

Apoptosis in experimentally infected chicks with avian infectious bronchitis

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Abstract

This experiment was performed to investigate apoptosis during undergoing pathogenesis of *avian infectious bronchitis virus*(IBV)-infected chicks. Sixteen days old chicks were infected with IBV, Massachusetts-41 strain(M-41, 10^4 - 10^5 EID₅₀) experimentally, they were autopsied to remove trachea, lung, kidney and cloacal bursa at 6 hr, 12 hr, 1 day, 3 day and 7 day post infection(PI) respectively for H-E and TUNEL staining. Grossly, mild serous, catarrhal exudate was observed in the trachea, nasal passages and sinuses nasal from 4 day PI. The cloacal bursa was swollen from 3 day PI. Histopathologically, the trachea was seen mild cellular infiltration, edema of the mucosa and submucosa, vascular congestion and mild hyperplasia of the epithelium from 6 hr PI and the changes were seen a little more severely on 7 day PI. It was observed that the cloacal bursa was getting more and more hyperplasia through the experiment. The nuclei degeneration were shown in the kidney on 7 day PI. No specific changes were seen in the lung. In TUNEL analysis, apoptotic cells showed sharp increasing at 12 hr PI and reaching a maximum on 1 day PI in the trachea, lung, kidney and cloacal bursa. And then apoptotic cells decreased gradually returning to a level of the control by 7 day PI in all the removed organs.

Key words : IBV, Apoptosis, Histopathologic, TUNEL analysis

Introduction

Avian infectious bronchitis virus(avian IBV) is classified into coronaviridea and the genus of coronavirus. Avian IBV is an acute, highly contagious respiratory disease of

chicks characterized by tracheal rales, coughing, and sneezing. In addition, young chicks may have nasal discharge and in laying flocks there is usually drop in production. The first report of avian IBV was by Schalk and Hawn(1931). During the

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1940s IBV was a serious respiratory disease of laying flocks and caused marked losses in egg production. The prevalence and economic importance of the disease resulted in efforts to control it by immunization with various kinds of live and killed IB vaccines¹¹. However, it is well known that such vaccines are not necessarily protected from infection with virulent IBV²⁻⁵¹. Thus, for the control of this disease, it seems necessary to make a more detailed analysis of the properties of IBV.

IBV changes its antigenicity following *in vivo*^{6,7)} and *in vitro*⁸⁾ passages. Otsuki et al⁷⁾ reported that IBV changes its organ tropism as well. Prior to 1956 avian IBV was considered to be caused by a single antigenic type of virus as exemplified by the pathogenic Massachusetts-41 strain and the Beaudette, nonpathogenic, embryo lethal-42 strain. However, since that time a number of isolants have been identified from outbreaks of IBV in chicks that are different antigenically from the organ Massachusetts type such as Cunningham 1970, Cowen et al 1971, Winterfield et al 1971, Johnson et al 1972, Fields 1973, Van der Heide et al 1973, Hopkins 1974 and so on¹⁾.

Apoptosis¹²⁾ is genetically programmed cell death^{10,11)} and a complex process that removes aging or injured cells from body¹²⁾ with features that distinguish it from necrosis. Apoptosis cells usually shrink and condense, display surface alterations and cleave DNA into large and often small oligonucleosomal-sized(200-bp) fragments that form a ladder pattern on agarose gels while organelles and the plasma membrane retain their integrity requiring ATP and the activation of specific proteases¹³⁾. Necrotic death, on the other hand, comprises cell and organelle swelling and ultimately followed by cell dissolution.

As a result, necrosis is strongly proinflammatory *in vivo*, whereas apoptosis cells are rapidly phagocytosed and thus generate minimal inflammation¹³⁾. It is conceivable that apoptotic pathways converge to one or very few common final executive steps. These comprise the tumor suppressor p53 or the regulatory role of Bcl-2-family members¹⁴⁾.

Apoptosis is inhibited or increased depending on kinds of diseases. The infectious diseases associated with inhibition of apoptosis are *papillomavirus* in woman uterine¹⁵⁾ and the infectious diseases associated with increased apoptosis are AIDS¹⁶⁾, *Salmonella typhimurimu*¹⁷⁾, *S typhi* in human keratinocytes¹⁸⁾, *Escherichia coli*¹⁹⁾, *Shigella flexneri*²⁰⁾, *Helicobacter pylori* in human gastric epithelial cells²¹⁾, *Cytomegalovirus* in human retina²²⁾, *Corinebacterim diphtherae*, *Bordetella pertussis* and *Listeria monocytogenes*²³⁾.

Two coronaviurses have been shown to induce apoptosis. Infection of four different cell lines with the porcine coronavirus transmissible gastroenteritis virus induced casepase-dependent apoptosis^{24,25)}. Infection of cultured macrophages and other cell cell lines with the murine coronavirus mouse hepatitis virus was also shown to induce apoptosis^{26,27)}. But there are few studies of apoptosis with avian IBV in chicks. In this study, we investigated the effects of avian IBV-infection on apoptosis in various organ at early phase during undergoing pathogenesis in chicks.

Materials and Methods

Animals and Virus

This study used 16 days old chicks and avian IBV, Massachusetts-41 strain (M-41)

provided by National Veterinary Research and Quarantine Service. Chicks was inoculated intratracheally with IBV strain M-41(10^4 - 10^5 EID₅₀). These chicks were housed on wire and were kept in separate isolated rooms throughout the investigation period. All chicks were observed for clinical signs each time. And then 6 hr, 12 hr, 1 day, 3 day and 7 day after infection, infected and controls chicks were autopsied respectively and trachea, lung, kidney and cloacal bursa were removed.

Histopathological analysis

Serial organs is fixed with 10% formalin, embede in praffin, and sectioned to 5 μ m thickness. The sections were stained with H-E for the light microscopic examination.

TUNEL staining

The sections were held with the ApopTag plus Peroxide Kit(Intergen, NY, USA) in a coplin jar. Paraffin sections were deparaffinized and pretreated with proteinase K (Sigma Chemicals, NY, USA 20 μ g/ml). After washing in phosphate buffered saline (PBS), sections were quenched endogenous peroxidase in 3.0% hydrogen peroxide and applied working strength TdT enzyme(incubation at 37°C for 1 hr). The reaction was stopped by putting PBS. The sections were then incubated in a humidified chamber with Anti-Digoxigenin conjugate for 30 min at room temperature. After 4 times washing in PBS, the sections were applied with enough peroxidase substrate to develop color. And counterstained with hematoxylin, according to standard procedure.

Statistical analysis

TUNEL-positive cells counted at three fields of the sections made from every

specimen each time were average out and expressed as number of TUNEL-positive cells per 1,000 cells. As no significant difference was among controls groups during experiment, the number of TUNEL-positive cells in controls were combined. To compare the significance of experimental and control chicks, the results were analyzed with one-way analysis of variance and presented the level of significance as $p < 0.01$.

Results

Clinical signs and gross lesions

All infected chicks showed mild respiratory signs from 2 day PI. Grossly mild serous, catarrhal exudate was observed in the trachea, nasal passages and sinuses nasal from 4 day PI. The swollen cloacal bursa was seen swollen from 3 day PI and no severe lesions were observed the removed organs during the experiment.

Histopathological observation

Microscopic changes were mild cellular infiltration and edema of the mucosa and submucosa, vascular congestion, mild hyperplasia of the epithelium in the trachea from 6 hr PI. The changes were seen more severely on 7 day PI showing epithelial cells lost their cilia and increasing cellular infiltration and edema. It was observed that the cloacal bursa was getting more and more hyperplasia through the experiment. No specific changes showed in the lung and kidney(Fig 1).

TUNEL analysis

The results of TUNEL analysis were summarized in Table 1. Six hour after the

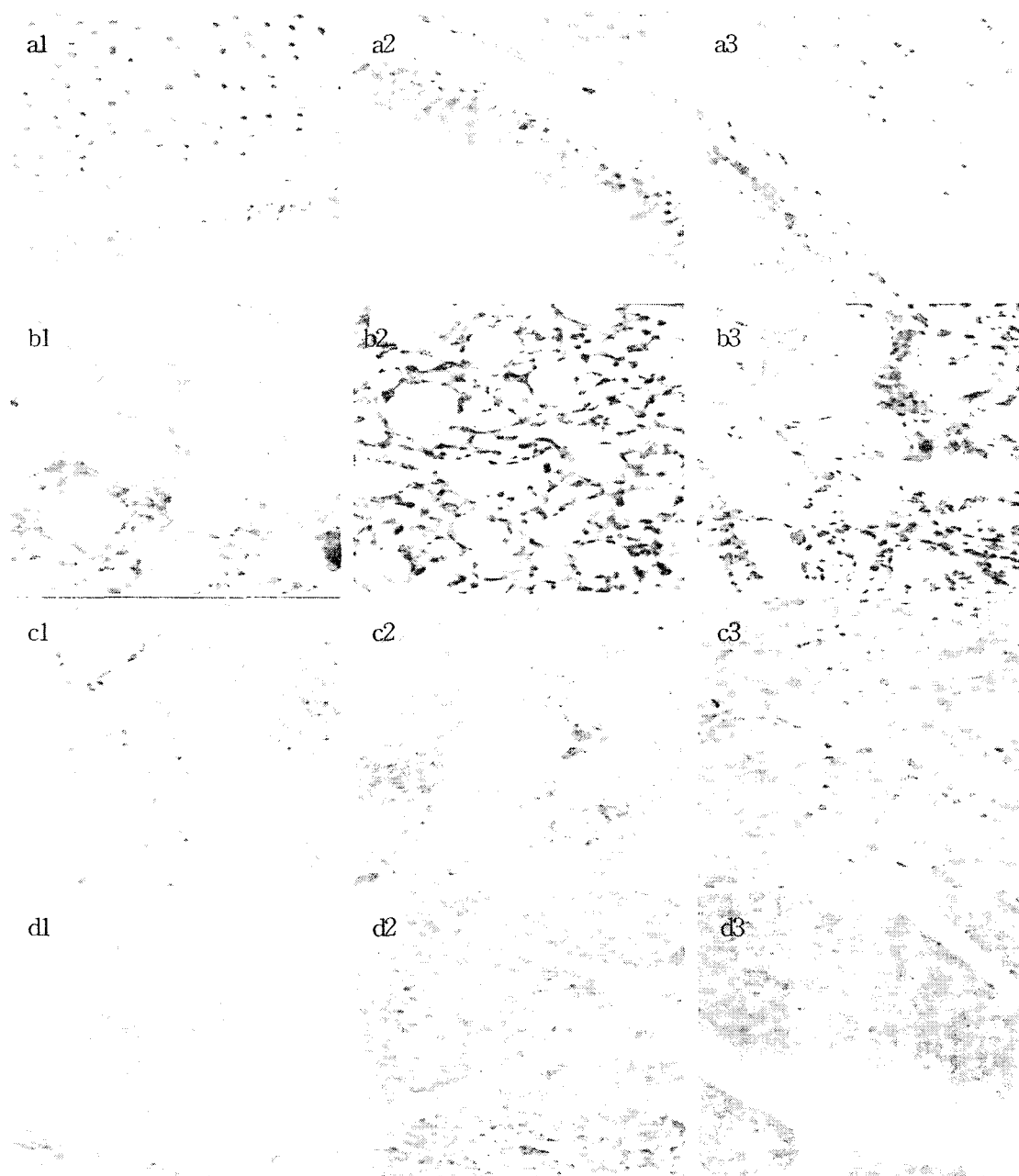


Fig 1. A: Trachea ; a1, 6 hr PI., showing no specific changes. a2, 1 day PI., showing cellular infiltration and edema of the mucosa and submucosa. a3, 7 day PI., showing epithelial cilia losing and increasing cellular infiltration, edema and hemorrhage. H-E, $\times 400$.
B: Lung ; b1, 6 hr PI., b2, 1day PI., b3, 7 day PI., showing no specific changes. H-E, $\times 400$.
C: Kidney ; c1, 6 hr PI., c2, 1day PI., showing no specific changes. c3, 7 day PI., showing nuclear degeneration. H-E, $\times 400$.
D: Cloacal bursa ; d1, 6 hr PI., showing no specific changes. d2, 1 day PI., showing lymphoid follicles hyperplasia. d3, 7 day PI., showing more severe lymphoid follicles hyperplasia. H-E, stain. $\times 400$.

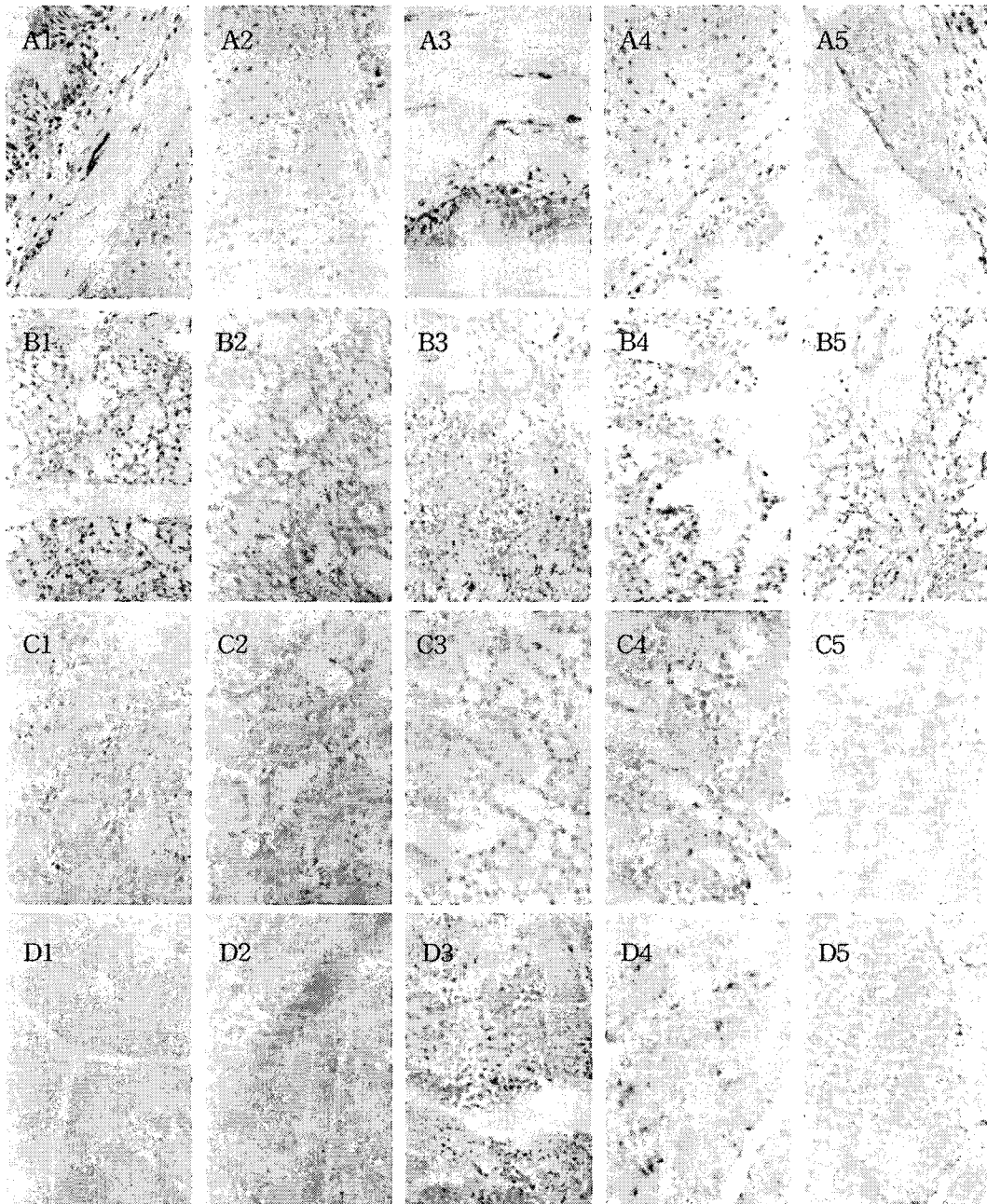


Fig 2. A : Trachea, showing increase of apoptotic cells by 1 day PI and decrease with time-course (A1: control, A2: 6 hr, A3: 12 hr, A4: 1 day, A5: 7 day). TUNEL stain, $\times 400$
B : Lung, showing increase of apoptotic cells by 1 day PI and decrease with time-course (B1: control, B2: 6 hr, B3: 12 hr, B4: 1 day, B5: 7 day). TUNEL stain, $\times 400$
C : Kidney, showing increase of apoptotic cells by 1 day PI and decrease with time-course (C1: control, C2: 6 hr, C3: 12 hr, C4: 1 day, C5: 7 day). TUNEL stain. $\times 400$.
D : Fabricius, showing increase of apoptotic cells by 1 day PI and decrease with time-course (D1: control, D2: 6 hr, D3: 12 hr, D4: 1 day, D5: 7 day). TUNEL stain. $\times 400$.

inoculation, slow increasing of apoptotic cells were detected in the trachea(2.3%), lung(1.6%) and cloacal bursa(5.7%). Apoptotic cells showed sharp increasing at 12 hr PI and reaching a maximum on 1 day PI in the trachea, lung, kidney and cloacal bursa. And then apoptotic cells decreased gradually returning to a level of the control by 7 day PI in all the removed organs(Fig 2).

Discussion

Virus-induced cell death is a complex and important aspect of the pathogenesis of virus infection. During the past 10 years, the ability of numerous viruses to elicit or inhibit apoptosis either directly or indirectly during their replication cycles has been demonstrated⁽²⁸⁻³⁰⁾. In this report, we show that infection of 16 days old chicks with the coronavirus IBV induces apoptosis experimentally. Characteristically morphologic and biochemical feature of apoptosis, such as blebbing of the plasma membrane, chromatin condensation, fragmented nuclei, and nicked DNA, were detected during IBV infection.

In a previous report, it was demonstrated that IBV K-34 strain also caused persistent infection in young chicks at or below 6

weeks of age^(31,32). Considerable mortality was observed in the 2-week-old chicks infected with the K-34 strain⁽³³⁾. Furthermore, the clinical signs, particularly diarrhea, observed in the 2-week-old chicks was more severe and of longer duration than in the 4-and-6week-old ones⁽³³⁾. So we performed this investigation with 16 days old chicks, however certain clinical signs was not observed by 7 day but mild respiratory sign. In addition, gross and histopathologic lesions got a little more and more clear by 7 day PI. But the lesions were not severe through the experiment. Although infected birds were housed on wire and were kept in separate room through out the duration of experiment, the reason the possibility of reinfection was not entirely eliminated, we could not perform for longer period than 7 days.

TUNEL stain results in all removed organs was shown increasing apoptotic cells from 6 hr PI and peaking at 24 hr PI. And then apoptotic cells decreased gradually returning to a level of the control by 7 day PI. When apoptosis was observed a maximum gross and histopathologic changes were not clear. In addition, the time apoptosis decreased to a level of control gross and histopathologic lesions were a little clearer.

Table 1. The number of apoptotic cells in the organs

Time \ Organs	Trachea	Lung	Kidneys	Fabricius
Control	0.8 ± 0.28	0.2 ± 0.12	0.1 ± 0.03	5 ± 1.2
6 hour	2.3 ± 0.27	1.6 ± 0.49	0.1 ± 0.014	5.7 ± 1.32
12 hour	23.4 ± 3.47**	9.3 ± 1.10**	11.8 ± 1.81**	14.6 ± 2.13**
1 day	27.8 ± 2.92**	22.9 ± 3.96**	13.6 ± 2.90**	16.23 ± 3.44**
3 day	1.3 ± 0.65	4.88 ± 1.12**	3.56 ± 1.09**	8.78 ± 2.22
7 day	1.0 ± 0.07	0.3 ± 0.02	3.64 ± 0.43	4.3 ± 1.93

Values (%) of each organ were represented as a Mean ± SD.

**Significant difference from control values at $p < 0.01$

This results suggested that apoptosis was induced early phase of pathogenesis in IBV infected chicks comparing with gross and histopathologic changes.

The previous worker found that infection of Vero cells with the coronavirus IBV induced caspase-dependent apoptosis with treating the general caspase inhibitor z-VAD-FMK³⁴⁾. In the presence of the caspase inhibitor, however, the infected cells continued to lose volume and eventually died of necrosis, indicating that cell death induced by IBV may recruit two biochemically distinct death processes, apoptosis and necrosis^{35,36)}. It is apparent that apoptosis may represent a by-product of the action of virus replication. On the one hand, apoptosis may facilitate the release of virus progeny and help virus to evade the immune surveillance by attenuating inflammation³⁷⁾. On the other hand, premature apoptosis, most likely evoked by host defence mechanisms, aborts virus infection and therefore limits virus productivity and infectivity. The intricate balance between life and death of infected cells must be regulated by viral products or by interaction between virus and host to ensure a successful infection cycle.

In conclusion, our results suggest that IBV-infection induced apoptosis at early phase of pathogenesis before gross and histopathologic changes occurred. This is understandable, as one of the main advantages of apoptotic cell death for virus infectivity is to facilitate the spread of virus progeny to the neighboring cells and to minimize the inflammatory reaction evoked by virus-infected cells on the host.

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