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Phenolic Compounds from the Flower Buds of Camellia japonica

Jeong-Yong Cho, Hyun-Jung Ryu, Soo-Hyun Ji, Jae-Hak Moon, Kyung-Hee Jung, and Keun-Hyung Park*

Department of Food Science & Technology, and Functional Food Research Center, Chonnam National University, Gwangju 500-757, Korea

¹Jeonnam Biotechnology Research Center, Naju, Jeonnam 520-330, Korea

Abstracts Hot water extracts of *Camellia japonica* flower buds were found to have the higher 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging activity than the other solvent extracts. Five phenolic compounds were isolated and purified from the ethyl acetate soluble-neutral fraction of hot water extracts by Sephadex LH-20 column chromatography and octadecyl silane-high performance liquid chromatography using the guided assay of DPPH radical scavenging. Based on mass spectrometer and nuclear magnetic resonance, the isolated compounds were identified as *p*-hydroxybenzaldehyde (1), vanillin (2), dehydroxysynapyl alcohol (3), 7S, 7S, 8R, 8R-icariol A_2 (4), and (-)-epicatechin (5). Four compounds (1-4) except for 5 were newly identified in this plant. Their DPPH radical scavenging activities as 50% scavenging concentration decreased in order to 5 (20 μ M)> α -tocopherol (29 μ M)>4 (67 μ M)>3 (72 μ M)>1=2 (>250 μ M). These results indicate that the antioxidant effect of the hot water extract of *C. japonica* flower buds may partially due to 5 isolated phenolic compounds.

Keywords: Camellia japonica, flower bud, phenolic compound, DPPH radical, antioxidant

Introduction

Camellia japonica (Theaceae) is cultivated in the southern coastal area of Jeolla-do(Province) and is often found in the gardens in Korea. This plant has been used in traditional folk remedies in Korea and Japan as tonic as well as to treat inflammation and stomatic problems. In addition, the flower of C. japonica has been used for the treatment of vomiting with blood and bleeding. Many studies have shown that C. japonica has anti-inflammatory (1), anti-plaque (2), antimicrobial and antioxidant (3,4), and anticancer (5) activities and that it is can also inhibit the absorption of ethanol (6). The presence of chemical constituents such as terpenes (7-9), saponins (10,11), and phenolic compounds (12,13) in the fruits, seeds, and leaves of C. japonica has been reported.

Recently, Lee *et al.* (4) reported that the leaves and flower buds of *C. japonica* had high 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging and antibacterial effects. In addition, flavonol glycosides (camellianoside, rutin, hyperoside, and isoquercetin) have been isolated as antioxidant from the leaves (14). Yashikawa *et al.* (15) reported stereo structural-elucidation of camelliosides A, B, C, and D from the flower buds of *C. japonica*. They also demonstrated that camelliosides A and B had platelet aggregation activity and exerted the gastroprotective effects against ethanol- or indomethacin-induced gastric mucosal lesions in rats. However, the studies on the chemical constituents of this plant have not yet been fully performed.

The antioxidants in the leaves and flower buds of *C. japonica* using the guided assay of DPPH radical scavenging were investigated. A novel benzyol glucoside (camelliadiphenoside) and 13 known phenolic compounds

as antioxidant have been isolated from the leaves of *C. japonica* (16). This paper describes the isolation and identification of 5 phenolic compounds from the flower buds of *C. japonica* and their DPPH radical scavenging effects.

Materials and Methods

Chemicals 1,1-Diphenyl-2-picrylhydrazyl (DPPH) and α -tocopherol were purchased from Sigma-Aldrich (St. Louis, MO, USA). Methanol- d_4 (CD₃OD) was obtained from Merck (Darmstadt, Germany). All other chemicals used in this study were of reagent grade and were obtained from commercial sources.

Plant material The flower buds of *Camellia japonica* were collected in January 2005 from Wando of Korea. A voucher sample has been deposited in the warm-temperate forest arboretum of Chonnam National University located in Bogildo(Island). This freeze-dried material was stored at -40°C until use.

Extraction with various solvents The flower buds (36.7 g) of C. japonica were soaked with n-hexane, chloroform (CHCl₃), ethyl acetate (EtOAc), ethanol (EtOH), and methanol (MeOH) (each 500 mL, 2 times) for 24 hr at room temperature, respectively. The flower buds (100 g) were extracted with boiling water (1.5 L) for 15 min at 90°C. This extracted solution was filtered through a glass filter (G3) and concentrated $in\ vacuo$ at 38°C.

Isolation of antioxidant from hot water extract The freeze-dried flower buds (1.46 kg) of *C. japonica* were extracted with boiling water (30 L) for 30 min. The obtained filtrate was adjusted to pH 8.0 by the addition of 5% NaHCO₃ and then partitioned with EtOAc (60 L) to give an EtOAc-soluble neutral fraction. The aqueous layer was adjusted to pH 3.0 by the addition of 2.0 N HCl and

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^{*}Corresponding author: Tel: +82-62-530-2143; Fax: +82-62-530-2149 E-mail: khpark@chonnam.ac.kr

partitioned with EtOAc (60 L) to give an EtOAc-soluble acidic fraction. The EtOAc-soluble neutral fraction (20.1 g) was fractionated to Sephadex LH-20 column (5.1×51 cm, 25-100 mesh, Pharmacia Fine Chemicals, Uppsala, Sweden) eluting with $\rm H_2O/MeOH$ (9:1, 8:2, 7:3, 6:4, 5:5, 4:6, 3:7, 2:8, 1:9, 0:10, v/v, step-wise system). The active fractions were subjected to high performance liquid chromatography (HPLC) on octadecyl silane (ODS) column (mBondapak, 19×300 mm, 10 mm, Waters, Milford, MA, USA) with 8.0 mL/min of flow rate, 254 nm of wavelength, and 25 or 30% MeOH as a mobile phase.

Structural analysis Nuclear magnetic resonance (NMR) spectra were obtained with an $^{unit}INOVA$ 500 spectrometer (Varian, Walnut Creek, CA, USA) using solvents as the internal standard. All of the isolated compounds were dissolved with CD₃OD. Chemical shifts were referenced to residual CHD₂OD at δ =3.31 ppm in the 1H -NMR spectrum and δ =49.15 ppm in the 13 C-NMR spectrum. Mass spectral data were performed using electron impact-mass spectrometry (EIMS, JMS-60; Jeol, Kyoto, Japan) and fast atom bombardment-mass spectrometry (FABMS, JMS-HX100; Jeol) with a matrix ingredient (3-nitrobenzyl alcohol).

Compound 1: white powder; 1 H-NMR (CD₃OD, 500 MHz) δ 9.74 (1H, s, C $\underline{\text{H}}$ O), 7.76 (2H, d, J=9.0 Hz, H-2, 6), 6.99 (2H, d, J=9.0 Hz, H-3, 5); 13 C-NMR (CD₃OD, 125 MHz) δ 192.9 ($\underline{\text{C}}$ HO), 166.3 (C-4), 133.7 (C-3, 5), 130.0 (C-1), 117.3 (C-2, 6).

Compound 2: white powder; ${}^{1}\text{H-NMR}$ (CD₃OD, 500 MHz) δ 9.73 (1H, s, CHO), 7.43 (1H, dd, J=7.5, 2.0 Hz, H-6), 7.43 (1H, d, J=2.0 Hz, H-2), 6.93 (1H, d, J=7.5 Hz, H-5), 3.92 (3H, s, -OCH₃); ${}^{13}\text{C-NMR}$ (CD₃OD, 125 MHz) δ 193.0 (CHO), 155.5 (C-4), 150.0 (C-3), 130.5 (C-1), 128.2 (C-2), 116.6 (C-5), 111.4 (C-6), 56.6 (-OCH₃).

Compound 3: white powder; ¹H- (CD₃OD, 500 MHz) and ¹³C- (CD₃OD, 125 MHz) NMR, see Table 2; EIMS *m/z* 212 (relative intensity, 66), 181 (8), 168 (100), 153 (17), 137 (14); FABMS (positive) *m/z* 213 [M+H]⁺ and 235 [M+Na]⁺.

Compound 4: white powder; ¹H- (CD₃OD, 500 MHz) and ¹³C- (CD₃OD, 125 MHz) NMR, see Table 2; EIMS *m/z* 436 (2), 418 (11), 400 (44), 419 (100); FABMS (positive) *m/z* 459 [M+Na]⁺.

Compound **5**: white powder; ¹H-NMR (CD₃OD, 500 MHz) δ 6.98 (1H, d, *J*=2.0 Hz, H-2'), 6.81 (1H, dd, *J*=8.0, 2.0 Hz, H-6'), 6.77 (1H, d, *J*=8.0 Hz, H-5'), 5.97 (1H, *J*=2.5 Hz, H-6), 5.95 (1H, *J*=2.5 Hz, H-8), 4.80 (1H, br. s, H-2), 4.17 (1H, m, H-3), 2.86 (1H, dd, *J*=5.0, 17.0 Hz, H-4a), 2.75 (1H, dd, *J*=2.5, 17.0 Hz, H-4b); ¹³C-NMR (CD₃OD, 125 MHz) δ 79.9 (C-2), 67.5 (C-3), 29.3 (C-4), 157.6 (C-5), 96.5 (C-6), 158.0 (C-7), 96.0 (C-8), 157.4 (C-9), 100.2 (C-10), 132.3 (C-1'), 115.4 (C-2'), 145.9 (C-3'), 145.8 (C-4'), 116.1 (C-5'), 119.6 (C-6'); FABMS (positive) *m/z* 291 [M+H]⁺ and 313 [M+Na]⁺.

Assay of DPPH radical scavenging The free radical scavenging activities of solvent extracts, EtOAc-soluble fractions, the isolated compounds, and α -tocopherol were evaluated by a DPPH radical according to the method described by Abe *et al.* (17), with slight modification. Briefly, a methanol solution (200 μ L) containing different

concentrations of each compound was added to DPPH radical ethanol solution (1,800 μ L, final concentration, 100 mM). The solution was mixed and allowed to stand for 30 min in the dark. The free radical scavenging activity of each compound was quantified by observing the decolorization of DPPH at 517 nm. The DPPH radical scavenging activities of each sample were also determined as the percentage decrease when compared to in the absorbance of a blank. The 50% free radical scavenging concentration (SC₅₀) of each sample (compound) was determined using a dose-response curve.

The assay for purification of the antioxidative compound was conducted by spraying the DPPH solution on thin layer chromatograph (TLC, Silica gel 60 $F_{254},\ 0.25$ mm thickness, Merck) using the method described by Takao \it{et} $\it{al.}$ (18), with slight modification. Briefly, each fraction purified by Sephadex LH-20 column chromatography and ODS-HPLC was spotted on the TLC plate and then developed with suitable solvents. After spraying 200 μM DPPH free radical EtOH solution, fractions visualized as a decolorization of the spot were considered to have antioxidative activity.

Results and Discussion

Antioxidative activity of various solvent extracts The flower buds were extracted with *n*-hexane, CHCl₃, EtOAc, EtOH, MeOH, and hot water. The antioxidative activities of these extracts were evaluated by a DPPH radical. The SC₅₀ value was determined based on the results of a doseresponse curve. The antioxidative activities of the extracts decreased in the following order: hot water extract (SC₅₀, 28 μg/mL)>MeOH extract (30 μg/mL)>EtOH extract (32 μg/mL)>EtOAc extract (42 μg/mL)>CHCl₃ extract (>250 mg/mL) and *n*-hexane extract (>250 μg/mL) (Table 1). Because the hot water extract showed the higher antioxidative activity than the other solvent extracts, the antioxidative compounds in hot water extract of *C. japonica* flower buds were purified and isolated.

Antioxidative activity of the soluble fractions of the hot water extract. The hot water extracted solution was partitioned with EtOAc to give EtOAc-soluble acidic (20.1 g) and EtOAc-soluble neutral (14.2 g) fractions. The antioxidative activities of these fractions and α -tocopherol as a positive control were also evaluated by a DPPH

Table 1. DPPH radical scavenging activity of various solvent extracts from the flower buds of *C. japonica*

Extraction	$SC_{50} (\mu g/mL)^{1)}$
Hot water	28
Methanol	30
Ethanol	32
Ethyl acetate	42
Chloroform	>250
<i>n</i> -Hexane	>250
α -Tocopherol $^{2)}$	6

 $^{^{1)}} Each$ value represents the mean of triplicates. The final concentration of the DPPH radical was 100 $\mu M.$

²⁾α-Tocopherol was used as positive control.

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Ho
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 $\frac{2}{6}$ $\frac{1}{6}$ \frac

Fig. 1. Structures and HMBC correlations (arrows) of the compounds identified in the hot water extract of *C. japonica* flower buds.

radical as described above. The SC_{50} values of the EtOAcsoluble acidic fraction, EtOAc-soluble neutral fraction, and α -tocopherol were found to be 6.0, 4.0, and 6.0 µg/mL, respectively. The EtOAc-soluble neutral fraction showed the higher antioxidative activity than EtOAc-soluble neutral fraction and α -tocopherol. Therefore, isolation and purification of antioxidative compound from EtOAcsoluble neutral fraction of hot water extract was attempted.

Isolation of antioxidative compound from the EtOAcsoluble neutral fraction The EtOAc-soluble neutral fraction (20.1 g) obtained from the hot water extract of the freeze-dried flower buds was fractionated by a column of Sephadex LH-20 with elution of the mixture solvents of H₂O/MeOH. Each fraction was then developed on TLC and sprayed with DPPH free radical EtOH solution. All of the fractions showed DPPH free radical scavenging activity. In particular, activities of fractions F-1 (40% MeOH fraction, 366 mg) and F-2 (60% MeOH, 2,039 mg) were stronger DPPH free radical scavenging activity than those of the other fractions. Compound 1 (t_R 31 min, white powder, 1.1 mg), **2** (t_R 38 min, white powder, 1.3 mg), **3** (t_R 49 min, white powder, 3.3 mg), and 4 (t_R 53 min, white powder, 3.1 mg) were isolated from a portion of the fraction F-1 by ODS-HPLC with 25% MeOH as a mobile phase. Compound 5 (t_R 22 min, white powder, 50 mg) was isolated from a portion of the fraction F-2 by ODS-HPLC with 30% MeOH as a mobile phase. The 5 isolated compounds were identified based on NMR and MS spectral analyses.

Structural determination of the isolated compounds The ¹H-NMR spectrum of **1** revealed the presence of a *para*-substituted aromatic ring proton signals of the

AA'BB' system at δ 7.76 (2H, d, J=9.0 Hz, H-2, 6) and 6.99 (2H, d, J=9.0 Hz, H-3, 5), and an aldehyde proton signal at δ 9.74 (1H, s, -CHO). The ¹³C-NMR spectrum revealed 7 carbon signals including a carbonyl carbon at δ 192.9 (C-7) and 6 sp^2 carbons belonging to a benzene ring at δ 166.3-117.3. The presence of an oxygenated quaternary carbon signal (δ 166.3, C-4) suggested that the hydroxyl group was linked to the C-4 of phenylaldehyde. Compound 1 was identified as p-hydroxybenzaldehyde by comparison with NMR spectral data of that reported in literature (19).

The ¹H-NMR spectrum of **2** revealed the presence of trisubstituted benzene ring proton signals [δ 7.42 (1H, d, J= 2.0 Hz, H-2), 6.93 (1H, d, J=7.5 Hz, H-5), 7.43 (1H, dd, J=7.5, 2.0 Hz, H-6)], an aldehyde proton signal [δ 9.74 (1H, s, -CHO)], and a methoxyl proton signal [δ 3.92 (3H, s, -OCH₃)]. These data were supported by carbon signals observed in the ¹³C-NMR spectrum. These findings suggested that **2** was a hydroxybenzaldehyde with a methoxyl group. The methoxyl group substituted in the C-3 position of 4-hydroxybenzaldehyde was assigned by an HMBC experiment (Fig. 1). Therefore, the structure of **2** was identified to be 3-methoxy-4-hydroxybenzaldehyde (vanillin) (Fig. 1).

The EIMS spectrum of **3** exhibited a molecular ion peak at m/z 212 (M⁺, rel. int. 66%) together with other fragment ion peaks at m/z 181 ([M-CH₂OH]⁺, 8%), 168 ([M-(CH₂)₂OH+H]⁺, 100%), 153 ([M-(CH₂)₃OH]⁺, 17%), and 137 ([M-(CH₂)₃OH-OH+H]⁺, 14%). The FABMS spectrum (positive) of **3** showed the pseudomolecular ion peaks at m/z 213 [M+H]⁺ and 235 [M+Na]⁺. These results indicated that the molecular weight of **3** was 212. ¹H-NMR spectrum of **3** revealed the presence of an aromatic methine proton signal [δ 6.47 (2H, br. s, H-2, δ)], overlapped signal of 2 methoxyl proton [δ 3.82 { δ H, s, (-OCH₃)×2}], and 3

Position -	3		D = =:4: =	4	
	δ_{H} (int., mult., J)	δ_{C}	– Position –	δ _H (int., mult., J)	δ_{C}
1	-	134.3	1, 1'	-	134.4
2, 6	6.47 (2H, br. s)	106.8	2, 6, 2', 6'	6. 74 (4H, s)	105.0
3, 5	-	149.4	3, 5, 3', 5'	-	149.5
4	-	134.9	4, 4'	-	136.4
7	2.59 (2H, dd, 8.0, 8.0)	33.3	7, 7'	4.96 (2H, d, 8.0)	84.7
8	1.81 (2H, m)	35.8	8, 8'	2.32 (2H, m)	55.3
9	3.58 (2H, dd, 7.0, 7.0)	62.4	9a, 9'a 9b, 9'b	3.72 (2H, dd, 3.5, 11.0) 3.63 (2H, dd, 5.0, 11.0)	61.9
-OCH ₃	3.82 (6H, s)	56.9	-OCH ₃	3.82 (12H, s)	57.0

Table 2. ¹H- (500 MHz) and ¹³C- (125 MHz) NMR data of 3 and 4 (CD₃OD)

methylene proton signals [δ 3.58 (2H, dd, J=7.0, 7.0 Hz, H-9), 2.59 (2H, dd, J=8.0, 8.0 Hz, H-7), 1.81 (2H, m, H-8)] (Table 2). The carbon signals presented in the ¹³C-NMR spectrum were satisfied the ¹H-NMR data. Three methylene proton signals [δ 2.59 (H-7), 1.81 (H-8), and 3.58 (H-9)] were assigned to be propanol by their proton correlations in the ¹H-¹H COSY spectrum. Therefore, 2 partial structures of **3** are assignable to be dimethoxybenzene and propanol. In the HMBC spectrum (Fig. 1), the existence of the cross peak between the methylene proton signal at δ 2.59 (H-7) and the methine carbon signals at δ 106.8 (C-2, δ) indicated that the propanol moiety was coupled with the C-1 position of dimethoxylbenzene. Therefore, the structure of **3** was determined to be 4-hydroxy-3,5-dimethoxybenzenepropanol (dehydroxysinapyl alcohol) (Fig. 1)

The 1 H- and 13 C-NMR spectra of 4 (Table 2) were closely related to those of 3 except for propanol moiety, that is, they showed the oxygenated methine signal $[\delta 4.96 (2H, d,$ J=8.0, Hz, H-7, 7') in the ¹H-NMR spectrum and δ 84.7 (C-7, 7') in the ¹³C-NMR spectrum and other methine signal [δ 2.32 (2H, m, H-8, 8') in the ¹H-NMR spectrum and δ 55.3 (C-8, 8') in the ¹³C-NMR spectrum. These results suggest that 4 is lignan constituted with 2 molecules of compound 3. The ether form of C-7 and C-7' was deduced from the oxygenated methine carbon signal (δ 84.7, C-7, 7') observed in a down-field shift when compared with the oxygenated methylene proton signal (δ 62.4, C-9, 9') (Table 2). The planar structure of 4 could be assigned to be icariol by the analyses of the 2D-NMR such as HSQC, ¹H-¹H COSY, and HMBC. The important correlations detected in the HMBC spectrum are shown in Fig. 1. The ¹H-NMR spectrum of 4 corresponded with that of 7S, 7'S, 8R, 8'R-icariol A_2 that has been previously reported (20). In addition, the positive FABMS spectrum of 4 exhibited a pseudomolecular ion peak at m/z 459 [M+Na]⁺, which is corresponded with the molecular weight (Mw 436) of 4. Therefore, the structure of 4 was identified as 7S, 7'S, 8R, 8'R-icariol A_2 (Fig. 1).

The $^1\text{H-NMR}$ (500 MHz, CD₃OD) spectrum of **5** revealed the presence of 2 proton signals [δ 5.97 (1H, J=2.5 Hz, H-6), 5.95 (1H, J=2.5 Hz, H-8)] of A ring , 3 proton signals [δ 6.98 (1H, d, J=2.0 Hz, H-2'), 6.81 (1H, dd, J=8.0, 2.0 Hz, H-6'), and 6.77 (1H, d, J=8.0 Hz, H-5')] of B ring, and 4 proton signals [δ 4.80 (1H, br. s, H-2), 4.17 (1H, m, H-3), 2.86 (1H, dd, J=5.0, 17.0 Hz, H-4a), and 2.75 (1H, dd,

J=2.5, 17.0 Hz, H-4b)] of C ring. These results suggest that **5** is catechin. These findings are supported by the presence of 15 carbon signals [12 sp^2 carbon signals (δ 158.0-96.5) and 3 sp^3 carbon signals (δ 79.9-29.3)] in the 13 C-NMR spectrum and the detection of pseudomolecular ion peaks at m/z 291 [M+H]⁺ and 313 [M+Na]⁺ in the FAB-MS (positive) spectrum. In addition, the splitting pattern of the methine proton signal at δ 4.80 (H-2) in the 14 H-NMR spectrum was indicated the presence of a broad singlet, which suggests that **5** is (-)-epicatechin. Compound **5** was identified as (-)-epicatechin (Fig. 1) based on a comparison with the spectroscopic data reported in literature (21).

The 5 antioxidative compounds that were isolated from the hot water extracts of C. japonica flower buds were identified as p-hydroxybenzaldehyde (1), vanillin (2), dehydroxysynapyl alcohol (3), 7S,7'S,8R,8'R-icariol A₂ (4), and (-)-epicatechin (5) (Fig. 1). To the best of our knowledge, this is the first study to report the presence of 4 compounds (1-4) except for (-)-epicatechins (5) in C. japonica. p-Hydroxybenzaldehyde (1) and vanillin (2) are known to be the major flavor compounds in vanilla (22), and many studies have reported that vanillin (2) has the biological activities such as antimutagenic, anticlastogenic, and anticarcinogenic effects (22-24). This compound is also used as flavoring material in food and pharmaceutical industries. Dehydroxysynapyl alcohol (3) has been identified in the leaves of the sunflower (25). 7S,7'S,8R,8'R-icariol A₂ (4) coupled with 2 molecules of 3 was previously isolated from Epimedium sagittatum (26) and recently elucidated the absolute configuration with this glycoside from Glechoma hederacea L. (21). (-)-Epicatechin (5), which was identified as a constituent of the buds of C. japonica has previously been identified in its leaves (12). We also reported here as the constituent of this flower buds.

DPPH radical scavenging activity of the isolated compounds The antioxidative activities (Table 3) of the 5 compounds isolated here were determined by the DPPH radical scavenging method. The DPPH radical scavenging activity decreased in the following order: **5** (SC₅₀, 20 μM) > α -tocopherol (29 μM)>**4** (67 μM)>**3** (72 μM)>**1=2** (>250 μM). (-)-Epicatechins (**5**) showed a significantly higher DPPH radical scavenging activity than other isolated compounds and α -tocopherol. Compound **4** (7*S*,7'*S*,8*R*,8'*R*-icariol A₂), that is coupled with 2 3,5-dimethoxy-4-

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Table 3. DPPH radical scavenging activities of the compounds isolated from the flower buds of *C. japonica*

Compounds	$SC_{50} (\mu M)^{1)}$	
<i>p</i> -Hydroxybenzaldehyde (1)	>250	
Vanillin (2)	>250	
Dehydroxysynapyl alcohol (3)	72	
7S,7'S,8R,8'R-Icariol A ₂ (4)	67	
(-)-Epicatechin (5)	20	
α -Tocopherol ²⁾	29	

 $^{^{1)}} Each$ value represents the mean of 2 replications. The final concentration of the DPPH radical was 100 $\mu M.$

hydroxyphenyl groups, showed the higher antioxidative activity in comparison with dehydroxysynapyl alcohol (3) of a 3,5-dimethoxy-4-hydroxyphenyl group. Compounds 1 and 2 showed significantly lower DPPH radical scavenging activity (SC_{50} , >250 μ M) than other isolated compounds. These finding indicate that the antioxidant effect of the hot water extract of flower buds may partially due to 5 isolated phenolic compounds in this study. The flowered tea that made from the flower bud of *C. japonica* has potential to become health beverages because of the high antioxidative activity of its hot water extract. Therefore, investigation of the antioxidant from the flower of *C. japonica* is being conducted.

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²⁾α-Tocopherol was used as a positive control.