### REVIEW



### Promises and Risks of Unsaturated Volatile Organic Compounds: Limonene, Pinene, and Isoprene

Kyong-Suk Jin, Mira Jun<sup>1</sup>, Min-Ji Park, Seon Ok, Jae-Han Jeong, Hye-Sook Kang, Wan-Keun Jo<sup>2</sup>, Ho-Jin Lim2, and Woo-Sik Jeong\*

Food Science Institute, School of Food and Life Science, College of Biomedical Science and Engineering, Inje University, Gimhae, Gveongnam 621-749, Korea

Abstract Limonene, pinene, and isoprene are abundant and ubiquitous volatile organic compounds (VOCs) which are found in various natural products and also produced from various manufacture processes. Limonene and pinene are major components of food additives and household products for enrichment of good flavors and elimination of malodors, and isoprene is a basal motif of monoterpenes such as limonene and pinene. They have shown many beneficial effects such as chemopreventive, chemotherapeutic, and antioxidant activities. Upon certain conditions, however, adverse effects of these compounds on human health have also been reported. Although they do not seem to have acute and severe toxicity to human, they can easily generate secondary organic aerosols (SOAs) when they react with oxygen and/or ozone, which have shown certain toxic effects on experimental animal models as well as on humans. Numerous household and scented products containing limonene, pinene, and isoprene are widely used in these days. However, biological consequences upon exposure to these products are largely unknown. The aim of this review is to summarize and analyze the current understanding on the biological effects of VOCs, in particular limonene, pinene, and isoprene, as well as their SOAs.

Keywords: limonene, pinene, isoprene, volatile organic compound (VOC), secondary organic aerosol (SOA), health risk

#### Introduction

The terpenoid group constitutes the largest family of natural products in number, consisting of over 22,000 identified compounds (1). They are found in almost all plants and are consumed by humans in their normal daily diet (2). Terpenoids are mostly cyclic unsaturated hydrocarbons with the basic isoprene skeleton while non-cyclic terpenoid compounds such as lycopene are also available in nature. Terpenes have the general formula  $(C_5H_8)_n$   $(n\geq 2)$  and they are classified into mono-, sesquit-, di-, tri-, tetra-, and polyterpenes, depending on the number of isoprene unit  $(\hat{C}_5H_8)$ (3).

Among terpenes, monoterpenes (C<sub>10</sub>H<sub>16</sub>) such as limonene and pinene are volatile organic compounds (VOCs) naturally existed in the essential oils of citrus fruits, vegetables, spices, and herbs, etc (2,4-9). Physiological functions of monoterpenes in plant include their ability to act as chemoattractants or chemorepellents (1). Monoterpenes are widely used as fragrance components in foods, fine perfumes, and household products including cleansing products and air fresheners (10-12). Isoprene, the basal motif of terpenes, is one of the most abundant VOCs in the atmosphere and formed in a wide range of plants, bacteria, and mammals including humans (13-15).

Biological properties of monoterpenes and isoprene are well documented in many articles, which include

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chemopreventive, chemotherapeutic, and antioxidant activities (2,4,16,17). On the other hand, these VOCs may have adverse effects on human health directly or indirectly. Certain VOCs such as limonene, pinene, and isoprene could directly irritate human organs including skin and respiratory systems (18-23). Moreover, these VOCs are emitted from many household products and easily react with ozone in air, resulting in the formation of secondary organic aerosols (SOAs) that may harm human health (24,25).

Since the use of VOCs in particular limonene, pinene, and isoprene as scented products increases in human life, understanding the biological consequences and the underlying molecular mechanisms upon exposure of humans to these VOCs and their SOAs seems necessary. In this review, we discuss the current understanding on VOCs including limonene, pinene, isoprene, and their SOAs, especially on their direct and indirect biological consequences.

### Chemical and biochemical properties of limonene, pinene, and isoprene

Limonene consists of over 90% of orange peel oil, explaining its strong odor of orange (4). It is found in different ratios and amounts in essential oils of many other plants, including citrus fruits (lemon, mandarin, lime, and grapefruit, etc), herbs (rosemary, eucalyptus, lavender, caraway, lemongrass, and peppermint), a tea tree, and pine tree (26-29) (Table 1).

Limonene is a chiral compound with two types of enantiomers which are D-limonene (R-(+)-limonene; pmenta-1,8-diene) and L-limonene (S-(-)-limonene; ( $\bar{S}$ )-

<sup>&</sup>lt;sup>1</sup>Division of Food Science, Dong-A University, Busan 604-714, Korea

<sup>&</sup>lt;sup>2</sup>Department of Environmental Engineering, Kyungpook National University, Daegu 702-701, Korea

<sup>\*</sup>Corresponding author: Tel: +82-55-320-3238; Fax: +82-55-321-0691 E-mail: jeongws@inje.ac.kr

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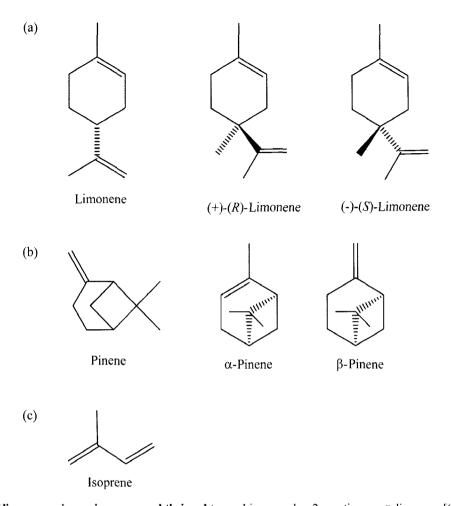


Fig. 1. Structures of limonene, pinene, isoprene, and their subtypes. Limonene has 2 enantiomers, D-limonene [(+)-(R)-limonene] and L-limonene [(-)-(S)-limonene] (a); pinene has 2 subtypes,  $\alpha$ -pinene and  $\beta$ -pinene (b); isoprene is a basic motif of terpenes (c).

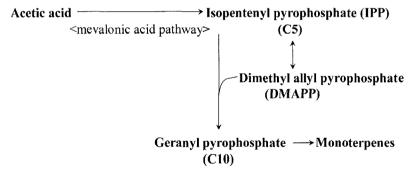


Fig. 2. Biosynthetic pathway of monoterpenes. Monoterpenes are synthesized from neryl pyrophosphate transferred from geranyl pyrophosphate; modified from McGarvey and Croteau (1).

menta-1,8-diene) (30) (Fig. 1). D-Limonene is the major constituent of essential oil in oranges and lemons, whereas L-limonene is mainly present in trees and herbs (30). Limonene is biosynthesized from neryl pyrophosphate formed via cyclization of geranyl pyrophosphate came from acetic acid through mevalonic acid pathway (1) (Fig. 2).

Pinene is a bicyclic monoterpene found in pine oil and is a well-known source of forest fragrance (31). Two structural isomers are found in nature;  $\alpha$ -pinene and  $\beta$ -pinene (Fig. 1).  $\alpha$ -Pinene is a major component in turpentine and can be found as much amounts in essential oils in pine trees while  $\beta$ -pinene exists with very small

amounts (32). As the name suggests, pinenes are important constituents of pine resins; they are also found in resins of many other conifers, and more widely detected in air as it is emitted by a wide variety of plants (33,34). Both  $\alpha$ - and  $\beta$ -pinene are also used by many insects in their chemical communication system (e.g., pheromone). On the other hand,  $\alpha$ -pinene is a volatile pollutant typically found in waste gases from wood-related industries (35) (Table 1). Pinenes are produced from geranyl pyrophosphate, via cyclization of linaloyl pyrophosphate followed by loss of a proton from the carbocation equivalent (36) (Fig. 2). There are 2 enantiomers of  $\alpha$ -pinene found in nature. (+)- $\alpha$ -

Table 1. Common sources of limonene, pinene, and isoprene

	Sources	Ref.
Limonene	Citrus fruits (orange, lemon, mandarin, lime, and grapefruit, etc) Herbs (rosemary, eucalyptus, lavender, caraway, lemongrass, mints, cardamom, dill, celery seed, coriander, and fennel, etc)	(23) (4, 23)
	Tea tree	(23)
Pinene	Pine trees Insect's pheromone Waste gases from wood-related industries Eucalyptus Herbs (caraway, coriander, fennel, juniper berry, rosemary, and thyme, etc)	(33) (35) (35) (4) (4)
Isoprene	Plants (poplar, oak, willow, sycamore, and eucalyptus, etc) Mammals including humans Bacteria and marine algae Petroleum cracking Tobacco smoke	(15) (13) (14) (15) (15)

Table 2. Properties of limonene, pinene, and isoprene

	Limonene	Pinene	Isoprene
Chemical name	p-Mentha-1,8-diene	-	2-Methyl-1,3-butadiene
Synonyms	4-Isopropenyl-1-methylcyclohexene	-	Beta-methylbivinyl 2-Methylbutadiene Isopeutadiene
Enantiomer	D-Limonene; ( <i>R</i> )-enantiomer L-Limonene; ( <i>S</i> )-enantiomer	$\alpha$ -Pinene β-Pinene	
Racemic	DL-Limonene; dipentene		
Chemical formula	$C_{10}H_{16}$	$C_{10}H_{16}$	$C_5H_8$
Molecular mass	136.24 g/mol	136.24 g/mol	68.11 g/mol
Appearance	Clear, colorless liquid	Clear, colorless liquid	Clear, colorless liquid
Melting point	-95.2℃	-64°C	-145.95°C
Boiling point	176°C	155°C	34.067°C
Density	0.8411 g/cm <sup>3</sup> at 20°C	0.858 g/cm3 at 20°C	0.681 g/cm <sup>3</sup> at 20°C
SMILES <sup>1)</sup>	$CC_1=CCC(C(=C)(C))CC_1$	$CC_1(C)C_2CC_1C(C)=CC_2$	C=C(C)C=C
CAS No. <sup>2)</sup>	138-86-3	80-56-8	78-79-5
IARC3) Class	3	3	2B

<sup>1)</sup>Simplified molecular input line entry system.

Pinene (1*R*, 5*R*-enantiomer) is commoner in North America, whereas (-)- $\alpha$ -pinene (1*S*, 5*S*-enantiomer) is commoner in European pines. The racemic mixture is present in some oils such as eucalyptus oil (37).

Isoprene is the most abundant VOC in the atmosphere. It has a low boiling point (34°C) and high vapor pressure of 66 kPa at 20°C (Fig. 1, Table 2). Isoprene occurs ubiquitously in the environment and is formed in a wide range of plants (15), mammals including humans (13), bacteria, and marine algae (14) (Table 1). Important isoprenoids and terpenes derived from isoprene include rubber, sterols, retinol, tocopherol, vitamin K, carotenoids, coenzyme Q, monoterpenes, chlorophyll, phytol, dolichols, and squalene, etc (22). Isoprene is synthesized by isoprene synthase from dimethyl allyl pyrophosphate (DMAPP) via isopentenyl pyrophosphate (IPP) (15) (Fig. 2). Several studies have indicated that mevalonate, a precursor in cholesterol biosynthesis, is a possible source of the endogenous isoprene (38,39). Isoprene is the second only to acetone in

concentration among hydrocarbons easily measured in human breath (40). Plants also produce large amounts of isoprene as much as or more than all of the methane entering the atmosphere on a global scale (41).

### Various usages of limonene, pinene, and isoprene in human life

The use of limonene, pinene, and isoprene is summarized in Table 3. They are used as major or minor components of various products in the industries of food, cosmetic, and environment. Naturally occurring limonene is widely used not only as flavorings and fragrances in cosmetics, soaps, and perfumes, but also as a component of organic solvents and insecticides (10,12,18,42-53) (Table 3). During decades, limonene has been introduced as an environmentally acceptable organic solvent originated from plants for industrial cleaning and defatting, especially as a replacing agent of chlorinated hydrocarbons and chlorofluorocarbons

<sup>&</sup>lt;sup>2)</sup>Chemical abstracts service registry numbers.

<sup>&</sup>lt;sup>3)</sup>International Agency for Research on Cancer, Class 3; not classifiable as to its carcinogenicity to humans, Class 2B; possibly carcinogenic to humans.

Table 3. Various usages of limonene, pinene, and isoprene in human life

	Usages	Ref.
Limonene	Fragrant compound (in cosmetics, soaps, and perfumes, etc)	(12, 44)
	Food additives	(12, 44)
	Household products (cleaning products, deodorizers, pesticides, and polishes, etc)	(10)
	Organic solvent (as a replacing agent of chlorinated hydrocarbons)	(18)
	Botanical insecticide	(43)
	Inducer of the transdermal absorption of cosmetics and therapheutic drugs	(45-52, 55, 56)
	Solvent for medical dissolution of gallstones	(53)
Pinene	Fragrances and flavorings	(12)
	Household products (cleaning products, deodorizers, and polishes, etc)	(10)
Isoprene	The manufacturing of <i>cis</i> -polyisoprene, butyl rubber and a variety of copolymers (thermoplastic and elastomeric co-block polymers, etc)	(58, 59)
	Non-invasive diagnostic biomarker	(60-62)

(18). In these products, the content of limonene ranges from a few % up to 100% (54). In addition, limonene is used in degreasing metals (30% limonene), printing materials (30-100% limonene), paints (43), and insecticides (42). On the other hand, limonene can induce transdermal absorption of cosmetics and therapeutic drugs, such as liqustrazine hydrochloride (55), haloperidol (45), nicorandil (48), nimodipine (47), nicardipine (46), tamoxifen (49), lipophilic and hydrophilic drugs (50), and indomethacin (51), etc (52,56).

Pinene is also one of the major fragrance chemicals in fragrances and flavorings (12,57). It is present in many household products including air freshener, bleach, dishwashing detergent, disinfectant, fabric deodorizer, fabric softener, furniture polish, and general cleaner, etc (10).

The main use of isoprene occurs in two industries; polymer and clinical industries. Isoprene is mainly used for the production of *cis*-polyisoprene and of various copolymers with isobutylene, butadiene, styrene, isobutene, and other monomers (58,59) (Table 3). Isoprene is a major hydrocarbon found in human breath and its level in breath is affected by health condition. There are some trials for measurement of endogenous isoprene level as a non-invasive diagnostic biomarker (60-62). Many evidences show the relationship between endogenous human breath isoprene and blood cholesterol levels (63), lipid disorders and diabetes mellitus

(64), oxidant-induced injury to epithelial membrane and fluid linings of the lower respiratory tract by ozone (65). Exercise alone reduces isoprene levels in breath without an additive ozone effect. In fact, there are gender and age specific differences in exhaled isoprene levels (66) and some therapeutic activity can cause the variation of the amount of exhaled or urinary isoprene (67-72). Therefore, breath isoprene measurements could potentially be used for mass screening for lipid disorders (61).

## Biological functions of limonene, pinene, and isoprene

Biological functions of limonene, pinene, and isoprene in plants and mammals are summarized in Table 4. The main physiological functions of monoterpenes in plant include their ability to act as chemoattractants or chemorepellents (1). In plants, natural functions of limonene are thought to be prevention of dehydration and microbial infection, especially on fungal growth (30). Evidences on beneficial roles of limonene on human health are elsewhere. The most widely studied biological function of limonene is the chemopreventive and/or chemotherapeutic properties. It has been shown to possess chemopreventive activity against various types of cancer (73-79). In *in vivo* gastric and lung cancer models, limonene inhibited tumor growth and metastasis (77,78). Although the exact mechanism of

Table 4. Biological roles of limonene, pinene, and isoprene

	Function	Ref.
Limonene	Prevention of dehydration and inhibition of microbial growth in natural products (plants and fruits) Antioxidant activity Chemotherapeutic activity Proliferation inhibition Apoptosis induction Chemopreventive activity Modulation of immune responses	(30) (123) (74, 75) (73, 76) (73, 76) (80) (124)
Pinene	Insect's chemical communication system (e.g., pheromone) Antioxidant activity Growth inhibitory activity	(35) (84) (84)
Isoprene	Basic structural motif of important isoprenoids and terpenes (e.g., rubber, sterol, vitamins, coenzyme Q, monoterpenes, chlorophyll, phytol, dolichols, and squalene, etc) Antioxidant activity Stabilization activity of plant cells	(22) (17, 86) (17, 87-90)

chemoprevention by limonene has not been fully understood, there are many studies to elucidate regulatory roles of limonene in molecular level. Limonene has been demonstrated as a chemotherapeutic agent against pancreatic, mammary, and prostatic tumors through its inhibition of posttranslational isoprenylation of cell growth-regulatory proteins such as p21 ras and small GTP-binding proteins, resulting in alteration of their intracellular localization (74,75). Regulation of c-myc oncoprotein by limonene has been reported in a chemically induced hepatocarcinogenesis model (79). Chemoprevention by limonene can be also achieved by the induction of phase 2 detoxifying and antioxidant enzymes such as glutathione-S-transferase (GST) and quinine reductase, which blocks the initiation of carcinogenesis (80) (Table 4).

Pinene has been much less studied than limonene especially in the aspect of the health benefit. In fact, there are few studies regarding the biological activity of pinene itself. Rather, it has been reported as a main constituent of essential oils from several plants, which have antioxidant activity. These plants include juniper berry, parsley seed, *Grindelia robusta* Nutt, and *Pistacia lentiscus L* (81-83). Besides antioxidant activity, stress-induced hyperthermia in rats was suppressed after spray treatments with α-pinene (84). In addition, it inhibited nuclear translocation of nuclear factor  $\kappa$ B (NF- $\kappa$ B) induced by lipopolysaccharide (LPS) in human monocyte THP-1 cells, partly due to the upregulation of the inhibitor of NF- $\kappa$ B (I $\kappa$ B $\alpha$ ) expression (85).

In plant, isoprene is one of the most effective antioxidants (17,86). It stabilizes plant cells, particularly chloroplast thylakoid membranes by quenching ozone (17). Other protective roles of isoprene in plant include its ability to protect plant membrane against thermal shock (87) and environmental stresses, and to decrease nitric oxide concentration (88-90) (Table 4). Studies on the beneficial roles of isoprene in human health are scarce; however, the adverse aspects of isoprene will be discussed later in the review.

# Potential health risks of limonene, pinene, and isoprene

In spite of various benefits and usages of monoterpenes such as limonene and pinene and its basal structure unit isoprene, there are increasing concerns on these VOCs due to their potential health risks for human, especially when they are used as consumer products and become sources of indoor air pollutants (10). Many household products are sources of VOCs which are generally found at concentrations several fold higher indoors than outdoors (24). Since on average people spend 85 to 90% of their time indoors in either a home or work environment, these indoor air pollutants are of great concerns (24).

In an animal study with guinea pigs, limonene with high purity gave no significant allergic reactions but it sensitized the animals when they are exposed to air for 2 months (91). The authors found that the content of limonene oxide in limonene increased with prolonged air exposure, suggesting formation of allergenic compounds from the air oxidation of limonene. Larsen et al. (92) reported adverse effects of airborne limonene on the respiratory tract. A bronchoconstrictive effect was shown at the concentrations above 1,000 ppm in mice while no-observed-effect level (NOEL) was estimated to be 100 ppm in the animals. Toxicity of limonene might be a gender- or speciesspecific response. Limonene produced tumors in kidney at high doses only in male rat with the development of hyaline droplet nephropathy (93), but not in humans (54) (Table 5). In fact, International Agency for Research on Cancer (IARC) assorts limonene under Class 3, which is not classifiable as a carcinogen to humans. In human, inhaled limonene was observed in blood for a long time and elimination phase was very slow, indicating possible accumulation of limonene and/or its metabolites in adipose tissues (19).

Limonene is one of the most frequently identified terpenes in indoor settings (94). It is easily oxidized upon exposure to air and/or light, turning non-, or low-sensitizing compounds into mixtures with considerable sensitizing capacity (91,95). Ozone is also commonly found in indoor air during warm weather, which is infiltrated from outdoors and/or produced indoors (94). These high occurrences of limonene and ozone in indoor environment make them easily react and generate harmful oxidation products. Reactions between limonene and ozone can produce hydroperoxides (ROOH) including hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) as well as hygroscopic SOAs (96). In addition, air oxidation of limonene can create potent allergens such as (*R*)-(-)-carvone, (+)-limonene oxide (95). These findings

Table 5. Potential health risks of limonene, pinene, and isoprene

	Symptom	Species	Ref.
Limonene	Mild skin irritation	Human	(18)
	Moderate acute toxicity	Rat	(125)
	Sensory irritation	Mice	(92)
	Mild bronchoconstrictive effect	Mice	(92)
	Tumor in kidney	Male rat	(93)
Pinene	Persistent sensory irritation effect on the upper respiratory track	Mice	(20)
	Skin eruption, ataxia, kidney damage, coma, palpitation, dizziness, nervous disturbances, chest pain, bronchitis, nephritis, and benign skin tumor		(126)
	Transient excitement, ataxia, confusion, and stuper		(126)
	Painful urination, albuminuria, and hematuria		(126)
Isoprene	Irritation of the upper respiratory mucosa, larynx, and pharynx	Human	(112)
	Irritation to skin, mucous membranes, and central nervous system depression	Human	(112)
	Catarrhal inflammation, subtrophic and atrophic processes in the upper respiratory tract	Human	(112)

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table of michabolica and accomunity of Easile actorious (NO123) of minorious pillenet and isopicite	Table 6. Metabolites and seconda	v organic aerosols (SOAs	s) of limonene, pinene, and isoprene
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	Reactive compound	Products	Properties	Ref.
Limonene	Ozone Oxygen (air oxidation)	Hydroperoxides (ROOH) (R)-(-)-Carvones, (+)-Limonene oxide	Increased H <sub>2</sub> O <sub>2</sub> conc. Potent allergens Bronchoconstrictive airway effects A known skin sensitizer	(127) (96) (18) (18)
Pinene	Oxidation Oxygen or ozone	Verbenone Acetone, formic acid, pinonaldehyde, pinonic acid, and pinic acid, etc		(107) (107)
Isoprene	Oxidation	Isoprene mono-epoxide (EPOX I)	DNA damage	(128)

suggest that ozone-driven chemistry alters indoor environments, often producing products more irritating than their parent compounds (96). Therefore, the oxidation product of limonene has become a good and frequent indicator of fragrance-related contact allergy (23,95). Recent studies have indicated that limonene-ozone oxidation products cause eye irritation in indoor at the concentrations with part-per-billion levels (97,98). Limonene and its oxidation products are also known as skin irritants. Most reported cases of irritation have involved in long-term industrial exposure to the pure compound, for example during degreasing or the preparation of paints. Limonene-base solvent and oxidized limonene can cause occupational contact dermatitis in a histopathology technician (99,100) and dermatitis patients (23,101). Moreover, limonene can cause contact dermatitis from hand cleansers (102). Besides, acute necrotizing dermatitis and septicemia have been shown in cats after application of a limonene-based insecticidal shampoo (103) (Table 6).

Pinene is known for its growth-inhibitory activity through the induction of oxidative stress in plants (104). In a micemodel study, all forms of pinene enantiomers possessed sensory irritation properties and induce sedation and signs of anaesthesia while they had no pulmonary irritation effects (105). Pinene vapor exhibited a persistent sensory irritation effect on the upper respiratory tract in BALB/c mice while no irritating effect was observed at the alveolar level and no central nervous system effect was shown (20) (Table 5).  $\alpha$ - and  $\beta$ -pinenes release into the work environment during sawing of fresh wood (106). They irritate eyes, mucous membranes and skin, and may cause allergic contact dermatitis (106). Verbenols, metabolites from αpinene, were detected in urine of workers in wood-treating industry exposed to pinene (107) (Table 6). In a human inhalation study, a short-time exposure (20 min) to  $\alpha$ pinene did not cause acute changes in lung function, but a high affinity to adipose tissues was detected (108). One of eight samples of mother's milk collected from 4 urban/ industrial areas in the USA was positive for the presence of  $\alpha$ -pinene. Moreover, about 79% of the expired air samples were found to contain α-pinene although the compound was detected in all personal air samplers and detected in breath samples from many cities in USA (109). Similar to limonene, reaction of pinene with ozone generates SOAs and many oxidation products such as pinonaldehyde, acetone, formic acid, pinonic acid, and pinic acid, etc (110, 111) (Table 6). However, information on the biological roles of pinene-based SOAs is limited at this moment.

Isoprene is a natural product emitted by plants and

endogenously produced by mammals including humans. Therefore, exposure to isoprene is unavoidable and occurs during the entire human life. Isoprene was first evaluated in 1994 by IARC, when it was placed in Group 2B, possibly carcinogenic to humans, on the basis of sufficient evidence for carcinogenicity in experimental animals (112) (Table 5).

Although there is sufficient evidence in experimental animal models for the carcinogenicity of isoprene, no epidemiological data relevant to the carcinogenicity of isoprene are available. There is little information on direct exposure of human to pure isoprene, but there are many reports regarding biological consequences after the occupational exposure of workers in the manufacture processes (113). In the average odor perception of isoprene, human volunteers experienced slight irritation of the upper respiratory mucosa, larynx, and pharynx. Isoprene-driven irritation to skin, mucous membranes, and central nervous system depression were shown in high concentrations. Catarrhal inflammation, subtrophic and atrophic processes in the upper respiratory tract, and deterioration of olfaction were noted in isoprene rubber production workers. The prevalence and degree were correlated with increasing length of service (112). Occupational exposure to isoprene may occur through inhalation and dermal contact with this compound at workplaces where isoprene or synthetic rubber is produced or used. The general population may also be exposed to isoprene by handling consumer products or vegetation that contain this compound and by ingesting foods that contain isoprene.

Isoprene is structurally related to 1,3-butadiene, a major component in synthetic rubber, which has been shown to be carcinogenic in mice and rats and genotoxic in mice (21). Tumorigenicity of isoprene probably originates from the intermediate epoxide metabolites, in particular from the mutagenic 1,2:3,4-diepoxy-2-methyl-butane (114). Isoprene was recently evaluated in the US National Toxicology Programme for carcinogenesis (115). In this study, male and female F344/N rats were exposed to isoprene by whole-body inhalation for 2 years. Under the conditions of study, there was evidence of carcinogenic activity in male F344/N rats based on increased incidences of mammary gland neoplasms, renal tubule adenoma, and testicular adenoma. There was some evidence of carcinogenic activity of isoprene in female F344/N rats based on increased incidences and multiplicity of mammary gland fibroadenoma. Increased incidences of renal tubule hyperplasia and splenic fibrosis were also observed in male rats. Other non-neoplastic effects in mice exposed to isoprene include spinal cord and sciatic nerve degenerations, skeletal muscle atrophy, degeneration of the olfactory epithelium, epithelial hyperplasia of the forestomach, increased estrous cycle length, testicular atrophy, and decreased epididymal weight, sperm head count, sperm concentration, and sperm motility (116).

The metabolism of isoprene have been investigated in *in vivo* studies (21,117,118). Similar to butadiene metabolism, isoprene metabolizes into mono- and di-epoxides by cytochrome P450 monooxygenases and epoxide hydrolase. Significant sensory irritation was observed by exposing mice to mixtures of isoprene and O<sub>3</sub> or isoprene, O<sub>3</sub>, and NO<sub>2</sub> (119). Repeated exposure to isoprene oxidation products by ozone causes enhanced irritations in respiratory tract of multiple murine strains, suggesting increased risks in buildings with high occupant densities where isoprene concentrations can be high (120). Photooxidation is another way to generate cytotoxic isoprene-based SOAs (121). When isoprene releases into the atmosphere, therefore, it can react with ozone to produce SOAs (122).

#### Conclusion

Limonene, pinene, and isoprene are ubiquitous in daily human life. Although these compounds have various beneficial effects in human life, there are increasing concerns regarding the adverse effects of their oxidation products and SOAs on human health. Unfortunately, we do not have sufficient information on the chemical and biological properties of these SOAs at this moment. Since the use of these VOCs as scented products increases, however, further studies to understand the biological consequences and underlying molecular mechanisms of their oxidation products are necessary.

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