

## GLOBAL EXISTENCE FOR 3D NAVIER-STOKES EQUATIONS IN A LONG PERIODIC DOMAIN

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ABSTRACT. We consider the global existence of strong solutions of the 3D incompressible Navier-Stokes equations in a long periodic domain. We show by a simple argument that a strong solution exists globally in time when the initial velocity in  $H^1$  and the forcing function in  $L^p([0, T]; L^2)$ ,  $T > 0$ ,  $2 \leq p \leq +\infty$  satisfy a certain condition. This condition commonly appears for the global existence in thin non-periodic domains. Larger and larger initial data and forcing functions satisfy this condition as the thickness of the domain  $\epsilon$  tends to zero.

### 1. Introduction

We consider the incompressible Navier-Stokes equations,

$$(1) \quad u_t - \nu \Delta u + (u \cdot \nabla)u + \nabla p = f,$$
$$(2) \quad \nabla \cdot u = 0,$$

in a periodic domain  $\Omega = T^3 = [0, l_1] \times [0, l_2] \times [0, l_3]$ . Here  $u$  denotes the velocity of a homogeneous, viscous incompressible fluid,  $f$  is the density of force per unit volume,  $p$  denotes the pressure, and  $\nu$  is the kinematic viscosity. We require that the forcing function  $f$  and the initial data  $u_0$  satisfy

$$\nabla \cdot f = \nabla \cdot u_0 = 0.$$

We assume in addition that

$$(3) \quad \int_{\Omega} f dx = \int_{\Omega} u dx = 0,$$

which could be achieved by the Galilean transformation with suitable vectors  $c(t)$  and  $e$ ,

$$u(x, t) \rightarrow u(x + c(t) + et, t) - \frac{dc}{dt} - e.$$

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Indeed, we can take

$$c(t) = \int_0^t \int_0^r \int f(x, s) dx ds dr, \quad e = \int u_0 dx.$$

By the classical results of Leray and Hopf ([11], [4]), there exists a global weak solution of the Navier-Stokes equations in a three dimensional torus. It is also known that the solution becomes necessarily strong (regular) for all regular data in a two dimensional domain. But in a three dimensional domain, global strong solutions have only been guaranteed for small initial data (See, for example, [2], [3], [14], [15] and the references therein).

In [13], Raugel and Sell treated the problem on thin periodic domain,  $\Omega = (0, l_1] \times (0, l_2] \times (0, \epsilon]$  and they obtained a significant existence result on global regular solutions. The main idea is that if the thickness of the domain is small enough, the solution of the Navier-Stokes equations is close to the 2D Navier-Stokes equations. They proved that there are large sets  $R(\epsilon) \subset H^1(\Omega)$  and  $S(\epsilon) \subset L^\infty((0, \infty), L^2(\Omega))$  such that if  $u(0) = u_0 \in R(\epsilon)$  and  $f \in S(\epsilon)$ , then there exists a strong solution  $u(t)$  that remains in  $H^1(\Omega)$  for all  $t \geq 0$ . The sets  $R(\epsilon)$  and  $S(\epsilon)$  get larger and larger as  $\epsilon \rightarrow 0$ .

Since then, there have been many improvements on the estimates of the size of these sets  $R(\epsilon)$  and  $S(\epsilon)$  under various boundary conditions (See [1], [5], [12], [6], [7], [8], [9], [16] and the references therein). Roughly, under various boundary conditions except the periodic boundary condition, it has been shown that if

$$(4) \quad \|u_0\|_{H^1} \leq C\epsilon^{-1/2} \quad \text{and} \quad \|f\|_{L^\infty((0, \infty), L^2)} \leq C\epsilon^{-1/2}$$

for some constant  $C = C(\nu)$ , then the corresponding global strong solution exists (See [1], [16]). We note that the above condition can cover very large initial data and forcing functions if  $\epsilon > 0$  is small enough.

However, under the periodic boundary condition, it is not known whether (4) implies the existence of global strong solutions. Until now, it is known that, when  $f = 0$ , the existence of the global strong solution is guaranteed under the condition ([10])

$$\|u_0\|_{H^1} \leq C\epsilon^{-1/2} |\log \epsilon|^{1/2},$$

or under the following condition ([6])

$$\begin{aligned} \|(Nu_0)_3\| &\leq C\nu\epsilon^{1/2}, \quad \|Nf\|_{L^\infty(0, \infty; L^2)} \leq C\nu^2\epsilon^{1/2}, \\ \|\nabla u_0\| &\leq C\nu\epsilon^{-1/2}, \quad \|f\|_{L^\infty(0, \infty; L^2)} \leq C\nu^2\epsilon^{-1/2}. \end{aligned}$$

Here,  $N$  is the average operator with respect to the thin direction. We note that the first two conditions in the above are not so restrictive since  $Nu_0$  and  $Nf$  are independent of the third variable and so they are in fact  $\epsilon$  independent conditions.

In this paper, we consider the global existence of strong solutions in a long periodic domain,  $\Omega = (0, \epsilon] \times (0, \epsilon] \times (0, l]$ . We first prove in a simple way that

a global strong solution exists whenever the initial and the forcing functions satisfy for any  $2 \leq p \leq \infty$  and  $L > 0$ ,

$$(5) \quad \|\nabla u_0\|_{L^2} \leq \frac{C\nu}{L} \quad \text{and} \quad \|f\|_{L^p((0,\infty),L^2)} \leq C\nu^{(2p-1)/p} \lambda_1^{(3p-4)/4p}$$

together with a mild condition,

$$(6) \quad \frac{1}{L} \|u_0\|_{L^2} \leq 1$$

for some universal constant  $C$ . Here,  $\lambda_1 = 4\pi^2/l$  is the first eigenvalue of the Stokes operator. This result is obtained simply by considering a differential inequality for a product of norms, which is comparable to  $H^{1/2}$  norm. The most natural choice of  $L$  in the condition (6) is  $L = \sqrt{|\Omega|}$ , which is not practically restrictive since it just means that the spatial average of the square of the velocity is bounded by a suitable constant. Then, when the domain is long rod type  $\Omega = (0, \epsilon] \times (0, \epsilon] \times (0, l]$ , the choice  $L = \sqrt{|\Omega|}$  becomes of order  $\epsilon$  and the bound on  $H^1$  norm of the velocity in (5) is improved greatly compared to the case of thin domain. We also give a condition independent of the  $L^2$  norm of the velocity. Concretely, we show that the global regularity is guaranteed if

$$\|\nabla u_0\| \leq C\nu\epsilon^{-1/2}, \quad \|f\|_{p,2} \leq C\nu^{(2p-1)/p} \epsilon^{-1/2}$$

for any  $2 \leq p \leq \infty$ . The above condition exactly recovers (4) even for more general  $p$  and supports that the condition (4) might be enough for the global existence in a thin periodic domain under the periodic boundary condition.

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### 2. Preliminary estimates

Throughout the paper,  $\Omega = (0, \epsilon] \times (0, \epsilon] \times (0, l]$ . Here,  $l$  is a fixed constant and  $\epsilon > 0$  is a small parameter. For convenience's sake, we denote the two dimensional torus  $D \equiv D_\epsilon = (0, \epsilon] \times (0, \epsilon]$ . The function spaces we work with are

$$H = \{u \in L^2(\Omega) \mid \nabla \cdot u = 0, \int_{\Omega} u = 0\}$$

and  $V = H \cap W^{1,2}(\Omega)$ . It is well known that  $\|\nabla u\|_{L^2}$  is an equivalent norm for  $V$  due to the Poincaré inequality. For convenience's sake, we also denote

$$\|\cdot\|_{L^p} = \|\cdot\|_p, \quad \|\cdot\|_2 = \|\cdot\|, \quad \|\cdot\|_{L^p(0,\infty;L^q(\Omega))} = \|\cdot\|_{p,q},$$

the Leray projection on  $L^2(\Omega)$  into  $H$  by  $\mathbb{P}$ , and the Stokes operator by  $A = \mathbb{P}(-\Delta)$ . We define the bilinear form  $B(u, v) = \mathbb{P}(u \cdot \nabla)v$  and the trilinear form  $b(u, v, w)$  by

$$b(u, v, w) = \langle B(u, v), w \rangle = \int_{\Omega} B(u, v) \cdot w dx.$$

We now define an orthogonal projection  $M$  on  $L^2(\Omega_\epsilon)$  by

$$(7) \quad Mu = \frac{1}{\epsilon^2} \int_0^\epsilon \int_0^\epsilon u(x_1, x_2, x_3) dx_1 dx_2$$

and denote  $v \equiv Mu$  and  $w \equiv (I - M)u$  for simplicity. Note that the above projection is different from the one in [6]. Here,  $v = v(x_3)$  and  $\nabla \cdot v = 0$ . So,  $v_3$  must be a constant in space. Since we assume (3) from the first, we then get

$$(8) \quad v_3 = \frac{1}{|\Omega|} \int v_3 = \frac{1}{|\Omega|} \int u_3 = 0.$$

It is clear that the following Poincaré inequality holds for  $w \in H^1$  since  $Mw = 0$ :

$$(9) \quad \|w\|^2 \leq C\epsilon^2 \|\nabla w\|^2.$$

Further,  $w$  satisfies the following inequalities, which are basically Gagliardo-Nirenberg inequalities.

**Lemma 2.1.** *Given  $u \in V \cap D(A)$ , let  $v = Mu$  and  $w = (I - M)u$ . We have*

$$(10) \quad \|\nabla v\|_\infty \leq \frac{C}{\epsilon} \|\nabla v\|^{1/2} \|Av\|^{1/2},$$

$$(11) \quad \|\nabla w\|_q \leq C(\|\nabla_3 w\| \|w\| + \|w\|^2)^{1/2q} \|Aw\|^{q-1}, \quad 1 < q \leq 3.$$

Here, all  $C$ 's are independent of  $\epsilon$ .

*Proof.* Since  $w(\cdot, x_3)$  is average zero on  $D$  for any  $x_3 \in (0, l]$ ,  $w$  satisfies the following two dimensional Gagliardo-Nirenberg inequality.

$$\|\nabla w\|_{L^q(D)}^q \leq C \|\nabla^2 w\|_{L^2(D)}^{q-1} \|w\|_{L^2(D)}.$$

Here,  $C$  is independent from  $\epsilon$ . In fact, the above inequality is scaling invariant. Integrating with respect to  $x_3$ , we have

$$(12) \quad \int_0^l dx_3 \int_D |\nabla w|^q \leq C \int_0^l dx_3 \left( \int_D |\nabla^2 w|^2 \right)^{\frac{q-1}{2}} \sup_{x_3} \|w\|_{L^2(D)}(x_3).$$

While,

$$\begin{aligned} \|w\|_{L^2(D)}^2(b) &\leq \left| \int_a^b dx_3 \partial_3 \|w\|_{L^2(D)}^2(x_3) \right| + \|w\|_{L^2(D)}^2(a) \\ &\leq \int_a^b \int_D |\partial_3 w| |w| dx + \|w\|_{L^2(D)}^2(a) \\ &\leq \|\nabla_3 w\| \|w\| + \|w\|_{L^2(D)}^2(a). \end{aligned}$$

Integrating the above with respect to  $a$  over  $(0, l]$ , we have

$$\sup_{x_3} \|w\|_{L^2(D)}^2 \leq \|\nabla_3 w\| \|w\| + \frac{1}{l} \|w\|^2.$$

Plugging the above into (12) and using the Hölder inequality, we have

$$\int_{\Omega} |\nabla w|^q \leq C \|\nabla^2 w\|^{q-1} (\|\nabla_3 w\| \|w\| + \|w\|^2)^{1/2}.$$

Since  $\|\nabla^2 w\| \leq C \|Aw\|$ , we have the desired inequality (11). Similarly,

$$(\partial_3 v_i)^2(b) = 2 \int_a^b dx_3 \partial_3^2 v_i \partial_3 v_i + (\partial_3 v)^2(a).$$

There exists  $a$  such that  $\partial_3 v_i(a) = 0$  since  $\partial_3 v_i$  is average zero. Thus we have

$$(\nabla v_i)^2(b) \leq C \int dx_3 |\nabla^2 v| |\nabla v| \leq \frac{C}{\epsilon^2} \|\nabla v\| \|Av\|.$$

Taking supremum with respect to  $b$  and adding them up for  $i = 1, 2$ , we have the desired result (10).  $\square$

We now present the following estimates concerning the trilinear form  $b$ . We use the above lemma with  $q = 3$  to get the estimates.

**Lemma 2.2.** *Let  $v$  and  $w$  be as before, we have*

$$(13) \quad |b(w, w, Aw)| \leq C \|w\|^{1/2} \|\nabla w\|^{1/2} \|Aw\|^2,$$

$$(14) \quad \begin{aligned} & |b(v, w, Aw)|, |b(w, v, Aw)|, |b(w, w, Aw)| \\ & \leq C \|\nabla v\|^{1/2} \|Av\|^{1/2} \|w\|^{1/2} \|Aw\|^{3/2}. \end{aligned}$$

Here, all  $C$ 's are independent from  $\epsilon$ .

*Proof.* First, by integration by parts,

$$\begin{aligned} b(w, w, Aw) &= - \int (w \cdot \nabla) w \cdot \Delta w = \int (\nabla_j w \cdot \nabla) w \cdot \nabla_j w + w \cdot \nabla (\nabla_j w) \nabla_j w \\ &= \int (\nabla_j w \cdot \nabla) w \cdot \nabla_j w. \end{aligned}$$

Thus, using (11) with  $q = 3$ , (9), and the smallness of  $\epsilon$ ,

$$\begin{aligned} |b(w, w, Aw)| &\leq C \|\nabla w\|_3^3 \leq C \|Aw\|^2 (\|\nabla_3 w\|^{1/2} \|w\|^{1/2} + \|w\|) \\ &\leq C \|Aw\|^2 \|\nabla w\|^{1/2} \|w\|^{1/2}. \end{aligned}$$

By similar argument,

$$b(v, w, Aw) = \int (\nabla_j v \cdot \nabla) w \cdot \nabla_j w.$$

Then, since  $v$  depends only on  $x_3$ ,

$$\begin{aligned} |b(v, w, Aw)| &\leq \int_0^l dx_3 |\nabla v| \int_D |\nabla w|^2 \\ &\leq C \|\nabla v\|_{L^\infty(0,l)} \|\nabla w\|^2 \leq C \|\nabla v\|^{1/2} \|Av\|^{1/2} \|\nabla w\| \|Aw\| \\ &\leq C \|\nabla v\|^{1/2} \|Av\|^{1/2} \|w\|^{1/2} \|Aw\|^{3/2}. \end{aligned}$$

Here, we used in the last line the interpolation inequality

$$(15) \quad \|\nabla f\|^2 = - \int f \Delta f \leq \|f\| \|Af\|.$$

Similarly,

$$\begin{aligned} |b(w, v, Aw)| &\leq \int_0^l dx_3 |\nabla v| \|w\|_{L^2(D)} \|Aw\|_{L^2(D)} \\ &\leq C \|\nabla v\|_{L^\infty(0,l)} \|w\| \|Aw\| \leq C \|\nabla v\|^{1/2} \|Av\|^{1/2} \|w\| \|Aw\|^{3/2}, \\ |b(w, w, Av)| &= \left| \int \nabla_j w \cdot \nabla w \cdot \nabla_j v + w \cdot \nabla \nabla_j w \cdot \nabla_j v \right| \\ &\leq C \|\nabla v\|^{1/2} \|Av\|^{1/2} \|w\|^{1/2} \|Aw\|^{3/2}. \end{aligned} \quad \square$$

### 3. Regularity

In this section, we give our main result. We first reformulate (1)-(2) in the standard nonlinear evolutionary equation on the Hilbert space  $V$ ,

$$(16) \quad u_t + \nu Au + B(u, u) = \mathbb{P}f.$$

We shall consider solutions of (16) with the initial data  $u_0$  and  $f = f(t)$  in the class

$$(17) \quad u_0 \in V, \quad f(t) \in L^p([0, \infty), H), \quad p \geq 2.$$

We first present the following theorem, which is simple and shows the underlying idea of our result.

**Theorem 3.1.** *Given any  $p \geq 2$ , the Navier-Stokes evolutionary equation (16) has a solution*

$$u \in C^0([0, \infty), H) \cap L^\infty((0, \infty), V)$$

if

$$(18) \quad \|u_0\| \|\nabla u_0\| + 2\nu^{-\frac{2p-2}{p}} \lambda_1^{-\frac{3p-4}{2p}} \|f\|_{p,2}^2 \leq \frac{\nu^2}{C^2}.$$

Here,  $\lambda_1$  is the first eigenvalue of the Stokes operator,  $C$  is an absolute constant independent of  $\epsilon$ . Moreover, in this case

$$(19) \quad \|\nabla u\|^2(t) \leq \|\nabla u_0\|^2 + 4\nu^{-\frac{2p-2}{p}} \lambda_1^{-\frac{p-2}{p}} \|f\|_{p,2}^2$$

for all  $t > 0$ .

*Proof.* By taking the scalar product of (16) with  $u$  and using the fact that

$$\int B(u, u) u dx = 0,$$

we find that

$$(20) \quad \frac{d}{dt} \|u\|^2 + 2\nu \|\nabla u\|^2 \leq 2\|f\| \|u\|.$$

Since  $v$  depends only on  $x_3$  and  $v_3 = 0$ ,  $\langle B(v, v), Av \rangle = 0$  and  $b(v, v, w) = b(w, v, v) = b(v, w, v) = 0$ . So,

$$\begin{aligned} \langle B(u, u), Au \rangle &= \langle B(v, w), Aw \rangle + \langle B(w, v), Aw \rangle \\ &\quad + \langle B(w, w), Av \rangle + \langle B(w, w), Aw \rangle \\ &\leq C(\|\nabla v\|^{1/2}\|Av\|^{1/2}\|w\|^{1/2}\|Aw\|^{3/2} + \|w\|^{1/2}\|\nabla w\|^{1/2}\|Aw\|^2) \\ &\leq C\|w\|^{1/2}\|\nabla u\|^{1/2}\|Au\|^2 \end{aligned}$$

by the orthogonality of  $v$  and  $w$ . Then, taking the scalar product of (16) with  $Au$  and using the above estimate, we obtain

$$\begin{aligned} \frac{d}{dt}\|\nabla u\|^2 + 2\nu\|Au\|^2 &\leq 2\left|\int fAu\right| + \left|\int B(u, u)Au\right| \\ (21) \qquad \qquad \qquad &\leq 2\|f\|\|Au\| + C(\|w\|\|\nabla u\|)^{1/2}\|Au\|^2. \end{aligned}$$

Now, we multiply (20) by  $\|\nabla u\|^2$  and (21) by  $\|u\|^2$  and adding them to have

$$\begin{aligned} \frac{d}{dt}(\|u\|^2\|\nabla u\|^2) + 2\nu\|\nabla u\|^4 + 2\nu\|u\|^2\|Au\|^2 \\ (22) \qquad \leq 2\|f\|\|u\|(\|\nabla u\|^2 + \|u\|\|Au\|) + C(\|u\|\|\nabla u\|)^{1/2}\|u\|^2\|Au\|^2. \end{aligned}$$

By the Young inequality and (15), we have

$$\begin{aligned} 2\|f\|\|u\|(\|\nabla u\|^2 + \|u\|\|Au\|) &\leq 4\|f\|\|u\|^2\|Au\| \\ &\leq 4\|f\|\frac{\|\nabla u\|^{1/2}}{\lambda_1^{1/4}}\|u\|^{1/2}\|u\|\|Au\| \\ &\leq \nu\|u\|^2\|Au\|^2 + \frac{4}{\nu\lambda_1^{1/2}}\|f\|^2\|u\|\|\nabla u\|. \end{aligned}$$

Denoting  $G^2 = \|u\|^2\|\nabla u\|^2$ , we thus arrive at

$$\frac{d}{dt}G^2 + \nu\lambda_1 G^2 \leq [CG^{1/2} - \nu]\|u\|^2\|Au\|^2 + \frac{4}{\nu\lambda_1^{1/2}}\|f\|^2G.$$

If  $G(t) \leq \frac{\nu^2}{C^2}$  for all  $t > 0$ ,

$$\frac{d}{dt}G + \nu\lambda_1 G \leq \frac{2}{\nu\lambda_1^{1/2}}\|f\|^2.$$

Therefore, by the Grönwall inequality,

$$\begin{aligned} G &\leq G(0)e^{-\nu\lambda_1 t} + \frac{2}{\nu\lambda_1^{1/2}} \int_0^t \|f\|^2(s)e^{\nu\lambda_1(s-t)} ds \\ &\leq G(0) + \frac{2}{\nu\lambda_1^{1/2}}\|f\|_{p,2}^2 \left(\frac{p-2}{p\nu\lambda_1}\right)^{(p-2)/p} \\ &\leq G(0) + 2\left(\frac{p-2}{p}\right)^{\frac{p-2}{p}} \nu^{-\frac{2p-2}{p}} \lambda_1^{-\frac{3p-4}{2p}} \|f\|_{p,2}^2 \end{aligned}$$

for any  $p \geq 2$ . Note that the above estimate holds true even for  $p = 2$  and  $\infty$ . Since  $((p-2)/p)^{(p-2)/p} \leq 1$ , the typical continuation argument and (18) justifies the above argument and we indeed have  $G(t) \leq \frac{\nu^2}{C^2}$  for all  $t > 0$ . Furthermore, if  $G(t) \leq \frac{\nu^2}{C^2}$ , we apply the Hölder inequality to (21) to have

$$\frac{d}{dt} \|\nabla u\|^2 + \frac{\nu}{2} \lambda_1 \|\nabla u\|^2 \leq \frac{2}{\nu} \|f\|^2.$$

Again, by the Grönwall inequality,

$$\|\nabla u\|^2(t) \leq \|\nabla u_0\|^2 + \int_0^t \frac{2}{\nu} \|f\|^2(s) e^{\nu \lambda_1 (s-t)/2} ds,$$

which gives (19) and finishes the proof.  $\square$

The condition (18) is in a sense a condition of smallness of the initial data and external force. However, this condition allows for initial data with large  $H^1$  norm provided that the  $L^2$  norm of the initial data and  $f$  are small enough. In particular, when  $f = 0$ , the above theorem tells that there exists a globally regular solution if  $\|u_0\|$  is small enough compared with  $\nu^2 \|\nabla u_0\|^{-1}$ . As a corollary of the above theorem, we have the following.

**Corollary 3.2.** *There exists a globally regular solution if initial data satisfies (5) and (6) with  $L = \epsilon$  when  $\Omega = [0, l] \times [0, \epsilon] \times [0, \epsilon]$ .*

Applying the projections  $M$  and  $(I - M)$  to the equation (16) and using  $MB(v, v) = B(v, v) = 0$  and  $MB(v, w) = MB(w, v) = 0$ , we get the equation for  $v$ ,

$$(23) \quad \frac{dv}{dt} + \nu Av = Mf - MB(w, w),$$

and the equation for  $w$ ,

$$(24) \quad \frac{dw}{dt} + \nu Aw = (I - M)f - B(w, v) - B(v, w) - (I - M)B(w, w).$$

**Theorem 3.3.** *There exists a globally regular solution  $u$  of (16) in  $\Omega$  if, for some constant  $C$ ,*

$$(25) \quad \|\nabla u_0\|^2 + 2\nu^{-\frac{2p-2}{p}} \lambda_1^{-\frac{p-2}{p}} \|f\|_{p,2}^2 < \frac{\nu^2}{4C^2} \epsilon^{-1}.$$

*Proof.* We start from (21). By (9), (21) becomes

$$\frac{d}{dt} \|\nabla u\|^2 + 2\nu \|Au\|^2 \leq 2\|f\| \|Au\| + C(\epsilon \|\nabla w\| \|\nabla u\|)^{1/2} \|Au\|^2.$$

Then,

$$\frac{d}{dt} \|\nabla u\|^2 + (\nu - C\epsilon^{1/2} \|\nabla u\|) \|Au\|^2 \leq \frac{1}{\nu} \|f\|^2$$

since  $\|\nabla u\| \geq \|\nabla w\|$ . Now, we apply the Grönwall lemma to the above inequality with typical smallness argument. That is, since  $\|\nabla u_0\| < \frac{\nu}{2C} \epsilon^{-1/2}$



from (25), if  $\|\nabla u\|(t) > \frac{\nu}{2C}\epsilon^{-1/2}$  for some  $t > 0$ , there would be the first time  $t = T$  such that  $\|\nabla u\|(T) = \frac{\nu}{2C}\epsilon^{-1/2}$ . However, for  $0 < t < T$ ,

$$\frac{d}{dt}\|\nabla u\|^2 + \frac{\nu}{2}\lambda_1\|\nabla u\|^2 < \frac{1}{\nu}\|f\|^2.$$

Applying the Grönwall lemma to the above inequality, we would have

$$\begin{aligned}\|\nabla u\|^2(T) &< \|\nabla u_0\|^2 + \frac{1}{\nu} \int_0^T \|f\|^2 e^{\nu\lambda_1(s-T)/2} ds \\ &\leq \|\nabla u_0\|^2 + \frac{1}{\nu} \left( \frac{2(p-2)}{\nu\lambda_1 p} \right)^{(p-2)/p} \|f\|_{p,2}^2 \\ &\leq \|\nabla u_0\|^2 + 2\nu^{-\frac{2p-2}{p}} \lambda_1^{-\frac{p-2}{p}} \|f\|_{p,2}^2.\end{aligned}$$

If (25) holds true, this leads a contraction. Therefore,  $\|\nabla u\|^2 < \frac{\nu^2}{4C^2}\epsilon^{-1}$  for all  $t > 0$  and we finish the proof.  $\square$

Clearly, the condition (25) in particular implies that there exists a globally regular solution if, for suitable  $C$ ,

$$\|\nabla u_0\| \leq C\nu\epsilon^{-1/2}, \quad \|f\|_{p,2} \leq C\nu^{(2p-1)/p}\epsilon^{-1/2}$$

since  $\lambda_1 = \frac{4\pi^2}{l^2}$  is fixed.

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