

A New Stilbene Glucoside from the Roots of *Polygonum multi*florum Thunb.

Ming-Lu Xu, Ming Shan Zheng, Yeon-Kyong Lee, Dong-Cheol Moon¹, Chong-Soon Lee², Mi-Hee Woo³, Byeong-Seon Jeong, Eung Seok Lee, Yurngdong Jahng, Hyeun-Wook Chang, Seung-Ho Lee, and Jong-Keun Son

College of Pharmacy, Yeungnam University, Gyongsan, 712-749, Korea, ¹College of Pharmacy, Chungbuk National University, Cheongju 361-763, Korea, ²Department of Biochemistry, College of Natural Sciences, Yeungnam University, Gyongsan 712-749, Korea, and ³College of Pharmacy, Catholic University of Daegu, Gyongsan 712-702, Korea

(Received March 2, 2006)

One new stilbene glucoside (6), along with five known compounds (1-5), were isolated from the roots of *Polygonum multiflorum* Thumb., and their chemical structures established based on physicochemical and spectroscopic data. Of the compounds, compound 3 showed DNA topoisomerase I and II inhibitory activities.

Key words: Polygonum multiflorum, NMR, Stilbene glucoside

INTRODUCTION

Polygonum multiflorum Thumb, a perennial vine-like herb of the family Polygonaceae, is one of the most important and widely used Chinese medicinal herbs. The vine and root tubers are called Ya-Gyo and Ha-soo-Oh, respectively, and are ethnopharmacologically a tonic for anemia, neurasthenia and hypercholesterolemia, and used clinically for the treatment of coronary heart disease, hyperlipidemedia and neurosis, as well as other diseases commonly associated with aging (Xiao et al., 1993). The genus Polygonum is the source of a wide range of phenolic compounds, flavanoids anthraquinones, stilbenes and tannins (Lin et al., 2003).

As a part of our continuing search for novel topoisomerases inhibitors from natural plants, the activity-guided fractionation and purification of active compounds were sought. This paper reports the isolation and structural elucidation of a new stilbene glucoside (6) and five known compounds (1-5) from the roots of *P. multiflorum*.

MATERIALS AND METHODS

General experimental procedures

Optical rotations were measured using a JASCO DIP-1000 (Tokyo, Japan) automatic digital polarimeter. FT-IR spectra were recorded on a JASCO FT-IR 300E spectrophotometer, and UV spectra were recorded on a JASCO V-550 spectrophotometer. The NMR spectra were recorded on a Bruker 250MHz (DMX 250) spectrometer, using the Bruker standard pulse program. Samples were dissolved in methanol- d_4 or pyridine- d_5 , and the chemical shifts reported in ppm downfield from TMS. The MS spectra were measured using a VG TRIO 2A mass spectrometer. The stationary phases for column chromatography (Silica gel 60, 70-230 and 270-400 mesh and Lichroprep RP-18 gel, 40-63 μm, Merck) and TLC plates (Silical gel 60 F₂₅₄ and RP-18 F₂₅₄, Merck) were purchased from Merck KGaA (Darmstadt, Germany). Spots were detected under UV radiation and by spraying with 10% H₂SO₄, followed by heating. All other chemicals and solvents were of analytical grade and used without further purification.

Plant material

Dried roots of *P. multiflorum* were purchased from a folk medicine market "Yakryong-si" in Daegu, Republic of Korea in September 2001. These materials were taxonomically confirmed by Professor Ki-Hwan Bae, Chungnam National

Correspondence to: Jong-Keun Son, College of Pharmacy, Yeungnam University, Gyongsan 712-749, Korea Tel: 82-53-810-2817, Fax: 82-53-810-4654 E-mail: jkson@yu.ac.kr University, Daejeon, Republic of Korea. A voucher specimen (YNPM 2001) has been deposited at the College of Pharmacy, Yeungnam University.

Extraction and isolation

The roots of P. multiflorum (10 kg) were extracted twice with MeOH, by refluxing for 12 h, with the MeOH solution obtained evaporated to dryness (2.4 kg). The MeOH extract was suspended in H2O, partitioned successively with CH2Cl2 and EtOAc, with the resulting CH2Cl2 and EtOAc solutions evaporated to dryness in vacuo. The CH₂Cl₂ extract (60 g) was loaded onto a silica-gel column (60 \times 9 cm, 70-230 mesh), and eluted with two stepwisegradient solvent mixtures; n-hexane-EtOAc (from n-hexane 100% to EtOAc 100%) followed by EtOAc-MeOH (from EtOAc 100% to MeOH 100%). The eluent was combined based on the results of TLC, giving 15 fractions (PMM1~15). The fraction PMM-3 was subjected to chromatography on a silica-gel column (4 \times 60 cm), and eluted with *n*-hexane-EtOAc (gradient from 100% n-hexane to 100% EtOAc), to give compound 1 (21 mg). Fraction PMM-8 was subjected to chromatography on silica-gel column (4 × 60 cm), and eluted with CH₂Cl₂-MeOH (gradient from 100% CH₂Cl₂ to 100% MeOH), to give compounds 3 (15 mg) and 4 (16 mg).

The EtOAc extract (85.7 g) was loaded onto a silica-gel column (60×9 cm, 70-230 mesh), and eluted with $\text{CH}_2\text{Cl}_2\text{-}$ MeOH saturated with H_2O (gradient from CH_2Cl_2 100% to MeOH 100 %), yielding 30 fractions (PME1~30). Fraction PME-17 was obtained as a pure solid (compound **2**, 13 mg). Fraction PME-12 (1.3 g) was subjected to chromatography on a RP-18 column (4×60 cm), and eluted with MeOH- H_2O (gradient from 10% to 100% MeOH in H_2O), to give 19 subfractions (PME12-1~12-19). Subfractions PME12-2 and PME12-3 were further purified, separately, on a reverse column (4×60 cm) with MeOH- H_2O (gradient from 10% to 100% MeOH in H_2O) elution, which afforded compounds **5** (67 mg) and **6** (18 mg), respectively.

Physcion (1)

Yellow needles, mp 203-205°C; the ¹H- and ¹³C-NMR data were consistent with the literature values (Qin *et al.*, 1999); positive FAB-MS *m/z* 285 [M+H]⁺.

Physcion-8-*O*-β-D-glucopyranoside (2)

Yellow needles, mp 230-232°C; the ¹H- and ¹³C-NMR data were consistent with the literature values (Takeshi and Yutaka, 1987); El-MS *m/z*: 284 (M-glc)⁺.

β-Sitosterol (3)

White crystals, mp. 277-278°C, $[\alpha]_0^{25}$ -34.1° (c 0.2, CHCl₃), the ¹H- and ¹³C-NMR data were consistent with the literature values (Chang *et al.*, 1981), Negative FAB-MS m/z 413

[M-H] (Kim et al., 2005).

β-Sitosterol-3-*O*-β-D-glucoside (4)

White amorphous powder, $[\alpha]_D^{25}$ -40.7° (c 0.1, CHCl₃); the ¹H- and ¹³C-NMR data were consistent with the literature values (Chang *et al.*, 1981), positive FAB-MS m/z 577 [M+H]⁺.

(*E*)-2,3,5,4'-Tetrahydroxy-stilbene-2-O- β -D-glucopyranoside (5)

Brown powder; $[\alpha]_D^{24}$ +22.35° (c, 0.32, MeOH); ¹H-NMR (CD₃OD, 250 MHz) δ 7.73 (1H, d, J = 16.5 Hz H-b), 7.46 (2H, d, J = 8.6 Hz, H-2', 6'), 6.93 (1H, d, J = 16.5 Hz H-a), 6.79 (2H, d, J = 8.6 Hz H-3', 5'), 6.65 (1H, d, J = 2.8 Hz, H-4), 6.29 (1H, d, J = 2.8 Hz, H-6), 4.69 (1H, d, J = 7.8 Hz, H-1"), 3.81 (2H, m, H-6"), 3.5 (1H, m, H-4"), 3.4 (1H, m, H-2"); 3.3 (1H, m, H-5"), 3.2 (2H, m, H-3"); ¹³C-NMR (CD₃OD, 62.9 MHz) δ 158.1 (C-4'), 155.8 (C-5), 151.9 (C-3), 137.8 (C-2), 133.6 (C-1), 130.7 (C-1'), 130.0 (C-b), 129.1 (C-2', 6'), 121.6 (C-a), 116.4 (C-3', 5'), 108.0 (C-4), 103.5 (C-1"), 102.7 (C-6), 78.0 (C-5"), 77.8 (C-3"), 75.4 (C-2"), 70.7 (C-4"), 61.9 (C-6) (Chen *et al.*, 1999; Nonaka *et al.*, 1982; Ryu *et al.*, 2002); positive FAB-MS m/z 407 [M+H]⁺.

(*Z*)-2,3,5,4'-Tetrahydroxy-stilbene-2-O- β -D-glucopyranoside (6)

Brown powder; $[\alpha]_0^{24}$ +17.83° (c, 0.15, MeOH); UV (MeOH) λ_{max} (log ϵ) 212 (4.29), 290 (4.03); IR (KBr) ν_{max} : 3363 (OH), 1607, 1513, 1012, 837, 610 cm⁻¹; ¹H-NMR $(CD_3OD, 250 \text{ MHz}) \delta 7.05 (2H, d, J = 8.5 \text{ Hz}, H-2', 6'),$ 6.70 (1H, d, J = 12.0 Hz, H-b), 6.61 (2H, d, J = 8.59 Hz, H-3', 5'), 6.47 (1H, d, J = 12.0 Hz, H-a), 6.21 (1H, d, J =2.8Hz, H-4), 6.12 (1H, d, J = 2.8 Hz, H-6), 4.56 (1H, d, J =7.6 Hz, H-1"), 3.7 (1H, m, H-3"), 3.5 (1H, m, H-4"), 3.4 (1H, m, H-2"), 3.3 (1H, m, H-5"), 3.2 (2H, m, H-6"); ¹³C-NMR (CD₃OD, 62.9 MHz) δ 157.7 (C-4'), 155.3 (C-5), 151.8 (C-3), 137.8 (C-2), 133.9 (C-1), 131.4 (C-2', 6'), 131.3 (C-b), 129.8 (C-1'), 125.5 (C-a), 115.9 (C-3', 5'), 108.2 (C-4), 107.6 (C-1"), 103.6 (C-6), 78.3 (C-5"), 77.9 (C-3"), 75.4 (C-2"), 70.9 (C-4"), 61.2 (C-6"); positive HR-FAB-MS m/z 407.1339 [M+H]⁺ (calcd. 407.1345 for $C_{20}H_{23}O_9$).

Determination of sugar in 6

A solution of compound **6** (6 mg) in 0.4 N HCl (in dioxane- H_2O , 1:1, 10 mL) was heated to 90°C for 2 h. After cooling, the reaction mixture was extracted with CHCl₃ (20 mL × 3). The CHCl₃ extract was evaporated, and the residue purified on a silica gel column, using a discontinuous gradient of CHCl₃-MeOH (99:1 to 1:1) as eluent, to give an aglycone. The H_2O layers was neutralized with Ag_2CO_3 and analyzed by TLC (Kieselgel, eluting

948 M.-L. Xu *et al.*

solvent $n\text{-BuOH-AcOH-H}_2\text{O}$, 4:1:1, sprayed with 10% H_2SO_4 and heated) to reveal the presence of glucose (Rf = 0.30). The Rf value was coincident with that of an authentic sample. The optical rotation value of the above sugar fraction {[α]_D²¹ + 52.5° (c = 0.08, H_2O)} was in good agreement with that of D-glucose (Crublet *et al.*, 2003, Kiem *et al.*, 2003).

Assay for DNA topoisomerase I inhibition in vitro

A DNA topoisomerase I inhibition assay was carried out according to the method reported by Fukuda et al. (1996), with minor modifications. The topoisomerase I activity was assessed by measuring the relaxation of supercoiled pBR 322 plasmid DNA. The reaction mixture consisted of 35 mM Tris-HCl (pH 8.0), 72 mM KCl, 5 mM MgCl₂, 5 mM DTT, 2 mM spermidine, 0.01% bovine serum albumin (BSA), 250 ng pBR 322 plasmid DNA and 0.3 U calf thymus DNA topoisomerase I. The reaction mixture, with the addition of a test compound solution (less than 0.25% DMSO), was used to measure the inhibition of the DNA relaxation due to the topoisomerase I, in a final volume of 10 μL. The reaction mixtures were incubated for 30 min at 37°C, and the reaction terminated by the addition of a dye solution comprised of 2.5% SDS, 15% ficoll-400, 0.05% bromophenol blue, 0.05% xylene cyanole and 25 mM EDTA (pH 8.0). The reaction products were determined by electrophoresis on 1% agarose gels in TBE (Trisborate-EDTA) running buffer, at 1.5 V/cm for 10 h. The gels were stained with ethidium bromide (0.5 µg/mL) and destained in water for 30 min each. For the visualization and quantitative analyses of the topoisomerase I activity, the gels were directly scanned with an image analyzer, and the area representing the supercoiled DNA calculated.

Assay for DNA topoisomerase II Inhibition in vitro

The DNA topoisomerase II inhibition activity was measured by assessing the relaxation of supercoiled pBR 322 plasmid DNA. The reaction mixtures contained 50 mM Tris-HCl (pH 8), 120 mM KCl, 10 mM MgCl₂, 0.5 mM ATP, 0.5 mM dithiothreitol, 300 ng pBR 322 plasmid DNA and 0.3 U human DNA topoisomerase II, with the indicated compound concentrations (less than 0.25% DMSO), in a final volume of 20 µL. The reaction mixtures were incubated for 30 min at 37°C and terminated by the addition of 5 μL of a mixture containing 0.77% SDS, 77 mM EDTA (pH 8.0), 30% sucrose, 0.5% bromophenol blue and 0.5% xylene cyanole. The reaction products were subjected to electrophoresis on 1% agarose gels in TBE (Tris-borate-EDTA) running buffer, at 1.5 V/cm for 10 h. Gels were stained with 0.5 µg/mL ethidium bromide and destained in water for 30 min each. For visualization and quantitative analyses of the topoisomerase II activity, the gels were directly scanned with an image analyzer, and the area representing supercoiled DNA calculated.

Assay for cytotoxicity

The tetrazolium-based colorimetric assay (MTT assay) was used to assess the cytotoxicity towards human colon

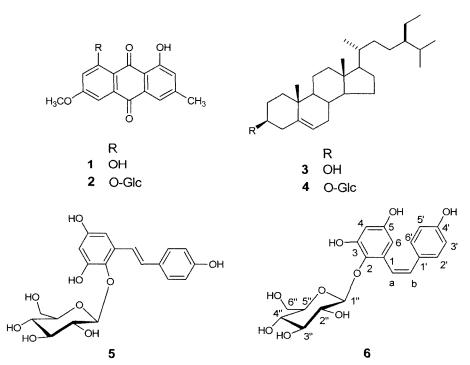


Fig. 1. Structures of compounds 1-6 from the roots of Polygonum multiflorum

carcinoma (HT-29), human breast carcinoma (MCF-7) and human hepatoblastoma (HepG2) cell lines (Rubinstein et al., 1990).

RESULTS AND DISCUSSION

The MeOH extract of the roots of P: multiflorum, after suspension in H_2O , was successively partitioned with CH_2CI_2 and EtOAc. The CH_2CI_2 and EtOAc extracts were repeatedly subjected to column chromatography to afford two known anthraquinones, two known sterols, one known trans-stilbene and a new *cis*-stilbene. By comparison of 1H - and ^{13}C -NMR, MS and optical rotation data with the literature values, compounds **1-5** were characterized as physcion (**1**) (Qin *et al.*, 1999), physcion-8-O- β -D-glucopyranoside (**2**) (Takeshi *et al.*, 1987), β -sitosterol (**3**), β -sitosterol-3-O-glucoside (**4**) (Chang *et al.*, 1981) and (E)-2,3,5,4'-tetrahydroxy-stilbene-2-O- β -D-glucopyranoside (**5**) (Chen *et al.*, 1999, Nonaka *et al.*, 1982; Ryu *et al.*, 2002).

Compound **6** was obtained from the EtOAc extract as a brown powder, with the molecular formula established as $C_{20}H_{23}O_9$ based on the HR-FAB-MS, ¹³C-NMR and DEPT spectral data. The ¹H-NMR spectrum of **6** was very similar to that of **5**, with the exception of the coupling constants (J = 12.0 Hz) of the vinylic protons signals (H-a and H-b), indicating the presence of two *cis*-coupled vinylic protons

at δ 6.71 (H-a) and 6.47 (H-b). In the aromatic region of the ¹H-NMR spectra of **6**, two sets of chemically equivalent protons at $\delta_{\rm H}$ 7.05 (H-2'/H-6', d, J = 8.6 Hz) and $\delta_{\rm H}$ 6.60 (H-3'/H-5', d, J = 8.6 Hz) suggested a 1, 4-disubstituted aromatic ring, with the ³J coupling between H-4 ($\delta_{\rm H}$ 6.21, d, J = 2.8 Hz) and H-6 ($\delta_{\rm H}$ 6.12, d, J = 2.8 Hz) indicating a 1, 2, 3, 5-tetrasubstituted benzene ring. The ¹³C-NMR spectrum of **6** exhibited two chemically equivalent aromatic carbons at $\delta_{\rm C}$ 131.4 (C-2'/C-6') and $\delta_{\rm C}$ 115.9 (C-3'/C-5').

In the HMBC spectrum, a linkage between the two aromatic rings and the vinyl group were established by the cross peaks between H-a and C-2 and C-6, and those between H-b and C-2' and C-6'. The position of the sugar

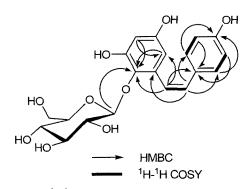


Fig. 2. HMBC and ¹H-¹H COSY correlations of compound 6

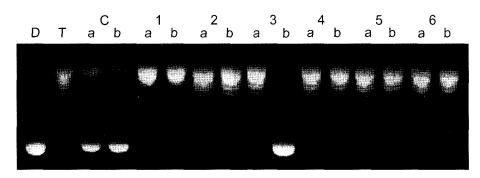


Fig. 3. TOPO inhibitory activities of compounds 1-6 from the roots of *Polygonum multiflorum*. Lane D:supercoiled DNA alone; Lane T: supercoiled DNA + toposiomerase II (calf thymus); Lane C: supercoiled DNA + toposiomerase II (calf thymus) + camptothecin-positive control; Lanes a and b: a: 20 μM, b: 100 μM.

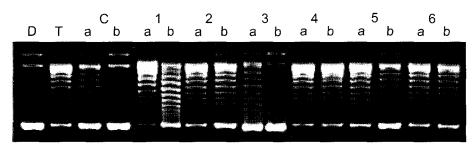


Fig. 4. TOPO inhibitory activities of compounds 1-6 from the roots of *Polygonum multiflorum*. Lane D:supercoiled DNA alone; Lane T: supercoiled DNA + toposiomerase II (human) + etoposide-positive control; Lanes **a** and **b**: **a**: 20 μM, **b**: 100 μM.

950 M.-L. Xu *et al.*

Table I. Inhibitory effects of compounds 1-6 from the roots of Polygonum multiflorum toward topoisomerase I and II enzym	es (%inhibition
ratio of relaxation), as well as their IC₅₀ values against HT-29, MCF-7 and HepG-2 cell lines.	`

Compounds -	(%) Inhibition ratio for topoisomerase I		(%) Inhibition ratio for topoisomerase II		Cytotoxicity IC ₅₀ (μg/mL)		
	100 μ M	20 μΜ	100 μΜ	20 μM	HT-29 ^a	MCF-7 ^b	HepG-2°
1	NA	NA	8	NA	>100	>100	>100
2	NA	NA	NA	NA	>100	>100	>100
3	89	NA	99	39	>100	>100	>100
4	NA	NA	27	NA	>100	>100	>100
5	NA	NA	46	NA	>100	>100	>100
6	NA	NA	10	NA	49	50	>100
CPT⁴	73	55	NA	NA	0.96	1.0	1.06
etoposide e	NA	NA	78	58	NA	NA	NA

^eHT-29: Human colon carcinoma; ^bMCF-7: Human breast carcinoma; ^cHepG-2: Human hepatoblastoma; ^dcamptothecin: positive control for topoisomerase I; ^epositive control for topoisomerase II; NA: not applicable.

linkage was confirmed by the cross peak between H-1" (δ_H 4.56) and C-2 (δ_C 137.8).

Acid hydrolysis of **6** liberated aglycone and D-glucose, as identified by TLC analysis. The configuration of the anomeric proton of **6** was deduced to be the β form on the basis of the coupling constant of the proton peak (J = 7.6 Hz).

Of the six isolated compounds, compound 3 showed strong inhibitory activities against DNA topoisomerases I and II, exhibiting an almost equivalent inhibitory activity as that of etoposide against DNA topoisomerase II (99% and 39% inhibition at the concentration of 20 μM and 100 μM , respectively, Fig 3) and 89% inhibition at a concentration of 100 μM against DNA topoisomerase I, Fig. 4. Compounds 1, 4, 5, and 6 showed weak inhibitory activities against DNA topoisomerase II at concentrations of 100 μM (8, 27, 46 and 10% inhibitions, respectively), but no inhibitory activity against DNA topoisomerase I. Only compound 6 showed weak cytotoxicities against the HT29 and MCF-7 cell lines (ICso: 49 and 50 μM , respectively), as shown in Table I.

ACKNOWLEDGEMENTS

This work was supported by a Yeungnam University Grant (YN-106120).

REFERENCES

Chang, I. M., Yun, H. S., and Yamasaki, K., β-Sitosterol and β-sitosteryl-3-O-β-D-glucopyranoside isolated from *Plantago* asiatica seed. *Korean J. Pharmcogn.*, 12, 12-24 (1981).

Chen, Y., Wang, M. F., Rosen, R. T., and Ho, C. T., 2,2-Diphenyl-1-picrylhydrazyl radical-scavenging active components from *Polygonum multiflorum* Thunb., *J. Agric. Food Chem.*, 47, 2226-2228 (1999).

Fukuda, M., Nishio, K., Kanzawa, F., Ogasawara, H., Ishida, T., Arioka, H., Bojamowski, K., Oka, M., and Saijo, N., Synergism between cisplatin and topoisomerase I inhibitors, NB-506 and SN-38, in human small cell lung cancer cells. *Cancer Res.*, 56, 789-793 (1996).

Crublet, M. L., Long, C., Sevenet, T., Hadi, H. A., and Lavaud, C., Acylated flavonol glycosides from leaves of *Planchonia* grandis. *Phytochemistry*, 64, 589-594 (2003).

Do, J. C., Son, K. H., and Kang, S. S., Studies on the constituents of the root of *Rubus parvifolius* (I). Isolation of (-)-epicatechin. *Kor. J. Pharmacogn.*, 19, 170-173 (1988).

Goncalves M. L. S. and Mors, W. B., Vismiaquinone, a Δ^1 -isopentenyl substituted anthraquinone from *Vismia* reichardtiana, *Phytochemistry*, 20, 1947-1950 (1981).

Kiem, P. V., Cai, X. F., Minh, C. V., Lee, J. J., and Kim, Y. H., Lupane-triterpene carboxylic acids from the leaves of *Acanthopanax trifoliatus. Chem. Pharm. Bull.*, 51, 1432-1435 (2003).

Kim, D. K., Lim, J. P., Kim, J. W., Park, H. W., and Eun, J. S., Antitumor and anti-inflammatory constituents from *Celtis sinensis*. *Arch. Pharm. Res.*, 28, 39-43 (2005).

Kitanaka, S. and Takido, M., Dimeric hydroanthracenes from the unripe seeds of *Cassia torosa., Phytochemistry*, 21(8), 2103-2106 (1982).

Li, G, Lee, C. S., Woo, M. H., Lee, S. H., Chang, H. W., and Son, J. K., Lignans from the bark of *Machilus thunbergii* and their DNA topoisomerases I and II inhibition and cytotoxicity. *Biol. Pharm. Bull.*, 27, 1147-1150 (2004).

Lin, L. C., Nalawade, S. M., Mulabagal, V., Yeh, M. S., and Tsay, H. S., Micropropagation of *Polygonum multiflorum* Thunb and quantitative analysis of the anthraquinones emodin and physcion formed in *in vitro* propagated shoots and plants. *Biol. Pharm. Bull.*, 26, 1467-1471 (2003).

Nonaka, G. I., Miwa, N., and Nishioka, I., Stilbene glycoside gallates and proanthocyanidins from *Polygonum multiflorum*, *Phytochemistry*, 21, 429-432 (1982).

- Park, S. W., Yook, C. S., and Lee, H. K., Chemical components from the fruits of *Crataegus pinnatifida var. psilosa. Kor. J. Pharmacogn.*, 25, 328-335 (1994).
- Qin, H. L., Zhao, T. Z., Yuan, W. M., Shang, Y. J., Zhao, W., and Zhang, J. X., Assignments of the ¹H-NMR finger-prints of the roots of *Polygonum cuspidatum*, *Polygonum multiflorum*, *Rheum palmatum* and *Rheum tanguticum*. *Acta Pharmaceutica Sinica*, 34, 828-834 (1999).
- Rubinstein, L. V., Shoemaker, R. H., Paul, K. D., Simon, R. M., Tosini, S., Skehan, P., Scudiero, D. A., Monks, A., and Boyd, M. R., Comparison of in vitro anticancer-drug-screening data generated with a tetrazolium assay versus a protein assay
- against a diverse panel of human tumor cell lines. *J. Nat. Cancer Inst.*, 82, 1113-1118 (1990).
- Ryu, G., Ju, J. H., Park, Y. Ju., Ryu, S. Y., Choi, B. W., and Lee, B. H., Radical scavenging effects of stilbene glucosides from *Polygonum multiflorum. Arch Pharm Res*, 25, 636-639 (2002).
- Takeshi, K. and Yutaka M., Anthraquinone compounds in *Rumex acetosa* L.. *Shoyakugaku Zasshi*, 41, 67-74 (1987).
- Xiao, P. G., Xing, S. T., and Wang, L. W., Immunological aspects of Chinese medicinal plants as anti-aging drugs. *J. Ethnopharmacol.*, 38, 167-175 (1993).