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Double Contrast Material-enhanced MR Imaging of Cirrhotic Liver from Viral Hepatitis: Correlation of Right Posterior Hepatic Notch and Expanded Gallbladder Fossa with Hepatic Fibrosis

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Purpose: To evaluate the diagnostic ability of extended gallbladder fossa sign and right posterior hepatic notch sign for hepatic fibrosis determined by double contrast material-enhanced MRI.

Materials and Methods: For the cirrhotic or pre-cirrhotic patients from chronic B (n = 96) or C (n = 13) viral hepatitis who underwent gadopentate dimeglumine-enhanced dynamic MR imaging followed by ferucarbotran-enhanced gradient echo imaging, two blinded radiologists determined the degree of parenchymal fibrosis into three groups (I, pre-cirrhotic or minimal fibrosis, II, mild to moderate fibrosis; III, advanced cirrhosis) according to the degree of parenchymal reticulations and nodularity in consensus. The presence of a sharp notch in the posterior-medial surface of right lobe of the liver and expanded gallbladder fossa was determined by two independent readers in each group of the patients.

Results: The interobserver agreement was good and excellent in evaluating the presence of right posterior hepatic notch (κ = 0.772) and expanded gallbladder fossa (κ = 0.812), respectively. The right posterior hepatic notch was demonstrated limitedly in 4.5% and 7.1% of the patients in group I and II, respectively, which was abruptly increased (34%, observer 1; 31%, observer 2) in group III of advanced cirrhosis (p < 0.01), whereas the expanded gallbladder fossa sign was rather gradually increased with the increasing degree of cirrhotic changes from I to III (mean prevalence of group I, 50%; II, 61%; III, 78%). The mean prevalence of right posterior hepatic notch was significantly lower (p < 0.05) in hepatitis B (17%) than C (50%) whereas there was no significant difference (p > 0.5) between hepatitis B (67%) and C (73%) for the expanded gallbladder fossa.

Conclusion: Due to the low prevalence, right posterior hepatic notch has a very limited value in determining the presence or degree of cirrhosis especially from hepatitis B virus infection.