

Identifying the Attributes of College Students' Fast Food Restaurant Selection and Satisfaction

Sunghyup Hyun¹, Kunsun Park² and Cindy Yoonjoung Heo^{3*}

¹Dept. of Tourism and Convention, Pusan National University, Korea

²Dept. of Hotel and Hospitality Management, Tougaloo College, USA

³School of Hotel and Tourism Management, The Hong Kong Polytechnic University, Hong Kong

대학생들의 패스트 푸드 레스토랑 선택의 결정요인과 만족도 결정요인에 관한 연구

현성협¹ · 박근순² · 허윤정^{3*}

¹부산대학교 관광컨벤션학과, ²미국 Tougaloo College 외식환대경영학과, ³홍콩 폴리텍 대학교 호텔관광대학

Abstract

College students represent a substantial market for fast food restaurant companies. In this sense, this research aims (1) to identify the attributes that influence college students' fast food restaurant selection, (2) to analyze how fast food restaurants perform with regards to those attributes using importance-performance analysis, and (3) to examine which attributes influence college students' satisfaction in a fast food restaurant context. Based on a literature review, 13 attributes that influence college students' fast food restaurant selection were derived. Then, using importance-performance analysis, it was found that among the 13 attributes, college students highly considered seven of them. Additionally, data analysis indicated that, currently, fast food companies perform well with regards to these seven attributes. More importantly, according to multiple regression analysis, among the seven attributes, value-related attributes (price, speed, location, and friendliness) were significantly related to college students' overall satisfaction.

Key words : Fast food restaurant selection, college students, satisfaction, importance-performance analysis.

INTRODUCTION

Fast food restaurants are eating places in which customers order items and pay before eating and where food can be eaten on the premises or taken out (Austin *et al* 2005). Fast food has become an important component of the everyday diet, and the frequency of fast food consumption has increased dramatically since the early 1970s (Paeratakul *et al* 2003). This increase in fast food consumption is likely to continue and fast food restaurants have experienced a continuous increase in sales over the past three decades (Qin & Prybutok 2008). According to the Hoover's 2008 Restaurant Industry Analysis Report, in 2007 fast food industry sales reached \$180 billion, and it is continuously growing at five percent annual growth rate, driven by patrons' continued emphasis on value and con-

venience. Fast food restaurants continue to focus on building their food and drink menus to include a wider variety of options, satisfying consumer interest in health and nutrition, and expanding their use of technology to enhance customer ordering and payment (NRA, 2007).

While many fast food restaurants are benefiting from the continuing desire to eat out, some have had difficulty in sustaining sales growth due to the increase in the number of fast food restaurants competing for market share (Qin & Prybutok 2008). The college student market is large and getting larger. Large numbers of fast food restaurants are conveniently located on or near campuses to attract students. They are easily found in student centers and in food courts in student unions, and tucked into other university buildings (Knutson BJ 2000). Given the projected growth in the college market and the desire to further increase sales, the fast food restaurant industry is interested in identifying what are the key attributes that

* **Corresponding author** : Cindy Yoonjoung Heo, Tel : +852-2677-4613, E-mail : hmcindyh@polyu.edu.kh

attract college students to fast-food restaurants. Every company knows that it costs far less to hold on to a customer than to acquire a new one (Coyles & Gokey 2005, Szmigin & Bourne 1998). Customer retention has become a major area of consideration since it was recognized as an important contributor to profitability over the long term (Anderson *et al* 1994, Anderson & Sullivan 1993, Dick & Basu 1994, Fornell C 1992, Heskett JL 2002, Heskett *et al* 1997, Iniesta & Sanchez 2002).

Competition from nontraditional competitors, including supermarkets, convenience stores, and specialty bakeries, has created an intensely competitive environment (Taylor & Long-Tolbert 2002). Keeping customers and building loyalty amid increasing competition present daunting challenge for fast food restaurants (Meyers & Wallace 2003). College students have weaker economic power than adults, and their spending behavior/culture is different from normal consumer groups (Knutson BJ 2000), therefore this study assumed that college students are different from normal consumers groups with regards to fast-food restaurant selection attributes. There is the potential huge benefits that might accrue to the fast food restaurant by successfully converting college students from transient customers into life-long brand-loyal customers (Alva M 1992). Cultivating relationships with college students is an investment whose return may be realized for many years (Taylor & Long-Tolbert 2002). It is imperative for fast food restaurants, therefore, to understand how college students perceive the service they provide and how these perceptions translate into college students satisfaction and retention.

What influences satisfaction and retention? An evaluation of consumer preferences in an ever-changing competitive environment will provide valuable information on those attributes that most influence customer choices, However, there is little available research literature on the fast food preferences of consumers and especially of college students.

While Knutson BJ (2000)'s study proposed 13 attributes that influences college students' fast-food restaurant selection, but failed to examine (1) how actual fast-food restaurants perform with regards to those attributes and (2) how the attributes are related to satisfaction. Thus, the objectives of this study were (1) to identify the attributes that influence college students' fast food restaurant selection, (2) to analyze how fast-food restaurants perform with regards to those attributes, using importance-performance analysis, and (3) to examine which attribute influences college students' satisfaction in the

fast-food restaurant context.

LITERATURE REVIEW

1. Previous Studies Concerning General Restaurant Selection Attributes

Growing competition in the restaurant industry and the increasing importance of consumer patronage impose the need to satisfy consumers (Ladhari *et al* 2008). Customer satisfaction with restaurant services can directly affect restaurant patronage (Dube *et al* 1994, Soriano DR 2002, Stevens *et al* 1995). Food quality, value for money, service, and location has been suggested as major factors that influence the customer satisfaction in the restaurant industry (Dulen 1999, Johns & Pine 2002, Susskind & Chan 2000). Iglesias and Guillen (2004) stated that in order for restaurants to succeed as well as survive in today's highly competitive markets, they have to analyze the factors that affect customer satisfaction. Success in the restaurant business depends on the deliver of superior quality, value, and satisfaction to customers. By delivering high quality, value, and satisfaction the restaurant can save the cost of finding new customers and instead rely on repeat customers (Oh 2000). Researchers have shown that perceived quality, value, and satisfaction are good predictors of a customer's willingness to return (Oh & Parks 1997, Rao & Monroe 1989, Zeithaml *et al* 1996).

Food quality is often the most important factor impacting the customers' overall experience in the restaurant industry. Taste (Kivela *et al* 1999, Koo *et al* 1999, Law *et al* 2008), presentation (Kivela *et al* 1999, Namkung & Jang 2008, Raajpoot 2002), healthy options (Johns & Tyas 1996, Sulek & Hensley 2004), temperature (Johns & Tyas 1996, Kivela *et al* 1999), and freshness (Acebrón & Dopico 2000, Johns & Tyas 1996, Kivela *et al* 1999) are attributes that have been suggested as determinants of customer satisfaction in the restaurant industry. Service quality is a factor of critical importance in the formation of satisfaction with restaurant services (Chow *et al* 2007, Dube *et al* 1994, Ladhari *et al* 2008, Namkung & Jang 2008, Soriano DR 2002, Yuksel & Yuksel 2002). The convenience is an important attribute that has an impact on customers' satisfaction (Lim & Ya 1997, Soriano DR 2002, Tzeng *et al* 2002, Yuksel & Yuksel 2002). The physical environment such as space, design, color, and music can influence on customer satisfaction (Bitner 1992, Foster 1997, Garbarino & Johnson 1999, Kivela *et al* 2000, Kotler 1973, Soriano DR 2002,

Stevens *et al* 1995).

2. Fast Food Restaurant

Quick service at the counter or for take-out, low prices, and plain décor are features common to fast food restaurants. These outlets tend to specialize in a few menu items such as sandwiches (mainly hamburgers), pizza, and chicken. The fast food restaurant industry is a strongly competitive one that faces a variety of operating challenges, including providing superior customer service while maximizing operating efficiency and controlling costs. Customers patronize fast food restaurants for a variety of reasons associated with lifestyles, demographics and economics. Location, service, consistency, food and price are among the key attributes customers consider when patronizing fast food restaurants. Consumers are attracted to these restaurants for a variety of reasons, including the quality and selection of menu items, convenience, value and the social aspects of eating out (NRA 2000).

Fast food is one of the world's fastest growing food types. Fast foods are quick, reasonably priced, and readily available alternatives to home-cooked food (Goyal & Singh 2007). Many academic/practical definitions of fast food have been proposed for fast foods in the literature. A few are mentioned below:

- Fast food has been defined as a general term used for a limited menu of foods that lend themselves to production-line techniques; suppliers tend to specialize in products such as hamburgers, pizzas, chicken, or sandwiches (Bender & Bender 1995).
- In Data Monitor's (2005) survey, the fast food market is defined as the sale of food and drinks for immediate consumption either on the premises or in designated eating areas shared with other foodservice operators, or for consumption elsewhere.
- As per "Wikipedia (2008), the free encyclopedia", fast food is the term given to food that can be prepared and served very quickly.
- According to the Merriam-Weber (1951) online dictionary fast food is "designed for ready availability, use, or consumption and with little consideration given to quality or significance."

A number of studies have attempted to identify the attributes that influence patrons' fast food restaurant selection. Among the attributes that matter most are low price, speed of service, consistency in menu items, and convenient location

(Kara *et al* 1995, Muller CC 1997, Muller & Woods 1994). Large numbers of patrons go to fast food restaurants because they are busy. In this sense, speed of service and convenient location should have important impacts on restaurant selection. Other attributes that have been identified include quality of food, menu selection, brand name, children's preference, and cleanliness (Kasdan P 1996). It is commonly believed that fast foods are typically high in calories, fat, saturated fat, sugar, and salt (Goyal & Singh 2007). For this reason, recently, many people raised the importance of food quality improvement and health issue with regards to fast food consumption (Brown *et al* 2000). Consequently, patrons look for fast food restaurant which has nutritious food menu, low fat food, and less calorie food. Also, patrons want to have food in a clean environment. In addition, Knutson BJ (2000) postulated that cleanliness, friendliness, and price strongly influence college students' choice of a fast food restaurant. Clean environment and friendly service provide favorable image of the fast food restaurant, therefore attract patrons.

METHODOLOGY

1. Sampling

The sample consisted of students enrolled in four undergraduate business classes, but was not limited to only business majors, at a state university in the Mideastern region of the United States. The questionnaire was administered to a total of 712 students in four classes at the end of the spring semester in 2009. The overall response rate was 53.1 percent (378 responses). Of the 378 questionnaire collected, 43 had a large percentage of missing values and were excluded. Thus, a total of 335 questionnaires were used in further analysis.

2. Questionnaire Development

Integrating the existing literature, this study proposes 13 attributes that influence patrons' fast-food restaurant selection: (1) add-on coupons, (2) atmosphere, (3) cleanliness, (4) combination meals, (5) consistency in menu items, (6) discount coupons, (7) drive-through, (8) friendliness, (9) location, (10) menu variety, (11) price, (12) promotional menu items, and (13) speed (Kara *et al* 1995, Muller CC 1997, Muller & Woods 1994, Kasdan P 1996, Brown *et al* 2000, Knutson BJ 2000). Questionnaire was designed based on these 13 attributes adapted from the previous literature.

The questionnaire consisted of three sections. The first sec-

tion included 13 attributes (e.g., cleanliness, price, speed). Students were asked to rate the importance of each of 13 attributes in their selection of a fast food restaurant. The choices ranged from slightly important (1) to extremely important (5). In the second section students were asked to rate the fast food restaurant's performance on each of 13 attributes based on their experience of most recent visit to the fast food restaurant. The choice were "1", corresponding to "fair", and "5", corresponding to "excellent". These attributes were developed by Knutson BJ (2000). The final section included questions that described the students' satisfaction with fast food restaurants and the students' demographic profile. Satisfaction was measured with "Please indicate your overall satisfaction level of your visit to the fast-food restaurant" with 5 response categories ranging from "Very Dissatisfied" to "Very Satisfied". Information on the frequency of their patronage of fast food restaurants was also asked. Based on the earlier pilot test with 17 undergraduate students, minor adjustments were made before the finalized version was administered to the 712 undergraduate students.

3. Data Analysis

The data were analyzed using SPSS software (version 14.0) through multiple stages. First, the descriptive statistics that provided a profile of students' demographic characteristics were run. Second, IPA was used to determine whether the performance of fast food restaurants exceeded the importance of each of 13 attributes, according to college students. Third, factor analysis was conducted to create correlated variable composites from the original 13 attributes and to identify a smaller set of dimensions, or factors, which explained most of the variance between the items and the derived factor scores. Last, college students' satisfaction with fast food restaurants was predicted using multiple regression analysis, utilizing the mean scores of factors for importance and performance.

4. Importance Performance Analysis

Martilla and James (1977) proposed importance-performance analysis (IPA) as a tool to analyze how companies perform with regards to its attributes in evaluating firms' management strategies. In recent years, IPA has become a popular managerial tool in identifying strengths and weaknesses of brands, products, services and retail establishments (Chapman RG 1993, Cheron *et al* 1989, Keyt *et al* 1994) in terms of two criteria

used by consumers in making a choice: the relative importance of attributes, and consumers' evaluation of the offering in terms of those attributes. By using a central tendency (i.e., mean, median) or a rank-order measure, the attribute importance and performance scores are ordered and classified into high/low categories; then by pairing these two sets of rankings, each attribute is placed into one of the four quadrants of the importance-performance grid. The vertical axis of the grid indicates the importance of the attributes from high to low and the horizontal axis represents their perceived performance from high to low (Chon *et al* 1991, Crompton & Duray 1985, Keyt *et al* 1994, Martilla & James 1977, Oh H 2001). The placements of attributes on this two-dimensional graph suggest the suitable strategy for each (Aigbedo & Parameswaran 2004, Keyt *et al* 1994, Nale *et al* 2000).

Interpretation of the IPA plot is straightforward (Ennew *et al* 1993, Nale *et al* 2000, Oh H 2001, O'Neill & Palmer 2004). IPA generates four different suggestions based on importance-performance measures. Interpretations follow the combination of importance and performance scores for each attribute. The attributes that are important to customers' purchase decisions but on which the company does not perform well are classified into Quadrant A, 'concentrate here'. This tells the company that it needs to focus on improving its performance on these attributes. Quadrant B captures the attributes that customers think are important to their purchase decision and on which customers also perceive the company performs well. What is needed here is to 'keep up the good work'. The attributes in Quadrant C indicate those rated low in both importance and performance. Because of their low salience, these attributes are considered 'low priority' and hence require no additional resources. Quadrant D indicates that the attributes falling in this quadrant are relatively less important but the company performs well on them. This implies that 'possible overkill' has occurred. Perhaps the resources committed to these attributes should be channeled elsewhere (Keyt *et al* 1994, Matilla & James 1977, Nale *et al* 2000, Oh H 2001).

FINDINGS

1. Respondents' Demographics

Table 1 shows the demographic characteristics of the students. Overall, 184 (55.40%) of the students were female; 122 (36.70%) were freshmen; 98 (29.50%) were sophomores; 52

Table 1. Demographic characteristics of Students
(*n*=335)

| Variables | Frequency | % |
|---------------------------------|-----------|-------|
| Gender (<i>n</i> =335) | | |
| Male | 148 | 44.60 |
| Female | 184 | 55.40 |
| Missing | 3 | |
| Academic level (<i>n</i> =335) | | |
| Freshman | 122 | 36.70 |
| Sophomore | 98 | 29.50 |
| Junior | 52 | 15.70 |
| Senior | 60 | 18.10 |
| Missing | 3 | |
| Live (<i>n</i> =335) | | |
| On campus | 165 | 49.70 |
| Off campus | 167 | 50.30 |
| Missing | 3 | |

Note: The usable questionnaire consisted of 335 students out of 378 collected.

(15.70%) were juniors; and 60 (18.10%) were seniors. A total of 165 (49.70%) students lived on campus and 167 (50.30%) lived off campus. On average, students ate 6.64 times at a fast food restaurant per month and spent \$5.72 each time.

2. Paired Samples *T*-Test

The paired samples *t*-test was conducted to see if the difference between the average scores for importance and performance for 13 attributes was statistically significant. The means for importance and performance for each of 13 attributes were compared. Significant differences ($p < 0.05$) were found among the means with the exception of three attributes: drive-through ($p = 0.97$), friendliness ($p = 0.31$), and location ($p = 0.80$). Four attributes had positive mean differences between importance and performance, indicating that fast food restaurants' performance was perceived by college students to be lower in these areas: cleanliness (0.66), speed (0.48), price (0.46) and friendliness (0.07).

3. Importance-Performance Analysis

Table 2 shows the importance and performance scores for 13 attributes of college students' fast food restaurant choices.

The three most important attributes were: cleanliness (4.40), speed (4.21), and price (4.13). The three least important were: add-on coupons (2.24), discount coupons (2.27), and atmosphere (2.93). The attributes on which fast food restaurants had the highest perceived performance ratings, however, were location (4.00), consistency in menu items (3.95), and combination meals (3.82). The three attributes with the lowest performance ratings were add-on coupons (2.73), discount coupons (2.88), and promotional menu items (3.34).

It is more illuminating, however, to view the results on the importance-performance grid. Figure 1 shows the importance-performance grid for the attributes constructed using the information obtained from the college students. The grand means for the importance and performance items have been used as the dividing lines for the horizontal and vertical dimensions. Also, the coordinates of any given point in the grid derive from the mean values for importance and performance that correspond to that attribute. None of the 13 attributes was located in quadrant A, indicating high priority and high performance. The result for quadrant B suggests that the fast food restaurant is doing satisfactorily on seven attributes and needs to keep up the good work. These attributes are 3 (cleanliness), 7 (drive-through), 8 (friendliness), 9 (location), 10 (menu variety), 11 (price), and 13 (speed). Quadrant C is comprised of four attributes: 1 (add-on coupons), 2 (atmosphere), 6 (discount coupons), and 12 (promotional menu items). This area is the region of low priority. The college students suggest in quadrant D that the fast food restaurant is doing more than necessary with respect to two attributes: 4 (combination meals) and 5 (consistency in menu items). The positioning of the horizontal and vertical grid lines serve as a guide in relative terms (Aigbedo & Parameswaran 2004, Martilla & James 1977). It seems reasonable to take special note of attributes that are very close to the boundaries of the dividing lines on the grid. For example, even though attribute 8 (friendliness) and 11 (price) fall into quadrant B on the grid, they are sufficiently close enough to quadrant B's boundary with quadrant A that they should also be considered to be attributes on which fast food restaurant should concentrate. This is especially essential for attribute 11 (price), which was ranked as being highly important in Table 2.

4. Factor Analysis of Performance

Factor analysis was conducted using principal axis factoring with varimax rotation. Prior to conducting factor analysis, the

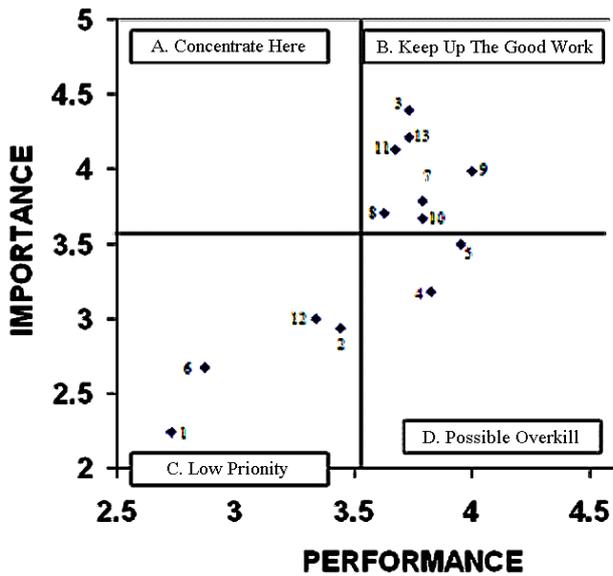
Table 2. Results of importance and performance scores for 13 attributes

| Variables Attributes | Importance | | Performance | | t-value | Sig. |
|------------------------------------|------------|-------|-------------|-------|---------|-------|
| | Mean | S.D. | Mean | S.D. | | |
| Add-on coupons (2-for-1) | 2.238 | 1.082 | 2.731 | 1.014 | -7.244 | 0.000 |
| Atmosphere | 2.933 | 1.041 | 3.445 | 0.806 | -8.629 | 0.000 |
| Cleanliness | 4.397 | 0.863 | 3.733 | 0.811 | 11.595 | 0.000 |
| Combination meals | 3.179 | 1.113 | 3.823 | 0.859 | -9.797 | 0.000 |
| Consistency in menu items | 3.495 | 1.034 | 3.951 | 0.848 | -7.287 | 0.000 |
| Discount coupons | 2.669 | 1.153 | 2.875 | 1.049 | -2.718 | 0.007 |
| Drive-through | 3.785 | 1.133 | 3.788 | 1.167 | -0.041 | 0.967 |
| Friendliness | 3.700 | 1.059 | 3.630 | 1.006 | 1.012 | 0.312 |
| Location | 3.981 | 0.906 | 3.997 | 0.859 | -0.259 | 0.796 |
| Menu variety | 3.668 | 0.983 | 3.793 | 0.837 | -2.117 | 0.035 |
| Price | 4.132 | 0.954 | 3.673 | 0.912 | 6.667 | 0.000 |
| Promotional menu items (new items) | 2.993 | 1.046 | 3.339 | 0.989 | -5.258 | 0.000 |
| Speed | 4.212 | 0.884 | 3.730 | 0.975 | 7.169 | 0.000 |

Note: Importance, 1 = slightly important and 5 = extremely important, Performance, 1 = fair and 5 = excellent.

Kaiser-Meyer-Olkin (KMO) measure of sampling adequacy and Bartlett's Test of Sphericity were performed to determine the appropriateness of factor analysis. The latent root value (eigen value) of 1.00 was used for factor inclusion and a factor loading of 0.40 was used as the benchmark for including items in a factor (Hair *et al* 2006).

As shown in Table 3, four factors, explaining 61.895% of the variance, were derived from the performance ascribed by students to 13 fast food restaurant attributes. The Kaiser-Meyer-Olkin measure of sampling adequacy indicated a practical level of common variance (KMO = 0.80). The result of the Bartlett's Test of Sphericity was 1,194.92 with a significant



Note: 1. add-on coupons; 2. atmosphere; 3. cleanliness; 4. combination meals; 5. consistency in menu items; 6. discount coupons; 7. drive-through; 8. friendliness; 9. location; 10. menu variety; 11. price; 12. promotional menu items; 13. speed

Fig. 1. Importance-performance analysis.

level of 0.001. This indicated that the factor analysis was appropriate. Value (Factor 1) accounted for 33.04% of the variance, with an eigen value of 4.30 and a reliability of 0.71. This factor was loaded with four attributes. Menu (Factor 2) contained three items and explained 11.96% of the variance in the data, with an eigenvalue of 1.56 and a reliability of 0.73. The three attributes associated with this factor dealt with menu. Promotion (Factor 3) was loaded with three attributes. This factor accounted for 9.12% of the variance, with an eigenvalue of 1.19 and a reliability of 0.69. Atmosphere (Factor 4) contained three attributes. This factor accounted for 7.78% of the variance, with an eigenvalue of 1.01 and a reliability of 0.70.

5. Multiple Regression Analysis of Performance and Satisfaction

Multiple regression analysis was performed to predict students' satisfaction with the performance of fast food restaurants. The average score for overall satisfaction with fast food restaurants was calculated as students' satisfaction with fast food restaurants, which was used as a dependent variable. Summated scales for each factor in the factor analysis were created and used as the input data for a multiple regression analysis.

The mean scores of all variables in each factor were computed and used as summated scales and dependent variables (Hair *et al* 2006). The multiple regression model for performance was found to be significant as indicated by the overall *F*-statistics ($p < 0.05$).

The results of multiple regression analysis on college student's satisfaction with the performance of fast food restaurants are summarized in Table 4. Only Value ($b=0.252$; $p=0.000$), among four identified performance factors, had a significant effect on college students' satisfaction with fast food restaurants and positive relationships. This factor is comprised of four attributes: speed, friendliness, location, and price. The other three dimensions - "menu", "promotion", and "atmosphere" - were not significantly associated with college students' satisfaction with fast food restaurants.

CONCLUSION AND DISCUSSIONS

There are many studies that address the attributes that influence patrons' fast food restaurant selection (Kara *et al* 1995, Kasdan P 1996, Knutson BJ 2000, Muller CC 1997, Muller & Woods 1994). Low price, speed of service, consistency in menu items, and convenient location, food quality, brand name, children's preference, and cleanliness are the attributes identified in previous study. However, most of these studies are limited to the relationship between customer satisfaction and these attributes. As a result, how actual fast food restaurants perform with regard to those attributes has been ignored. Furthermore, very few studies have examined the fast food preferences of college students. Thus, this study contributes to the investigation of the aforementioned issues.

The college students represent a substantial market for fast food restaurants (Knutson BJ 2000). As shown in the descriptive analysis, on average, college students eat 6.64 times at a fast food restaurant per month and spent \$ 5.72 each time. A typical college student may spend approximately \$455.8 on fast food each academic year. Now extend these numbers to the population of 17.5 million college students. The result makes it clear that fast food restaurants should place more emphasis on the college student market, especially since the increasingly competitive environment in the fast food restaurant industry has forced it to find ways to continuously increase its sales. Superior service can lead to loyal and satisfied customers whose continued patronage is essential to the

Table 3. Results of factor analysis-performance

| Factors | Factor loading | | | | Communality |
|------------------------------------|-------------------|------------------|-----------------------|------------------------|-------------|
| | Factor 1 Value | Factor 2 Menu | Factor 3 Promotion | Factor 4 Atmosphere | |
| Speed | 0.777 | | | | 0.629 |
| Friendliness | 0.703 | | | | 0.605 |
| Location | 0.681 | | | | 0.535 |
| Price | 0.565 | | | | 0.485 |
| Combination meals | | 0.833 | | | 0.772 |
| Consistency in menu items | | 0.792 | | | 0.674 |
| Menu variety | | 0.627 | | | 0.506 |
| Add-on coupons (2-for-1) | | | 0.863 | | 0.773 |
| Discount coupons | | | 0.845 | | 0.734 |
| Promotional menu items (new items) | | | 0.502 | | 0.499 |
| Cleanliness | | | | 0.667 | 0.676 |
| Atmosphere | | | | 0.605 | 0.656 |
| Drive-through | | | | 0.587 | 0.554 |
| Eigenvalue | 4.295 | 1.555 | 1.186 | 1.011 | |
| Variance explained (%) | 33.039 | 11.962 | 9.119 | 7.775 | |
| Cumulative variance | 33.039 | 45.001 | 54.120 | 61.895 | |
| Reliability alpha | 0.71 | 0.73 | 0.69 | 0.70 | 0.70 |

Note : Extraction method: principal component analysis.
 Rotation method: VARimax with kaiser normalization.
 KMO (Kaiser-Meyer-Olkin) measures of sampling adequacy: 0.800.
 Bartlett's test of sphericity: $p=0.00$ ($2=1194.922$, $df=78$).

Table 4. Results of multiple regression analysis-performance and satisfaction

| Factors | Unstandardized coefficients | | Standardized coefficients | T | Sig. |
|------------|-----------------------------|------------|---------------------------|-------|-------|
| | B | Std. error | Beta | | |
| Constant | 2.310 | 0.258 | | 8.959 | 0.000 |
| Value | 0.252 | 0.066 | 0.243 | 3.793 | 0.000 |
| Menu | 0.125 | 0.066 | 0.119 | 1.882 | 0.061 |
| Promotion | 0.049 | 0.051 | 0.054 | 0.972 | 0.332 |
| Atmosphere | 0.103 | 0.074 | 0.090 | 1.402 | 0.162 |

Note: $R^2=0.163$ (F -value=15.630).

growth of sales and profit for fast food restaurants. The results from the associated analysis described here are useful in

helping these firms to prioritize their efforts toward meeting the needs of college students.

Based on the literature review, 13 attributes that influence patrons' behavior in the fast food segment were derived. Then, importance-performance analysis was conducted. Based on IPA, it was found that college students consider seven attributes when they select fast food restaurants: cleanliness, drive-through, friendliness, location, menu variety, price and speed. This is similar to the findings of Knuston BJ (2000) except consistency in menu items instead of drive-through was highly influential on college students' choice of fast food restaurants. More importantly, it was found that, currently, fast food restaurants are performing well with regards to those seven attributes. In this sense, we can say that currently, overall, fast food restaurant companies' strategies are on the right tract to attract college students. More importantly, as shown in the multiple

regression analysis, among those seven attributes, value related attributes (price, speed, location, and friendliness) are significantly related to college students' overall satisfaction.

More specifically, according to factor loadings in the exploratory factor analysis, as a determining attribute, speed is the most important attribute, friendliness is the second, location is the third, and price is ranked fourth. Therefore, it was concluded that the most important reason why college students go to a fast food restaurant is 'because it serves food quickly'. Speed has historically been identified as the important driver in fast food restaurant's success (e.g. Pettijohn *et al* 1997) and this study confirmed the statement via importance-performance analysis. In this sense, fast food restaurant companies should keep up the high speed, and try to shorten the waiting line in the restaurant. Developing a new payment method that can reduce time could be another solution. Also, data analysis results indicate that friendly service is an important criterion for college students. Friendly service has long been discussed as a key determinant of patrons' satisfaction in the restaurant industry (e.g. Namkung & Jang 2008). In this sense, many fast food restaurants hire college students on campus, so they can provide friendly service to their colleagues. This study recommends training of the employees, so they can provide more comfortable and friendly service to college students. Lastly, it was found that location should be an important factor for college students. Previous studies have suggested that convenient location is a key factor for the success of a restaurant (e.g. Soriano DR 2002). So, site selection should be emphasized when a fast food restaurant company opens a new branch. Opening a fast food restaurant branch on campus or in a mall near a campus also should be considered.

As explained earlier, those attributes (none) falling into quadrant A, "Concentrate Here", of the IPA grid are important to college students, but the fast food restaurant's performance levels for these attributes are fairly low. Attributes (cleanliness, drive-through, friendliness, location, menu variety, price and speed) found in quadrant B (Keep Up The Good Work) indicates that the fast food restaurant is doing well and needs to keep up the good work. Attributes (add-on coupons, atmosphere, discount coupons, and promotional menu items) that landed in quadrant C (Low Priority) might safely be forgotten because attributes in this area have low importance and low performance. Attributes (combination meals and consistency in menu items) that fell into quadrant D (Possible Overkill)

are of low importance and high performance and do not require additional resources.

LIMITATION AND FUTURE RESEARCH

Despite its theoretical/practical implications, one limitation of this study need to be addressed. The data were collected from one college campus in the Mideastern region of the United States. It could be possible that the importance attached to the attributes might differ by region or culture. Therefore, for the future research, it is necessary to replicate the findings of this study using the data collected from other campuses in other regions/cultures to ascertain any possible bias.

국문초록

대학생 고객은 패스트 푸드 레스토랑의 중요한 잠재시장이다. 이런 면에서, 이 연구는 세가지 연구목적 을 제시하였다: (1) 대학생들이 패스트 푸드 레스토랑을 선택할 때 고려하는 요인들이 무엇인지 고찰한다, (2) 실제로 패스트 푸드 레스토랑들은 이 요인들에 대하여 얼마나 충실히 대학생 고객의 요구에 부응하고 있는지 고찰한다, (3) 이러한 요인들 중에서 대학생들의 만족도에 유의하게 영향을 주는 요인들은 무엇인지 고찰한다. 선행연구고찰을 통해 대학생들의 패스트 푸드 레스토랑 선택에 영향을 주는 13개의 요인들을 도출하였다: (1) 쿠폰, (2) 실내분위기, (3) 청결성, (4) 셋트메뉴, (5) 메뉴의 일관성, (6) 할인쿠폰, (7) 자동차에서 주문하는 시스템, (8) 친절함, (9) 위치, (10) 메뉴의 다양성, (11) 가격, (12) 행사메뉴, (13) 음식준비시간. 설문지는 712명의 대학생들을 대상으로 봄학기 마지막 주에 4개의 수업시간중에 배부되었다. IPA 분석을 통해서, 대학생들은 13개의 요인들 중에서 일곱 개의 요인들에 큰 비중을 두는 것으로 나타났다: (1) 청결성, (2) 자동차에서 주문하는 시스템, (3) 친절함, (4) 위치, (5) 메뉴의 다양성, (6) 가격, (7) 음식준비시간. 또한 현재 패스트 푸드 레스토랑들은 전체적으로 일곱 개의 요인들에 대하여 고객의 요구에 잘 부응하고 있었고, 그 일곱 개의 요인들 중에 고객의 가치평가와 관련된 요인들 (가격, 음식 준비 속도, 위치, 친절한 서비스)은 대학생들의 만족도와 유의하게 연관되어 있었다.

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