# Effects of Post-mortem Temperature on the Physicochemical Properties of Hot-boned Chicken Breast Muscles

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## 사후 저장온도가 온도체 발골 육계 가슴육의 이화학적 특성에 미치는 영향

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#### Abstract

The objective of this study was to examine the effects of high and low chilling temperature on the water-holding capacity (WHC) and tenderness of hot-boned breast meat of broiler chickens. Breast meat was obtained from 32 broiler chickens within 15 min post-mortem (PM), and then divided into two groups. One group was chilled at  $-1^{\circ}$ C and the other group was stored at  $30^{\circ}$ C for 3 hr, and then all the samples were chilled at  $2^{\circ}$ C until 24 hr PM. During the storage, their physicochemical characteristics were tested at 15 min, 3 hr and 24 hr PM. These included pH, R-values, cooking losses, sarcomere length, MFI, and shear force of the breast meat, none of which was different (p>0.05) between the two temperature treatments at  $-1^{\circ}$ C and  $30^{\circ}$ C. However, sarcomere length was shortened more at  $-1^{\circ}$ C than at  $30^{\circ}$ C, MFI was larger at  $30^{\circ}$ C than at  $-1^{\circ}$ C, and WHC was lower at  $30^{\circ}$ C than at  $-1^{\circ}$ C (p<0.05). In brief, in terms of yield and tenderness, broiler breast meat stored at  $-1^{\circ}$ C was superior to that stored at  $30^{\circ}$ C.

Key words: Hot-boning, broiler chicken, storage condition, physicochemical properties

## Introduction

Post-mortem (PM) storage temperature is the most important factor influencing physicochemical changes in muscle, rigor degree, and ultimate meat quality. Many studies have been conducted on the influence of rigor temperature on muscle shrinkage, tenderness, and meat quality (Bendall, 1975; Honikel *et al.*, 1986; Lee *et al.*, 1979; Kang *et al.*, 2006; Yu *et al.*, 2005).

Hot-boning has many potential advantages: increased

meat yield, energy saving, minimization of chiller space, reduced labor, and less time consumption (Pisula and Tyburcy, 1996). A lot of research has also been conducted to improve the process, e.g. to improve water-holding capacity (WHC), to enhance emulsification capacity (Fischer *et al.*, 1979; Honikel and Hamm, 1978; Huffman *et al.*, 1984; Sadler and Swan, 1997) and to reduce heat loss (Ray *et al.*, 1980).

De Femery and Pool (1960) reported that storage of chicken meat at higher temperature (37-41°C) immediately after slaughter can accelerate the rate of glycolysis and, then, complete rigor mortis earlier. Also, Briskey (1964) reported that lower pH caused by higher carcass temperature and rapid metabolism at the initial stage is the reason for excess protein denaturalization. Function

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depression of these denatured proteins is a major reason for reduction in WHC. The WHC of meat is very important because it directly influences the final yield and taste of meat products. A low WHC results in increased drip and cooking losses (Barbut, 1993; Froning et al., 1978; Northcutt et al., 1994). In addition, the rate of postmortem glycolysis is accelerated at high temperature. It also varies among different animals and muscles. Some muscles shrink considerably after slaughter at low temperature. Locker (1960) reported that rapid chilling of meat results in muscle contraction and tough meat: this phenomenon is called 'cold shortening'. Cold shortening occurs as calcium is released into sarcoplasm in an uncontrolled manner due to the rapid decrease in temperature, which causes the sarcoplasmic reticulum and mitochondria to lose their ability to retain calcium. An increase in free calcium while there is sufficient adenosine triphosphate (ATP) present (early PM) results in increased shortening of the sarcomeres (Huff-Lonergan et al., 2000). Muscle shrinkage reduces meat tenderness rapidly because sarcomere length is shortened by the overlapping of actin filaments in the center of the I-band and myosin filaments close to the Z-disk (Marsh and Carse, 1974). Therefore, the degree of muscle shrinkage with PM storage temperature has a crucial influence on meat tenderness (Marsh and Leet, 1966).

Many studies have been conducted on hot-boned pig and beef but few on chicken meat. Chicken has different properties from pork and beef in chemical constitution, muscle fiber type and distribution, and the rate of metabolism PM. It is, therefore, necessary to investigate the relationship between storage temperature of hot-boned chicken meat and meat quality. The objective of this study was to evaluate chicken meats stored at either -1°C or 30°C post-mortem, in order to understand the effect of storage temperature on meat quality and PM metabolism rate.

## **Materials and Methods**

## Muscle sample preparation

Thirty two commercially reared broilers (6 week of age and approximately 1.5-2.0 kg live weight) were obtained from a local poultry processor, transported to the Meat Science Laboratory at Konkuk University, and held overnight in order to minimize the effects of catching and handling. The birds were stunned electrically at 50 V for 10 sec and killed by bleeding for approximately 2 min from a single unilateral neck cut severing the right carotid

artery and jugular vein. Immediately after bleeding and peeling off skins, breast muscles were excised from the left and right sides of carcasses within 15 min PM. The separated left and right breast muscles were randomly assigned to one of five portions and each portion was packed with polyethylene bag. The first portion was used immediately to determine the physicochemical characteristics (n=25), and another two portions were placed at -1°C for 3 hr (n=25) and then stored at 2°C until 24 hr (n=25) PM. The other two portions were placed at 30°C for 3 hr (n=25) and then stored at 2°C until 24 hr (n=25) PM. After storing as previously stated, their physicochemical properties were evaluated.

## pH and R-value

The pH of muscle samples was determined in triplicate using a modification of the iodoacetate method initially described by Jeacocke (1977). Approximately 2 g of sample was homogenized in 10 mL of iodoacetate solution (5 mM sodium iodoacetate, 150 mM potassium chloride, and the pH adjusted to 7.0 with potassium hydroxide) with Ultra Turrax (Model No. T25, Janken and Kunkel, Germany) at 10,000 rpm for 1 min, and the pH of the homogenate was determined using a pH meter (340, Mettler Toledo, Switzerland) calibrated at pH 4.0 and 7.0. Rvalue was determined by a little modified method of the procedure of Koh et al. (1993). Four g of sample was homogenized in 6% perchlolic acid (HClO<sub>4</sub>) at 5,000 rpm for 90 sec, then centrifuged at 3,000 × g for 10 min. Ten mL of the supernatant was taken, and its pH was adjusted with 2 M KOH to 6.0-6.5, then chilling-stored for 60 min. Thereafter, it was filtrated with Whatman No.1 and 0.1 mL of the filtrated solution was mixed with 2.9 mL of 0.1 M phosphate buffer (pH 6.5), and then its absorbance at 250 and 260 nm was determined with UV spectrophotometer (DU650, Beckman, USA). Then, R-value of A<sub>250</sub>/  $A_{260}$  was calculated.

## Drip, cooking loss and total moisture loss

The samples were stored for 3 hr at -1°C and 30°C, respectively, and then transferred to 2°C until 24 hr, the drip, cooking loss and total moisture loss were determined. Drip loss was calculated according to weight loss percentage compared with the weight before storage. After drip loss determination, the samples were bagged with polyethylene and then immersed in a 75°C water bath (Model 10-101, Daehan Co., Korea) for 30 min and cooled at room temperature for 30 min. After cooling to room temperature, the bags were opened and free juice

was drained. The cooked samples were blotted with a paper towel and weighed. Cooking loss was determined by weighing the meat before and after cooking. Also, the total moisture loss for each treatment was determined as:

Total moisture loss (%) = 
$$\frac{\text{Cooked sample weight}}{\text{Raw muscle sample weight}} \times 100$$

## Water-holding capacity (WHC)

The water-holding capacity of PM muscle also provides information on the meat quality. Thus, WHC was measured at 1/4, 3 and 24 hr PM by a modification of the procedure of Grau and Hamm (1953). Briefly, 300 mg of sample muscle was placed in a filter press device and compressed for 3 min. WHC was calculated from duplicate samples as a ratio of the meat film area to the total area; hence, a larger value suggests a higher WHC.

## Sarcomere length

Sarcomere length was determined by the method (Voyle, 1971) with Helium-Neon-Laser diffraction (Model No.212-2, Spectra-physics, USA). At different time postmortem, 1-2 g of muscle samples were carefully cut with a knife and immerged in 2% glutaraldehyde solution with 2% glucose in a 0.1 M phosphate buffer, pH 7.0, at temperature similar to that at which the muscles were incubated, and sarcomere length was measured.

## Myofibrillar fragmentation index (MFI)

Myofibrils were obtained according to the method of Olson *et al.* (1976) using MFI buffer (20 mM K<sub>2</sub>HPO<sub>4</sub>/ KH<sub>2</sub>PO<sub>4</sub>, pH 7, 100 mM KCl, 1 mM EDTA, 1 mM NaN<sub>3</sub>). The myofibrils were suspended in MFI buffer. An aliquot of myofibril suspension was diluted with the MFI buffer to 0.5 mg/mL protein concentration and the absorbance of this suspension was measured at 540 nm. MFI values were recorded as absorbance units per 0.5 mg/mL myofibril protein concentration multiplied by 200.

## Shear force

For the determination of shear force, samples were cooked individually in plastic bags immersed in a 75°C water bath for 30 min. The cooked meats were cooled and sampled at room temperature using a 12.7 mm circular core to determine shear force. Four sample cores were sheared from each sample across the length of the core with a Warner-Bratzler shear attachment (V-type blade set) on the texture analyzer (TA-XT2*i*, Stable Micro Systems, England) under cross head speed of 2 mm/sec. Texture Expert for the WINDOWS<sup>TM</sup> operation system was used to analyze the data. The shear force value was the mean of the maximum forces required to shear each set of core samples and the units used for shear force were kg.

## Statistical analysis

The effect of temperature and post-mortem time was analyzed using the General Linear Model procedure of SAS System (SAS, 1996). Analysis of variance (ANOVA) and comparison of means by Duncan's multiple range test were made. Significant level (p<0.05) was used in all the statistical tests.

## **Results and Discussion**

#### pH and R-value

The changes of pH and R-value of chicken breast meat held at -1°C and 30°C for 3 hr post-mortem (PM) after hot-boning are shown in Table 1. The pH value for meat stored at both -1°C and 30°C was 6.60 at 15 min PM. At 3 hr PM pH values were 5.80 and 5.89, and at 24 hr PM they were 5.63 and 5.56, respectively. The rate of pH decline was high during the first 3 hr PM for meat at both temperatures, whereas from 3 to 24 hr PM there was only a slight decline. In other words, there was no significant difference in pH value between the meat stored at -1°C and that stored at 30°C. This result is in agreement with that of Lesiak *et al.* (1996), who reported that the rate of pH decline was high during the first hour PM for all tem-

Table 1. Changes of pH and R-value of chicken breast muscle at different post-mortem temperature and storage time

Traits	Storage temperature (°C)	Time (hr)		
		1/4	3	24
рН	-1 30	$6.60 \pm 0.06^{a}$ $6.60 \pm 0.06^{a}$	$5.80 \pm 0.03^b \\ 5.89 \pm 0.05^b$	$5.63 \pm 0.02^{c}$ $5.56 \pm 0.03^{c}$
R-value	-1 30	$0.91 \pm 0.01^{b}$ $0.91 \pm 0.01^{c}$	$1.21 \pm 0.03^{a} \\ 1.23 \pm 0.04^{b}$	$\begin{array}{c} 1.27 \pm 0.05^{a} \\ 1.34 \pm 0.01^{a} \end{array}$

Values are the Mean  $\pm$  SE.

<sup>&</sup>lt;sup>a-c</sup>Means in the same row with different superscripts differ significantly (p<0.05).

peratures (0°C, 12°C and 30°C) and a slight decline in pH from 3 to 24 hr PM. The pH of turkey meat at 3 hr PM was not different among given various temperature treatments. In addition, Molette et al. (2003) observed that the ultimate pH of turkey meat stored after slaughter at 4, 20, and 40°C for 6 hr and then stored at 4°C until 24 hr PM was not affected by the different temperature treatments, but that the pH value (about 5.8) was reached earlier in the 40°C treatment muscle than in the two other groups. Stewart et al. (1984) found that the pH decline of PM muscle appears to plateau after the fourth hour; there was no significant difference in pH between the muscle excised at 4 hr PM and that excised after 24 hr (control muscle). However, Alvarado and Sams (2002) recounted that after evisceration, turkey carcasses chilled at 0, 10, 20, and 30°C in agitated-immersion-water tanks for 45 min prior to deboning (60 min post-mortem) showed a more rapid pH decline in the muscle. The differences between these results were probably due to materials used and genetic factors.

R-value can be used to measure the degree of adenosine nucleotides transformed into inosine nucleotides, and to estimates PM rigor development indirectly (Khan and Frey, 1971; Papa and Fletcher, 1988). As rigor mortis develops, R-value increases. R-value of broiler *pectoralis major* reaches 0.95-0.97 in 15-30 min PM, and reaches 1.2-1.3 in 2-4 hr PM (Papa and Fletcher, 1988).

In this experiment (Table 1), R-values of the meat stored at -1°C for 15 min, 3 and 24 hr PM were 0.91, 1.21, and 1.27, respectively. There were significant differences in R-value between 15 min and 3 hr PM (p<0.05), but not between 3 hr and 24 hr PM (p>0.05). For the meat stored at 30°C, R-values at 15 min, 3 and 24 hr were 0.91, 1.23, and 1.34, respectively, and showed significant differences among the various storage times (p<0.05). R-values for meat at both temperatures at 3 hr PM exceeded 1.2. These

results are similar to those of Papa and Fletcher (1988). But R-value was not significantly different between the two storage temperatures (p>0.05).

#### Drip loss, cooking loss and water-holding capacity

Drip loss, cooking loss and water-holding capacity (WHC) are shown in Table 2. Drip losses of meat stored at -1°C and 30°C for 3 hr PM were 0.30 and 0.94%, and 1.00% and 1.84% for 24 hr, respectively. Significant differences were observed in results between 3 and 24 hr PM and between meat stored at -1 and  $30^{\circ}$ C (p < 0.05). These results are similar to those of Alvarado and Sams (2002), who found that the drip loss of muscles from turkey carcasses chilled at 30°C was significantly higher than that of those chilled at 0°C and 10°C. Also, Lesiak et al. (1996) reported that there was a significant correlation between PM temperature and storage time in both breast and leg muscles for turkey breast where drip loss was the least at 0°C and 12°C and the largest at 30°C. Our results also showed that the pre-rigor temperature of hot-boned meat has an important influence on drip loss. Generally, drip loss is an ongoing process involving the transfer of water from myofibrils to the extra-cellular space; it is affected by structural features at several levels within the muscle tissue (Bertram et al., 2002). Drip loss is associated with degradation of muscle proteins and shrinkage of the muscle PM (Kristensen and Purslow, 2001; Melody et al., 2004).

In this study (Table 2), cooking loss at 15 min after slaughter was 12.44% for both temperatures, and cooking losses at 3 and 24 hr PM were 11.40 and 11.88%, respectively, for meat stored at -1°C, and 12.52 and 11.19%, respectively, for meat stored at 30°C, but the differences were not significant. Geesink *et al.* (2000) observed that cooking loss of *longissimus* muscle in lamb was not affected by initial temperature treatment (16 hr, 5-35°C).

Table 2. Changes of drip loss, cooking loss and water-holding capacity (WHC) of chicken breast muscle at different post-mortem temperature and storage time

Traits	Storage temperature	Time (hr)		
Traits	(°C)	1/4	3	24
Drip loss (%)	-1	-	$0.30 \pm 0.02^{b,y}$	$1.00 \pm 0.15^{a,y}$
Dip ioss (%)	30	-	$0.94 \pm 0.07^{b,x}$	$1.84 \pm 0.19^{a,x}$
Cooking loss (%)	-1	$12.44 \pm 0.71$	$11.40 \pm 0.48$	$11.88 \pm 0.82$
	30	$12.44\pm0.71$	$12.52 \pm 0.31$	$11.19\pm0.82$
WHC (%)	-1	$75.23 \pm 2.51^{a}$	$59.57 \pm 2.49^{b}$	$52.10 \pm 2.16^{c}$
	30	$75.23 \pm 2.51^{a}$	$57.53 \pm 1.81^{b}$	$49.36 \pm 2.43^{c}$

Values are the Mean  $\pm$  SE.

<sup>&</sup>lt;sup>a-c</sup> Means in the same row with different superscripts differ significantly (p<0.05).

x, y Means in the same column with different superscripts differ significantly (p<0.05).

Muscles aged for 24 hr had a higher cooked yield than those cooked immediately upon returning to the laboratory from the processing plant. McKee and Sams (1998) observed that PM storage temperature of 40°C increased the cooking loss of turkey breast fillets compared to 0°C treatment. However, the differences between these results were probably due to materials used, genetic factors, and experimental design.

WHC decreased significantly with the increase of storage time (p<0.05). In comparison with capacity at 15 min PM, WHC at 3 and 24 hr PM was reduced by 20.8 and 30.7%, respectively, for meat stored at -1°C; it was reduced by 23.5 and 34.4%, respectively, for meat stored at 30°C. In addition, WHC at 24 hr PM was 12.5% lower than that at 3 hr PM for meat stored at -1°C treatments and 16.55% lower than that at 3 hr PM, for meat stored at 30°C. However, there were no significant differences between temperatures during storage periods. Kristensen and Purslow (2001) observed that the WHC of meat decreases from 3.9% water loss at 1 day PM to 11.9% at 3 days PM.

## Sarcomere length, MFI, and shear force

Changes of sarcomere length, myofibrillar fragmentation index (MFI) and shear force are shown in Table 3. For meats stored at  $-1^{\circ}$ C, sarcomere length decreased significantly (p<0.05) until 3 hr PM, but did not decrease significantly thereafter (p>0.05). However, for meats stored at 30°C, sarcomere length at 3 hr PM was not significantly different from that at 15 min PM (p>0.05), but sarcomere length at 24 hr PM was significantly shorter than that at 3 hr PM (p<0.05). In addition, sarcomere for meat stored at  $-1^{\circ}$ C for 3 hr had less shrinkage than that for meat stored at  $-1^{\circ}$ C. The results show that sarcomere of chicken meat stored at  $-1^{\circ}$ C and  $30^{\circ}$ C shrank continuously until 24 hr PM. For the meat stored at  $-1^{\circ}$ C, sar-

comere lengths for meat stored for 3 hr and 24 hr PM were, respectively, 13% and 17% shorter than that at 15 min PM whereas those for meat stored at 30°C for 3 and 24 hr PM were, respectively, 3.2 and 12% shorter than that at 15 min PM. This indicated that sarcomere length shrunk severely at -1°C compared with that at 30°C.

Lesiak *et al.* (1996) reported that the sarcomere length of turkey thigh meats stored at 0 and 30°C was both 0.27 µm, whereas that of breast meat was 0.13 µm. Although it did not shrink as severely as beef did at low temperatures, poultry thigh meat (which contains more red-myofibril) is more sensitive to low temperature shrinkage than breast meat. In addition, other reports about sarcomere length in poultry measured under similar post-mortem storage conditions showed that the shrinkage of sarcomere length at 0°C was more severe (Dunn *et al.*, 1995; Papa and Fletcher, 1986) consistent with our results.

In our study, tenderness was expressed by measuring the MFI and shear force values (Table 3). MFI increased significantly with the increase of time in storage (p< 0.05). However, no significant difference in MFI was found between meat stored at -1 and 30°C. Kim *et al.* (1996) reported that MFI in chicken breast meat stored at 5°C after slaughter increased slightly until 6 hr PM and thereafter it increased rapidly until 12 hr PM, and then most of myofibrillars were fragmented by 24 hr PM.

Shear force for meat stored at -1°C increased from 8.82 kg at 15 min after slaughter to 9.93 kg at 3 hr, but the difference was not significant (p>0.05). Shear force then decreased to 6.13 kg at 24 hr PM (p<0.05). For meat stored at 30°C, shear forces increased at 3 hr (p<0.05) but decreased (p<0.05) at 24 hr PM.

Wyche and Goodwin (1974) investigated the shear force of broiler meat during the 24 hr PM. Their results revealed that shear force increased gradually until 4 hr PM and thereafter decreased until 8 hr PM, and then

Table 3. Changes of sarcomere length, myofibrillar fragmentation index (MFI) and shear force of chicken breast muscle at different post-mortem temperature and storage time

Variables	Storage temperature	Time (hr)		
variables	(°C)	1/4	3	24
Sarcomere length (µm)	-1	$1.85 \pm 0.03^{a}$	$1.61 \pm 0.05^{b,y}$	$1.54 \pm 0.04^{b}$
	30	$1.85\pm0.03^a$	$1.79 \pm 0.08^{a,x}$	$1.63 \pm 0.04^{b}$
MFI	-1	$70.20 \pm 1.79^{c}$	$79.75 \pm 2.46^{b}$	$98.75 \pm 2.69^{a}$
WIFI	30	$70.20 \pm 1.79^{c}$	$81.99 \pm 2.36^{b}$	$104.43 \pm 4.00^a$
Shear force (kg)	-1	$8.82\pm0.78^a$	9.93 ± 0.41 <sup>a</sup>	$6.13 \pm 0.46^{b}$
	30	$8.82 \pm 0.78^{b}$	$11.03 \pm 0.70^{a}$	$5.38 \pm 0.03^{c}$

Values are the Mean  $\pm$  SE.

<sup>&</sup>lt;sup>a-c</sup> Means in the same row with different superscripts differ significantly (p<0.05).

<sup>&</sup>lt;sup>x, y</sup> Means in the same column with different superscripts differ significantly (p<0.05).

increased again slightly but not significantly. Similarly, the shear force of raw meat did not change significantly when turkey *pectoralis major* meat was individually stored at 4, 20, and 40°C for 6 hr and then all stored at 4°C for 18 hr (Molette *et al.*, 2003). McKee and Sams (1998) determined shear forces of broiler breast meats stored at 0, 20, and 40°C until 4 hr PM then refrigerated until 24 hr PM. It was found that there were no significant differences between 0 and 20°C and between 20 and 40°C, but there were significant differences between meat stored at 0°C and that stored at 40°C.

As mentioned above, this study was to use (short rigor mortis time) white meats unlike red meats such as beef and pork. Broilers stored at -1°C had lower drip loss and shear force but had shorter sarcomere length than those stored at 30°C. In the meat of big livestock such as beef and pork, cold shortening is distinctly distinguished from heat shortening in general (Hertzman *et al.*, 1993), whereas there is little difference between the two in the meat of small livestock such as poultry (Wyche and Goodwin, 1974). The results of this study, therefore, cannot be similar to results from big livestock. In brief, in terms of yield and tenderness, broiler breast meats stored at -1°C were superior to meats stored at 30°C.

## Acknowledgement

This study was supported by Technology Development Program (608001-05-1-SB410) for Agriculture and Forestry, Ministry for Agriculture, Forestry and Fisheries, Republic of Korea. The authors also partially supported by the Brain Korean 21 (BK21) Project from Ministry of Education and Human Resources Development.

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(Received 2008.11.7/Revised 2008.12.15/ Accepted 2009.1.13)