

## Effects of nonylphenol and 3,3',4,4',5-pentachlorobiphenyl on in vitro oocyte steroidogenesis in redlip mullet, *Chelon haematocheilus*

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We investigated the in vitro effects of nonylphenol (NP) and 3,3',4,4',5-pentachlorobiphenyl (PCB126) on steroidogenesis in redlip mullet, *Chelon haematocheilus*, oocytes. In experiment 1, we investigated the effects of NP and PCB126 on steroid production from exogenous steroid precursors. Vitellogenic oocytes (0.75 mm in diameter) were incubated with 10 and 100 ng/ml NP or PCB126 with [<sup>3</sup>H]17 $\alpha$ -hydroxyprogesterone as a precursor. The major metabolites produced were androstenedione, testosterone (T), estrone, and estradiol-17 $\beta$  (E<sub>2</sub>). Both NP and PCB126 increased T production and decreased E<sub>2</sub> production, except for 100 ng/ml PCB126. In experiment 2, oocytes (0.65–0.75 mm in diameter) were exposed to NP and PCB126 at different concentrations (0.01, 0.1, 1, 10, and 100 ng/mL). After the incubation, T and E<sub>2</sub> production was measured by radioimmunoassay. NP inhibited E<sub>2</sub> production at concentrations of 0.01 and 0.1 ng/ml in 0.75-mm-diameter oocytes. NP at 1 and 100 ng/mL stimulated T production, but had no observable effect on E<sub>2</sub> production. PCB126 treatment did not affect E<sub>2</sub> production at any of the concentrations tested. NP alone at 0.1 ng/mL resulted in a significant decrease in E<sub>2</sub> production in 0.65-mm-diameter oocytes. PCB126 did not show any significant effects on either T or E<sub>2</sub> production at all concentrations tested. These results suggest that NP acts like an antiestrogen at lower concentrations (0.01–0.1 ng/ml) in vitellogenic oocytes of redlip mullet.

**Keywords:** nonylphenol; 3,3',4,4',5-pentachlorobiphenyl; redlip mullet; oocytes; steroidogenesis; antiestrogens

### Introduction

Environmental chemicals are suspected of causing various reproductive effects reported in aquatic wildlife populations. The most commonly observed reproductive effects are reduced gonad size or feminization of genetically male fish, skewed sex ratios, impaired gametogenesis, altered adult sexual maturity, delayed ovulation and spawning, and modified hormone levels in fish (Arcand-Hoy and Benson 1998; Jobling et al. 2003).

Many studies have focused on the reproductive disturbances in fish caused by chemicals with estrogenic or anti-estrogenic activity (Jobling et al. 1995; Kime, 1998; Segner et al. 2003). Estrogens play an important role in controlling fish reproductive processes. The induction of vitellogenesis, which is controlled by estrogens, is a widely used endpoint for detecting the effects of estrogenic activity (Navas and Segner 2006; Scholz and Mayer 2008). Furthermore, estrogens inhibit gonadotropin-induced oocyte maturation and ovulation of intact follicles in vitro (Kime 1998). Some studies have shown that estradiol-17 $\beta$  (E<sub>2</sub>) is generally not effective for inducing fish oocyte

maturation (Young et al. 1982; Trant and Thomas 1988).

4-Nonylphenol (NP) is a degradation product of nonylphenol ethoxylates, which are major non-ionic surfactants used in plastics, pesticides, and industrial detergents (Maguire 1999; Servos 1999; Ying et al. 2002). Several studies have reported that NP has weak estrogenic potency in fish. NP elevates plasma concentrations of E<sub>2</sub>, vitellogenin, and the zona radiata protein in both male and female fish and causes gonadal abnormalities, such as the induction of ovotestes in males (Jobling et al. 1996; Gray and Metcalfe 1997; Arukwe et al. 1998; Ashfield et al. 1998; Kinnberg et al. 2000). An opposite effect was found in a study using Atlantic salmon (*Salmo salar*), in which exposure to NP caused a 24–43% decrease in plasma E<sub>2</sub> levels (Arukwe et al. 1997). Recently, Cionna et al. (2006) reported that in grey mullet (*Liza aurata*), NP exerts estrogenic effects only at the highest dose injected. However, the mechanism by which NP exerts estrogenic and other endocrine disrupting effects remains unclear.

Polychlorinated biphenyls (PCBs) are synthetic chemicals that may disrupt follicular steroidogenesis

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either by mimicking natural hormones as agonists or antagonists or by altering the pattern of hormone synthesis (Gregoraszcuk et al. 2003a, 2003b). Among PCB congeners, the coplanar non-ortho 3,3',4,4',5-pentachlorobiphenyl (PCB126) is the most toxic PCB congener (Safe 1994), with dioxin-like properties. PCB126 has known antiestrogen effects in rat uterus, bone, and ovary (Astroff and Safe 1990; Lind et al. 1999; Muto et al. 2002), as well as in porcine ovarian tissue (Wojtowicz et al. 2000; Gregoraszcuk et al. 2003b). In experiments with fish, PCB126 has been shown to possess potent anti-estrogenic activity in the sea bass *in vivo*, as it inhibits E<sub>2</sub>-induced vitellogenesis (Vaccaro et al. 2005). Recently, however, Mortensen and Arukwe (2008) demonstrated that PCB126 produced significantly higher vitellogenin and zona radiata protein levels in a salmon *in vitro* system. Additionally, Liu et al. (2006) reported similar effects in mammalian systems. Thus, PCB126 can act as an estrogen or antiestrogen depending on the exposure time and concentration and the stage of follicular development.

We conducted a direct, *in vitro* study to assess whether NP and PCB126 have estrogen agonistic or antagonistic effects on redlip mullet (*Chelon haematocheilus*) steroid production in vitellogenic oocytes with average diameter 0.65 and 0.75 mm, collected during spawning season. Mullet species have been used for many years in coastal pollution monitoring programs (UNEP 1997) due to their widespread distribution where toxic compounds reach the sea and bioaccumulate in sediment (Cionna et al. 2006; Hong et al. 2009).

## Materials and methods

### 1. Chemicals

Both NP and PCB126 (Aldrich Chemical, Milwaukee, WI, USA) were prepared as stock solutions (mg/mL) by dilution in ethanol. The ethanol concentration in the incubation medium was maintained at less than 0.1%. Testosterone (T) and E<sub>2</sub> were purchased from Sigma Chemical (St. Louis, MO, USA) or Steraloids, Inc. (Wilton, NH, USA). Antiserum for T was purchased from Sigma Chemical, and that for E<sub>2</sub> was donated by Dr. Alexis Fostier (INRA, Rennes, France). Radioactive [<sup>3</sup>H]17 $\alpha$ -hydroxyprogesterone ([<sup>3</sup>H]17 $\alpha$ -OHP), [<sup>3</sup>H]T, and [<sup>3</sup>H]E<sub>2</sub> were obtained from Amersham Life Science (London, England).

### 2. Experimental fish and ovarian development histology

The redlip mullet used in this study were captured in coastal waters off Ganghwado, South Korea, during the spawning season (May–June). Oocytes

were separated into groups using fine forceps. Oocytes with average diameters of 0.75 and 0.65 mm were used for the *in vitro* studies. Several ovarian pieces were fixed in Bouin's solution for 24 hours for histological observations of oocytes. The fixed samples were washed, dehydrated, and embedded in paraffin. Serial sections of 4–6- $\mu$ m thickness were prepared; the slides were stained in Mayer's hematoxylin and 0.5% eosin and mounted with malinol. Histological samples were observed through a light microscope (BX50, Olympus, Tokyo, Japan).

### 3. *In vitro* steroidogenesis

We performed two separate experiments. In experiment 1, we incubated ovarian fragments with a radiolabeled steroid precursor. Ovaries were separated into small pieces in ice-cold balanced salt solution (132.96 mM NaCl, 3.09 mM KCl, 0.28 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 0.98 mM MgCl<sub>2</sub>·6H<sub>2</sub>O, 3.40 mM CaCl<sub>2</sub>·6H<sub>2</sub>O, and 3.65 mM HEPES), and approximately 20 0.75-mm follicle-enclosed oocytes were incubated in each well of 24-well culture plates containing 1 ml of Leibovitz L15 medium (Gibco, Grand Island, NY, USA). Incubations were initiated by adding 55 kBq of [<sup>3</sup>H]17 $\alpha$ P as the radiolabeled precursor with 10 or 100 ng/mL of E<sub>2</sub>, NP, or PCB126. The pH and osmolarity of the media were adjusted to 7.2 and 460 mOsm, respectively. The plates were incubated for 30 h at 18°C with constant gentle shaking.

In experiment 2, 0.75-mm and 0.65-mm oocytes were incubated with 0.01–100 ng/mL NP, PCB126, or E<sub>2</sub>. The pH and osmolarity of the media were adjusted as described above. The plates were incubated for 38 h at 18°C with constant gentle shaking.

### 4. Steroid extraction and analysis of steroid metabolism

At the end of the incubation, steroids were extracted three times from the media and oocytes using 4 mL dichloromethane. The extracts were concentrated and applied to a thin-layer chromatography (TLC) plate (60F<sup>254</sup>, Merck, Darmstadt, Germany) with non-radioactive standard steroids as carrier steroids, and developed in a mixture of benzene:acetone (4:1) and benzene:ethyl acetate (4:1). Radioactive steroid metabolites were analyzed using a BAS 1500 bio-imaging analyzer (Fuji Film, Tokyo, Japan), and estrone (E<sub>1</sub>) and E<sub>2</sub> standards were visualized by exposure to iodine vapor. Other standard steroids were detected by UV absorption at 254 nm. The migration zones corresponding to the four carrier steroids, androstenedione (A4), T, E<sub>2</sub>, and E<sub>1</sub>, were eluted twice from the silica plate bands with 5 ml of dichloromethane:methanol (90:10). Following centrifugation at 1000  $\times$  g for 10

min, the supernatants were vacuum dried before finally being dissolved in 20  $\mu$ l of acetonitrile. Extracts were then analyzed by reverse-phase high-performance liquid chromatography (HPLC). Briefly, a Waters Alliance HPLC system (Waters, Milford, MA, USA) equipped with a binary pump (515 HPLC pump, Waters) and UV detector (2487 multi-wavelength absorbance detector, Waters) was used. Chromatographic separation was performed on a Sunfire C18 analytical column (4.6  $\times$  150 mm I.D., 3.5  $\mu$ m particle size; Waters Sunfire). The flow rate and mobile phase were 0.6 mL/min with 20% methanol and 0.4 mL/min with absolute acetonitrile. The injection volume for the samples was 20  $\mu$ l, and the ending time for each sample was 15 min. After identifying the metabolites, the radioactivity of each fraction was counted on a liquid scintillation counter (Packard, Peoria, IL, USA).

### 5. Radioimmunoassay

After the incubations, steroids were extracted twice from aliquots of medium using five volumes of ethyl acetate:cyclohexane (1:1). Then, the T and E<sub>2</sub> levels were measured by RIA following Kobayashi et al. (1987). The intra-assay coefficients of variance were 2.3% ( $n = 3$ ) and 3.4% ( $n = 3$ ) for the T and E<sub>2</sub> assays, respectively, and the respective inter-assay coefficients of variance were 12.5% ( $n = 5$ ) and 11.5% ( $n = 5$ ). The minimum detectable limits were 10 and 12.5 pg/mL for T and E<sub>2</sub>, respectively.

### 6. Statistics

All data are expressed as means with the standard error of the mean (SEM). SPSS 11.0 for Windows (SPSS, Inc., Chicago, IL, USA) was used for the Kruskal–Wallis test followed by the Bonferroni adjustment. A  $P$ -value  $< 0.05$  was considered statistically significant.

## Results

### 1. Oocyte histology

In both the 0.75- and 0.65-mm-average-diameter oocytes, yolk granules were spread throughout the ooplasm, oil droplets were distributed over the ooplasm (Figure 1), and the nuclei remained in the middle of the ooplasm.

### 2. Effects of NP and PCB126 on [<sup>3</sup>H]17 $\alpha$ OHP metabolism

When vitellogenic oocytes (0.75 mm in diameter) were incubated with [<sup>3</sup>H]17 $\alpha$ -OHP, the four major metabolites identified were A4, T, E<sub>2</sub>, and E<sub>1</sub> (Figure 2). Steroid metabolites produced from [<sup>3</sup>H]17 $\alpha$ OHP in the presence of NP and PCB126 were compared with the control (Figure 3).

In the NP-treatment group, 10 and 100 ng/ml NP increased T production ( $73.84 \pm 0.34$  and  $85.55 \pm 0.85\%$ , respectively) compared with controls ( $68.24 \pm 1.37\%$ ), whereas E<sub>2</sub> production decreased at both NP concentrations ( $0.79 \pm 0.09$  and  $0.44 \pm 0.02\%$ , respectively) compared with controls ( $0.91 \pm 0.11\%$ ).

In the PCB126-treatment group, 10 ng/ml PCB126 increased T production ( $82.18 \pm 0.04\%$ ), but decreased E<sub>2</sub> production ( $0.57 \pm 0.11\%$ ), whereas the opposite occurred in the 100 ng/ml PCB126 treatment.

### 3. Effects of NP and PCB126 on endogenous steroid production

We examined the effects of NP and PCB126 (0.01–100 ng/ml) on endogenous T and E<sub>2</sub> production in 0.65- and 0.75-mm-diameter oocytes. E<sub>2</sub> treatment served as a positive control.

NP inhibited endogenous E<sub>2</sub> production in the 0.75-mm oocytes at concentrations of 0.01 and 0.1 ng/ml ( $474.92 \pm 15.04$  and  $450.88 \pm 9.00$  pg/mL, respectively) compared with controls ( $684.83 \pm 80.07$  pg/mL)

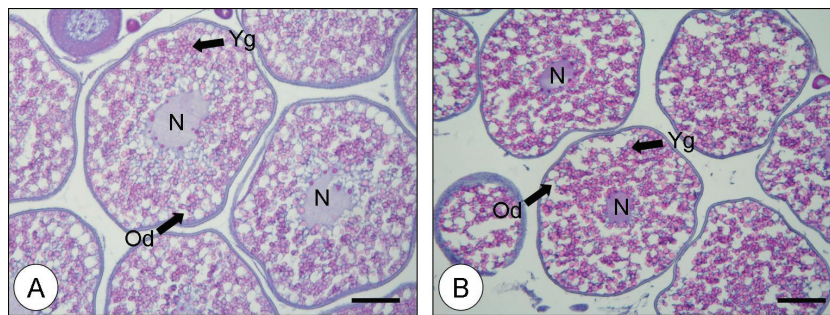


Figure 1. Histological observations of redlip mullet oocytes. A, 0.75-mm oocytes; B, 0.65-mm oocytes. Scale bars indicate 200  $\mu$ m. N, nucleus; Od, oil droplet; Yg, yolk granule.

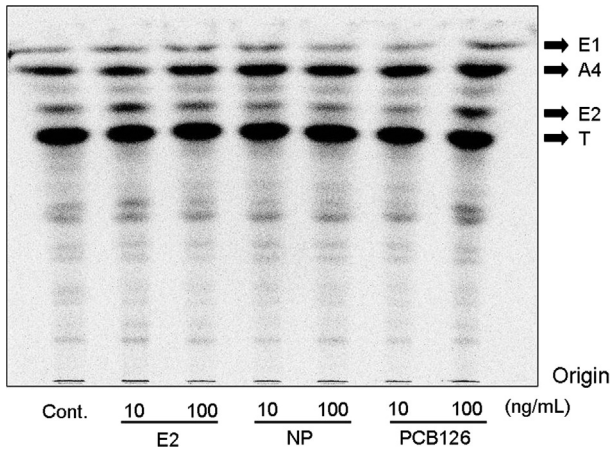


Figure 2. Autoradiograms of steroid metabolites produced in 0.75 mm redlip mullet oocytes incubated with [<sup>3</sup>H]17 $\alpha$ -hydroxyprogesterone. Steroids were extracted from oocytes and incubation media with dichloromethane. Four metabolites from the extracts were separated by thin-layer chromatography and developed with benzene:acetone (4:1) or benzene:ethyl acetate (4:1).

(Figure 4). NP at 1 and 100 ng/mL stimulated endogenous T production ( $122.44 \pm 30.40$  and  $147.26 \pm 5.81$  pg/mL, respectively) compared with controls ( $82.79 \pm 6.67$ ,  $P < 0.05$ ). Concentrations of 1 and 10 ng/mL PCB126 stimulated T production ( $153.73 \pm 16.54$  and  $142.01 \pm 10.75$  pg/mL, respectively) compared with controls ( $82.79 \pm 6.67$  pg/mL), but PCB126 at 100 ng/mL inhibited T production ( $30.26 \pm 2.79$  pg/mL).

NP alone at 0.1 ng/mL resulted in a significant decrease in E<sub>2</sub> production ( $700.02 \pm 21.66$  pg/mL) in the 0.65-mm oocytes compared with controls ( $858.42 \pm 38.36$  pg/mL) (Figure 5). PCB126 showed no significant effects on either T or E<sub>2</sub> production at all concentrations tested.

**Discussion**

Many chemicals in surface waters and sediments have estrogenic or antiestrogenic activities. Among these chemicals, NP has been suggested as an environmental estrogen or xenoestrogen that can mimic the effects of E<sub>2</sub> in various aquatic animals (Billsson et al. 1998; Arukwe et al. 2000; Sheahan et al. 2002). Experiments with fish have shown that NP increases endogenous E<sub>2</sub>, vitellogenin, and the zona radiata protein in both males and females (Jobling et al. 1996; Gray and Metcalfe 1997; Arukwe et al. 1998; Ashfield et al. 1998; Kinnberg et al. 2000). In female fish, E<sub>2</sub> is the main steroid produced by vitellogenic oocytes and is associated with vitellogenesis and ovarian development (Arukwe and Goksoyr 2003).

In our previous studies, NP stimulated in vitro estrogen synthesis using fully vitellogenic oocytes of the longchin goby, *Chasmichthys dolichognathus* (Baek et al. 2003). Also, NP had shown estrogenic potency in vitro on vitellogenic and fully matured oocytes by increasing E<sub>2</sub>/T, E<sub>2</sub>/17 $\alpha$ ,20 $\beta$ -dihydroxy-4-pregnen-3-one in the greenling, *Hexagrammos otakii* (Hwang et al. 2008). However, an opposite effect was found in a study using Atlantic salmon in which exposure to NP caused a 24–43% decrease in plasma E<sub>2</sub> levels (Arukwe et al. 1997). Using grey mullet (*Liza aurata*), Cionna et al. (2006) reported that the estrogenic effect of NP was elicited only by the highest dose (250 mg/kg body weight); a lower dose of NP (0.25 mg/kg body weight) did not induce vitellogenesis or increase plasma vitellogenin levels. In the present study, we found that NP inhibited endogenous E<sub>2</sub> production by vitellogenic oocytes (0.65–0.75-mm diameter) at lower concentrations (0.01 and 0.1 ng/ml). Additionally, Baek et al. (2009) demonstrated that NP decreased the E<sub>2</sub>/T ratio in fully vitellogenic oocytes of the yellowfin goby,

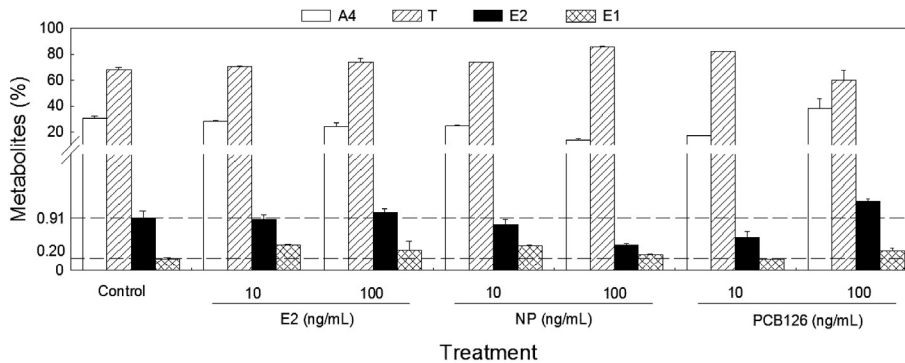


Figure 3. Effects of NP and PCB126 on steroid metabolites from [<sup>3</sup>H]17 $\alpha$ -hydroxyprogesterone in 0.75-mm redlip mullet oocytes. The percentage of radioactivity associated with each isolated steroid was calculated based on the percentage of total steroid recovered from the initial thin-layer chromatography. Values are mean  $\pm$  SE (in duplicate wells, 20 oocytes/well). A4, androstenedione; T, testosterone; E<sub>2</sub>, estradiol-17 $\beta$ ; E1, estrone.

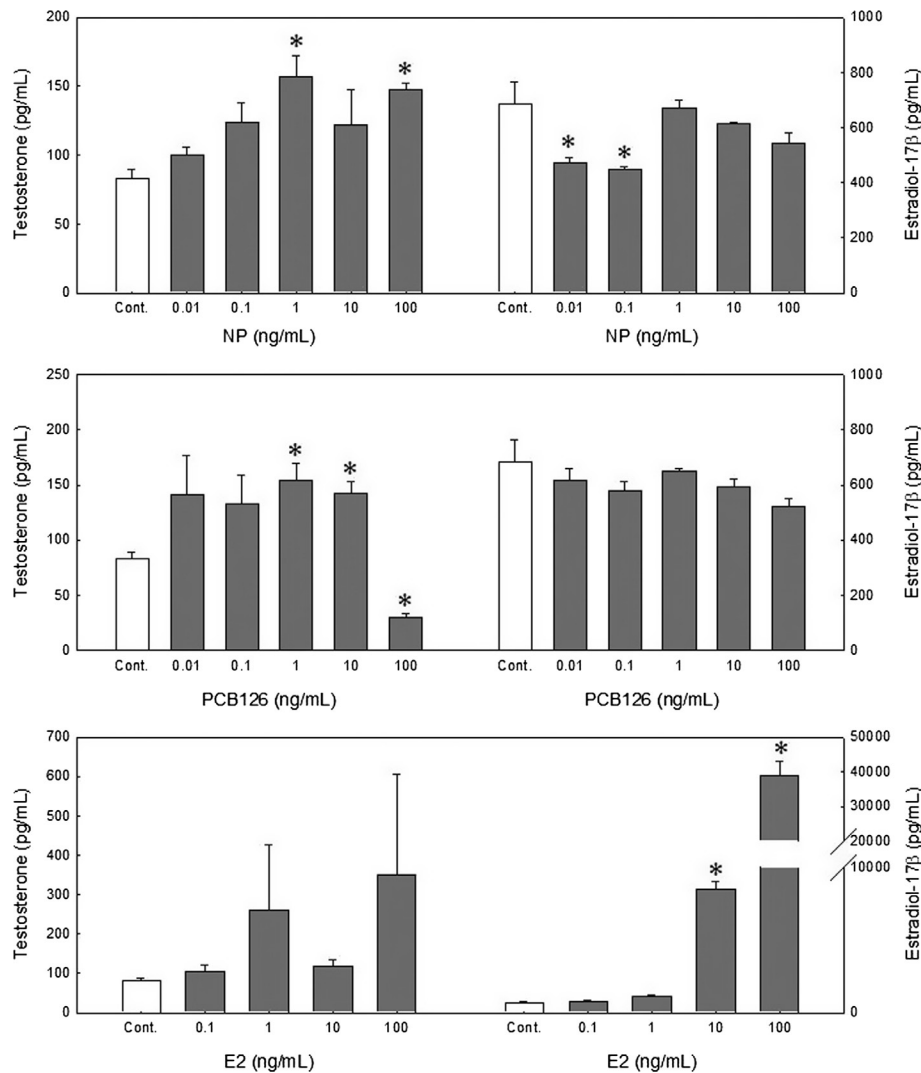


Figure 4. Effects of nonylphenol (NP) and 3,3',4,4',5-pentachlorobiphenyl (PCB126) on in vitro steroidogenesis in 0.75-mm redlip mullet oocytes after a 38 h incubation. Values are the mean  $\pm$  SE of the ratio of each steroid in three replicate wells with 20 oocytes/well. Data were analyzed using the Kruskal–Wallis test followed by the Bonferroni adjustment. Asterisks show significant differences from controls ( $P < 0.05$ ).

*Acanthogobius flavimanus*. These different effects of NP on steroid production might be dependent on the different fish species used, exposure concentrations, or ovarian developmental stage.

PCB126 is one of the most toxic dioxin-like contaminants (Safe 1994) and has known antiestrogen activity in mammalian cell-based systems (Astroff and Safe 1990; Lind et al. 1999; Wojtowicz et al. 2000; Gregoraszcuk et al. 2003a, 2008), but relatively few studies have been performed in fish. Using an in vitro system, Gregoraszcuk et al. (2003a) reported that PCB126 inhibited E<sub>2</sub> secretion by porcine ovarian follicular cells. PCB126 has been shown to have potent anti-estrogenic activity in the sea bass in vivo, as it inhibits E<sub>2</sub>-induced vitellogenesis (Vaccaro et al. 2005). However, opposite results were shown by

Mortensen and Arukwe (2008), who found that PCB126 produced increases in estrogen receptor- $\alpha$ , vitellogenin, and Zr-protein mRNA levels in a primary salmon hepatocyte cultures. In our study, PCB126 had no significant effect on either T or E<sub>2</sub> production in 0.65-mm-diameter oocytes, whereas PCB126 increased T production at lower concentrations (1 and 10 ng/ml) but decreased T production at higher concentration (100 ng/ml) in 0.75-mm-diameter oocytes. No marked differences in E<sub>2</sub> production were observed. The sensitivity of oocytes to chemicals varies depending on oocyte size. Oocytes of 0.75 mm diameter appeared to be more sensitive than those that were 0.65 mm in diameter, even though they were in the same ovarian developmental stage (vitellogenic phase).

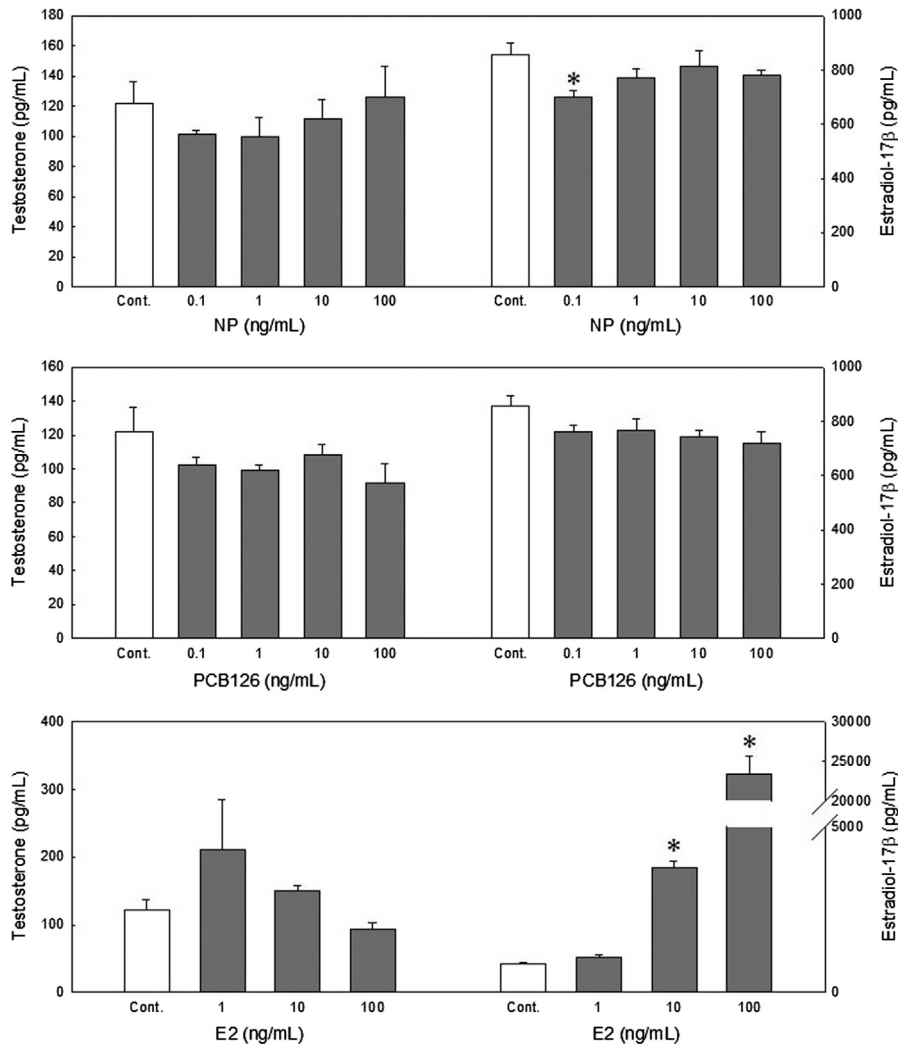


Figure 5. Effects of nonylphenol (NP) and 3,3',4,4',5-pentachlorobiphenyl (PCB126) on in vitro steroidogenesis in 0.65-mm redlip mullet oocytes after a 38 h incubation. Values are the mean  $\pm$  SE of the ratio of each steroid in three replicate wells with 20 oocytes/well. Data were analyzed using the Kruskal–Wallis test followed by the Bonferroni adjustment. Asterisks show significant differences from controls ( $P < 0.05$ ).

Based on these results, we suspect that NP acts as an antiestrogen at lower concentrations (0.01–0.1 ng/ml) in the vitellogenic oocytes of redlip mullet.

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