

Revision of ^{13}C NMR Assignments of β -Sitosterol and β -Sitosteryl-3-O- β -D-glucopyranoside Isolated from *Plantago asiatica* Seed

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겉경이씨로 부터 분리한 β -Sitosteryl-3-O- β -D-
glucopyranoside 및 β -Sitosterol의 ^{13}C NMR

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β -Sitosteryl-3-O- β -D-glucopyranoside was isolated from the seeds of *Plantago asiatica* (Plantaginaceae). The assignments of ^{13}C NMR spectra of β -sitosterol and β -sitosteryl-3-O- β -D-glucopyranoside were made by comparing with ^{13}C NMR spectra of cholesterol and cholesteryl-3-O- β -D-glucopyranoside. Our data indicate that the revision of previous ^{13}C NMR spectral assignment is needed.

It was previously reported that seeds of *Plantago asiatica* exhibited liver-protective activity against an animal model of hepatic disease produced by CCl_4 intoxication.¹⁾ There have been reported a few chemical investigations for chemical compositions of *Plantago asiatica*,^{2,3)} although a number of phytochemical studies with other *Plantago* species have been published.

In the course of our chemical investigation to isolate potential liver-protective substances from *Plantago asiatica* seeds, β -sitosteryl-3-O- β -D-glucopyranoside (II) was isolated. IR ν_{max} (KBr) 3420, 2940 cm^{-1} and m.p. 298-300 $^{\circ}$.⁴⁾ Upon the hydrolysis, compound II yielded β -sitosterol (I) and glucose which were identified in direct comparison with authentic samples.

The assignments of ^{13}C NMR spectra of I and II were made by comparing with those of

cholesterol (III)⁵⁾ and cholesteryl-3-O- β -D-glucopyranoside^{6,7)} (IV) and chemical shifts calculations by the method of Lindeman and Adams.⁸⁾

The assignments of ^{13}C NMR spectra of C-1~C-21 and C-1'~C-6' of I and II appeared to be in good agreement with those of III and IV, respectively. The chemical shifts of C-22~C-29 of I and II were assigned and shown in Table I. The calculated values for six carbon atoms (C-24~C-29) by the method of Lindeman and Adams appeared to be in close agreement with the experimentally observed values within ± 1 ppm range. The calculated values for remaining two carbon atoms (C-22 and C-23) were $\delta 32.5$ and 28.8 . Near these chemical shifts, two triplet signals ($\delta 34.2$ and 26.4) remained, which were assigned to C-22 and C-23, respectively. Only one equivocal signal ($\delta 28.5$, t, 16-C) could

be distinguished from C-23 by PRFT measurement, which gave significantly higher signal than that at δ 26.4 due to slower segment movement.

Table I. ^{13}C -Chemical shifts (δ) of β -sitosterol (I) and its 3-O- β -D-glucoside (II) measured in pyridine- d_6

	I	II	$\Delta\delta(\text{G})^{1)}$	I	II	Calcd. ²⁾
1	37.8	37.6		21	19.0 ³⁾	19.2 ⁴⁾
2	32.2	30.3	-1.9	22	34.2	34.3
3	71.2	78.5	+7.3	23	26.4	26.5
4	43.2	39.3	-3.9	24	46.1	46.1
5	141.9	140.9	-1.0	25	29.4	29.5
6	121.1	121.9	+0.8	26	19.6 ³⁾	19.4 ⁴⁾
7	32.2	32.1		27	20.0 ³⁾	20.0 ⁴⁾
8	32.2	32.1		28	23.4	23.5
9	50.5	50.4		29	12.1	12.2
10	36.8	37.0				
11	21.4	21.4		C-1'	102.6	
12	40.1	40.0		2'	75.3	
13	42.5	42.5		3'	78.5	
14	56.9	56.9		4'	71.7	
15	24.5	24.6		5'	78.5	
16	28.5	28.5		6'	62.8	
17	56.3	56.3				
18	12.1	12.0				
19	19.3 ³⁾	19.4 ⁴⁾				
20	36.4	36.4				

1) Glucosylation shift, $\delta(\text{II})-\delta(\text{I})$. Significant value (>0.5) only.

2) Calculated values by the method of Lindeman and Adams.

3), 4) These assignments may be interchanged.

^{13}C NMR spectra were recorded on a JEOL PFT-100 spectrometer at 25.15 MHz in pyridine- d_6 with TMS as an internal standard in 10mm spinning tube at 25 $^\circ$: concentrations were 0.2 mM for I and 0.08 mM for II. FT measurement conditions were: spectral width, 5KHz: pulse flipping angle, 45 $^\circ$ for I, 90 $^\circ$ for II: acquisition time, 0.4 sec: number of data points, 4192. PRFT measurement conditions for II were: pulse interval, 0.2 sec: pulse repetition time, 2 sec.

I; β -Sitosterol

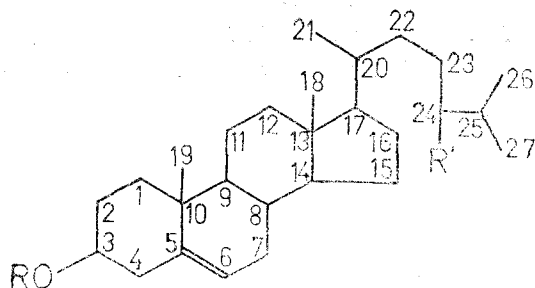
R=H

$\text{R}'=\text{CH}_2\text{CH}_3$

II; β -Sitosteryl-3-O- β -D-glucopyranoside

R= β -D-glucose

$\text{R}'=\text{CH}_2\text{CH}_3$



III; Cholesterol

R=R'=H

IV; Cholesteryl-3-O- β -D-glucopyranoside

R= β -D-glucose

R'=H

It should be noted that the previous report on chemical shift values of C-23 and C-25 of I were reverse to our data shown in Table I.⁹⁾ The multiplicities of the peaks at δ 26.4 and 29.4 in off resonance decoupled spectrum were triplet and doublet, respectively. This fact is enough to support our results. Moreover, in the previous report, resonance due C-24 was assigned to δ 50.3 (overlapped with C-9). In both spectra of I and II, a clear signal at δ 46.1 (d) appeared and the signal at δ 50.4 (or 50.5) were not large enough to represent two carbons. Probably, inadequate measuring condition caused saturation at C-24 signal in the previous work.⁹⁾

It should be noted that the stereochemistry of glucose unit was decided to be β -glucopyranoside by chemical shifts of C-1' to C-6', and to be D-type by the consideration of glucosylation shift ($\delta_{\text{I}}-\delta_{\text{II}}$) of C-2, 3, 4 and 1' without measuring optical rotation.^{6,7)}

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