

Effect of Long-term Pyridoxine Depletion on Lipid Composition in the Developing Rat Brain*

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장기간의 Pyridoxine 부족이 새끼쥐 뇌의 지방조성에 미치는 영향

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□ 국 문 초 록 □

이유한 Sprague Dawley 암컷 쥐에게 성장, 임신, 수유기간동안 pyridoxine이 풍부한 식이와 pyridoxine이 부족한 식이를 주어 사육했으며, 또는 다른 군은 성장, 임신기간은 pyridoxine이 부족한 식이를 공급받다가 생후 5, 10, 21일에 각각 pyridoxine이 풍부한 식이로 바꾸어 주어 회복정도를 살펴보았다.

출생 후 5, 10, 15, 21, 35, 50일에 체중을 재고 새끼를 희생시켜 뇌와 적혈구를 실험에 사용하였다. 적혈구에서는 alanine aminotransferase 활성을 측정하였고, 뇌에서는 cholesterol, proteolipid protein, cerebroside를 측정하였다.

Pyridoxine이 부족한 쥐는 실험기간동안 유의적으로 체중과 뇌무게가 감소했으며, erythrocyte alanine aminotransferase 활성의 증가정도가 훨씬 높은 것으로 보아 체내 비타민 B₆의 영양상태가 나쁨을 알 수 있었다. 한편, 뇌의 cerebroside의 함량은 유의적인 차이를 보였으며 5, 10, 21일에 supplementation 시킨 쥐의 이유후의 cerebroside의 생성속도의 증가로 보아 supplementation 시킨 쥐의 myelination이 저해되었음을 알 수 있다. 한편 cholesterol, proteolipid protein도 부족식이에 의해 영향을 받았는데 생후 5일에 supplementation 시킨 쥐는 정상수준으로 회복되나 10일 이후에 supplementation 시켰을 때는 정상수준에 미치지 못하였다.

INTRODUCTION

Mature brain is refractive to marked change in

the diet including malnutrition. However, neonatal and developing brains are known to be highly susceptible to the nutrition of the mother during the

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period of active myelination.

Vitamin B₆ has been demonstrated to be an essential nutrient in the normal development of the central nervous system(CNS)¹⁻³⁾. Pyridoxal phosphate, the active coenzyme form of vitamin B₆, affects brain development by participating in the transport and metabolism of amino acids, in the synthesis of fatty acids, in the γ -aminobutyric acid(GABA) shunt pathway, etc. More specifically, in brain, vitamin B₆ is required for the activation of sphingolipid synthesis⁴⁾. The carbon atoms of sphingosine are donated by serine and palmityl CoA or in the absence of palmityl CoA, by palmitic aldehyde. The addition of palmitic aldehyde to serine requires the activation of the methylene group of serine. This is accomplished by the formation of a schiff base metal complex of serine with pyridoxal phosphate and Mn⁺⁺. Since pyridoxine is required for the synthesis of sphingosine, a component of cerebroside, it is expected that a reduction in dietary pyridoxine during myelination could result in a reduction of cerebroside levels in the brain.

Myelin is a highly specialized membrane characteristic of the vertebrate nerves. The myelin-forming cells of the CNS is oligodendroglia cells. Myelin is relatively abundant in all parts of the nervous system, and gives rise to the appearance of 'white matter' as a result of its high concentration(50~70% of dry weight) in fiber tracts in the brain. Myelin is comprised of 70~75% lipid and 25~30% protein(dry weight)⁵⁾.

Davison and Dobbing⁶⁾ reported that myelination is a vulnerable period in brain development and that nutritional deprivation occurring during that period will have a depressant action on myelination. Myelination of the rat brain begins at 10~15 days, after which time the rate abruptly declines to adult levels. Undernutrition in the rat prior to and during

the time of rapid myelination result in a decreased synthesis of myelin. Cerebral development of pups from dams deficient in protein and energy was also usually improved if nutrition supplementation was begun before myelination⁷⁾. However, if malnutrition persisted during myelination, irreparable damage can result⁸⁾.

As a coenzyme role in the metabolism of amino acids is well established. Especially, transaminases are more sensitive than amino acid decarboxylase to the pyridoxine deficiency. Several investigators⁹⁻¹¹⁾ have suggested that changes in percentage stimulation of erythrocyte alanine aminotransferase (E-ALAT) activity after in vitro addition of pyridoxal phosphate is a more reliable measure of the nutritional adequacy of vitamin B₆ than the measurement of the activity. Thus, % stimulation of E-ALAT is used as indicators of B₆ status in the body and can also be used as parameter as to determine vitamin B₆ requirement.

In this study, brain lipid and E-ALAT were compared during different stages of postnatal development in progeny of rats fed a low level and adequate level of vitamin B₆ during growth, gestation and lactation. And another objective of this study was to determine whether altered brain lipid compositions produced by a vitamin B₆ deficiency of the mother, can be prevented or reversed, when vitamin B₆ supplementation of the mother is initiated before or after the critical period of brain development of the progeny.

MATERIALS AND METHODS

1) Animal and Diet

Two hundred weanling female Sprague Dawley rats weighting 50~60g supplied by Animal Breeding Laboratory of Seoul National University,

Table 1. Composition of experimental diet(g/100g diet)

	Pyridoxine -deficient	Pyridoxine -sufficient
Vitamin-free casein	20.0	20.0
Corn starch	58.5	58.5
Corn oil	5.0	5.0
Beef tallow	5.0	5.0
Salt mixture ¹⁾	4.0	4.0
Cellulose	2.0 ²⁾	5.0
Vitamin mixture - B ₆ ²⁾	2.08	-
+ B ₆ ³⁾	0.12	2.2
DL-Methionine	0.3	0.3

- 1) Composition of salt mixture. g/kg of mixture: CaHPO₄ 500g, NaCl 74g, K₂SO₄ 52g, Potassium Citrate Monohydrate 220g, MgO 24g, Manganous Carbonate(43-48 % Mn) 3.5g, Ferric Citrate(16-17 % Fe) 6.0g, Zinc Carbonate 1.6g, Cupri Carbonate(53-55 % Cu) 0.3g, KIO₃ 0.01g, Chromium Potassium Sulfate 0.55g, Na₂SeO₃ · 5H₂O 0.01g, Sucrose, finely powdered 118.0g.
- 2) Nutritional Biochemicals, ICN Life Science Group, Cleveland, Ohio, Vitamin mixture (-B₆): vitamin A conc. (200,000 units per gm) 4.5g, vitamin D conc. (400,000 units per gm). 0.25g, α -tocopherol 75.0g, menadione 2.25g, p-Aminobenzoic acid 5.0g, Niacin 4.5g, Riboflavin 1.0g, Thiamine Hydrochloride 1.0g, Calcium Pantothenate 3.0g, Biotin 0.02g, Folic acid 0.09g, vitamin B₁₂ 0.00135g and starch to 1kg.
- 3) Vitamin mixture (+B₆) contained, in addition to the above vitamins 1g of pyridoxine hydrochloride per kg of vit. mixture.

were divided into two groups, control and deficient. When female rats grew to approximately 180~200g in weight, they were mated with males of the same strain(2 : 1). Pregnancy assumed to have begun when sperms were found in a vaginal smear (x200) in the morning of test day. After postpartum, deficient groups were divided into three groups according to rehabilitation period of 5(D₅), 10(D₁₀), and 21(D₂₁) days postpartum, and one deficient(D) group continued the same diet throughout the experimental period of 50 days.

Rats were housed in a plexiglas cage. Temperature and humidity were kept 20±1°C, 55±1%, res-

pectively. Light and darkness were also controlled.

Two kinds of experimental diet were used. The compositions are given in Table 1. Pyridoxine-sufficient diet(control diet) contains pyridoxine · HCl 22mg/kg diet and pyridoxine-deficient diet contains pyridoxine · HCl 1.2mg/kg diet.

2) Sampling

On the first day of lactation, pups from each dam were counted, weighed, and randomly reduced to 8. At the age of 5, 10, 15, 21, 35 and 50 days, body and brain weights were measured. Pups were sacrificed by cervical dislocation, and brains were removed and stored at -20°C. Bloods were collected in a syringe treated with heparin by cardiac puncture. They were placed immediately on ice without delay and centrifuged. The plasma and buffy coat were discarded. Cells were washed by mixing with twice the volume of physiological saline solution followed by centrifuging and discarding the supernatant. The procedure was repeated. Erythrocytes were pipeted 200 μ l or 500 μ l in the packed red cell layer and frozen until assayed for erythrocyte alanine aminotransferase (E-ALAT) activity. Hemolysates were made immediately before the measurement of E-ALAT activity.

3) Experimental Methods

The activity of E-ALAT before and after addition of PLP was measured by the colorimetric method of Tonhazy et al¹²⁾ and Bayoumi et al¹³⁾ as modified by Woodring and Storvick¹⁴⁾. Vitamin B₆ status was classified as "adequate" ($\leq 25\%$) or "poor" ($> 25\%$ E-ALAT stimulation)

Total protein was measured colorimetrically by the method Lowry et al¹⁵⁾. Proteolipid protein was determined from the chloroform : methanol extract by the modification of Lowry procedure¹⁶⁾. Chole-

Table 2. Effect of long-term pyridoxine depleted diet on body weight of offsprings (g)

Group days	C	D	D ₅	D ₁₀	D ₂₁
1	7.69 ± 0.25* (13) ^b	6.67 ± 0.74 (59)**	6.67 ± 0.74 (59)**	6.67 ± 0.74 (59)**	6.67 ± 0.74 (59)**
5	14.20 ± 0.58 (72)	13.23 ± 1.10 (286)**	13.23 ± 1.10 (286)**	13.23 ± 1.10 (286)**	13.23 ± 1.10 (286)**
10	27.97 ± 1.26 (54)	25.05 ± 2.07 (158)***++	27.48 ± 1.97 (54)**	25.05 ± 2.07 (158)***++	25.05 ± 2.07 (158)***++
15	44.38 ± 2.52 (36)	36.53 ± 6.94 (72)**++	44.29 ± 4.52 (36)*	43.17 ± 1.85 (36)**	36.53 ± 6.94 (72)***++
21	70.32 ± 3.85 (27)	51.15 ± 11.92 (47)**++	67.94 ± 6.82 (27)	67.64 ± 3.79 (27)*	51.15 ± 11.72 (47)***++
35	136.57 ± 12.43 (18)	116.23 ± 9.20 (16)***++	133.49 ± 11.67 (18)	136.32 ± 15.55 (18)	126.20 ± 19.87 (15)***++
50	190.33 ± 18.36 (9)	169.96 ± 9.78 (7)**	185.29 ± 14.93 (9)	181.82 ± 20.92 (8)	177.23 ± 19.39 (7)**

a : Mean ± S.D.
 b : Number of animals used for calculation.
 * : p < 0.05, significantly different from control group.
 ** : p < 0.01, significantly different from control group.
 + : p < 0.05, significantly different from D₅ group.
 ++ : p < 0.01, significantly different from D₅ group.
 : p < 0.01, significantly different from D₁₀ group.

C : Control.
 D : Deficient throughout.
 D₅ : Deficient group supplemented at 5 days postpartum.
 D₁₀ : Deficient group supplemented at 10 days postpartum.
 D₂₁ : Deficient group supplemented at 21 days postpartum.

sterol was determined by the fluorometric method of McDougal and Farmer¹⁷⁾¹⁸⁾.

Galactocerebroside was determined by the orcinol-sulfuric acid reaction as modified by Hess and Lewin¹⁹⁾.

4) Statistical analysis

The data were analyzed statistically by the student t-test²⁰⁾.

RESULTS

1) Body Weight and Physical Appearance

At almost all ages, body weights of offsprings of deficient group were significantly lower than those of the control and deficient groups supplemented at 5(D₅) and 10(D₁₀) days (Table 2). At weaning, body weight of deficient group showed 75% of the control. At 15, 21 and 35 days of age, body weights of deficient supplemented at 5(D₅) and 10(D₅) days were higher than those of the deficient group (D) but no differences appeared between deficient supplemented at 21(D₂₁) days and the deficient group (D). These results explain that the later supplementation, the less chance of recovery.

From 10 to 21 days of age, some of unsupplemented dams were nervous and offsprings were cannibalized by their dams. And unsupplemented dams became slender and hair of their pups became darker in color, rarer in number, and had scaly skin than the control. Between 15 and 21 days, some signs of pyridoxine deficiency such as tremors, rapid running movement, and convulsion were observed. After these signs appeared, some of the pups did not survive their lactation period. Several investigators¹⁾²¹⁾²²⁾ have also found that progeny of rats fed a vitamin B₆ free diet or low levels of the vitamin during gestation and lactation showed

Table 3. Effect of long-term pyridoxine depleted diet on brain weight of offsprings(g)

Group days	C	D	D ₅	D ₁₀	D ₂₁
1	0.298 ± 0.021 ^a (13) ^b	0.256 ± 0.032 (46)**	0.256 ± 0.032 (46)**	0.256 ± 0.032 (46)**	0.256 ± 0.032 (46)**
5	0.563 ± 0.030 (18)	0.537 ± 0.045 (69)**	0.537 ± 0.045 (69)**	0.537 ± 0.045 (69)**	0.537 ± 0.045 (69)**
10	1.024 ± 0.068 (18)	0.986 ± 0.059 (50)*	1.011 ± 0.053 (50)	0.986 ± 0.059 (50)*	0.986 ± 0.059 (50)*
15	1.385 ± 0.072 (9)	1.290 ± 0.093 (18)**	1.284 ± 0.127 (9)	1.132 ± 0.051 (9)	1.230 ± 0.093 (18)**
21	1.541 ± 0.113 (9)	1.422 ± 0.106 (16)***	1.549 ± 0.061 (9)	1.489 ± 0.037 (9)	1.422 ± 0.106 (16)***
35	1.811 ± 0.103 (9)	1.641 ± 0.075 (8)***	1.740 ± 0.071 (9)	1.767 ± 0.108 (9)	1.680 ± 0.069 (9)*
50	1.860 ± 0.118 (9)	1.794 ± 0.058 (7)	1.860 ± 0.122 (9)	1.833 ± 0.105 (9)	1.849 ± 0.082 (7)

a : Mean ± S.D.

b : Number of animals used for calculation.

* : p < 0.05, significantly different from control group.

** : p <

+

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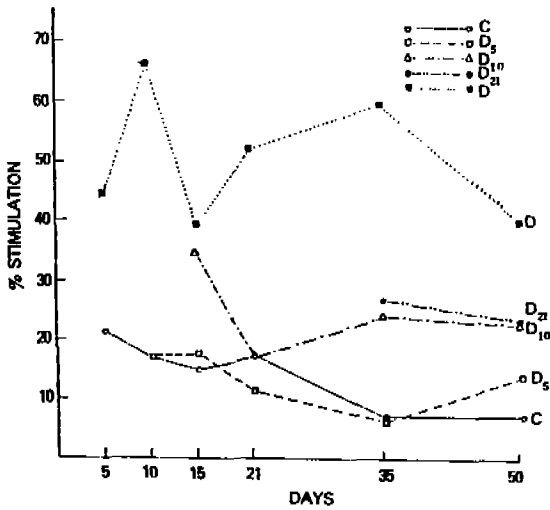
symptoms of pyridoxine deficiency between 10 to 18 days postnatally. This period coincided with the time of rapid myelination in the rat⁽¹⁾⁽²¹⁾⁽²²⁾.

2) Brain Weight

From birth, the brain weights of unsupplemented pups were significantly lower than the control (Table 3). But no significant differences were found between the control and deficient group supplemented at 5(D₅) or 10(D₁₀) days. Brain growth rate was higher in deficient pups than the control. Thus pyridoxine deficiency had a relatively more profound effect on the body weight than the brain weight. Therefore, at the end of experimental period, there are no significant differences in brain weight among the groups.

3) Percentage Stimulation of Erythrocyte Alanine Aminotransferase (E-ALAT)

Fig. 1 shows percentage stimulation of E-ALAT activity. When the conservative criterion for the vitamin B₆ inadequacy suggested by Sauberlich et al. (E-ALAT stimulation > 25%) is used, deficient groups at all ages showed inadequacy in vitamin B₆ status. There was significant difference in E-ALAT activity between the control and deficient group. Especially, at 10 days of age, vitamin B₆ status in the deficient (D) group is the poorest. D₅ as well as control group showed an adequacy in vitamin B₆. D₁₀ and D₂₁ were also rehabilitated to adequacy (≦ 25%). But their values were not reached to that of the control group. These results indicate that a good maternal vitamin B₆ status is very important to the offsprings, especially if breast fed. A good maternal vitamin B₆ status results from high dietary intake of vitamin B₆.



C : control
 D₅ : deficient group supplemented at 5 days postpartum
 D₁₀ : deficient group supplemented at 10 days postpartum
 D₂₁ : deficient group supplemented at 21 days postpartum
 D : deficient throughout

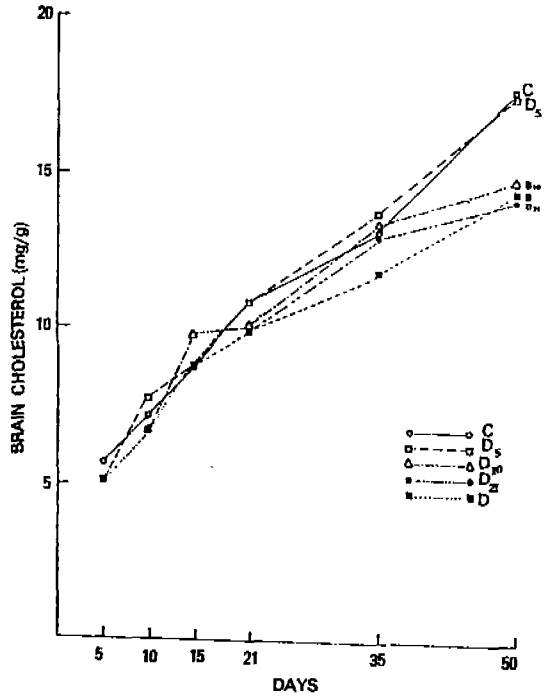
Fig. 1. Effect of long-term pyridoxine depleted diet on percentage stimulation of E-ALAT activity of offsprings.

4) Cholesterol Content

Cholesterol content (Fig. 2) increased steadily throughout the 50 day period in all 5 groups. Cholesterol contents of deficient group were significantly lower than those of the control at 5, 21, 35, and 50 days. There were significant differences between the control and D₁₀ at 21 days. At 50 days of age, cholesterol contents of D₁₀ and D₂₁ were significantly lower than those of the control and D₅.

5) Proteolipid Protein and Cerebroside

Proteolipid protein is considered as one of the myelin marker during the development. Proteolipid protein content (Fig. 3) also increased steadily throughout the 50 day period in all 5 groups. At 5, 15, and 50 days of age, the deficient group (D)

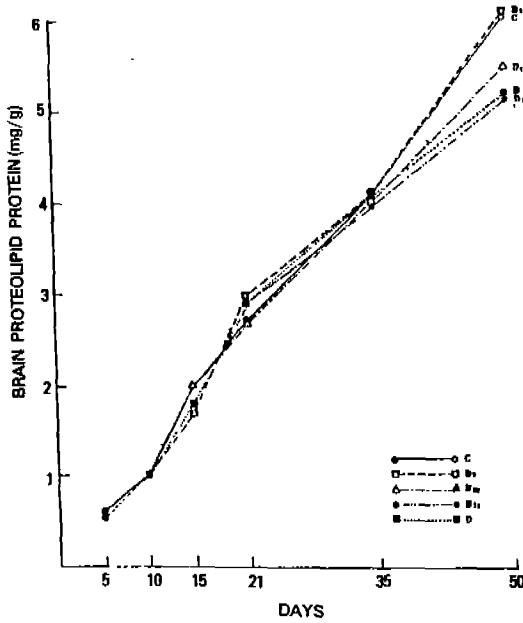


C : control
 D₅ : deficient group supplemented at 5 days postpartum
 D₁₀ : deficient group supplemented at 10 days postpartum
 D₂₁ : deficient group supplemented at 21 days postpartum
 D : deficient throughout

Fig. 2. Effect of long-term pyridoxine depleted diet on brain cholesterol of offsprings.

was significantly lower than the control. At 50 days of age, the deficient group (D) was significantly lower than the control and D₅.

Cerebroside content (Fig. 4) was significantly different between the control and deficient group (D) at 10, 21, 35, and 50 days. The normal rate of increase in cerebroside levels in brain during the postnatal development was inhibited in pups from unsupplemented dams, and delayed in pups from deficient supplemented dams (D₅, D₁₀ and D₂₁) in postweaning period. In developing brain, significant increase in cerebroside during 15 to 21 days were observed. After weaning increase rate of cerebroside



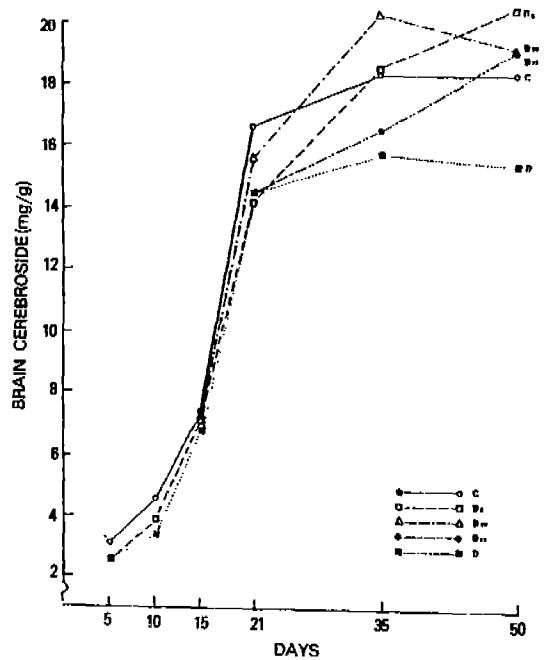
C : control
 D₅ : deficient group supplemented at 5 days postpartum
 D₁₀ : deficient group supplemented at 10 days postpartum
 D₂₁ : deficient group supplemented at 21 days postpartum
 D : deficient throughout

Fig. 3. Effect of long-term pyridoxine depleted diet on brain proteolipid protein of offsprings.

was slightly depressed. Each of the lipid fractions (cholesterol, proteolipid) in brain increased between 10 and 21 days of the lactation. But the increment in the cerebroside content was the greatest (about fourfold) among the lipid fractions analyzed.

DISCUSSION

The National Research Council²³⁾ recommended that 7mg of vitamin per kg diet was needed for adequate growth of rat. The level of pyridoxine, approximately 90 μ g/day meets this recommendation. Driskell et al²⁾ reported that vitamin B₆ requirement as determined by behavioral patterns and biochemical assessment such as DNA, RNA, and E-ALAT, appeared to be approximately 45 μ g daily



C : control
 D₅ : deficient group supplemented at 5 days postpartum
 D₁₀ : deficient group supplemented at 10 days postpartum
 D₂₁ : deficient group supplemented at 21 days postpartum
 D : deficient throughout

Fig. 4. Effect of long-term pyridoxine depleted diet on brain cerebroside of offsprings.

for weanling and sexually mature male rats. According to Kirksey et al²⁴⁾, the needs for both young and older pregnant rats possibly exceeded 19.2mg pyridoxine/kg diet for vitamin B₆ saturation for maternal liver, fetus and fetal brain. Several investigators²¹⁾¹⁰⁾²⁵⁾ have suggested that the pyridoxine requirement can be ascertained by determining for the level required to produce a plateau in E-ALAT enzyme response. In this study, pyridoxine · HCl 22mg/kg diet was used as pyridoxine supplemented diet, pyridoxine · HCl 1.2mg/kg diet as pyridoxine deficient diet. And these diets were fed throughout the growth as well as during the gestation and the lactation.

In this study, it was demonstrated that long-term

maternal pyridoxine depletion affects body weight of offsprings. Especially before weaning, the difference in body weight between the control and deficient group increased. This result means that when maternal pyridoxine depletion period was longer during the most critical period of brain development, the effect on the growth of offsprings become more severe. Growth is more affected by protein, by food deprivation, or by pyridoxine-free diet²⁶⁾ than long-term pyridoxine depleted diet. Many investigators have also reported the similar results of effect of pyridoxine deficient diet on the body weight of offspring^{1~3,21,24)}.

This study also demonstrated a significant decrease in brain weight. However, total protein content in brain was not significantly different among the groups. Thus, the decrease in brain weight was not a reflection of a decrease in total protein content. Stephens et al²²⁾ suggested the possibility that myelination might be affected in the pyridoxine deficient rats at preweaning period, since the myelin lipids contribute greatly to the total brain weight.

The adverse effects observed postnatally in body and brain weights in pups of dams fed low levels of pyridoxine for long term. This discrepancy in brain and body weights mean that food intake of dams may be depressed or may result in a reduction in the amount of available milk, or may be too weak to suckle adequately to obtain sufficient nourishment. In the present study, food intake was not correctly measured. But generally, food intake of deficient dams was slightly decreased. Roberts and Williams²⁷⁾ showed that vitamin B₆ deficient diet resulted in decreased vitamin B₆ content in milk rather than in decreased milk production.

Several investigators^{28,29)} reported that rehabilitation during lactation did not fully reverse the growth retardation of pups resulting from food and pro-

tein restriction imposed on dams during gestation. However, in this study the effect of vitamin B₆ deficiency in dams on growth of their pups were almost reversed when pyridoxine supplementation was given. But the earlier supplementation given, the better growth resulted.

Some investigators^{1,21)} found that vitamin B₆ concentration by microbiological assay in brain was significantly reduced in pups of dams fed low levels of pyridoxine. Pang and Kirksey¹⁾ found that the concentration of vitamin B₆ increased during postnatal development of brain except in pups from deficient dams fed 1.2mg pyridoxine/kg diet. Thomas et al²¹⁾ reported that vitamin content in whole brain cerebrum and cerebellum did not increase during 5 to 10 days. William and Coniglio³⁰⁾ found little increase in pyridoxine content during 7 to 21 days in brains of pups suckled by pyridoxine deficient dams.

However, in the present study, vitamin B₆ content in brain was not directly measured. Percentage stimulation of E-ALAT was used to assess the status of vitamin B₆ in tissue. Some investigators³¹⁾ reported that at early stage of pyridoxine deficiency E-GOT (Erythrocyte GOT) is a more sensitive indicator of vitamin B₆ status than E-GPT (E-ALAT). But recently several investigators^{9~11,14,24)} have suggested that changes in percent stimulation of E-ALAT (EGPT) activity after in vitro addition of pyridoxal phosphate is a more reliable measure of the nutritional adequacy of the coenzyme form of pyridoxine and would not be directly affected by variation in enzyme activity rates occurring with endogenous hormonal or chemical fluctuations. They suggested that apoenzyme as well as coenzyme was reduced by the low level of vitamin B₆ intake. And they also suggested % stimulation was significantly, influenced by age as well as diet. Kirk-

sey et al²⁴⁾ found that the greatest percentage stimulation of E-ALAT was found in young animals receiving the lowest level of dietary pyridoxine (1.2 mg/kg diet). This is in an agreement with our experiment. Values for % stimulation of E-ALAT tended to be higher for the younger animal. This result indicates that the younger the animal, the higher requirement of vitamin B₆.

The deposition of the various lipids in the brain during 5 to 50 days of age was altered in whole brain by the low levels of maternal intake of pyridoxine. Especially, the effects of pyridoxine depleted diet on cerebroside, is characteristic²¹⁾. Sphingolipids have also been shown to be reduced in pups of dams fed pyridoxine-free diet and low levels of pyridoxine in several studies¹⁾²¹⁾³²⁾. Kurtz et al³²⁾ found that sphingolipids were reduced 30% to 58% in brains of progeny from dams fed pyridoxine-free diet from parturition. Williams and Coniglio³⁰⁾ also found low levels of cerebroside in pups from dams fed pyridoxine-free diet from parturition. Pang and Kirksey¹⁾ found that cerebroside content was significantly lower in the brains of 12 and 21 day-old progeny from dams fed 1.2mg pyridoxine/kg diet compared with the control rats fed 19.2mg/kg diet. Brain ganglioside values of pups from deficient dams were also reduced³²⁾.

Results of our experiment showed that all lipid fractions in brain increased from 10 to 20 days but the greatest increase were found in the cerebroside content. This is in an agreement with Davison and Dobbing's postulation⁶⁾ that myelination occurs rapidly between 10 and 21 days postpartum in the rat. Thus, it is confirmed that cerebroside is the most specific marker in myelination.

Ceison and Waisman³³⁾ reported no significant differences in the ganglioside content in brain but found the myelin lipids lower in protein-calorie re-

stricted pups. These authors suggested that normal concentration of ganglioside found in the undernourished rats may indicate that the synthesis of synaptic neuronal membranes, which contain greater concentrations of gangliosides, was less affected by the stress of malnourishment than the synthesis of myelin.

The deposition of various lipids was altered by long-term pyridoxine depleted diet of dams. The normal rate of increase in cerebroside levels in brain during postnatal development was inhibited in pups from unsupplemented deficient dams (D), and delayed in pups from supplemented deficient dams (D₅, D₁₀, D₂₁) in postweaning period. Especially, cholesterol and proteolipid protein contents were also significantly influenced by longterm pyridoxine depleted diet. A number of investigator³⁴⁻³⁶⁾ have employed proteolipid protein and cerebroside content as indices of myelination and myelin integrity. If this is valid, the pyridoxine deficient pups might be expected to have reduced levels of myelin. Especially, when the degree of myelination was determined at 15 days. Electron micrographs showed marked decrease of myelination in lower level of pyridoxine diet group³⁷⁾.

The various parameters of brain development assessed in pups from D₅ were not significantly different from those in pups of control dams. However, some differences in brain development of pups were evident when supplementation of dams was delayed to 10 days or at weaning. Especially, cholesterol and proteolipid protein of D₁₀ and D₂₁ were similar to values of unsupplemented deficient group (D). These results indicate that brain development, particularly myelination, was affected by a deficiency of vitamin B₆ prior to and including the period of rapid myelination. Thus, the present results are in an agreement with the postulation of Bass³⁸⁾.

They postulated that this lipid abnormality and others are a consequence of decreased myelin formation resulting from damage of glia cell precursors which fail to undergo differentiation. Differentiations of both neurons and oligodendroglia cells are responsible for the marked changes in lipid content that accompany early growth of the central nervous system.

SUMMARY

Weanling female Sprague Dawley rats were fed 1.2mg pyridoxine · HCl/kg diet (depleted diet) and 22mg pyridoxine · HCl/kg diet (control diet). The control and one depleted group were fed their diets throughout growth, gestation, and lactation. Other three depleted groups were fed the depleted diet throughout growth and gestation, and then pyridoxine was supplemented by feeding control diet at 5, 10, and 21 days postpartum. The brains were analyzed for proteolipid protein, cholesterol, and cerebroside. Percentage stimulation of erythrocyte alanine aminotransferase activity was also determined.

Body and brain weight were significantly lower at all ages in depleted group than the control and depleted group showed inadequacy of B₆ at all ages. Proteolipid protein and cholesterol were significantly lower in the depleted group at 10, 21, 35 and 50 days. The postnatal development of cerebroside in brain was delayed in depleted groups supplemented at 5, 10, and 21 days. When supplementation was initiated at 5 days postpartum, contents of cholesterol and proteolipid protein were reversed. But some differences in brain development of pups were evident when supplementation of dams was delayed to 10 days or 21 days.

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