

Optimum Conditions for Artificial Fruiting Body Formation of *Cordyceps cardinalis*

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Stromatal fruiting bodies of *Cordyceps cardinalis* were successfully produced in cereals. Brown rice, German millet and standard millet produced the longest-length of stromata, followed by Chinese pearl barley, Indian millet, black rice and standard barley. Oatmeal produced the shortest-length of fruiting bodies. Supplementation of pupa and larva to the grains resulted in a slightly enhanced production of fruiting bodies; pupa showing better production than larva. 50~60 g of brown rice and 10~20 g of pupa mixed with 50~60 mL of water in 1,000 mL polypropylene (PP) bottle was found to be optimum for fruiting body production. Liquid inoculation of 15~20 mL per PP bottle produced best fruiting bodies. The optimal temperature for the formation of fruiting bodies was 25°C, under conditions of continuous light. Few fruiting bodies were produced under the condition of complete darkness, and the fresh weight was considerable low, compared to that of light condition.

KEYWORDS : Cereal, *Cordyceps cardinalis*, Environmental conditions, Fruiting body formation, Liquid inoculation, Silkworm pupa

Different *Cordyceps* species have been studied for *in vitro* production of fruiting bodies [1, 6]. Artificial fruiting body formation of *Cordyceps* and other entomopathogenic fungi has been tried using different organic substances [7, 9], and Kobayasi [1] was first to show that *Cordyceps* species can grow their fruiting bodies in rice. Since then, rice has been a regularly used growth medium of fruiting bodies of different *Cordyceps* species [3, 5, 10]. In addition to vegetal substances, alternative insects have been successfully inoculated and incubated under favorable conditions to produce fruiting bodies of *Cordyceps* and allied species [11, 14]. Besides the medium, optimum environmental conditions have been studied to grow *Cordyceps* species successfully [15, 17]. *C. cardinalis* was first reported from Japan and eastern United States [18]. It has been also recently reported from Korea. This study was carried out to find the optimum medium and environmental conditions for the growth of fruiting bodies of *C. cardinalis*. Cereals and silkworm pupa were used as the major components of the fruiting body formation medium, indicated in short as fruiting medium. Fruiting media were inoculated with liquid inoculum of the isolates and incubated for 60 days to observe the fruiting bodies. 50~60 g of brown rice, 10~20 g pupa and 50~60 mL of distilled water

in 1,000 mL polypropylene (PP) bottle were found to be optimum for fruiting body production. 15~20 mL of liquid inoculum was ideal in the inoculation of fruiting medium and 25°C was the most favorable temperature for fruiting body formation.

Materials and Methods

Fungal isolates and liquid inoculum preparation. Multi-ascospore isolates of *C. cardinalis* EFCC C-10376, preserved at the Entomopathogenic Fungal Culture Collection (EFCC), Kangwon National University, were used in this study. The specimen EFCC C-10376 was collected from Mt. Halla of Jeju-Do on July 12, 2003. Liquid inoculum was prepared in 100 mL of Sabouraud dextrose agar yeast (SDAY) broth (SDAY without agar) prepared in 250 mL Erlenmeyer flask, by inoculating five mycelial discs (5 mm) from three week old SDAY (dextrose 20 g, yeast extract 5 g, peptone 5 g and agar 15 g per 1,000 mL; pH 5.6) agar cultures of isolates, and were incubated for 7 days at 25 ± 1°C.

Fruiting medium. First, liquid inocula of the isolates were injected in eight different types of cereals to observe the formation of fruiting bodies relative to the grains. 50 g of cereal was mixed with 60 mL of distilled water in a

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Table 1. Effect of carbon source on fruit body formation of *Cordyceps cardinalis*

Carbon source	TW	LS	FW	BE
Adlay	155.0	47.3	12.9	21.5
German millet	158.5	52.7	11.4	19
Black rice	151.1	41.7	9.8	16.33
Millet	152.6	49.3	9.4	15.67
Brown rice	150.3	49.7	7.4	12.33
Indian millet	161.0	46.0	7.0	11.67
Barley	148.3	35.0	7.2	8.03
Oatmeal	161.3	12.7	0.8	1.33

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

1,000 mL PP bottle and the mixture was sterilized at 121°C for 20 min. 25 mL of liquid inoculum was inserted into each fruiting medium and was incubated at 20 ± 1°C for 60 days under continuous light conditions and at 70~80% of relative humidity. Brown rice produced the highest amount of fruiting bodies and was thus used for the rest of the experiments. In order to select the optimum quantity of brown rice, fruiting bodies were produced in various amounts, ranging from 40~80 g per PP bottle. To observe the effect of silkworm, brown rice was supplemented by 10 g of pupa, 10 g of larva and a mixture of 5 g of each pupa and larva. Since pupa was found to yield better results than larva, brown rice was supplemented with various amounts of pupa, from 5~20 g, to ascertain the optimal amount of pupa. Also, various amounts of distilled water, from 40~80 mL, were used to make fruiting medium to select the optimum amount. In each experiment, length and fresh weight of fruiting bodies were recorded after 60 days of incubation.

Effects of amount and pH level of liquid inoculum, temperature and light on fruiting body formation.

Fruiting media with 50 g of brown rice and 10 g of pupa were injected with various amounts of liquid inoculum, ranging from 5~30 mL. Similarly, SDAY broth medium was adjusted to different pH levels, from 4.0~9.0, to grow the liquid inoculum in order to observe the effect of pH on fruiting body formation. Fruiting media were incubated at various temperatures, from 15~35°C, to observe

Table 2. Effect of nitrogen source on fruit body formation of *Cordyceps cardinalis*

Nitrogen source	TW	LS	FW	BE
Pupae	132.7	39.0	3.6	6
Pupae + Larva	135.0	37.5	3.0	5
Larva	126.5	36.3	2.7	4.5

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

Table 3. Effect of brown rice amount on fruit body formation of *Cordyceps cardinalis*

Brown rice amount (g)	TW	LS	FW	BE
40	114.1	32.8	3.3	5.5
50	118.6	44.5	3.9	6.5
60	124.6	47.0	3.4	5.67
70	129.3	40.0	2.4	4
80	154.0	42.3	2.5	4.17

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

the effect of temperature on fruiting body formation. To see the effect of light, the fruiting media were incubated under both continuous light and dark conditions.

Results and Discussion

Fruiting medium. Of all the cereals used, brown rice produced the best fruiting bodies. Brown rice, German millet and millet showed higher stromata lengths, about 50 mm, followed by Chinese pearl barley (adlay), Indian millet, black rice and barley, which produced 35~47 mm-tall fruiting bodies (Table 1). Oatmeal produced the smallest fruiting bodies, of merely about 13 mm in length. Brown rice produced the highest amount of fresh weight of fruiting bodies, 6~7 g per PP bottle, followed by Chinese pearl barley, German millet and black rice. Oatmeal produced less than 1 g of fruiting bodies.

50~60 g of brown rice produced higher fruiting bodies as well as greater fresh weight (Table 3). It was interesting to note that 40 g of brown rice produced the shortest fruiting bodies, but the fresh weight of fruiting bodies was higher than those produced by 70~80 g of brown rice. Pupa produced higher fruiting bodies than did both larva and the mixture of pupa and larva (Table 2). 10 g of pupa produced fruiting bodies of about 40 mm in height, with a fresh weight of 3~4 g. 15~20 g of pupa produced shorter fruiting bodies but the fresh weights were similar to those produced by 10 g of pupa (Table 4). 5 g of pupa produced both shorter fruiting bodies and less fresh weight.

Fruiting bodies were most efficiently produced when

Table 4. Effect of pupae amount on fruit body formation of *Cordyceps cardinalis*

Pupae amount (g)	TW	LS	FW	BE
0	110.6	37.8	1.9	3.17
5	126.9	43.5	4.9	8.17
10	127.8	50.8	5.4	9
15	133.5	43.3	5.4	9
20	131.0	44.0	5.3	8.83

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, Biological efficiency.

Table 5. Effect of water amount on fruit body formation of *Cordyceps cardinalis*

Water amount (mL)	TW	LS	FW	BE
40	109.5	48.8	4.2	7
50	116.5	54.5	5.3	8.83
60	118.2	51.0	4.6	7.67
70	130.3	51.8	4.5	7.5
80	130.7	49.5	4.1	6.84

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

50 mL of distilled water was added to fruiting medium, resulting in stromata lengths of 5.5–6.0 mm and fruiting bodies weighing 5–6 g (Table 5). Higher amount of distilled water produced longer as well as more fresh weight of fruiting bodies, compared to 40 mL. The amount of water changes the hardness of the medium. At low water amount, mycelia cannot grow profusely during the course of incubation due to the hardness of the medium. Conversely, using a higher water amount the medium changes its texture and mycelia cannot grow deep into the medium, due to the low inter-grain space available for mycelial penetration. As a result, mycelia cannot utilize as efficiently the total nutrition available.

Effect of amount of inoculum and pH of broth medium on fruiting body formation. Fresh weight of the stromata was highest when injected with 15–20 mL of liquid inoculum (Table 6). When less inoculums was used it took a long time to grow over the medium, and sometimes could not cover the whole medium, consequently delaying the production of fruiting bodies. When a large quantity of inoculums was used, the mycelium grew more slowly, due to the presense of liquid in the medium. The faster mycelium grows on the medium, the higher the rate of stromata growth.

The initial pH level of 6.0 of liquid inoculum showed the longest stromata length and the highest fresh weight of fruiting bodies, followed by ranges from 5.0 to 9.0 (Table 7). The initial pH of 4.0 of the liquid inoculum

Table 6. Effect of inoculum amount on fruit body formation of *Cordyceps cardinalis*

Inoculum amount (mL)	TW	LS	FW	BE
5	89.5	57.8	3.0	5
10	94.6	55.3	4.1	6.83
15	100.0	55.8	4.6	7.67
20	103.5	56.3	4.6	7.67
25	112.0	57.5	4.2	7
30	115.2	58.0	4.0	6.67

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

Table 7. Effect of pH of liquid spawn on fruit body formation of *Cordyceps cardinalis*

pH of liquid spawn	TW	LS	FW	BE
4.0	116.0	68.0	9.2	15.33
5.0	115.9	65.3	10.2	17
6.0	112.9	73.0	12.5	20.83
6.3	113.4	71.0	10.7	17.83
7.0	113.8	68.3	10.6	17.67
8.0	114.8	67.0	10.8	18
9.0	114.8	62.3	10.9	18.17

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

produced the least fruiting bodies. It was previously shown that mycelial growth of *C. cardinalis* was highest when the pH of liquid medium was 7.0 and lowest at 4.0 [19]. Hence, the lowest fresh weight at pH of 4.0 might be due to less mycelial growth of the liquid inoculum. However, it has been shown that the pH of the liquid medium changed to around 5 after culture.

Effect of temperature and light on fruiting body formation. Highest fruiting bodies were formed at 25°C (Table 8). Low temperatures of as low as 15°C also produced fruiting bodies, however at high temperatures, 30°C and above, no fruiting bodies were formed. Mycelia of *C. cardinalis* do not grow at higher temperatures. Our results in this respect followed, as no fruiting bodies could be formed at high temperatures. The fruiting medium also loses its water content during long incubation at high temperatures, and turns into hard biomass. Temperatures between 20–25°C have been found to be optimal for fruiting body production [11, 12, 16, 19, 20].

Under continuous white light conditions, fruiting bodies were formed vigorously whereas under complete dark conditions very few stromata were produced. The fresh weight of stromata was 9–10 g per PP bottle under light, but in dark conditions, less than 2 g of fruiting bodies were produced per PP bottle (Table 9). Light/dark periods have been found critical for fruiting body induction of *Paecilomyces tenuipes* [15], however continuous light con-

Table 8. Effect of temperature on fruit body formation of *Cordyceps cardinalis*

Temperature (°C)	TW	LS	FW	BE
15	133.8	24.3	2.6	4.33
20	136.9	22.7	2.9	4.83
25	152.6	49.3	9.4	15.67
30	142.7	0	0	0
35	126.1	0	0	0

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

Table 9. Effect of light on fruit body formation of *Cordyceps cardinalis*

	TW	LS	FW	BE
Light	152.6	49.3	9.4	15.67
Dark	152.5	47.7	2.4	4

BE = FW/Medium weight × 100.

TW, total weight (g); LS, length of stroma (mm); FW, fruit body weight (g); BE, biological efficiency.

dition without any dark period has successfully induced and sustained fruiting body production of *Cordyceps* [16, 17, 19, 20]. No fruiting bodies can be produced under continuous dark condition [12].

In conclusion, a mixture of 50~60 g of brown rice, 10~20 g of pupa and 50~60 mL of distilled water in 1,000 mL PP bottle were found to be the ideal conditions for fruiting body production of *C. cardinalis*. The amount of components of fruiting medium, however, is in fact relative to the shape and size of the fruiting bottle and thus can be adjusted accordingly. It was also observed that the fresh weight of fruiting bodies actually gave the total biomass of the fruiting bodies. Higher lengths with fewer fruiting bodies ultimately produced less biomass. A higher biomass of fruiting bodies is sometimes associated with abnormal shaped fruiting bodies, thereby decreasing their commercial value. Hence, more efforts are required to produce normal-shaped fruiting bodies with higher fresh weight.

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