lack CYP2E1 expression. *Toxicol Appl Pharmacol* 153: 109-118.
- Yin H-Q, Lee BW, Kim YC, Sohn DH, Lee BH (2004) Induction of the anticarcinogenic marker enzyme, quinone reductase, by *Dalbergia lignum*. *Arch Pharm Res* 27: 919-922.
- Zhang Y, Talalay P, Cho CG, Posner GH (1992) A major inducer of anticarcinogenic protective enzymes from broccoli: isolation and elucidation of structure. *Proc Natl Acad Sci USA* 89: 2399-2403.