

Interleukin-1 β induces bone resorption by regulation of prostaglandin E₂ synthesis and plasminogen activator activity, and TGF- β inhibits bone resorption of rat bone cells

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Bone cells produce multiple growth factors and cytokines that have effects on bone metabolism and can be incorporated into the bone matrix. The present study was designed to extend these observations by examining the interactions between transforming growth factor- β (TGF- β) or interleukin-1 β (rhIL-1 β) and bone cells in a rat long bone culture model. IL-1 β regulates several activities of the osteoblast cells derived from rat long bone explants in vitro. IL-1 β stimulated cellular proliferation as well as the synthesis of prostaglandin E₂ and plasminogen activator activity in the cultured cells in a dose-dependent manner. TGF- β is present in the bone matrix and potentially released during bone resorption. TGF- β reduced basal bone resorption and inhibited vitamin D₃ [1,25(OH)₂D₃]-induced bone resorption in rat long bone cells. These results support the role of IL-1 β in the pathological modulation of bone cell metabolism, with regard to implication in the pathogenesis of osteoporosis by IL-1 β , and that TGF- β positively inhibits the bone resorption.

Key words : Interleukin 1- β , Transforming Growth Factor- β , osteoblast, osteoclast, Prostaglandin E₂, Plasminogen activator, bone resorption

Bone cells have been shown to produce a wide array of proteins, including growth factors, which have effects on bone metabolism and can be released into bone matrix. Among these are members of transforming growth factor- β (TGF- β) superfamily, which affect osteoblast cell replication and differentiation¹⁾. TGF- β is a stimulator of bone formation, which is locally produced by osteoblasts²⁾ and osteoclasts³⁾ and is secreted and stored in an

inactive form in bone^{4,5)}. TGF- β can be released from the extracellular matrix during bone resorption by osteoclasts³⁾ and it modulates the expression of several markers of the osteoblast phenotype⁶⁻¹⁰⁾.

A number of factors functions as regulators of proliferation, differentiation, and maintenance of the diverse functions of osteoblasts and osteoclasts. The resident immune cells and their products are potentially contributed to the localized remodeling processes involved in bone metabolism¹¹⁾. Studies have demonstrated that one such cytokine, interleukin-1 (IL-1), modulates several aspects of the activity of various bone cell types. IL-1 is a potent stimulator of bone resorption in vitro¹²⁾, and manifests an action partially mediated via the stimulation of osteoclast cell formation indicating the modulation of osteoblast cell

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activity by IL-1¹³⁾. Previous studies have demonstrated that IL-1 β regulates several aspects of the functional activity of human osteoblast-like cells in vitro^{13,14)}.

It is also a potent inducer of prostanoids^{15,16)}. Both prostaglandin (PG)-dependent and PG-independent effects on bone metabolism have been reported. For example, injection of IL-1 over the calvariae of mice caused a short-term PG-independent stimulation of bone resorption followed by a prolonged increase in resorption, which was PG-dependent¹⁷⁾. The production of PGE₂ is closely regulated by cytokines such as IL-1 and tumor necrosis factor- α ¹⁵⁾. It has also been shown to be a potent stimulator of prostaglandin G/H synthase-2 expression in murine osteoblastic cells¹⁸⁾. The enzyme is generally expressed at low levels in most tissues but can be rapidly and transiently induced to high levels by multiple factors, including cytokines, growth factors, and tumor promoters¹⁹⁾. Many of the important regulators of bone metabolism including cytokines, such as IL-1²⁰⁾, IL-6²¹⁾, and tumor necrosis factor- α ²²⁾, growth factors, such as transforming growth factor- α ²⁰⁾, transforming growth factor- β ^{20,23)}, and basic fibroblast growth factor²⁴⁾, hormones, such as parathyroid hormone²⁵⁾ and cortisol^{18,23)}, PGs themselves^{18,23)}, and mechanical forces²⁶⁾ have been shown to regulate PG production in rodent osteoblastic cells²⁷⁾.

It is the aim of the study to examine whether these effects are exhibited by recombinant human IL-1 β (rhIL-1 β) on rat long bone osteoblast cells derived from fetal rat, and to extend the observations on action of transforming growth factor- β in osteoblasts as well as bone resorption in a long bone culture model.

MATERIALS AND METHODS

Materials

1,25-dihydroxyvitamin D₃ [1,25(OH)₂D₃; Vit D] was purchased from Sigma Co. LTD. (St. Louis, MO, USA). Dulbecco's modified Eagle's medium (DMEM), bovine serum albumin, cycloheximide (CHM), indomethacin and other chemicals were obtained from Sigma Chemical Company (St. Louis, MO, USA). PGE₂

antibody was purchased from Immunoassay Co. (Tokyo, Japan). [³H]-Prostaglandin was purchased from New England Nuclear (NEN, Boston, MA.). TGF- β type 2 was purchased from Immunex, Inc. (Seattle, WA.). ⁴⁵Ca (NEN, Boston, MA) was purchased from supplier. All other reagents were of the best grade commercially available.

Rat bone cell culture

Explants of rat long bone were cultured as described¹³⁾. The cells obtained have been routinely characterized and shown to express an osteoblast-like phenotype in culture. Recombinant pure human IL-1 β (specific activity 5 x 10⁵ U/mg) was our deposit²⁸⁾, which was a gift of Dr. Park SH, Korea Research Institute of Bioscience and Biotechnology, Taejeon, Korea Institute of Science and Technology(KIST).

Cell proliferation

Cell proliferation was assessed by the incorporation of [¹⁴C]-thymidine into materials precipitable by trichloroacetic acid. Cells were pulsed for the final 24 h of a 46 h incubation period.

Alkaline phosphatase assay

Alkaline phosphatase activity in the solubilized cell layer was measured by monitoring the release of p-nitrophenol from disodium p-nitrophenyl phosphate. The assay buffer consisted of 0.1 M diethanolamine, supplemented with 0.5 M magnesium chloride (pH 10.5). Results are expressed as μ moles per μ g cell protein per h.

PG assay

PGE₂ released into the culture medium over 72 h incubation period was measured by radioimmunoassay using an antiserum with specificity towards PGE₂ (Immunoassay, Co., Tokyo Japan) as described¹¹⁾. Results are expressed as ng PGE₂ per μ g cell protein.

Bone resorption assay

The effects of systemic and local factors on bone resorption were assessed by measuring the percentage of ^{45}Ca release from prelabeled 17-day-old fetal rat radii and ulnae after 3 and 6 days of culture. The fetal rat long bone organ tissue culture system was based on that described by Raisz²⁰. Fetal bones were labeled with ^{45}Ca by injecting the mother with 200 μCi ^{45}Ca (NEN, Boston, MA) on the eighteenth day of gestation. Radii and ulnae bone shafts were obtained from 19 day fetuses by microdissection. The shafts were cut beyond the calcified zone and therefore contained short lengths of cartilage at the ends. Bones were cultured on sunk Millipore filter dots in 24-well Limbro plates. The shafts were first cultured in 0.5 ml BGJ_b medium (Gibco Laboratories, Grans Islan, NY) containing 1.0 ml/ml bovine serum albumin, 100 units/ml penicillin G, and 1 $\mu\text{g/ml}$ polymyxin B for 1 day to reduce exchangeable ^{45}Ca . One bone from a pair (right and left radii or right and left ulnae from a single fetus) was then transferred into medium containing agonist(s) (treatment) and the contralateral bone was placed into identical medium without agonist(s) (control). A typical test group consisted of 5 pairs of bones. Bones were cultured for 5 days in a 95% air/5% CO₂ incubator at 37°C and 95% humidity with one change of media after 2 days. The percentage of ^{45}Ca released from a bone into the medium during the 5-day culture was determined by measuring the radioactivity in medium 1, medium 2, and the trichloroacetic acid solubilized bone using a liquid scintillation counter. Stimulated resorption was expressed as the paired difference between treatment and control bone percent ^{45}Ca released from during the 5-day culture. Dead bone ^{45}Ca release in this system was approximately 10%. BGJ_b control ^{45}Ca release was 16-20% and maximum IL-1 β ^{45}Ca release was 60-80%. Since "stimulated" release is expressed as the mean difference between paired BGJ_b control bones (C%) and treated bones (T%), the T%-C% for an inactive treatment is zero, and a maximum IL-1 β response is approximately 40-60%. Each bone was labeled with approximately 20,000 CPM ^{45}Ca . In specific case, 1,25(OH)₂D₃ as a

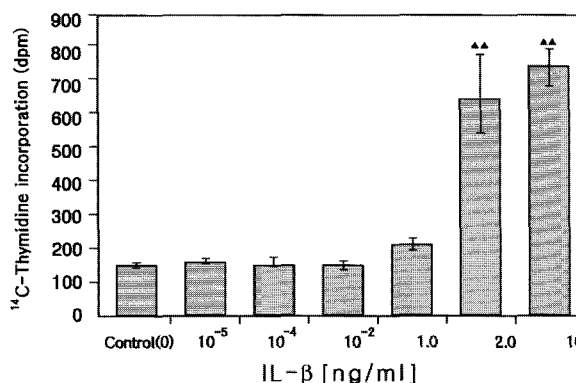


Fig. 1. Effects on cell growth of the rat bone osteoblasts by IL-1 β . Cell growth was assessed by [^{14}C]-thymidine incorporation. Values represent mean \pm S.E.M (n=5). Significant difference from control, *P<0.05, ** P<0.005.

bone resorption agent was used.

Statistics

Statistical differences between treatments were determined using analysis of variance. All other statistical analyses were done by Student's t-test.

RESULTS

Effects on cell proliferation, PGE₂ production and plasminogen activator activity of the rat osteoblasts by IL-1 β

The proliferation of the rat osteoblasts was stimulated in a dose-dependent manner by IL-1 β over the concentration range of 0.01 ng - 2 ng/ml (Fig. 1). The stimulation of cell proliferation came to peak level at 2.0 ng/ml, while concentrations below 0.1 ng/ml had no detectable effect. Correspondingly, IL-1 β stimulated the production of PGE₂ in a dose-dependent manner over the concentration range of 0.01 ng - 2 ng/ml with a maximal effect being observed at 2 ng/ml (Fig. 2). The stimulation of cell proliferation was most pronounced at 2.0 ng/ml, while concentrations below 1.0 ng/ml exhibited no detectable activity on the synthesis of PGE₂.

The plasminogen activator activity of the rat oste

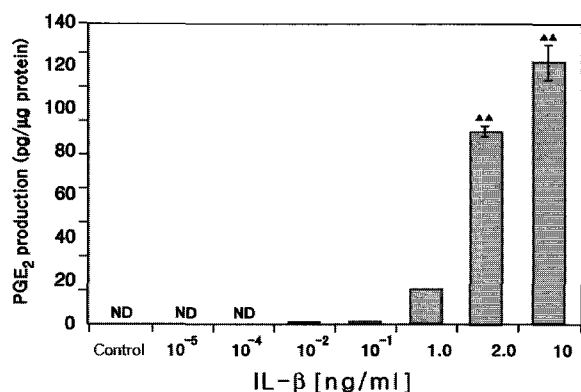


Fig. 2. Effects of IL-1β on PGE₂ production by rat bone cells. PGE₂ released into the culture media was measured. Values represent mean ± S.E.M (n=5). Significant difference from control. *P<0.05, ** P<0.005.

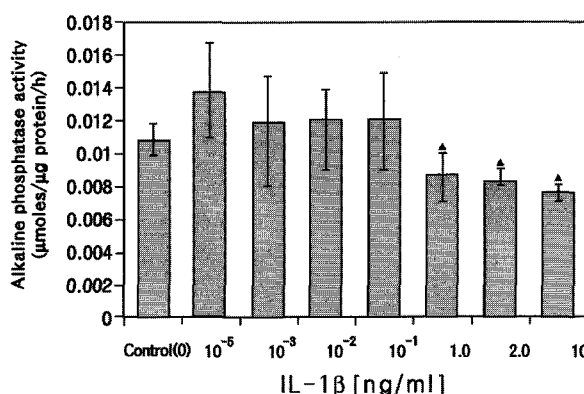


Fig. 4. Effect of IL-1β on alkaline phosphatase activity in the rat osteoblastic cells. The alkaline phosphatase activity of the solubilized cell layer of the rat osteoblastic cells was measured. Values represent mean ± S.E.M (n=5). Significant difference from control, *P<0.05, ** P<0.001.

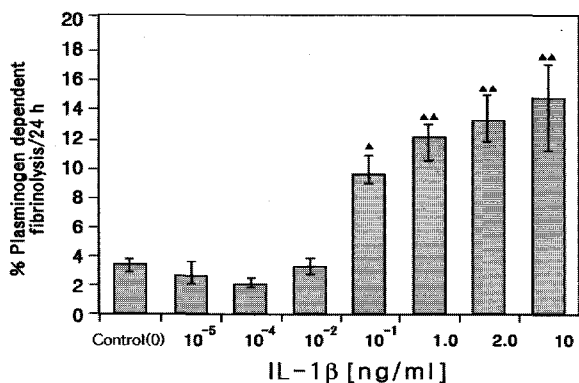


Fig. 3. Stimulation of the plasminogen activator activity of rat bone cells including osteoblasts and osteoclasts by IL-1β. Plasminogen activator activity of rat osteoblasts induced by rhIL-1β was measured. The data shown represents the plasminogen dependent fibrinolysis of [¹²⁵I]-fibrin substrate. Values represent mean ± S.E.M (n=5). Significant difference from control. *P<0.05, ** P<0.001.

oblast was likewise stimulated by IL-1β in dose-dependent manner over the dosage range of 0.01 ng -2 ng/ml with a utmost effect being observed at 2 ng/ml (Fig. 3). The plasminogen activator activity was significantly stimulated compared to that control. Concentrations below 0.1 ng/ml exhibited no detectable effect on the plasminogen activator activity.

Effect of IL-1β on alkaline phosphatase activity in the rat long bone cells

To examine the effects of IL-1β on alkaline phosphatase activity in the rat long bone cells, various concentrations IL-1β were treated to the cells and alkaline phosphatase activities were assayed. The basal alkaline phosphatase activity of the rat osteoblast cells was decreased by IL-1β over the dose range of 0.01 -2.0 ng/ml (Fig. 4).

Stimulation of IL-1β on bone resorption

Treatment of rat long bone cells with IL-1β resulted in dose dependent stimulation of bone resorption. The dose response for stimulating bone resorption differed significantly between the fetal rat long bone organ tissue culture (unpublished data) and this culture system of rat long bone cells. As shown in Fig. 5, human IL-1β has a potential in stimulating bone resorption as measured by means of calcium release when each is normalized to nano gram of amounts.

Effect of TGF-β on 1,25(OH)₂D₃ (Vit D)-induced bone resorption

A conspicuous effect of 1,25(OH)₂D₃ is stimulation of

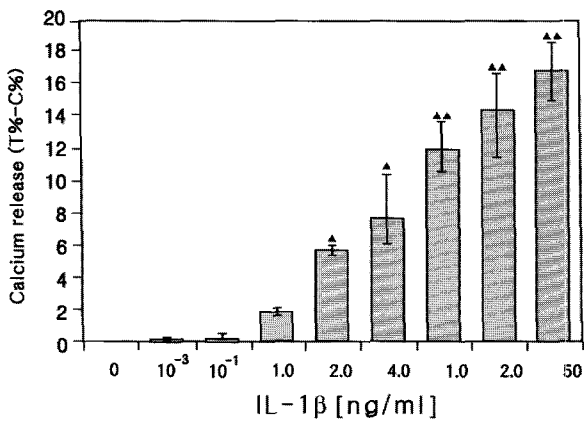


Fig. 5. Dose-dependent bone resorption of IL-1 β in rat bone cells. Bone resorption was measured as percent release of ⁴⁵Ca during 5 days of rat long bone cell culture. Each point is the mean paired difference \pm S.E. for 5 treatment-control bone pairs. ** P<0.001.

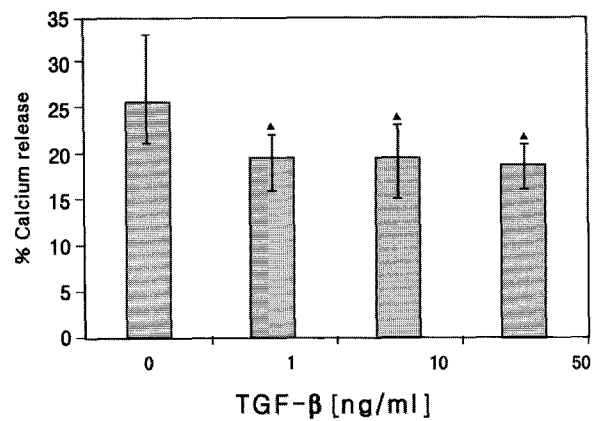


Fig. 7. The effect of TGF- β on non-stimulated bone resorption in fetal rat long bone cells. Prelabeled fetal rat radii/ulnae were incubated with the indicated concentrations of TGF- β (1-1000 ng/ml) in the absence of 1,25(OH)₂D₃ for 5 days (two times 3 days). Data obtained after 5 days are presented. After 3 days, similar but less-distinguished effects were observed. Data are presented as \pm SEM of 5 cultures. * P<0.05; ** P<0.001.

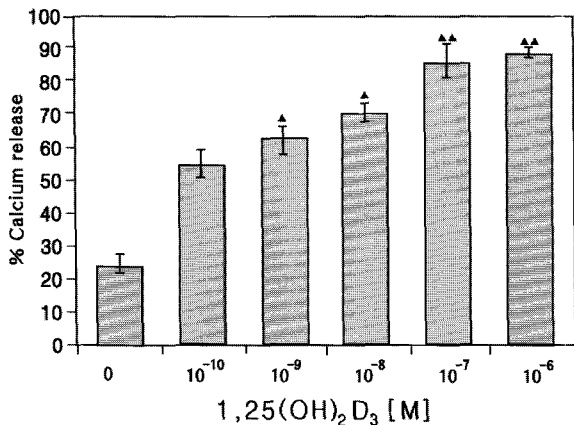


Fig. 6. The effect of 1,25(OH)₂D₃ on bone resorption in fetal rat long bone cells. Prelabeled fetal rat radii/ulnae were incubated with the indicated concentrations of 1,25(OH)₂D₃ for 5 days, and the release of ⁴⁵Ca into the medium was determined. Percent release of ⁴⁵Ca is a measure for bone resorption and was assessed as described. Each point is the mean paired difference \pm S.E. for 5 cultures. * P<0.05; ** P<0.001.

bone resorption. As shown in Fig. 6, 1,25(OH)₂D₃ dose dependently stimulated bone resorption in the fetal rat radii/ulnae as measured by release of pre-labeled ⁴⁵Ca. This effect was observed after 3 days and most pronounced after 6 days of incubation.

Incubation of fetal rat long bones with TGF- β caused small yet significant inhibition of basal bone

resorption after 6 days (Fig. 7). As shown in Fig. 7, after 6 days of culture, the incubation of bone resorption by 1,25(OH)₂D₃ (Vit D, 10⁻⁷ M) was inhibited in dose-responsive manner by 10 and 50 ng/ml TGF- β (Fig. 8). The effect of TGF- β after 3 days of incubation was analogous but less distinguishable as compared with the effects after 6 days of incubation.

DISCUSSION

In bone resorption reaction, it has been known that IL-1 β is responsible to progressive degradation of bone by activating osteoblast cells and by causing the progenitor cells to mature cells¹¹. IL-1 β stimulated the plasminogen activator activity of the rat osteoblast cells in a dose-dependent manner. The stimulation of plasminogen activator activity by IL-1 β has been observed in several connective tissue cell types, including human osteoblast-like cells¹³. IL-1 β is a potent stimulator of bone resorption both in vitro¹¹ and in vivo¹² through an action which may be mediated primarily via the osteoblast^{12,13}. The observation that IL-1 β stimulated the plasminogen activator activity of the rat osteoblast cells may indicate a potential mechanism for the osteoblast-mediation of bone resorption. Plasmino-

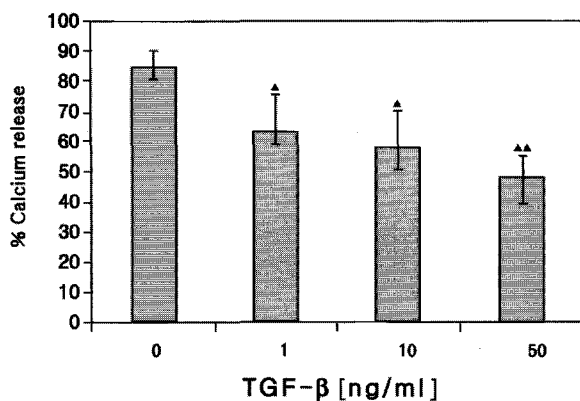


Fig. 8. The effect of TGF- β on $1,25(\text{OH})_2\text{D}_3$ -stimulated bone resorption in fetal rat long bone cells. Pre-labeled fetal rat radii/ulnae were incubated with the indicated concentrations of TGF- β (1- 1000 ng/ml) in the presence of 10^{-7} M $1,25(\text{OH})_2\text{D}_3$ for 5 days (two times 3 days). Data obtained after 5 days are presented. After 3 days, similar but less-distinguished effects were observed. Data presented as \pm SEM of 5 cultures. * P<0.05; ** P<0.001.

gen activator has been associated in several processes governing connective tissue degradation. The existence of a plasmin-dependent proteolytic system in mineralized matrices has been known and so may contribute to the breakdown of the constituents of the bone matrix¹³. One mechanism whereby this may be achieved is the activation of latent collagenase via action of plasmin, following its generation from plasminogen^{11,13}. Rodent osteoblast cells produce latent collagenase in response to several bone resorbing a of PGE₂ production by IL-1 β and resulting stimulation of bone resorption can occur partially via PGE₂-dependent mechanism, signifying that the PGE₂ synthesis by osteoblast-like cells in response to IL-1 β may contribute to this effect. Elevated production of IL-1 β has been implicated in the pathogenesis of osteoporosis and with humoral hypercalcemia associated with squamous cell carcinomas. The present study therefore provides further support for the role of IL-1 β in the bone metabolism process. In addition, the demonstration of the production of IL-1 β -like factors by osteoblasts may indicate a potential paracrine/autocrine regulatory mechanism affecting both osteoblasts and osteoclasts and consequently the cellular processes governing the regulation of bone metabo-

lism. The capability of IL-1 β to suppress these markers of the mature osteoblast in association with the stimulation of cell proliferation is intriguing. Elevated production of IL-1 β has been implicated in the pathogenesis of osteoporosis and with humoral hypercalcemia associated with some carcinomas. Thus, the present study provides further support for the role of IL-1 β in the processes governing bone metabolism.

On the other hand, the present results support the hypothesis that bone-derived growth factors interact with the systematic regulator of bone metabolism, i.e., $1,25(\text{OH})_2\text{D}_3$, in the control of bone turnover as assessed by the regulation of bone resorption. Previously, Staal et al. demonstrated that TGF- β potently blocks $1,25(\text{OH})_2\text{D}_3$ -stimulated osteocalcin expression in fetal rat and human osteoblastic cells via interference at the transcriptional level^{31,32}. They found that in fetal mouse long bones, $1,25(\text{OH})_2\text{D}_3$ dose-dependently reduced osteocalcin synthesis⁹.

TGF- β reduced the basal osteocalcin level in the fetal rat long bone cultures (data not shown). This inhibition is in line with observations with rat and human osteoblast-like cells^{33,34,35}. This growth factor is produced by bone cells and incorporated into the bone matrix⁹. This implicates that this factor defines the action of systematic factors at specific sites and may be substantial in the regulation of bone formation. For instance, $1,25(\text{OH})_2\text{D}_3$ -induced bone resorption at TGF- β -positive site may be limited whereas the resorption can go on at TGF- β -negative site. This model requires the release of this factor as a biologically active form from the bone matrix during resorption. TGF- β is existed in a latent form in the bone matrix³⁴. The present data on the inhibitory effect of TGF- β on $1,25(\text{OH})_2\text{D}_3$ -stimulation of bone resorption appears to be protective effects for bone formation as TGF- β is a potent inhibitor of $1,25(\text{OH})_2\text{D}_3$ -induced osteoblast-like cell formation in long-term human bone marrow cultures, both by inhibiting proliferation and differentiation of early precursors and by inhibiting fusion of mononuclear cells to form osteoclasts³⁵. In addition, TGF- β inhibition of $1,25(\text{OH})_2\text{D}_3$ -stimulated bone resorption was suggested to occur via the inhibition of osteoclast precursor proliferation in fetal rat long

bones³⁶⁾.

In conclusion, the data on the effects of TGF- β on bone cells and its interaction with 1,25(OH)₂D₃, systemic regulator of bone metabolism, at osteoclast level has led to the hypothesis that this plays an important role in bone metabolism. The present study supports this concept by growth factor-specific interaction between TGF- β and 1,25(OH)₂D₃ with respect to bone resorption. Besides the present study provides a basis for a local regulatory mechanism of bone resorption stimulated by 1,25(OH)₂D₃.

SUMMARY AND CONCLUSION

Many of the pertinent regulators of bone metabolism including cytokines, such as IL-1, IL-6, and tumor necrosis factor- α , growth factors, such as transforming growth factor- α , transforming growth factor- β , and basic fibroblast growth factor, hormones, such as parathyroid hormone and cortisol, PGs themselves, and mechanical forces have been shown to regulate PG production in rodent osteoblastic cells. This study was undertaken to scrutinize whether these effects are exhibited by recombinant human IL-1 β (rhIL-1 β) on rat long bone osteoblast cells derived from fetal rat, and to extend the observations on action of transforming growth factor- β in osteoblasts as well as bone resorption in a long bone culture model.

Bone cell culture from explants of rat long bone, cell proliferation assessment by the incorporation of [¹⁴C]-thymidine, alkaline phosphatase assay by monitoring the release of p-nitrophenol from disodium p-nitrophenyl phosphate, PG assay by radioimmunoassay using an antiserum with specificity towards PGE₂, bone resorption assay by measuring the percentage of ⁴⁵Ca release from prelabeled bone were executed.

IL-1 β stimulated the proliferation of osteoblasts in dose-dependent manner over the concentration of 0.01-2.0ng/ml, the production of PGE₂ in dose-dependent manner over 0.01-2.0ng/ml with a maximal effect at 2.0 ng/ml, and plasminogen activator activity. The basal alkaline phosphatase activity of osteoblasts manifested diminution by IL-1 β over 0.01-2.0 ng/ml. Treatment of bone cells with IL-1 β resulted in dose-dependent stimulation of bone resorption. 1,25(OH)₂D₃

dose dependently stimulated bone resorption. Incubation with TGF- β caused minute, yet significant inhibition of bone resorption. The incubation of bone resorption by 1,25(OH)₂D₃ was inhibited in 10-50 ng/ml TGF- β .

These consequences advocate the role of IL-1 β and TGF- β in the orthodontic modulation of bone cell metabolism in paradental tissues.

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국문초록

쥐의 골세포에서 PGE $_2$ 합성과 plasminogen activator 활성 조절에 의한 IL-1 β 의 골 흡수유도와 TGF- β 에 의한 골 흡수 억제 기전에 관한 연구

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골세포는 골대사에 영향을 미치는 다양한 성장인자와 사이토카인을 생성하여 골 기질로 유리시킨다. 이 연구는 쥐의 장골 세포 배양 모델에서 recombinant human IL-1 β 가 PGE $_2$ 합성과 plasminogen activator의 활성 조절을 통한 골

흡수 유도 기전의 일단을 구명하고, 이와 동시에 TGF- β 에 의한 골흡수 억제 기전을 해명하는데 그 목적이 있다.

쥐의 장골 세포를 배양하여 통법의 골모세포 phenotype을 발현하는 세포를 분리하고 세포 배양능, alkaline phosphatase assay, PG assay, 골흡수능 측정들을 시행하여 다음의 결과를 얻었다.

1. IL-1 β 는 쥐의 골모세포의 증식, PGE₂ 생성 및 p38 α 의 활성을 촉진하였다.
2. IL-1 β 는 쥐의 골모세포에서의 alkaline phosphatase 활성을 감소시켰다.
3. rhIL-1 β 는 골 흡수를 촉진시켰다.
4. TGF- β 는 쥐의 장골 세포에서 골의 흡수를 억제하였으며, Vitamin D₃에 의하여 유도된 골 흡수를 억제하였다.

이상의 연구 결과는 IL-1 β 에 의한 골 파괴의 병인과 관련하여 골 세포 대사의 병리학적 조절에 있어서의 IL-1 β 의 역할을 지지하며, 이와 동시에 골 흡수 억제에 있어서의 TGF- β 의 역할을 확인시켜주는 것으로 생각된다.

주요 단어 : IL-1 β , TGF- β , 조골세포, 파골세포 PGE₂, 골흡수