

Optimization of *in vitro* seed germination of *Taraxacum platycarpum*

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Abstract: Dandelion (*Taraxacum platycarpum*) has been widely utilized for medicinal purposes. However, the dandelion seeds are relatively difficult to germinate under cultivation conditions, which hampers seedling propagation of dandelion plants and reduces the opportunity of usage of such a useful medicinal plant. Thus, in this study, *in vitro* conditions for the dandelion seed germination were optimized to enhance the germination rate. In seed washing steps, the sequential treatments with 20% of ethanol, 20% of NaOCl, and distilled water avoided microbial contamination with the highest *in vitro* germination rate (67.5%) from seeds sown in germination media. The media supplemented with 1.4 g/L of MS salts and 1% of sucrose significantly enhanced the germination rate compared to the media with 4.4 g/L of MS and 3% of sucrose. Sowing the seeds vertically in the optimized media supplement conditions, 1.4 g/L of MS salts and 1% of sucrose, gave the maximum *in vitro* germination rate (61%), which was almost three times higher than sowing seeds on a soil pot (23%). Our results indicate that the seed washing and sowing methods including germination medium supplements can be optimized to enhance *in vitro* seed germination of dandelion.

Key Words: Dandelion, Germination, Seedling, Surface sterilization, Taraxacum

INTRODUCTION

Dandelion plants, the genus *Taraxacum*, a member of the family Asteraceae is the perennial plant with a stout taproot and rosette-type leaves, which is world widely found in the warmer temperate zones. In Korea, many varieties including *T. coreanum*, *T. hallaisanensis*, *T. officinale*, *T. ohwianum*, and *T. platycarpum* are broadly distributed. *T. platycarpum* has been utilized in traditional Korean herbal medicine for pharmacological properties including their diuretic, choleric, anti-inflammatory, and anti-carcinogenic activities¹⁾. Recent studies have shown that it is high in vitamin C and potassium compared to other leaf vegetables²⁾. In addition, its extract has ant-microbial and anti-coagulant activities^{3,4)}, and contains desacetylmaticarin, an anti-allergic component⁵⁾. Thus,

consumption of medicinal dandelion plants is prevalent and growing in Korea. However, propagation and cultivation of most herbal plants including dandelion are difficult because of low germination rates or specific environmental requirements⁶⁾. Although, dandelion seeds can germinate without long-period of dormancy, it is difficult to optimize environmental conditions for seed germination. Sometimes, chilling treatment at a certain temperature required for seed germination is considered as an essential to success⁷⁾. Low germination rates of dandelion seeds frequently are due to pathogenic infection or physical and physiological damage to seeds⁸⁾. In addition, its seedling establishment rate is very low (1%)⁹⁾. Thus, dandelion is often vegetatively propagated using leaf cutting methods¹⁰⁾. The controlled growth conditions under the hydroponic systems or *in vitro* plant tissue or cell suspension culture systems could allow us to control the contents of important medicinal compounds and their potency⁸⁾. Furthermore, *in vitro* culture systems are feasible to be manipulated to

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increase potency of active compounds through optimized culture conditions and enhance standardization in dandelion plant production. Even such systems can avoid unfavorable compounds including heavy metal soil contaminants, which represent an emerging risk to public health¹¹. In this study, we investigated *in vitro* seed germination under different seed washing methods as a pre-treatment for seedling tissue culture and the different media supplements and sowing methods to optimize *in vitro* conditions for increasing the germination rate and establishing seedling of dandelion (*T. platycarpum*).

MATERIAL AND METHODS

Plant seed materials

Seed washing preparation, sowing method, and *in vitro* germination culture were conducted using some modifications of the protocols previously reported¹²⁻¹⁴. Dandelion seeds (*Taraxacum platycarpum* H. Dahlstedt) were washed, and only viable seeds, determined by floatation method, were used. The seeds were air-dried for a couple of hours and only properly filled seeds were sorted out for use. Four hundred well-filled seeds were finally selected for the experiments.

Seed washing methods

To investigate the effect of concentration (20 and 70%) of ethanol and (1 and 20%) of sodium hypochlorite (NaOCl) in surface sterilization washing buffer on seed germination, seeds were washed with only sterile distilled water (control), 20% of ethanol and distilled water (20% E), 70% of ethanol and 1% of NaOCl, and distilled water (70% E + 1% N), and 20% of ethanol, 20% of NaOCl, and sterile distilled water (20% E + 20% N), respectively. All sequential washing steps were conducted for 2 min. There were, therefore, 4 treatment combinations, each replicated three times, and each replicate was sown with twenty seeds. Four hundred seeds were sequentially soaked and washed for 2 min in each sterilization solution.

Seed germination media and seed sowing methods

After washing treatment, the seeds were moved onto a Whatman filter paper (No.1) and dried at room temperature. Thereafter, seeds were germinated in media supplemented with Murashige and Skoog

(MS) salts and sucrose in long day conditions consisting of 16 h of light with a light intensity of 20 $\mu\text{mol}/\text{m}^2/\text{s}$ from 40 W cool white and red deluxe fluorescent tubes (1:1 mix) and 8 h of darkness at 26°C, respectively. To optimize germination medium conditions, the surface-sterilized seeds were germinated on two different media supplemented with MS salts (1.4 or 4.4 g/L) and sucrose [1 or 3% (wt/vol)]. In addition, to compare the effects of seed sowing position, seeds were sown horizontally or vertically on the media. The germination seed rates were observed on day 10, 13, 16, 19, 22, and 25 to investigate the effect of the seed sowing position and medium conditions varied with concentration of MS and sucrose on the seed germination rate of dandelion.

Statistical Analysis

The seed germination rate and contamination rate were expressed as a percentage, which was calculated by using the following equation: (number of germinated seeds or contaminated seeds/total number of seeds per Petri dish) X 100. The data represent the means for three replicate samples. Error bars indicate standard deviations (SD). Student's t-tests were performed to determine the statistical difference in the germination rates between two treatments using the Instat 2.03 statistical package (GraphPad Software, San Diego, CA).

RESULTS

Optimization of seed washing buffer to control contamination

Dandelion seeds were washed in different solutions before seedling on the tissue culture medium and their contamination rates were investigated (Fig. 1). The contamination rate of seeds washed with only distilled water was 100%. In seeds washed with 20% of ethanol, the contamination rate (34%) was dramatically decreased. The contamination rate (25%) was further decreased in seeds washed with 70% of ethanol and 1% of NaOCl. However, it seemed to be directly no contamination from seeds washed sequentially with 20% of ethanol, 20% of NaOCl, and distilled water.

Effect of washing buffer on germination rate

The *in vitro* germination rate was observed in seeds treated with different washing protocols (Fig. 1).

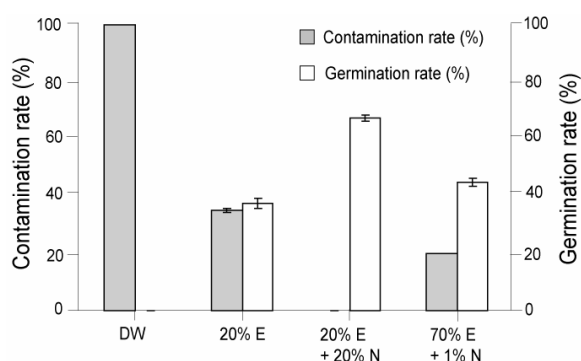


Fig. 1. Effect of seed washing buffer on *in vitro* contamination and germination rates. DW, seeds washed with distilled water; 20% E, seeds washed sequentially with 20% of ethanol and DW; 20% E + 20% N, seeds washed sequentially with 20% of ethanol, 20% of NaOCl, and DW; 70% E + 1% N, seeds washed sequentially with 70% of ethanol, 1% of NaOCl, and DW.

No seed with distilled water treatment was germinated. In seeds washed sequentially with 20% of ethanol and distilled water, the germination rate was 40%. The sequential treatment of 70% ethanol, 1% NaOCl, and distilled water slightly increased the seed germination rate (45%). However, the highest germination rate (67.5%) was observed in the seeds washed sequentially with 20% of ethanol, 20% of NaOCl, and distilled water (Fig. 1).

Time courses of the cumulative seed germination on different *in vitro* media

The seed germination rate was observed at days after seed planting on two *in vitro* germination media [1.4 g/L of MS salts and 1% of sucrose ('A' media) and 4.4 g/L of MS salts and 3% of sucrose ('B' media)] (Fig. 2). The germination rate of seeds planted on the 'A' media significantly higher compared to the 'B' media during all observed period after seed sowing. In seeds with the 'A' media, the cumulative germination rate rapidly increased from 10 days to 22 days after seed sowing. After 22 days, the germination rate was steady. In seeds with the 'B' media, the germination rate also dramatically increased from 10 days to even 25 days after seed sowing. However, at 25 days, the cumulative seed germination rate with the 'A' media was significantly higher than the 'B' media (Fig. 2).

Effect of seed sowing position on germination rate

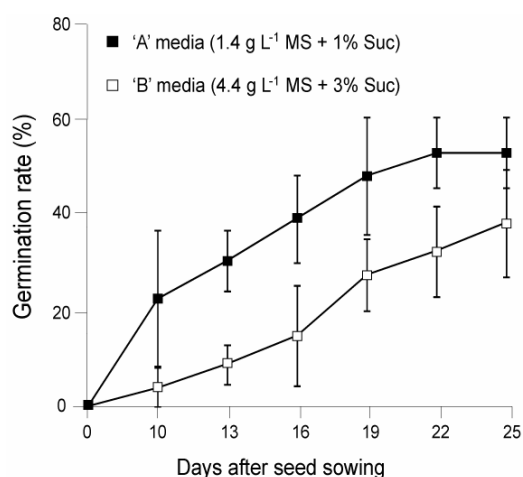


Fig. 2. Time courses of the cumulative germination rate of seed sown in two different *in vitro* media during 25 days after seed sowing. 'A' was seeds sown in media supplemented with 1.4 g/L of MS salts and 1% of sucrose (Suc) (solid rectangle) whereas 'B' was seeds sown in media supplemented with 4.4 g/L of MS salts and 3% of sucrose (Suc) (open rectangle).

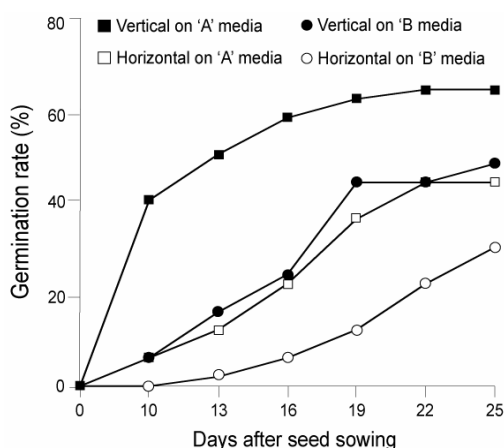


Fig. 3. Times courses of the cumulative germination rate of seed sown vertically and horizontally in media supplemented with different concentration of both MS salts (1.4 and 4.4 g/L) and sucrose (Suc) (1 and 3%), respectively. The solid and open rectangles indicate the seeds sown vertically and horizontally on 'A' media supplemented with 1.4 g/L of MS salts and 1% of Suc, respectively. The solid and open circles indicate the seeds sown vertically and horizontally on 'B' media supplemented with 4.4 g/L of MS salts and 3% of Suc, respectively.

The final *in vitro* seed germination rates between horizontally and vertically sown seeds were statistically analyzed to investigate the effect of seed sowing position on germination (Fig. 3). In vertically and horizontally sown seeds on 'A' media, the mean

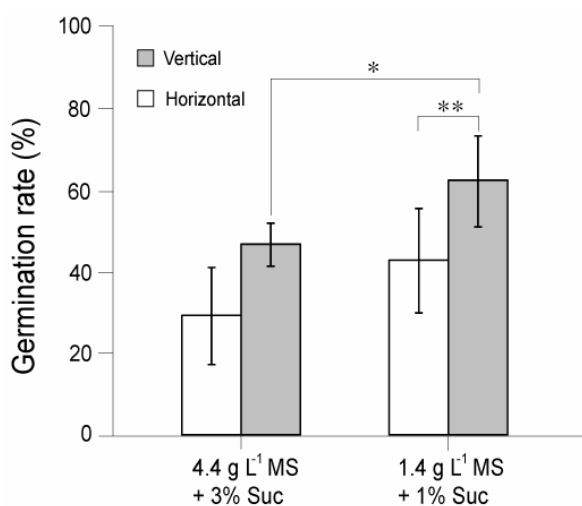


Fig. 4. Comparison of final germination rate of seed sown vertically and horizontally in different media conditions at 25 days after seed sowing. 1.4 g/L MS +1% Suc, 'A' media supplemented with 1.4 g/L of MS salts and 1% of sucrose; 4.4 g/L MS + 3% of Suc, 'B' media supplemented with 4.4 g/L of MS salts and 3% of Suc. The symbols (* and **) indicate statistical significant difference at $p < 0.05$ and 0.01 , respectively.

values of the early germination rates at 10 days after planting seedling were 40% and 6%, respectively. The mean value of the final *in vitro* seed germination rate of the vertical sowing position (64%) was significantly higher compared to the rate of the horizontal seed sowing position (44%) (Fig. 4). In vertically and horizontally sown seeds on 'B' media, the mean values of the early germination rates at 10 days after planting seedling were 5% and 0%, respectively. In 'B' media, the mean value of the final *in vitro* seed germination rate of the vertical sowing position (48%) increased compared to the rate of the horizontal sowing position (30%). Regardless of the germination media, the vertical seed sowing position significantly enhanced the germination rate during the observed days after the seed sowing (Figs. 3 and 4).

DISCUSSION

Our present data demonstrate the effects of seed washing buffer, germination medium supplement concentration, and sowing position on the seed germination of dandelion (*T. platycarpum*). The main purpose of this study was to optimize those factors to enhance the *in vitro* seed germination rate of dandelion.

Since the seed germination study was conducted

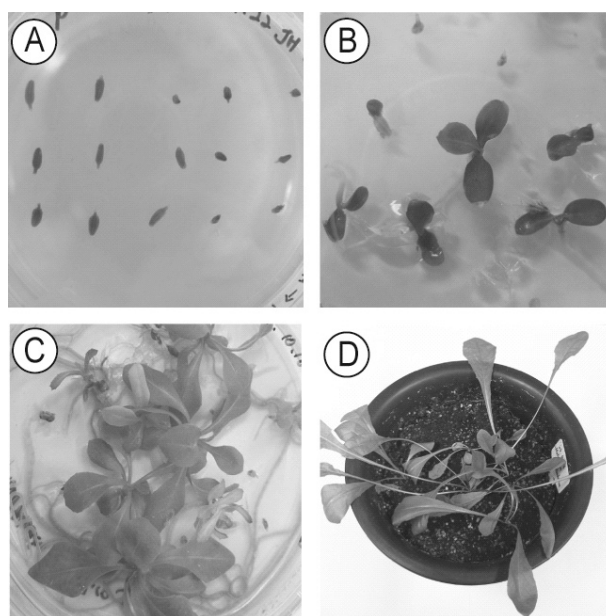


Fig. 5. Photos of seed germination and seedling of *Taraxacum platycarpum* on *in vitro* medium and seedlings grown in a soil pot. Washed seeds were sown on medium (A). The *in vitro* germinated seeds (B) and *in vitro* seedlings (C). The seedlings grown in a soil pot (D).

under *in vitro* conditions, the seeds were washed before sown on the *in vitro* media plate (Fig. 5). The washing buffer affected the contamination rate of the dandelion seeds. Washing with only distilled water did not remove the contaminants from the seeds. Even the addition of only 20% of ethanol or 70% of ethanol, 1% of NaOCl and water did not avoid the microbial contamination from the seed germination media culture. The previous study where the dandelion seeds were washed sequentially with 70% of ethanol and 1% of NaOCl, and distilled water did not report any contamination¹². However, in current study, such washing steps did not avoid the contamination. The sequential washing of seeds using 20% of ethanol, 20% of NaOCl, and distilled water obtained complete removal of microbial contaminants. The seed germination rate was also affected by the washing buffer. Among four different washing buffers, the washing with only distilled water did not give any seed germination whereas the sequential washing with 20% of ethanol, 20% of NaOCl, and distilled water showed the highest seed germination rate (67.5%).

Time courses of the cumulative seed germination on two different *in vitro* media ('A' and 'B') regard of concentration of both MS and sucrose were compared

to investigate the effect of both components on the seed germination. The 'A' media supplemented with 1.4 g/L of MS and 1% of sucrose significantly enhanced the seed germination rate compared to the 'B' media containing 4.4 g/L of MS and 3% of sucrose, indicating that the reduced concentration of both MS and sucrose in seed germination media increases the dandelion seed germination. These results are supported by a previous study where the media supplemented with 0 and 167 mM of sucrose enhanced the *Arabidopsis* seed germination speed and showed the higher germination rate compared to the media with 333 mM of sucrose¹⁵. Sugars play crucial roles in regulating seed germination through modulating both cellular abscisic acid (ABA) concentration and ABA response¹⁵. Exogenously applied glucose increases the rate of ABA synthesis in seed, consequently reducing the seed germination¹⁵.

Furthermore, the effect of seed sowing position on germination rate was investigated. Regardless of the concentration of both MS and sucrose, the vertically sown seeds had significantly enhanced germination rate compared to the horizontally sown seeds under the *in vitro* conditions, indicating that the seed sowing position affects the dandelion seed germination. These results are consistent with a previous study where sowing the seeds vertically gave higher germination rate than sowing the seeds flats in *Jatropha* plant (*Derris indica*)¹⁶. Particularly, horizontally downward orientation of the micropyle of the *Jatropha* plant seed significantly enhanced germination rate compared to upward or lateral orientations¹⁶. These results are expected since the seed micropyle plays essential roles in water uptake during germination¹⁷.

In this study, the germination rate of seed sown under the optimized *in vitro* conditions (vertically sowing seeds in media supplemented with 1.4 g/L of MS and 1% of sucrose) was compared with the rate of seed sown in a soil pot (Figs. 5 and 6). The optimized *in vitro* germination conditions enhanced the germination rate (64%) by almost 3 times compared to the rate (23%) of seed sown on the soil pot (Figs. 5 and 6). Taken together, the current study demonstrates that the seed washing method and sowing position including concentration of MS and sucrose in media can be optimized to enhance *in vitro* seed germination of dandelion. It is concluded that the germination of

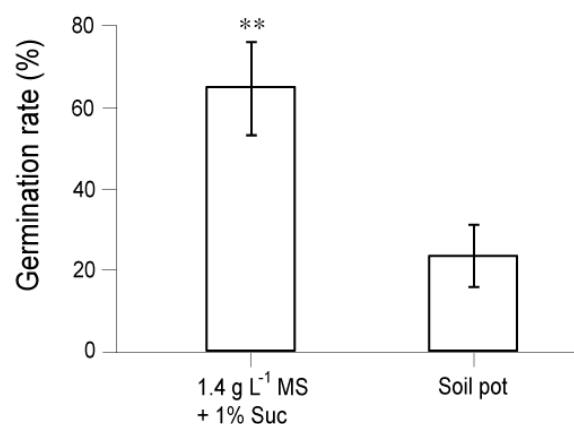


Fig. 6. Comparison of germination rates between seeds sown vertically on 'A' media supplemented with 1.4 g/L of MS salts and 1% of sucrose (Suc), and *in vivo* seeds sown in a soil pot. The symbol (**) indicate statistical significant difference at $p < 0.01$.

dandelion seed can be maximized to as high as 64% by vertically sowing of seed under the *in vitro* culture conditions.

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