

Adjuvant Glucocorticoids Therapy in Canine Mast Cell Tumor

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Abstract: A 12-year-old, 8.0 kg, spayed female, mixed-breed dog was presented to the Veterinary Medical Teaching Hospital of Chungnam National University (VMTH, CNU). That case has been growing up mass in her left upper hindlimb about for 2 years and has showed vomiting and anorexia for 3 days. The patient was diagnosed with mast cell tumor on the basis of fine-needle aspiration (FNA) cytology techniques. According to World Health Organization clinical staging system for diagnosing mast cell tumors, it was classified into stage IIIa. The patient was treated by adjuvant corticosteroid therapy, but complete surgical excision was not achieved by owner's request. In the early stage of therapy, the size of the mass was gradually reduced with only adjuvant glucocorticoid therapy, so the patient's general condition was maintained well. But after 53 days later, the treatment was not effective anymore and mass size was increased. Two months later, she was euthanized because of intermittent vomiting and severe respiratory distress. Splenic mass, duodenal ulceration, liver mass and infiltrated mast cell tumor in upper hindlimb muscle region were found in necropsy examination.

Key words : mast cell tumor, corticosteroid therapy, dog.

Introduction

Mast cell tumors are the most common skin tumors in dogs^{3,6-8,12,13}. It has cytoplasmic granules containing several vasoactive substances like histamine, and heparin, which often cause various clinical symptoms such as gastric ulceration and bleeding tendency in the tumor patients¹⁵.

Histopathologic classification and World Health Organization (WHO) clinical staging systems are usually good predictors of lifespan⁴. The best quality of management of local tumor of any grade requires 3 cm surgical margin of surrounding normal tissue with histopathological confirmation of complete excision^{1,14}. However, when tumors are not completely excised 3 cm apart from tumor margins, adjunctive chemotherapy with corticosteroids, vincristine, vinblastine, and/or cyclophosphamide and/or radiotherapy is usually applied^{2,14}.

Corticosteroids usage such as prednisolone and methyl-prednisolone have been reported for many years because of its effectiveness of reducing local mass size. Glucocorticoid receptors have been identified in the cytosol of canine mast cell tumor (MCT) cells and a recent study demonstrated that corticosteroids inhibits canine mast cell tumor proliferation and probable induces tumor cell apoptosis¹⁴.

This report describes a case of canine mast cell tumor which was medicated with adjuvant corticosteroid therapy.

Case Report

A 12-year-old, 8.0 kg, spayed female, mixed-breed dog

was presented to the Veterinary Medical Teaching Hospital of Chungnam National University (VMTH, CNU). That case has been growing up mass in her left upper hindlimb lesion about for 2 years (Fig 1). When she initially presented to local animal hospital, she had clinical signs such as weakness, intermittent vomiting, growing up mass about for 2 years.

On physical examination, the patient had masses in proximal hindlimb, abdominal and forelimb. And moderate cataract and enlargement of inguinal lymph node were also revealed. Diagnostic evaluation included a complete blood count (CBC), serum biochemistry test, survey radiograph and abdominal ultrasound were performed.

Results of the CBC revealed a severe anemia (PCV 20.6%, reference range 37 to 55%) and lymphocytosis (21.78×10^3 cells/ μ l, reference range 3.0 to 11.8×10^3 cells/ μ l). The serum



Fig. 1. The figure shows large mass in proximal hindlimb region.

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biochemistry profile revealed increase of blood urine nitrogen (50.9 mg/dl, reference range 7 to 20 mg/dl) and moderately elevated glucose (205.2 mg/dl, reference range 60 to 115 mg/dl). There were no other abnormal findings except above problem.

In thoracic radiographs, there were no evidence of metastatic disease. In abdominal radiographs, there were approximately 0.5 cm shotgun bullet in her caudal thigh muscle. Abdominal ultrasound revealed a slightly enlarged spleen and hyperechoic solitary mass in the abdomen.

The dog was diagnosed with mast cell tumor on the basis of fine-needle aspiration (FNA) cytology techniques. Fine-needle aspirates were performed in the proximal forelimb mass with 22-gauge, 3cc syringe needle. According to World Health Organization clinical staging system for mast cell tumors, it was classified into stage IIIa (multiple dermal tumors; large infiltrating tumors with or without regional lymph node involvement, without systemic signs) (Fig 2). When the mass size was measured by a caliper, the biggest mass size was 8.8 by 7.7 cm in length and width.

Due to the history of mast cell tumor, the dog was maintained on intravenous fluid therapy (Lactated Ringer's solution, maintenance 40 ml/kg/day), cimetidine 10mg/kg IV, methylprednisolone 30 mg/kg IV, ampicillin 20 mg/kg IV and sucralfate 1000 mg (after 2 hours meal). All of these drugs were given three times a day.

And corticosteroid injection to intra-tumor was followed for the decrease of local mass size. The dog was still depressed but she had a little appetite. After 2 days later, mass size got smaller (8.0 × 6.0 cm). After 3 days hospitalization, the dog was discharged.

The therapeutic options of mast cell tumors are surgery and chemotherapy or radiation therapy. These protocols were suggested to the owners, but declined. The dog was medicated with prednisolone 20 mg/m² sid PO, cimetidine 10 mg/kg, amoxicillin 30 mg/kg and sucralfate 1 g (after 2 hours meal) tid PO for 2 weeks. Prednisolone dose was reduced in 10 mg/

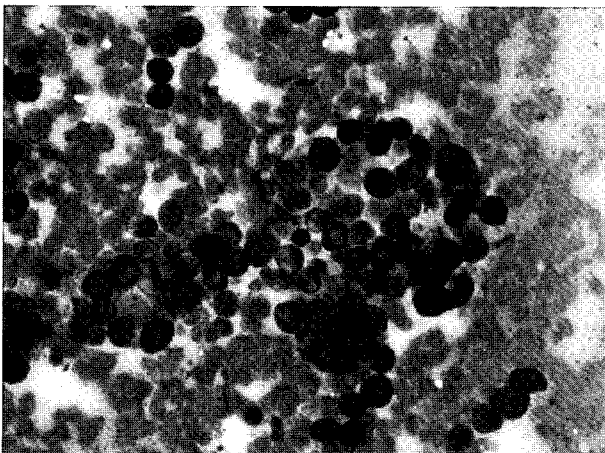


Fig. 2. The figure shows fine needle aspiration (FNA) of a skin nodule reveals poorly differentiated mast cells with metachromatic granules.

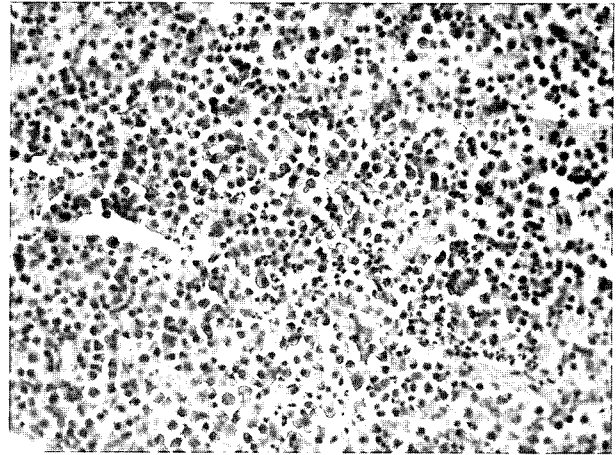


Fig. 3. The figure shows histologically aggregates of poorly-differentiated mast cells in the skin.

m² sid PO for 7 days, and maintained with 10 mg/m² PO every other day.

She maintained a good appetite and good condition for 2 months. The dog was re-hospitalized because of emergency condition after 2 months. The biggest mass size was 9.7 × 9.0 cm, and it was very firmly palpated and massively enlarged from the hip to the stifle. And the dog's general conditions got worsen day by day. She was vomited frequently, reluctant to eat, bleed around the tumor and pulmonary distress. The owners chose euthanasia and granted postmortem examination.

At gross necropsy, there was a ovoid, big splenic nodule was identified in the spleen, duodenal ulceration, liver mass and infiltrated mast cell tumor in proximal hind limb muscle region. On histopathology of the skin, the mast cell tumor among dermal collagen fibers generally forms thin cords, showing focal areas of necrosis and aggregates of poorly-differentiated mast cells (Fig 3). Within the spleen, the anaplastic, metastatic and poorly granulated mast cells observed.

Discussion

Well-differentiated or intermediately-differentiated canine cutaneous mast cell tumor often responds to glucocorticoid therapy¹⁵. Glucocorticoids may also contribute to apparent anti-tumor response by decreasing peritumoral edema and inflammation. It seems to have equal or inhibitory effects on the tumor growth than antineoplastic agents such as cyclophosphamide and vincristine⁴. However, it is thought that poorly differentiated mast cell tumor cells may lose glucocorticoid receptors and therefore may be resistant to glucocorticoid therapy⁹. And intestinal mast cell tumors rarely respond to various treatments including surgery and chemotherapy¹⁰.

In this case, the options of left hindlimb amputation and chemotherapy or radiation therapy were presented to owners, but they denied. They thought that surgery or chemotherapy increased the dog's pain, so they chose on adjuvant corticoids.

teroid therapy. Statistically, dogs with grade III and poorly differentiated mast cell tumors typically die of disease within 6 months due to local recurrence or distant metastases⁵. Grade III mast cell tumors are anaplastic and infiltrative, with aggressive local and systemic behavior. Local therapies, such as surgery or radiation therapy alone, are not adequate for dogs with grade III tumors¹¹.

If the owners had started the initial therapy of mast cell tumors when marked in a grade I or II and histologically well-differentiated, a better prognosis for cutaneous mast cell tumor recovery may be demonstrated a good outcome after surgical amputation of the hindlimb.

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Canine Mast Cell Tumor에서 Adjuvant Glucocorticoids 치료

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요 약: 구토와 식욕부진을 3일전부터 나타내고, 2년전부터 좌측 후지 상부에 종괴를 갖고 있는 12년령, 8.0 kg, 난소 제거 잡종 암캐 1두가 충남대학교 부속동물병원에 내원하였다. 환자는 fine-needle aspiration (FNA) 세포진단학 검사에 의하여 mast cell tumor로 진단하였다. Mast cell tumor 진단을 위한 WHO clinical staging system에 의하여 stage IIIa로 분류하였다. 환자는 adjuvant corticosteroid 요법에 의하여 투약되었으며, 축주의 요구에 의하여 완전 외과 절제는 실시하지 아니 하였다. 초기에 adjuvant corticosteroid 단독 요법에 의하여 종괴의 크기가 점차 감소하였으며, 환자의 전신상태는 호전되었다. 그러나 그 후에는 더 이상 glucocorticoid에 반응을 하지 아니 하였으며, 종괴의 크기가 증가하였고, 2개월 후에 간헐적 구토와 심한 호흡곤란 때문에 안락사 하였다. 비장 종괴, 십이지장 궤양, 간 종괴와 후지 상부 근육부위에 침윤된 mast cell tumor가 부검 시에 발견되었다. Mast cell tumor는 grade I 또는 II에서 그리고 조직학적으로 well-differentiated된 상태에서 외과적 완전절제, 방사선요법, adjuvant corticosteroid 요법, 화학요법을 병용 하여야 양호한 예후를 나타낼 것으로 기대된다.

주요어 : mast cell tumor, corticosteroid 요법, 개.