

## Inhibitory Effects of Herbal Medicines on the Platelet-Activating Factor (PAF) Receptor Binding

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**Abstract** – Methanolic extracts of ninety-five medicinal plants were screened for platelet-activating factor (PAF) receptor binding inhibitory activity using rabbit platelet. *Alpinia officinarum*, *Belamcanda chinensis*, *Leonurus heterophyllus*, *Pinus densiflora*, *Polygonatum sibiricum* and *Sambucus williamsii* showed significant inhibitory effects on the platelet-activating factor (PAF) receptor binding.

**Keywords** – Platelet-Activating Factor (PAF) receptor binding inhibitory effects, Herbal medicines

### Introduction

Platelet-activating factor (PAF) is a potent glycerophospholipid mediator (Maller *et al.*, 1985) of inflammation and allergy that plays a wide range of physiological and pathological roles (Braquet *et al.*, 1987; Hanahan *et al.*, 1987). It is involved in a variety of clinical conditions such as bronchial asthma, endotoxin shock, pulmonary dysfunction, pancreatitis (Curtis, 1996), allergy, cardiac anaphylaxis (Vargaftig *et al.*, 1987), thrombosis (Kloprogge *et al.*, 1983), gastrointestinal ulceration, transplanted organ rejection, ovariectomy in pregnancy and corneal diseases (Hsueh *et al.*, 1986; Ito *et al.*, 1984). PAF is generated in inflammatory cells such as eosinophils, neutrophils, alveolar macrophage, and platelets by immune stimuli. PAF binds to PAF receptors and triggers in a series of biological responses including platelet activation, bronchoconstriction, ulcerogenesis and hypotension (Koltai *et al.*, 1991; Snyder, F., 1985).

As part of continuous screening studies to identify the novel PAF antagonist (Han *et al.*, 1995; Jantan *et al.*, 1996; Fan *et al.*, 2001), PAF receptor binding inhibitory effects of ninety-five medicinal plants were evaluated by PAF receptor binding assay using rabbit platelet.

### Experimental

**General** – Platelet counter (Chronolog Co., Model PLT-4), Liquid scintillation counter (Hewlett Packard Co.),

Cell harvester (Skatron Co.) and Centrifuge (RT 6000, Sorvall Co.) were used.

**Plant material and extraction** – The plant materials were purchased from herbal drug store at Seoul, Korea. The air-dried materials were extracted with methanol 3 times. The methanol extracts were concentrated under reduced pressure to give viscous mass. The methanol extract of *Ginkgo biloba* was used as positive control.

**Reagents** – Tris-tyrode buffer (0.01 M, pH 7.3) was used for washing of platelets and binding studies. Acid citrate dextrose (ACD) solution (2.5% trisodium citrate, 1.37% citric acid, 2.0% glucose in water) was used as an anticoagulant. Bovine serum albumin (BSA) was purchased from Boehringer Mannheim Co. (Germany). Radiolabelled PAF (1- $O$ - $^3H$  octadecyl-2-acetyl-*sn*-glycero-3-phosphocholine, 142 Ci/mmol, Amersham, UK) was dissolved in tris-tyrode buffer containing 0.25% BSA.

**Preparation of samples for PAF receptor binding assay** – Samples were dissolved in dimethyl sulfoxide (DMSO) and diluted with saline (final concentration of DMSO, 0.2%). 0.2% DMSO solution in saline was used as control. Preliminary test confirmed that 0.2% DMSO does not interfere with the receptor binding studies.

**PAF receptor binding assay** – PAF receptor binding assay was carried out according to the method of Valone (Valone *et al.*, 1982) with some modification. In brief, six volumes of blood were collected from the heart directly into 1 volume of ACD solution. The blood was centrifuged at 270 g for 10 min and the top platelet-rich plasma (PRP) was removed carefully. PRP was recentrifuged at 750 g for 10 min, and the obtained platelets were then washed

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**Table 1.** Inhibitory effects of the methanol extract of herbal medicines on the PAF receptor binding

Species	Family	Part used	% Inhibition <sup>a), b)</sup>
<i>Achyranthes bidentata</i>	Amaranthaceae	Leaf, Stem	–
<i>Adenophora verticillata</i>	Campanulaceae	Leaf, Stem	45
<i>Agastache rugosa</i>	Labiatae	Leaf	12
<i>Aloe ferox</i>	Asphodelaceae	Leaf, Stem	32
<i>Alpinia officinarum</i>	Zingiberaceae	Root	64
<i>Alpinia oxyphylla</i>	Zingiberaceae	Fruit	32
<i>Amomum xanthioides</i>	Zingiberaceae	Fruit	15
<i>Anemarrhena asphodeloides</i>	Liliaceae	Root bark	17
<i>Angelica gigas</i>	Umbelliferae	Root	–
<i>Anthoxylum nitidum</i>	Rutaceae	Root	47
<i>Aquilaria agallocha</i>	Thymelaeaceae	Stem	–
<i>Ardisia japonica</i>	Myrsinaceae	Leaf, Stem	39
<i>Arca inflata</i>	Arcidae	Shell	30
<i>Areca catechu</i>	Palmae	Seed	25
<i>Arecae pericarpium</i>	Palmae	Fruit	15
<i>Aristolochia contorta</i>	Aristolochiaceae	Stem, Leaf	20
<i>Artemisia anomala</i>	Compositae	Whole plant	–
<i>Astragalus membranaceus</i>	Leguminosae	Root	–
<i>Atractylodes japonica</i>	Compositae	Rhizome	–
<i>Belamcanda chinensis</i>	Iridaceae	Stem, Leaf	50
<i>Boschniakia rossica</i>	Orobanchaceae	Whole plant	18
<i>Chrysanthemi zawadskii</i>	Compositae	Leaf	40
<i>Cinnamomum cassia</i>	Lauraceae	Stem	20
<i>Cinnamomum loureirii</i>	Lauraceae	Stem bark	–
<i>Citrus tangerine</i>	Rutaceae	Fructus bark	25
<i>Cornus officinalis</i>	Cornaceae	Leaf	–
<i>Crysanthemum morifolium</i>	Compositae	Stem, Leaf	10
<i>Cuscuta chinensis</i>	Convolvulaceae	Seed	–
<i>Cyperus rotundus</i>	Cyperaceae	Leaf	18
<i>Cynanchum stauntoni</i>	Asclepiadaceae	Stem, Leaf	14
<i>Dalbergia odorifera</i>	Leguminosae	Root	44
<i>Datura metel</i>	Solanaceae	Stem, Leaf	46
<i>Dianthus chinensis</i>	Caryophyllaceae	Flower	–
<i>Dictamnus albus</i>	Rutaceae	Stem	45
<i>Dimocarpus longan</i>	Sapindaceae	Fruit	29
<i>Dryobalanops aromatica</i>	Dipterocarpaceae	Fruit	17
<i>Dryopteris crassirhizoma</i>	Polypodiaceae	Root	–
<i>Drynaria fortunei</i>	Polypodiaceae	Rhizome	31
<i>Eclipta prostrata</i>	Compositae	Whole plant	45
<i>Elsholtzia splendens</i>	Labiatae	Leaf	40
<i>Erycibe obtusifolia</i>	Rosaceae	Leaf	–
<i>Eucrium veronicoides</i>	Labiatae	Leaf	–
<i>Eugenia caryophyllata</i>	Myrtaceae	Flower	31

Table 1. continued

Species	Family	Part used	% Inhibition <sup>a), b)</sup>
<i>Euphobia lathyris</i>	Euphorbiaceae	Leaf	27
<i>Foeniculum vulgare</i>	Umbelliferae	Leaf, Stem	16
<i>Forsythia suspensa</i>	Oleaceae	Seed	–
<i>Forsythia viridissima</i>	Oleaceae	Stem, Leaf	–
<i>Fritillaria thunbergii</i>	Liliaceae	Stem	–
<i>Gentiana macrophylla</i>	Gentianaceae	Root	34
<i>Ginkgo biloba</i>	Ginkgoaceae	Leaf	80
<i>Glycine max</i>	Fabaceae	Seed	19
<i>Glycyrrhiza glabra</i>	Leguminosae	Root	24
<i>Houttuynia cordata</i>	Saururaceae	Root	21
<i>Impatiens balsamina</i>	Balsaminaceae	Seed	48
<i>Impatiens balsamina</i>	Balsaminaceae	Stem, Leaf	46
<i>Juncus effuses</i>	Juncaceae	Stem, Leaf	14
<i>Leonurus heterophyllus</i>	Labiatae	Leaf	51
<i>Lepidium apetalum</i>	Cruciferae	Seed	31
<i>Lilium brownii</i>	Liliaceae	Leaf	24
<i>Ligustrum lucidum</i>	Oleaceae	Root	21
<i>Lindera strychnifolia</i>	Lauraceae	Root	41
<i>Lycium chinense</i>	Solanaceae	Root bark	32
<i>Magnolia obovata</i>	Magnoliaceae	Stem, Leaf	–
<i>Magnolia officinalis</i>	Magnoliaceae	Stem bark	–
<i>Malva verticillata</i>	Malvaceae	Seed	16
<i>Momordica cochinchinensis</i>	Cucurbitaceae	Fruit	40
<i>Morus alba</i>	Moraceae	Leaf	–
<i>Omphalia lapidescens</i>	Ployporaceae	Sclerotium	48
<i>Osmunda japonica</i>	Osmundaceae	Leaf	–
<i>Paeonia lactiflora</i>	Paeoniaceae	Stem, Leaf	16
<i>Paris petiolata</i>	Liliaceae	Root	–
<i>Patrinia villosa</i>	Valerianaceae	Whole plant	–
<i>Phytolacca acinosa</i>	Phytolaccaceae	Root	–
<i>Picrorrhiza kurroa</i>	Scrophulariaceae	Rhizome	10
<i>Pinus densiflora</i>	Pinaceae	Leaf	60
<i>Pogostemon cablin</i>	Libiatae	Leaf	–
<i>Polygonatum sibiricum</i>	Liliaceae	Root	51
<i>Polygonum cuspidatum</i>	Polygonaceae	Root	42
<i>Poncirus trifoliata</i>	Rutaceae	Fruit	40
<i>Poria cocos</i>	Polyporaceae	Sclerotium	19
<i>Prunus armeniaca</i>	Rosaceae	Seed	30
<i>Rehmannia glutinosa</i>	Scrophulariaceae	Rhizome	11
<i>Rosa rugosa</i>	Rosaceae	Seed	20
<i>Sagittaria sagittifolia</i>	Alismataceae	Leaf	23
<i>Sambucus williamsii</i>	Caprifoliaceae	Stem	56
<i>Santalum album</i>	Santalaceae	Stem	–
<i>Sesamum indicum</i>	Pedaliaceae	Seed	10
<i>Spirodela polyrrhiza</i>	Lemnaceae	Leaf	30
<i>Stephania tetrandra</i>	Menispermaceae	Root	18

Table 1. continued

Species	Family	Part used	% Inhibition <sup>a), b)</sup>
<i>Taraxacum mongolicum</i>	Compositae	Whole plant	21
<i>Tricosanthes kirilowii</i>	Cucurbitaceae	Seed	15
<i>Vitex rotundifolia</i>	Verbenaceae	Fruit	10
<i>Vladimiria souliei</i>	Cucurbitaceae	Root	12
<i>Xanthium stramonium</i>	Compositae	Fruit	–
<i>Zizyphus jujuba</i>	Rhamnaceae	Fruit	–

a) Concentration: 2 mg/10 ml

b) -: less than 10%

three times by centrifugation (900 g, 10 min.) in tris-tyrode buffer. The final platelet concentration was adjusted to  $3 \times 10^8$  platelets/ml in tris-tyrode buffer containing 0.25% BSA by means of a platelet counter.

The reaction mixture consisted of 200  $\mu$ l of washed rabbit platelet suspension, 25  $\mu$ l of  $^3\text{H}$ -PAF (0.6 nM, 60,000 dpm) with or without unlabeled PAF (500 fold of hot form), and 25  $\mu$ l of sample or control solution. The reaction mixture was incubated at room temperature for 1 hr. The free and bound ligands were separated by filtration technique using Whatman GF/C glass fiber filters. The radioactivity was measured by scintillation counter. The difference between total radioactivities of bound  $^3\text{H}$ -PAF in the absence and the presence of excess unlabeled PAF is defined as specific binding of the radiolabeled ligand. Percentage inhibition of the sample was obtained by the following equation:

$$\% \text{ Inhibition} = \frac{Sc - Ss}{Sc} \times 100 = \frac{(Tc - Nc) - (Ts - Ns)}{Tc - Nc} \times 100$$

Sc = Specific binding of control

Ss = Specific binding of sample

Tc = Total binding of control

Ts = Total binding of sample

Nc = Nonspecific binding of control

Ns = Nonspecific binding of sample

## Results and Discussion

In order to evaluate the inhibitory potential of herbal medicines on the platelet activating factor (PAF) receptor binding to rabbit platelet, ninety-five medicinal plants were investigated. Inhibitory effects of MeOH extracts were summarized in Table 1. The MeOH extracts of six plants, *Alpinia officinarum*, *Belamcanda chinensis*, *Leonurus heterophyllus*, *Pinus densiflora*, *Polygonatum sibiricum* and *Sambucus williamsii* showed significant inhibitory effects of more than 50% at a concentration of 200  $\mu$ g/ml. Two most active plants, *Alpinia officinarum*

Table 2. Inhibitory effects of the hexane, chloroform, and methanol fractions of *Alpinia officinarum* and *Pinus densiflora* on the PAF receptor binding

Species	Part used	% Inhibition <sup>a), b)</sup>		
		Hexane	CHCl <sub>3</sub>	MeOH
<i>Alpinia officinarum</i>	Root	65	20	–
<i>Pinus densiflora</i>	Leaf	50	31	–

a) Concentration: 2 mg/10 ml

b) -: less than 10%

Table 3. Inhibitory effects of the hexane fractions of *Pinus densiflora* on the PAF receptor binding

Species	% Inhibition <sup>a), b)</sup>						
	F1	F2	F3	F4	F5	F6	F7
<i>Pinus densiflora</i>	–	–	31	45	57	62	36

a) Concentration: 2 mg/10 ml

b) -: less than 10%

and *Pinus densiflora*, were extracted with hexane, and then the residues were extracted with chloroform and methanol, successively. The inhibitory effect of PAF receptor binding of each fraction was evaluated. As shown in Table 2, the hexane fractions of *Alpinia officinarum* and *Pinus densiflora* showed more potent inhibitory activities than other fractions.

*Pinus densiflora* has been used traditionally to treat inflammation (Choi, 1991). The hexane fraction of *Pinus densiflora* was therefore subjected to silica gel column chromatography. Among seven fractions, the sixth fraction exhibited potent inhibitory effect (62% inhibition at a concentration of 200  $\mu$ g/ml) as shown in Table 3. The isolation and characterization of active compounds remained to be further investigated.

In conclusion, the preliminary screening study of herbal medicines shows that *Alpinia officinarum*, *Belamcanda chinensis*, *Leonurus heterophyllus*, *Pinus densiflora*, *Polygonatum sibiricum* and *Sambucus williamsii* are

potential sources of novel PAF antagonists.

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