

Antiproliferative Phenolics from *Eclipta prostrata* in the Activated Hepatic Stellate Cells

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Abstract – Activity-guided isolation to search for antifibrotic compounds from natural products using HSC-T6 cells afforded nine flavonoids or phenolics, luteolin (**1**), 3'-O-methylorobol (**2**), acactin 7-rutinoside (**3**), sedelolactone (**4**), 4-methoxyphenol (**5**), 4-hydroxyaldehyde (**6**), 4-hydroxyaldehyde (**7**), 4-hydroxy-3-methoxybenzoic acid (**8**), and ferulic acid (**9**) from the methanolic extract of aerial parts of *Eclipta prostrata* L.. Among the isolated compounds, luteolin (**1**) significantly inhibited the proliferation of HSCs in dose- and time-dependent manners. Antifibrotic activity of *E. prostrata* and its phenolic compounds might provide potential therapeutical choice in the treatment of hepatic fibrosis.

Keywords – *Eclipta prostrata*, Antifibrotic activity, HSC-T6, Hepatic stellate cells

Introduction

Hepatic fibrosis, a consequence of chronic liver tissue damage caused by infection with hepatitis viruses, autoimmune, chronic alcohol abuse, metabolic agents, is characterized by the activation of the hepatic stellate cells (HSCs). In response to liver damage, HSCs undergo phenotypic transformation from vitamin A-storing quiescent cells into myofibroblast-like proliferative, fibrogenic associated with increased proliferation, and/or excessive production and accumulation of ECM components, which is the major pathological feature of hepatic cirrhosis (Friedman, 2003; Li and Friedman, 1999; Tsukada *et al.*, 2006). Chronic liver diseases frequently lead to scarring, which is often accompanied by progressive loss of liver function, hence, antifibrogenic therapy which suppresses the activation of HSCs has been preferentially considered as an attractive target to prevent the pathological progression to cirrhosis in chronic liver diseases (Wu and Zern, 2000; Bataller and Brenner, 2005).

There have been growing efforts to search for antifibrotic compounds from natural products. Diverse skeleton including flavonoids, alkaloids and terpenoids

have been suggested to have antifibrotic activity (Chen *et al.*, 2005; Uyama *et al.*, 2003; Chen and Zhang, 2003; Sakata *et al.*, 2004; Lin *et al.*, 2006).

E. prostrata has been used for the treatment of hepatic diseases, hyperlipidemia or snake venom poisoning in folk medicine (Bae, 2000; Ma-Ma *et al.*, 1978). Recent pharmacological studies reported diverse biological activity of *E. prostrata* including hepatoprotective, anti-inflammatory, antihemorrhagic, antihyperlipidemic and antihyperglycemic activities (Wagner *et al.*, 1986; Saxena *et al.*, 1993; Melo *et al.*, 1994; Kumari *et al.*, 2006). In the previous study in our lab, we reported that the methanolic extract of aerial parts of *Eclipta prostrata* L. showed significant inhibitory activity on HSCs proliferation. Though activity-guided fractionation, five echinocystic acid derivatives were isolated from *E. prostrate* (Lee *et al.*, 2008). Continuous to the previous study identifying hepatoprotective constituents from *E. prostrate*, in the present study, we further isolated nine phenolic compounds from CHCl₃ and *n*-BuOH soluble fractions of *E. prostrata* and evaluated the antiproliferative activities of the isolated compounds in HSC-T6 cells.

Experimental

General experimental procedures – The ¹H and ¹³C NMR measurements were carried out in a Bruker AMX

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400 spectrometer operating at 300 and 100 MHz, respectively. Solvent signals were used as internal standards. ^1H - ^1H COSY, HMQC, and HMBC NMR experiments were performed on the same spectrometer. EI-mass spectra were obtained on a JEOL JMS 700 spectrometer with a 70 eV ionizing potential. TLC and column chromatography (CC) were carried out on precoated silica gel F_{254} plates (art. 5715, Merck), RP-18 F_{254} plates (art. 15423, Merck), silica gel 60 (230 - 400 mesh, Merck), Sephadex LH 20 (18 - 110 μm , Pharmacia Co. Ltd.) and Diaion HP-20 (250 - 850 μm , Mitsubishi Chemical).

Plant material – The aerial parts of *E. prostrata* were purchased from Kyung-dong Market, Seoul, Korea in June 2004, and identified by Dr. Jong Hee Park, a professor of the College of Pharmacy, Pusan National University. A voucher specimen (SNUPH-EP2004-06) has been deposited in the Herbarium of the Medicinal Herb Garden, College of Pharmacy, Seoul National University.

Extraction and isolation – The aerial parts of *E. prostrata* (9 kg) were extracted 3 times with 80% MeOH, which yielded the methanolic extract (831 g). The methanolic extract was suspended in distilled water and partitioned successively with *n*-hexane, CHCl₃, EtOAc and *n*-BuOH. The CHCl₃ fraction (77 g) was subjected to CC over silica gel eluted with *n*-hexane-EtOAc step gradient to give 11 fractions (C1-C11). C5 was subjected to CC over Sephadex LH-20 eluted with *n*-hexane-CH₂Cl₂-MeOH (5 : 5 : 1) mixture to afford 6 fractions (C5-1 to C5-6). Compounds **5** (7 mg) and **6** (6.1 mg) were obtained from C5-5 and C5-6, respectively. C6 was subjected to CC over Sephadex LH-20 eluted with *n*-hexane-CH₂Cl₂-MeOH (5 : 5 : 1) mixture to afford 6 fractions (C6-1 to C6-6). Compound **7** (4.5 mg) was obtained from C6-6. C9 was subjected to CC over Sephadex LH-20 eluted with CH₂Cl₂-MeOH (1 : 1) mixture to afford 3 fractions (C9-1 to C9-3). Compounds **2** (10 mg) and **8** (8.3 mg) were obtained from C9-3. C10 was subjected to CC over silica gel eluted with *n*-hexane-CH₂Cl₂-MeOH step gradient to give 13 fractions (C10-1 to C10-13). C10-13 was subjected to CC over Sephadex LH-20 eluted with CH₂Cl₂-MeOH (1 : 1) mixture to afford 3 fractions (C10-13-1 to C10-13-3). Compound **9** (7.4 mg) was obtained from C10-13-3. C11 was subjected to CC over Sephadex LH-20 eluted with *n*-hexane-CH₂Cl₂-MeOH (5 : 5 : 1) mixture to afford 3 fractions (C11-1 to C11-3). Compound **4** (80 mg) was obtained from C11-3. The *n*-BuOH fraction (138 g) was subjected to CC over HP-20 eluted with 0%, 20%, 40%, 60%, 80% and 100% MeOH to give 6 fractions (B1-B6). B1 was

subjected to CC over silica gel eluted with CHCl₃-MeOH-H₂O step gradient to give 19 fractions (B1-1 to B1-19). B1-19 was subjected to CC over Sephadex LH-20 eluted with MeOH to give 8 fractions (B1-19-1 to B1-19-8). Compound **1** (101.4 mg) was obtained from B1-19-8. B3 was subjected to CC over silica gel eluted with CHCl₃-MeOH-H₂O step gradient to give 11 fractions (B3-1 to B3-11). Compound **3** (117.1 mg) was obtained from B3-8.

Culture of HSC-T6 hepatic stellate cells – An immortalized rat hepatic stellate cell line, HSC-T6 was kindly provided by Prof. SL Friedman (Columbia University, New York). HSC-T6 cells were maintained in DMEM supplemented with 10% heat-inactivated fetal bovine serum, 100 IU/ml penicillin and 100 $\mu\text{g}/\text{ml}$ streptomycin at 37 °C in a humidified atmosphere of 95% air-5% CO₂.

Measurement of cell viability – Compounds to be tested were dissolved in dimethylsulfoxide (DMSO). Our preliminary study showed that DMSO at a final concentration of 0.1% in media did not affect the cell viability. HSC-T6 cells were treated with vehicle or compounds to be tested for 48 h or as indicated. 18 β -Glycyrrhetic acid (Sigma-Aldrich Co.) was used as a positive control. Cell viability was assessed by the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. HSC-T6 cells were incubated with 0.5 mg/ml of MTT in the last 2 h of the culture period tested. Reduction of MTT to formazan was assessed in an ELISA plate reader.

Statistical analysis – The evaluation of statistical significance was determined by the Student's *t*-test with a value of *p* < 0.05 or less considered to be statistically significant.

Results and Discussion

The methanolic extract of the aerial parts of *E. prostrata* was fractionated into *n*-hexane, CHCl₃, EtOAc and *n*-BuOH fractions. Among them, CHCl₃ and *n*-BuOH soluble fractions showed effective inhibitory activities on the proliferation of HSCs at the concentration of 100 $\mu\text{g}/\text{ml}$ (50.4% and 40.1% of the control, respectively, *p* < 0.01). Activity-guided isolation of CHCl₃ and *n*-BuOH fractions afforded nine compounds. The structures of compounds **1-9** were identified as luteolin (**1**) (Owen *et al.*, 2003), 3 β -O-methylorobol (**2**) (Dean *et al.*, 2004; Hosny *et al.*, 1999), acactin 7-rutinoside (**3**) (Park *et al.*, 1995), sedelolactone (**4**) (Li *et al.*, 2003; Wang *et al.*, 2006; Emmanuel *et al.*, 2001), 4-methoxyphenol (**5**) (Knuutinen

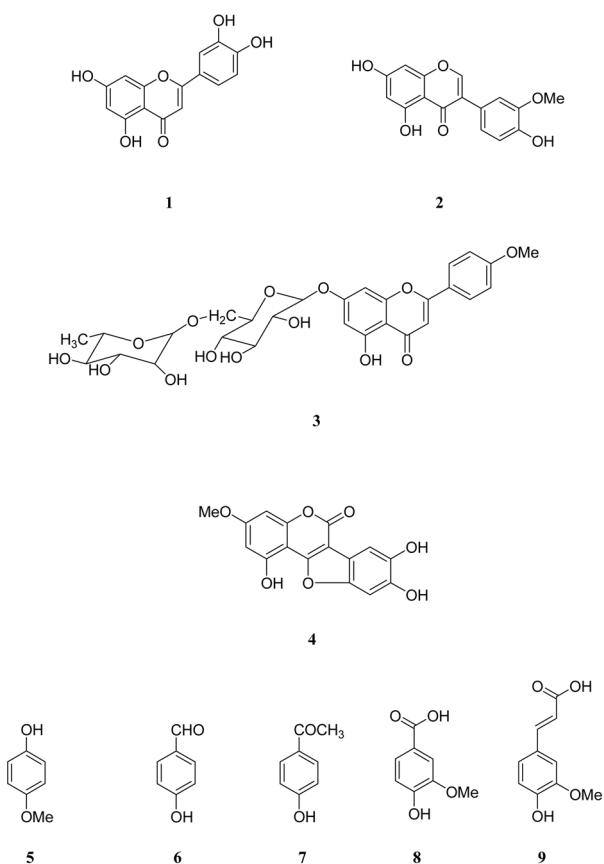


Fig. 1. The structures of compounds **1 - 9** isolated from *E. prostrata*.

et al., 1988), 4-hydroxyaldehyde (**6**) (Li et al., 1992), 4-hydroxyaldehyde (**7**) (Li et al., 1992), 4-hydroxy-3-methoxybenzoic acid (**8**) (Stalin et al., 2006), ferulic acid (**9**) (Anselmi et al., 2006), by the comparison of their spectroscopic data with those of previously reported (Fig. 1).

Antiproliferative activities of the isolated compounds **1 - 9** were measured in HSC-T6 cells, HSC-T6 cell is immortalized rat hepatic stellate cells which retain all features of activated stellate cells, including expression of desmin, α -smooth muscle actin, and glial fibrillary acidic protein, and it can esterify retinol into retinyl esters (Vogel et al., 2000). The activation of HSCs can be promoted by addition of serum, cytokines and other factors (Wu and Zern, 2000; Chen et al., 2005), and also can be induced by the specific culturing conditions *in vitro*. Culturing HSCs on uncoated plastic plates is known to cause spontaneous activation leading to myoblastic phenotype, mimicking the process seen *in vivo*. Thus, we evaluated antifibrotic activity of *E. prostrata* employing the activated HSC-T6 cells by assessment of cell viability using MTT assay.

Among the compounds tested, compounds **1**, **2** and **4**

Table 1. Inhibitory effects of compounds **1 - 9** isolated from *E. prostrata* on the proliferation of HSC-T6 cells

	% of control	
	10 μ M	100 μ M
Control	100.0 \pm 1.4	
1	75.3 \pm 2.1*	24.0 \pm 0.9**
2	79.0 \pm 1.3*	58.2 \pm 1.1**
3	80.7 \pm 2.0*	82.0 \pm 2.0*
4	82.4 \pm 1.2*	59.0 \pm 1.4**
5	95.0 \pm 1.7	94.9 \pm 1.9
6	91.0 \pm 1.1	90.7 \pm 2.0
7	92.2 \pm 3.0	88.3 \pm 2.5*
8	93.7 \pm 2.7	94.5 \pm 2.2
9	96.8 \pm 1.5	94.5 \pm 1.6

HSC-T6 cells were incubated with each compound tested at the concentration of 100 μ M for 48 h. Cell viability was measured by the MTT assay. The percent cell viability (%) was calculated as $100 \times (\text{absorbance of compound treated}/\text{absorbance of control})$. Results are expressed as the mean \pm SD of three independent experiments, each performed using triplicate wells. * $p < 0.01$, ** $p < 0.001$ compared with control.

showed the inhibitory activities on HSC cells proliferation with statistical significance at a concentration of 100 μ M for 48 h incubation, while the others showed weak activities (Table 1).

Among the isolated compounds, luteolin (**1**) showed the most potent activity which suppressed the viability of HSCs to 24.0 \pm 0.9% of non-treated control cells. Also, luteolin (**1**) decreased the HSCs proliferation in dose- and time-dependent manners (Fig. 2). Consistent with our result, Zhao et al., (2002) reported luteolin as an effective therapeutic inhibiting the proliferation and collagen deposit in HSCs. It has been also reported that CCl₄-induced liver fibrosis was prevented by luteolin through promoting extracellular matrix degradation in the fibrotic liver tissue and enhancement of hepatic regenerative capability. The exact action mechanism of luteolin in the suppression of HSC activation needs to be clarified by further investigation.

In summary, we isolated nine phenolic compounds from *E. prostrata* and evaluated their antiproliferative activity in HSC-T6 cells. Among the compounds isolated, luteolin (**1**), 3'-O-methylorobol (**2**) and sedelolactone (**4**) showed antiproliferative activities. These constituents isolated from *E. prostrata* are thought to contribute hepatoprotective effects of *E. prostrata*.

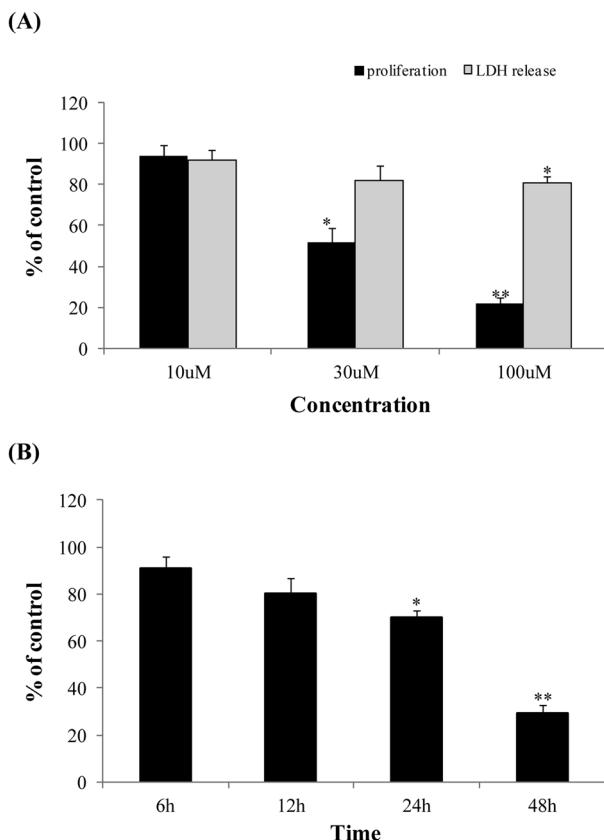


Fig. 2. Dose- (A) and Time-dependent (B) effects of **1** on the proliferation and LDH release in HSC-T6 cells. HSC-T6 cells were incubated with **1** at the concentrations of 10, 30 and 100 μM for 48 h (A); HSC-T6 cells were incubated with **1** at the concentration of 100 μM for indicated time (B). Cell viability was measured by the MTT assay. The percent cell viability (%) was calculated as $100 \times (\text{absorbance of compound treated} / \text{absorbance of control})$. Results are expressed as the mean \pm SD of three independent experiments, each performed using triplicate wells. * $p < 0.01$, ** $p < 0.001$ compared with control.

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