

Panaxadiol and Panaxatriol from *Panax ginseng* C.A. Meyer Inhibit the Synthesis of Thromboxane A₂ in Adrenaline-Stimulated Human Platelet Aggregations

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Abstract—In adrenaline-stimulated human platelets, panaxadiol (PD) and panaxatriol (PT) from *Panax ginseng* C.A. Meyer did not inhibit the Ca²⁺-influx, but inhibited the formation of thromboxane A₂ and the platelet aggregations. It seems that PD and PT block a pathway interconverting arachidonic acids (20 : 4) to thromboxane A₂ (TXA₂), because the amount of Ca²⁺ which phospholipase C or phospholipase A₂ requires to liberate 20 : 4 from membrane phospholipids was increased by PD and PT. These results mean that PD and PT have an antiplatelet effect by inhibiting the formation of TXA₂.

Key words—*Panax ginseng* C.A. Meyer, panaxadiol and panaxatriol, inhibition on aggregation, thromboxane A₂, cytosolic Ca²⁺.

Introduction

Ca²⁺ is a second messenger which exhibits various biological activities for extracellular signals. When platelets are stimulated by thrombin, collagen, Ca²⁺-ionophore or ADP, Ca²⁺ is accumulated in the cytosol¹⁾ and activates Ca²⁺-dependent phospholipase C or phospholipase A₂ to liberate arachidonic acid (20 : 4) which is a precursor of thromboxane A₂ from phosphoinositides or phosphatidylcholine.¹⁻⁵⁾ Because the production of TXA₂ is closely related to the concentration of cytosolic Ca²⁺ and results in a thrombosis,⁴⁾ antiplatelet drugs such as aspirin and imidazole exert their effects by blocking the production of TXA₂.^{6,7)} In this experiment, we examined how the cytosolic Ca²⁺ concentration and the production of thromboxane A₂ are affected by panaxadiol and panaxatriol, ones of tetracyclic triterpenoids in dammarane family of *Panax ginseng* C.A. Meyer (Fig. 1).

Materials and Methods

1. Materials

Panaxadiol and panaxatriol were offered from the analysis center, Korea Ginseng & Tobacco Research Institute. Thromboxane B₂ [³H] assay kit was purchased from Amersham Life Science Co. Adrenaline, Quin II/AM, and other chemicals were from Sigma Chemical Co.

2. Preparation of washed platelets

Platelet-rich plasma (PRP) obtained from the antecubital vein of normal human volunteers, was purchased from Taejon Red Cross Blood Center, Korea. During PRP preparation, blood had been preserved against coagulation with CPD sol. (sodium citrate, NaH₂PO₄, glucose, adenine mixture; Korea Green Cross Pharm. Co.). PRP was centrifuged at 125 x g for 10 minutes to remove red blood cells and was washed twice with Tris-citrate-bicarbonate buffer (pH 6.5⁸⁾, containing 2 mM EDTA), by centrifuging at 1,100 x g for 10 minutes. The washed platelets were recentrifuged twice with suspending buffer (pH 6.9⁸⁾, without EDTA) to remove EDTA. The platelet number was finally adjusted to 5 × 10⁸ cells/ml with suspending buffer. All the procedure above were carried out at 25°C to avoid platelet

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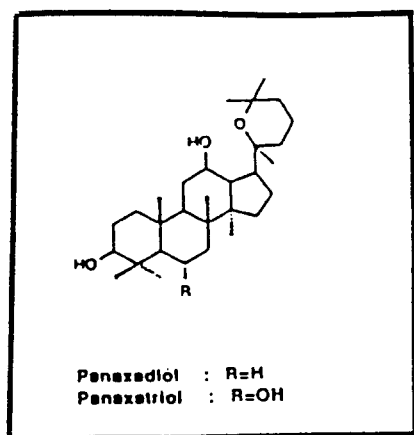


Fig. 1. Structures of panaxadiol and panaxatriol from *Panax ginseng* C.A. Meyer.

aggregation by its cooling.

3. Measurement of platelet aggregation

It is general that platelet aggregations are measured by the change of light transmission at 660 nm with aggregometer (Lumiaggregometer, Model; 400, Chrono-Log, USA),⁹⁾ but we used a UV/visible spectrophotometer instead because aggregation also induced a fall down of light absorbance on a spectrophotometer.¹⁰⁾ The washed platelets were preincubated in a cuvette of UV/visible spectrophotometer (Beckman DU-6) with gentle stirring for 3 min at 37°C. Each reaction cuvette contained 2 mM CaCl₂ with either testing material or not. Platelets were stimulated by adrenaline for 5 min with gentle stirring. An aggregation degree was determined by following calculation.

$$T = \frac{1}{10^{\Delta A}}$$

$$\Delta A = 5A - 3A$$

5A = absorbance after aggregation reaction occurred for 5 min

3A = absorbance after preincubation had been carried out for 3 min

Suspending buffer was used as reference (absorbance 0). PD and PT were dissolved in the 3rd distilled water (D.W.).

4. Determination of cytosolic Ca²⁺ concentration

Platelet-rich plasma (PRP) was incubated with

25 μM Quin II/AM at 37°C for 60 min. Because Quin II/AM is light-sensitive, the tube containing PRP was covered with an aluminium foil throughout the loading process. The Quin II-loaded platelets were also prepared same as the normal preparation. EDTA, a Ca²⁺ chelator, was removed from platelets by washing twice with suspending buffer (pH 6.9).

The concentration of Ca²⁺ was determined by Tsien's method¹¹⁾ with gentle stirring for 5 min at 37°C in a fluorescence spectrophotometer (Perkin Elmer, LS-50).

5. Measurement of thromboxane B₂

TXB₂, a stable metabolite of thromboxane A₂ (TXA₂), was measured by a thromboxane B₂ radioimmunoassay kit. The radioimmunoassay was performed to the instruction manual given by a manufacturer.

Results and Discussions

The concentration of Ca²⁺ in the platelets was increased from 27 nM to 149 nM when the platelets were stimulated by adrenaline (40 μM) (Fig. 2), and this is well consistent with the fact that adrenaline increases the level of cytosolic Ca²⁺ and decreases the level of cAMP in platelets.^{12, 13)} When platelet suspensions containing PD and PT were aggregated by adrenaline, the concentration of Ca²⁺ was increased to 353 nM and 359 nM, respectively (Fig. 2), but the level of TXA₂ was decreased (Table 1).

As mentioned in the "Introduction", the elevated free Ca²⁺ in the cytosol activates Ca²⁺-dependent phospholipase C or phospholipase A₂ to liberate arachidonic acid which is a precursor of TXA₂ from phosphoinositides or phosphatidylcholine.¹⁻⁵⁾ The platelet aggregation caused by TXA₂ is the first order aggregation and that by secreted substances (ADP, serotonin, platelet-activating factor, etc) is the second order aggregation.¹⁴⁾ Explaining in detail, TXA₂ releases Ca²⁺ out of endoplasmic reticulum to stimulate the Ca²⁺/diacylglycerol-dependent kinase and Ca²⁺/calmoduline-dependent kinase which phosphorylate 40 KD- and 20 KD-polypeptides in platelets, and successively 40 KD- and 20 KD-polypeptides are associated with the release of ADP,

Table 1. Effects on TXA₂ formation in adrenaline-stimulated human platelet aggregation

	None	Adr. 40 μ M	Adr. 40 μ M + PT (100 μ g/ml)	Adr. 40 μ M + PD (100 μ g/ml)
TXA ₂ ng/10 ⁸ platelets	1.44 \pm 0.5	18.6 \pm 0.04	3.2 \pm 0.3	2.7 \pm 0.1

The platelet aggregations were performed by what as described in the "Method", and terminated with indomethacin (100 μ M). Human platelets (10⁸/ml) were aggregated by adrenaline (40 μ M) with either 100 μ g of PD, PT/ml or none. TXA₂ was measured with TXB₂ radioimmunoassay kit from Amersham Life Sciences. The data are given as Mean \pm S.D. (n=6).

None : Intact platelets, Adr : Adrenaline, PT : Adrenaline + Panaxatriol, Adrenaline + Panaxadiol.

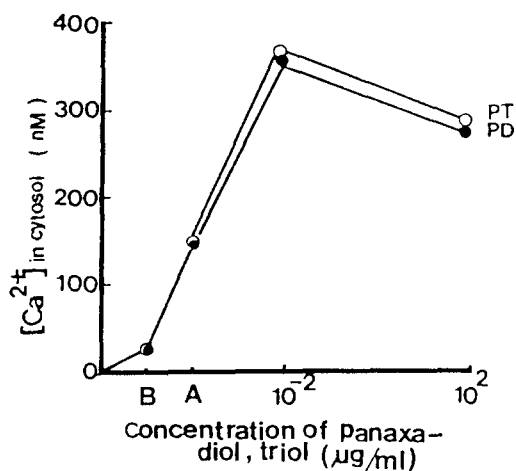


Fig. 2. Effects on concentrations of cytosolic Ca²⁺ in adrenaline-stimulated human platelets. The concentration of cytosolic Ca²⁺ was determined by what as described in the "Method". Platelet suspension (10⁸ platelets/ml) including either PD, PT or none were preincubated with 1 mM of CaCl₂ for 2 min at 37°C, and then aggregated by adrenaline (40 μ M) for 5 min.

B : Cytosolic basal concentration

A : Adrenaline, PD : Panaxadiol

PT : Panaxatriol

serotonin, platelet-activating factor, etc.¹⁴⁻¹⁶⁾ In the adrenaline-induced platelet aggregation, PD and PT inhibited the synthesis of TXA₂, but the level of TXA₂ in that aggregation reaction was much more than in intact platelets by two folds (Table 1).

As shown in Fig. 2, cytosolic Ca²⁺ was increased by adrenaline, PD and PT, meaning that the phospholipases are activated and that arachidonic acids (20 : 4) were elevated in the cytosol by adrenaline, PD and PT. The Ca²⁺ increased by PD and PT are not abundant enough to activate the Ca²⁺/diac-

Table 2. Effects on adrenaline-stimulated human platelet aggregations

	Adr. 40 μ M	Adr. 40 μ M + PD (100 μ g/ml)	Adr. 40 μ M + PD (100 μ g/ml)
Degree aggregations (100%)	100	21.8 \pm 1.2	24.8 \pm 1.5

Aggregations were carried out by what as described in the "Method", and the degree of aggregations was calculated as percentage of that of adrenaline by which 65% light transmission is produced in platelet suspensions. The data are given as Mean \pm S.D. (n=4).

Adr : Adrenaline, PD : Panaxadiol, PT : Panaxatriol.

ylglycerol-dependent kinase and Ca²⁺/calmodulin-dependent kinase. Because the cytosolic free Ca²⁺ concentration which is necessary for activating those kinases is above 1 μ M.^{15, 16)} To elucidate the inhibitory mechanism on TXA₂-production by PD and PT, studies on the effects on Ca²⁺/diacylglycerol-dependent kinase and Ca²⁺/calmodulin-dependent kinase are still remained. However, it is not at all disputable that the inhibition of PD and PT on the adrenaline-induced platelet aggregation is due to the inhibited TXA₂-production. Also that 20 % of aggregation was maintained even with PD and PT in the adrenaline-induced aggregation (Table 2), is well explained by the fact that this aggregation is independent on the secretion but dependent on the TXA₂ which is produced by two folds in that situation compared to the level of TXA₂ in the intact platelets (Table 1).

20 : 4 is a starting point of prostaglandin metabolism. It is a substrate of both cyclooxygenase and lipoxygenase. Eicosanoids such as PGH₂, PGG₂,

PGE₂, PGD₂ and TXA₂ are produced via cyclooxygenase pathway, and leukotrienes are produced from hydroxy fatty acids generated by lipoxygenase pathway in platelets. These metabolites are released out from cells and play as an autacoid in the producing cells and neighboring other cells. Eicosanoids react to the receptor of platelets to activate platelets, but leukotrienes do not.¹⁸⁾ Among eicosanoids, PGH₂, PGG₂ and TXA₂ cause to aggregate the platelets, but PGE₂ and PGD₂ inhibit the aggregation. Of particular, because TXA₂ constricts the blood vessel potently as well as stimulates the platelet aggregation,⁵⁾ TXA₂ is also a principal factor of heart attack and cardiac infraction.⁵⁾ Drugs such as aspirin, indomethacin and imidazole inhibit cyclooxygenase and thromboxane A₂ synthase and thus inhibit the production of eicosanoids; TXA₂, PGG₂ and PGH₂. While slightly different from the above drugs in that the inhibitory effect on TXA₂-production by PD is not contributed to by the inhibition of cyclooxygenase,¹⁷⁾ PD and PT are potential candidates for antiplatelet drugs. The Ca²⁺ closely related to the synthesis of TXA₂ is reported to accelerate the production of cGMP as well, in a recent paper.¹⁹⁾ Additionally the Ca²⁺-dependent cGMP-production may affect the aggregation of platelets, inhibiting in a feed-back mechanism. Our results show that PD and PT increase the influx of Ca²⁺ and inhibit the synthesis of TXA₂, and this is well consistent with the above finding.

Platelets incubated with thrombin is more susceptible to breakage on a gradient of glycerol-EDTA.⁸⁾ In a preparation of platelets, platelets were washed twice in buffer containing EDTA in order to remove a trace amount of Ca²⁺.⁸⁾ Accordingly, we can not rule out the possibility that platelets are broken during washing. If platelets were broken, other intact platelets would be aggregated by stimulators of platelets such as ADP, serotonin, platelet activating factor and Ca²⁺ that are released out of granules. However, when PD and PT were added to the platelets suspended and preincubated in the buffer devoid of EDTA both platelet aggregation and synthesis of TXA₂ by adrenaline were inhibited. The report that EDTA causes a partial proteolysis of an actin-binding protein fibronectin, myosin and th-

rombin sensitive protein,²⁰⁾ may intrigue the possibility that EDTA inactivates platelets. If the inhibition of aggregation by PD and PT were due to the inactivation of platelets resulted from EDTA, platelet aggregation, TXA₂ production and Ca²⁺-influx would not be occurred by adrenaline. However, 65 % of platelet aggregation was occurred and the related metabolites were produced by adrenaline (Table 1, 2). The above points verify that platelets were not broken and not inactivated by EDTA, and the inhibition of aggregation and the activation of related metabolites by PD and PT are not false.

요 약

아드레날린에 의한 사람 혈소판의 응집반응에서, PD와 PT는 Ca²⁺ influx는 억제시키지 않았으나, Thromboxane A₂의 생성을 저해하고 혈소판의 응집을 억제하였다. PD와 PT는 phospholipase C나 phospholipase A₂가 막 인지질로부터 아라키돈산을 유리하는데 필요한 세포내 칼슘량의 증가를 억제하지는 않았으므로, 아라키돈산에서 트롬복산 A₂로 변하는 어떤 단계를 억제할 것으로 추측된다. 이것은 PD와 PT는 트롬복산 A₂의 생성을 억제하므로써 항혈소판 작용함을 의미하는 것이다.

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