

A Case of Portosystemic Shunt in a Domestic Shorthair Cat

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Abstract : A 3-year-old castrated male domestic shorthair cat was presented with a chief complaint of sudden onset of intermittent seizures occurring five times a day. Physical examination revealed the copper colored iris and loss of menace response at both eyes. Abnormalities of blood works and serum chemistry revealed mild erythrocytosis, severe microcytosis, and threefold increase in ALT activity. Additional liver function tests results were increased bile acid and NH₃ concentration. Radiographic study revealed multifocal nodules of the liver and an extrahepatic shunt was noted by ultraonography, which was confirmed by computed tomography as multiple extrahepatic shunts. The cat was scheduled for surgery applying an ameloid ring to occlude the shunt gradually. Diazepam and lactulose were instituted to the patient. However, clinical signs worsened despite medical management with shortened interval of seizures and the patient died due to cardiac arrest.

Key words : portosystemic shunt, extrahepatic, Domestic shorthair cat.

Introduction

In portosystemic shunt (PSS), portal blood bypasses the liver via systemic collateral vessels (13). Such vessel abnormality can be congenital or acquired condition that results from portal hypertension caused by severe liver cirrhosis or fibrosis (17).

Certain breeds seem to be predisposed to congenital portosystemic shunts in dogs (14), and in cats, Persian and Himalayan have been reported to be at increased risk for congenital PSS in small case series (8,16). In a report of 49 cats, median age was eight months old (6). Unlike dogs, main chief complaints of feline patients are neurologic signs associated with hepatic encephalopathy that includes ptialism, intermittent seizure, ataxia, disorientation and blindness (1,17).

In laboratory tests, findings in some cats usually include low serum urea concentration, mildly increased liver enzyme activity, erythrocyte microcytosis, and increased serum bile acid and ammonia concentration (1,2,17). In radiography, liver size can be small (1,10). A definitive diagnosis is based on results of mesenteric portography or ultrasonography (8,10,17).

This paper describes a case of feline portosystemic shunt and review the significance of laboratory tests in screening cats with PSS.

Case

A 3-year-old castrated male domestic shorthair cat was presented with a chief complaint of sudden onset of intermittent seizures. The seizures repeated at one or two hour intervals and lasted one minute. Physical examination revealed copper color iris and loss of menace response at both eyes. Blood works and serum chemistry revealed mild erythrocytosis

($11.34 \times 10^6/uL$, reference range $5.00-11.00 \times 10^6/uL$), severe microcytosis (31.5fl, reference range 39.0-52.0fl), and increased ALT activity (314 U/L, reference range 12-130 U/L) (Table 1). Increased central pallor in RBCs was noted in blood film examination. Because the patient did not show clinical findings consistent with iron deficiency and chronic disease, further liver function tests were performed to rule in the possibility of portosystemic shunt.

Fasting ammonia concentration was 98 umol/L (reference range 0-95 umol/L) and preprandial and postprandial serum bile acid concentration was 16 umol/L (reference range 0-25 umol/L) and 52 umol/L (reference range 0-25 umol/L) respectively. Abdominal radiographs revealed normal liver size. Multifocal nodules in the liver and shunt vessel that connected to the caudal vena cava were identified by ultrasonography. Computed tomography angiography had been used in the identification of origin of the shunt. The shunting vessel originated from portal vein to caudal vena cava (Fig 1). The patient was scheduled to undergo surgery for application of an ameloid constrictor to the shunt vessel. Prior to surgery, diazepam (0.3 ml, IV) and lactulose were administered to manage seizure and hepatic encephalopathy. Despite medical management, interval and frequency of seizure was more shortened than before and the patient died due to cardiac arrest.

Discussion

Congenital portosystemic shunt (CPSS) in cats are uncommon diagnosis with a reported incidence of 2.5 per 10,000 cats according to one report (9). No known incidence was reported in South Korea, although the number of companion cats has been increasing. The first CPSS in cats was reported only in 1980 in veterinary literature, and large case series were published since 1992. To the best of the authors' knowledge, this is the first documented feline PSS in Korea. The

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Table 1. Complete blood cell count and biochemistry on the day of first admission

Parameters	Value	Reference range	Parameters	Value	Reference range
WBC ($10^3/\mu\text{L}$)	7.46	5.5-19.5	Albumin (g/dl)	3.1	2.2-3.9
RBC ($10^6/\mu\text{L}$)	8.80	5.00-11.00	Total protein (g/dl)	7.1	5.2-8.2
Hematocrit (%)	30.1	24.0-45.0	BUN (mg/dl)	24	16-33
Hemoglobin (g/dl)	11.4	8.0-15.0	Creatinine (mg/dl)	1.4	0.6-1.6
RDW (%)	17	12.0-18.0	ALT (U/L)	314	12-130
MCV (fl)	31.5	39.0-52.0	ALKP (U/L)	65	14-192
MCHC (g/dl)	36.4	30.0-37.0	Cholesterol (mg/dl)	104	62-191
Platelet ($10^3/\mu\text{L}$)	325	150-800	Ca (mg/dl)	9.7	7.8-11.3
NH ₃ ($\mu\text{mol/L}$)	98	0-95	P (mg/dl)	3.4	3.1-7.5
bile acid, fasting ($\mu\text{mol/L}$)	16	0-25	Na (mmol/L)	162	150-165
postprandial ($\mu\text{mol/L}$)	53	0-25	Cl (mmol/L)	125	112-129
			K (mmol/L)	3.9	3.5-5.8

RDW = RBC distribution width; MCV = mean corpuscular volume; MCHC = mean corpuscular hemoglobin concentration; BUN = blood urea nitrogen; ALT = alanine aminotransferase; ALKP = alkaline phosphatase; Ca = calcium; P = phosphate; Na = sodium; K = potassium; Cl = chloride

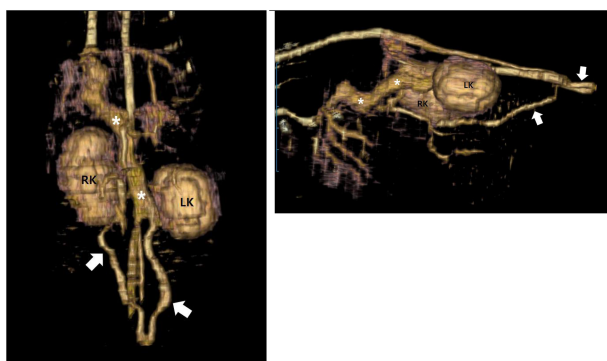


Fig 1. Volume rendering 3D reconstructed computed tomographic image of a cat with an extrahepatic portocaval shunt. The U-shaped shunt vessel (arrows) courses caudad at the level of urinary bladder and loops back craniad, connecting the portal vein and caudal vena cava (astericks) enlarged and tortuous. Left kidney (LK), right kidney (RK).

low incidence rate may be partly attributed to the fact that in many patients with PSS clinical signs may be intermittent and vague, waxing and waning, or appear normal (15).

Known clinical signs in the vast majority of affected cats include seizures, ataxia, central blindness, behavioral changes, aggression, lethargy, head pressing, tremors, and hypersalivation, among which hypersalivation has been the most frequently encountered clinical manifestation (1,2,15,17). Gastrointestinal disease common in dogs are less common in cats. The chief complaint of the current case was sudden onset of intermittent seizures.

Routine hematology and biochemistry are useful in the screening for cats with suspected PSS (15). Commonly reported clinicopathological abnormalities in affected cats include low urea, hypoalbuminemia, normal or increased ALT and ALP activities, increased fasting ammonia and bile acid concentration. In urinalysis like in dogs ammonium crystals can be seen although less common (1,5,7). In CBC microcytosis are more commonly reported, and approximately 27-54% of cats have microcytosis usually not accompanied by anemia (3,5,7). The sensitivity and specificity of ammonia for the

detection of a CPSS has been reported as 83% and 86%, respectively and the sensitivity of preprandial and post prandial bile acids as 58-100% and 100% (13,15). The presence of microcytosis without signs or physical findings indicative of iron deficiency anemia or anemia of chronic inflammatory disease (2,4), low BUN, hypoalbuminemia, and/or increased ALT and ALP activities can be used as a basis to determine to perform liver function tests, and/or imaging analysis. In the current case the presence of severe microcytosis in a young cat with no relevant clinical history suggestive of chronic disease or iron deficiency prompted further liver function tests and imaging analysis. It was difficult to demonstrate shunt vessels by ultrasonography in the current case, although highly sensitive and specific for the diagnosis of PSS in cats (15). Microcytosis in conjunction with clinical signs can be a useful screening index for the diagnosis of CPSS in cats because it is cost effective and simple, and can be included in the general profile even in the normal appearing cats (12). However, for the confirmative diagnosis of CPSS liver function tests and imaging analysis should be pursued. Any feline breeds having congenital microcytosis have not been known unlike in dogs (15).

The shunt vessel in the current case was extrahepatic which is the most common form of CPSS in cats although the vessels were one large unusually long U shaped and another short vessels (15). Common communication include the left gastric vein to the caudal vena cava, portoazygous shunts, portocaval shunts, and shunts connecting the colonic vein or the gastrosplenic vein and the caudal vena cava of which portocaval shunt was revealed in the current case.

In cats with CPSS, stabilization is prerequisite prior to a definitive surgical treatment. Medical treatments include lactulose, antibiotics, dietary medication to reduce ammonia and other toxin levels, and anti convulsive drugs. Responses to these premedication may vary in cats with only 32% complete resolution of the clinical signs in one report (11). Diazepam, phenobarbitone, propofol or levetiracetam should be given to the cats with severe neurological signs or status epilepticus (15). Postattenuation neurological complications are

more prevalent in cats than in dogs (11). In this patient in an emergency state the seizures did not respond to diazepam, and lactulose, and the seizures became more severe. Poor response to this medication can be attributed to multiple complex form of shunts and severely decreased liver function.

Conclusively, CPSS should be included in the differential diagnosis in cats showing neurological signs. Microcytosis, low BUN, hypoalbuminemia, abnormal liver function tests and increased ALT/ALP activities are useful indices to rule in/out the presumptive diagnosis of CPSS.

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한국 집고양이의 문맥전신선트 한 증례

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요 약 : 3년령 한국 집고양이가 갑작스럽게 발병한 간헐적 경련 증상을 주 증상으로 내원하였다. 신체검사상 구리 빛 홍체가 관찰되었고, 양안에서 위협반사 소실이 관찰되었다. 혈액학 검사와 혈청 화학 검사에서 경증의 적혈구 증가증과 심한 소적혈구증, 증가된 ALT 활성도가 확인되었으며, 추가로 실시한 간기능 평가에서는 담즙산염 농도와 암모니아 농도가 증가하였다. 방사선 검사에서 간 내 다수의 결절이 관찰되었고, 간외성 선트 혈관을 발견하였으며, 추가로 실시한 컴퓨터 단층 촬영을 통해 복합 간외선트를 확인하였다. 고양이는 선트 혈관에 대한 외과적 처치술을 받기 위해 증상 완화를 위한 디아제팜과 락툴로즈를 투여하였으나 경련이 심화되었고, 심장 정지가 와서 폐사하였다.

주요어 : 문맥전신선트, 간외성, 한국 집고양이