

Gaze Effects on Spatial and Kinematic Characteristics in Pointing to a Remembered Target

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Abstract

The purpose of the present study was to examine gaze effects on spatial and kinematic characteristics during a pointing task. Subjects were asked to watch and point to an aimed target (2 mm in diameter) displayed on a vertically mounted board. Four gaze conditions were developed as combinations of "seeing-aiming" in terms of the eye movements: Focal-Focal (F-F), Focal-Fixing (F-X), Fixing-Focal (X-F), and Fixing-Fixing (X-X). Both the home target and an aimed target were presented for 1 second and then were disappeared in F-F and X-F. In X-F and X-X, only an aimed target disappeared after 1 second. Subjects were asked to point (with index finger tip) to an aimed target accurately as soon as the aimed target was removed. A significant main effect of gaze was found ($p < .01$) for normalized movement time. Peripheral retina targets had significantly larger absolute error compared to central retina targets on the x (medio-lateral) and z (superior-inferior) axes ($p < .01$). A significant undershooting to peripheral retina targets on the x axis was found ($p < .01$). F-F and X-F had larger peak velocities compared to F-X and X-X ($p < .01$). F-F and X-F were characterized by more time spent in the deceleration phase compared to F-X and X-X ($p < .01$). The present study demonstrates that central vision utilizes a form of on-line visual processing to reach to an object, and thus increases spatial accuracy. However, peripheral vision utilizes a relatively off-line visual processing with a dependency on proprioceptive information.

Key Words: Aiming movements; Motion analysis; Motor control; Spatial accuracy; Visual information.

Introduction

An aimed arm movement to an object requires a transformation between visual and motor activities of the arm. An external location of an object should be mapped and transformed into an internal coordination system controlled by the central nervous system (CNS). Thus, the visuomotor transformation generally consists of the visual perception of an object's location and the motor transformation to the location information. The failure of one or both of these two processes leads to a degraded spatial accuracy in activities such as reaching and pointing. Many pointing studies have shown that a spatial error made to-

wards a target is a result of faulty integrations of visual and proprioceptive information (Adamovich et al, 1998; Seochting and Flanders, 1989). Spatial accuracy thus is dependent on visual feedback conditions (Adamovich et al, 1998), proprioception (Messier et al, 2003), limb configuration (Ghilardi et al, 1995), target location (Ghilardi et al, 1995), and initial posture of a limb (Desmurget et al, 1998).

However, few studies have directly manipulated visual acuity besides the creation of an environment including an illusion or darkness (e.g., no visual information) condition. That is, most aiming experiments, including aforementioned experiments, required performers to move their eyes freely so that in-

formation of a target position is stored on the central retinal field, which has the highest density of cones, the anatomical particles responsible for visual acuity. Two visual systems—central and peripheral vision—can be categorized by the density of cones, which again determines visual acuity. Central vision is usually thought to be up to 10° of retinal eccentricity and works mainly for a displacement system (Mckay, 1976). Peripheral vision is in outer regions of 10° of retinal eccentricity where the density of cones is dramatically reduced, and the regions are denser with rods. Thus, visual acuity for positional information can be directly manipulated by utilizing the two distinctive central and peripheral vision systems.

Recently, studies examining the utilization of peripheral vision information have reported that spatial and directional accuracy increase with increased peripheral vision (Bedard and Proteau, 2003, 2004). However, these studies did not investigate the influence of the degree of visual acuity in terms of a visuomotor transformation task, but instead examined how the peripheral vision information of external environments was utilized in aimed movements. The purpose of the present study was to examine gaze effects on spatial and kinematic characteristics during a pointing task. Based on central and peripheral vision systems, aimed targets were created in four targets placed on 8.5° visual eccentricity and four targets placed on 20° visual eccentricity (Figure 1B). That is, the aimed targets placed on 8.5° eccentricity of participants' eyes were placed for a central vision condition regardless of eye movement requirement, and the placed targets on 20° eccentricity were the conditions to examine the peripheral vision when eyes were fixed on a target. Additionally, four experimental conditions were produced based on requirements of eye fixation during gazing at and pointing to an aimed target.

Methods

Subjects

Five subjects (23~32 yrs) served as participants in the current study. One participant was aware of the foundations comprising this study while the others were unaware of any details regarding the study. All participants were self-labeled right-handers with normal vision.

Tasks and apparatus

Participants sat on an adjustable chair and were asked to face a wall equipped with a screen displaying target points (Figure 1A). Participants were asked to rest their chin on a rest located central to the board and approximately 40 cm away (Figure 1A). Participants were asked to wear an ASL® headmounted 501 eye tracking system¹⁾, along with a video based pupil tracker (Figure 1A). In this study, however, eye movements were not recorded, but only monitored to determine if participants utilized their eyes for the task requirements. In the initial position, the wrist and index finger of a dominant arm were extended and placed on the table. Wrist orthosis²⁾ was adapted on each participant's wrist for full extension during experimental phases.

Markers were attached on the top of index finger, the index metacarpal joint, and wrist joint. A Vicon® system³⁾ was used to record positions of the markers. In this study, only positional data of index finger was used to analyze dependent variables. The markers were sampled at a rate of 120 Hz and stored on disk during the experiment for later offline analysis. The three-dimensional xyz data were low-pass-filtered using a 2nd order dual pass Butterworth filter with a cut-off frequency of 10 Hz. Targets were displayed on the board, which was mounted vertically on the table (Figure 1A and 1B). The targets (2 mm in diameter) were generated with

1) Applied Science Group, INC, Bedford, MA.

2) Smith & Nephew, Memphis, TN.

3) Vicon, Los Angeles, CA.

a Visual Basic program⁴⁾ and projected on the board from directly behind each participant. There were 2 types of targets which constituted a home and aimed target (Figure 1B). The home target (red-colored) was located at the center of the board which was approximately the same level of each participants' eyes. The four aimed targets were positioned 6 cm apart from the home target at 45°, 135°, 225°, and 315°. These target positions make 8.5° retinal eccentricity of participants' eyes located 40 cm away from the board. The four aimed targets were also positioned 14.5 cm apart from the home target producing 20° retinal eccentricity at 45°, 135°, 225°, and 315° (Figure 1B). Each of these eight aimed targets was displayed at random occasions on the board.

At the beginning of each trial, a "Ready" message box was shown on the center of the board so that participants were alerted to point. The home target was shown on the center of the board for two seconds just as the "Ready" message box was removed. Participants were asked to keep their gaze on the home target for two seconds. After this duration, one of aimed targets appeared on the board, and lasted for one second, yet the home target remained visible during the trial.

The task required participants to point at each of the eight random targets shown on the board. The four conditions were developed as combinations of "seeing" and "aiming" in terms of the eye movements; 1) Focal-Focal (F-F): participants were free to move their eyes to see the target and also free to move their eyes when they pointed the target, 2) Focal-Fixing (F-X): participants were free to move their eyes to see the aimed targets, but were asked to fix their eyes on the home target when pointing, 3) Fixing-Focal (X-F): participants were asked to fix their eyes on the home target during presentation of an aimed target on the board, but were required to move their eyes to the location an aimed target appeared in order to point to that target, and 4) Fixing-Fixing (X-X): participants were asked to

constantly fix their eyes on the home target during a trial. For F-F and F-X condition, participants were asked to move their eyes back to the home target after looking towards the aimed target with focal vision. As soon as the aimed target was removed, participants were asked to point at an aimed target accurately using their index finger tip at a comfortable speed. After pointing to an aimed target, participants were asked to move their index finger back to the home position which was located on the middle of the table, approximately 13 cm away from the board.

Data Analysis

Dependent variables include normalized movement time (NMT), absolute error (AE), constant error (CE), peak velocity (Vpk), and percentage of time spent in the deceleration phase. Movement time (MT) was a time taken between movement initiation and cessation at the aimed target. NMT was calculated as movement time normalized by movement distance, which was computed as follows: $NMT = MT / \sqrt{(xe-xs)^2 + (ye-ys)^2 + (ze-zs)^2}$ (the subscripts e and s represent ending and starting points, respectively). CE was computed as the horizontal (x) and vertical (z) distance between the target's initial location and the final position of the index finger used for pointing. In this study, negative values referred to positions located on the left side (x axis) or below (z axis) the actual target position. CE was used to define whether pointing movements showed a bias. AE measured absolute spatial error of the final pointing position regardless of the overshoot or the undershoot of aimed targeting on x and z axes. In order to compute percentage of acceleration and deceleration phase, velocity was computed. Time between initiations of movement and Vpk represents an acceleration phase and the time between Vpk and the final position represents a deceleration phase. The percentage of deceleration phase was computed as follows: $(\text{time for deceleration phase} / MT) \times 100$. The percentage of deceleration phase could characterize the

4) Microsoft, Seattle, WA, U.S.A.

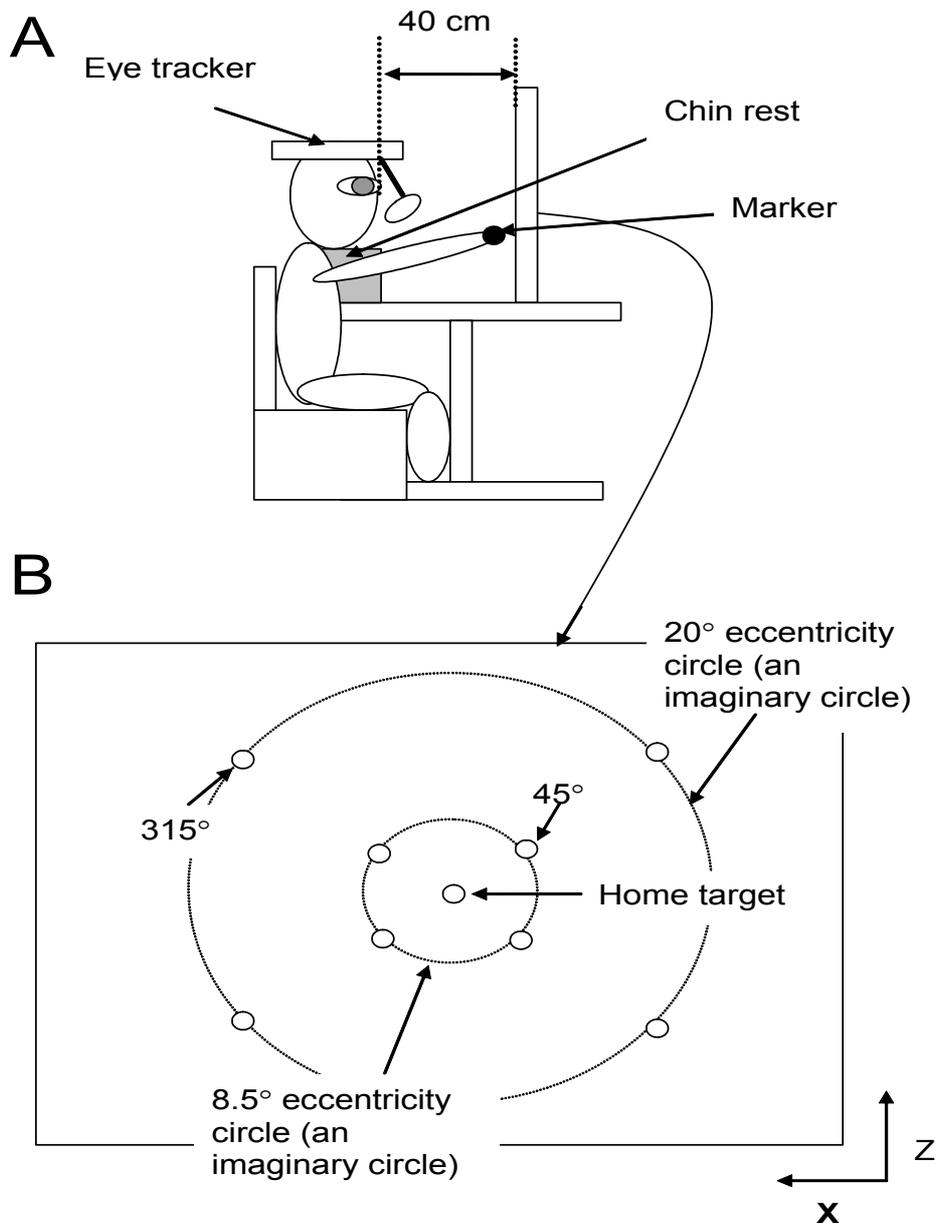


Figure 1. (A) Side view of the pointing experimental setup and (B) a schematic view of targets presenting on a targeting board. X is medial-lateral direction, and Z is superior-inferior direction.

adjustment characteristics of pointing to acquire spatial accuracy. In addition, V_{pk} was also measured.

For the purpose of statistics, four 8.5 targets were grouped as central retina targets (CV) and four 20 targets were grouped as peripheral retina targets (PV). All dependant variables were analyzed in 2

Retina Vision Condition (CV, PV) and 4 Condition (F-F, F-X, X-F, X-X) General Linear Model (GLM) procedure. The Duncan's multi-range test was used for post-hoc tests. Statistical significance was set using a p value less than .05.

Results

Absolute Error (AE)

PV had significantly larger AE compared to CV on the x and z axes, $F_s(1, 439)=13.81$, $p_s<.01$ (Figure 2A). A significant main effect of condition was found on the x axis, $F(3, 439)=2.71$, $p<.05$, and its post-hoc test revealed that X-X had the largest AE and F-F had the smallest error (Figure 2B).

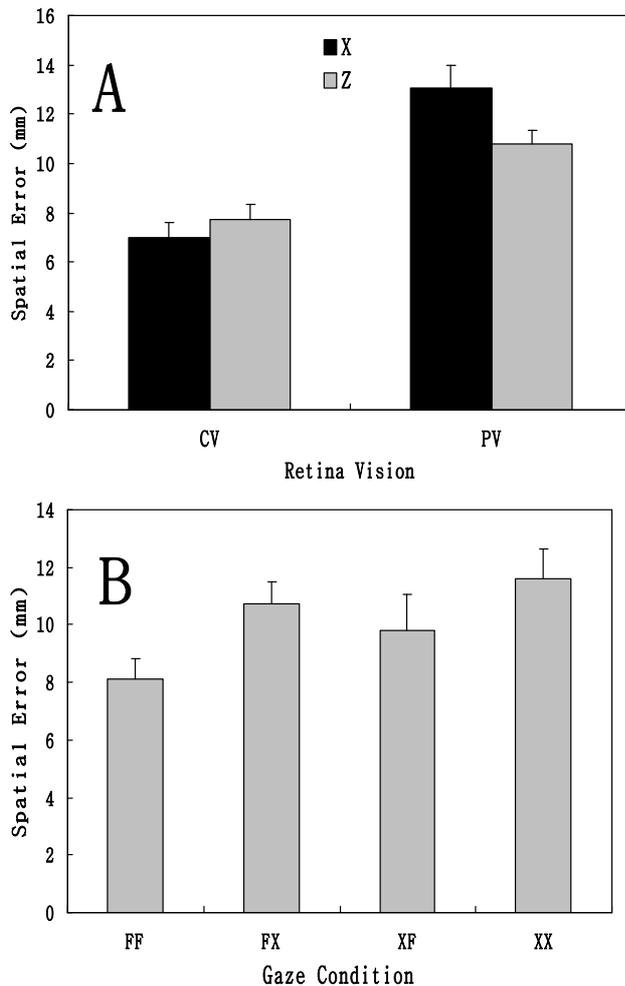


Figure 2. (A) Absolute error as a function of retina vision condition in x- and z-axis. CV: central retina targets, PV: peripheral retina targets. (B) Absolute error as a function of gaze condition. The error bars represent the standard error of the group mean. FF: focal-focal, FX: focal-fixing, XF: fixing-focal, XX: fixing-fixing.

Constant Error (CE)

Pointing was characterized by a significant under-shoot to PV targets on the x axis, $F(1, 439)=9.57$, $p<.01$. (CV=.1 mm, PV=-4 mm).

Normalized Movement Time (NMT)

A significant main effect of condition was found, $F(3, 439)=8.21$, $p<.01$, revealing that F-F and X-F took longer compared to F-X and X-X (Figure 3A).

Peak Velocity (Vpk)

A significant main effect of condition was found $F(3, 439)=5.64$, $p<.01$, revealing that F-F and X-F had larger peak velocities compared to F-X and X-X (Figure 3B).

Percentage of Deceleration Phase (%dec)

A significant main effect of condition was found $F(3, 439)=5.51$, $p<.01$, revealing that F-F and X-F were characterized by more time spent in the deceleration phase compared to F-X and X-X (Figure 3C).

Discussion

In the present study, utilizing focal vision for both "gazing" and "targeting" had better accuracy than fixing eyes on a home target. This was generally expected since the human visual system adapts two separated mechanisms - "displacement" and "movingness" system - in terms of perceiving of external environments. While central retinal vision is used for "displacement" in which the retinal sensitivity to spatial frequencies is highest, peripheral retinal vision is for "movingness" in which the retinal sensitivity is sensitive to temporal frequencies (Pillard, 1996). Spatial sensitivity depends on the density of cones in the retinal field. That is, a larger density of cones is found during a centered gaze, approximately up to 10~15 of eccentricity in the central retinal field (Pillard, 1996). This is why we instinctively utilize our center of gaze to the location we are looking. An important feature about spatial accuracy is the fact

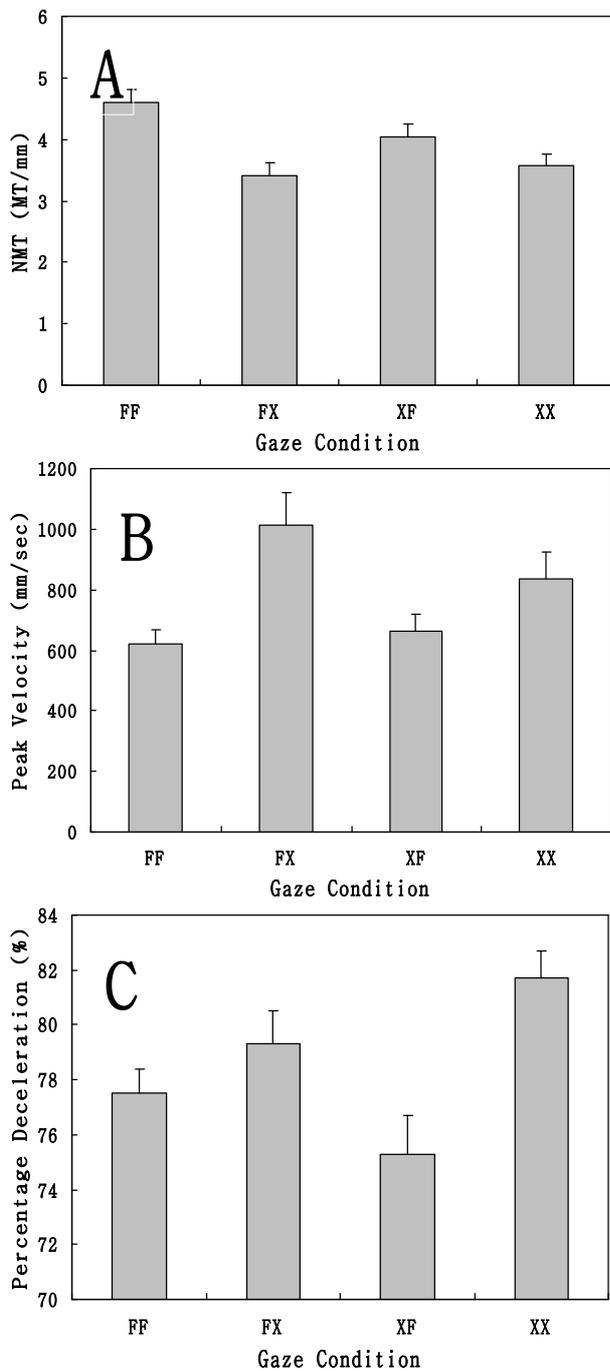


Figure 3. (A) NMT: Normalized movement time, (B) peak velocity, and (C) percentage of deceleration as a function of gaze condition. The error bars represent the standard error of the group mean. FF: focal-focal, FX: focal-fixing, XF: fixing-focal, XX: fixing-fixing.

that the F-X condition had a larger spatial error than F-F and that X-X had a larger spatial error than X-F. These results suggest that motor transformation from spatial memory (information) requires focal retinal vision to improve spatial accuracy. These results are consistent with other studies showing that pointing accuracy decreases without visual feedback of the environment or limb (Adamovich et al, 1998; Admiraal et al, 2003). Soeching and Flanders (1989) also suggested that errors in pointing result from errors in the transformation from an extrinsic to an intrinsic coordination. These findings in the present study imply an importance of utilizing central gaze on a target in motor executions.

An interesting finding in the current study is that motor executions with central gaze (F-F and X-F) took longer compared to pointing with eyes fixed on the home target (F-X and X-X). This result could suggest that the central gaze on a remembered target utilizes closed-loop visual feedback to search the target location, thus increasing spatial accuracy. This idea is also supported by the peak velocity data in which the F-X and X-X conditions consisting of pointing with eyes fixed on the home target had higher peak velocities compared to the other conditions consisting of pointing with central gaze. In other words, the conditions utilizing pointing with eyes fixed on the home target used positional information of remembered targets relatively in a form appearing to be off-line. Series of studies conducted by Bedard and Proteau (2001, 2003, 2004) showed that environmental information stored in peripheral vision is used off-line in which the central nervous system pre-plans an aimed movement. The differences in visual feedback utilization result from the fact that the central and peripheral vision systems have a distinctive role in an aiming movement. That is, while central vision within the central retinal field mainly serves to provide error-detection of positional cues with a slow corrective feedback loop, peripheral vision provides the detection of motion cues with a quick correction of movement trajectories (Paillard, 1996).

Contrary to NMT and Vpk data, however, F-X and X-X spent longer times in the deceleration phase. Many aiming movement studies have suggested that deceleration phase is thought to be characteristic of more feedback and corrective processes while approaching a target when visual information (feedback) is needed for accuracy (Khan and Franks, 2003). How can we explain this paradoxical fact that F-X and X-X had shorter movement times yet spent longer time in the deceleration phase? We suggest that two distinctive feedback processes are used during pointing with non-focal visual information. That is, the central nervous system (CNS) uses open-loop feedback during an acceleration phase, while the CNS uses closed-loop feedback to a target during a deceleration phase. However, the difference between focal vision pointing and non-focal vision pointing might be due to sources of the closed-loop feedback during the deceleration phase. Visual feedback could be mostly utilized during pointing with focal vision, whereas proprioceptive information (i.e., contacting sense, proprioception of joints) and visual feedback might contribute together during pointing with non-focal vision. This idea might be evident during time spent gazing away from a target compared to time spent gazing at the target.

The present study demonstrates that motor transformation from spatial information requires focal retinal vision to improve spatial accuracy. Central vision utilizes a form of on-line visual processing to reach to an object, and thus increases spatial accuracy. However, peripheral vision utilizes a relatively off-line visual processing with a dependency on proprioceptive information.

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