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**Analysis of dimethyl arginines, nitric oxide synthase inhibitor,  
in biological samples by HPLC**

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**ABSTRACT**

**Asymmetric dimethylarginine (ADMA) is an endogenous inhibitor of nitric oxide synthase. ADMA, symmetric dimethylarginine (SDMA), homoarginine and arginine was resolved in human plasma by high-performance liquid chromatography (HPLC) with an isocratic elution. Arginine metabolites in plasma following the extraction with a strong cation-exchange column, are derivatized with naphthalene-2, 3-dicarboxaldehyde (NDA) and separated simultaneously on a reversed-phase phenyl column. NDA fluorescence derivatives are stable for a week at 4°C without a decrease in fluorescence intensity. Chromatograms showed a complete separation of ADMA and SDMA, and are linear within the range of 0.01-20.0 µM. *N*-methylarginine (NMMA) was used as an internal standard for simultaneous quantification of arginine metabolites. Coefficients of variation are less than 2.5% for within a day and less than 4.7% for day to day. Recoveries from exogenously added samples are between 90-105%. Thus, this method becomes reliable and easily reproducible for biological samples such as human plasma from normal volunteers and pregnancy-induced hypertension.**