Nucleus-phonon interactions of MCsSO₄ (M = Na, K, or Rb) single crystals studied using spin-lattice relaxation time

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Abstract The structural properties and relaxation processes of MCsSO₄ (M = Na, K, or Rb) crystals were investigated by measuring the NMR spectra and spin-lattice relaxation rates $1/T_1$ of their 23 Na, 39 K, ⁸⁷Rb, and ¹³³Cs nuclei. According to the NMR spectra, the MCsSO₄ crystals contain two crystallographically inequivalent sites each for the M and Cs ions. Further, the relaxation rates of all these nuclei do not change significantly over the investigated temperature range, indicating that no phase transitions occur in these crystals in this range. The variations in the $1/T_1$ values of the ²³Na, ³⁹K, ⁸⁷Rb, and ¹³³Cs nuclei in these three crystals with increasing temperature are approximately proportional to T^2 , indicating that Raman processes may be responsible for the relaxation. Therefore, for nuclear quadrupole relaxation of the ²³Na, ³⁹K, ⁸⁷Rb, and 133 Cs nuclei, Raman processes with n=2 are more effective than direct processes.

Keywords: NaCsSO₄, KCsSO₄, RbCsSO₄, Nuclear magnetic resonance, Raman process, Relaxation time.

Introduction

Double sulfate crystals are members of a family of crystals with the general formula MM'BX4, where M and M' represent the monovalent ions Li+, Na+, K+, Rb^+ , or Cs^+ , and BX_4 denotes SO_4^{2-} or SeO_4^{2-} [1-8]. For example, sodium cesium sulfate, NaCsSO₄, potassium cesium sulfate, KCsSO4, and rubidium cesium sulfate, RbCsSO₄, are double sulfate crystals. The physical properties and phase transitions of double sulfate crystals have attracted considerable interest because of their anomalous behaviors at their transition temperatures [9-13] and their interesting structural phase transition sequences [14-17], in particular those between ferroelectric, their ferroelastic, and superionic phases. The properties of these phases are currently of great interest because of possible applications of these crystals in energy sources [18, 19]. $MCsSO_4$ (M = Na, K, or Rb) crystals also have potential applications, but no research into their physical properties or NMR relaxation processes has been reported.

The spin-lattice relaxation rates of a crystal can be used as measures of its dynamics and indicate the ease with which the excited-state energies of the crystal nuclear systems are transferred to its lattice. In this study, detailed information about the relaxation mechanisms of $MCsSO_4$ (M = Na, K, or Rb) crystals was obtained by measuring the spin-lattice relaxation rates $1/T_1$ of their constituent

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nuclei, ²³Na, ³⁹K, ⁸⁷Rb, and ¹³³Cs. We determined the temperature dependences of $1/T_1$ for these nuclei for the first time by using pulse NMR spectrometry. The NMR results were used to determine the relaxation mechanisms for these three crystals and to characterize their Raman processes. This paper also reports the effect of nucleus-phonon interactions on the ²³Na, ³⁹K, ⁸⁷Rb, and ¹³³Cs nuclei in the three crystals.

Experimental section

Single $MCsSO_4$ crystals (M = Na, K, or Rb) were aqueous solutions from containing Na₂SO₄:Cs₂SO₄, K₂SO₄:Cs₂SO₄, and Rb₂SO₄:Cs₂SO₄, respectively, by using the slow evaporation method at 293 K. The resulting crystals had hexagonal shapes and were colorless and transparent.

Differential scanning calorimetry (DSC) was performed on the three crystals using a DuPont 2010 DSC instrument in order to determine their phase transition temperatures. These measurements were performed at a heating rate of 10 K/min. No phase transitions were found for the three crystals between 120 and 530 K.

The NMR signals of the ²³Na, ³⁹K, ⁸⁷Rb, and ¹³³Cs nuclei in the MCsSO₄ (M = Na, K, or Rb) single crystals were measured using a Bruker 400 FT NMR spectrometer at the Korea Basic Science Institute. The static magnetic field was 9.4 T, and the central radio frequencies were $\omega_0/2\pi = 105.84$ MHz for the ²³Na nuclei, 18.67 MHz for the ³⁹K nuclei, 130.93 MHz for the 87Rb nuclei, and 52.48 MHz for the ¹³³Cs nuclei. For the T_1 measurements, $\pi/2-t-\pi/2$ pulse sequences were used with the saturation recovery method. The nuclear magnetizations S(t) of the 23 Na, 39 K, 87 Rb, and 133 Cs nuclei at time t after the $\pi/2$ pulses were determined from the saturation recovery sequences. The widths of the $\pi/2$ pulses were 0.5 µs for ²³Na, 20 µs for ³⁹K, and 1.65 µs for ⁸⁷Rb. Further, the widths for ¹³³Cs in the three crystals ranged from 5 to 17 μs. Temperature-dependent NMR measurements were obtained over the temperature range 180-420 K; NMR data could not be obtained above 420 K

because the NMR spectrometer did not have adequate temperature control at high temperatures. The samples were maintained at a constant temperature (accuracy $\pm 0.5^{\circ}$ C) by controlling the nitrogen gas flow and heater current.

Experimental results and analysis

1. Theoretical background

We describe the recovery laws for the quadrupole relaxation processes in the 23 Na (I = 3/2), 39 K (I =3/2), and ⁸⁷Rb (I = 3/2) nuclear spin systems. The transition probabilities for $\Delta m = \pm 1$ and $\Delta m = \pm 2$ are denoted by W_1 and W_2 , respectively. The rate equations can then be expressed as [20]

$$dn_{-3/2}/dt = -(W_1 + W_2)n_{-3/2} + W_1n_{-1/2} + W_2n_{1/2}$$

$$dn_{-1/2}/dt = -W_1n_{-3/2} + (W_1 + W_2)n_{-1/2} + W_2n_{3/2}$$

$$dn_{1/2}/dt = W_2n_{-3/2} - (W_1 + W_2)n_{1/2} + W_1n_{3/2}$$

$$dn_{3/2}/dt = W_2n_{-1/2} + W_1n_{1/2} - (W_1 + W_2)n_{3/2}$$
(1)

where $n_{-3/2}$, $n_{-1/2}$, $n_{1/2}$, and $n_{3/2}$ are the differences in population between the equilibrium value and that at time t for each energy level. The eigenvalues of these equations are W_1 , W_2 , and $W_1 + W_2$.

The saturation recovery traces for the central line of ²³Na, ³⁹K, and ⁸⁷Rb with dominant quadrupole relaxation in MCsSO₄ (M = Na, K, or Rb) crystals can be represented by a combination of two exponential functions [20, 21]:

$$S(t) = S(\infty) \{1 - 0.5[\exp(-2W_1t) + \exp(-2W_2t)]\}$$
 (2)

here S(t) is the nuclear magnetization corresponding to the central transition at time t after saturation. The spin-lattice relaxation rate is given by [22]

$$1/T_1 = 0.4(W_1 + 4W_2) \tag{3}$$

When only the central line is excited, the magnetization recovery of the 133Cs nuclei in the MCsSO₄ (M = Na, K, or Rb) crystals does not follow a single exponential function but can be represented by a combination of four exponential functions. The signal for $W_1 = W_2$ is given by [23-25]

$$[S(\infty) - S(t)] / S(\infty) = 0.048 \exp(-0.476W_1t) + 0.818$$

 $\exp(-1.333W_1t) + 0.050 \exp(-2.381W_1t) + 0.084$
 $\exp(-3.810W_1t)$ (4)

where S(t) is the nuclear magnetization corresponding to the central transition at time t, and W_1 and W_2 are the transition probabilities corresponding to $\Delta m = \pm 1$ and $\Delta m = \pm 2$, respectively. The return to equilibrium is characterized by four relaxation times.

The interaction of the nuclear quadrupole moment with the lattice vibrations is a very important relaxation mechanism for nuclear spin $I \ge 1$ in many crystals. The coupling can generally be represented in terms of a spin–lattice Hamiltonian [26],

$$H = \sum_{q} \mathcal{F}^{(q)} \mathcal{A}^{(q)} \tag{5}$$

where $F^{(q)}$ and $A^{(q)}$ are the lattice and spin operators of order q, respectively. $F^{(q)}$ (hereafter, we omit the index q for brevity) can be defined as a function of the stress tensor σ :

$$F = F_0 + F_1 \sigma + F_2 \sigma^2 + F_3 \sigma^3 + \dots$$
 (6)

At temperatures far below the melting temperature of the crystal, the thermal stress is expected to be small, so only the first few terms in Eq. (6) are important. The term $F_1\sigma$ represents the absorption or emission of a single phonon (the direct process), and the next term, $F_2\sigma^2$, corresponds to the emission or absorption of two phonons or the absorption of one phonon followed by the emission of another one (Raman processes). In the direct process, the spin-lattice relaxation rate $1/T_1$ is proportional to the square of the frequency $\omega_{\rm o}$ and to the absolute temperature. At low temperatures, the direct process might be effective, but it is nearly negligible for the spin-lattice relaxation of nuclear spins with nuclear quadrupole moments. At the high-temperature limit, on the other hand, the Raman processes yield a relaxation rate that is proportional to the square of the temperature. Note that the direct and Raman processes are both first-order processes within perturbation theory with perturbing Hamiltonians $F_1\sigma$ and $F_2\sigma^2$, respectively. It has also been suggested that a second-order contribution to the relaxation rate might arise from interference between the spin–lattice term $F_1\sigma$ and the inharmonic term $F_3\sigma^3$ in the lattice energy, which is responsible for the thermal conductivity. The contributions of the interference between terms of higher order to either the spin–lattice coupling $F_m\sigma^m$ or the lattice energy $G_m\sigma^m$ are small.

2. ²³Na and ¹³³Cs NMR in a NaCsSO₄ single crystal

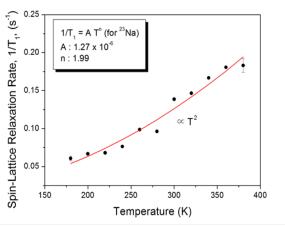


Figure 1. Temperature dependence of $1/T_1$ for ²³Na in a NaCsSO₄ single crystal. Solid curve is described by $1/T_1 = AT^n$

The 23 Na (I=3/2) NMR spectrum of NaCsSO₄ crystals consists of a central line and two satellite lines. When the magnetic field was applied along the crystal's c-axis, the resonance lines of ²³Na were observed. The 23Na spectrum of a NaCsSO4 single crystal was recorded at several temperatures. The spectral features suggest the presence of two types of crystallographically inequivalent ²³Na nuclei, Na(1) and Na(2). The nuclear magnetization recovery curves of the ²³Na nuclei were obtained by measuring the nuclear magnetization after applying saturation pulses. The recovery traces for the central resonance line of ²³Na with dominant quadrupole relaxation can be represented by a combination of the two exponential functions in Eq. (2). The temperature dependences of the ²³Na spin-lattice transition rates W_1 and W_2 were obtained from Eq. (2): W_1 and W_2 both increase with increasing temperature. W_1 is nearly equal to W_2 up to approximately 400 K. If W_1 and W_2 have the same values in the recovery traces of ²³Na in NaCsSO₄ crystals, we can discuss the relaxation rate according to $1/T_1 = 2W_1$ [see Eq. (2)]. When $W_1 \neq W_2$, the constant $0.4(W_1 + 4W_2)$ is introduced instead of $1/T_1$; this constant is identical to $1/T_1$ when $W_1 = W_2$. The temperature dependence of $1/T_1$ for the ²³Na nuclei is shown in Fig. 1 The value of $1/T_1$ increases slowly with increasing temperature. The relaxation rates of the ²³Na nuclei do not change significantly in the investigated temperature range, which indicates that no phase transitions occur at these temperatures.

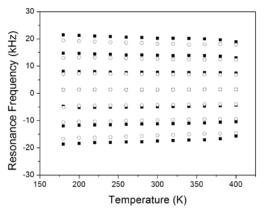


Figure 2. Separation of the ¹³³Cs resonance lines in a NaCsSO₄ single crystal as a function of temperature.

The seven-line structure of the ¹³³Cs (*I*=7/2) NMR spectrum is the result of the quadrupole interaction. When the crystal is rotated about its crystallographic axis, crystallographically equivalent nuclei produce seven lines, that is, one central line and six satellite lines. However, two groups of resonance lines were observed in the 133Cs NMR spectrum for the NaCsSO₄ single crystal, as shown in Fig. 2; the zero point of the y axis corresponds to the resonance frequency $\omega_0/2\pi = 52.48$ MHz of the ¹³³Cs nucleus. This result indicates the presence of two types of crystallographically inequivalent ¹³³Cs nuclei, Cs(1) and Cs(2). The satellite transitions are well resolved from the central line, and the signal intensity of the central line is stronger than those of the other lines. The central transition is virtually unshifted by the quadrupole interaction, and the separations between the lines varies with temperature (see Fig. 2). The

splitting between the resonance lines decreased slowly with increasing temperature for the two types of Cs resonance lines; thus, the quadrupole coupling constants of the two groups decreased with increasing temperature, indicating that the two types of ¹³³Cs nuclei have different quadrupole parameters. The variation in the splitting of the ¹³³Cs resonance lines with temperature indicates a change in the electric field gradient (EFG) at the Cs sites, which in turn indicates that the atoms neighboring the ¹³³Cs nuclei are displaced as the temperature changes.

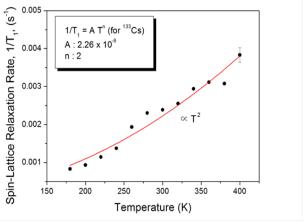


Figure 3. Temperature dependence of $1/T_1$ for 133 Cs in a NaCsSO₄ single crystal. Solid curve is described by $1/T_1 =$

The nuclear magnetization recovery traces for ¹³³Cs were measured at several temperatures; those for the central resonance line of 133Cs with dominant quadrupole relaxation can be represented by a combination of four exponential functions, as in Eq. (4). The slope of each trace increases with increasing temperature. We measured the variation with temperature of the spin-relaxation rate $1/T_1$ for the central resonance line of the Cs nuclei. We obtained $1/T_1$ for ¹³³Cs in terms of W_1 and W_2 using Eq. (4); it increased slowly with increasing temperature, as shown in Fig. 3. The central resonance lines Cs(1) and Cs(2) overlap, so the relaxation rates of these nuclei cannot be distinguished. The relaxation rates of the ¹³³Cs nuclei do not change significantly in this temperature range.

According to our experimental results, temperature dependences of $1/T_1$ for NaCsSO₄ can be described by the approximations $1/T_1 = (1.27 \times 10^{-6})T^{1.99}$ for the Na nuclei and $1/T_1 = (2.26 \times 10^{-8})T^2$ for the Cs nuclei, which are shown as solid curves in Figs. 1 and 3, respectively.

3. 39K and 133Cs NMR in a KCsSO₄ single crystal

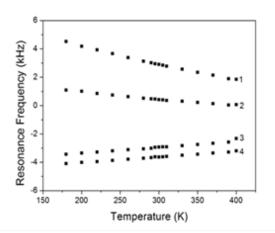


Figure 4. Separation of the 39 K resonance lines in a KCsSO₄ single crystal as a function of temperature.

The 39 K (I = 3/2) NMR spectrum usually consists of a central line and a pair of satellite lines. When the crystal is rotated about the crystallographic axis, crystallographically equivalent ³⁹K nuclei produce three lines: one central line and two satellite lines. The magnitudes of the quadrupole parameters of ³⁹K nuclei are on the order of MHz, so usually only the central line is obtained. The satellite lines are located far from the central line and so are difficult to obtain. However, four resonance lines were obtained for the ³⁹K nuclei in KCsSO₄ crystals. They indicate the presence of two types of crystallographically inequivalent ³⁹K nuclei and two types of magnetically inequivalent ³⁹K nuclei. The variations with temperature in the ³⁹K spectra are shown in Fig. 4. The zero point of the y axis corresponds to the resonance frequency of the ³⁹K nucleus (18.67 MHz). The ³⁹K resonance frequency of KCsSO₄ decreases with increasing temperature, and the resonance line shifts are strongly temperature dependent. The changes in the splitting of the 39K resonance line cause the EFG at the 39K sites to vary as the atoms neighboring ³⁹K are displaced from their room temperature positions.

The variation as a function of delay time in the nuclear magnetization for 39K was measured at several temperatures; the saturation recovery traces can be represented by a combination of the two exponential functions in Eq. (2). Here, the slopes of

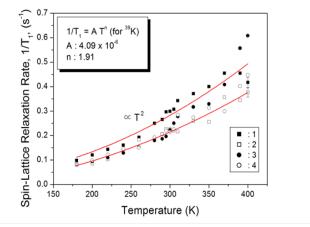


Figure 5. Temperature dependence of 1/T1 for 39K in a KCsSO4 single crystal. Solid curve is described by $1/T_I = AT^n$.

the plots of ln $[S(\infty) - S(t)]/S(\infty)$ vs. t are nonlinear because the traces are combinations of two exponential functions.

The relaxation rates W_1 and W_2 for the ³⁹K resonance line were measured at a frequency of $\omega_0/2\pi = 18.67$ MHz as a function of temperature. The values of W_1 and W_2 obtained from Eq. (2) exhibited similar temperature dependences, and the relaxation rate obtained from the W_1 and W_2 values was $0.4(W_1 +$ $4W_2$). Figure 5 shows the temperature dependences of the ³⁹K nuclear spin-lattice relaxation rate for the four central resonance lines, which are very similar; as the temperature increases, $1/T_1$ increases slowly. We also obtained the 133 Cs (I = 7/2) NMR spectrum for a single KCsSO₄ crystal at room temperature. Two groups of resonance lines, each consisting of a strong central line and six well-resolved satellite lines, were observed when the magnetic field was applied along the c-axis. These spectral features indicate the presence of two types of crystallographically inequivalent 133Cs nuclei, Cs(1) and Cs(2). The central transition remains almost unshifted by the quadrupole interaction between 180 and 400 K, and the resonance line splitting between the satellite lines

varies with temperature. The spin-lattice relaxation rates of ¹³³Cs in KCsSO₄ were measured, and the recovery traces of the magnetization were determined for this crystal at several temperatures. In dominant quadrupole relaxation, such as for KCsSO₄, the recovery trace of the central resonance line of ¹³³Cs can be represented by a combination of four exponential functions, as in Eq. (4). We determined the variation with temperature in the relaxation rate for the central resonance line of the ¹³³Cs nuclei. This spin-lattice relaxation rate $1/T_1$ was obtained by using the saturation method; it was determined in terms of W_1 using Eq. (4). The temperature dependence of $1/T_1$ is shown in Fig. 6. The trend for the temperature dependence of $1/T_1$ for the 133 Cs nuclei differs from that for the 39K nuclei in this temperature range.

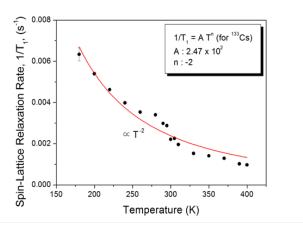


Figure 6. Temperature dependence of $1/T_1$ for 133 Cs in a KCsSO₄ single crystal. Solid curve is described by $1/T_1$ = AT^{n} .

The NMR results revealed that the temperature dependences of $1/T_1$ for KCsSO₄ can be represented by the approximations $1/T_1 = (4.09 \times 10^{-6}) \text{T}^{1.91}$ for the K nuclei and $1/T_1 = (2.47 \times 10^2) \text{T}^{-2}$ for the Cs nuclei, which are shown as solid curves in Figs. 5 and 6, respectively. These relationships are consistent with Raman processes, which depend on T^2 .

4. 87 Rb and 133 Cs NMR in a RbCsSO₄ single crystal

Figure 7 shows the 87 Rb (I = 3/2) NMR spectrum of crystalline RbCsSO₄, which was obtained at a frequency of $\omega_0/2\pi = 130.88$ MHz with the magnetic field applied along the c-axis. When a crystal with crystallographically equivalent nuclei is rotated about the crystallographic axis, the nuclei produce three lines, one central line and two satellite lines. Here, instead of one central resonance line for the 87Rb nuclei, four central resonance lines were obtained. The reason is that two types of crystallographically inequivalent Rb nuclei, Rb(1) and Rb(2), and two types of magnetically inequivalent Rb nuclei, were present. The four resonance lines correspond to the central transitions ($+1/2 \leftrightarrow -1/2$). Signals 1, 2, 3, and 4 for the ⁸⁷Rb nuclei are assigned in Fig. 7. Although lines 2 and 3 appear to be constant, lines 1 and 4 change slightly in position as the temperature changes, as shown in Fig. 7. These changes indicate that the EFG at the ⁸⁷Rb sites varies with temperature, suggesting that the atoms neighboring 87Rb are displaced.

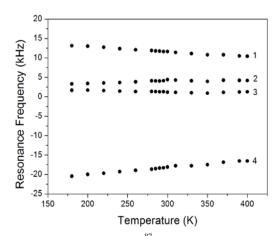


Figure 7. Separation of the ⁸⁷Rb resonance lines in a RbCsSO₄ single crystal as a function of temperature.

The $1/T_1$ values for the four central resonance lines of ⁸⁷Rb were determined as functions of temperature. The saturation recovery curves were measured at several temperatures, and the recovery traces for these lines with dominant quadrupole relaxation can be expressed as combinations of two exponential functions, as in Eq. (2). Consequently, the slopes of the plots of $\ln \{ [S(\infty) - S(t)] / S(\infty) \}$ vs. t are nonlinear. The relaxation rates W_1 and W_2 of ⁸⁷Rb in RbCsSO₄ exhibit similar trends with increasing temperature, and W_1 is less than W_2 at all temperatures. The relaxation rate obtained from the W_1 and W_2 values

was $0.4(W_1 + 4W_2)$. The temperature dependences of $1/T_1$ for the ⁸⁷Rb nuclei in this single crystal are shown in Fig. 8, where the symbols \blacksquare , \Box , \bullet , and \circ denote $1/T_1$ for signals 1, 2, 3, and 4, respectively.

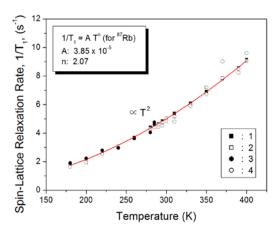


Figure 8. Temperature dependence of 1/T1 for 87Rb in a RbCsSO4 single crystal. Solid curve is described by 1/T1=ATn.

The $1/T_1$ values for the four signals agree within the experimental error.

The NMR spectrum of 133 Cs (I = 7/2) was obtained at several temperatures. Seven resonance lines were observed when the magnetic field was applied along the crystallographic c axis. The 133 Cs NMR spectrum of RbCsSO₄ single crystals contains fourteen lines in two groups. The two groups of resonance lines for the Cs nuclei are caused by crystallographically inequivalent sites, Cs(1) and Cs(2). The central transition is almost unshifted by the quadrupole interaction, and the splitting between the satellite lines varies with temperature. This variation indicates that the EFG at the Cs sites, and thus the displacements of the atoms neighboring ¹³³Cs, vary with temperature. The recovery trace for the central line of ¹³³Cs in RbCsSO₄ crystals can be represented by a combination of four exponential functions. The ¹³³Cs relaxation time was obtained in terms of W_1 (T_1 = $1/1.333W_1$), and the temperature dependence of the 133 Cs spin–lattice relaxation rate $1/T_1$ is shown in Fig.

The temperature dependences of $1/T_1$ for ⁸⁷Rb and ¹³³Cs in RbCsSO₄ can be described by the approximations $1/T_1 = (3.85 \times 10^{-5})T^{2.07}$ and $1/T_1 =$

 $(1.06 \times 10^1)T^{-2}$, respectively. These approximations are consistent with Raman processes, which depend on T^2 .

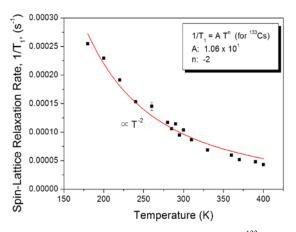


Figure 9. Temperature dependence of $1/T_1$ for ¹³³Cs in a RbCsSO₄ single crystal. Solid curve is described by $1/T_1 = AT^n$.

Discussion and conclusions

The structural properties and relaxation processes in MCsSO₄ (M = Na, K, or Rb) crystals were investigated by determining their NMR spectra and the spin-lattice relaxation rates of their ²³Na, ³⁹K, ⁸⁷Rb, and ¹³³Cs nuclei. The NMR spectra show that the MCsSO₄ crystals contain two crystallographically inequivalent types each for the M and Cs ions. These results are consistent with previously reported results for the K and Na nuclei in KNaSO₄ crystals [27]. Further, the variations in the $1/T_1$ values of 23 Na, 39 K, and 87Rb in the three crystals with increasing temperature are approximately proportional to T^2 . However, at a given temperature, $1/T_1$ for the 133 Cs nuclei in KCsSO₄ and RbCsSO₄ differs from that for the ¹³³Cs nuclei in NaCsSO₄; the values are inversely proportional to the square of the temperature, T^{-2} , in KCsSO₄ and RbCsSO₄, whereas the value is proportional to the square of the temperature, T^2 , in NaCsSO₄. These results suggest that differences between the ¹³³Cs nuclei due to their distinct local environments are responsible for these differences in the $1/T_1$ values of ¹³³Cs. The ionic radii of Na, K, and Rb ions are 0.97, 1.33, and 1.47 Å, respectively.

Further, the electronegativity of Na ions is 0.93, and that of both Rb and K is 0.82. Consequently, when Rb ions replace K ions, the EFG at the resonant nucleus is determined by an identical ionic contribution around the resonant nucleus. There are two contributions to the EFG: the internal atomic contribution due to the electrons surrounding the nuclei and the external ionic contribution due to the neighboring ions [28]. According to our experimental results, the Cs NMR $1/T_1$ is very much shorter than those of Na, K, and Rb. The differences between the $1/T_1$ values of the four nuclei can be attributed to their different Larmor and quadrupole frequencies, among other factors. These differences arise from differences in the electric quadrupole moments of Na, K, Rb, and Cs (Q_{Na} : 10.4×10^{-30} m², Q_{K} : 5.85×10^{-30} m², Q_{Rb} : 13.35 × 10⁻³⁰ m², and Q_{Cs} : -0.343 × 10⁻³⁰ m^2); $1/T_1$ is proportional to the square of the quadrupole coupling constant $[1/T_1 \propto (e^2qO/h)^2]$ [29, 30].

The relaxation rates for the ²³Na, ³⁹K, ⁸⁷Rb, and ¹³³Cs nuclei in the three crystals can be described by $1/T_1$ $\propto AT^2$, which is consistent with Raman processes. The dominant relaxation mechanism for nuclei

possessing electric quadrupole moments is provided by the coupling of these moments to the thermal fluctuations of the local EFGs via Raman spin-phonon processes. A theory of quadrupolar spin-lattice relaxation was first proposed by Van Kranendonk [31, 32]. According to Van Kranendonk [33], the contribution of a Raman process to the spin-lattice relaxation rate is given by $1/T_1 = (T^*)^2 f(T^*)$, where the reduced temperature T^* $=T/\Theta$ (Θ is the Debye temperature). The function $f(T^*)$ is proportional to $(T^*)^5$ in the low-temperature limit, $T^* \ll 0.02$. In contrast, $f(T^*)$ is constant in the high-temperature limit, $T^* > 0.5$ [33]. Thus, in all of the cases considered, Raman processes that depend on T^2 are more effective for nuclear quadrupole relaxation than direct processes. The $1/T_1$ results for ²³Na, ³⁹K, ⁸⁷Rb, and ¹³³Cs in the three crystals can be explained in terms of a relaxation mechanism in which the lattice vibrations are coupled to the nuclear electric quadrupole moments, as described above.

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