

: ,

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:

.

1.

가

.

,

가

(, 1980).

(Mueller, 1985), 가

(, 1983; , 1985).

가

(asexual being)

가

(Solberg, Nutler & Wagner, 1973; Reamy & White,

1985; , 1995),

(Reamy & White, 1985).

가

(Masters & Johnson,

1996; Solberg et al, 1973; Falicov, 1973; Wilkerson & Bing, 1988; Couningham, MacDonald, Leveno, Gant & Gilsprap, 1993).

(Reamy & White, 1985),

(Master & Johnson, 1966).

(, 1983),

(Perkins, 1979; Klebanoff, 1984; Wilkerson & Bing,

1988; , 1991)

가

가

가

가

(, 1983; , 1985)

(,

1993)

가

가
가
(Wilkerson & Bing, 1988).

2.

J

3.

(1)

1)

2)

3)

가 ,

4)

(2)

가,

(3)

가

가

1.

가

. Masters

Johnson(1966) 101

가

가

가 가

. 52

(Reamy, White & Daniell, 1982).

가

가 , Landis

Pofferberger(1950) 212

가 Falicov(1973) 19

가

. Solberg (1973) 260

가 가

1/2 , 1/4 , 1/4

가

가

33 Kenny(1973) 가

30

Lumley(1978) 가 Perkins(1979)

155

Robson Kumar(1981) 119

가

(DeGarmo & Davidson, 1976). Masters Johnson(1966) 101

20%

가 Perkins(1982) 155 58%가

가 가

가

(Bing & Coleman, 1980), 가

(Reamy & White, 1982).

가

가

50 Hollender McGehee(1974)

75%가 가 가 가가

가 가

(1982) 52 가 Reamy

가

가 가

(Masters & Johnson, 1966; Falicov, 1973; Kenney, 1973; Reamy et al, 1982). Goodin, Keller Raffin(1971) 76%

가 52% 20% 4%

(Masters & Johnson, 1966).

. Clintob(1986) "couvade syndrome" 가 , , (Clinton, 1986). 가 가 가 , , 가 , dmarud 가 (Masters & Johnson, 1970; Bittman & Zalk, 1980). 가 가 가 가 (Masters & Johnson, 1970; Bittman & Zalk, 1980).

2. (Perkins, 1979), , (, 1988). , , . (Duvall, 1977; , 1984). (, 1987). 가 가 (Derogatic, 1980). 가 가 (Kahn, 1979). Putton Waring(1985) , 가 가 (Duvall, 1977; , 1986; , 1988). Rommey(1975) . Carroll, Volk Hyde(1985) McCarthy(1985) 가 (Derogatis, 1980), Erikson(1963) 가 (, 1973; Derogais & Meyer, 1979). , 가 (McCloskey, 1976). (Rubin, 1965). Masters Johnson(1973) . Bressler Lecenderi(1986) 가

1.

2 J , , ,

2.

1996 2 9 1996 4 10 2 S SR
J
, 95 J 143 238
44 194
11.9% 가
53.1% 35.0%

3.

1)

, , 12
8 가 1
1 0 0 20 0.7103

2)

(1988) D.S.F.I.(Derogatis Sexual Function Inventory)

8 .5 5 , 4 , 3 , 2 ,
1 가 . 8 40 (1988)
0.73256 0.8153

3)

가 1
, , , , 13

4)

(1988) 13 5 , 5 ,
4 , 3 , 가 2 , 1 가
가 . 13-65 (1988) 0.8154
0.8682

5)

D.S.F.I. (1988) 8 , 5 5 ,
4 , 3 , 2 , 1 8-40
(1988) 0.7884 0.7408

6)

가 (, 1981; , 1994) 1
, , , 가, , , ,
가 , , , , 가, , , ,

17 .4 0 , 1 , 2 , 3
 0 51 가 . 0.8154 .

4.

1996 2 9 1996 4 10 가 J
 가 . S SR
 가 .

SPSS/PC+

Pearson Correlation
 (multiple regression)

1.

22 39 28.5 20 36
 26.5 . 98.5% 100- 150 43.8% 가
 150- 200 43.8% . 77.3%
 63.8% < 1> .
 가 81.4% 11.9% ,
 35.0% , 53.1%
 29.4% . 94.7% 가
 89.2% 가 10.8%
 가 4.1%
 , 2 , 1 . 6.7% 가 ,
 < 2>
 < 1>

	N	%
24	8	4.1
25- 29	128	66.0
30- 34	50	25.8
35- 39	8	4.1
	3	1.5
	73	37.7
	118	60.8
50- 100	31	16.0
100- 150	85	43.8
150- 200	50	25.8
200	28	14.4
	150	77.3
	44	22.7
	56	29.3
	27	13.9
	36	18.6

		6	3.1
		70	36.1
2	20-24	33	17.0
	25-29	135	71.1
	30-36	24	11.9
		194	100.0

< 2>

	N	%
	158	81.4
1	36	18.6
	137	70.6
	57	29.4
	23	11.9
	68	35.0
	103	53.1
	173	89.2
	8	4.2
	13	6.7
	194	100.0

2.

가 25.8% .
 74.2% 1 (21.8%), 1 (17.5%), 2-3 (16.5%), 2-3 (16.0%), 4
 (2.6%) . 25.8%
 가 6%, 가 22%, 가 72% < 3>.

< 3>

	N	%
4	5	2.6
2-3	31	16.0
1	42	21.8
2-3	32	16.5
1	34	17.5
()	50	25.8
		3 6
		11 22
		36 72
	194	100.0

가
 2-3 가 31.80 가 1 가 29% 가
 34.9% 가 .
 ,
 13.6%, 가 69 11 15.9%, 가 103 36 35.0% 3
 . <

4 > . , ,

91.2% < 5-1 >
 가 48.5% 가
 가 27.1%, 가 21.0%,
 가 3.4% .

< 4>

		N (%)					²	P
4	2-3	1	2-3	1				
1 (0.5)	7 (3.6)	3 (1.5)	2 (1.0)	6 (1.5)	3 (11.3)	22	18.4	0.049
2 (1.0)	13 (6.7)	20 (10.3)	12 (6.2)	11 (5.7)	11 (5.7)	69		
2 (1.0)	11 (5.7)	19 (9.8)	18 (9.3)	17 (8.8)	36 (18.6)	103		
5 (2.6)	31 (16.0)	42 (21.6)	32 (16.5)	34 (17.5)	50 (25.8)	154		

< 5-1>

	N	%
가	3	1.5
	177	91.2
	14	7.2
	194	100.0

가 가 가 1.5% 2
 1 가 가 3 가 3 2
 가 < 5-2 > .

< 5-2>

	N	%
가	2	40
가	3	60
	5	100.0
	129	48.5
	72	27.1
	56	21.0
	9	3.4
	266	100.0

17.75 , 가 14.89 가
 18.28 가 , 17.98
 < 6 > . 가 99.0% 가
 , (95.9%), (91.8%), 가(89.2%), (87.1%),
 (85.6%) .

< 6>

	N	M	SD	F	P
	19	14.89	1.07	2.023	0.135
	60	18.28	1.01		
	98	17.98	0.61		
	117	17.75	0.50		

가

117

가 < 7 > . , , ,
가 .

< 7>

		N (%)					²	P
4	2-3	1	2-3	1				
3	14	16	12	20	22	87	4.64	0.462
(1.6)	(7.2)	(8.2)	(6.2)	(10.3)	(11.3)	(44.8)		
2	17	26	20	14	28	107		
(1.0)	(8.8)	(13.4)	(10.3)	(7.2)	(14.5)	(55.2)		
5	31	42	32	34	50	177		
(2.6)	(16.0)	(21.6)	(16.5)	(17.5)	(25.8)	(100.0)		

가 가
88.2%가 6.7%가 , 1.0%가
3.6%가 , 0.5%가 69 가 . 33.0%
가 67.0% , 가 2
< 8 > .

< 8>

	N	%
	171	88.2
	13	6.7
	2	1.0
	7	3.6
69	1	0.5
	64	433.0
	130	67.0
	194	100.0

가 .

가 71.1% , 가 41.2% 가
37.1% , 14.5% 가 47.4% 가 가

1.0% < 9>.

< 9>

	N	%
	138	71.1
	56	28.9
	80	41.2
	114	58.8
	28	14.5
	72	37.1
	92	47.4
	2	1.0
	194	100.0

3 , 2 , 1
가 < 10 >.

가
< 10>

	N	M	SD	F	P
	23	2.55	0.16	1.387	0.252
	68	2.32	0.10		
	103	2.25	0.71		
	194	2.31	0.54		

116

79.3%
78 24.4%
54.1% 43.3%
6.2%가 49.5%
가
가 5.6% 4.1%
3.6% 7.7% < 11 >.

< 11>

	N (%)		
	105 (54.1)	11 (5.6)	116 (59.8)
	84 (43.3)	8 (4.1)	92 (47.4)
	21 (10.8)	3 (1.5)	24 (12.4)
	53 (27.3)	25 (12.9)	78 (40.2)
	12 (6.2)	7 (3.6)	19 (9.8)
	41 (21.1)	18 (9.3)	59 (30.4)
	158 (81.4)	36 (18.6)	194 (100.0)

²: 16.28 P: 0.00099

가 76.3% , 가 24.2%
 가 15.5% , 가 57.2%
 3.6% < 12>.

< 12>

	N	%
	46	23.7
	148	76.3
가	47	24.2
가	117	60.3
	30	15.5
가	111	57.2
가	76	39.2
	7	3.6
	194	100.0

가 ‘ 가 ’ 가
 가 77.8% . 50%
 75.3% , 가 74.2% ,
 dmarud 가 58.2% ,
 가 가
 52.6% .
 65 52.26, 4.02 ,
 가 < 13 > ,
 가 t-

가 < 14 > .

< 13>

N (%)							²	P
4	2-3	1	2-3	1	22	101	6.94	0.23
5	15	23	19	17	22	101	6.94	0.23
(2.6)	(7.7)	(11.9)	(9.8)	(8.8)	(11.3)	(52.1)		
0	16	19	13	17	28	93		
	(8.2)	(9.8)	(6.7)	(8.8)	(14.4)	(47.9)		
5	31	42	32	34	50	194		
(2.6)	(16.0)	(21.6)	(16.5)	(17.5)	(25.8)	(100.0)		

< 14>

	N	M	SD	t	P
	138	52.49	0.64	0.81	0.418
	56	51.55	0.91		
	80	53.13	0.83	1.45	0.149
	114	51.19	0.67		
	194	52.26	0.52		

3. , , 20 11.50 < 15 > .

20	20	11.5	0.58	0.26
8	40	29.1	3.63	0.28
8	40	28.5	3.57	0.30

72.2% 가 , 51.5%, 가 36.6%, 가 25.8%, 6.2%, 가 3.6% . 가 0.049 5% 가 < 16 > .

N	M	SD	t	P
76	10.9	0.4	- 1.98	0.049
118	11.9	0.3		
194	11.5	0.3		

32 29.1 < 15 > . 가 가 < 17 > .

32 28.5 < 15 > . 가 59.8% 가 가 < 17 > .

(N=138)		(N=56)		t	P
M	SD	M	SD		
29.4	3.9	28.1	3.4	2.16	0.032
29.5	3.8	27.1	3.12	5.65	0.000
(N=138)		(N=56)		t	P
M	SD	M	SD		
29.3	3.8	28.9	3.9	0.77	0.441
30.0	3.7	27.6	4.0	4.28	0.000

가

가

가

0.9

가

< 18 >.

< 18 >

(N=64)		(N=130)		t	P
M	SD	M	SD		
12.3	3.8	11.1	4.1	2.06	0.041
30.4	3.4	28.4	3.8	3.47	0.001
29.8	3.8	27.6	4.1	3.01	0.003
52.8	6.9	51.9	7.4	0.81	0.418
17.79	6.0	17.81	6.8	-0.02	0.985

29.23 가

가 28.45 가

4.

Pearson correlation

가 0.435 , 가

가

0.404, r 0.199

가

(multiple regression analysis)

2가

29.16%

가 18.88%

가

10.27%

< 20 >.

< 19 >

N	M	SD	F	P
68	28.45	0.5	0.343	0.710
103	28.46	0.4		
194	28.5	0.3		

< 20 >

Multiple R	(R2)	R2	B	F	P	
0.4345	0.1888	0.1888	0.25	0.43	44.69	0.0000
0.5399	0.2916	0.1027	0.35	0.35	39.31	0.0000

1.

91.2% 1.5% 가
(Landis & Porrenberger, 1950; Falicov, 1973; Solberg et al, 1973; Kenny, 1973; Lumley, 1978; Perkins, 1979; Robson & Kumar, 1981; , 1983; , 1985)

가 48.5%가 ‘
(1983) 57%, (1985) 63.7%
, (1985) 8.34% 27.1% (1983) 32% 가

85.6%가

, Ekwo, Gosselink, Woolson, Moaward Long(1993)

Mueller(1985), Wilkerson

Bing(1988)

가

(Mueller, 1985)

가

가

41.2%가

Goodin (1971)

52%가

Masters

Johnson(1966)

가

Bermant David(1974)

가

가

76.3%가

가 15.5%,

가 3.6%

2. 가 , 가
 48.5% 가 가
 , 가 , ww kfaht 가
 77.8% 65.5% 가 , 50%
 , 가 75.3%, 가
 , 가 74.2%, 가
 가 58.2%, 가 가
 53.1%, 가 가 가 52.6%, 가
 가 가 가 43.8%, 가
 가 42.3%, 가
 가 40.7%, 가 39.2%,
 가 38.7%, 가
 가 37.6%, 가
 가 29.4%, 가
 19.6%
 57.5%
 5% 가
 72.2% 가
 6.2% (1975)
 5 3.63 (1993) 3.4
 가 01%
 8 가
 4.35 가 가
 Hollender McGehee(1974), Reamy White(1982)
 56.7%, 7.6% (1993)
 44.1%, 11.4% (1987)
 가
 가
 (, 1987), 가 가
 5% 가 가
 가

3.4 (1993) 5 (1988) 3.57 (1993) 2.4 (1993) 28.5
 27, 99%
 98.5% (1993) 가
 (1993) 가 100% 가 53.1%
 가
 Masters Johnson(1966), Falicov(1973), Reamy White(1982)
 가 (1993) 가
 가 Masters Johnson(1966), Falicov(1973), Robson Kumar(1981), Reamy
 White(1982) (1988)
 (1993)
 가
 가 가
 가 가
 65 가 52.3 가
 가 가
 가 가 가 가
 가 (1988)
 가 (1993)
 가
 18.88% 10.27% (1993) q
 4.0 (1993) 3.8, (1988)
 3.72 (1993) (1988)
 가
 Derogatis(1980), Kahn(1979), Putton Waring(1985), (1987), (1988), (1993)
 가
 (1987)
 가 Frank(1986)
 가
 가 가
 가

가 가 가

J 194 1996 2 9 4 10

1. 28.5

150

2. 81.4%가 11.9%, 35.0%, 가 53.1%

3.

가

4. '가 48.5% 가 가 가 가

99% 가

17.8

52.3

5. 가 88.1%가

33.0%

6. 71.1%가 41.2%

가

7. 4.6% 가 가 가

, 2.1%

8. 20 11.5 , 가 가

가

9. 40 29.1 , 40 28.5

10.

가

18.88%

, 가 10.27%

가

가

가

1. , , 가

2. 가

1. (1980).
2. (1983). , 13(1). 22-32.
3. (1973).
4. (1973).
5. (1986).
6. (1995).
7. (1995). , 40(1), 59-63.
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10. (1991). , 34(7). 905-909.
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- Abstract -

Key Word: pregnancy, sexual life

A study on Sexual Life During Pregnancy

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A Pregnancy is the women's normal physiological and developmental process, in which many psychological changes including sexual problems always occur.

But there have been few guidelines on sexual life during pregnancy. So this study was performed to evaluate the sexual life of pregnant women, and to analyze the factors affecting satisfaction of sexual life during pregnancy.

Questionnaires were given to pregnant women who visited two general hospitals for antenatal care as well as to attendants at a prenatal Lamaze class.

The results were as followings :

1) The average age of the 194 pregnant women was 28.5 years ; 98.4% of them had educated more than 12 years. ; the average monthly income was about 15,000,000 won ; primigravida women were 81.4% of the total cases.

2) As the pregnancy progressed, the frequency of the sexual intercourses was decreased in 48.5% because of the anxiety on the fetal damages.

The was no significant differences between frequency of sexual intercourses and the degrees of physical discomfort and spouse intimacy.

Man superior position was taken in 88.1% ; the incidence of orgasms before and during pregnancy were 71.1% and 41.1%, respectively ; the incidence of painful sexual intercourse in primigravida women was decreased by pregnancy in 4.6%, and in the case of multigravida women it was increased in 2.1%.

3) The average point of sexual knowledge was 11.5 in total points of 20 ; that of sexual

attitude was 29.1 in total points of 40 ; that of sexual satisfaction was 28.5 in perfects points of 40.

4) The factors which significantly related to the satisfaction of sexual life were spouse intimacy, sexual attitude, change of sexual body position during pregnancy, and the orgasms before and during pregnancy.

Considering above results, nursing care and nursing intervention including sexual education and counselling programs are needed during pregnancy as well as before pregnancy.