

# Determination of Terbutaline Enantiomers in Human Urine by Capillary Electrophoresis Using Hydroxypropyl-β-cyclodextrin as a Chiral Selector

Kyeong Ho Kim, Sang Hun Seo, Hyun Ju Kim, Eun Young Jeun, Jong-Seong Kang<sup>1</sup>, Woongchon Mar<sup>2</sup>, and Jeong Rok Youm<sup>3</sup>

College of Pharmacy, Kangwon National University, Chunchon 200-701, Korea, <sup>1</sup>College of Pharmacy, Chungnam National University, Taejon 305-764, Korea, <sup>2</sup>Natural Products Research Institute, College of Pharmacy, Seoul National University, Seoul 110-460, Korea, and <sup>3</sup>College of Pharmacy, Chung Ang University, Seoul 156-756, Korea

(Received October 1, 2002)

A method for the determination of terbutaline enantiomers in human urine by capillary elctrophoresis has been developed. Optimum resolution was achieved using 50 mM phosphate buffer, pH 2.5, containing 15 mM of hydroxypropyl- $\beta$ -cyclodextrin as a chiral selector. Urine samples were prepared by solid-phase extraction with Sep-pak silica, followed by CE. The assay was linear between 2-250 ng/mL (R = 0.9998 for (S)-(+)-terbutaline and R = 0.9999 for (R)-(-)-terbutaline) and detection limit was 0.8 ng/mL. The intra-day variation ranged between 6.3 and 14.5% in relation to the measured concentration and the inter-day variation was 8.2-20.1%. It has been applied to the determination of (S)-(+)-terbutaline and (R)-(-)-terbutaline in urine from healthy volunteer dosed with racemic terbutaline sulfate.

**Key words:** Terbutaline, Capillary electrophoresis, Chiral separation, Hydroxypropyl- $\beta$ -cyclodextrin, Urine

### INTRODUCTION

Since the enantiomers of chiral drugs often present different pharmacological and toxicological properties, enantiomeric separations are particularly important in the pharmaceutical field. The determination of individual enantiomers is required for the control of the optical purity of bulk drug substances as well as in pharmacokinetic and clinical studies (Ariens, 1992).

Terbutaline, a sympaticomimetic drug-selective  $\beta_2$ -receptor agonist is used in the treatment of asthma and lung disease (Fig. 1). The drug is usually administered as a racemate, but studies have shown that only the (–)-enantiomer has the desired therapeutic pharmacological effect(Jeppson *et al.*, 1984). For that reason it is of great importance that the enantiomers of such molecules can be separated, especially for biomedical analysis.

Capillary electrophoresis has become an established powerful tool for enantiomeric separation of racemic drugs

(Fanali *et al.*, 2001; Nishi, 1996; Verleysen and Sandra, 1998) due to its main advantage over HPLC and capillary gas chromatography, such as high separation efficiency, short analysis time, instrumental simplicity, low consumption of chiral selectors and reduced operation costs.

Basic enantiomers like terbutaline can be separated by capillary electrophoresis using cyclodextrins as a chiral selector (Vigh and Sokolowski, 1997; Guttman and Cooke, 1994). In 1998, a paper was published on the determination of the enantiomeric purity of (–)-terbutaline using hydroxyethyl- $\beta$ -cyclodextrin as a chiral selector in polyethylene glycol gel (Boer and Ensing, 1998). The author reports that the addition of polyethylene glycol results in an increase in

HO 
$$H_2$$
N  $CI$   $H_2$ N  $CI$ 

Terbutaline

Clenbuterol (internal standard)

Fig. 1. Structure of terbutaline and clenbuterol (internal standard). Chiral centers in these molecules are indicated by an asterisk.

Correspondence to: Kyeong Ho Kim, College of Pharmacy, Kangwon National University, Chunchon 200-701, Korea E-mail: kyeong@kangwon.ac.kr

reso ution, but at higher concentrations the baseline starts to fluctuate impairing quantitation of low concentrations of the individual enantiomers. In the previous report, we determ ned the terbutaline enantiomers in human urine by coupled achiral-chiral high-performance liquid chromatography (Kim et al., 2001). No capillary electrophoretic method for the determination of terbutaline enantiomers in human body fluids has been described previously.

In this work, a simple but highly efficient capillary electrophoratic method was developed and validated for the quartitation of terbutaline enantiomers in human urine using hydroxypropyl- $\beta$ -cyclodextrin as a chiral selector. The assay also was applied to the stereoselective pharmacokinetic studies of terbutaline.

# MATERIALS AND METHODS

#### Che nicals

Phosphoric acid (85%), sodium dihydrogen phosphate and odium hydroxide were of analytical grade from Duksan Pure Chemical Co. (Ansan, Kyeonggi, Korea). Methanol from Duksan Pure Chemical Co. was of HPLC grade. Hydroxypropyl- $\beta$ -cyclodextrin (HP- $\beta$ -CD) was obtained from Alcirich (Milwaukee, WI, USA). Terbutaline sulfate and clent uterol hydrochloride were purchased from Sigma (Dors et, UK). Their structures are shown in Fig. 1. (S)-(+)-terbutaline and (R)-(-)-terbutaline were prepared from racemic terbutaline by semi-preparative chiral high-performance liquic chromatography (Kim et al., 2001).

# Electrophoresis equipment and operating conditions

Al experiments were performed on a HP 3D CE instrument (Hewlett Packard, Waldbronn, Germany), comprising a dio de-array detector and Chemstation software for data hand ing. The compounds were separated in an uncoated fused si ica capillary (75 μm I.D., Hewlett Packard). The capillary length was 56.0 cm (to the detector 48.0 cm). Separation was carried out in 0.05M phosphate buffer of pH 2.5. 15 mM HP-β-CD was used as chiral selector. The applied voltage was 25 kV. The temperature was 20°C. Inject on was performed at 20 kV for 10 s. Detection was at 20 5 nm. The capillaries were conditioned according to the following procedure before every run: water for 2 min; 0.1 M NaOH for 2 min; water for 2 min; background electrolyte solution (BGE) for 5 min; and finally with the chiral selector solution for 3 min prior to application of the analyte.

#### Sample preparation

A 1)  $\mu$ L volume of internal standard solution (clenbuterol HCl,  $5~\mu$ g/mL, in water) was spiked into 2 mL urine. The mixture was vortex-mixed for 10 s and applied to a Seppak splical cartridge pre-conditioned with acetonitrile (1 mL)

and water (1 mL). The cartridge was washed with water (1 mL) and then acetonitrile (2 mL). The analytes were eluted with 6 mL of methanol. The eluate was concentrated to dryness, and the residue was reconstituted in 0.2 mL of methanol for an assay sample.

#### Validation studies

Spiked urine samples were prepared by adding known amounts of racemic terbutaline and the internal standard (clenbuterol) to drug-free urine at six concentration levels (4, 10, 50, 100, 250 and 500 ng/mL) and used for evaluation of the linearity, accuracy and precision. Calibration curves according to the internal standard method were obtained by plotting concentration vs. peak-area ratios (area of each terbutaline enantiomer/total areas of clenbuterol enantiomers). The precision of the method was assessed by determining the intra-day assay coefficients of variation (C.V.) of the analysis (n = 6) of spiked urine samples. The C.V. and accuracy for inter-day assay were evaluated by analysis of samples at three concentrations (10, 100 and 500 ng/mL), repeated for three different days.

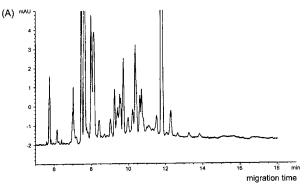
# Application

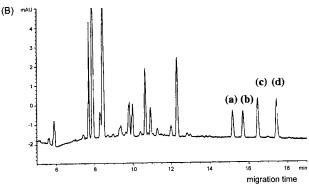
This analytical method was applied to a pharmacokinetic study. Racemic terbutaline sulfate (5 mg) was administered once orally to a 25-year-old healthy male volunteer. He was free from other medication for the duration of the experiment. Urine samples were collected at various times over 48 h and stored at -20°C until analysis.

# **RESULTS AND DISCUSSION**

# Capillary electrophoresis

In the previous paper (Kim et al., 2001) we have investigated the most optimal operating conditions, such as buffer composition, buffer pH and the concentration of HP-β-CD for the chiral separation of several  $\beta_2$ -agonists with uncoated fused silica capillaries. The enantiomers of terbutaline and clenbuterol were resolved best when 0.05 M phosphate buffer of pH 2.5 and 15 mM HP-β-CD was used. The enantiomeric migration order of terbutaline was determined by injected each enantiomer separately under the same CE conditions. And the elution order of the clenbuterol enantiomers was determined by Gausepohl (Gausepohl and Blaschke, 1998). For terbutaline and clenbuterol, (R)-form was migrated before the (S)-form. Under the chiral conditions, the migration times of (R)-(-)-clenbuterol, (S)-(+)clenbuterol, (R)-(-)-terbutaline and (S)-(+)-terbutaline were 15.18, 15.70, 16.48 and 17.45 minutes, respectively. For the terbutaline enantiomers, the stereoselectivity ( $\alpha$ ) was 1.09 and the resolution factor (R<sub>s</sub>) was 5.51. Fig. 2 shows chromatograms obtained from analysis of drug-free human urine and urine samples. No interferences with either ter122 K. H. Kim *et al.* 





**Fig. 2.** Representative electropherogram of (A) blank urine and (B) 6.25-h urine sample after oral administration of 5mg terbutaline sulfate. Peak a; (*R*)-(–)-clenbuterol, Peak b; (*S*)-(+)-clenbuterol, Peak c; (*R*)-(–)-terbutaline (95.23 ng/mL), Peak d; (S)-(+)-terbutaline (91.48 ng/mL). Condition: BGE, 0.05 M phosphate buffer of pH 2.5 and 15 mM HP-β-CD; capillary, uncoated fused-silica (75  $\mu$ m I.D.×56.0 cm, effective length 48 cm); applied voltage, 25 kV; detection, 205 nm; temperature, 20°C.

butaline enantiomers or the internal standard were detected from blank urine.

# Linearity and limit of detection

The calibration curves were obtained by analyzing spiked urine samples. Calibration curves for each enantiomers showed good linearity in the concentration range 2-250 ng/mL in urine. The equation of the calibration line obtained for (S)-(+)-terbutaline is: Y = 0.0091X + 0.0045 and for (R)-(-)-terbutaline is: Y = 0.009X + 0.0045. The correlation coefficients of (S)-(+)-terbutaline and (R)-(-)-terbutaline were 0.9998 and 0.9999, respectively. The limit of detection, estimated under the described conditions at a signal-tonoise ratio of three was 0.8 ng/mL.

### Accuracy and precision

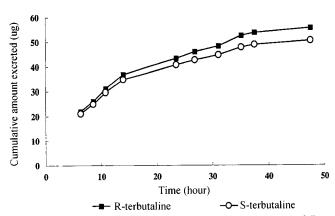
Accuracy and precision of the method were determined by replicated analysis of blank human urine spiked with six concentrations of terbutaline enantiomers within the range 2-250 ng/mL. Six replicates of each concentration were analyzed on each of three separate days. The results obtained are shown in Table I and Table II. The intra-day

**Table I.** Intra-day precision for the (S)-(+)-terbutaline and (R)-(-)-terbutaline in human urine (n = 6)

Added Conc. (ng/mL)	(S)-(+)-terbutaline			(R)-()-terbutaline			
	Measured Conc. (ng/mL)	Accuracy (%)	C. V. (%)	Measured Conc. (ng/mL)	Accuracy (%)	C. V. (%)	
2	2.0	99.4	14.5	2.0	99.3	12.9	
5	5.2	102.9	6.8	5.2	104.3	10.5	
10	10.6	106.2	8.5	10.6	105.6	9.5	
50	48.8	97.6	7.8	49.4	98.8	7.0	
125	127.9	102.3	7.7	127.6	102.1	6.3	
250	247.6	99.1	6.5	248.7	99.5	7.5	

**Table II.** Inter-day precision for the (S)-(+)-terbutaline and (R)-(-)-terbutaline in human urine (n = 3)

Added Conc. (ng/mL)	(S)-(+)-terbutaline			(R)-(-)-terbutaline		
	Measured Conc. (ng/mL)	Accuracy (%)	C. V. (%)	Measured Conc. (ng/mL)	Accuracy (%)	C. V. (%)
5	5.2	104.2	20.1	5.6	111.9	18.6
50	50.9	101.7	10.8	52.1	104.2	8.2
250	253.8	101.5	9.1	254.1	101.6	10.6



**Fig. 3.** Cumulative urinary excretion of terbutaline enantiomers following a single oral dose of 5mg terbutaline sulfate.

precision for each concentration was 6.5-14.5% for (S)-(+)-terbutaline and was 6.3-12.9% for (R)-(-)-terbutaline. The inter-day precision was 9.1-20.1% for (S)-(+)-terbutaline and was 8.2-18.6% for (R)-(-)-terbutaline. The accuracy, determined for each concentration, ranged from 97.6% to 111.9%.

# **Application**

The method described was applied to a pharmacokinetic study of terbutaline enantiomers in human urine samples obtained after the oral administration of tablet containing 5 mg terbutaline sulfate. A typical urinary excretion data of terbutaline enantiomers from a healthy male volunteer is shown in Fig. 3. From the 0-48 h urine, the amounts of ter-

butaline enantiomers were determined. Unchanged terbutaline accounted for 2.49% of the dose and ((S)-(+)-terbutaline)/((R)-(-)-terbutaline) ratio was 0.91. The (R)-(-)-terbutaline had a higher excretion rate than (S)-(+)-terbutaline.

Capillary electrophoretic method was developed for the sterage selective assay of terbutaline in human urine using hydroxy propyl-β-cyclodextrin as a chiral selector and was applied to the determination of terbutaline enantiomers in urine after oral administration of racemic terbutaline sulfate to human. The present method is convenient and simple and has been fully validated and proved to be suitable for the sterageselective pharmacokinetic studies of terbutaline.

### **ACKNOWLEDGEMENT**

This work was supported by grant No. 2001-1-21700-001-2 from the Basic Research Program of the Korea Science & Engineering Foundation.

### REFERENCES

- Ariens, E. J., Racemic therapeutics: A source of problems to chemists and physicians. *Anal. Proc.*, 29, 232-234 (1992).
- Boer, T. and Ensing, K. J., Determination of the enantiomeric purity of (–)-terbutaline by capillary electrophoresis using cyclocextrines as chiral selectors in a polyethylene glycol gel. *J. Pharm. Biomed. Anal.*, 17, 1047-1056 (1998).
- Fanal, S., Cartarcini, P., Blaschke, G., and Chankvetadze, B.,

- Enantioseparations by capillary electrochromatography. *Electrophoresis*, 22, 3131-3151 (2001).
- Gausepohl, C. and Blaschke, G., Stereoselective determination of clenbuterol in human urine by capillary electrophoresis. *J. Chromatogr. B*, 713, 443-446 (1998).
- Guttman, A. and Cooke, N., Practical aspects of chiral separations of pharmaceuticals by capillary electrophoresis: I. Separation optimization. *J. Chromatogr. A*, 680, 157-162 (1994).
- Jeppson, A. B., Johansson, K., and Waldeck, B., Steric aspects of agonism and antagonism at β-adrenoceptors: Experiments with the enantiomers of terbutaline and pindolol. *Acta Pharmacol. Toxicol.*, 54, 285-291(1984).
- Kim, K. H., Kim, H. J., Jeun, E. Y., Seo, S. H., Hong, S. P., Kang, J. S., Youm, J. R., and S. C. Lee, Chiral separation of β<sub>2</sub>-agonists by capillary electrophoresis using hydroxyl-β-cyclodextrin as a chiral selector. *Arch. Pharm. Res.*, 24, 281-285 (2001).
- Kim, K. H., Kim, H. J., Kim, J. W., and Shin, S. D., Determination of terbutaline enantiomers in human urine by coupled achiralchiral high-performance liquid chromatography with fluorescence detection. *J. Chromatogr. B.*, 751, 69-77 (2001).
- Nishi, H., Enantiomer separation of drugs by electrokinetic chromatography. *J. Chromatogr. A.*, 735, 57-76 (1996).
- Verleysen, K. and Sandra, P., Separation of chiral compounds by capillary electrophoresis. *Electrophoresis*, 19, 2798-2833 (1998).
- Vigh, G. and Sokolowski, A. D., Capillary electrophoretic separations of enantiomers using cyclodextrin-containing background electrolytes. *Electrophoresis*, 18, 2305-2310 (1997).