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1.

가 , 가  
 . Rubin(1984)  
 가 ,  
 가  
 ( , 1993). 가 ,  
 가 가  
 가 (Cranley, Hedhal and  
 Pegg, 1983). 가 ,  
 가  
 (Laufer, 1990 ; Mercer, 1985 ; Peterson & Mehl, 1978). Mercer(1981)  
 가

( , 1991 ;  
 , 1990 ; , 1991 ; , 1988 ; , 1987 ; , , , 1990 ; Mercer, 1985)  
 가 ,

가

2.

1)

2)

3)

3.

1)

가

:

(Mercer, 1981 : Lederman, Weigarten 1981).

:

Lederman (1981) 가 가 ,

2)

:

가

(Lederman ,

1981).

:

Lederman (1981) 가 가

•

1.

가

가 ,

( , 1991).

Mercer(1981)

가

. Walker, Crain Thompson(1986)

(self-confidence)

가

가

가 (Aronson, 1991; Asch, 1990; Asch, 1991; Asch, 1988; Asch, 1987; Asch, 1990; Mercer, 1985).

가 (Aronson, 1991; Asch, 1990; Asch, 1990; Mercer, 1985).

가 (Lederman, 1981; Olson and Mitchell, 1989).

가 (Aronson, 1990; Asch, 1991; Asch, 1986; Lederman, 1981; Walker, 1986).

가  
가

1.

(correlational study)

2.

1997 5 1 8 31 P 4  
 158 144 ,  
 1) 20-34 ( 19 35 )  
 가 가 .  
 2)  
 3) 38 42 , 2,500 4,000 ,  
 Apgar 8 ( 1 , 5 ) ( ( 1-2 ,  
 3-4 가 가 .  
 3.

1)  
 Lederman (1981) 8 87  
 가 가 ( :Postpartum self-evaluation questionair :  
 Measures of maternal adaptation)  
 14 ( )  
 ,  
 Likert 4 ‘ , 4 , ‘ , 3 , ‘  
 ‘ 2 , ‘ ‘ 1 가 가  
 가 . 14 56 .  
 Lederman (1981) 3 91 6 58  
 Cronbach's .62 - .82 ,  
 (1991) 2-3 60 Cronbach's .9427  
 , .8782 .  
 2)  
 Lederman (1981) 가 가 , 13  
 ( )

Likert 4 ‘ , 4 , ‘ , 3 , ‘  
 ‘ 2 , ‘ ‘ 1 가 가 가  
 . 13 52 .  
 Lederman (1981) 3 91 6 58  
 Cronbach's .73 - .90 ,  
 (1991) 2-3 60 Cronbach's .9482

.7685 .

4. 1997 5 1 8 31 P 4 ,

5. SPSS/PC .

1) t-test, ANOVA

2) Pearson

3) .

1. < 1> .

< 1>

N=144

	M ± SD
. 가 #	2.87 ± .88
.	2.31 ± .77
. 가	1.77 ± 1.11
. 가 가	1.87 ± 1.10
.	2.13 ± .97
. 가	1.97 ± .94
.	2.87 ± .93
. 가 #	3.04 ± 1.05
. 가 #	3.16 ± .92
. 가	3.04 ± 1.01
.	2.42 ± 1.00
.	3.04 ± .89
. #	2.86 ± .83
.	3.10 ± 1.00
	2.60 ± .96

#

가 3.16 가 ‘ 가 1.77 가

3.10 ‘ 가 ’가 가

가 14  
4 2.60  
2.

< 2>

< 2>

N=144

	M ± SD
.	2.92 ± .88
.	3.24 ± .88
.	3.38 ± .71
. 가	3.13 ± .89
. 가 가	3.02 ± .90
.	3.39 ± 1.00
.	2.93 ± .84
.	3.40 ± .73
.	3.00 ± .66
.	2.97 ± .73
. 가	3.35 ± .73
.	3.30 ± .88
. 가	3.58 ± .72
	2.60 ± .96

#

13 ○  
3.20  
'가 가 '가 3.58 가 , '가  
'가 2.92 가 '가 3.40 , '

3.

1)

(F=3.19 p<.05, F=3.07, p<.05).

가 39.67 , 39.93

( 3 ).

< 3>

N=144

		N (%)	M ± SD	t or F	P
( )	20	101(70.1)	36.47 ± 5.19	- .10	.92
	30	43(29.9)	36.62 ± 13.29		
( )	20	44(30.6)	36.52 ± 4.91	.00	.99
	30	100(69.4)	36.52 ± 9.57		
( )		88(61.2)	36.26 ± 5.06	3.19	.04*
		28(19.4)	39.67 ± 15.48		
		28(19.4)	34.17 ± 6.03		
( )		58(40.3)	35.68 ± 5.68	3.07	.04*
		29(20.1)	39.93 ± 15.38		
		57(39.6)	35.63 ± 4.68		
		84(58.4)	36.71 ± 9.72	.36	.72
		60(41.6)	36.20 ± 5.74		
( )		99(68.8)	35.78 ± 5.04	- 1.56	.12
		45(31.2)	38.13 ± 13.01		
가	가	115(79.9)	36.46 ± 8.88	.09	.92
	가	29(20.1)	36.29 ± 5.93		
( )	60-99	6( 4.2)	36.00 ± 5.09	2.25	.08
	100- 199	77(53.5)	35.32 ± 5.04		
	200- 299	36(25.0)	39.61 ± 13.84		
	300	25(17.4)	35.88 ± 6.06		
		87(60.4)	37.55 ± 9.74	1.16	.32
		35(24.3)	35.00 ± 5.13		
		18(12.5)	35.22 ± 6.88		
		4( 2.8)	33.25 ± 1.70		

		N (%)	M ± SD	t or F	P
		133(92.4)	36.13 ± 5.26	- 1.93	.05
		11( 7.6)	41.28 ± 24.89		
( )	0	118(81.9)	36.50 ± 8.93	.27	.76
	1	18(12.5)	37.38 ± 5.05		
	2-4	8( 5.6)	34.75 ± 6.69		
( )	1	38(26.4)	35.00 ± 6.12	.87	.42
	2	98(68.1)	37.01 ± 9.32		
	3	8( 5.6)	37.75 ± 4.92		
		77(53.5)	37.45 ± 10.45	1.04	.35
		16(11.1)	35.00 ± 5.12		
		51(35.4)	35.58 ± 5.04		
		126(87.5)	36.67 ± 8.81	.69	.49
		18(12.5)	35.17 ± 4.74		
		1( 0.7)	34.00 ±	.03	.99
	+	95(66.0)	36.51 ± 9.84		
	+	41(28.5)	36.48 ± 4.83		
		4( 2.8)	37.25 ± 3.59		
		3( 2.0)	37.00 ± 3.60		

2) , < 4> .  
(F=2.81, p<.05)  
200 - 299 가 32.91 가 .



< 4>

		N (%)	M ± SD	t or F	P
	20	101(70.1)	41.56 ± 5.80	- .39	.69
	30	43(29.9)	41.95 ± 4.76		
( )					
	20	44(30.6)	42.31 ± 5.74	.92	.35
	30	100(69.4)	41.40 ± 5.39		
( )					
		88(61.2)	41.17 ± 5.66	- 1.40	.16
		56(38.8)	42.48 ± 5.18		
( )					
		58(40.3)	41.58 ± 5.55	- .17	.86
		86(59.7)	41.74 ± 5.49		
( )					
		84(58.4)	41.92 ± 5.38	.67	.50
		60(41.6)	41.29 ± 5.70		
( )					
		99(68.8)	41.69 ± 5.43	.05	.95
		45(31.2)	41.64 ± 5.70		
( )					
가	가	115(79.9)	41.55 ± 5.36	- .19	.85
	가	29(20.1)	41.77 ± 6.11		
( )					
가	60-99	6( 4.2)	32.50 ± 4.88	2.81	.04*
	100-199	77(53.5)	31.25 ± 4.50		
	200-299	36(25.0)	32.91 ± 4.39		
	300	25(17.4)	29.60 ± 4.64		
( )					
		87(60.4)	42.41 ± 5.58	2.38	.07
		35(24.3)	39.77 ± 5.13		
		18(12.5)	41.22 ± 5.58		
		4( 2.8)	44.50 ± 1.00		

		N (%)	M ± SD	t or F	P
		133(92.4)	41.71 ± 5.50	.26	.79
		11( 7.6)	41.27 ± 5.74		
( )	0	118(81.9)	41.78 ± 5.46	.12	.88
	1	18(12.5)	41.22 ± 5.67		
	2-4	8( 5.6)	41.12 ± 6.31		
( )	1	38(26.4)	40.73 ± 6.35	1.27	.28
	2	98(68.1)	42.17 ± 5.18		
	3	8( 5.6)	40.12 ± 4.48		
		77(53.5)	41.68 ± 5.36	.04	.95
		16(11.1)	41.31 ± 5.91		
		51(35.4)	41.78 ± 5.67		
		126(87.5)	41.93 ± 5.37	1.53	.12
		18(12.5)	39.76 ± 6.35		
		1( 0.7)	41.00 ±	1.14	.33
	+	95(66.0)	41.53 ± 5.56		
	+	41(28.5)	42.60 ± 5.49		
		4( 2.8)	39.75 ± 4.03		
		3( 2.0)	36.33 ± 2.88		

4.

< 5> .

가 가 , 가 가  
( $r=.3035$ ,  $p<.001$ ).

	1.0000	
	.3035**	1.0000

\*\*p<.001

•  
1.

14

4                      2.60

(1990),                (1988),                (1987),                (1990), Walker        (1986)

가                      ‘                      가 ’ (

3.16 ) , 가                      ‘                      가                      ’ (

( 1.77 )                      ‘                      ’(

3.10 ), ‘                      ’( 3.04 )

                    ,                      ‘ 가                      ’( 3.04 ) ‘

가                      ’( 3.04 )                      가

, ‘                      가                      ’( 1.778 ), ‘                      가

가                      ’( 1.87 ) ‘                      가

’( 1.97 )                      가

(1991)

,                      ,                      ,

(1991),                      (1990),                      (1990),                      (1988),                      (1987)                      가

                    가                      ,                      ,                      ,                      ,                      ,

                    ,                      ,                      ,                      ,                      가                      ,                      ,                      ,                      ,                      가                      .

                    ,                      ,                      ,                      ,                      가                      ,                      ,                      ,                      ,                      가                      .

                    ,                      ,                      ,                      ,                      가                      (                      , 1991 ;

                    , 1988 ;                      , 1990 ; Mercer, 1985)

2.

13

3.20                      ,                      Lederman        (1981)

                    ,                      (1990)

가                      .

가 ( 3.58 ) , 가 ( 2.92 ) , 가 ( 3.58 ) , 가 ( 3.40 ) , 가 ( 3.39 ) , 가 ( 3.38 ) , 가 ( 3.35 ) , 가 ( 2.93 ) , 가 ( 2.97 ) . (1991) , 가 ( , 1991 ; , 1990; Lederman , 1981) , 가

3.

가 가 가 (r=0.3035, p<.001). 가 Lederman (1981) , (Baundura, 1977) 가 가

1997 5 1 8 31 P 4 144

SPSS/PC

- , t-test, ANOVA, Pearson
1. 2,60 가
  2. 3,20 가
  3. (F=3.19, p<.05, F=3.07, p<.05).

4. (F=2.81 p<.05).
5. 가 가 , 가  
가 (r=.3035, p<.001).
- 가 가  
가
1. (1993). , 23(3), 339-355.
  2. (1991).
  3. (1990).
  4. (1982). , 12(2), 67-79.
  5. (1990).
  6. (1988).
  7. (1987).
  8. 91986).
  9. , (1990).
  10. (1991).
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**- Abstract -**

Key concept : Maternal role performance, Self-confidence, Satisfaction

## **A Study on Self-Confidence and Satisfaction in Maternal Role Performance Among Primiparas**

Chung, Eun Soon · Han, Myoung Eun

Chung, Eun Soon : Pusan National University, College of Medicine, Nursing Dept, RN, Professor

Han, Myoung Eun : Pusan National Univesity Hospital, RN, Master Graduate Course

This study examined the correlation between of self-confidence and satisfaction in maternal role performance among primiparas.

The subjects were 144 mothers, who were recruited from four general hospitals in Pusan. The data were collected from May 1. to August 31 in 1997.

Self-confidence in ability to cope with tasks of motherhood and mother's satisfaction with motherhood and infant care were measured by the scales developed Lederman and associated(1981).

Percentage, t-test, ANOVA, and Pearson Correlation Coefficient were obtained by using SPSS program.

The results of the study were summarized as follows,

1. The degree of self-confidence in maternal role performance was above average with a

mean score of 2.60.

2. The degree of satisfaction in the maternal role performance was above average with a mean score of 3.20.

3. There were positive correlations between the degree of self-confidence and the degree of satisfaction in the maternal role performance ( $r=.3035$ ,  $p<.001$ ).

In conclusion, since self-confidence in maternal role performance is positively related to maternal satisfaction in the role performance, nursing intervention to improve maternal role performance may lead mother's increased maternal self-confidence and satisfaction in maternal role performance.

Futher research is needed to prove the causality.