

청소년의 인지적 사회지지 측정을 위한 PRQ(Personal Resource Questionnaire)-Part II의 타당도

STRUCTURAL VALIDATION OF THE PRQ PART (PERCEIVED SOCIAL SUPPORT) MEASURE FOR ADOLESCENTS

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요 약 :

본 연구는 청소년의 인지적 사회지지 측정을 위한 PRQ(Personal Resource Questionnaire)-Part II의 타당도를 검증하기 위하여, 서울지역의 중학교 1학년 150명(남자 75명, 여자 75명)을 대상으로 실시하였다. PRQ-Part II는 25개의 문항으로 구성되어 있으며, 5개의 하위요인(1. 친밀성(intimacy), 2. 도움/지침(assistance/guidance), 3. 격려(encouragement), 4. 지지(support), 5. 자존감(self-esteem))으로 구성되었다. 구조방정식 모형(structural equation model)을 사용하여 PRQ-Part II의 타당도를 검증하였다. PRQ-Part II의 타당도는 0.71로 높았으며, 하위요인별 타당도는 친밀성(0.71), 도움/지침(0.68), 격려(0.65), 지지(0.62), 자존감(0.59)이었다. PRQ-Part II는 청소년의 인지적 사회지지를 측정하는 데 유용한 도구로 사용될 수 있다.

중심 단어 : PRQ-Part II, 인지적 사회지지, 청소년

서 론

WHO(1)는 건강을 단순히 질병의 부재가 아니라 신체적, 정신적, 사회적 안녕(well-being)의 총체라고 정의하였다. WHO(2)는 건강을 유지하고 증진시키기 위해서는 개인적, 사회적, 환경적 요인의 상호작용이 중요하다고 강조하였다. 인지적 사회지지는 개인이 스트레스를 경험할 때 대처할 수 있도록 돕는 중요한 사회적 자원이다. 인지적 사회지지는 개인이 스트레스를 경험할 때 대처할 수 있도록 돕는 중요한 사회적 자원이다. 인지적 사회지지는 개인이 스트레스를 경험할 때 대처할 수 있도록 돕는 중요한 사회적 자원이다.

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6가 (Attachment), Weiss (Social integration), PRQ Part

(Reassurance of worth), (Reliable alliance), PRQ - Part

(Guidance), (Opportunity for nurturance) 15). Br - andt & Weinert¹⁶⁾ PRQ - Part Weiss 가

6가 5가 Brandt & Weinert¹⁶⁾ 149 PRQ - Part PRQ -

Part 가 .30, 451 .40 PRQ - Part 가 20.29(±1.17) 18 24 . PRQ Part 20 가 62.1% 가 1 Weinert & Brandt 30 37 290 64.7%, 2 114 (25.4%), 100 - r=.72 3 , 4 22 (4.9%) (r = .32, p<.001), (r = -.42, p<.001), (17.6%) 369 (82.4%), 79 (r = -.28, p<0.001)²⁰⁾.

PRQ - Part 2. 연구 도구

1) 인지적 사회지지 Weinert & Brant¹⁸⁾가 Personal Resources Questionnaire(PRQ - Part) & ²²⁾ 248 PRQ - Part 25 , , , / , oblique 5가 Weiss , 3 , Likert 7 43.4% . 1 / (intimacy/assistance), 2 (recipro - city), 3 / (integration/affir - mation) Brandt & Weinert¹⁶⁾가 가 5가 .90 . 2) 애 착 Mother - Father - Peer Scale²²⁾ PRQ - Part 가 , , , 70 가 . ²²⁾

Brandt

Table 1. Item loadings for the four-factor solution on the structure matrix

Original subscale	Items	Factor loadings				Communi- alities
		1	2	3	4	
I	1 가 가	.740	.064	.388	.281	.570
SI	2	.449	.150	.703	.367	.539
W	3 가	.205	-.028	.754	.140	.604
A	4 가	.254	.722	-0.19	-0.65	.585
I	5	.588	.171	.580	.179	.521
SI	6 가	.495	.177	.447	.305	.333
N	7 가	-0.94	.537	.007	.180	.368
W	8 가	.217	.140	.671	.372	.476
A	9 가	.634	.144	.374	.540	.520
I	10 가 가	.368	.785	.103	.131	.683
SI	11	.437	.081	.322	.635	.458
N	12	.468	.183	.462	.693	.564
W	13 가 가 가	.367	.112	.465	.351	.280
A	14 가 가	.644	.182	.288	.326	.429
I	15 가 가 가	.732	.294	.279	.446	.599
SI	16 가	.184	.740	.093	.030	.557
N	17 가	.143	.186	.509	.594	.486
W	18	.396	.010	.596	.576	.518
I	19 가 가	.731	.237	.363	.342	.556
SI	20	.532	.092	.381	.645	.529
W	21	.305	.045	.234	.746	.567
A	22 가 가 가	.634	.206	.402	.614	.583
N	23	.569	.302	.604	.550	.598
W	24 가	.169	.787	.203	.132	.637
A	25 가 가 가	.760	.304	.275	.335	.607
Eigenvalues % of variance		8.17 32.69	2.54 10.15	1.35 5.38	1.11 4.44	

I = Intimacy, SI = Social integration, N = Nurture, W = Worth, A = Assistance/guidance

Likert 5
가
가
(Cronbach's) .86
3) 부모-자녀 유대 관계
- Parker, Tupling & Brown
23) Parental Bonding Instrument(PBI) 25
& 21) PBI
가 가
, " (care) "
12 " (overprotection) " 13
가
(Cronbach's) " (care) "
.87, " (overprotection) " .73
4) 대처
Folkman & Lazarus²⁵⁾ Way of Coping 66
21)가

(assistance/guidance), 3 (intimacy)
, 1 ' / /
, 2 , (wo-
(social integration), /
1 4
2 ' (reliable alliance)
, 3 2 , 1
, 4
1 ' (opp-
portunity for nurturance) '
15 .84
, 1 .82, 2 .80, 3 .64,
4 .69
(Table 2)
.40
가
6 cell .40

결 과

1. PRQ-Part II에 대한 요인 분석
Weiss
oblique .5
eigenvalue 1.0
4
oblique
52.65% , KMO .929
, Bartlett
4371.348(p=.000)

2. 구성 타당도

1) PRQ와 애착

15 PRQ 25
PRQ
,
PRQ
(Table 3).
25 PRQ 15 PRQ
(r = .475**, r = .459**)
PRQ 25 15
PRQ 25
PRQ
15 PRQ

Table 1

.40 ,
.20 가
15
1 5가 2 /

Table 2. Interfactor correlation matrix for the four-factor solution

	Factor	Factor	Factor	Factor
Factor	1.000			
Factor	.200	1.000		
Factor	.351	.132	.381	1.000
Factor	.351	.132	.381	1.000

21)22) . 15 PRQ
 25 PRQ
 15 PRQ - Part
 4가
 15
 / / ; ‘ ; ‘
 ; ‘
 15 PRQ .84 25
 PRQ .90
 15 PRQ가
 가 15 PRQ가
 가

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The purpose of this study were to factor analyze the 25-item Personal Resource Question-naire (PRQ)-Part , a social support measure, and to establish construct validity for the instrument among adolescents by relationship found between perceived social support and the theoretically relevant variables of attachment, parent-child relationships, and coping.

The sample was consisted of 451 college students, aged 18 to 24. According to the criteria used in this study a four-factor structure, which consisted of 15-items, resulting from a principal components analysis with an oblique rotation, best represented the multidimensionality of the PRQ-Part of late adolescents in Korea. Evidence in support of construct validity for both the 15-item and 25-item PRQ-Part was provided by statistically significant correlations found between the two scales and the theoretically relevant variable of attachment, parent-child relationships, and coping.

With the findings of this study, the 15-item Korean version of the PRQ-Part can be used in research and practice as a reliable and valid instrument measuring perceived social support for late adolescents in Korea.

KEY WORDS : Perceived social support · PRQ-Part · Adolescent · Validity.