

A NOTE ON THE VOLUME COMPARISON OF TUBES AROUND GEODESICS

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ABSTRACT. In this paper, we shall calculate the volume of normal tubes around geodesics under a curvature perturbation to establish a theorem of volume comparison type.

1. Introduction

Let M be an n -dimensional Riemannian manifold with a submanifold N of dimension k ($< n$). The *normal tube of radius r* around N is defined as $T(N, r) = \{x \in M \mid x = \exp_N(tv), \text{ where } |t| < r \text{ and } v \in \nu(N)\}$. Here, $\nu(N)$ is the normal bundle of N in M consisting of vectors perpendicular to N and $\exp_N : \nu(N) \rightarrow M$ is the normal exponential map. Some formulas for the volume of tubes around N , where N is a hypersurface or a point are studied in [3], [10] and a new method was found for estimating the volume of tubes around *closed* geodesics in [6].

When N is any geodesic $\gamma : [0, a] \rightarrow M$, it was also shown in [8] that an analogue of the result of Heintz and Karcher [6] can be obtained in the situation where one has L^p -curvature bounds, which measure the quantities of the sectional curvature lying below a given number λ in the L^p -norm. More specifically, if $f(x)$ is the smallest sectional curvature of a plane in $T_x M$, then we consider

$$K(\lambda, p) = \int_M \{\max\{-f(x) + \lambda, 0\}\}^p d\text{vol}.$$

Indeed, in [8], the following theorem was obtained.

Theorem 1.1 ([8]). *Let $N \subset M$ be a geodesic and $\lambda \leq 0$. Then the volume of the normal tube around N satisfies $\text{vol}T(N, r) \leq F(n, p, a, b, c, r)$, where*

$$a = l(N) = \text{length of } N,$$

$$b = |\lambda|^p, \quad c = K(\lambda, p), \quad p > n - 1.$$

Furthermore, as $a, c \rightarrow 0$ we have that $F(n, p, a, b, c, r) \rightarrow 0$.

Received May 8, 2007; Revised January 3, 2008.

2000 *Mathematics Subject Classification.* 53C20.

Key words and phrases. mean curvature, sectional curvature.

In this paper, we shall show that if the sectional curvature K_M of M is bounded below by a real number, then we obtain a comparison result analogous to the classical Bishop-Gromov volume comparison for the volumes of tubes around a geodesic in M and in the standard sphere $S^n(1)$ with constant curvature 1 by pinching $K(1, p)$ for $p \geq 1$.

To state our main theorem more specifically, we need some notations as following. Note first that using the fact that N is a geodesic we can use a parallel frame along N to coordinatize the normal tubes $T(N, r)$ as (s, t, θ) , where s is the arclength parameter on N , t measures the distance to N and $\theta \in S^{n-2}(1)$ is the angular parameter from the unit normal bundle. Now write the Riemannian volume element as

$$d\text{vol} = \omega(s, t, \theta) dt \wedge ds \wedge d\theta_{n-2},$$

where $d\theta_{n-2}$ is the standard volume form on $S^{n-2}(1)$. As t increases ω may become undefined but we can just define it to be zero for these t for our purpose to estimate the volume.

We also define J by $J^{n-2} = \omega$ to obtain the initial conditions $J(0) = 0$, $J'(0) = 1$, where \prime denotes the differentiation with respect to t .

In case of the space form $S^n(\kappa)$ with constant curvature $\kappa \in \mathbb{R}$, an immediate calculation (refer to Lemma 2.2 and p. 39 in [2]) shows that the metric is given by

$$g = C_\kappa^2(t) ds^2 + dt^2 + S_\kappa^2(t) d\theta_{n-2},$$

where $C_\kappa(t)$ (resp. $S_\kappa(t)$) is the unique solution of the Jacobi equation for constant curvature κ , namely

$$x''(t) + \kappa x(t) = 0$$

with initial conditions $x(0) = 1$, $x'(0) = 0$ (resp. $x(0) = 0$, $x'(0) = 1$).

So in this case we have that

$$\omega_\kappa(t) = C_\kappa(t) S_\kappa^{n-2}(t).$$

Furthermore, if we let $\omega' = h\omega$, then we obtain the differential inequality as following (for details, refer to [10]).

$$h' + \frac{h^2}{n-1} \leq -\text{Ric}(\partial_t, \partial_t).$$

Here, ∂_t is the unit gradient vector field for the distance function to N . We know that h is the mean curvature of the level set of distance function to N . It is also easy to check that for the case of $S^n(\kappa)$, we have

$$h_\kappa(t) = \frac{C'_\kappa(t)}{C_\kappa(t)} + (n-2) \frac{S'_\kappa(t)}{S_\kappa(t)}.$$

Now we are in a position to state our result as follows.

Theorem 1.2. *Let N be a given geodesic $\gamma : [0, a] \rightarrow M$ and $0 < R < \frac{\pi}{2}$ be given. We also assume that $n > 2$, $\kappa \in \mathbb{R}$, $0 < r < R$. Then for every*

$\bar{\epsilon} > 0$, there exists a $\delta = \delta(n, \kappa, a, r, R, \bar{\epsilon})$ such that if M is an n -dimensional Riemannian manifold with $K_M \geq \kappa$ and $K(1, p) < \delta$, ($p \geq 1$), then we have

$$\frac{\text{vol}T(N, R)}{\text{vol}\bar{T}(R)} < \frac{\text{vol}T(N, z)}{\text{vol}\bar{T}(z)} + \bar{\epsilon}$$

for all z with $r < z < R$, where $\text{vol}\bar{T}(r)$ is the volume of a normal r -tube around a geodesic $\bar{\gamma} : [0, a] \rightarrow S^n(1)$.

Remark 1.1. When compared with the similar results in [5], the curvature condition in the above theorem has been weakened to a situation where one has ‘deep wells of sectional curvature’ below a positive real number by considering the standard arguments for metric rescaling.

But it should still be pointed out that the above theorem holds only for $r > 0$, so it is not the complete generalization of those results in [5].

2. Preliminaries

Note first that the smallness of L^1 -norm of the sectional curvature which is bounded below implies the smallness of L^p -norm of the curvature for any $p \geq 1$. So without loss of generality, we may assume that $p = 1$ in Theorem 1.2 and for this reason, throughout this section we denote by M an n -dimensional Riemannian manifold satisfying $K(1, 1) = \int_M \{\max\{1 - f(x), 0\}\} d\text{vol} < \delta$ and $K_M \geq \kappa$ for any real number κ and a positive number δ .

We also let N and $R > 0$ be given as in the previous section and define, for any $\eta > 0$, $E_\eta := \{x \in T(N, R) \mid \max\{1 - f(x), 0\} > \eta\}$.

Note first that $\text{vol}(E_\eta)$ converges to zero as $\delta \rightarrow 0$. This follows immediately since

$$\begin{aligned} \int_M \{\max\{1 - f(x), 0\}\} d\text{vol} &> \int_{T(N, R)} \{\max\{1 - f(x), 0\}\} d\text{vol} \\ &> \int_{E_\eta} \eta d\text{vol} = \eta \text{vol}(E_\eta). \end{aligned}$$

Now we let $\mu_{s, \theta}$ be the measure on $\exp_{\gamma(s)} t\theta =: C_{s, \theta}(t)$ for each s ($0 \leq s \leq a$), $\theta \in S^{n-2}(1)$ and we define $\nu > 0$ so that $\omega_\kappa(\nu) = \sqrt{\epsilon}$, where $\epsilon = \text{vol}(E_\eta)$.

From now on, we proceed similar arguments as in [7] and define the explicit quantities in our case as follows.

$$S_{\sqrt[4]{\epsilon}, \nu}(s, \theta) = \inf\{c \mid c > \nu, (s, \theta) \in (\Phi_{\sqrt[4]{\epsilon}, \nu})^c, \mu_{s, \theta}(C_{s, \theta}([\nu, c]) \cap E_\eta) \geq \sqrt[4]{\epsilon}\},$$

where

$$\Phi_{\sqrt[4]{\epsilon}, \nu} = \{(s, \theta) \in [0, a] \times S^{n-2} \mid \mu_{s, \theta}(C_{s, \theta}([\nu, R]) \cap E_\eta) < \sqrt[4]{\epsilon}\}.$$

Then we obtain the similar lemma as in [7] which will be used later in Section 4 to estimate the volume of normal tubes.

Lemma 2.1. $\text{vol}\{\exp_{\gamma(s)} t\theta \mid (s, \theta) \in (\Phi_{\sqrt[4]{\epsilon}, \nu})^c, S_{\sqrt[4]{\epsilon}, \nu}(s, \theta) \leq t \leq R\}$ converges to zero as $\delta \rightarrow 0$.

The proof of this lemma basically follows the arguments in [7]. Let first

$$\Psi_{\sqrt[4]{\epsilon}, \nu} = \{(s, \theta) \in (\Phi_{\sqrt[4]{\epsilon}, \nu})^c \mid \int_{C_{s, \theta}([\nu, R]) \cap E_\eta} \omega(s, t, \theta) dt \geq \sqrt{\epsilon}\}.$$

Since

$$\begin{aligned} \epsilon = \text{vol}(E_\eta) &= \int_{S^{n-2} \times [0, a]} \left(\int_{C_{s, \theta}([0, R]) \cap E_\eta} \omega(s, t, \theta) dt \right) ds d\theta \\ &\geq \int_{\Psi_{\sqrt[4]{\epsilon}, \nu}} \left(\int_{C_{s, \theta}([\nu, R]) \cap E_\eta} \omega(s, t, \theta) dt \right) ds d\theta \\ &\geq \sqrt{\epsilon} \text{vol}(\Psi_{\sqrt[4]{\epsilon}, \nu}), \end{aligned}$$

$\text{vol}(\Psi_{\sqrt[4]{\epsilon}, \nu})$ converges to zero as $\delta \rightarrow 0$.

Thus we may assume that for every $(s, \theta) \in (\Phi_{\sqrt[4]{\epsilon}, \nu})^c$,

$$\int_{C_{s, \theta}([\nu, R]) \cap E_\eta} \omega(s, t, \theta) dt < \sqrt{\epsilon}.$$

We then know that there exists a $d > \nu$ such that $\omega(s, d, \theta) < \sqrt[4]{\epsilon}$ and $\mu_{s, \theta}(C_{s, \theta}([\nu, d]) \cap E_\eta) \leq \sqrt[4]{\epsilon}$. Of course, we know that $d \leq S_{\sqrt[4]{\epsilon}, \nu}(s, \theta)$.

Furthermore, from the condition $K_M \geq \kappa$, it is easy to show the following inequality using the standard arguments.

$$\frac{\omega'}{\omega} \leq \frac{\omega'_\kappa}{\omega_\kappa}.$$

Thus we have for any t with $S_{\sqrt[4]{\epsilon}, \nu}(s, \theta) \leq t \leq R$ and $(s, \theta) \in (\Phi_{\sqrt[4]{\epsilon}, \nu})^c$,

$$\begin{aligned} \omega(s, t, \theta) &\leq \frac{\omega_\kappa(t)}{\omega_\kappa(d)} \omega(s, d, \theta) \\ &\leq \frac{\max\{\omega_\kappa(r) \mid 0 \leq r \leq R\}}{\omega_\kappa(\nu)} \sqrt[4]{\epsilon} \\ &= \max\{\omega_\kappa(r) \mid 0 \leq r \leq R\} \sqrt[8]{\epsilon}, \end{aligned}$$

which converges to zero as $\delta \rightarrow 0$. This completes our proof.

3. Mean curvature comparison

In this section, we compare the mean curvature $h(s, t, \theta)$ in M with $h_1(t)$ in $S^n(1)$. Recall that we have two assumptions on the curvature of M as follows:

$$K_M \geq \kappa, \int_M \{\max\{1 - f(x), 0\}\} d\text{vol} < \delta$$

for any real number κ and a positive number δ .

We will use the same notations as in the previous section and provide the comparison theorem as following.

Theorem 3.1. *For any $(s, \theta) \in \Phi_{\sqrt[4]{\epsilon}, \nu}$, we have $h(s, r, \theta) \leq h_1(r) + \tau(\epsilon)$ for all r, R with $0 \leq r \leq R < \frac{\pi}{2}$, where $\tau(\epsilon) \rightarrow 0$ as $\epsilon \rightarrow 0$.*

We first take an orthonormal parallel vector fields $\{E_i(t)\}_{i=1}^n$ along $C_{s,\theta}(t)$ such that $E_1(0) = C'_{s,\theta}(0)$, $E_2(0) = \gamma'(s)$.

Now we recall that by the standard theory of index form we have the following.

$$\begin{aligned}
 h(s, r, \theta) \leq & \int_0^r \left\{ \left(\frac{C'(t)}{C(r)} \right)^2 - \left(\frac{C(t)}{C(r)} \right)^2 K(E_2, C'_{s,\theta}(t)) \right\} dt - \left[\frac{C(t)}{C(r)} \cdot \frac{C'(t)}{C(r)} \right]_0^r \\
 & + \sum_{i=3}^n \int_0^r \left\{ \left(\frac{S'(t)}{S(r)} \right)^2 - \left(\frac{S(t)}{S(r)} \right)^2 K(E_i, C'_{s,\theta}(t)) \right\} dt \\
 & - (n-2) \left[\frac{S(t)}{S(r)} \cdot \frac{S'(t)}{S(r)} \right]_0^r,
 \end{aligned}$$

where $S(t) = \frac{1}{\sqrt{1-\eta}} \sin(\sqrt{1-\eta} t)$, $C(t) = \cos(\sqrt{1-\eta} t)$.

Note that the right hand side of the above inequality can be rewritten as follows (refer to p. 142 in [4]).

$$\begin{aligned}
 & \int_0^r \left(\frac{C'(t)}{C(r)} \right)^2 ((1-\eta) - K(E_2, C'_{s,\theta}(t))) dt \\
 & + \sum_{i=3}^n \int_0^r \left(\frac{S'(t)}{S(r)} \right)^2 ((1-\eta) - K(E_i, C'_{s,\theta}(t))) dt \\
 & + \left[\frac{C(t)}{C(r)} \cdot \frac{C'(t)}{C(r)} \right]_0^r + (n-2) \left[\frac{S(t)}{S(r)} \cdot \frac{S'(t)}{S(r)} \right]_0^r.
 \end{aligned}$$

We first observe that the third and fourth terms in the above sum turn into $h_{1-\eta}(r) = (n-2)\sqrt{1-\eta} \cot(\sqrt{1-\eta} r) - \sqrt{1-\eta} \tan(\sqrt{1-\eta} r)$.

By letting η as small as we please, we can express this as $h_1(r) + \tau(\eta)$ ($r < R < \frac{\pi}{2}$), where $\tau(\eta)$ converges to zero as $\eta \rightarrow 0$.

Next, in the first and second terms in the above sum, we break the interval $[0, r]$ of integration into three parts as follows.

$$C_{s,\theta}([0, r]) = C_{s,\theta}([0, \nu]) \cup \{C_{s,\theta}([\nu, r]) \cap E_\eta\} \cup \{C_{s,\theta}([\nu, r]) \cap E_\eta^c\}.$$

First of all, note that $(1-\eta) - K(E_i, C'_{s,\theta}(t)) \leq 0$ on $C_{s,\theta}([\nu, r]) \cap E_\eta^c$ for $i = 2, \dots, n$. So the integration in this part is negative.

On $C_{s,\theta}([\nu, r]) \cap E_\eta$ on the other hand, we have $(1-\eta) - K(E_i, C'_{s,\theta}(t)) \leq 1-\eta-\kappa$ and $\mu_{s,\theta}(C_{s,\theta}([\nu, R]) \cap E_\eta) < \sqrt[4]{\epsilon}$. Thus we can say that

$$\begin{aligned}
 & \int_{C_{s,\theta}([\nu, R]) \cap E_\eta} \left(\frac{C'(t)}{C(r)} \right)^2 ((1-\eta) - K(E_2, C'_{s,\theta}(t))) dt \\
 & + \sum_{i=3}^n \int_{C_{s,\theta}([\nu, R]) \cap E_\eta} \left(\frac{S'(t)}{S(r)} \right)^2 ((1-\eta) - K(E_i, C'_{s,\theta}(t))) dt \leq \tau(\epsilon),
 \end{aligned}$$

where $\tau(\epsilon) \rightarrow 0$ as $\epsilon \rightarrow 0$.

Finally on $C_{s,\theta}([0, \nu])$, we break it into $C_{s,\theta}([0, \nu]) \cap E_\eta$ and $C_{s,\theta}([0, \nu]) \cap E_\eta^c$ and apply the same arguments as on $C_{s,\theta}([\nu, r]) \cap E_\eta$ and $C_{s,\theta}([\nu, r]) \cap E_\eta^c$ to obtain the similar estimates noting that ν can be chosen arbitrarily small as $\epsilon \rightarrow 0$. Consequently, by putting all these estimates together, we conclude that $h(r, s, \theta) \leq h(r) + \tau(\epsilon)$, which completes the proof.

4. Volume comparison

We finally estimate the volume of the normal tube around a geodesic in our case and obtain a comparison theorem which is analogous to the classical Bishop-Gromov volume comparison. Every notations in this section also follow those in Section 2.

Recall first that we declared $\omega(s, t, \theta)$ to be zero whenever it is undefined since t goes too far from N .

Now let us analyze the volume of $T(N, R)$ as following.

$$\begin{aligned}
 \text{vol}T(N, R) &= \int_{\Phi_{\sqrt[4]{\epsilon}, \nu}} \left(\int_0^R \omega(s, t, \theta) dt \right) ds d\theta_{n-2} \\
 (4.1) \quad &+ \int_{(\Phi_{\sqrt[4]{\epsilon}, \nu})^c} \left(\int_0^{S_{\sqrt[4]{\epsilon}, \nu}(\theta, s)} \omega(s, t, \theta) dt \right) ds d\theta_{n-2} \\
 &+ \int_{(\Phi_{\sqrt[4]{\epsilon}, \nu})^c} \left(\int_{S_{\sqrt[4]{\epsilon}, \nu}(\theta, s)}^R \omega(s, t, \theta) dt \right) ds d\theta_{n-2}.
 \end{aligned}$$

Here, note that the last term above can be written as $\xi(\delta)$, which converges to 0 as $\delta \rightarrow 0$ by Lemma 2.1.

By the same arguments as in the proof of Theorem 3.1, we can say that on $\Psi := \Psi_1 \cup \Psi_2$, where

$$\Psi_1 = \{(s, t, \theta) \mid (s, \theta) \in \Phi_{\sqrt[4]{\epsilon}, \nu}, 0 \leq t \leq R\}$$

and

$$\Psi_2 = \{(s, t, \theta) \mid (s, \theta) \in (\Phi_{\sqrt[4]{\epsilon}, \nu})^c, 0 \leq t \leq S_{\sqrt[4]{\epsilon}, \nu}(\theta, s)\},$$

we have

$$h(s, t, \theta) - h_1(t) < \tau(\epsilon)$$

for some $\tau(\epsilon) > 0$ where $\tau(\epsilon)$ can be arbitrarily small as $\epsilon \rightarrow 0$.

From this fact, a straightforward calculation of integration shows that

$$(4.2) \quad \frac{\omega(s, t_2, \theta)}{\omega_1(t_2)} < \exp(\alpha(\epsilon)) \frac{\omega(s, t_1, \theta)}{\omega_1(t_1)}$$

for any $(s, t_1, \theta), (s, t_2, \theta) \in \Psi$ with $t_1 < t_2$, where $\alpha(\epsilon)$ converges to zero as $\epsilon \rightarrow 0$. Now we reproduce Lemma 2.1 in [9] to proceed our arguments and just sketch the proof below.

Lemma 4.1. *Let f, g be two positive continuous functions defined on $[0, \infty]$. If $\frac{f(b)}{g(b)} \leq \exp(\alpha)\frac{f(a)}{g(a)}$ for some $\alpha > 0$ and for all a, b with $0 < a < b$, then for any given $R > 0, r > 0$ and with $R > r > 0$ we have*

$$\frac{\int_0^R f(t)dt}{\int_0^R g(t)dt} \leq \frac{\int_0^z f(t)dt}{\int_0^z g(t)dt} + \tau(\alpha)$$

for all $z > 0$ with $R \geq z \geq r > 0$ and for some $\tau(\alpha) > 0$ satisfying $\lim_{\alpha \rightarrow 0} \tau(\alpha) = 0$.

It suffices to show that the function $F(y) = \frac{\int_0^y f(t)dt}{\int_0^y g(t)dt}$ is almost nonincreasing with respect to $y \in [r, R]$.

Specifically, we compute

$$(4.3) \quad F'(y) \leq \frac{g(y) \int_0^y g(t)dt \int_0^y f(t)dt}{(\int_0^y g(t)dt)^2 \int_0^y g(t)dt} (\exp(\alpha) - 1)$$

for all y with $r \leq y \leq R$.

Since the right hand of the above inequality tends to zero as $\alpha \rightarrow 0$, we can express $F'(y) \leq \mu(\alpha)$ for some $\mu(\alpha) > 0$ satisfying $\lim_{\alpha \rightarrow 0} \mu(\alpha) = 0$. Then by integrating this inequality from z to R , we get $F(R) - F(z) \leq (R - z)\mu(\alpha)$. So if we let $\tau(\alpha) := (R - z)\mu(\alpha) < R\mu(\alpha)$, then we have $F(R) \leq F(z) + \tau(\alpha)$, which is our desired result.

For the $\alpha = \alpha(\epsilon)$ in (4.2), we define y_0 so that $\int_0^{y_0} \omega_1(t)dt = \sqrt{\alpha}$. Then from (4.3) in the proof of the above Lemma 4.1 and (4.2), it is easy to check

$$\left(\frac{\int_0^y \omega dt}{\int_0^y \omega_1 dt} \right)' \Big|_{y_0 \leq y \leq R} \leq \frac{\exp(\alpha) - 1}{\sqrt{\alpha}} C(k, n, R),$$

which converges to zero as $\alpha \rightarrow 0$. So we have

$$\frac{\int_0^R \omega dt}{\int_0^R \omega_1 dt} \leq \frac{\int_0^z \omega dt}{\int_0^z \omega_1 dt} + \tau(\alpha(\epsilon))$$

for all z with $y_0 \leq z \leq R$, where $\tau(\alpha(\epsilon)) > 0$ goes to zero as $\epsilon \rightarrow 0$.

From the above inequality, we can easily obtain the following.

$$(4.4) \quad \frac{\int_{\Phi_{\sqrt[4]{\epsilon}, \nu}} \left(\int_0^R \omega dt \right) ds d\theta_{n-2}}{\int_{S^{n-2}(1) \times [0, a]} \left(\int_0^R \omega_1 dt \right) ds d\theta_{n-2}} \leq \frac{\int_{\Phi_{\sqrt[4]{\epsilon}, \nu}} \left(\int_0^z \omega dt \right) ds d\theta_{n-2}}{\int_{S^{n-2}(1) \times [0, a]} \left(\int_0^z \omega_1 dt \right) ds d\theta_{n-2}} + \tau(\alpha(\epsilon))$$

for all z with $y_0 \leq z \leq R$.

Next, we shall estimate the volume ratio for the case $(s, t, \theta) \in \Psi_2$ in the similar way. Note first that $(\Phi_{\sqrt[4]{\epsilon}, \nu})^c$ can be divided into the following three subsets:

$$(\Phi_{\sqrt[4]{\epsilon}, \nu}^1)^c = \{(s, \theta) \in (\Phi_{\sqrt[4]{\epsilon}, \nu})^c \mid S_{\sqrt[4]{\epsilon}, \nu}(s, \theta) < y_0 < R\},$$

$$(\Phi^2_{\sqrt[4]{\epsilon, \nu}})^c = \{(s, \theta) \in (\Phi_{\sqrt[4]{\epsilon, \nu}})^c \mid y_0 < S_{\sqrt[4]{\epsilon, \nu}}(s, \theta) < R\},$$

and

$$(\Phi^3_{\sqrt[4]{\epsilon, \nu}})^c = \{(s, \theta) \in (\Phi_{\sqrt[4]{\epsilon, \nu}})^c \mid y_0 < R < S_{\sqrt[4]{\epsilon, \nu}}(s, \theta)\}.$$

For the case $(s, t, \theta) \in \Psi_2$ and $(s, \theta) \in (\Phi^1_{\sqrt[4]{\epsilon, \nu}})^c$, we get obviously for all z with $y_0 \leq z \leq R$ that

$$(4.5) \quad \frac{\int_{(\Phi^1_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^{S_{\sqrt[4]{\epsilon, \nu}}(s, \theta)} \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^R \omega_1 dt \right) ds d\theta_{n-2}} \leq \frac{\int_{(\Phi^1_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^z \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^z \omega_1 dt \right) ds d\theta_{n-2}}.$$

For the case $(s, t, \theta) \in \Psi_2$ and $(s, \theta) \in (\Phi^2_{\sqrt[4]{\epsilon, \nu}})^c$, we use Lemma 4.1 and obtain

$$(4.6) \quad \frac{\int_{(\Phi^2_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^{S_{\sqrt[4]{\epsilon, \nu}}(s, \theta)} \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^R \omega_1 dt \right) ds d\theta_{n-2}} \leq \frac{\int_{(\Phi^2_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^z \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^z \omega_1 dt \right) ds d\theta_{n-2}} + \tau(\alpha(\epsilon))$$

for all z with $y_0 \leq z \leq S_{\sqrt[4]{\epsilon, \nu}}(s, \theta)$.

Furthermore, in case $S_{\sqrt[4]{\epsilon, \nu}}(s, \theta) < z \leq R$, we clearly have

$$\frac{\int_{(\Phi^2_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^{S_{\sqrt[4]{\epsilon, \nu}}(s, \theta)} \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^R \omega_1 dt \right) ds d\theta_{n-2}} \leq \frac{\int_{(\Phi^2_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^z \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^z \omega_1 dt \right) ds d\theta_{n-2}}.$$

So we may say that (4.6) holds for any z with $y_0 \leq z \leq R$.

Finally, we obtain the similar estimate for the case $(s, t, \theta) \in \Psi_2$ and $(s, \theta) \in (\Phi^3_{\sqrt[4]{\epsilon, \nu}})^c$ using the same method as above. That is, we have

$$(4.7) \quad \frac{\int_{(\Phi^3_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^R \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^R \omega_1 dt \right) ds d\theta_{n-2}} \leq \frac{\int_{(\Phi^3_{\sqrt[4]{\epsilon, \nu}})^c} \left(\int_0^z \omega dt \right) ds d\theta_{n-2}}{\int_{\mathbb{S}^{n-2}(1) \times [0, a]} \left(\int_0^z \omega_1 dt \right) ds d\theta_{n-2}} + \tau(\alpha(\epsilon))$$

for any z with $y_0 \leq z \leq R$.

Now we put together all the above four inequalities (4.4)–(4.7) and recall the analysis of $\text{vol}T(N, R)$ in (4.1), which gives the following inequality:

$$\frac{\text{vol}T(N, R) - \xi(\delta)}{\text{vol}\overline{T}(R)} \leq \frac{\text{vol}T(N, z)}{\text{vol}\overline{T}(z)} + \tau(\alpha(\epsilon)).$$

If we choose a sufficiently small $\delta > 0$ so that $\frac{\xi(\delta)}{\text{vol}\overline{T}(R)}$ can be as small as we please, (consequently, δ depends on a and R) then we can say that for every

$\bar{\epsilon} > 0$, there exists a $\delta > 0$ such that

$$\frac{\text{vol}T(N, R)}{\text{vol}\bar{T}(R)} \leq \frac{\text{vol}T(N, z)}{\text{vol}\bar{T}(z)} + \bar{\epsilon}$$

for all z with $y_0 \leq z \leq R$. Since we can adjust y_0 so that $y_0 < r$ by requiring δ to be sufficiently small enough, we complete the proof of Theorem 1.2.

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