

# Baicalein and Baicalin from the Radix of *Scutellaria baicalensis* Georgi Inhibits Oxidative DNA Damage and Apoptosis via its Antioxidant Activity

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**Abstract** - In this study, we evaluated and compared the protective effects of two major constituents, baicalein and baicalin, against oxidative DNA and cell damages caused by hydroxyl radical. Antioxidant properties were evaluated using DPPH and hydroxyl radicals scavenging assays and Fe<sup>2+</sup> chelating assay.  $\phi$ X 174 RFI plasmid DNA and intracellular DNA migration assay were used to evaluate the protective effect against oxidative DNA damage. Also, MTT and lipid peroxidation assays were used to evaluate their protective effects against oxidative cell damage. Both baicalein and baicalin prevented intracellular DNA and cells from oxidative damage caused by hydroxyl radical via antioxidant activities. Baicalein demonstrated a stronger antioxidant activity in scavenging DPPH radicals and chelating Fe<sup>2+</sup> while baicalin scavenged hydroxyl radicals more efficiently. The differences in the level of baicalein and baicalin pose a different pathological pathway for each. The antioxidant activity of baicalin was due to its ability to scavenge hydroxyl radical whilst baicalein was a stronger Fe<sup>2+</sup> chelator. Further investigation to compare the molecular mechanisms of antitumor activities of baicalein and baicalin is vital to anticancer research.

**Key words** - Reactive oxygen species (ROS), Oxidative DNA damage, Oxidative cell death, Lipid peroxidation

## Introduction

*Scutellaria baicalensis* Georgi is one of the most widely used traditional Chinese herbal medicines. Its roots have been used for anti-inflammation, anti-cancer, antiviral and antibacterial infections of the respiratory and the gastrointestinal tract, cleaning away heat, moistening aridity, purging fire, detoxifying toxicosis, reducing the total cholesterol level and decreasing blood pressures (Li, 2004). Two of its active compounds, the flavonoids baicalin and baicalein, have been extensively studied for their antioxidant activities. Flavonoids have been reported to be ideal candidates for reducing oxidative stress, since they possess free radical scavenging (Rice Evans, 2004) and metal ion chelating properties (More *et al*, 1993), and increase the expressions of certain antioxidant proteins (Cai and Wei, 1996; Sudheesh *et al*, 1999). Most interest has been devoted to the antioxidant activity of flavonoids, which is due to their ability to reduce free radical formation and to scavenge

free radicals. The capacity of flavonoids to act as antioxidants in vitro has been the subject of several studies in the past years (Pietta, 2000).

Oxidative DNA damage is mediated by reactive oxygen species (ROS) and is thought to play an important role in mutagenesis, aging and carcinogenesis (Barja, 2004). Aging and aging-related diseases might be due to the long term effects of oxidative damage to the cells and tissues of the body that arises primarily as a result of aerobic metabolism (Balaban *et al.*, 2005; Wickens, 2001). Lots of research have clearly shown that many reactive oxygen species (ROS), such as hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), superoxide radical (O<sub>2</sub><sup>-</sup>), and hydroxyl radical (OH), would damage nearby structures including DNA, proteins or lipids (Barja, 2004; Benzie, 2000; Bokov *et al.*, 2004; Yin and Chen, 2005). Radical scavenging antioxidants are particularly important in antioxidative defense in protecting cells from the injury of free radicals. Among DNA damage causing cancer development, approximately 80% of the damage is caused by the reactive oxygen species (ROS) such as hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), singlet oxygen (<sup>1</sup>O<sub>2</sub>), and hydroxyl radical (OH) (Ghosal

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*et al.*, 2005). Cancer pathogenesis is a multi-step process involving mutations in critical genes required for maintaining cellular homeostasis and the clonal expansion of these mutated cells (Armitage and Doll, 1954). The foremost is the ability to induce DNA damage that can cause to mutation if replication proceeds without proper repair. Oxidative DNA damage can lead to mutations and be suspected to be a major cause of cancer (Schwarz *et al.*, 1984). Furthermore, persistent oxidative DNA damage can alter signaling cascades and gene expression, induce or arrest transcription, and increase replication errors and genomic instability, all of which have been described in the progression of cancer development (Powell *et al.*, 2005). Of the ROS, hydroxyl radical is the most reactive oxygen radical formed via Fenton reaction in living systems. In general, this radical is considered to be a harmful byproduct of oxidative metabolism, which can cause molecular damage in living system, and also play a critical role in initiating and catalyzing a variety of radical reactions in the presence of oxygen (Livingstone, 2001).

In this study, protective effects of two major flavonoids from the radix of *S. baicalensis* Georgi were investigated on oxidative damage induced by hydroxyl radical in non-cellular system and cellular systems.

## Materials and Methods

### Chemical reagents

Mouse skin fibroblast cell line, NIH 3T3, was purchased from American Type Culture Collection (ATCC, Manassas, VA, USA) and the mediums used for the cell growth were purchased from GIBCO BRL Co. (NY, USA). All chemicals, baicalein and baicalin and the DPPH (1,1-diphenyl-2-picrylhydrazyl) were obtained from Sigma Chemicals Co. (St. Louis, USA).  $\phi$ X-174 RF I plasmid was purchased from New England BioLabs (County Road Ipswich, MA)

### Sample preparation and Identification of baicalein and baicalin by LC/MS

One kilogram of dried *Scutellaria baicalensis* Georgi radix was ground and extracted with 800 ml of 80% methanol with shaking for 24 hours. The methanol-soluble fraction was then

filtered, concentrated by a vacuum evaporator, and fractioned in a separating funnel with ethyl acetate. The ethyl acetate fraction was separated, evaporated by a vacuum evaporator, prepared aseptically, and kept in refrigerator (-80 °C) for further assays. For identification of baicalein and baicalin, the LC/MS system as an API-2000 LC/MS/MS system (Applied Biosystems, USA) was used, which has the power and performance of triple quadrupole mass spectrometry. The MS/MS was coupled with the HPLC for the detection of analytes. The following conditions were used for the system: (1) detector (DF): -200; (2) CEM: 1900; (3) Polarity: negative; (4) scan type: Q1; (5) ion spray voltage: 5500; and (6) ion source gas: 15. Methanol and water (1:1) were used as the solvents. The injection volume was maintained at 10.0  $\mu$ l at a flow rate of 10  $\mu$ l/min. Data integration was performed with Analyst 1.4.1 software version (Applied Biosystems, USA).

### DPPH radical scavenging activity

The antioxidant activities of baicalein and baicalin were evaluated first by monitoring its ability in quenching the stable free radical DPPH (Hus *et al.*, 2006). Reaction mixture containing 40  $\mu$ l of test samples of baicalein and baicalin (4 mg/ml dissolved in DMSO) and 760  $\mu$ l of 300  $\mu$ M DPPH ethanol solution in micro tube were incubated at 37 °C for 30 min and absorbance was measured at 515 nm according to the increasing concentrations of the test samples. The DPPH quenching ability was calculated from the log-dose inhibition curve. All determination was carried out in triplicate.

### Hydroxyl radical scavenging assay

Hydroxyl radical scavenging ability was measured according to a literature procedure (Smirnoff and Cumbes, 1989) with a few modifications. Hydroxyl radical was generated from fenton reaction between 1.5 mM FeSO<sub>4</sub> and 6 mM H<sub>2</sub>O<sub>2</sub> (1.4:1, v/v) at 37 °C for 30 min before the assay and detected by their ability to hydroxylate salicylate. The reaction mixture (1 ml) contained 760  $\mu$ l of hydroxyl radical, 40  $\mu$ l of varying concentrations of baicalein and baicalin and 200  $\mu$ l of sodium salicylate (20 mM). After a reaction for 1 hour at 37 °C, the absorbance of the hydroxylated salicylate complex was measured at 562 nm. Hydroxyl radical scavenging ability was calculated from the log-dose inhibition curve. All determination was car-

ried out in triplicate.

### **Fe<sup>2+</sup>-chelating activity assay**

This assay was measured according to a literature procedure (Hus *et al.*, 2006) with a few modifications. The reaction mixture (800  $\mu$ l) contained 120  $\mu$ l of 2 mM FeCl<sub>2</sub>, 40  $\mu$ l of varying concentrations of baicalein and baicalin and 640  $\mu$ l of distilled water. The mixture was shaken vigorously and left at room temperature for 5 min. After 5 min, 200  $\mu$ l of 5 mM ferrozine was added and mixed. The absorbance of the Fe<sup>2+</sup>-ferrozine complex was measured at 562 nm. Fe<sup>2+</sup>-chelating activity assay was calculated from the log-dose inhibition curve. All determination was carried out in triplicate.

### **$\phi$ X-174 RF I plasmid DNA cleavage assay**

Conversion of the supercoiled form of plasmid DNA to the open-circular and further linear forms has been used as an index of DNA damage (Jung and Surh, 2001). For DNA cleavage assay by hydroxyl radical and ferrous iron, reaction mixtures (90  $\mu$ l) contained 10  $\mu$ l of  $\phi$ X-174 RF I plasmid DNA, 4  $\mu$ l of varying concentrations of baicalein and baicalin, 76  $\mu$ l of hydroxyl radical generated from Fenton reaction between 250  $\mu$ l of 1.5 mM FeSO<sub>4</sub> and 175  $\mu$ l of 6 mM H<sub>2</sub>O<sub>2</sub>. The mixtures were incubated at 37°C for 30 min. After 30 min, 10  $\mu$ l of a solution containing 50% glycerol (v/v), 40 mM EDTA and 0.05% bromophenol blue was added to stop the reaction and the reaction mixtures was electrophoresed on 1% agarose gel. The DNA in the gel was visualized and photographed under ultraviolet light after ethidium bromide staining.

### **Intracellular DNA damage assay**

This assay was carried out according to literature procedure (Cho *et al.*, 2008) with some modifications. NIH 3T3 cells (2  $\times$  10<sup>6</sup>) were cultured in 6-well plates for 24 hours at 37°C in an incubator with a humidified atmosphere of 5% CO<sub>2</sub>. After 24 hours, the cells were treated with the varying concentrations of baicalein and baicalin for 30 min and then added with 1.5 mM FeSO<sub>4</sub> and 6 mM H<sub>2</sub>O<sub>2</sub> (1.4:1, v/v) for 1 hour. After 1 hour, each cell was harvested and then the supernatant was discarded. Each cell was resuspended with 20  $\mu$ l of lysis buffer containing 50 mM Tris-HCl, pH 8.0, 10 mM EDTA, 0.5% SDS and 0.5 mg/ml proteinase K by pipetting cells to

ensure complete lysis and then incubated at 55°C for 60 min. After 60 min, each cell was centrifuged, 5  $\mu$ l of RNase A was added to the supernatant, and each cell was incubated at 55°C for 60 min. After 60 min, each cell was spun briefly to remove any further cell debris and collect the supernatant. Each lysate was heated at 70°C for a few minutes and mixed with 10  $\mu$ l of loading buffer (50% glycerol (v/v), 40 mM EDTA and 0.05% bromophenol blue). the reaction mixtures was electrophoresed on 2% agarose gel, and the DNA in the gel was visualized and photographed under ultraviolet light after ethidium bromide staining.

### **Cell viability assay**

NIH 3T3 (5  $\times$  10<sup>3</sup> cells/well) were cultured in a 96-well plate at 37°C for 24 hours. After 24 hours, the varying concentrations of baicalein and baicalin were treated to corresponding wells, and then incubated at 37°C for 30 min. After 30 min, 10  $\mu$ l of hydroxyl radical generated by fenton reaction between 1.5 mM FeSO<sub>4</sub> and 6 mM H<sub>2</sub>O<sub>2</sub> (1.4:1, v/v) was applied to each well and then incubated at 37°C for 24 hours. After 24 hours, 50  $\mu$ l of MTT solution (1 mg/ml) was treated to each well for 4 hours, then the supernatant was removed and 100  $\mu$ l DMSO was injected to each well. The absorbance was measured with a microplate reader at 570 nm.

### **Lipid peroxidation assay**

This assay was carried according to literature procedure (Kang *et al.*, 2008) with some modifications. The NIH 3T3 cells were cultured in a 6-well plate at 2  $\times$  10<sup>6</sup> cells/well for 16 hours. Sixteen hours after plating, the cells were treated with the varying concentrations of baicalein and baicalin for 30 min. After 30 min, 1 mM H<sub>2</sub>O<sub>2</sub> and FeSO<sub>4</sub> were added to the plate and then the cells were incubated for 12 hours. The cells were then washed with cold phosphate-buffered saline (PBS), harvested, and homogenized in an ice-cold 1.15% KCl. One hundred microliter of the cell lysate was mixed with 0.1 ml of 8.1% sodium dodecylsulfate, 0.75 ml of 20% acetic acid (adjusted to pH 3.5), and 0.75 ml of 0.8% thiobarbituric acid (TBA). The mixtures were made up to a final volume of 4 ml with distilled water and heated to 95°C for 2 hours. After cooling to room temperature, 2.5 ml of an n-butanol/pyridine mixture (15:1, v/v) was added and the mixtures were shaken. After centrifu-

gation at 1000 × g for 10 min, the supernatant fractions were isolated and the absorbance was measured spectrophotometrically at 532 nm.

### Statistical analysis

The series of experiments were performed as three or more independent examination with at least three replicates for each sample. Data were expressed as means ±S.D. Statistical comparison was performed using Student's t-test.

## Results

### Identification of baicalein and baicalin by LC/MS

Liquid chromatography coupled with mass spectrometry (LC/MS) is a powerful tool for the rapid identification of chemical constituents in plant extracts (Han *et al.*, 2006). Fig. 1 and 2 show the LC/MS chromatograms of baicalein and baicalin

from the radix of *S. baicalensis* Georgi.

### Antioxidant activities of baicalein and baicalin

The antioxidant activities of baicalein and baicalin were evaluated by DPPH radical scavenging assay (Fig. 2), hydroxyl radical scavenging assay (Fig. 3) and Fe<sup>2+</sup> chelating assay (Fig. 4). The results show a dose-dependent effects in scavenging DPPH and hydroxyl radicals as well as in chelating the Fe<sup>2+</sup>. Baicalein showed higher antioxidant activities in scavenging the DPPH radical and chelating the Fe<sup>2+</sup> while baicalin was more effective in removing the hydroxyl radical. Baicalein scavenged DPPH by 6.91% at 0.32 µg/ml, 31.27% at 1.6 µg/ml, 87.11% at 8 µg/ml, 87.16% at 40 µg/ml and 87.72% at 200 µg/ml, respectively, while baicalin scavenged DPPH by 3.21% at 0.32 µg/ml, 14.18% at 1.6 µg/ml, 60.16% at 8 µg/ml, 88.97% at 40 µg/ml and 89.19% at 200 µg/ml. Moreover, baicalein's IC<sub>50</sub> value was two-fold higher than baicalin at 2.9 for baicalein and

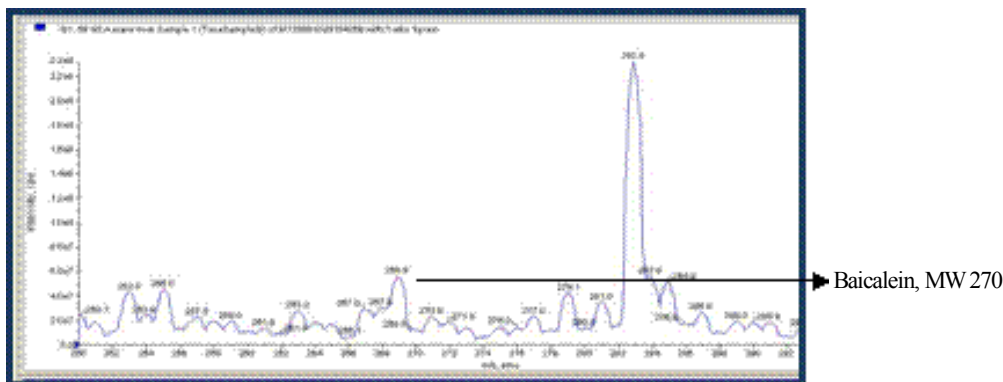


Fig. 1. LC/MS chromatogram of extracts containing baicalein purified from ethyl acetate fraction from the radix of *Scutellaria baicalensis* Georgi.

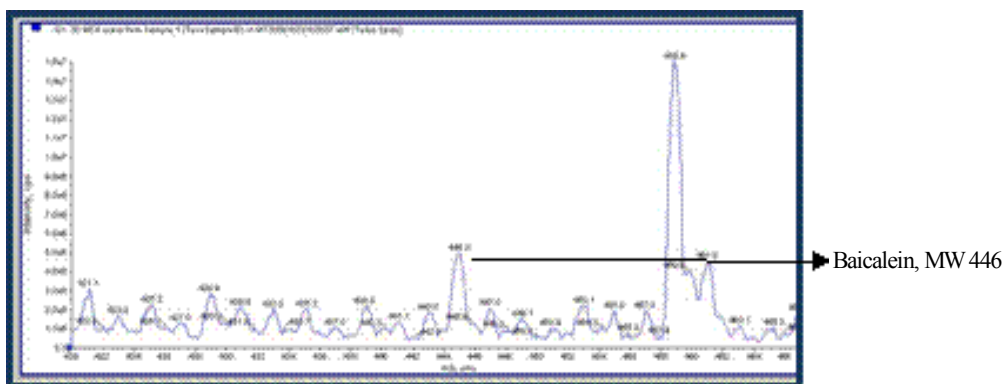


Fig. 2. LC/MS chromatogram of extracts containing baicalin purified from ethyl acetate fraction from the radix of *Scutellaria baicalensis* Georgi.

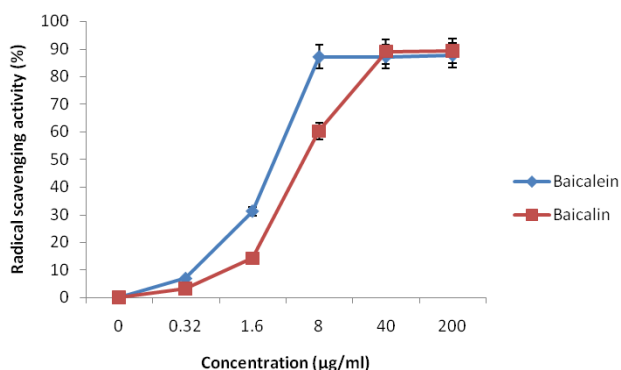


Fig. 3. DPPH radical scavenging activity of baicalein and baicalin purified from the extracts of the radix of *Scutellaria baicalensis* Georgi. The absorbance values were converted to scavenging effects (%) and data plotted as the means of replicate scavenging effect (%) against extract concentration in µg baicalein or baicalin per ml reaction volume.

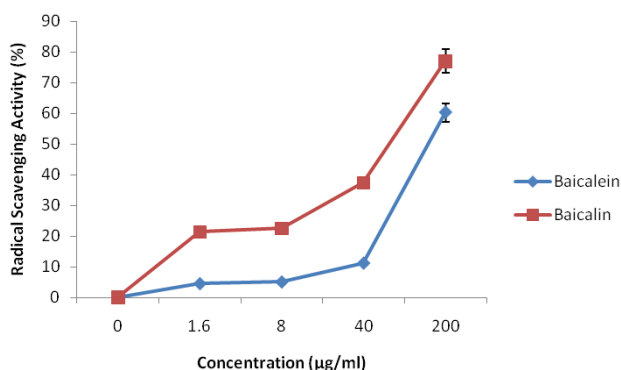


Fig. 4. Hydroxyl radical scavenging activity of baicalein and baicalin purified from the extracts of the radix of *Scutellaria baicalensis* Georgi. The absorbance values were converted to scavenging effects (%) and data plotted as the means of replicate scavenging effect (%) against extract concentration in µg baicalein or baicalin per ml reaction volume.

7.5 for baicalin. As for hydroxyl radical scavenging assay, baicalein removed hydroxyl radical by approximately 4.53% at 1.6 µg/ml, 5.08% at 8 µg/ml, 11.21% at 40 µg/ml and 60.28% at 200 µg/ml, respectively. Baicalin, on the other hand, removed hydroxyl radical by approximately 21.35% at 1.6 µg/ml, 22.57% at 8 µg/ml, 37.34% at 40 µg/ml and 77.09% at 200 µg/ml, respectively. In Fe<sup>2+</sup> chelating assay, baicalein chelated Fe<sup>2+</sup> ions by approximately 3.11% at 1.6 µg/ml, 15.83% at 8 µg/ml, 35.88% at 40 µg/ml and 81.47% at 200 µg/ml, respectively while baicalin chelated Fe<sup>2+</sup> ions by approximately 2.62% at 1.6 µg/ml, 3.37% at 8 µg/ml, 14% at 40 µg/ml and 26% at 200 µg/ml.

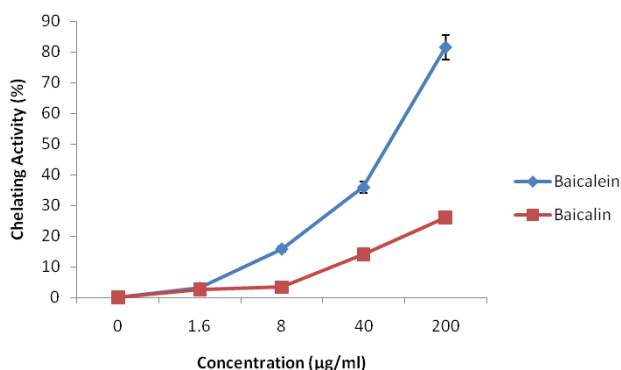


Fig. 5. Fe<sup>2+</sup> chelating activity of baicalein and baicalin purified from the extracts of the radix of *Scutellaria baicalensis* Georgi. The absorbance values were converted to scavenging effects (%) and data plotted as the means of replicate scavenging effect (%) against extract concentration in µg baicalein or baicalin per ml reaction volume.

#### Protective effects of baicalein and baicalin on oxidative DNA damage in non-cellular and cellular system

Protective effects of baicalein and baicalin from the radix of *Scutellaria baicalensis* Georgi on oxidative DNA damage was evaluated by the plasmid DNA cleavage assay using ϕ X-174 RFI plasmid DNA in non cellular system and intracellular DNA migration in the cellular system. In the plasmid DNA cleavage assay (Fig. 6A and 7A), induction of single strand breaks to supercoiled double stranded plasmid DNA leads to formation of open circular DNA, while the formation of a linear form of DNA is indicative of double strand breaks (Li and Trush *et al.*, 1993). Fig. 6A and 7A show the gel electrophoretogram of the cleavage of the plasmid DNA by hydroxyl radical. As observed in the figures, the plasmid DNA was mainly of the supercoiled form in the absence of hydroxyl radical (untreated group). When in addition of hydroxyl radical without baicalein or baicalin, the supercoiled DNAs were converted into an open circular form. In the presence of hydroxyl radical, however, addition of baicalein inhibited the conversion at 17% at 1.6 µg/ml, 29% at 8 µg/ml, 52% at 40 µg/ml and 60% at 200 µg/ml while baicalin inhibited the conversion of the supercoiled form into the open-circular or linear form by 15% at 1.6 µg/ml, 43% at 8 µg/ml, 68% at 40µg/ml and 72% at 200 µg/ml, respectively. DNA migration assay is a sensitive biomarker of the DNA damage. In DNA migration assay (Fig. 6 and 7), both baicalein and baicalin inhibited

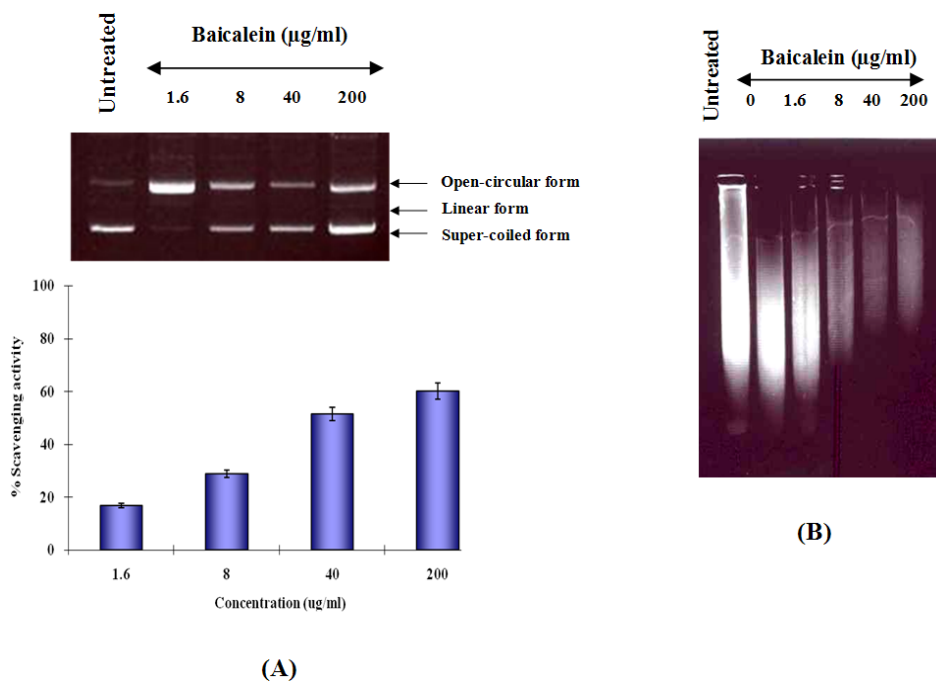


Fig. 6. Protective effects of baicalein purified from the radix of *Scutellaria baicalensis* Georgi against oxidative DNA cleavage using cleavage of  $\phi$ X-174 RF I plasmid DNA in the non-cellular system (A) and DNA migration in the cellular system induced by hydroxyl radical (B). Contents of the conversion from supercoiled form to open circular form were using the software Un-SCAN-IT gel Version 5.1 (Silk Scientific, Inc.).

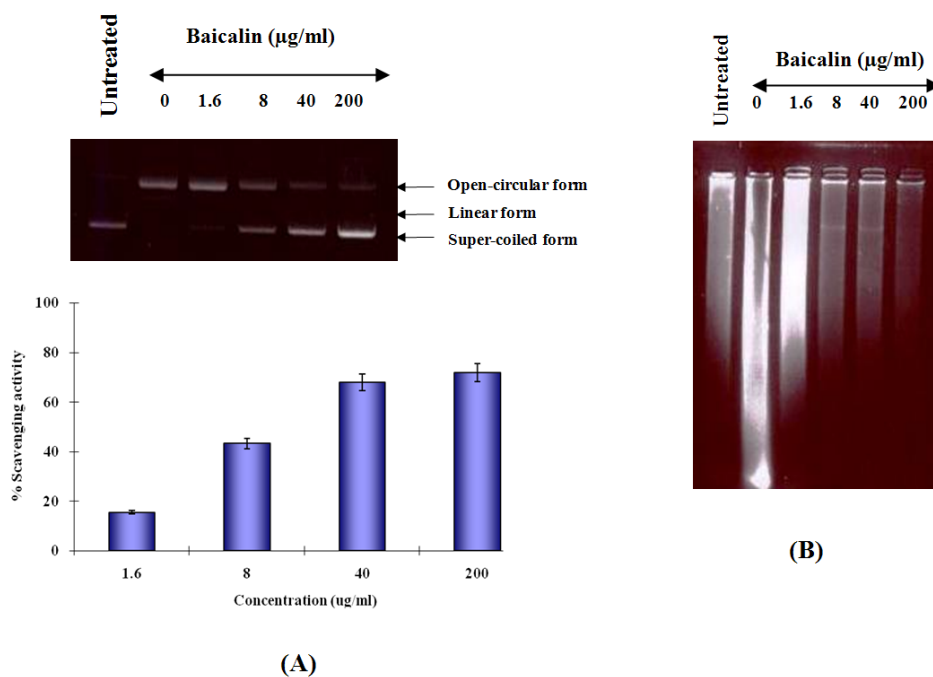


Fig. 7. Protective effects of baicalin purified from the radix of *Scutellaria baicalensis* Georgi against oxidative DNA cleavage using cleavage of  $\phi$ X-174 RF I plasmid DNA in the non-cellular system (A) and DNA migration in the cellular system induced by hydroxyl radical (B). Contents of the conversion from supercoiled form to open circular form were using the software Un-SCAN-IT gel Version 5.1 (Silk Scientific, Inc.).

DNA migration induced by hydroxyl radical in a dose-dependent manner.

### Protective effects of baicalein and baicalin from the radix of *Scutellaria baicalensis* Georgi on oxidative cell damage

The effect of baicalein and baicalin on the oxidative cell damage was evaluated by lipid peroxidation assay (Fig. 8) and MTT assay (Fig. 9). In lipid peroxidation assay, baicalein inhibited lipid peroxidation by 30% at 1.6  $\mu\text{g/ml}$ , 48% at 8  $\mu\text{g/ml}$ , 55% at 40  $\mu\text{g/ml}$  and 59% at 200  $\mu\text{g/ml}$  while baicalin inhibited peroxidation by 27% at 1.6  $\mu\text{g/ml}$ , 42% at 8  $\mu\text{g/ml}$ , 48% at 40  $\mu\text{g/ml}$  and 52% at 200  $\mu\text{g/ml}$ . In MTT assay, the cells treated with hydroxyl radical alone induced cell death by approximately 50% compared with the untreated cells (control), while the addition of baicalein and baicalin in the presence of

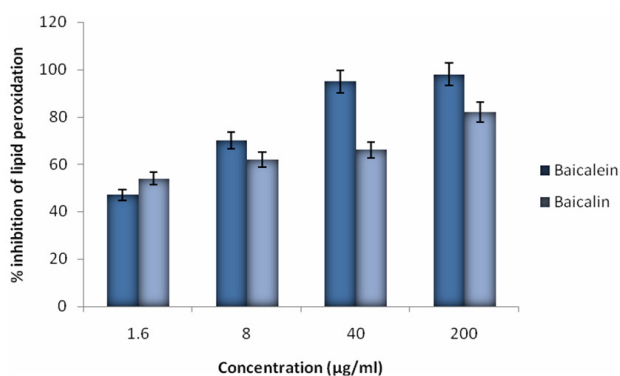


Fig. 8. Inhibitory effect of the baicalein and baicalin on lipid peroxidation. The effects of the flavonoids on the inhibition of lipid peroxidation were evaluated by measuring the amount of TBARS formation.

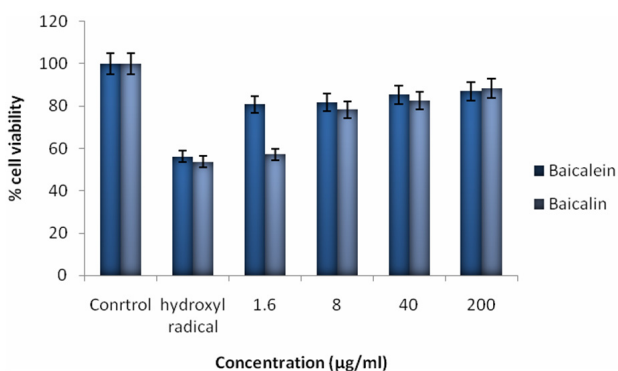


Fig. 9. Inhibitory effect of baicalein and baicalin from oxidative cell death. The viability of NIH 3T3 cells against the treatment of hydroxyl radical was evaluated by MTT assay.

hydroxyl radical inhibited oxidative cell death in a dose-dependent manner. Hydroxyl radical can react with a number of molecules including proteins, membrane lipids and DNA. Oxidation of lipids induced by the hydroxyl radical can generate products, such as malondialdehyde and unsaturated aldehydes, that can bind to DNA to generate mutagenic adducts (Chaudhary *et al.*, 1994).

## Discussion

Oxidative stress causes various forms of tissue damage and inflammation, and plays an important role in the development of several degenerative changes in cells and tissues which ultimately lead to several degenerative disorders. Bodily defenses are not completely efficient in preventing on-going oxidative damage to DNA, lipids and proteins. Dietary antioxidants, vitamins, flavonoids, plant phenolics and herbal formulations are very essential in protecting against oxidative stress (Weiss & Landauer, 2000). Among DNA damage causing cancer development, approximately 80% of the damage is caused by ROS such as hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), single oxygen ( $^1\text{O}_2$ ) and hydroxyl radical (OH) (Ghosal, 2005).

*Scutellaria baicalensis* is one of the most popular and multi-purpose herb used in China traditionally for treatment of inflammation, hypertension, cardiovascular diseases and bacterial and viral infections. Accumulating evidence demonstrate that *Scutellaria baicalensis* possesses potent anticancer activities (Li-Weber, 2008).

In this study, we give a stronger background on the anticancer properties of *Scutellaria baicalensis* by evaluating its cancer chemopreventive property through inhibition of oxidative DNA damage and apoptosis caused by  $\text{H}_2\text{O}_2$  and OH. More specifically, we tested two of the major flavonoids from the radix of *Scutellaria baicalensis* called baicalein and baicalin, in non-cellular and cellular systems. The principal findings from the above described experiments may be stated as follows; (I) baicalein and baicalin could scavenge DPPH free radical, hydroxyl radical and intracellular ROS, and could chelate  $\text{Fe}^{2+}$ ; (II) baicalein and baicalin could inhibit the strand scission in  $\phi\text{X-174 RF I}$  plasmid DNA mediated by hydroxyl radical, inhibit DNA migration mediated by hydroxyl radical, inhibit oxidative cell death, and inhibit lipid perox-

oxidation in cell membranes caused by hydroxyl radical.

Furthermore, it can be noted from our results that one of the flavonoids has a stronger activity than the other in some assays. Baicalein scavenged DPPH radical more efficiently and chelated  $Fe^{2+}$  on a much higher level than baicalin. The anti-fenton activity may be due to a combined effect of chelation and radical scavenging activities of baicalein. Also, the strong chelation of iron by baicalein appears to be in general agreement with the observations that flavonoids with an "iron-binding motif" can chelate iron under a number of different conditions such as buffer, pH and solvent (Guo, 2007). On the other hand, baicalin scavenged hydroxyl radical better. It also showed a consistently more favorable result as a better hydroxyl radical scavenger by inhibiting the strand scission  $\phi$ X-174 RF I plasmid DNA. However, baicalein inhibited lipid peroxidation in cell membranes better than baicalin, and showed a slightly higher activity in inhibiting oxidative cell death caused by  $H_2O_2$ . The differences in the level of antioxidant and free radical scavenging activities of baicalein and baicalin pose a different mechanism of action or pathological pathway between them. Further investigation to compare the molecular mechanisms of antitumor activities of the baicalein and baicalin is vital to anticancer research. The results in this study indicate that the radix of *S. baicalensis* Georgi possesses a spectrum of antioxidant and DNA-protective properties and showed additional evidence that both baicalein and baicalin possess potent anticancer properties.

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