



attachment system) , (at- . 가 15  
 SSP가 種 (proximity and contact - seeking behavior),  
 (security) (pro- (contact - maintaining behavior),  
 Bowlby (resistant behavior), (avoidant behavior)  
 4 7~1 가  
 (secure base) Ainsworth . SSP (attachment  
 가 type) 5 8  
 4 가  
 Ainsworth SSP (12~18 )  
 가 / (Avoidant) 2가  
 가 가 (A : A1, A2), (Secure) 4가 (B : B1,  
 B2, B3, B4), / (Resistant) 2가  
 8 (Table 1). (C : C1, C2) . Main Solomon<sup>2)</sup>  
 / (D) A, B, C  
 SSP 가 가 / , 가

Table 1. SSP 절차와 내용

1	30	가
2	3	가, 2
3	3	가 1 가 가 1
4	3	3
5	3	가 가 3
6	3	
7	3	가 4
8	3	가

가

11). ABC

3가 . D

1~9 가 가 SSP

D 가 Table 2 가 SSP 가

SSP 12, 18 SSP 가

60 82% SSP

<sup>3)</sup>, 18 20 B 70%, C 5~15%, A

72~77% <sup>4)</sup> 10~25% , A , C

5-7), 가 SSP

71%가 D 7 83%가 D <sup>8)</sup> 가

<sup>9)10)</sup> D <sup>13)</sup> 44

<sup>8)</sup>, D (dissocia- ( , ) 11%

tion disorder) 가 59%, C 27.2% . 1

**Table 2.** 비조직/비정향적 애착유형 분류 도식

1.	가 가	가 가?
a.		
b.		가?
2.	( )	
a.		
b.	3 D-like D	
3.	가	가가
( )		
( , D .)		
(disorganization)	(disorientation)	
( 가	12-18	)
1.		
(Sequential Display of Contradictory Behavior Patterns)		
2.		
(Simultaneous Display of Contradictory Behavior Patterns)		
3.	가 가	
(Undirected, Misdirected, Incomplete, and Interrupted Movements and Expressions)		
4.	가 ( ) ( )	
(Stereotypes, Asymmetrical Movements, Mistimed Movements, and Anomalous Postures)		
5.		
(Freezing, Stilling, and Slowed Movements and Expressions)		
6.	( )	
(Direct Indices of Apprehension regarding the parent)		
7.		
(Direct Indices of Disorganization or Disorientation)		

2. 애착 Q-Set(AQS ; Attachment Q-Sort)

Waters Dean<sup>14)</sup> 1~5  
Q-sort  
Ainsworth 가  
AQS

<sup>15)</sup>  
가 2~3 Q-Set 2~6

Q-Set  
가  
Q-Set  
Q-Set 90

Table 3

유아/아동기 애착평가

(SSP)  
가  
가

90  
9  
9 ,가  
1 90  
9  
가 .4 .75  
12~18 SSP  
Q-Set  
AAI  
<sup>15)</sup>가 가  
Q-Set  
<sup>20)</sup>  
(n=20)  
Q-Set  
(n=20)

1. Cassidy- Marvin의 애착유형체계

Marvin Marvin<sup>22)23)</sup> 18  
Ainsworth  
Cassidy & Marvin<sup>21)23)</sup>  
3~4  
<sup>16)</sup> AQS  
<sup>17)</sup>  
Q-Set  
<sup>18)</sup> Q-Set  
(B), (A), 가(C), /  
(D), / (IO) . 55  
ABC 66%가 3  
<sup>23)</sup>  
SSP D IO  
<sup>25)</sup> 2~3  
<sup>24)</sup>

가

**Table 3.** 애착문제아동을 의미있게 구분해주는 애착 Q-set 문항 예

46									
29								가	
38				가					
6	가			가	가				
74			가				가		
76								가	
71		가							
85									
65			가						
66									
58				가					
63				가	가				
1	가		가						
13				가	가				
56									
2	가								
43	가	가							
54	가				가				
75		가	가						
7									
19	가		가						
70	가								
25	가				가			가	
12									
83									

20 SSP Cas- ” SSP  
sidy - Marvin / (B), (A),  
, - 35%, - 가 30%, (C), / (A/C), (AD),  
/ 35%가 , / (U) . PAA A/C, AD Cassidy -  
65%, - 20%, Marvin IO  
- 가 10%, / 5%  
3. Main과 cassidy의 유치원연령 아동의 애착유형  
Main Cassidy<sup>3)</sup> 33  
2. PAA(Preschool Assessment of Attachment) SSP  
PAA Crit- 1 3~5  
tenden<sup>16)17)</sup> . 5가 가  
“ - (B), (A), 가(C), (D), (U)

4. 인형놀이(Doll play)를 통한 애착유형  
 Bretherton 3  
 가 가  
 5가 ( , )  
 가  
 B  
 A , C  
 D  
 George Solomon<sup>27)</sup>  
 가  
 B  
 , A  
 가 C  
 가 D

MacArthur Story Stem Battery (MS-SB)  
 Oppenheim<sup>28)</sup> MSSB  
 3  
 5. 가족그림검사를 통한 애착유형  
 Kaplan  
 Main<sup>29)</sup> 5~7 가  
 ( . ; )  
 , - , -  
 30)  
 2  
 Fury<sup>31)</sup> 8~9 가

Dr. Robert Emde Dr. Dennis Wolf가

**Table 4.** 그림에 나타난 싸인에 따른 가족그림 체크 유형

(A)	(C)
가	
( )	
가 /	
(Aor C) /	(D)
	( )
/	

아동기/청소년기 애착평가

1. IPPA(Inventory of Parent and Peer Attachment)

Armsden Greenberg<sup>32)</sup>가  
 Bowlby가  
 가 25 Likert 5  
 가  
 Ainsworth  
 가 Hamilton<sup>33)</sup>  
 IPPA  
 200

가

AAI , Crowell<sup>18)</sup> 38) 가

(.11)  
.30

AAI 3가  
(F : Secure - autonomous) , (DS : Dismissing) , (E : Preoccupied) ,  
4가

### 청소년기/성인기 애착평가

#### 1. 성인 애착 면접(AAI ; The Adult Attachment Interview)

AAI Main<sup>34)</sup>가 (state of mind) Ainsworth SSP  
가 . AAI George  
4)

(U/d ; Unresolved/disorganized ) ,  
(Cannot Classify, CC)<sup>39)</sup>

(F)

1 20

40)

transcript verbatim

tacognitive),  
(Ds)

Grice<sup>35)36)</sup>

4가 ( , , , )  
( 14 )

ce<sup>35)</sup>

37) AAI 가 41)42)

(coherence), (collaborative)

43) “ ”  
Grice<sup>35)</sup> ‘ ’

가

(E) monitoring of discourse) “ “

Grice<sup>35)</sup> 20 “

가 (lapses in the monitoring reasoning)

AAI 78%<sup>41)</sup> 90%

<sup>42)</sup> AAI SSP 3 80%

<sup>40)</sup> <sup>44)</sup> 32 3

/ (U/D) 75% 69%

( loss, 가 <sup>29)40)45)</sup> Main Hesse<sup>46)</sup> SSP D

Main Goldwyn<sup>39)</sup> AAI U/d 89%

가 (a lapse in the (27

**Table 5.** 성인애착유형(AAI)과 영유아 애착유형의 관련성

애착과 관련된 성인의 심리상태(AAI)		유아의 낯선 상황 행동(SSP)	
<b>안정/자율(F : Secure/Autonomous)</b>		<b>안정(B : Secure)</b>	
가 Grice	가	가	가
<b>무시(Ds : Dismissing)</b>		<b>회피(A : Avoidant)</b>	
transcripts	Grice	가	가
<b>몰입(E : Preoccupied)</b>		<b>저항(C : Resistant)</b>	
가	가 ('dadadada') Grice transcripts	가	가
<b>미해결(U/d : Unresolved/disorganized)</b>		<b>비조직/비정향(D : Disorganized/disoriented)</b>	
Ds, E	F	A, B	C

가

) AAI 2<sup>47)</sup>, (50%), (Ds) 5 (20.8%), (E) 4  
 82 9 (16.7%), / (U/d) 3 (12.5%)  
 82 50 U/d /  
 76% 7%  
 28) U/d / 50) (30 )  
 AAI (30 ) AAI  
 (51.7%), (24.1%),  
 AAI 48) (17.2%), / (7.0%) ,  
 (56.7%), (36.7%),  
 12~25 30 SSP (6.7%), / (0%) . AAI  
 AAI 30 - Table 6  
 20 67% 49)  
 29~96 ( ) -  
 26 44~78 ( ) 24  
 AAI  
 (F) 1 (3.8%), (Ds) 7 (27%),  
 (E) 5 (19.2%), / (U/d) 13 (50%)  
 (F) 12  
 2. 낭만적 애착을 측정하는 애착양식질문지(ASQ : Attachment Style Questionnaires)  
 1980  
 가 Weiss<sup>51)</sup> -  
 가

Table 6. AAI 문항내용

1. 가				
2. 가	가			
3. 가	가 (5-12 )			5
4. 가	가	?	?	가
5. 가	가	?	?	가
6. 가	가	?	?	가
(a) 가	가	?	?	가
7. 가	가	?	?	가
8. 가	가			가
8a. 가	가			가
9. 가	가			가
10. 가	가			가
11. 가	가			가
12. 가	가			가
13. 가	가			가
13a. 가	가			가
13b. 가	가			가
14. 가	가			가
15. 가	가			가
16. 가	가			가
17. 가	가			가
18. 가	가			가
19. 가	가			가
20. 가	가			가

Hazen Shaver<sup>52)</sup>  
Ainsworth  
3가  
가  
가  
가  
53),  
AAI  
가  
54)  
가  
AAI

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ABSTRACT

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**THE MEASUREMENT OF ATTACHMENT**

**Kyung Sook Lee, Ph.D.**

*Department of Rehabilitation, Hanshin University, Osan*

The author reviewed various psychological measures of attachment types and variation on developmental stage approaches. Also, the point of reliabilities and validities of the measures were reviewed. SSP and AQS introduced first in infancy. Cassidy-Marvin's attachment type system, Crittenden's PAA, Main & Cassidy's attachment system, Doll play techniques and Family drawing analyses of attachment types introduced secondly for preschooler. IPPA for parent and peer attachment introduced for Childhood/Adolescence. Finally, AAI and ASQ for romantic attachment explained for adulthood.

**KEY WORDS** : Attachment · Psychological measures · SSP · AAI · IPPA · AQS · ASQ · Doll playtest.