

:

.

1.

가 가 (,1995).

(,1994). “ ”

가 가 .(,1989). , , , (,1995).

가 , , (, , , ,1998). (Woods,1985).

(1995) 7.8%가 17.3%, 61.5%

가 (,1995) 20-80%가 , 5%

가 (Hamilton, Parry , Alagma, Blumenthal, and Herz,1984). 1 25

40% (,3196).

가 . 가 가

가

2.

3.

(dysmenorrhea) : Paunful menstruation

6-12

2-3

24-48

(,1997).

,1993 ; ,1997).

가

50%

가

(60%),

(89%),

(85%),

(60%),

(45%),

가 80-90%

가
가
가 가

(,1991).

PGE2

T ssm

(,1995).

(,1990). 4-24

가 가 20-50%

(,1990).

Vollman (첩,1990). 가

가 6.8%

가 29.6%가

(1995)

가

가

가

1.

(,1993).

가 가

가

(Munhall,1989 ; Oiler,1982).

2.

가

S ,E ,M

1

가

가

가

(Leininger,1985)

가

9

가

(Bracketing)

1998 7 1 7 30

가

가

가

가

가

가

가

가

1

30-40

1 -4

3.

Van Kaam(1969)

3

1 (Parse, Coyne,& Smith,1985).

1 : (intuition), (analyzing), (describing)

2 :

3 :

4 : 가

1

2

140

12

6

5 : 가

6 :

1.

10 3 , 20 3 , 30 1 , 40 1 , 50 1
 , 1 , 5 , 3 . 1 , 5 ,
 1 , 2 , 7 , 2 , 1 ,
 6 , 1 , 1 , 7 ,
 가 2 . <
 > , < 가 > , < > , < > , <
 > , < >
 140 , 12
 가 6 . < 1 >
 < > ‘ , ‘ ’ 2

(1995)

eot

가 (,19936)

24.9

23.2

(,1998)

가

50%

Halbreich, Schachtt,&Nee,1982)

2.528

가 3.110

(Endicott,

(,1988)

가

가

가

52%가

7.8%가

10%가

1-3

가 ,1991).

, 1 4

(가

가

가

가

가

1.

, < >, < 가 >, < >, < >, < >

가

가

2.

가

가

가

가

(1999, 2 3). , 5 .

(1993).

,23(2),224- 244.

(1995). Triangulation

(1991).

(1988).

(1994).

(1995).

,118(2),41- 59.

(1990).

(1989).

가

(1996). 10

,39(5),865- 879.

(1995).

(1995).

(1997).

가

(1995).

(1988).

- (1993) . . . :
- (1993). . . . , . . . :
- , , (1998). ,28(4),821- 831.
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- Abstract -

key concept : Dysmenorrhea Experience

A Phenomenological Study on Dysmenorrhea Experience of Women

**Ham, Mi Young · Han, Kyoung Soon
You, Soo Ok · Park, Kyung Sook**

The purpose of this research was to understand the dysmenorrhea experience of women. To do this work, we asked 9 women a lot of questions about dysmenorrhea. The interviews were carried out from JUL 1, 1998 through JUL 30, 1998.

They were audio-recorded and analyzed using Van kaam's Phenomenological method. Results were as follows.

One hundreds forty two descriptive expression were found and they were grouped under twenty common factors. twenty common factors were grouped under six higher

categories.

Two common factors, 「Physical pain」, 「Physical Discomfort」 were grouped under Physical trouble . Three common factors, 「Receptively of Femininity」, 「Women's Persecution」, 「Mystery of Femininity」 were grouped under Ambivalence of femininity . Three common factors, 「Emotional Anxiety」, 「Disgust of Pain」, 「Solitude」 were grouped under Psychological trouble . Two common factors, 「Coping with Pain Relief」, 「Fear of Pain relief method」 were grouped under Adaptation to pain relief . One common factors 「Beauty」 were grouped under Secondary gains , One common factors, 「Singularity」 were grouped under Specialities .

As Dysmenorrhea Experience of Women's authors recommend further studies on Women's Dysmenorrhea Experience and go into details nursing intervention of Dysmenorrhea relief method.