

Effects of aqueous extracts from Lonicera japonica and Tussilago farfara on RAW 264.7 Macrophages

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Inhalational drug is an attractive modality for local therapy of pulmonary diseases as well as systemic drug delivery. Flower of Lonicera japonica (FLJ) and flower of Tussilago farfara (FTF) are medicinal herbs for respiratory disease in traditional Korean medicine. As a preliminary study for effective inhalable formulation of FLJ and FTF, this study was to provide the toxicity and anti-inflammatory effect on murine macrophages. The dried FLJ and FTF were extracted with distilled water, filtered and freeze-dried. After treatment with FLJ and FTF extract on RAW 264.7 cells, the cell viabilities were measured by MTT assay. FLJ and FTF did not show cytotoxicity on RAW 264.7 cells. LPS stimulated RAW 264.7 cells were treated with 3 and 30 µg/ml of FLJ or FTF. FLJ and FTF did not inhibit TNF-α and IL-6 secretion in both concentration of treatment. We suggest that FLJ and FTF may be useful drugs for respiratory disease. Future work will focus on the physical characteristics for inhalable formulation.

I . Introduction

Flower of Lonicera japonica (FLJ) is dried buds of honeysuckle (忍冬), its qi is cold and flavor is sweet. It has known that has effects on heat toxin and sore through its effects of

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heat-clearing and detoxicating¹⁾. FLJ is used for treatment of various respiratory disease, e.g. chronic obstructive pulmonary disease^{2,3)}, asthma^{4,5)}, influenza⁶⁾, lung fibrosis⁷⁾.

Tussilago farfara, commonly known as coltsfoot (款冬), is a plant in the family Asteraceae. Flower of Tussilago farfara (FTF) is dried buds of coltsfoot, it has been used as a cough suppressant. Its qi is warm and flavor is pungent-sweet¹⁾. The plant has been used in traditional Korean medicine to treat lung ailments such as asthma as well as various coughs^{8,9)}.

Effectiveness of a drug is determined by the amount reaching to the target in our body. Drugs reaching unintended parts of the body can lead to side effects. Therefore, researches on new drug delivery systems (DDS)¹⁰⁾ which can control the drug distribution and release rate are actively ongoing. However, studies on drug delivery of oriental medicine are almost non-existent.

Therefore, the development of new delivery form is very important to improve the effects and compliance of herbal medicines. So the objective of this study is to assess the cell viabilities and anti-inflammatory effects of FLJ and FTF as preliminary study for new formulation of FLJ and FTF.

II. Materials and Methods

1. Materials

FLJ and FTF were purchased from Hyehwa Herb Co. (Daejeon, Korea) and their extracts were prepared in Daejeon University (Daejeon, Korea). RAW264.7 cell lines were purchased from ATCC (Manassas, VA, USA). All media and their components were purchased from Invitrogen (Carlsbad, CA). MTT viability assay

kit was obtained from Promega (Fitchburg, WI, USA). All other reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA).

2. Preparations of FLJ and FTF extracts

Herbs of FLJ (100 g) and FTF (100 g) were extracted with distilled water (each 1,000 ml) at 100°C for 3 hours. The extracts were filtered through 0.45 µm filter, freeze dried and kept at -80°C. The dried extracts were dissolved in PBS and filtered through 0.22 µm filter before use.

3. Cell viability assay with FLJ and FTF extracts

RAW 264.7 cells were maintained in DMEM medium supplemented with 10% fetal bovine serum (FBS). The cells were plated in 96 well plate at the density of 2.5×10^4 per well. After overnight incubation, the media was replaced with 100 µl media containing the original FLJ extract or FTF in the concentrations ranging from 1 - 10,000 µg/ml. The MTT assay was performed after 24 hours of incubation with FLJ extract or FTF. The cell viability was quantified by measuring the UV absorbance at 560 nm with a Tecan microplate reader. The measured absorbance was normalized to the absorbance of non-treated control cells.

4. ELISA of FLJ and FTF extracts

The inhibitory effect of 3 and 30 µg/mL FLJ and FTF on the cytokines TNF-α and IL-6 production from the 1 µg/mL LPS-stimulated RAW 264.7 cells was determined after stimulation and intervention lasting for 24 hours by sandwich ELISA according to related kits instructions provided by manufacturer.

5. Statistical analysis

All data were expressed as mean \pm standard deviation (SD). One-way ANOVA was used to determine difference among the groups. A value of $p < 0.05$ was considered statistically significant.

III. Results and discussion

1. Cell viability of FLJ

RAW 264.7 macrophages were used to assess the effects of FLJ on cell viability. FLJ extract showed cell viabilities from $125.06 \pm 6.72\%$ to $79.47 \pm 10.23\%$ in all concentration (10 - 10,000 $\mu\text{g/ml}$) (Fig. 1). Results of present study correspond with the results of earlier studies which reported that FLJ did not showed cytotoxicity¹¹⁾ and it reversed LPS-induced toxicity in RAW 264.7 cells¹²⁾. It means that FLJ showed the possibility to use by high concentration for further study.

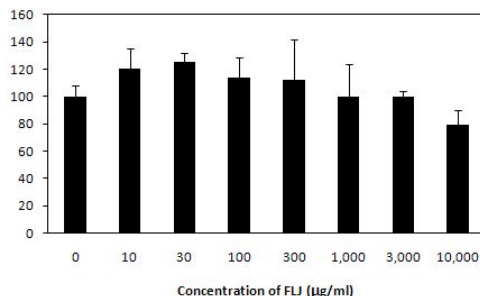


Fig. 1. The cell viability of flower of *Lonicera japonica* in RAW 264.7 cells. RAW 264.7 cells were treated with various concentration (10 - 10,000 $\mu\text{g/ml}$). The cell viability was determined by the MTT assay. Each column represents the mean \pm S.D. from three independent experiments.

2. Cell viability of FTF

RAW 264.7 macrophages were used to assess the effects of FTF on cell viability. FTF extract showed cell viabilities from $128.84 \pm 10.95\%$ to $105.1 \pm 36.14\%$ in all concentration (10 - 10,000 $\mu\text{g/ml}$) (Fig. 2). These results are in close agreement with the results of previous studies which reported that FLJ and Tussilagone, isolated from FLJ, have the inhibitory effects on the production of NO and PGE2 in RAW 264.7 cells^{13,14)}. Our results confirmed that the treatment concentration of FTF for further study.

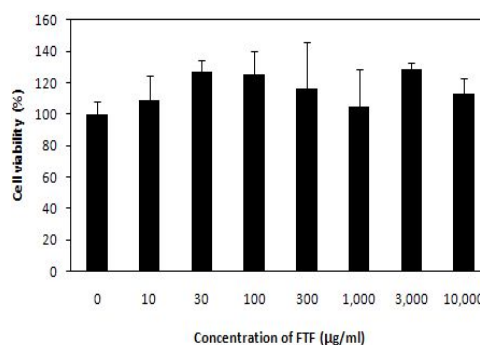


Fig. 2. The cell viability of flower of *Tussilago farfara* in RAW 264.7 cells. RAW 264.7 cells were treated with various concentration (10 - 10,000 $\mu\text{g/ml}$). The cell viability was determined by the MTT assay. Each column represents the mean \pm S.D. from three independent experiments.

3. Effects of FLJ and FTF on TNF- α releasing in RAW 264.7 cells

RAW 264.7 macrophages were used to assess the effects of FLJ and FTF on TNF- α releasing induced by LPS. FLJ and FTF extract did not inhibit TNF- α secretion in both concentration of treatment (Fig. 3).

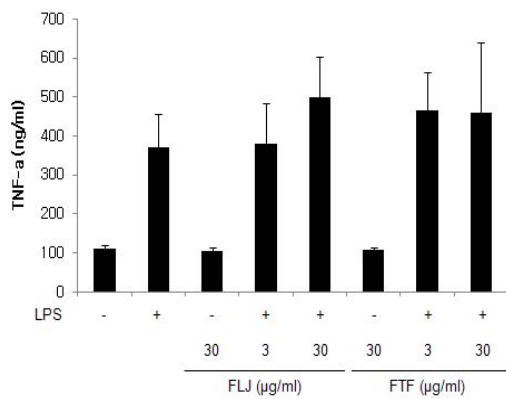


Fig. 3. The inhibitory effects of flower of *Lonicera japonica* (FLJ) and flower of *Tussilago farfara* (FTF) on TNF- α secretion in LPS induced RAW 264.7 cells. RAW 264.7 cells were treated with 3 and 30 μ g/ml of FLJ or FTF. The productions of TNF- α were measured by ELISA. Each column represents the mean \pm S.D. from three independent experiments.

4. Effects of FLJ and FTF on IL-6 releasing in RAW 264.7 cells

RAW 264.7 macrophages were used to assess the effects of FLJ and FTF on IL-6 releasing induced by LPS. FLJ and FTF extract did not inhibit IL-6 secretion in both concentration of treatment (Fig. 4).

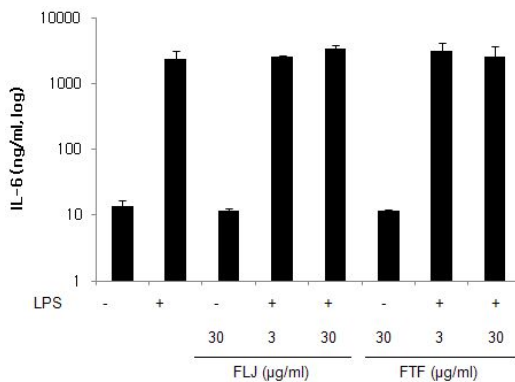


Fig. 4. The inhibitory effects of flower of *Lonicera japonica* (FLJ) and flower of *Tussilago farfara* (FTF) on IL-6 secretion in

LPS induced RAW 264.7 cells. RAW 264.7 cells were treated with 3 and 30 μ g/ml of FLJ or FTF. The productions of IL-6 were measured by ELISA. Each column represents the mean \pm S.D. from three independent experiments.

In spite of many experimental researches have proven the effectiveness of many herbal medicines on pulmonary disorders including asthma, the herbal medicines are seldom used for these applications. One of the reasons is the way herbal medicines are delivered. Its infusion form has bad flavor and is inconvenient to carry¹⁵⁾. Generally, oral medicines have difficulty in maintaining consistent drug concentrations since individuals have different levels of drug absorption and metabolism. Also, a large quantity is required in order to reach an effective level of systemic drug concentration¹⁶⁾.

Inhalable systems provide an attractive way of delivering drugs, especially for many respiratory disorders including asthma. The advantages include the abilities to achieve high local (pulmonary) drug concentration and high bioavailability, and to extend the drug absorption time. Therefore, inhalable systems can achieve lung specific activity without increasing systemic side effects¹⁷⁾. The inhalable systems can improve the challenges in herbal medicine delivery, thereby improving the safety and efficacy of herbal formula, and the patient compliance.

In previous studies, FLJ and fermented FLJ decreased neutrophils, TNF- α and IL-6 level on LPS induced COPD model^{2,3)}. But in our results FLJ did not inhibit TNF- α and IL-6 on LPS stimulated murine macrophages. We postulate that effects of FLJ on COPD model are due to various mechanism. However, this study has some limitations stemming from its

mere treatment time and dosage. So various attempts will be required to ascertain the effect on cytokines in inflammation. responses. FLJ inhibited expression of IL-8 and ICAM-1 on Th2 related cytokines induced A549 cells⁵⁾. FTF inhibited the tracheal smooth muscle contraction induced by histamine¹⁸⁾, decreased IL-4, IL-5, IL-13, IgE and increased IFN- γ in BALF of the OVA induced asthmatic mouse model¹⁹⁾. The reports demonstrate that FLJ and FTF have possibility as subjects to development of inhalable formulation for drugs for respiratory diseases.

IV. Conclusion

Flower of *Lonicera japonica* (FLJ) and flower of *Tussilago farfara* (FTF) did not show cytotoxicity on RAW 264.7 cells. We suggest that FLJ and FTF may be useful drugs for respiratory disease. Future work will focus on the physical characteristics for inhalable formulation.

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