

Angiosarcoma of the Scalp : A Case Report and the Radiotherapy Technique

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Cutaneous angiosarcomas are uncommon malignancies which account about 1% of sarcomas. They are found most commonly in the head and neck regions, frequently on the scalp. Although preferred treatment has been combined surgery and postoperative radiation therapy, the extensiveness and multiplicity of the lesions set limits to such an approach and the patient is often referred for radiotherapy without surgery. As the entire scalp usually needs to be treated, radiation therapy is a challenging problem to radiation oncology staffs. We report a case of angiosarcoma of the scalp, which was treated successfully by radiation therapy with a simple and repeatable method using mixed photon and electron beam technique. Using a bolus to increase the surface dose of the scalp and to minimize dose to the normal tissues of the brain desirable but difficult technically to be well conformed to the three dimensional curved surface such as vertex of the head. A helmet made of thermoplastics filled with paraffin was elaborated and used for the treatment, resulting of the relatively uniform surface doses along the several points measured on the scalp, the difference among the points not exceeding 7% of the prescribed dose by TLD readings.

Key Words : Angiosarcoma, Scalp, Radiation Therapy, Treatment Technique

INTRODUCTION

The treatment methods of an angiosarcoma, an extremely rare tumor of vascular origin which can be seen often in the scalp, includes simple excision, sometimes with postoperative radiotherapy or radiotherapy only. When radiotherapy is used as a single modality of treatment for the scalp lesions which tend to be multiple and extensive, the radiotherapy technique needs to be sophisticated as it is hard to include the whole scalp in the treatment fields with even dose distribution in

the repeatable way. We report a case of an angiosarcoma which had been treated successfully by using a mixed photon and electron beam technique and a custom-made helmet.

CASE REPORT

A 76-year-old man presented with multiple bruise-like colored indurations on the scalp which has been aggravated for a few months. Tightness and pain of the scalp accompanied the skin lesions. On clinical examination, he was generally healthy without specific medical history. Inspection of the scalp revealed a large area of dark-colored indurations on the right side of the forehead and the left parieto-occipital regions of the scalp. There were several scalp nodules

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around the lesions with scattered reddish patches.

Several biopsies obtained from different areas of the scalp showed angiosarcoma which is characterized by anastomosing vascular channels with a typical endothelial cells ramifying through the dermis. Mitotic figures were occasionally observed. Chest X-ray and a full blood count including ESR were within normal ranges. There was no evidence of local extension into the skull bone and the underlying brain parenchyma on the brain MRI.

The patient was referred for radiotherapy. As the lesions were extensive and scattered over the scalp, the entire scalp had to be irradiated. Radiation therapy was done through combined photon and electron beam technique to save normal tissues of the brain, up to 50 Gy/25F/5weeks with a boost to the residual lesion up to 60 Gy by tangential 6 MV X-ray beam. The mixed electron and photon beam technique consisted of both lateral 6 MeV electron fields to the central part of the scalp and parallel-opposing 6 MV photon fields to the rest of the scalp was used.¹⁾

²⁾ Blocks were built for both photon and electron fields which use the same field center to ensure the reproducibility of set-up (Fig 1, 2).

A bolus can be used to increase the surface dose and to limit the range of electrons. How-

ever, it is difficult to immobilize a bolus to the three dimensional curved surface such as vertex of the head. Furthermore, it can not be completely conformed to the patient's contour, leaving an air gap between the bolus and the skin surface. Surface doses can have the variances of 20-40% for extreme cases (low electron energies, small field sizes, thick bolus, and large gaps).³⁾ Hence, We have made a helmet with approximately 5 mm thickness which is made of three sheets of commercially available thermoplastic, U-Frame™. The spaces of the meshes of thermoplastics were filled with paraffin. This helmet was useful to increase the surface dose from 6 MeV electron beam and to compensate for the build-up region of 6 MV photon for the treatment of the scalp. Also, Mevgreen™ was attached to the back of the helmet for better neck support and immobilization (Fig. 3).

Solid TLD chips were used to verify the dose on the several selected points around the scalp. The relative surface doses from the TLD readings were well agreed with the prescription dose within 7% variation. The result of increasing surface

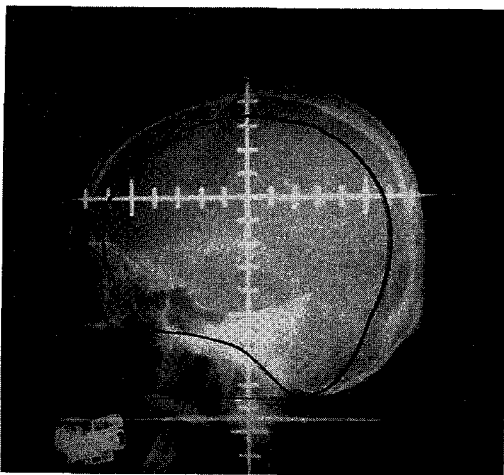


Fig. 1. A simulation film for the composite photon and electron beam technique.

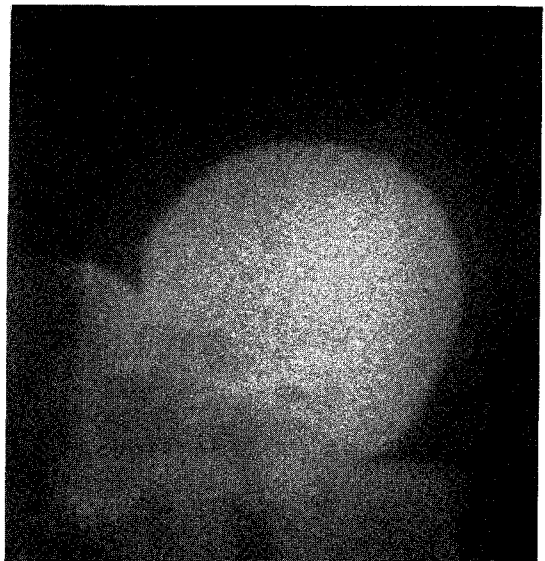


Fig. 2. A linacgram of the photon field, which irradiated a median sagittal strip, to verify the set-up of the patient.

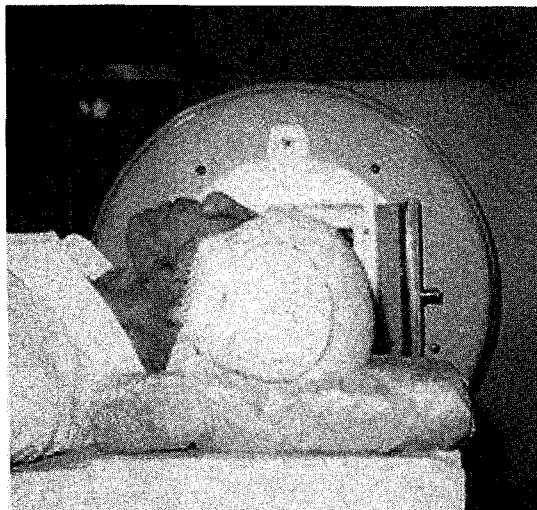


Fig. 3. Patient with a custom-made helmet for treatment.

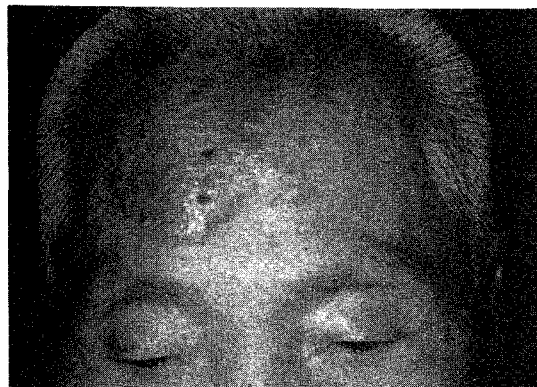


Fig. 4. The skin lesion of the patient before treatment.

dose for each field was calculated from TLD readings both inside and outside of the helmet. With the helmet, surface doses measured at the center of the electron field and at the forehead for the photon field were increased 16% and 20% respectively. Treatment was interrupted at 30 Gy for 2 weeks for moist reaction of the scalp. Multiple scalp lesions resolved completely at 50 Gy except for an area of residual induration at the left posterior parietal area of the scalp. The lesion was treated with additional 10 Gy by reduced tangential photon fields. One month follow up examination after completion of treatment

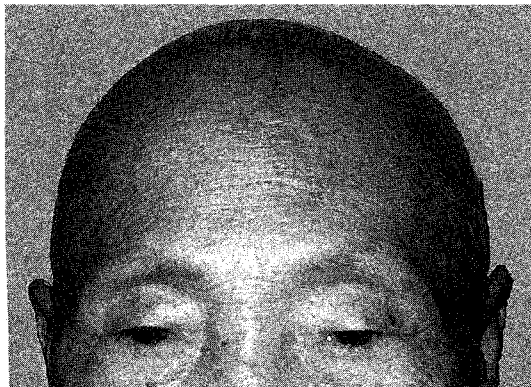


Fig. 5. The clearance of scalp lesions of the patient after treatment.

revealed complete clearance of all scalp lesions. (Fig. 4, 5)

DISCUSSION

Angiosarcomas are extremely rare tumors of vascular origin, comprising less than one percent of all sarcomas. It usually affects men in their sixties or seventies. About 50 percent of cutaneous angiosarcomas are found in the head and neck regions and most commonly on the scalp.⁴⁾ Because of its extensive nature, especially in the case of scalp lesions, the treatment has been radiation therapy alone or in combination with surgery. Attempts to reduce the extent of disease by systemic chemotherapy was disappointing.⁵⁾ The best treatment results from the point of local control are seen with the combined treatment by surgical excision and postoperative radiation therapy.^{4, 6, 7)} The prognosis of this disease is usually poor with propensity for both local recurrences and distant metastases. Tumor size and the mitotic figures are known prognostic factors.⁸⁻¹⁰⁾ This case showed complete clinical response of the tumor to radiotherapy alone with clearance of the patient's clinical symptom such as headache and skin lesions.

When the lesion is superficial and is not involving the skull like this case, electron beam treatment should be considered in order to spare

the brain. For the entire scalp irradiation, there is a difficult problem of matching multiple electron fields.¹⁰⁾ Electron beam arc technique has been used to give uniform dose distribution for treating superficial tumors along curved surfaces since almost two decades ago.^{11, 12)} However, this technique requires the arcing capability of linear accelerators and still has not gained general acceptance because of its complexity both in the calculation of dose distributions and in the actual dose delivery.¹³⁾

To gain uniform dose or increase surface dose, several types of bolus material have been used — wax,²⁾ paraffin, water bag,¹⁴⁾ Superflab™, acrylic¹⁵⁾ and even a wire mesh.¹⁶⁾ The selection of bolus material is determined by availability, convenience of fabrication, adjustment to the patient's topology, and reproducibility of setup. Although there had been a report in which a good dose distribution over the entire scalp could be achieved by using the wax casting for the treatment of an angiosarcoma and lymphoma,²⁾ the fabrication process of a wax bolus is said to be so complicated and time-consuming. We have found that using a custom-made helmet is simple and efficient way for total scalp irradiation. It also gives an excellent accuracy of daily setup for the treatment as well as reproducibility.

The mixed electron and photon beam technique which are presented here using a custom-made helmet simplifies fabrication and set-up procedures, increase the accuracy of the treatment, and minimize the dosages to the underlying brain while providing an excellent dose distribution around the entire scalp.

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국문 초록 =

두피에 발생한 혈관육종 : 증례보고와 방사선치료방법에 대한 고찰

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혈관육종은 전체 악성종양의 빈도에서 약 1%를 차지하는 매우 드문 종양이다. 이 중 반 수 정도는 두경부에 발생하며 특히 장년 층의 남자에서 두피에 호발하는 경향을 보인다. 권고되는 치료방법으로는 수술적 제거와 방사선치료가 있으나 넓은 범위의 종양이 전 두피에 퍼져있을 때는 수술적 방법이 적용되기 힘들다. 여기 방사선 치료만으로 완전 관해를 보인 두피 혈관육종의 경우를 보고하며 엑스선과 전자선을 이용하여 간단하면서도 재현성 있는 방사선치료방법을 소개한다. 볼루스는 표면선량을 증가시키고 뇌조직의 정상세포에 대한 방사선량을 최소화시키기 위하여 사용할 수 있지만 두경부와 같이 굴곡이 심한 환자의 표면에 밀착시키기는 어렵다. Thermo-plastic과 파라핀을 이용하여 제작한 헬멧을 혈관육종의 방사선 치료에 사용한 결과 전체 두피에 대한 열형광선량계에 의해 측정된 방사선량은 7% 이내의 고른 선량분포를 얻을 수 있었다.