

## Magnesium Suppresses the Responses of Dorsal Horn Cell to Noxious Stimuli in the Rat

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Magnesium ion is known to selectively block the N-methyl-D-aspartate (NMDA)-induced responses and to have anticonvulsive action, neuroprotective effect and antinociceptive action in the behavioral test. In this study, we investigated the effect of  $Mg^{2+}$  on the responses of dorsal horn neurons to cutaneous thermal stimulation and graded electrical stimulation of afferent nerves as well as to excitatory amino acids and also elucidated whether the actions of  $Ca^{2+}$  and  $Mg^{2+}$  are additive or antagonistic.  $Mg^{2+}$  suppressed the thermal and C-fiber responses of wide dynamic range (WDR) cell without any effect on the A-fiber responses. When  $Mg^{2+}$  was directly applied onto the spinal cord, its inhibitory effect was dependent on the concentration of  $Mg^{2+}$  and duration of application. The NMDA- and kainate-induced responses of WDR cell were suppressed by  $Mg^{2+}$ , the NMDA-induced responses being inhibited more strongly.  $Ca^{2+}$  also inhibited the NMDA-induced responses current-dependently. Both inhibitory actions of  $Mg^{2+}$  and  $Ca^{2+}$  were additive, while  $Mg^{2+}$  suppressed the EGTA-induced augmentation of WDR cell responses to NMDA and C-fiber stimulation. Magnesium had dual effects on the spontaneous activities of WDR cell. These experimental findings suggest that  $Mg^{2+}$  is implicated in the modulation of pain in the rat spinal cord by inhibiting the responses of WDR cell to noxious stimuli more strongly than innocuous stimuli.

Key Words: Noxious inputs, Excitatory amino acids, Dorsal horn cell response,  $Mg^{2+}$

### INTRODUCTION

Magnesium ion is known to have anticonvulsive action and neuroprotective effects in the cerebral ischemia, traumatic brain injury and excitatory amino acid (EAA)-induced neurotoxicity. Low extracellular  $Mg^{2+}$  ( $[Mg^{2+}]_o$ ) increases the spontaneous epileptiform discharges and synaptically evoked responses in the hippocampal neurons, which are suppressed by the increase in extracellular  $Ca^{2+}$  concentration ( $[Ca^{2+}]_o$ ), DL-2-amino-5-phosphonovaleric acid and verapamil (Walther et al, 1986; Mody et al, 1987; Pohl et al, 1992). Intracerebroventricularly administered EAAs such as NMDA (N-methyl-D-aspartate), kainate, quinolinate also induce typical convulsion and neurotoxicity, which are aggravated by low  $[Mg^{2+}]_o$

(Garthwaite & Garthwaite, 1987; Cox et al, 1989; Wolf et al, 1991) and glucose deprivation (Cox et al, 1989; Lysko et al, 1989), while relieved by EAA antagonists (Finkbeiner & Stevens, 1988; Lysko et al, 1989) and  $Mg^{2+}$  (Finkbeiner & Stevens, 1988; Cox et al, 1989; Wolf et al, 1990). In the rat cerebellar slices, substitution of  $Na^+$  and  $Cl^-$  in the medium respectively with choline and isethionate did not prevent EAA-induced neurotoxicity, but in a  $Ca^{2+}$ -free medium, EAA did not induce any neurotoxicity (Garthwaite et al, 1986). All these findings suggest that excess  $Ca^{2+}$  influx through NMDA/ $Mg^{2+}$ -gated channels is responsible for the EAA-induced neurotoxicity. Magnesium was also reported to have protective effects against the traumatic nerve injury (McIntosh et al, 1989; Girard et al, 1993) and anoxic neuronal death (Rothman, 1983).

The responses of cat dorsal horn neurons to iontophoretically applied NMDA, but not kainate, were selectively inhibited by  $Mg^{2+}$  (Davies & Watkins,

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1977). The actions of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  were reported to be additive in some papers (Davies & Watkins, 1977; Evans et al, 1977; Ault et al, 1980) while antagonistic to each other in the others (del Castillo & Engbaek, 1954; Hutter & Kostial, 1954). In *in vitro* experiment in which employed patch clamp technique in the mouse spinal cord and mesencephalic neurons,  $\text{Mg}^{2+}$  voltage-dependently suppressed the NMDA-induced inward current by reducing the opening time and frequency and increasing the close time of channels, but did not have any inhibitory effect on kainate- and quisqualate-induced currents (Mayer et al, 1984; Nowak et al, 1984). These experimental findings suggest that  $\text{Mg}^{2+}$  has a selective action on the NMDA-induced responses.

In behavioral tests, subcutaneous injection of  $\text{Mg}^{2+}$  induced long-lasting inhibition of heat hyperalgesia and mechanical allodynia resulting from unilateral chronic constriction injury of the peripheral nerve (Xiao & Bennett, 1994). Pretreatment with  $\text{Mg}^{2+}$  dose-dependently reduced autotomy score, delayed autotomy onset and decreased the percentage of animals which showed high autotomy behaviors (Feria et al, 1993). However, there was no report on the effects of  $\text{Mg}^{2+}$  on the responses of dorsal horn neurons to noxious inputs. The present study was undertaken to investigate the effect of  $\text{Mg}^{2+}$  on the responses of dorsal horn neurons to cutaneous thermal stimulation and graded electrical stimulation of peripheral nerve as well as EAA and to elucidate whether the actions of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  are additive or antagonistic.

## METHODS

Sprague-Dawley male rats (300~450 gm) anesthetized with urethane (1.2 gm/kg *i.p.*) were used in this experiment. External jugular vein was cannulated with polyethylene tube (PE-60) through which pancuronium bromide (0.3 mg/kg/hr) was continuously infused to paralyze the musculature. The rats were artificially ventilated and end-tidal  $\text{CO}_2$  level was maintained between 3.5 and 4.5%. Rectal temperature was maintained near 37°C with an electrical heating blanket (Harvard Apparatus, USA). A laminectomy was carried out to expose lumbar enlargement of spinal cord between T13 and L3. The common peroneal and tibial nerves were dissected from the surrounding tissues at popliteal fossa. Liquid paraffin

pool was made around the exposed spinal cord and peripheral nerves to prevent drying. After finishing all these surgical procedures, the rats were placed in a stereotaxic apparatus.

The activities of dorsal horn neurons activated by electrical stimulation of the afferent nerves were extracellularly recorded with the central barrel of seven-barreled microelectrode which contained a low-impedance carbon filament. Once single unit activity of dorsal horn neuron was recorded, the type of neuron was classified according to the response pattern to mechanical stimuli applied to the receptive field. Wide dynamic range (WDR) cells which responded to both innocuous and noxious mechanical stimuli were used in this experiment. One outer barrel of 7-barreled microelectrode was filled with 0.15 M NaCl and used for current balancing. The other barrels were used to apply the following substances by microiontophoresis;  $\text{Mg}^{2+}$  (0.2 M), EGTA (0.1 M),  $\text{Ca}^{2+}$  (0.1 M), NMDA (0.05 M), and kainate (0.02 M). All solutions were at pH 7.5~8.0. All drugs were purchased from Sigma chemicals or Research Biochemicals International. Retaining currents (5~10 nA) were used between drug applications to prevent drug leakage.

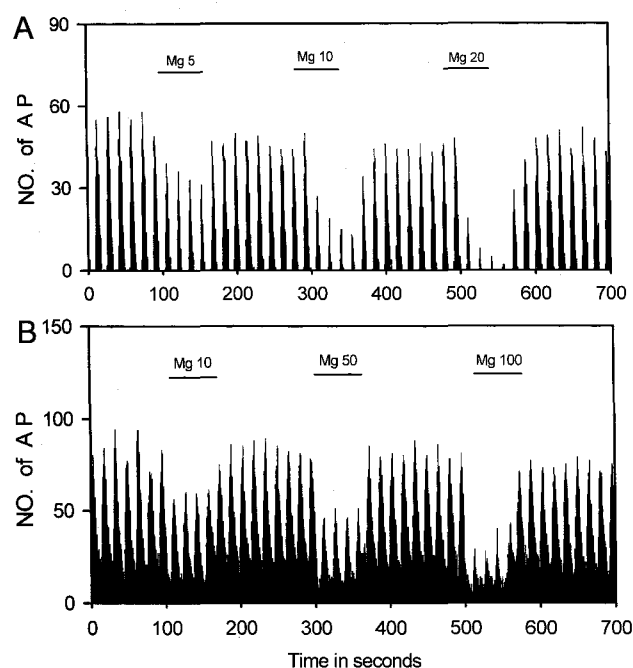
In each figure, the number next to the name of each drug applied shows the amount of ejection current. For example, Mg5 means that  $\text{Mg}^{2+}$  was ejected at the current of 5 nA. We first recorded the responses of WDR cells to iontophoretically applied NMDA, kainate, graded electrical stimulation of afferent nerves and thermal stimulation of the receptive field and then investigated the changes in the WDR cell responses induced by single or combined iontophoretical application of  $\text{Mg}^{2+}$ , EGTA or  $\text{Ca}^{2+}$ . In 11 experiments, we observed the effects of direct spinal application of  $\text{Mg}^{2+}$  on the responses of WDR cells to electrical stimulation of afferent nerve and to thermal stimulation of the receptive field. NMDA and kainate were periodically ejected for 5 sec every 15 or 20 sec. The A- or C-fiber responses were compiled from 10 consecutive stimulation of afferent nerves with a single pulse (0.1 msec) or train of three pulses (0.5 msec, 50 Hz), respectively. The intensity of stimuli was adjusted to activate only A fibers (10 T: T is times the threshold for activation of A  $\beta$  fibers) or all A and C fibers (200~300 T). Thermal stimuli (50°C) were applied to the receptive field for 10 sec, using a thermo-stimulator equipped with a contact thermode which can regulate set temperature in a

feedback fashion.

All induced electrical activities were amplified (WPI DAM80), displayed on an oscilloscope and fed into a window discriminator (Frederic Haer & Co.) whose output was used by a computer to compile the poststimulus time histogram. Because the size of evoked responses varied from one unit to another, data were expressed as percentage of discharges in the control state before single or combined iontophoretic application of drugs. The data were expressed as mean  $\pm$  SE. Statistical significance was determined by student's *t* test. *P* values less than 0.05 were considered significant.

## RESULTS

The responses of 95 WDR cells were extracellularly recorded in 35 experiments. Recordings were generally made in the depth between 550  $\mu$ m and 950  $\mu$ m below the surface of lumbar enlargement of the spinal cord, suggesting that the cells were located in

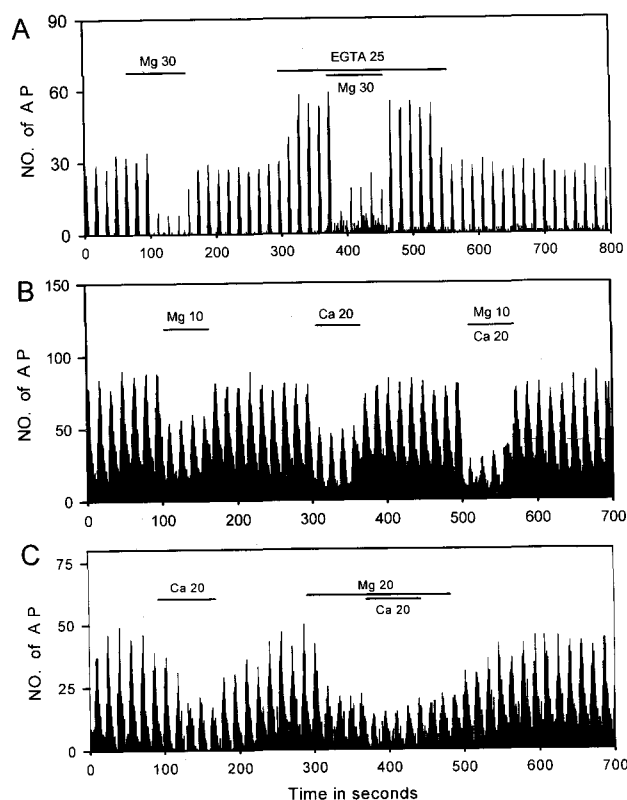


**Fig. 1.** Magnesium ions current-dependently suppressed the responses of WDR cells to iontophoretic application of NMDA (A) and kainate (B). NMDA or kainate was periodically ejected for 5 seconds every 15 seconds. Mg5 or Mg100 denotes that magnesium ions were ejected at the current of 5 or 100 nA, respectively.

the laminae IV~VI. Because there were no differences in the response characteristics of WDR cells with or without C-fiber inputs, all the data obtained were pooled together.

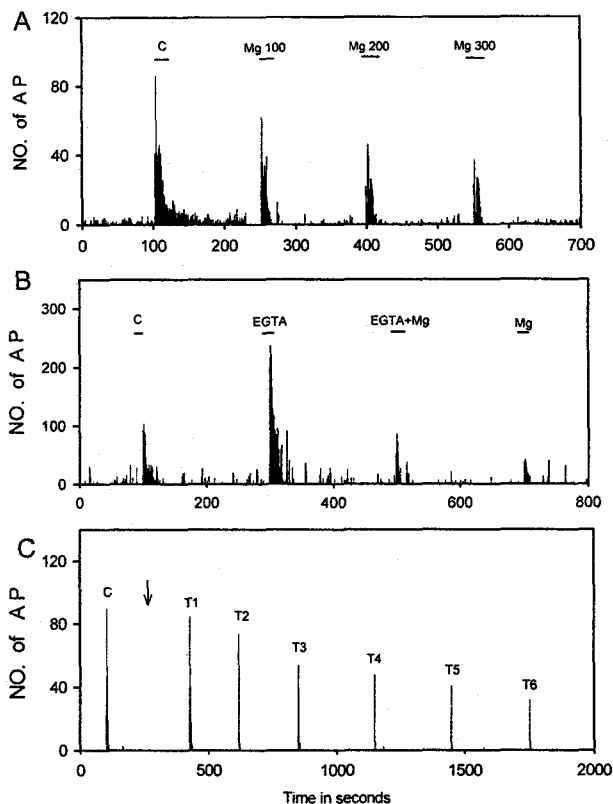
Iontophoretically applied Mg<sup>2+</sup> current-dependently suppressed NMDA- and kainate-induced responses of WDR cells and NMDA responses were more strongly inhibited (Fig. 1A & 1B). Mg<sup>2+</sup> ejected with the current of 10 nA inhibited NMDA responses by  $58.8 \pm 6.5\%$  (N=12) while suppressed kainate responses by  $21.0 \pm 4.7\%$  (N=10). The inhibition of kainate responses by Mg<sup>2+</sup> with the ejection current of 100 nA ( $62.4 \pm 11.2\%$ ) was less than that of NMDA responses induced by Mg<sup>2+</sup> with the ejection current of 20 nA ( $79.4 \pm 3.8\%$ ).

Iontophoretic application of EGTA augmented NMDA responses of WDR cells and the mean increase in NMDA responses was  $250.0 \pm 19.5\%$  of



**Fig. 2.** Effects of Ca<sup>2+</sup> and EGTA on the inhibitory action of Mg<sup>2+</sup> on NMDA-induced responses of WDR cell. EGTA augmented the response of WDR cell to NMDA which was strongly inhibited by iontophoretically applied Mg<sup>2+</sup> (A). Mg<sup>2+</sup> or Ca<sup>2+</sup> alone reduced WDR cell responses to NMDA but combined administration of Ca<sup>2+</sup> and Mg<sup>2+</sup> did not have synergistic effect.

the control (N=10) when EGTA was applied at the ejection current of 25 nA. After iontophoretical application of  $Mg^{2+}$  (25 nA), the EGTA-augmented responses of WDR cells were strongly suppressed by  $80.8 \pm 7.3\%$  of the augmented responses (Fig. 2A).  $Ca^{2+}$  by itself inhibited NMDA responses of WDR cells by  $40.0 \pm 3.6\%$  (N=14) when  $Ca^{2+}$  was iontophoretically applied at the ejection current of 20 nA. As shown in Fig. 2B and 2C, the inhibition induced by combined application of  $Ca^{2+}$  and  $Mg^{2+}$  was less than simple addition of those evoked by  $Ca^{2+}$

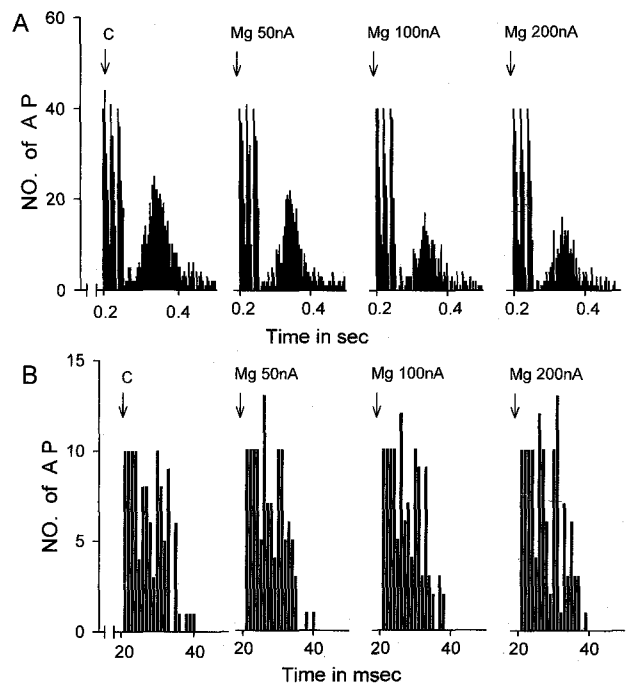


**Fig. 3.** Changes in the responses of WDR cell to thermal stimulation after single or combined application of  $Mg^{2+}$  and EGTA. C in fig. A, B and C denotes the control responses of WDR cell to thermal stimulation. Thermal responses of WDR cell were inhibited by iontophoretic application of  $Mg^{2+}$  (100, 200 & 300 nA, A). Iontophoretically applied EGTA (35 nA) augmented thermal responses of WDR cells which were suppressed by  $Mg^{2+}$  (300 nA, B). C shows that thermal responses of WDR cells were time-dependently reduced after spinal application of  $Mg^{2+}$  (30 mM). T1 to T6 denote thermal responses of WDR cells recorded 3, 6, 10, 15, 20 and 30 min after spinal application of  $Mg^{2+}$ , respectively. Arrow in fig. C is the time at which  $Mg^{2+}$  was applied onto the spinal cord.

or  $Mg^{2+}$  alone.

Fig. 3 shows inhibitory effect of  $Mg^{2+}$  on the WDR cell responses to thermal stimulation of the receptive field (N=11). The inhibitory effect of  $Mg^{2+}$  on the WDR cell responses to thermal stimulation was not so strong as that on NMDA responses.  $Mg^{2+}$ -induced inhibition did not increase above a certain level even when the ejection current was continuously increased. Even at the ejection current of 200 nA,  $Mg^{2+}$  inhibited thermal responses only by  $40.2 \pm 10.2\%$ . EGTA also augmented the thermal responses of WDR cells which were strongly inhibited by  $Mg^{2+}$  (Fig. 3B). In 5 experiments, 30 mM  $Mg^{2+}$  solution was applied onto the spinal cord after recording the control responses of WDR cell to thermal stimulation (50°C). The thermal responses of WDR cell were gradually suppressed with time (Fig. 3C).

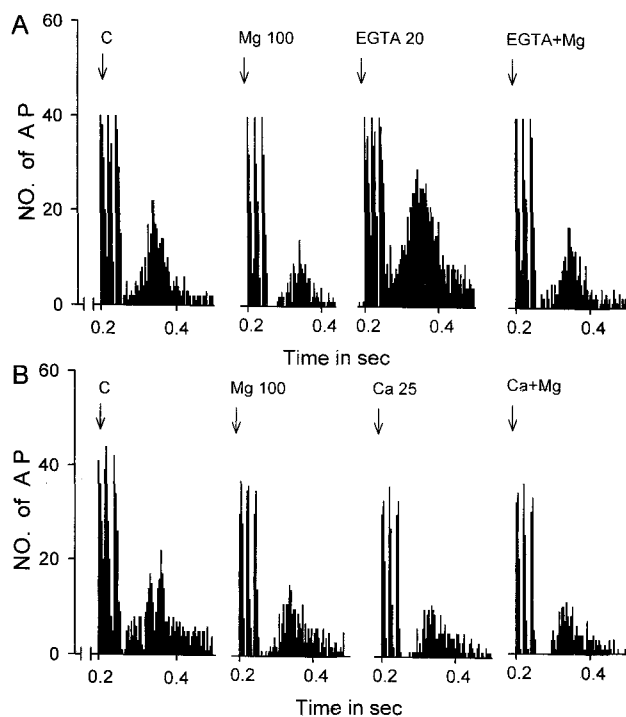
In Fig. 4, we observed the changes in A- and C-fiber responses of WDR cells after iontophoretical



**Fig. 4.** C-fiber responses of WDR cell were current-dependently reduced after iontophoretic application of  $Mg^{2+}$  (A) whereas the A-fiber responses were not significantly changed by  $Mg^{2+}$  (B). Arrows indicate the time at which single or 3 train stimuli were applied to the afferent nerves. C is the control C- or A-fiber responses of WDR cell to graded electrical stimulation before and during graded electrical stimulation of afferent nerve at the current indicated above each figure.

application of Mg<sup>2+</sup>. Mg<sup>2+</sup> selectively inhibited C-fiber responses (N=20) (Fig. 4A) without any significant effect on A-fiber responses (N=12) (Fig. 4B). As in Mg<sup>2+</sup>-induced inhibition of thermal responses, relatively high ejection current was needed for Mg<sup>2+</sup> to induce inhibition of C-fiber responses. Even when Mg<sup>2+</sup> was ejected at the current of 200 nA, C-fiber response of WDR cell was suppressed by 48.2 ± 5.3%.

Mg<sup>2+</sup> also suppressed the responses of WDR cells to C-fiber stimulation which were augmented by EGTA (N=11) (Fig. 5A). The mean increase in C-fiber responses was 165.6 ± 12.8% of the control when EGTA was iontophoretically applied at the current of 30 nA. Mg<sup>2+</sup> (100 nA) inhibited the EGTA-augmented responses to 60.1 ± 5.4% of the control (Fig. 5A). Mg<sup>2+</sup> (100 nA) or Ca<sup>2+</sup> (25 nA) alone in-

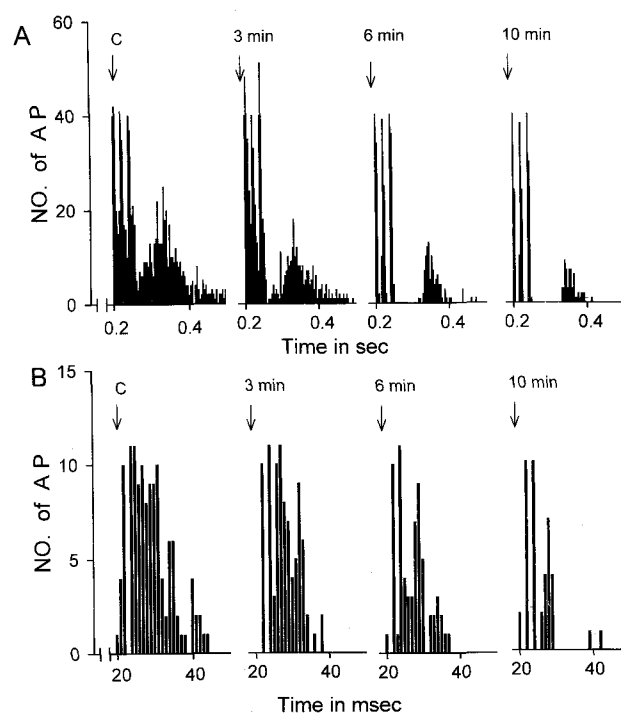


**Fig. 5.** Effects of Ca<sup>2+</sup> and EGTA on the Mg<sup>2+</sup>-induced inhibition of C-fiber responses of WDR cells. Arrows indicate the time at which 3 train stimuli were applied to afferent nerves. C is the control C-fiber responses of WDR cells to electrical stimulation of afferent fibers. Iontophoretically applied EGTA (20 nA) augmented the C-fiber responses which were greatly suppressed by Mg<sup>2+</sup> (100 nA, A). Mg<sup>2+</sup> (100 nA) or Ca<sup>2+</sup> (25 nA) alone induced inhibitory effect on the C-fiber responses but combined administration of Mg<sup>2+</sup> and Ca<sup>2+</sup> did not have synergistic action.

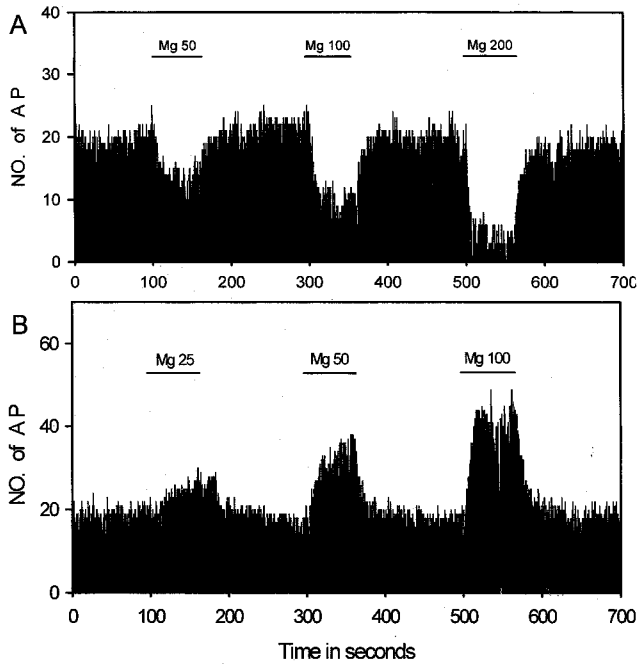
duced 28.8 ± 5.1% and 35.2 ± 4.0% inhibition of C-fiber responses, respectively. However, no synergistic action was observed after Mg<sup>2+</sup> and Ca<sup>2+</sup> were simultaneously applied (N=9) (Fig. 5B).

In 6 experiments, we observed the effect of spinal application of Mg<sup>2+</sup> (50 mM) on A- and C-fiber responses of WDR cells (Fig. 6). C-fiber and A-fiber responses were time-dependently suppressed after spinal application of Mg<sup>2+</sup>. In contrast to iontophoretical application, Mg<sup>2+</sup> strongly inhibited the A-fiber responses of WDR cells as well (Fig. 6B). However, no any significant inhibitory action was observed with 25 mM Mg<sup>2+</sup> (data not shown). In 10 min after spinal application of Mg<sup>2+</sup> (50 mM), C-fiber and A-fiber responses were suppressed to 12.2 ± 4.1% and 35.1 ± 6.7% of the control, respectively.

The spontaneous activities of WDR cells were also changed after iontophoretical application of Mg<sup>2+</sup> (Fig. 7). In the majority of WDR cells (10/13 units), application of Mg<sup>2+</sup> with the ejection current of 50



**Fig. 6.** Effects of spinal application of Mg<sup>2+</sup> (50 mM) on the responses of WDR cells to electrical stimulation of afferent nerves. Arrows indicate the time at which single or 3 train stimuli were applied to afferent fibers. C is the control C- or A-fiber responses of WDR cell to graded electrical stimulation of afferent fibers. C-fiber (A) and A-fiber (B) responses were time-dependently suppressed after spinal application of Mg<sup>2+</sup> (50 mM).



**Fig. 7.** Changes in spontaneous activities of WDR cells after iontophoretic application of  $Mg^{2+}$ . Spontaneous activities were current-dependently reduced after iontophoretic administration of  $Mg^{2+}$  (50, 100 & 200 nA) in 10/13 units (A) while  $Mg^{2+}$  (25, 50 & 100 nA) increased spontaneous activities in 3/13 units (B).

nA and 100 nA respectively, suppressed the spontaneous activities by  $29.4 \pm 6.7\%$  and  $51.9 \pm 8.4\%$ . But in a few cases ( $N=3$ ),  $Mg^{2+}$  rather increased spontaneous activities which was also current-dependent.

## DISCUSSION

Magnesium has been known to selectively inhibit the NMDA-gated channels. In the present study, iontophoretically applied  $Mg^{2+}$  preferentially inhibited NMDA-induced responses. The responses of dorsal horn neurons to kainate, thermal stimulation and C-fiber stimulation were also suppressed at a relatively high ejection current of  $Mg^{2+}$  but the responses to A-fiber stimulation was not affected. These results imply that  $Mg^{2+}$  has a selective inhibitory action for NMDA receptors and also for the responses to noxious stimuli. The selective inhibition of NMDA receptors by  $Mg^{2+}$  has already been reported in the isolated spinal cords of frog and rat (Evans et al, 1977; Ault et al, 1980), as well as in

the cat dorsal horn neurons (Davies & Watkins, 1977). Nowak et al (1984) suggested that  $Mg^{2+}$ -induced selective inhibition is mediated through the decrease in opening time and frequency, and increase in close time of NMDA-gated channels. The different degrees of the  $Mg^{2+}$ -induced inhibition observed in NMDA responses and in the responses to thermal and C-fiber stimulation may be due to different kinds of transmitters released. In addition to excitatory amino acids, noxious stimuli such as thermal and C-fiber stimulation have been known to cause the release of substance P and calcitonin gene-related peptide (CGRP) from nociceptive primary afferent fibers (Gibbins et al, 1985; Duggan et al, 1988). Although magnesium has been reported to reduce the release of a few transmitters, there are no experimental findings which elucidated the effect of  $Mg^{2+}$  on the responses induced by neurotransmitters other than excitatory amino acids. For this reason, we can not intelligently discuss whether magnesium ions have any affinity with substance P and CGRP receptors. However, both A-fiber and C-fiber responses were time- and concentration-dependently suppressed after spinal application of  $Mg^{2+}$  and the selective action of  $Mg^{2+}$  on A-fiber and C-fiber responses was not observed. This non-selective inhibition may be due to excessively high concentration of  $Mg^{2+}$  which was infiltrated into the spinal cord. This high concentration  $Mg^{2+}$  could induce excessive reduction in the transmitter release, decrease in the membrane excitability and increase in the threshold for excitation (del Castillo & Engbaek, 1954; Hutter & Kostial, 1954; Erulkar et al, 1974), resulting in the complete block or partial inhibition of synaptic transmission.

Iontophoretically applied  $Ca^{2+}$  and EGTA had opposite effects on the dorsal horn cell responses.  $Ca^{2+}$  inhibited, but EGTA augmented the responses to NMDA, kainate, thermal and C-fiber stimulations. EGTA-augmented responses were strongly inhibited by  $Mg^{2+}$ , suggesting that  $Ca^{2+}$  fluxes through  $Mg^{2+}$ -gated channels are implicated in  $Mg^{2+}$ -induced inhibitions. This suggestion agree well with the contention that  $Mg^{2+}$  acts as a selective NMDA-blocker (Mayer et al, 1984; Nowak et al, 1984) and activation of NMDA receptor causes  $Ca^{2+}$  influx into neuronal cells (MacDermott et al, 1986) and with our previous reports (Shin et al, 1997, 1999), but are in a sharp contrast with other experimental findings that intracerebroventricular (i.c.v.) administration of  $Ca^{2+}$  produced hyperalgesia while i.c.v. or intrathecal EGTA

induced dose-dependent analgesia (Schmidt & Way, 1990; Kim et al, 1991). These differences in the effects of Ca<sup>2+</sup> and EGTA can be attributed to the extent of changes in Ca<sup>2+</sup> concentration in extracellular fluid (ECF) induced by iontophoretical application of Ca<sup>2+</sup> or EGTA. Local increase in Ca<sup>2+</sup> concentration resulting from iontophoretical application of Ca<sup>2+</sup> can reduce the membrane excitability whereas low Ca<sup>2+</sup> concentration can decrease the threshold for excitation and then increase the spontaneous discharges (Frankenhaeuser, 1957; Frankenhaeuser & Meves, 1958). Curtis et al (1960) also reported that iontophoretical application of calcium chelators excited the spinal neurons by reducing extracellular Ca<sup>2+</sup> concentration and by removing Ca<sup>2+</sup> combined with the membrane proteins. However, excessive decrease in Ca<sup>2+</sup> concentration by EGTA can block signal transduction mechanisms leading to the inhibition of dorsal horn cell responses (Shin et al, 1999). The inhibitory actions of Mg<sup>2+</sup> on the neuromuscular and ganglionic transmission were reported to be attenuated by Ca<sup>2+</sup> (del Castillo & Engbaek, 1954; Hutter & Kostial, 1954). However, antagonistic effects of Ca<sup>2+</sup> were not observed in the present study. Both effects of Ca<sup>2+</sup> and Mg<sup>2+</sup> on the WDR cell responses were inhibitory. Our findings, together with those of others, demonstrate that Mg<sup>2+</sup> modulates signal transmission in the spinal cord by preferentially reducing the activity of NMDA-gated channels.

#### ACKNOWLEDGEMENT

The authors wish to acknowledge the financial support of Hanyang University, Seoul, Korea, made in the program year of 1998.

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