

Influence of Light Regime on Nitrate Reductase Activity and Organic and Inorganic Solute Composition of Four Sedges (*Carex* spp.)

Yeon-Sik Choo, Roland Albert¹, and Seung-Dal Song*

Department of Biology, College of Natural Sciences, Kyungpook National University, Daegu 702-701, Korea:

¹Coordination Office for Ecology Studies, University of Vienna, A-1091 Wien, Austria

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A survey was conducted on the inorganic and organic solute patterns of plants in connection with nitrate metabolism according to different light regimes (1.9, 16.0, 91.5 Wm⁻²). Besides measuring *in vivo* NRA, we also quantitatively analyzed water-soluble inorganic ions, organic acids, low molecular weight carbohydrates, amino acids and total N (% DW). Among 4 *Carex* species, *C. pilosa* is known as a shade-adapted species and the others as half (*C. gracilis*) to full (*C. rostrata* & *C. distans*) light-adapted species. Compared to species adapted to high light intensity, shade-adapted *C. pilosa* showed reduced productivity under the highest light intensity. In general, nitrate and amino acid levels decreased at higher light intensity, while sugar and organic acid concentrations increased. In *C. pilosa* osmolality tended to rise with increasing light intensity, while in the other species it tended to fall. Under low light intensity, the drop in soluble carbohydrate contents is osmotically compensated for by an enhanced nitrate concentration. It is concluded that competition between nitrate and CO₂ reduction for reductants and ATP from photosynthesis may have important ecological consequences for the adaptation of plants to low or high light conditions. Additionally, the patterns of ionic changes due to increased light intensities were essentially the same in all selected species, indicating similar characteristics of their mineral ion and organic acid metabolism as well as in field-grown *Carex* species.

Photosynthetic energy capture provides green plants with almost all of their chemical energy and is directly and dramatically influenced by the amount of light striking plant leaves. Many investigators have therefore studied how different levels of photosynthetically active radiation affect the CO₂ assimilation process, how plants adapt anatomic-morphologically and physiologically to changing environmental conditions, and how their adaptation processes influence photosynthetic response to the light level (Boardman, 1977; Björkman, 1981; Givnish, 1988). Several features of plant form, physiology, and resource allocation vary with the levels of irradiation to which plants are acclimated and/or ecologically restricted (Boardman, 1977; Björkman, 1981; Givnish, 1987; refer to Bazzaz et al., 1989). In general, it is well established that plants from open, sunny habitats (sun plants) have much greater photosynthetic capacities, which saturate at higher irradiance, than those of plants growing on shady habitats (shade plants) (Boardman, 1977; Björkman, 1981). However,

shade plants use low irradiance more effectively for net photosynthetic CO₂ uptake than do sun plants, due to their lower, dark respiration rates (Anderson et al., 1988) and due to complex adaptation mechanisms (Osmond, 1987). In particular, leaf nitrogen content, stomatal conductance and photosynthetic light response show characteristic reactions to irradiance level and are thought to exert a profound influence on plant carbon gain under different light regimes (Björkman, 1981; Gulmon and Chu, 1981). The relationship between photosynthesis and leaf nitrogen is the most important physiological function, because photosynthesis provides the energy and chemical structures necessary for growth, reproduction, or acquisition of additional nitrogen (Field and Mooney, 1986).

In connection with nitrogen, both the intensity and duration of light have long been recognized to have a stimulatory effect on NRA (nitrate reductase activity) in green plants (Nicholas et al., 1976). Nitrate reduction in plants is involved in a basic photosynthetic process, i.e., an important sink for photosynthetically produced reductants (Kaiser and Brendle-Behnisch, 1991), since it either directly or indirectly uses a high proportion of the total photo-generated reducing power in the chlo-

* To whom correspondence should be addressed.
Tel: 82-53-950-5348, Fax: 82-53-953-3066
E-mail: sdsong@bh.kyungpook.ac.kr

Table 1. Range of habitats, morphological characters and light-figure of the investigated *Carex* species.

Species	Range of habitats	Morphological characters	Light figure*
<i>C. rostrata</i>	Found in nutrient-poor, <i>Sphagnum</i> bog lakes, as well as in more nutrient-rich lakes, ditches and mesotrophic peat areas.	Height: 0.2-1.0 m Leaf width: 2-7 mm Rhizomes about 2 mm thick and several decimeters long	9
<i>C. distans</i>	Moist meadows, mostly on saline and calcareous soils; salt-containing coastal sand dunes, facultative halophyte.	Height: 0.3-0.6 m Leaf width: 3-5 mm Densely caespitose	9
<i>C. gracilis</i>	A species of nutrient-rich riversides, marshes and other wet places.	High plant: upto 1.5 m Leaf width: 5-10 mm Caespitose, and with long and stout rhizomes	7
<i>C. pilosa</i>	Usually deciduous forest floors, on fresh, mesotrophic, humus-rich soils; sometimes in openings.	Height: 0.2-0.5 m Leaf width: 4-10 mm Rhizomes long and slender	4

*Light-figure is characterized by the indicator value of Ellenberg (1974) (4: between shadow and half-shadow plant, receiving more than 10%, but mostly less than 100%; 7: half-light plant; 9: full-light plant, rarely receiving less than 50%).

roplast (Losada et al., 1981). It has to be expected, therefore, that CO₂ and NO₃⁻ reduction interact in various ways (Foyer et al., 1995; Evans, 1996). A simple type of interaction would be competition for reductants, and results obtained recently with intact barley plants indicate that higher plants may respond in a similar way (Bloom et al., 1989). This competition may have important ecological consequences for the adaptation of plants to different light conditions (Smirnov and Stewart, 1985). Evidence for a reverse type of interaction, regulation of nitrate reduction by photosynthesis, is less well demonstrated and understood, although it should be important in helping plants adapt to rapidly changing environmental conditions. NRA, reported to be regulated by NO₃⁻-flux in the plant (Neyra and Hageman, 1976), is influenced both by the availability of sugars (Aslam et al., 1979) and/or the supply of reducing equivalents (ferredoxin and NADPH) (Foyer et al., 1995; Marschner, 1995). However, a direct relationship between carbon metabolism and NRA in intact plants has not been clearly established.

Until now, many researchers have investigated growth, photosynthetic rate, economics, and nitrogen in the sun-shade response (Nobel, 1976; Patterson et al., 1978; Björkman, 1981; Hesketh et al., 1983; Cowan, 1986), but there are few studies on the patterns of inorganic and organic solutes in connection with light-induced nitrate assimilation.

In the present study, we selected four *Carex* species in order to elucidate the pattern of mineral ions, nitrogen and organic solutes according to light regimes, and additionally to ascertain whether the physiological stability of field-grown *Carex*, which represents a uniform physiotype (Choo and Albert, 1999a), can be also found under controlled conditions.

Materials and Methods

Growth conditions and harvest

Individuals (ramets) of *C. gracilis*, *C. rostrata*, *C.*

distans (receiving 1/10 strength of Knop solution and grown in an open glass house for 6 months), and *C. pilosa* (collected from the natural habitat) were transferred to 10 L containers and were grown in a nutrient solution containing full strength Knop solution with 5 mM NH₄NO₃ [Note: Because of oxygen deficiency (Table 1: Choo and Albert, 1999b), *C. pilosa* was grown on soil collected from its natural habitat using 1/10 strength of Knop solution]. The plants subsequently were transferred to a growth chamber (20±2°C during the day and 17±2°C during the night, day length of 15 h, 80% relative humidity). Irradiation by a metal halide lamp was at 1.9 Wm⁻² (L1), 16.0 Wm⁻² (L2) and 91.5 Wm⁻² (L3). The nutrient solution was renewed every week. Growth was permitted for 6 (*C. rostrata*, *C. distans*, and *C. gracilis*) and 10 (*C. pilosa*) weeks. All experiments were carried out in 3 replicates. The ecology of the *Carex* species used in this study is shown in Table 1 based on Hegi (1979) and Moog and Janiesch (1989).

After determination of fresh weight (FW), leaf samples were lyophilized for 1 week. The plant water content was evaluated as the difference between fresh and dry weight (DW). The dried plant material was ground to a homogeneous powder and extracted with boiling distilled water for 30 min. In the water extracts, the following groups of substances were quantitatively determined: the soluble fraction of cationic macronutrients (Na⁺, K⁺, Mg²⁺, and Ca²⁺), inorganic anions (Cl⁻, NO₃⁻, and SO₄²⁻), the organic anions, inorganic phosphate (Pi), LMWC (low molecular weight carbohydrates as sum of carbohydrates and sugar alcohols), and amino acids.

Chemical analyses

Cations were estimated by atomic absorption spectrophotometry (Perkin Elmer 3030) with 0.1% CsCl as an ionization buffer. Inorganic anions were determined from diluted water extracts by an ion chromatographic

Table 2. Contents of water-soluble inorganic and organic solutes ($\mu\text{eq g}^{-1}$ plant water; TAA & TS, $\mu\text{mol g}^{-1}$ plant water) of *Carex* species under different light intensities for 6 to 10 (*C. pilosa*) weeks after onset of the experiment.

Plant species		K	TC-K	NO ₃	TIA-NO ₃
<i>C. rostrata</i>	L1	126.89 ± 13.33*	37.39 ± 3.74**	97.77 ± 9.08**	40.00 ± 4.85*
	L2	114.62 ± 13.82*	48.07 ± 6.93*	75.03 ± 6.76**	37.27 ± 3.23**
	L3	144.57 ± 16.67*	51.97 ± 5.27*	42.03 ± 4.37*	32.48 ± 4.87*
<i>C. distans</i>	L1	264.99 ± 14.60**	36.87 ± 4.06*	118.19 ± 8.38**	66.05 ± 7.14*
	L2	164.23 ± 14.81**	35.89 ± 5.88*	106.06 ± 8.10**	52.33 ± 7.59*
	L3	141.61 ± 7.27**	39.26 ± 4.54*	40.87 ± 4.26*	49.76 ± 5.81*
<i>C. gracilis</i>	L1	168.77 ± 15.22**	25.20 ± 3.89*	74.19 ± 8.14*	58.11 ± 4.39**
	L2	149.22 ± 16.82*	35.52 ± 3.70*	111.18 ± 10.95**	24.92 ± 2.91*
	L3	104.11 ± 10.41**	42.56 ± 7.47*	65.73 ± 7.95*	22.03 ± 1.65**
<i>C. pilosa</i>	L1	223.82 ± 21.27**	88.91 ± 10.53*	36.82 ± 1.66**	92.67 ± 8.94**
	L2	212.43 ± 16.23**	80.42 ± 13.74*	9.87 ± 0.65**	49.22 ± 6.78*
	L3	183.19 ± 23.05*	120.40 ± 15.06*	7.90 ± 0.28**	44.57 ± 4.67*
Plant species		TOA	Asn	TAA-Asn	TS
<i>C. rostrata</i>	L1	9.90 ± 0.84**	86.99 ± 3.99**	10.50 ± 0.96**	0.37 ± 0.02**
	L2	23.37 ± 1.75**	30.90 ± 2.17**	10.40 ± 1.27*	37.92 ± 3.82*
	L3	71.59 ± 8.36**	2.44 ± 0.09**	17.09 ± 1.72*	26.96 ± 1.62**
<i>C. distans</i>	L1	29.52 ± 1.46**	47.25 ± 4.33**	14.30 ± 1.51*	16.70 ± 1.76*
	L2	26.84 ± 2.15**	28.77 ± 2.72**	27.99 ± 3.64*	64.44 ± 5.12**
	L3	57.26 ± 2.50**	12.05 ± 1.24*	29.83 ± 3.43*	187.22 ± 25.33*
<i>C. gracilis</i>	L1	5.37 ± 0.48**	125.31 ± 9.46**	9.61 ± 0.60**	11.39 ± 1.04**
	L2	24.22 ± 2.50*	41.31 ± 3.12**	13.20 ± 1.33*	15.33 ± 1.88*
	L3	34.76 ± 3.50*	16.12 ± 1.74*	8.72 ± 0.53**	110.21 ± 11.09*
<i>C. pilosa</i>	L1	103.68 ± 10.99*	1.35 ± 0.14*	6.58 ± 0.70*	81.06 ± 8.54*
	L2	221.46 ± 24.66*	0.02 ± -	13.31 ± 1.06**	172.27 ± 22.42*
	L3	272.60 ± 31.83*	0.82 ± 0.10*	13.79 ± 1.87*	281.73 ± 32.41*

Mean values of 3 replicates with standard errors. Asterisks following the standard errors indicate significant differences ($P < 0.05$ (*), $P < 0.01$ (**)). L1; 1.9, L2; 16.0, L3; 91.5 Wm^{-2} , TC; total inorganic cation, TIA; total inorganic anions, TOA; total organic acids, Asn; asparagine, TAA; total amino acids, TS; total sugars and sugar alcohols.

method (Wescan conductivity detector, Kontron HPLC-pump and calculation system) under the following conditions: anion exchange column 'Wescan 269001', eluent 5-6 mM potassium hydrogenphthalate with 2.5% methanol, flow rate 2 ml min⁻¹, back pressure 48-55 bars at 40 °C working temperature. However, in this system an injection peak together with two negative system peaks appeared, which interfered with the quantity of Cl⁻ (Erkelens et al., 1987). Therefore, we used a Buchler Digital Chloridometer (Model, 4-2500) for the accurate measurement of Cl⁻.

Carbohydrates, organic acids and phosphate ions were determined by gas-liquid chromatography (Popp, 1974; Albert and Popp, 1977; Englmaier, 1980, 1990), and amino acids were determined by HPLC (Pharmacia LKB alpha plus; lithium citrate-method) after Kedenburg (1971).

Total N was determined by the micro-Kjeldahl method. With exception of total N (% DW), all solutes have been analyzed from the hot water extracts and were calculated as μeq (resp. μmol) per gram of plant water which approximates to cell sap concentrations.

Nitrate reductase activity (NRA)

NRA was measured *in vivo* according to Hageman et al. (1971, 1980), but with some modifications. In preliminary experiments, the composition of the assay medium was optimized for all plants under investigation (Choo, 1995), and additionally those leaves (within

tillers), showing the highest NRA, were selected for the experiments. Thus, the middle section of the two longest leaves from about 3-5 tillers have been used for NRA measurement (in the case of *C. pilosa*, middle section of the longest 5-7 leaves). Leaf samples (100-150 mg) were sliced into discs of approximately 5 mm and transferred in the incubation medium, vacuum infiltrated twice (2 min each time), and incubated in the dark in a shaking water-bath at 30 °C for an hour. Aliquots (2 ml) were determined by adding an equal volume of a 1:1 (v/v) mixture of naphthylethylenediamine (0.02%) and sulphanilamide reagents (1% in 3 M HCl). After color development for 10 min, the samples were measured at 540 nm. All measurements were repeated 3-5 times.

Results

As shown in Fig. 1, *C. pilosa*, which is adapted to shady habitats, reduced its productivity at the highest light intensity (91.5 Wm^{-2}), whereas all other species showed increased growth at higher light intensities.

All 4 selected species showed similar patterns of cations and anions within leaves under different light conditions (Table 2). As light intensities rise, contents of organic acid increased (factors of 2 to 8), while nitrate levels decreased markedly. Increasing light intensity induced high NRA and stimulated organic acid synthesis to maintain ionic balance (Fig. 2). However, there were no distinct qualitative changes in

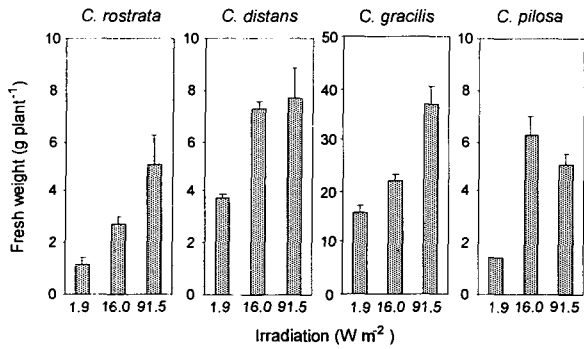


Fig. 1. Plant matter (g FW) of the shoots of *Carex* species grown in solution culture (*C. pilosa* grown on soil collected from its natural habitat) under different light intensities for 6 to 10 (*C. pilosa* 10 weeks) after the onset of the experiment. Note the different scales.

the organic acids produced (data not shown). Regardless of the high light intensity (91.5 Wm⁻²), all species (except *C. pilosa*) still showed high nitrate contents. Clearly, even the highest light level used in our experiments did not offer the optimal light conditions to which these plants are adapted in the field.

As light intensity increased, total N contents (%) of high-light plants decreased, whereas their NRAs increased markedly (Figs. 2 and 3). In all investigated species, except for *C. pilosa*, ratios of amino-N and nitrate-N to total N dropped considerably, whereas the

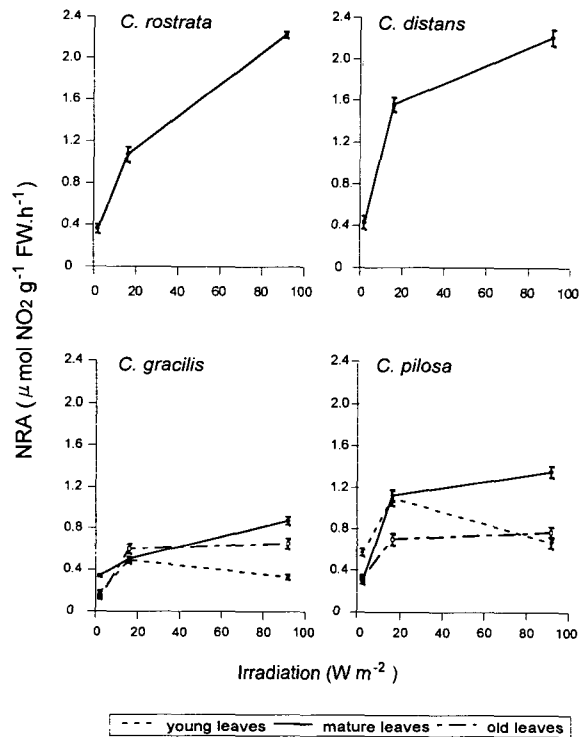


Fig. 2. *In vivo* nitrate reductase activity (NRA, μmol NO₂ g⁻¹ FW.h⁻¹) in the shoots of the *Carex* species as a function of light intensity. Data represent means ± SE from 3 replicates.

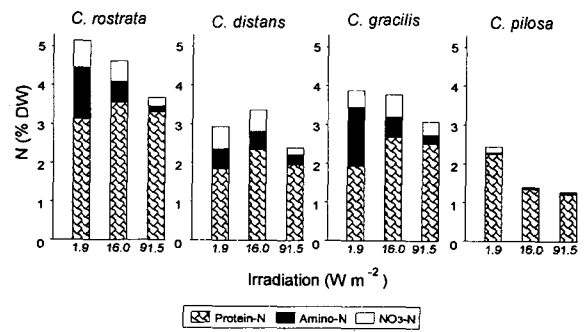


Fig. 3. Contents of nitrogen compounds (% DW) in the shoots of *Carex* species grown in solution culture under different light regimes (*C. pilosa*, 10 weeks). Values are means of 3 replicates.

ratio of protein-N to total N increased. With respect to NRA, *Carex* species showed low NRAs at low light intensity (1.9 Wm⁻²), but their activities were markedly increased with increasing light intensity (Fig. 2). In general young leaves (of *C. pilosa* and *C. gracilis*) had lower NRAs, and their activities were readily saturated even at low light intensity (16 Wm⁻²), while NRAs of the mature leaves increased with increasing light intensity until maximum leaf expansion. As leaves grew old, the activity declined rapidly and was usually very low in old leaves (see NRAs of *C. gracilis* & *C. pilosa*).

With the increase of light intensity, all the plants increased their sugar and decreased their amino acid contents (especially asparagine), except *C. pilosa*, whose amino acid contents increased slightly (Table 2 and Fig. 4). Unlike the other species, which contained mostly asparagine (Asn), γ-aminobutyric acid (GABA, data not shown) is the main amino acid in *C. pilosa*. The investigated *Carex* species showed distinct quantitative but not qualitative changes of the main osmotic pattern according to the applied light intensities (Fig. 4). The osmolality of *C. pilosa* (adapted to

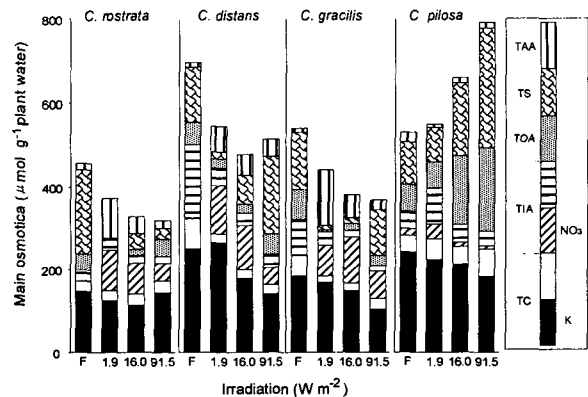


Fig. 4. Contents of main osmotic (μmol g⁻¹ plant water) in the shoots of *Carex* species grown in solution culture under different light regimes (*C. pilosa*, 10 weeks). Values are means of 3 replicates. F; field-grown plant species, TC; total inorganic cation, TIA; total inorganic anions, TOA; total organic acids, TAA; total amino acids, TS; total sugars and sugar alcohols.

shady habitats) increased under higher light intensity, while osmolalities of the other species decreased. On the whole, all selected species accumulated more amino acids, but contained less sugars under light intensity that are lower than that occurring usually in their natural habitats. With the increase of light intensity, their nitrate and amino acid levels decreased, while their sugar and organic acid levels increased markedly. With a few exceptions, therefore, sugars are important energy sources and main osmolytes in *Carex* species under natural conditions. At low light intensity, on the other hand, amino acids and nitrate accumulate and may serve as important osmotica. Thus, the decrease in soluble carbohydrate contents is osmotically compensated for by opposite changes in nitrate concentration.

Discussion

Unlike the other species investigated, shade-adapted *C. pilosa* showed marked growth reduction under high light intensity (91.5 Wm^{-2} ; Fig. 1). This may be due to the inhibition of photosynthetic activity (i.e. chlorosis), which is consistent with the literature findings (Björkman and Homgren, 1963; Foyer and Hall, 1980; Osmond, 1983).

The changes of ionic patterns with increasing light intensity follow essentially the same trend in all selected species, indicating quite similar characteristics of their mineral ion and organic acid metabolism. Generally, inorganic cations (except K^+) and anions (except NO_3^-) did not respond to changing light intensity. As light intensity rise, the nitrate content decreased, while the organic acid contents increased considerably without changing the qualitative pattern of single components (Table 2 and Fig. 4; Blom-Zandstra and Lampe, 1985). The assimilation of NO_3^- to amino-nitrogen is known to be strictly light-dependent (Carvin and Atkins, 1974). Thus under low light intensity, nitrate is accumulated but organic acids remain relatively low (Hewitt et al., 1976). The same holds true for the *Carex* species. In spite of high nitrate nutrition, NRA remains low and nitrate accumulates within shoots (Fig. 2 and Table 2). Moreover, energy shortages may restrict nitrate reduction. As an overall consequence, the synthesis of organic acids, usually compensating for the buildup of relative cation excess (total inorganic cations-total inorganic anions) in connection with nitrate reduction, is also limited. It should be noted that nitrate is generally phloem immobile, and thus nitrate taken up is stored nearly exclusively in the vacuoles of shoots (Martinoia et al., 1981). Moreover, because vacuolar NO_3^- is metabolically ineffective to function as an inducer for nitrate reductase (NR) (Heimer and Filner, 1971), the release of nitrate from vacuoles into the cytoplasm can become a rate-limiting step for nitrate reduction (Martin, 1973; Ruffy et al., 1982).

Compared to the other *Carex* species, which maintained their normal ionic balances even under varying light intensities, *C. pilosa* could do this only under lower light intensity, but at high irradiation, organic acids (especially citrate) accumulated considerably and symptoms of chlorosis occurred, similar to high nitrate-fed *C. pilosa* (Choo and Albert, 1999b).

As light intensity increased, total N (especially nitrate-N and amino-N) decreased gradually, but the ratio of protein-N to total N increased distinctly (Fig. 3). *C. pilosa*, however, showed a remarkable drop in protein-N at higher light intensities. This is presumably due to photoinhibition under intense light, followed by protein degradation. It should be noted that, over a broad range, photosynthetic rates are proportional to leaf nitrogen concentrations (esp. protein-N concentration). This is because most leaf nitrogen is directly involved in photosynthesis as a component of photosynthetic enzymes (e.g. RuBP-Case) and chlorophylls (Evans, 1989). In contrast, the high ratio of amino-N to total N found in all species except *C. pilosa* under low light intensity could be regarded as a stress symptom. This is consistent with some findings that under various stress situations including leaf senescence, soluble nitrogen compounds (esp. amino acids) increase at the cost of proteins (Beevers, 1976; Chu et al., 1976; Huber et al., 1977; Rabe, 1994). However, the qualitative amino acid composition of the three mentioned species remained unchanged and was similar to that under other experimental conditions used in this study (Choo and Albert, 1999b).

Compared to other plants with high amino acid contents (esp. Asn), the low contribution of Asn in *C. pilosa* is probably due to the low nitrogen content in the soil medium (Table 2). Furthermore, the low amino acid contents in *C. pilosa* might be a shade adaptation.

NRA of expanded leaves were enhanced at higher light levels (Fig. 2). It is assumed that light not only stimulates *de novo* synthesis, but also activates plant tissue NR at the protein level (Lillo, 1994). In green leaves, light induction of NR mRNA and NR protein is apparently mediated through products of CO_2 fixation (Foyer et al., 1995; Lea, 1997). In addition to CO_2 assimilation, therefore, nitrate reduction in leaves is an important sink for photosynthetically produced reductants (Kaiser and Brendle-Behnisch, 1991) and also is closely coupled to net photosynthesis (Kaiser et al., 1992). The general increase of NRA with increasing light is induced by the presence of both nitrate and light (Santos et al., 1992). According to Campbell and Smarrelli (1986), and in contrast to these findings, light directly affects protein synthesis, but plays no direct role in NRA. Until now, its overall regulation by photosynthesis is only poorly understood, although it should be important in adapting to rapidly changing environmental conditions (Kaiser and Brendle-Behnisch, 1991). In the present study, despite high NO_3^- contents

in shoots, low NRA of *Carex* species under low light intensity may be due to the shortage of reductants furnished from photosynthesis.

The light-induced patterns of sugars are in marked contrast to amino acids (Fig. 4). In contrast to amino acids, sugar contents generally increased under higher light intensities. This is partially due to the fact that the pathways of sucrose and amino acid biosynthesis compete for carbon skeletons and energy sources (Champigny and Foyer, 1992). In leaves, NO_3^- assimilation takes place in the same compartments, i.e., cytosol (NO_3^- reduction to NO_2^-) and chloroplasts (reduction of NO_2^- to NH_4^+ and assimilation of the latter into glutamate) as sucrose and starch synthesis, respectively. The reduction of NO_2^- to NH_4^+ uses photochemically generated reducing power, as does the reduction of CO_2 to carbohydrates, and is considered to be an important sink for the products of photosynthetic electron flow (Losada, 1976). Moreover, sucrose synthesis is regulated at the level of partitioning of carbon between organic acid and amino acid synthesis in plant leaves (Champigny et al., 1991). At low light intensity, therefore, increased carbon flux to amino acids is associated with a decrease of phosphoenolpyruvate (PEP) content, the activation of PEP-Case (Champigny and Foyer, 1992) and with low NRA in leaves (Radin et al., 1978). However, shade-adapted *C. pilosa* maintained higher tissue carbohydrate concentrations under low light intensity than species adapted to high light intensity (Table 2 and Fig. 4). It is well known that shade plants have a much higher efficiency in using weak light than sun plants (Osmond et al., 1980). Due to an efficient carbon metabolism under low light intensity, therefore, *C. pilosa* can adapt successfully to shady habitats.

Light intensities below the compensation point lead to starvation with carbohydrates used as a substrate for respiration, but gives rise to considerable NO_3^- accumulation (Tychsen, 1976). Under low light conditions, therefore, the decrease in soluble carbohydrates is osmotically compensated for by an opposite change in nitrate concentration as a result of suboptimal photosynthesis (see above). This is consistent with the literature (ryegrass, Veen and Kleinendorst, 1985; lettuce, Blom-Zandstra and Lampe, 1985; spinach, Steingröver et al., 1986). Thus, nitrate as an osmoticum should also be regarded as a useful adaptation to the variations of carbohydrate synthesis in order to maintain osmotic homeostasis (Ourry et al., 1989). In the investigated *Carex* species, increased light intensity generally causes a distinct shift from nitrate accumulation in the shoots towards accumulation of sugars (mainly sucrose) and organic acids (mainly citrate and malate).

It is concluded that competition between nitrate and CO_2 reduction for reductants and ATP from photosynthesis may have important ecological consequences for the adaptation of plants to low or high light

conditions. Additionally, the patterns of ionic changes due to increased light intensities were essentially the same in all selected species, indicating profoundly similar characteristics in their mineral ion and organic acid metabolism as well as in field-grown *Carex* species (Choo and Albert, 1999a).

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NRA and Solute Patterns of Carex spp.

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