

The Clinical Practice of Injection Acupuncture

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Introduction

Herbal acupuncture is a treatment method that utilizes various herbal extracts by directly injecting on the acupuncture points. Both needle stimulation and herbal medication effect the given area, thus possesses superior efficacy.

Herbal extraction can be abundantly found and this treatment method can be applied in wide array of fields such as for internal medicine, bone fracture, skin disorders, and etc. This study will be focused on clinical applications for disorders related to the nervous system.

Clinical Data

52 cases of spinal area neurosis: 11 cases of visual nerve myelitis, multiple sclerosis (4 male, 7 female: age 20-38), 21 cases of lymphadenitis (10 male, 11 female: age 23-46), 7 cases of sciatic nerve problems (all male: age 22-56), 12 cases of peroneal nerve disorder (9 male, 3 female). All of above mentioned patients suffered from motor impairment and atrophy. Diagnosis was made with MRI, CT, electromyogram, and etc.

These disorders are categorized as numb diseases in Oriental medicine and from tongue diagnosis, most of the patients had purple hue with spots and

white coating, along with wiry, weak pulse.

Treatment Method

According to the Oriental medicine theory, Yangming (Yang brightness) channels are rich in qi (氣) and blood, control muscles and benefit the joints. Thus, the treatment was focused on Yangming channels as well as tonifying liver and kidney, and activating blood circulation.

1. Point selection: UB 21, UB 20, UB 23, ST 36, GB 34, SP 6, SP 10, and etc.

2. Medicine: Astragalus herbal extract and cell growth protein injected alternating day

3. Treatment method: Disinfect the needling area and inject herbal extract with 5-10ml syringe. When needling UB 20, 21, and 23, the needle was injected toward the spine with the depth of 1.5-2 cun. For Sp 6 and St 36, the needle was inserted 1.5 cun deep and injected the herbal extract. 2 months comprised of one treatment session, and most patients were treated for couple sessions.

Treatment Effect

1. Decisive standard for treatment effect

very effective: muscular strength 3-4 degree (electromyogram - recovery stage)

moderately effective: muscular strength 1-2 degree (electromyogram - recovery stage)

non-effective: muscular strength 0 degree (electromyogram - no change)

2. treatment effect

(1) visual nerve myelitis, multiple sclerosis : 4 cases of very effective, 5 cases of moderately effective, and 2 cases of non-effective

(2) lymphadenitis : 10 cases of very effective and 11 cases of moderately effective

(3) progressive atrophy of root of spinal nerve : 1 case of very effective

(4) peroneal nerve disorder : 13 cases of very effective and 2 cases of moderately effective

(5) sciatic nerve disorder : 4 cases of very effective, 2 cases of moderately effective, and 1 cases of non-effective

Case studies

case 1 - 13 years old male student. Diagnosed with progressive atrophy of root of spinal nerve with unclear treatment method.

He was admitted to our hospital for a treatment. At the time of admission, his muscular strength of the upper limbs was 1, grasping power of both hands at 1Kg, muscular strength of the lower limbs at 3, and atrophy of (+++). After 5 months of treatment, his muscular strength of both upper and lower limbs was measured at 5 and fully recovered to the normal condition without any signs of atrophy.

case 2 - 49 years old male diagnosed with lymphadenitis. He was treated at other hospitals for 5 months without significant alleviation. At the time of admission, his muscular strength of the lower limbs was 1, grasping power at 0Kg, and atrophy of (+++).

After 6 months of herbal acupuncture treatment, his muscular strength recovered to 3-4 and most of the atrophy disappeared. Completing 2 years of treatment, he was able to drive a car and able to conduct daily activities.

case 3 - 38 years of female teacher. This patient was diagnosed with multiple sclerosis through MRI and electromyogram. She was admitted to our hospital after receiving a treatment for 2 month with mild alleviation. She barely managed to enter the hospital with the aid of other person and had dull yellowish color on the face. Right side limbs had muscular strength of 3-4, muscles hardened, and couldn't support the neck weight. After 4 months of treatment, muscle strength was at 5, and sclerosis and pain disappeared. She is able to work while continuing the treatment.

case 4 - 33 years old male survived in an automobile accident. At the time of admission, damage in the brain nerves was insignificant but couldn't lift the right arm. Muscular strength was measured at 0 and grasping power at 0Kg, and atrophy at (+). According to MRI reading, cerebrospinal meninge was deformed. After 3 months of treatment, the patient was able to lift the limb but still suffered from limited movement in couple fingers and continues to receive the treatment.

Conclusion

Various spinal area neurosis were treated with the herbal acupuncture and I was able to obtain satisfactory results. In addition, deficiency in brain development, incurable facial paralysis, and other nervous system disorders were successfully treated with various herbal extracts by selecting appropriate acupuncture points.

The efficacies of herbal acupuncture are not only limited to the neural disorders but also proved to be good for diabetes, arteriosclerosis, asthma, wind-damp diseases, and etc. I fervently wish that we can share the knowledge among other practitioners of Oriental medicine and aid in achieving better health for the patients.

Key words: Injection acupuncture, spinal neurosis, astragalus herbal extract, muscular strength